

Glendale returns experience

By Jaelyn Yingling
Sports Editor

FLINTON — After a 9-13 season last year, the Glendale girls basketball team is hoping for even more improvement this season.

The Lady Vikings return seven letterwinners from last year's squad, including Progressland first teamer Morgan Biddle.

Also back are Progressland honorable mention Kelli McGarvey, seniors Megan Gates, Hillary Holes and Sara Tarr, as well as junior Cassie Spangle and sophomore Katelyn Matthews.

"The players we have back have a lot of experience," said Glendale head coach John Matchock. "It makes my job a little easier."

Biddle averaged 11.9 points per game last season, while the other bulk of the scoring was done by the graduated Brooke Legrand, who averaged 10.7 ppg.

Tarr and McGarvey averaged 8.6 and 8.0 ppg, respectively, so Matchock will look to both of them to help pick up the slack left by Legrand's departure.

Still, just because the Lady Vikings have a ton of experience, Matchock doesn't think it's a given they will be totally dominant in the Juniata Valley League or the Moshannon Valley League.

"Compared to the other teams, we have a lot coming back," he said. "It looks good on paper, but you have to play the game. We can't overlook people. We have to go out there and play our best."

Glendale should still be in most of its games this year, especially with its two leading rebounders in Biddle and McGarvey back.

"We have both our forwards back this year," Matchock said. "It helps with our inside games. We are going to have to rely on them to crash the boards and get some rebounds."

Roster

Seniors

*Morgan Biddle, *Megan Gates, *Hillary Holes, *Sara Tarr.

Juniors

Samantha Barnhart, Marissa Grega, *Kelli McGarvey, *Cassie Spangle.

Sophomores

Caitlin Kimberly, *Katelyn Matthews, Cassidy Noel, Paige Potter, Ashley Reed.

Freshmen

Angel Ross.

*Denotes returning letterwinners.

Schedule

December

10—Curwensville; 13—West Branch; 17—at Juniata Valley; 21—at Harmony; 29-30—at Williamsburg Christmas Tournament, TBA.

January

5—Southern Huntingdon; 7—at Moshannon Valley; 10—Williamsburg; 12—Claysburg-Kimmel; 14—Mount Union; 18—at Bellwood-Antis; 20—at West Branch; 24—Juniata Valley; 28—at Southern Huntingdon; 31—Moshannon Valley.

February

3—at Williamsburg; 7—at Claysburg-Kimmel; 10—at Mount Union; 14—Bellwood-Antis; 16—Harmony.

All games begin at 7:30 p.m. unless noted.

Tarr will run the Lady Vikings offense once again this year.

"She'll be our starting point guard again," said Matchock. "If someone is inside she will get the ball to them. She can also play pretty good defense."

The senior guard is also the best returning foul shooter in the area, going 55-for-76 for a 72.3 percent average last year.

Another player to watch for will be Matthews, who as a sophomore is the youngest returning letterwinner.

Matthews played in 19 games last season and averaged 1.9 ppg.

"She came in towards the end of the season, and she played real good," said Matchock. "I'm hoping she will do the same thing this season."

So far, the starting five will be McGarvey and Biddle at forward and Tarr at point. The other two spots will be a rotation of Holes, Spangle, Matthews and Caitlin Kimberly.

The team, which hasn't been

to the playoffs since 2006 when it lost to Blacklick Valley in the first round, has set a goal this year to try to reach the postseason.

"As a team, one of the main things we want to do is get to the playoffs," Matchock said. "We also want to have a good record and keep improving game by game."

Glendale begins its season on Dec. 10 when its hosts Curwensville.



Photo by Jim Butler

Glendale letterwinners — The Lady Vikings return seven letterwinners for the 2010-11 season. In front, from left, are Morgan Biddle, Kelli McGarvey and Sara Tarr. In back are Hillary Holes, Katelyn Matthews, Megan Gates and Cassie Spangle.

