

“Pride of Methacton”
Warrior Athletics – October/November Celebrations
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This marks the fall sports edition of the “Pride of Methacton” for the 2019-2020 school year. The “Pride of Methacton” serves as our athletics newsletter, which updates Methacton Athletics in order to best communicate to our schools and community the wonderful accomplishments of our sports programs. We will include outstanding individual student-athletic achievements as well as team accomplishments. Please enjoy our November installment of the “Pride of Methacton”, which focuses its attention on a recap of our fall sports season.

Fall Sports Update:

For your convenience, the Contents are hyperlinked for you to access the information about your team in the easiest way possible. Please remember that you can also do a search for a name on this document if you are looking for someone specific.

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PAC Fall Citizen Award Recipient: Jessica Lineen of the Girls Soccer Team

Student-Athletes of the Month:

September- Zachary Sorgini (Football) and Lauren Raley (Cheerleading)

October- Jeffrey Cooper (Boys Golf) and Riley Thomas (Girls Golf)

PAC Fall All-Academic Team:

<u>Cheerleading</u> Kaitlyn Clark	<u>Field Hockey</u> Liz Chipman	<u>Girl's Soccer</u> Rachel O'Toole
<u>Boy's X-Country</u> Jack Kapralick	<u>Football</u> Michael Torcini	<u>Girl's Tennis</u> Karen Li
<u>Girl's X-Country</u> Sydney Tobin	<u>Boy's Soccer</u> Andrew Kacala	<u>Boys Golf</u> Trevor Keaton
<u>Girls Volleyball</u> Nya Cherry	<u>Girls Golf</u> Cerise Walker	

Girls Volleyball:

The 2019 Methacton Volleyball team finished the regular season with a 12-5 record. The team earned their first ever final four appearance with a 9-4 record in PAC. The district playoffs opened with the Warriors, seeded 14th hosting the 19th seeded Upper Dublin Cardinals. Methacton won 3 games to 1 and then fell to 3rd seeded Downingtown East. In the Southern Lehigh tournament Methacton took first place in their pool and earned a bye in round one of the playoffs. Methacton defeated PAC rival Perkiomen Valley to make it to the finals. The Warriors took second place overall as they were defeated by host school Southern Lehigh. Four players were honored with placements on the All-Conference teams in the Liberty Division of the PAC. Meghan Hafth and Ellysha Brunt were named to the second team while Sydney Zerbe and Melinda Eglinton earned first team honors.

Girls Cross Country:

The girls cross country team included three new upper class runners (including three sophomore runners), along with six freshman runners, combined with the return of senior Mia Sheldon. With regards to the regular season, the warriors went on to win the team title at the Ivyland 5K, followed by finishing 4th out of 9 teams at the Spring-Ford pre-season Invitational. Some highlights from the regular season include beating our neighborhood rival Spring-Ford 19-39 and beating our neighborhood rival Norristown 15-50. We lost to rival Perkiomen Valley 15-50, but followed up with a 7th place finish at the PAC championships at Heebner Park, one spot off the 2018 conference finish. Individually, senior Maddy Ziegler advanced to the State championships with a qualifying time at the District One Championship Meet at Lehigh University.

Congrats to senior Maddy Ziegler on finishing 121st of 227 Runners at States!

Methacton Boys Cross Country:

The boys cross country team finished with a record of 2-3 and finished fourth in the conference. Methacton finished nineteenth at the District One championships at Lehigh. We sent one runner to the PIAA State Championships in Hershey in Bryan Landsberg. Bryan finished 144 in the state.

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Methacton Football:

Methacton football put together the best record since 2014 at 3-7 overall. The season included big wins over Harriton to begin the season, Upper Merion and rival Norristown. Methacton finished fourth in the Liberty division, which is the highest finish since the league split into a large division and a small division. The warriors had 18 touchdowns scored this season, which was a huge improvement from 8 TD's in 2018, and 6 TD's scored in 2017. The Warrior football team will now get to work in preparation for 2020!

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Methacton Field Hockey:

The field hockey team ended with a record of 11-9, making it to the second round of districts. We improved a lot throughout the season and played very strong as a team for the second half of the season. Rachel Alderfer and Alexa Kratz were recognized for the PAC Liberty Division First Team. Liz Chipman, Bayla Plower, Nicole Uebele and Elise DeWan were all recognized for the PAC Liberty Division Second Team. Liz Chipman was also selected for the PAC All-Academic Team. The five seniors were a great group of leaders and will be sorely missed next year. We do look forward to seeing the potential of the younger players who have already made an impact on the team. We are excited to implement more changes in the program and get started with our off-season training.

