

| SVHS Cheerleading | | | | | | | NOVEMBER 2018 | | | | | | |
|-------------------|----------------------------------------------------------------------|----------------|----------------------------------------------------------------|---------------------------------------------|---------------------------------------------------------------|-----------------|---------------|--|--|--|--|--|--|
| <i>Sunday</i> | <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> | <i>Saturday</i> | | | | | | | |
| | | | Tumbling will be held every Wed during practice | 1 | 2 | 3 | | | | | | | |
| 4 | 5 | 6 | 7 Clinic 3:30-5 Comp Practice 5-6:30 | 8 Clinic 3:30-5 Comp Practice 5-6:30 | 9 Clinic 3:30-5 Comp Practice 5-6:30 | 10 | | | | | | | |
| 11 | 12 Clinic 3:30-5 Comp Practice 5-6:30 | 13 | 14 Clinic 3:30-5 Comp Practice 5-6:30 | 15 Clinic 3:30-5 Comp Practice 5-6:30 | 16 1st DAY of WINTER SEASON Practice 3:30-6:30 New Cafe | 17 | | | | | | | |
| 18 | 19 Practice 3:30-6:30pm 3:30-5:30 New Cafe 5:30-6:30 HS Gym | 20 | 21 Practice 3:30-6:30pm New Cafe | 22 Thanksgiving | 23 OFF | 24 | | | | | | | |
| 25 | 26 Practice 9:00am – 12:00pm Aux Gym | 27 | 28 Practice 3:30 – 6:30pm New Cafe Parent Mtg 6:30 pm | 29 Practice 3:30 – 6:30pm New Cafe | 30 Practice 3:30 – 6:30pm New Cafe | 1 | | | | | | | |

NOTES: November 28 at 6:30 pm there will be a meeting in the high school cafeteria for all cheer parents to meet coaches and review the cheer handbook

COACH ANGELA
Cell 610-823-0839
Home 610-926-5393
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COACH DEZII
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SVHS Cheerleading

DECEMBER 2018

| <i>Sunday</i> | <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> | <i>Saturday</i> |
|---------------|-------------------------------------------------------------------------------|-----------------------------------|------------------------------------------------|-----------------------------------------------------------------------|----------------------------------------------------|----------------------------------------------------------------------------------|
| 2 | 3 Practice 3:30 – 6:30pm New Cafe | 4 No Practice | 5 Practice 3:30 – 6:30pm New Cafe | 6 Practice 3:30 – 6:30pm New Cafe | 7 Practice 3:30 – 6:30pm Aux Gym | 8 PIAA District III Championship Central Dauphin East HS |
| 9 | 10 Home Game Boys Bball vs Blue Mtn Report at 5:00 pm | 11 No Practice | 12 Practice 3:30 – 6:30pm Aux Gym | 13 Home Game Girls Bball vs Exeter Report at 5:00 pm | 14 Practice 3:30 – 6:30pm Aux Gym | 15 Home Game Boys Bball vs TV Report at 3:30 pm |
| 16 | 17 Practice 3:30 – 6:30pm 3:30-5:30 New Café 5:30-6:30 HS Gym | 18 No Practice | 19 Practice 3:30 – 6:30pm Aux Gym | 20 Home Game Girls Bball vs D Boone Report at 5:00 pm | 21 No Practice Christmas Ball | 22 Practice 12pm– 3pm Holiday Party 3-5pm Aux Gym |
| 23 | 24 | 25 Christmas Day | 26 No Practice | 27 Practice 9am– 12pm 9-10:30 New Café 10:30-12 Aux | 28 Practice 9am– 12pm Aux Gym | 29 |
| 30 | 31 New Year's Eve | | | | | |