December 10, 2010: Curwensville 37 at Glendale 56

Lady Vikings stop Tide, 56-37

By Jon Christoff
Sports Writer

FLINTON — Three-point shooting has been a staple in Glendale girls basketball coach John Matchock's offensive repertoire in his tenure, but Friday's season-opener may have shown that a new brand of Lady Viking basketball would be coming into the limelight.

Glendale was just 1-of-13 behind the arc against visiting Curwensville, but forwards Kelli McGarvey and Morgan Biddle's presence in the post proved to be the difference in a 56-37 triumph in Flinton.

The Lady Viking tandem combined for 33 points and 18 rebounds in leading their team to the opening-game win.

"They did that a lot last year, too, and they're starting the season off on a good note," said

Matchock of his duo. "They did a good job getting rebounds, but now we just have to work on finishing because I thought we could have had more points underneath like that.

"It was the first game, though, and we needed to work off that rust. Kelli and Morgan played good games and got a lot of rebounds and some putbacks in the paint."

The Lady Tide did a good job going at Biddle and McGarvey early and often on the offensive end of the floor, as Curwensville worked each to the tune of three fouls in the first half.

McGarvey picked up her third with 5:28 left in the opening half and Biddle followed 17 seconds later.

Each earned a seat next to Matchock for the remainder of the half, but Curwensville was unable to capitalize and was outscored 8-3 the rest of the quarter.

"They are game-changers and I'm really looking forward to seeing McGarvey next year, too," Curwensville head coach Rusty McCracken said. "They made the difference in the game, even when they were in foul trouble. They didn't panic. They came out and did what they had to do.

"They posted up in the second half, and got some easy buckets inside. We forgot to watch them, and you can't walk away from them. They're too good of players."

Each Glendale forward got off to quick starts, as Biddle led all scorers with eight first-quarter points and McGarvey chipped in with six.

McGarvey finished the contest as the game's leading scorer with 17 points to accompany 15 rebounds, while Biddle poured in 16 and added six steals and five blocks.

"A double-double to start off the season is always a good sign," Matchock said of McGarvey's output. "Hopefully she continues (to play that well).

"If (Morgan) doesn't get her rebounds, she'll play good defense and get some steals. Whenever one of our forwards is having an off-night (on the boards), the other seems to step up and I hope that continues through the season."

Glendale's full-court pressure caused the Lady Tide fits early and often after the Lady Vikings' Sara Tarr canned her team's only trifecta from the left corner with 19 seconds elapsed.

Another turnover led to a Biddle layup, and Glendale had a five-point edge before the

Lady Tide could get the ball past midcourt.

In all, the Lady Vikings forced 39 turnovers in the contest.

"You hate to say it was opening-game jitters because Glendale played well," said McCracken.

"We didn't really focus and do what we could do there. We got down but then we broke the press and got them into foul trouble.

"It's one of those things where you play the first game and see what happens and go from there. That's basically where we're at."

After trailing 33-15 at the break, Curwensville's offense sputtered in the third quarter.

The Lady Tide missed their first nine shots before Taylor Bumbarger knocked down a jumper with 1:41 left in the stanza.

Curwensville's offense began to pick it up from there, and finished by scoring 20 of its points in the last nine minutes-plus.

Bumbarger led the Lady Tide

with 12 points, while Becca Johnson and Savannah Strickland each chipped in with six.

Curwensville finished the game 10 for its last 21, beginning when Bumbarger banked home the first bucket of the second half.

"Sometimes it's easier to play when you're kind of out of it," McCracken said.

"All the tension and stuff goes out of you, and then it's just gut-check time. You go out and play at ease. You take better shots.

"We got some better looks and we made some better moves, and we're going to feed off that last half of the last quarter for some good things to look forward to in the future."

Glendale, which finished 21-of-30 from the foul line, also got eight points from Hillary Holes, who scored the first four points of the second quarter to push the Lady Vikings' lead to 22-9.

