

## 2003 Season



**First Row:** (left to right) Michelle Peoples, Kaytee Gates, Adrienne McQuown, Ashlee McQuown  
**Second Row:** (left to right) Jenna Miles, Amber Noel, CJ Krise  
**Third Row:** (left to right) Kayla Miles, Amber Kenawell, Gretchen Horon, Heather Cusick  
**Fourth Row:** (left to right) Ashley Queen, Coach Poole, Ashley O'Shell, Nicole Heverly

## September 4, 2003: Glendale 3 at Juniata Valley 0

### Glendale gets a win

ALEXANDRIA, — The Glendale volleyball team opened

up its season with a straight-set victory over host Juniata Valley on Thursday evening.

The Lady Vikings won by scores of 25-19, 25-13 and 25-7.

"For our first game I was pleased," Glendale head coach Melissa Poole said. "We played okay. There are a few things we need to work on in practice though."

Kaytee Gates led Glendale defensively with 11 kills, while Nicole Heverly had 10 digs. Heather Cusick and Adrienne McQuown each had four aces in the victory.

The Lady Vikes' junior varsity fell to the Lady Green Hornets in three sets, 26-24, 22-25 and 15-9.

Glendale returns to action on Monday when it hosts Cambria Heights.

## September 8, 2003: Cambria Heights 3 at Glendale 0

### Lady Vikings lose their first

FLINTON — The Glendale High School volleyball team suffered its first loss of the 2003 season on Monday, falling to visiting Cambria Heights in straight sets. The scores were 25-18, 25-22 and 25-23.

Glendale is now 1-1.

Nicole Heverly led the Lady Vikings with 13 digs. Ashley O'Shell had five aces.

In the junior varsity game, Cambria Heights topped Glendale in straight sets, 25-6 and 25-23.

The Lady Vikings host Williamsburg tonight.

## September 9, 2003: Williamsburg 0 at Glendale 3

# Lady Vikes make quick work of Lady Pirates

## Glendale sweeps past Williamsburg in straight sets

By Jaclyn Yingling  
Sports Writer

FLINTON — What a difference a night makes. One night after being topped by Cambria Heights in three straight sets the Glendale volleyball team returned the favor against visiting Williamsburg on Tuesday evening in Flinton.

The Lady Vikings topped the Lady Pirates by scores of 25-13, 25-8 and 25-18 to improve to 2-1 overall on the season.

"I think the communication worked really well tonight," said Glendale head coach Melissa Poole. "We had trouble with net selection last night, so before the game we came in and practiced that and we practiced arm swing and approach. I think that they really put that into the game tonight."

The Lady Blue Pirates took the early lead in the first set, but the Lady Vikes stormed back after tying the game at 9-9.

Amber Noel served 10 straight points to all but put the set out of reach for Williamsburg. Noel's service run was helped by three kills from Kaytee Gates to give Glendale a 19-9 lead.

Noel finished the evening with 18 service points to her credit.

After Williamsburg put three points on the board to make the score 19-12, Ashley O'Shell made a huge kill to give the Lady Vikes back the serve.

Heather Cusick then served

*'I am absolutely  
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The girls did a good  
job.'* — *Glendale head  
coach Melissa Poole*

the next five points to give Glendale a 25-13 victory. Cusick had 15 service points in the victory.

Glendale jumped out to a 12-3 lead in the second set, netting just three of its first 12 points off the change of rally.

"I was happy with the girls because they did everything I asked them to do," Poole said. "They did what we practiced in practice, and they got to their defense. They got to their rotation and they saw the ball."

Noel served six more points in the set, including the game-winner to help the Lady Vikings clinch the second set, 25-8. The senior's serve kept the Lady Pirates off-balance most of the game.

"Amber has a serve that with some team's she can get a run on it, and that happened tonight," said Poole of Noel. "That short serve really helped us out. I don't know what it is; I just think it throws the other teams off. I think they are just used to floaters and hard serves

coming at them."

Glendale looked to cruise through the third and final set of the night, taking an early 9-4 lead. Williamsburg attempted a late rally, but fell short by a 25-18 score.

