

# PVI VARSITY DANCE TEAM

## 2019 – 2020 Tryout Packet

### PVI VARSITY DANCE TEAM TRYOUTS

**Where:** PVI Main Gym (PAC)

**When:** Tues, May 21 6:00 to 8:00

Wed, May 22 6:00 to 8:00

Thurs, May 23 5:30 to 8:00\*

#### What to Wear:

- Solid color tank top
- Sports bra
- Black dance shorts, capris, or pants
- Sneakers
- Dance shoes (if you have them)
- Hair secured in ponytail or ballet bun

#### What to Bring:

- 4 Part Form (found on pvisports.net)
- Tryout Application with picture attached (found on last page of packet)
- Water bottle

#### What to Expect:

**Day 1:** Tues, May 21

Registration  
Group warmup  
Light conditioning  
Learn tryout routine

**Day 2:** Wed, May 22

Group warmup  
Review tryout routine  
Group technique  
Open practice and interviews  
Mock tryout

**Day 3:** Thurs, May 23

Registration  
Open practice  
Tryouts begin

#### What you will be evaluated on:

- Tryout routine: Dancers will learn a brief tryout routine. Dancers will be evaluated on memory, showmanship and execution.
- Technique: Dancers will be evaluated on a variety of skills. Please see examples below:
  - Pirouettes
  - Leaps
  - Toe touch
  - C-Jump
  - Circular Disk
  - Calypso
  - A la secondes
  - High kicks
  - Pom technique
  - Flexibility (right and left splits)
  - Bonus element: Dancer's choice
- Other: Dancers will be evaluated on team spirit, attitude, and participation.

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### Other Notes:

- Prior dance experience is not necessary to try out. Dancers will be evaluated on a number of things throughout the tryout process, and are encouraged to show their best effort, personality, and potential.
- Tryouts will be closed to spectators and parents.
- **Registration will open at 6:00 pm on Tuesday, May 21.** Only dancers will be permitted in the gym.
- The team will be announced after tryouts conclude on Thursday night.
- Please have a ride ready for pick up at 8:00 pm on Thursday night.
- Please be prepared for the tryout process to go after 8:00 pm on Thursday night. Please do not enter the gym during tryouts or team announcement.
- All decisions are final. Questions may be directed to Head Coach, Emily Lane, via email at [elane@pvipanther.net](mailto:elane@pvipanther.net), **after** the tryout.
- Dancers who make the team will enter the gym for a brief team meeting after the team is announced. The meeting will be team only.
- Some dancers may make the team as an alternate. The role of an alternate is primarily a training position for dancers who show potential. Alternates will be evaluated for participation in each performance throughout the season, and may be moved up at any point during the season.
- Dancers who make the team will need to submit a physical form that is dated after June 1, 2019.
- Practices will begin on Tuesday, May 28, and will go up until we leave for UDA camp. Please see practice schedule on page 3.
- A mandatory parent/dancer meeting will be held after practice on Thursday, May 30, at 6:30 pm in the Dance Studio. **Dancers will need to submit a \$400 check for UDA camp at this meeting. This is due on May 30.**
- Our team crosses multiple seasons throughout the year. **Dancers who make the team are committing to the entirety of our season.** At the shortest, our season will go through the end of basketball season. If we go to Nationals, our season will go through early March.
- Get ready for a fun year!

# **PVI VARSITY DANCE TEAM**

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### **Season Commitment Overview**

#### **Summer Schedule**

Below is the tentative summer schedule. Please note this is subject to change:

- Practices Tuesdays and Thursdays 4:30 to 7 pm.
- Practice will begin on Tuesday, May 28 and go up until UDA camp.
- Practice will resume for the school year beginning the week of August 12.
- Mandatory UDA Summer Camp. Location: Towson. Dates: July 7 - 10.

#### **Fall/Winter Schedule**

Below is the tentative Fall/Winter/Early Spring schedule. Please note, this is subject to change:

- Practice will begin again in the fall the week of August 12, and go through the beginning of March
- Practices 3x/week. Schedule TBA.
- Team technique with Coach Wanda Brown-Weir during practice one day/week.
- Added practices during competition season.
- Three local competitions – November, December, January.
- Possible nationals competition - early March.
- All home football games
- Several basketball games
- Perform at other PVI events (under the lights, playoff games, etc)
- Several fundraising activities

#### **Estimated Individual Expenses**

Dancers are responsible for certain individual financial commitments throughout the season. Below is a list of examples, and estimated costs. Please note these are subject to change:

<b>Shoes, tights, weights, etc</b>	<b>\$100 to \$200</b>
<b>UDA Camp</b>	<b>\$400</b>
<b>Team Apparel</b>	<b>Appx \$400 for new members</b>
<b>Miscellaneous (buddy bags, gifts, etc)</b>	<b>\$20 max each</b>
<b>Nationals</b>	<b>TBD – subject to group number and fundraising</b>
<b>Technique</b>	<b>\$13.50/dancer/week</b>

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**PVI VARSITY DANCE TEAM TRYOUT APPLICATION**

Please attach a picture to this sheet

Name (first and last) \_\_\_\_\_

Address \_\_\_\_\_

Cell Phone \_\_\_\_\_

Email (if current PVI Student, use PVI email) \_\_\_\_\_

Birthday \_\_\_\_\_

Parents Names \_\_\_\_\_

Parent Email Contact \_\_\_\_\_

What grade will you be entering next year? \_\_\_\_\_

What type (if any) dance have you previously taken, for how many years?

\_\_\_\_\_

\_\_\_\_\_

If you make the team, will the commitment outlined in the tryout packet be a problem? \_\_\_\_\_

Why do you want to be a member of the PVI Varsity Dance Team? (You may use the back of this sheet.)