Glendale is 1-0 overall and in Moshannon Valley League play, while Curwensville is 0-1 in

each category.

The Lady Vikings will look to improve their league mark when they host West Branch Monday, while the Lady Tide kick off Allegheny Mountain League play on Tuesday when Brockway comes to town.

In junior varsity action Glendale emerged victorious 35-14. Cassidy Noel led the Lady Vikings with 11, while Cheyenne Pentz paced Curwensville with six.

Curwensville—37

Seaburn 2 0-0 4, Johnson 3 0-0 6, Strickland 2 2-2 6, Bachellier 1 1-3 3, Wriglesworth 1 0-0 2, Bumbarger 4 3-5 12, Pentz 0 0-0 0, Norris 1 0-1 2, Carter 0 1-2 1, McCracken 0 1-2 1, Sass 0 0-0 0, Dale 0 0-0 0. Totals: 14 8-15 37.

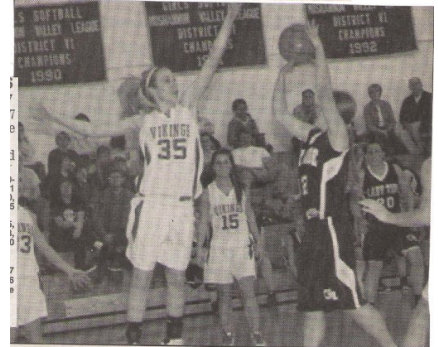
Glendale—56

Matthews 1 3-4 5, McGarvey 6 5-10 17, Biddle 4 8-8 16, Holes 3 2-2 8, Tarr 1 2-4 5, Spangle 1 0-0 2, Kimberly 0 0-0 0, Grega 1 0-0 2, Noel 0 1-2 1, Barnhart 0 0-0 0. Totals: 17 21-30 56.

Three-pointers: Bumbarger; Tarr.

Score by Quarters

Curwensville	9	6	6	16—37
Glendale	18	15	11	44—56



Glendale's Morgan Biddle (35) goes up for one of her five blocks in the game, as Curwensville's Cheyenne Pentz attempts a shot. Biddle scored 16 and made six steals in the Lady Vikings' win.

December 13, 2010: West Branch 43 at Glendale 56

Biddle's 17 points and 16 rebounds lead Glendale over West Branch

By Jaclyn Yingling
Sports Editor

FLINTON — The Glendale girls basketball team toppled visiting West Branch, 56-43, on Monday evening in a Moshannon Valley League matchup.

It was the first game of the year for the Lady Warriors and the second for the Lady Vikings, who downed Curwensville on Friday evening.

The first-game jitters showed for the visiting team, as West Branch trailed the hosts, 10-0, early.

Glendale eventually broke out to a 20-6 lead at the end of the first quarter, led by nine points from Sara Tarr and eight from Morgan Biddle.

The Lady Vikings pulled out to a 14-point lead, despite several turnovers by both teams.

"We had one game under our belts, so one thing I wanted the girls to do was to limit their turnovers," said Glendale head coach John Matchock. "We had



Biddle

way too many turnovers against Curwensville. We had 37 on Friday night, and tonight we had 22. So, it was an improvement.

"I keep telling the girls every time we turn the ball over, it gives the other team extra chances at the basket."

The Lady Warriors seemed to get over their jitters in the second quarter, as they were outscored just 11-8 by the Lady Vikings.

"We knew we were going to come out a little inexperienced," West Branch head coach Dan Socash said. "We have four new starters, and it showed.

"Looking at the book, after the first quarter we settled down and we didn't do that bad. We

are going to make mistakes and we are going to get better at it."

Glendale continued to frustrate the Lady Warriors offensively in the second, as Biddle had several blocks and a steal.

Biddle finished the game with 17 points and 16 rebounds, along with five blocks.

"We just didn't handle the aggressiveness," Socash said. "Glendale is a good team and they showed it. They are a mature team and an older team, and I think they just shocked us a little bit.

