

“Pride of Methacton”
Warrior Athletics – September Celebrations
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This marks the first edition of the “Pride of Methacton” for the 2018-2019 school year. The “Pride of Methacton” serves as our monthly athletics newsletter, which updates Methacton Athletics each month in order to best communicate to our schools and community the wonderful accomplishments of our sports programs. We will include outstanding individual student-athletic achievements as well as team accomplishments. Please enjoy our September installment of the “Pride of Methacton”, which focuses its attention on the start of our fall sports seasons.

Fall Sports Update:

For your convenience, the Contents are hyperlinked for you to access the information about your team in the easiest way possible. Please remember that you can also do a search for a name on this document if you are looking for someone specific.

Table of Contents

[Girls Cross Country:](#)
[Methacton Boys Cross Country:](#)
[Methacton Football:](#)
[Methacton Field Hockey:](#)
[Methacton Boys Soccer:](#)
[Methacton Girls Tennis:](#)
[Methacton Golf:](#)
[Methacton Girls Soccer:](#)
[Methacton Girls Volleyball](#)

Girls Cross Country:

Head coach: Steve Mahan, 36th year

2017-2018 Record: The Team finished the '17 PAC schedule 2-3 in the Liberty Division...the Team finished 4th of 12 at the '17 PAC Championship Meet...the Team finished 25th of 53 of the '17 District One AAA Teams...the Team did not qualify a Runner for "States."

Key Lost Runners: Captains Sarah Nicoletti a 3-year Varsity Runner & Anna Price a 4-year Varsity Runner.

Key Returning Runners: Sr. Captains Olivia Leber & Julia Malachowski, Sr. Becky Sobeck, Jrs. Mia Sheldon, Carly Ukalovic & Maddy Ziegler.

Other Runners of note: Sr. Captain Lindsay Coia, Soph. Maya Leber and Newcomer: Devon Petrei.

Strengths: This is "a hard working" Team that has joined together to run some Awesome "Summer Miles." They have been dedicated to their training during the pre-season part of the schedule.

Question Marks: The PAC Liberty Division is stacked with PV, OJR, Spring-Ford & Boyertown to "race" against. We hope to develop some mental toughness and make our opponents "race" when they meet us out on the course.

The Team will be busy the next few weeks with the Bulldog Invitational Sat, Sept 15th, Home Meet v. PV Tues, Sept 18th, Home Meet Tues, Sept 25th & the Paul Short Run Sat, Sept 29th.

[*Top of the Document*](#)

Methacton Boys Cross Country:

Head coach: Steve Savitz, 14th year

2017-2018 Record: League record 2-3, Overall placed 4th out of 11 at the PAC Championships

Runners to watch:

Garret Campbell (12th)

Tommy Chimes (12th)

Garrett McPhillips (12th)

Jake Peters (12th)

Sean Ritchie (12th)

Jack Kapralick (11th)

Matt Varghese (11th)

Season Outlook: This is one of the most experienced and dedicated teams I have had the privilege to coach since my tenure. There are 2 PAC All League runners returning and another 3 runners who will be competing to be on that list for this year's season. There is also a large 9th grade contingent added this year that is bringing new talent and energy to the team. They are fast and will be noticed! Their goal is to win the PAC league this year.

As the season begins the boys cross country team won the Quad X Invitational on 9/8 at the Belmont Plateau and recently beat Spring-Ford to start the season off 1-0.

[*Top of the Document*](#)

Methacton Football:

Head Coach: David Lotier (1st Season)

Captains: Gary Knox, Steve Brown, Will Roese, Tonee Ellis

Outlook: Players have been working hard to build the foundation of our program. We have improved each week and look forward to bringing excitement to home crowds this season! We have a home game coming up this Friday night, September 21st vs. Boyertown at 7:00 pm.