Cusick served four of the points in the set, while Gates had five points. Gates finished with nine points on the night.

Glendale had 15 aces in the game, while Williamsburg had six.

Kristi Robley led the Lady Pirates in service points with five. Over half of Williamsburg's points in the game came off Glendale's loss of rally, while the Lady Vikings netted just 23 of its 75 points off rally points.

Defensively for Glendale, Gates had 10 kills, while Nicole Heverly had 14 digs and six kills.

Adrienne McQuown and Cusick each had four kills in the victory.

"I am absolutely pleased with the way we played defense tonight," Poole said. "The girls did a good job."

Glendale's junior varsity was also victorious, scoring a straight-set victory over the Lady Pirates to improve to 1-2. The set scores were 25-17 and 25-16.

Both squads travel to Bellwood-Antis tomorrow evening to face the Lady Blue Devils with a 6 p.m. start for the junior varsity.

## September 11, 2003: Glendale 0 at Bellwood 3

**Glendale topped  
by Bellwood-Antis**

BELLWOOD — The Glendale volleyball team lost in straight sets to Bellwood-Antis on Thursday night in Bellwood, losing 5-25, 20-25 and 15-25.

With the loss, the Lady Vikings are now 2-2.

The Lady Vikes were led by Amber Noel (six service points, three aces) and Heather Cusick (five service points), Kaytee Gates (two service points) and Adrienne McQuown (two service

points).

The Glendale junior varsity team lost in straight sets, 9-25 and 20-25, to drop to 3-1.

The Lady Vikings are back in action in the Moshannon Valley League Tournament at 9 tomorrow morning in Curwensville.

## September 16, 2003: Glendale 0 at MoValley 3

With the win, Mo Valley improved to 10-5-3 (3-1 in the Mountain Athletic Conference), while Glendale fell to 2-3 overall.

The Damsels also won the jayvee contest, by scores of 25-18 and 25-19.

Both teams are back in action Thursday. Mo Valley hosts Williamsburg, while Glendale is

home against West Branch.

## September 18, 2003: West Branch 3 at Glendale 0

The Lady Vikings fell to 2-4 with the loss. They host Claysburg-Kimmel on Tuesday evening.

West Branch improved to 15-4 overall and 4-1 in the Mountain Athletic Conference. The Lady Warriors travel to Bald Eagle Area on Saturday morning for a tri-meet with Central Mountain.

The West Branch junior varsity came back to win in three sets after dropping the first set to the Lady Vikes. The Lady Warriors won by scores of 13-25, 25-23 and 15-13.

## September 23, 2003: Claysburg 3 at Glendale 0

### Lady Vikes fall to Lady Bulldogs

FLINTON — The Glendale High School volleyball team lost in straight sets on Tuesday night. The Lady Vikings fell to Claysburg-Kimmel by scores of 25-16, 25-22 and 25-16.

With the loss, the Lady Vikings fell to 2-5.

Abbey Shomo had six service points, while Kaytee Gates had four. Amber Noel had three service points, as did Heather Cusick. Nicole Heverly had 15 digs in the contest.

In the junior varsity game, Claysburg-Kimmel won in straight sets, 25-17 and 25-17. The jayvee Lady Vikes are now 1-6.

Glendale hosts Juniata Valley on Monday.



## September 29, 2003: Juniata Valley 0 at Glendale 3

### Glendale notches its third victory

FLINTON — The Glendale High School volleyball team posted its third win of the season on Monday night, taking care of business in straight sets against Juniata Valley.

The Lady Vikings won by scores of 25-17, 25-19 and 25-15.

Kaytee Gates led the Lady Vikings (3-5) with 16 service points and nine kills. Adrienne McQuown chipped in with 10 kills and seven service points. Nicole Heverly had 12 digs and five service points. Ashley O'Shell had 11 service points and seven aces.

In the junior varsity game, Glendale defeated Juniata Valley in straight sets, 25-14 and 25-22. The jayvees are 2-6.

Glendale visits Williamsburg on Wednesday.