"They have some more aggressive girls than we do. They capitalized on that and rebounded better than we did. We knew that was going to be an issue with a younger group."

West Branch got its offense going a little better in the third quarter, outscoring the Lady Vikings, 13-7.

MeKayla Ahlberg had four points in the frame, while four other players had a basket each.

"I knew coming in that West Branch was quick," said Matchock. "I was watching them during the warm-up and from seeing them last year during jayvees, I knew they were quick. Inexperienced, yes, but they have a good coach, so even when we got up big, then didn't quit."

The Lady Warriors were able to close the gap to 11 points at the start of the fourth quarter, but a big run by the Lady Vikings helped put the game away.

Marissa Grega had five of her eight points to start the frame, while Biddle and Hillary Holes each had baskets to give Glendale a 20-point lead.

"It's nice to see the girls come in and do well," said Matchock. "This is Grega's first real varsity playing time and she played a heck of a game, including defensively. She wasn't afraid to mix it up underneath."

The Lady Vikings outrebounded the Lady Warriors, 45-26, in

the game.

Kelli McGarvey, Cassie Spangle and Kate Matthews each had seven rebounds to go along with Biddle's game-high 16.

"We wanted to focus on trying to stop their post players," Socash said. "We were a little worried about that. But, it seemed like they got hot from the outside.

"We read the other day they went 1-for-13 on Friday, but tonight they were on. You have to take the lesser of two evils inside and hope they miss a few outside shots. When they did miss, we didn't capitalize on it and get the rebounds."

The Lady Vikings edged the Lady Warriors, 18-16, in the final frame to set the final at 56-43.

West Branch's Bethany Kopchik had nine of her team-high 13 points in the fourth. She also had five rebounds.

Teammate Mindy Kolesar added 10 points and four rebounds, while MeLesha Ahlberg notched seven points and seven rebounds.

"We are a work in progress," said Socash. "We are going to get better. We are going to keep our heads high and keep working on it. We are an athletic team and it will come around, it will just take a little time to mesh."

Glendale's Tarr had 10 points, while the Lady Vikings' bench added 16 points.

"Everybody that got in the game pretty much contributed with two or three points, so that's good," Matchock said. "It gives our starters a break, and it allows them to do that without a letdown.

"It's nice to see people coming off the bench and scoring, but also contributing defensively as well."

Glendale (2-0) returns to action on Friday at Juniata Valley. West Branch (0-1) travels to Harmony on Thursday.

West Branch won the junior varsity game.

West Branch—43

Kopchik 6 0-0 13, MeK. Ahlberg 2 0-0 4, MeL. Ahlberg 3 0-2 7, M. Kolesar 4 2-2 10, Couteret 3 0-0 6, Nye 1 0-0 3. Totals: 19 2-4 43.

Glendale—56

Biddle 6 5-6 17, Tarr 4 1-2 10, McGarvey 2 2-4 6, Matthews 1 1-1 3, Holes 2 0-0 4, Spangle 1 2-4 4, Kimberly 1 1-2 4, Grega 3 0-1 8, Noel 0 0-0 0, Barnhart 0 0-0 0. Totals: 20 12-20 56.

Three-pointers: Kopchik, MeL. Ahlberg, Nye; Grega 2, Tarr, Kimberly.

Score by Quarters

West Branch	6	8	13	16—43
Glendale	20	11	7	18—56

December 17, 2010: Glendale 46 at Juniata Valley 34

Glendale stings Juniata Valley

ALEXANDRIA — The Glendale girls basketball team upended host Juniata Valley, 46-34, on Friday evening.

Kelli McGarvey led the Lady Vikings with 14 points and 13 rebounds, while Morgan Biddle added 12 points and 10 rebounds.

"I thought we played a good game," said Glendale head coach

John Matchock. "In the second half, we got down, but we didn't hang our heads. We came back and played a nice fourth quarter."

Glendale improved to 3-0 overall and 2-0 in the Inter-County Conference. The Lady Vikings travel to Harmony on Tuesday.