We are currently 0-4 but have played an extremely challenging portion of the schedule so far. The point differential and competitiveness of the games have improved each week. The JV recorded the programs first win in 2 years with a 20-0 win at home vs. Plymouth-Whitemarsh.

Upcoming Events: Military appreciation on 9/21, Senior Night on 10/5. Homecoming on 10/19.

[*Top of the Document*](#)

Methacton Field Hockey:

Head coach: Sarah Quintois - 7th season - Casey Leap, Mary Ann Harris, Catie Sobotor, Rick Hoover

2017-2018 Record: 2017: 20-1 Overall, 13-0 PAC - PAC Champions - 2nd round of Districts

Returning Starters:

- Katy Benton - Sr (M)- 1st team All-PAC and All-State
- Molly Frey- Sr (GK)- 1st team All-PAC and All-State HM
- Grace Hirst-Sr (F)
- Frankie Lucchesi - Sr (M/B)- 2nd team All-PAC
- Rachel Alderfer - Jr (D)
- Liz Chipman - Jr (M/D)- 2nd team All-PAC
- Alexa Kratz- Soph (F/M)

Others to watch:

- Mandy Bodek- Sr (M)
- Hannah Gibbs- Sr (M/B)
- Lauren Riordan- Sr (B)
- Reilly Smith-Sr (F)
- Celia Long- Fr (B)
- Elena Snodgrass- Fr (M)

Starters lost to Graduation:

- Gretchen Alderfer- Towson
- Julia Dickinson- The Ohio State University
- Olivia Hoover- Harvard
- Emily Owens- Drexel
- Jillian Kratz – PSU (not playing)

Methacton returns 7 starters from last year's PAC championship team. The Warriors have big shoes to fill on the scoring and defensive end. The team graduated their two top scorer from last fall. Several strong younger players will add nicely to the line-up. This year's team has great strength through the starting line but several other players will see significant time. The team is currently 4-2 overall with the majority of the season left to play. The team has sights on making the league, district and state playoffs.

[*Top of the Document*](#)

Methacton Boys Soccer:

The 2018 Boys' Varsity and JV Soccer teams began to take shape over the summer as both teams participated in the West Mont High School Summer League. The Varsity fielded two teams for the 8v8 league, often playing back to back games, and their efforts led to a successful campaign. Despite rain and altered plans for the first week of pre-season, the rosters were set and the team played its first scrimmage the following week at Pennsbury. The team added a "playday" scrimmage to this year's schedule and hosted teams from the Del-Val League and our

neighbor, Norristown. The regular season kicked off at Harriton HS on August 31st. After the second week of play with PAC opponents and non-league competition, the team has been frustrated by its 2-4-1 record. The team has played well and has generally “out possessed” its opponents, but finding the back of the net in soccer can often prove a difficult obstacle to overcome. However, the boys are ready to show their resilience as we approach the halfway point in the season as their Warrior Pride has been tested and they are ready to make their mark.

Aside from the soccer field, the team has continued its affiliation with TOPSoccer, a program in Harleysville that provides soccer training sessions for children with special needs. Numerous players attended sessions and were teamed up with children of various ages. Also, some of the team members ventured to the Poconos for a day of whitewater rafting on the Lehigh River. Finally, the team has continued its fundraising efforts through car washes and added a bowling night as well this season.

The team has also welcomed foreign exchange student, Brian Desvars, from Paraguay. Brian is spending his senior year of high school at Methacton and his congenial manner have made him a great addition to the team, as well as his goalkeeping skills.

Methacton Girls Tennis:

Coach: Jill Walker (1st season)

Last Year’s Record: (League) 9-2

Key Returnees to watch: Our 11 varsity players are Dina Nouaime, Tina Prince, Anna Ryu, Angie Kuang, Julia Jablanski, Anna Hilles, Karen Li, Joanna Zheng, Amanda Wang, Katie Chan and Lindsay Horowitz.

