

SWG Women's Tennis 2022

Women's Tennis Preseason will begin on Thursday, June 9, 9am @ Southwest Courts and continue as detailed below. Bring Water and a towel. Begin stretching and cardio NOW!. Bring water and a towel...maybe a hat, but definitely sunscreen. The Official Practice (*) season will begin on the courts Mon, Aug 1st, 8:30 am. **Physicals and Proofs of residency** will be required prior to any practice. Bring Water and a towel. Bring water and a towel...not to the physical, just to practice. Get used to the heat...it will be a factor.

Keith Murphy
Head Women's Tennis Coach
murphyk2@gcsnc.com
(cell) 307-5932 / (school) 819-2970

Practice schedule:

All practices held on the Southwest Courts unless otherwise informed. Yes, the ones with lights...and cute tennis shed

Thurs, 6/9	9-11am	Class of '26 may join practices	Mon, 8/8	8:30-11am,
Mon, 6/13	9-11am			6pm Wheatmore - scrimmage
Wed, 6/15	9-11am		Tues, 8/9	7-10pm
Mon, 6/20	9-11am		Wed, 8/10	8:30-11am
Wed, 6/22	9-11am		Thurs, 8/11	7-10pm – JV Fast4 tourney
Mon, 6/27	9-11am		Fri, 8/12	8:30-10:30, Scrimmage
Thurs, 6/30	9-11am			Invitational 6-10pm (top 6/8 ladies will play)
Jul 4 - 17	Dead Period		Mon, 8/15	Reagan 10 AM
Mon, 7/18	9-11am		Tues, 8/16	7-9pm
Tues, 7/19	9-11am		Wed, 8/17	Cornerstone 6pm
July 22 - 29	Murphy Family Vacation		Thurs, 8/18	HPC 6pm
*Mon, 8/1	6:30-9pm		Fri, 8/19	8:30-11am
Tues, 8/2	8:30-11am, 7-9pm		Mon, 8/22	Page 5pm
Wed, 8/3	8:30-11am		Tues, 8/23	BMH\$ 5pm
Thurs, 8/4	8:30-11am, 7-9pm		Wed, 8/24	Western Guilford 5pm
Fri, 8/5	8:30 – 11am		Thurs, 8/25	6:30-9pm
			Fri, 8/26	6:30-9pm
			Mon, 8/29	**First Day of School and @ Northern Guilford 5pm early release pending

Sign up for Remind!

text @cowgir
to 81010