In junior varsity action, the Lady Hornets won, 33-12. Cassidy Noel, Kate Matthews and Marissa Grega each had three points for the Lady Vikings.

Glendale—46

Matthews 3 3-4 9, Holes 2 0-1 4, McGarvey 4 6-9 14, Biddle 4 4-7 12, Tarr 1 1-2 4, Spangle 1 0-1 3, Kimberly 0 0-0 0, Grega 0 0-0 0. Totals: 15 14-24 46.

Juniata Valley—34

Gragan 0 0-0 0, Kyper 0 2-2 2, S. Myers 0 0-0 0, Zinobile 5 3-4 13, Anders 2 0-1 4, Moberg 3 0-0 7, Culp 0 0-1 0, Snyder 1 0-0 2, Carper 0 0-0 0, Ammerman 1 0-0 2, H. Myers 2 0-0 4, Young 0 0-0 0. Totals: 14 5-8 34.

Three-pointers: Tarr, Spangle; Moberg.

Score by Quarters

Glendale	12	12	4	18—46
Juniata Valley	4	7	16	7—34

December 21, 2010: Glendale 56 at Harmony 38

Glendale upends Harmony

By Jaclyn Yingling
Sports Editor

WESTOVER — The Glendale girls basketball team kept rolling along on Tuesday evening, toppling host Harmony, 56-38.

The Lady Vikings got 20 points and 14 rebounds from Morgan Biddle and 11 points and six rebounds from Cassie Spangle to improve to 4-0.

"For the most part they played a good game, but it wasn't one of our best games of the season," said Glendale head coach John Matchock. "You have to take into account that Harmony is a young team, but they are scrappy. We jumped out early, but then we took a break and let Harmony back within three.

"I told the girls at halftime, the longer you let a team hang around, the more confidence they get, and that's what happened. We played well enough in the second half that we were able to pull it out."

The Lady Owls did get back within three points midway through the second quarter, but a 10-1 run to end the frame, helped Glendale take a 29-17 lead into halftime.

Both teams were plagued by turnovers, as Harmony committed 28 to the Lady Vikings' 21.

The Lady Owls also struggled from the foul line, going just 8-of-18 on the night.

"Foul shooting and turnovers ... I don't know what to do," said Harmony head coach Ralph Butterworth. "I'm lost at how to do that any better right now. Effort-wise, I was pleased. We are going to get some confidence."

Glendale extended its lead to 37-17 early in the third quarter, before Harmony's Makenzie Kruse hit a trey and a bucket off a steal to cut the score to 37-22.

"I tell you what, they busted their butts out there," said Butterworth. "They are exhausted. They played hard. We stuck with them for awhile. We just didn't have the depth I wish we would have had."

The Lady Owls were without Brittany Maseto, who suffered a season-ending knee injury against Purchase Line last week.

The Lady Vikings pulled away with the help of Biddle, who was hard to stop under the net. Spangle, who came off the bench to score all her points, frustrated the Lady Owls from outside.

"Biddle is a very nice player," Butterworth said. "And, the thing was, you try to concentrate on Biddle and the inside, and the other girls picked it up for them.

"I mean they made some nice shots on the outside, that you hope they don't. They have a complete team there."

Glendale got 16 points off their bench, including three from Caitlyn Kimberly and two from Megan Gates. But it was Spangle's effort that helped seal the deal.

"She's been struggling a little bit early on," said Matchock. "But the past couple of games, she's been turning it on with her



Biddle

shooting, her passing and her defense.

"It's good to have players come off the bench and contribute like that, not just offensively, but defensively as well."

The Lady Vikings' other big inside player also had a good night, as Kelli McGarvey had eight points and nine rebounds.

"It's hard for teams to key on just one person inside, because we have Kelli on the other side," Matchock said. "Usually Kelli has a good night when teams are focusing on Morgan and vice versa. Usually someone else is always stepping up. That's the good makings of a team."