The girl’s tennis team has had a strong start to the season with a 5-0 league record and a 6-1 overall record. This season’s team has a lot of depth and solid chemistry overall. The senior girls have taken a great leadership role providing the team with a lot of positive energy and team spirit. We look forward to continued success and competition for the remainder of the season. Dina Nouaime, Tina Prince and Karen Li will be representing the Warriors in the upcoming PAC League Singles Championship at the end of the month. We will also have the League Doubles Championships coming up as well in mid-October. Dina and Tina won the league doubles championship together last year and are looking forward to reuniting as a team to defend their title. Seniors Anna Ryu and Angie Kuang will also be competing as a team in the doubles tournament this year as well.

[Top of the Document](#)

Methacton Boys Golf:

Head coach: Kevin Flanagan, 12th Year

Varsity Boys Golf is currently 6-1 with three league matches left in the regular season. If the team wins the remaining 3 matches they will qualify for the final four as the second seed. The PAC Individual tournament is scheduled for Monday September 24th where approximately 90 golfers will compete for an opportunity to be one of the 18 PAC representatives at the District One Tournament.

Methacton Girls Golf:

Head coach: Chris Lloyd, 5th Year

The team is entering its fifth year as a varsity sport and we are looking to improve on last season. Our team is led by Sophomore Riley Thomas and Senior Ashley Liu. Freshman Sarah Lawrie is a key addition to our lineup. Senior Jackie McCue and Sophomore Cerise Walker add experience to the team's line-up. Our team goal is to make the PAC final four and we have already qualified five players to the PAC Tournament. The team is 3-3 on the season and is looking forward to the final two matches of season prior to the league and District tournaments.

Methacton Girls Soccer:

Head Coach: Bret Smith, 16th season

Players to watch: Liz Greene, Senior, Goalkeeper (Top Drawer Soccer All-America Watch List preseason selection); Lauren McNichol, Senior, Midfield; Kendall Ozorowski, Senior, Midfield; Maggie Bordonaro, Senior, Forward; Kate Evans, Junior, Forward; Michaela Tommarello, Junior, Midfield; Rachel O'Toole, Junior, Defender; Jessica Lineen, Sophomore, Defender; Julia McCann, Sophomore, Forward; Madia Mazzucola, Sophomore, Forward; Misa Kasparcova, Freshman, Midfield; Ruby Murray, Freshman, Defender; Mikayla Sheedy, Freshman, Defender; Lizzie McNichol, freshman, Defender; Sarah Kenwood, freshman, Midfield.

Current record: 3-1, including wins over strong non-league opponents North Penn (4-2) and Garnet Valley (1-0). Also a home 3-1 win over Pottstown for our Senior Night has been an early season highlight. The second goal in the Pottstown victory, scored by freshman Sarah Kenwood, was the 700th goal scored in MHS Girls Soccer history.

We have a big upcoming home game this Wednesday (9/19) vs PAC Frontier Division favorite Pottsgrove at 7:00pm! This will be a great early test to see how we measure up against one of the better teams in the Conference.

Methacton Girls Volleyball:

Head Coach- Shane Manser, 14th year

The Methacton Warriors Volleyball team has started 4-3 and is 2-2 in the PAC. We are a perfect 1-0 at home so far with a victory over Owen J. Roberts. We are excited to start a five match home stand all against PAC opponents starting Monday, Sept. 24th. We are proud to congratulate senior setter Emma Eglinton to be the first player in Methacton volleyball history to officially reach 1,000 assists! Senior libero Carli Ginther is extremely close to reaching the 1,000 dig milestone and we are all extremely excited to celebrate that great accomplishment with her! Carli and Emma offer invaluable leadership to our team as they serve as our team captains while playing very demanding positions at a very high level.

Please contact me with any suggestions or feedback regarding this publication. The Athletic Office is working hard to continue to strengthen our relationship with the school community by providing the best possible communication.

Paul Spiewak, Assistant Principal for Athletics and Activities