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Methacton Boys Soccer:

The Boys' Soccer teams completed a successful campaign for 2019, beginning in January. Both the Varsity and JV teams competed in the YSC Indoor Soccer High School Division for eight weeks. The Varsity produced a winning record but lost in the second round of the playoffs. The JV also had a winning season but their star rose in the playoffs. They won several tight games in the single elimination tournament and were crowned champs of the session!

In the spring, the team joined forces with Worcester Parks and Recreation Department to provide the "Tiny Tykes" soccer program for children 3-5 years old. Some of the players assisted in running the sessions and teaching preschoolers the basics of the game.

Both teams then geared up for the summer season at the West Mont United Soccer Association's league. Despite the challenges of vacations, summer jobs, and occasional lightning delays, the boys produced a good showing against other PAC teams.

By early August the regular season began with an optional Conditioning Camp. Many players attended the morning sessions in preparation for the opening day of the season on August 12th. Several players attended the U.S. Women's National Team Victory Tour game at the Linc. The team also sponsored two very successful car wash fundraisers that surpassed our goals.

With the new school year, both teams geared up for the rigorous regular season. The teams continued its tradition of three to four pasta dinners over the course of the season as well, the first coming before the first game.

Throughout the season, both teams displayed an advanced level of play in their game and consequently were competitive against top teams in the PAC and other leagues. The Varsity ended their season with an 8-9-1 record while the JV earned an 11-4-3 tally. The Varsity was captained by Andrew Kacala, Nick Ahlum, Parker Stevenson, and Zach Stevenson. The JV Captains were Charlie Bordonaro and Jacob Gorczyk. Aside from Senior Captains Ahlum, Kacala, and P. Stevenson, eleven other Seniors completed their high school careers: Tyler Andorn, Ozzy Carbajal, Michael Cinelli, Brett Eberly, Joe Fusco, Matt Lausch, Luke Murray, Luca Numerato, Thomas Reger, Jake Song, and Ryan Zuniga. Congratulations to all the Seniors for their dedication to the team and best of luck in their future endeavors.

Methacton Girls Tennis:

The girls tennis team wrapped up their regular season with a 10-4 record and finished 3rd in the PAC. Senior Karen Li and junior Amanda Wang came in 3rd in the PAC and advanced on to the district tournament where they lost to Upper Dublin in the first round. Senior Hannah Kim and junior Katie Chan finished as an undefeated 2nd doubles team in the PAC and finished in 4th place in the overall PAC tournament. Hannah and Katie went on to advance to the 2nd round of districts where they then lost to the number 2 seed from Conestoga.

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Methacton Golf:

Boys Golf- The Boys golf team won the PAC championship with an overall record of 11-1. The team had three golfers qualify individually for the District One tournament. Jeff Cooper qualified for The PIAA state tournament and finished 16th in the state.

Girls Golf- The Girls Golf team finished 8-2 this season and earned a berth into the District I Team Championships. This is the first time in team history that the team qualified for the District I Team Championships and finished fourth in the District. The team was led by 1st Team All-Conference Junior Riley Thomas. Riley qualified for the PAC Tournament and the District I Tournament again for the third straight year. This is her 2nd All-Conference Team selection. Senior Catherine McGrath finished her high school golf career by qualifying for the PAC Tournament. Junior Cerise Walker, Junior Catherine Connolly, and Sophomore Sarah Lawrie (1st Team All-Conference) capped off the team's five PAC qualifiers and District I Team Championship participants. The team looks forward to growing and continuing their success next season.

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Methacton Girls Soccer:

The girls soccer varsity team finished with a record of 5-12-1. Among our successes this season included a 3-1 win against Phoenixville, which was our first win against them since 2012, a 2-1 overtime win against Perk Valley, our first win over them since 2014, and our 3-2 victory over Owen J Roberts at home, also our first victory over them since 2014.

We had a number of girls recognized for post season honors, including Jess Lineen, who made All PAC first team, and Kate Evans and Ruby Murray who both made second team. Also, the team voted Kate Evans as offensive player of the year, Lizzie McNichol as defensive player of the year, and Jess Lineen as the team's most dedicated player. Rachel O'Toole was named to the PAC All-Academic team, while Jess Lineen was honored as Methacton's Citizen Athlete for the Fall 2019 season. Riley Steere was chosen as this year's recipient of the United Soccer Coaches Senior Excellence Award.

Finally, the team will be nationally recognized once again by the United Soccer Coaches organization for qualifying for the Team Ethics and Sportsmanship award - Silver Level, for receiving zero red cards and only 3 yellow cards this season.

Please contact me with any suggestions or feedback regarding this publication. The Athletic Office is working hard to continue to strengthen our relationship with the school community by providing the best possible communication.

Paul Spiewak, Assistant Principal for Athletics and Activities