Harmony did outscore



Spangle

Glendale, 14-10, in the final frame, but the margin was just too wide and the Lady Vikings were able to nab the 56-38 victory.

"Glendale is a nice team," Butterworth said. "They just picked it up in the second half and we were wore out a little bit. I have to do a better job getting them ready for the game.

"We are getting better. We are going to get better as we go. We have some tough games ahead of us. The girls didn't quit. They are tired, but they didn't quit."

Kruise led the Lady Owls with 18 points and eight rebounds. Teammate Lindsay Welteroth had six points and seven rebounds, while Alaina Westover and Ashley McDonald had six rebounds apiece.

Harmony fell to 0-5 overall and 0-2 in the MVL. The Lady Owls host Punxsutawney on Thursday.

Glendale improved to 4-0 overall and 3-0 in the Moshannon Valley League. The Lady Vikings play Blacklick Valley in the Williamsburg Tournament on Dec. 29.

Glendale—56

Matthews 2 0-0 4, Holes 3 0-0 6, McGarvey 4 0-0 8, Biddle 9 2-3 20, Tarr 1 0-0 2, Spangle 5 0-0 11, Kimberly 1 0-0 3, Grega 0 0-0 0, Noel 0 0-0 0, Gates 1 0-0 2. Totals: 26 2-3 56.

Harmony—38

Westover 1 1-8 3, Kruse 6 4-6 18, McDonald 2 1-2 5, Novella 3 0-0 6, Fogle 0 0-0 0, Welteroth 2 2-2 6, Royer 0 0-0 0. Totals: 14 8-18 38.

Three-pointers: Spangle, Kimberly; Kruse 2.

Score by Quarters

Glendale	16	13	17	10—56
Harmony	10	7	7	14—38

December 29, 2010: Glendale 52 vs Blacklick Valley (William. Tourn.)

Lady Vikes move to 5-0

WILLIAMSBURG — The Glendale girls defeated Blacklick Valley, 52-40, in the opening round of the Williamsburg Tournament on Wednesday evening.



Tarr

The Lady Vikings were led by 13 points each from Sara Tarr and Morgan Biddle. Kelli McGarvey added 10 points for the victors, who improved to 5-0 on the season.

“The girls played well,” said Glendale head coach John Matchock. “We had balanced scoring, and that’s what we need to do if we want to continue to be successful.”

The Lady Vikings will play host Williamsburg this evening at 7:30 p.m. for the title. Blacklick Valley will face United in the consolation game at 6 p.m.

Blacklick Valley—40
Lesso 1 2-4 4, Smith 2 1-2 7, Verba 1 1-2 3, Kish 3 0-0 7, Scott 1 0-0 2, Thomas 0 2-2 2, Rhoades 3 4-4 11, Rege 0 0-0 0, Marsh 2 0-0 4.
Totals: 13 10-14 40.

Glendale—52
Matthews 2 3-6 7, Holes 2 0-0 4, McGarvey 4 2-3 10, Biddle 4 5-8 13, Tarr 5 3-4 13, Spangle 2 1-2 5, Kimberly 0 0-0 0, Grega 0 0-0 0.
Totals: 19 14-23 52.
Three-pointers: Smith 2, Kish, Rhoades.

Score by Quarters

Blacklick Valley	4	12	10	14—40
Glendale	11	18	5	18—52

December 30, 2010: Glendale 34 vs Williamsburg (William. Tourn.)

Glendale girls fall to Williamsburg in title game

WILLIAMSBURG — The Glendale girls basketball team fell to host Williamsburg in the championship game of the Williamsburg Tournament, 42-34, on Thursday.



Biddle

Turnovers doomed the Lady Vikings, who had taken a 15-14 lead after the first quarter.

Morgan Biddle led Glendale with 15 points, and was named the tournament’s Defensive MVP. Teammates Sara Tarr and Kelli McGarvey were also named to the all-tournament team.