## October 1, 2003: Glendale 3 at Williamsburg 0

WILLIAMSBURG — The Glendale High School volleyball team made quick work of host Williamsburg on Wednesday night, as the Lady Vikings won in straight sets, 25-6, 25-16 and 25-9.

Adrienne McQuown had 12 service points, nine kills and seven digs. Kaytee Gates chipped in with 11 service points and 11 kills. Ashley O'Shell had eight service points and seven digs.

With the win, Glendale improved to 4-6.

In the junior varsity game, Glendale lost by scores of 25-23, 23-25 and 12-15. The jayvee Lady Vikes are now 2-7.

Glendale is back in action on Saturday at the Purchase Line Tournament.

## October 6, 2003: Bellwood 3 at Glendale 1

### Glendale loses to Bellwood-Antis

FLINTON — Bellwood-Antis enjoyed its trip to Glendale High School on Monday night, as it rolled past the Lady Vikings in straight sets. The Lady Blue Devils won by scores of 25-11, 25-18 and 25-12.

Kaytee Gates led the Lady Vikes with 15 digs, six service points and five kills while Nicole Heverly added nine service points and six kills. Amber Noel had six service points, Ashley O'Shell added four service points, Abbey Shomo had 10 service points and Adrienne McQuown chipped in with four service points.

Glendale is now 4-6.

In the junior varsity contest, Bellwood-Antis won by scores of 25-19, 18-25 and 17-15. The Glendale jayvee squad is 2-8.

Glendale hosts Moshannon Valley on Wednesday.

## **October 8, 2003: MoValley 3 at Glendale 1**

Glendale slipped to 4-7 with the loss. The Lady Vikings travel to West Branch on Monday night.

"We just have to start playing the games like practice," Poole stated. "There are two different teams that I see. I see a practice team and I see a game team. We need to make that practice team appear at one of our matches sooner or later."

The Damsels won the junior varsity game, 25-16 and 26-24. Mo Valley improved to 5-6 overall, while Glendale fell to 2-9.

## **October 13, 2003: Glendale 1 at West Branch 3**

Gates had 12 service points and four kills to lead the Lady Vikes, while O'Shell had eight service points.

West Branch is at Williamsburg on Wednesday evening. Glendale (4-8) is at Claysburg-Kimmel on Wednesday evening.

## **October 15, 2003: Glendale 1 at Claysburg 3**

### **Lady Vikes lose to Lady Bulldogs**

CLAYSBURG — The Glendale Lady Viking volleyball team fell to 4-9 on the season after losing to host Claysburg-Kimmel in four sets on Wednesday. The Lady Bulldogs won 25-21, 25-23, 8-25 and 25-20.

Adrienne McQuown led the Lady Vikings with 12 service points and 15 digs. Abbey Shomo added 10 service points and eight kills, while Kaytee Gates notched four service points and a team-high 15 kills.

Nicole Heverly had seven service points and nine kills for Glendale, with Ashley O'Shell adding six service points, including three aces, and 14 digs. Amber Noel chipped in with six service points.

The Glendale junior varsity squad fell to 3-10 after dropping two sets to Claysburg, 25-16 and 25-20.

The Lady Vikings return to action on Monday, traveling to Cambria Heights.

## October 20, 2003: Glendale 3 at Cambria Heights 1

### Glendale knocks off Cambria Heights

PATTON — The Glendale High School volleyball team needed four sets to pick up a big road win on Monday night.

The Lady Vikes won by scores of 25-21, 25-23, 17-25 and 26-24. With the win, they upped their

record to 5-8.

"The girls played hard," said Glendale head coach Melissa Poole. "They pulled together and came back for a big win."

Ashley O'Shell led the Lady Vikes with 23 assists, 10 service points and 10 digs. Kaytee Gates had 11 kills and nine service points. Amber Noel had nine service points, Nicole Heverly had seven service points and Abbey Shomo had seven service points.

In the junior varsity contest, Glendale dropped the first set, 25-21, but came back to win the next two sets, 27-25 and 15-11.

Glendale hosts Mount Union on Thursday.

## October 23, 2003: Glendale 3 at Mt. Union 1

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