

2017 Girls' Volleyball Tryout Schedule

Overview

Tryouts can be a very stressful time for players as well as coaches. We as coaches want to give each player who tries out the absolute best opportunity to “state” their case. Unfortunately, at the end of the tryouts, there will be players who are not selected for one of our teams. The coaching staff will do our best to ensure that each player is afforded an equal chance and will be treated fairly and responsibly when it comes to announcing team selections.

Overall Tryout Rules

- 1) EVERYONE MUST HAVE A PHYSICAL DONE OR NO TRYOUT (Either turned into the AD or handed to Coach Farrar).
- 2) 11th/12th graders will ONLY be considered for a V position
- 3) 9th/10th graders MAY tryout for V or JV. If not selected they CAN be selected for JV or F
- 4) 10th graders CANNOT be selected for F
- 5) 9th Graders NOT selected for V/JV may tryout for the F team Aug 21/22.
- 6) Players are expected to attend all tryout sessions
- 7) There will be an extended break between Session #1 and #2 on Tue Aug 15. We will not be selling any food but we will have drinks available for a nominal charge. Players may either bring their lunch or go off campus and eat at one of the places near the school.
- 8) PARENTS/PLAYERS – please take time to read carefully the following plans for Wed Aug 16 (team selection day for V/JV) and Tue Aug 22 (team selection day for F).
 - We respectfully ask that parents NOT watch any of the tryout sessions.
 - If, at any time, parents have questions concerning the tryouts please contact Coach Farrar at sfarrar@pvipanther.net.

We will be speaking to each player individually starting at the conclusion of Session #3 for V and Session #4 for JV. In order to ensure a player's privacy we ask that players DO NOT car pool if at all possible. Players will be released through the back door behind the gym with all their gear regardless of whether they were selected or not. We urge parents to make appropriate arrangements to pick-up their players.

It is also important to note the following: **There will be a mandatory meeting for selected V & JV players Thu Aug 17 from 8:00a – 11:00a. Team rules presentation, dinner and a short team activity are on the schedule. JV and V practices are scheduled after this activity. Please consult the schedule for specific times.** The coaching staff apologizes for any inconvenience this may cause but it is very important that we conduct tryouts in this manner and hold a joint V/JV get together to get our season off on the right footing.

Tryout Plan – V/JV

Session #1

Aug 15

8:30am

9:00am – noon

V/JV Player check-in & paperwork

On court tryouts

- Individual skills: passing, serving, individual defense, blocking, setting, individual ball control
- Measurements: agility, standing reach, jumping reach, standing jump, pushups, sit-ups

Session #2

Aug 15

3:00pm – 5:00pm

V/JV On court tryouts

- Competition: drills, 2 v 2, 3 v 3, 6 v 6
- At the end of session #2, each player will be assigned to either V Session #3 or JV Session #4 to be held on Wed Aug 16. Players will be given an envelope that will direct them to the selected session.

Session #3

Aug 16

9:00am – 11:00am

V On court tryouts

- Combination individual drills, positional drills, competition
- V team selections will be made after Session #3 concludes. **Please refer to item #8 above for details as to how the selection process will be handled.**

Session #4

Aug 16

3:00pm – 5:30pm

JV On court tryouts

- Combination individual drills, positional drills, competition
- JV team selections will be made after Session #4 concludes. **Please refer to item #8 above for details as to how the selection process will be handled.**

Tryout Plan – Freshman Team Only

Session #5

Aug 21

5:30pm – 6:00pm

6:00pm – 8:30pm

F Player check-in & paperwork

F On court tryouts

- Individual skills: passing, serving, individual defense, blocking, setting, individual ball control
- Measurements: agility, standing reach, jumping reach, standing jump, pushups, sit-ups

Session #6

Aug 22

6:00pm – 8:00pm

F On court tryouts

- Combination individual drills, positional drills, competition
- F team selections will be made after Session #6 concludes. **Please refer to item #8 above for details as to how the selection process will be handled.**