NOTES

- Tumbling will be held every Wednesday during the scheduled practice time

COACH ANGELA

Cell 610-823-0839

COACH DEZII

Cell 267-679-8094

| SVHS Cheerleading JANUARY 2018 | | | | | | |
|--------------------------------|--------------------------------------------------------------------------------------|-----------------------------------------------------------------------|--------------------------------------------------------------------|------------------------------------------------------------------------|--------------------------------------------------------------------------|--------------------------------------------|
| <i>Sunday</i> | <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> | <i>Saturday</i> |
| | | 1 | 2 Home Game Girls Bball vs Tulpy Report at 5:00 pm | 3 Home Game Boys Bball vs Tulpy Report at 5:00 pm | 4 Practice 3:30 – 6pm 3:30-5 HS Gym 5:-6:30 New Cafe | 5 |
| 6 | 7 Practice 3:30 – 6:30pm 3:30-5 HS Gym 5:30-6:30 New Cafe | 8 No Practice | 9 Practice 3:30 – 6:30pm Aux Gym | 10 Home Game Girls Bball vs C Weiser Report at 5:00 pm | 11 Practice 3:30 – 6:30pm Aux Gym ** PIAA Championship** | 12 ** PIAA Championship Day 2 |
| 13 | 14 Home Boys & Girls Doubleheader vs Brandywine Report at 5:00 pm | 15 No Practice | 16 Practice 3:30 – 6:30pm Aux Gym | 17 Home Game Boys Bball vs Antietam Report at 5:00 pm | 18 Practice 3:30 – 6:30pm 3:30-5 HS Gym 5-6:30 New Cafe | 19 |
| 20 | 21 Practice 3:30 – 6:30pm New Cafe | 22 No Practice | 23 Practice 3:30 – 6:30pm Aux Gym | 24 Home Game Girls Bball vs BC Report at 5:00 pm | 25 Practice 3:30 – 6pm 3:30-5 HS Gym 5:-6:30 New Cafe | 26 |
| 27 | 28 Practice 3:30 – 6:30pm 3:30-5 :30 New Cafe 5:30-6:30 HS Gym | 29 Home Game Girls Bball vs Hamburg Report at 5:00 pm | 30 Practice 3:30 – 6pm New Cafe | 31 Home Game Boys Bball vs Oley Report at 5:00 pm | | |

NOTES

- Qualification for the PIAA Competitive Spirit Championship is done through placement at the District III Championship
- Competition dates to be announced – all competitions will be on Saturdays

| SVHS Cheerleading FEBRUARY 2019 | | | | | | |
|---------------------------------|----------------------------------------------------------------------------------|----------------------------------------------------------------------------------|----------------------------------------------------------------------------------|----------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|---------------------------------------------------------------------|
| <i>Sunday</i> | <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> | <i>Saturday</i> |
| | | | | | 1 Practice 3:30 – 6:30pm 3:30-5 New Cafe 5:30-6:30 HS Gym | 2 Home Game Boys Bball vs Hamburg Report at 5:00 pm |
| 3 | 4 Home Game Girls Bball vs Fleetwd Report at 5:00 pm | 5 No Practice | 6 Practice 3:30 – 6:30pm New Cafe ^practice location may change | 7 Practice 3:30 – 6:30pm New Cafe ^practice location may change | 8 Practice 3:30 – 6pm HS Gym ^practice location may change COMP SET-UP | 9 PANTHER INVITATIONAL |
| 10 | 11 Practice 3:30 – 6:30pm New Cafe ^practice location may change | 12 Practice 3:30 – 6:30pm New Cafe ^practice location may change | 13 Practice 3:30 – 6:30pm New Cafe ^practice location may change | 14 Practice 3:30 – 6:30pm New Cafe ^practice location may change | 15 Practice 3:30 – 6:30pm New Cafe ^practice location may change | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | | |

NOTES

- The Panther Invitational will be held on Saturday, February 9. Team members will set up for the competition following practice on February 8. Dinner will be provided and approximate pick-up time is 9:00 pm.
- The length of the season will be contingent on basketball play-off games and competitions
- Competition dates to be announced – all competitions will be on Saturdays