“We just had too many turnovers,” said Lady Vikings head coach John Matchock. “We played a good game and we will just have to bounce back.”

Glendale dropped to 5-1 on the season. The Lady Vikings host Southern Huntingdon on Wednesday evening.

Glendale—34
Matthews 1 0-0 2, Holes 0 0-0 0, McGarvey 4 0-0 8, Biddle 3 9-9 15, Tarr 3 0-0 7, Spangle 1 0-0 2, Kimberly 0 0-0 0, Grega 0 0-0 0.
Totals: 12 9-9 34.

Williamsburg—42
Eberhart 7 5-7 21, Barroner 0 6-9 6, Lynn 5 0-0 10, Edwards 2 0-0 5, White 0 0-0 0, Bookhammer 0 0-2 2, Detwiler 0 0-0 0, Murtiff 0 0-0 0. Totals: 14 11-18 42.
Three-pointers: Tarr, Eberhart 2, Edwards.

Score by Quarters

Glendale	15	6	6	7—34
Williamsburg	14	9	9	10—42

Southern Huntingdon rides strong-shooting second half to top Lady Vikings

By Josh Mlot
Sports Writer

FLINTON — After starting the season 5-0, the Glendale girls basketball team lost its second straight game Wednesday night, falling to visiting Southern Huntingdon 56-49.

The Lady Vikings (5-2 overall, 2-1 Inter-County Conference) let a 1-point halftime lead disappear as the Lady Rockets (5-1, 2-0) launched in the second half, finding their outside touch and blasting off to a 15-point lead before a late Glendale rally made things closer.

Haley Bender was automatic for Southern Huntingdon in the second half, scoring 23 of her 30 points after the break, including 15 in the final period of play.

Bender hit seven 3-pointers in the second half, as her team went 9-of-22 from behind the arc over that same period of time. It was a massive step up from a 2-of-15, 3-point performance in the first half, and sank a Lady Viking team not built for trading long-range bombs.

"Last year we could shoot a lot of 3s," Glendale head coach John Matchock said. "This year we don't have very many 3-point

shooters, so we rely on our inside game because that's our strength.

"They just caught fire in the second half shooting the 3-pointers. I don't think there's anything we could do to stop them. They just caught fire."

A valiant effort by Morgan Biddle wasn't enough to overcome the shooting gallery, as she finished with 25 points, 10 boards, four steals and two blocks, with 20 of those points coming in the second half.

"I think she just took it upon herself that she needed to step up, and that's what she did," Matchock said.



Biddle

"When one girl does that, other girls start feeding off that. I think we started doing that, but we just dug ourselves too deep a hole to come out of. I think if we had a couple more minutes in the game we'd have been all right."

Sarah Tarr added eight points and eight rebounds for the home side, while Kelli McGarvey had five points and nine rebounds.

Southern Huntingdon point guard Becca Booher had 13 points, 10 rebounds and eight assists, while Amanda Beatty added seven points and 12 rebounds.

Biddle made her presence felt in a major way right out of the halftime break, scoring back-to-back buckets in the first minute of the third quarter to send her side to a 24-19 advantage.

It was a 4-point game when Beatty knocked down a trey just over two minutes into the quarter to make the score 26-25, and all of a sudden the Lady Vikings were reeling.

With 3:48 left in the third Booher penetrated and found Kara Leonard perched outside the arc for a basket that gave the Lady Rockets their first lead since the first quarter, 31-29.

Bender drained two more 3-pointers before the stanza was over as Southern Huntingdon went on a 13-3 run and took a 41-32 advantage into the final period of play.

"In practice we worked a lot on closing out," Matchock said. "We just wanted to play good, solid defense and let them drive to the basket, and when they did

drive to the basket we stepped up the help and (Booher) just dished back to the outside. They were just making their shots."

Glendale also failed to take care of the ball in the third quarter, turning it over nine times — 22 times through the first three quarters — and giving the visitors extra opportunities to make shots. Southern Huntingdon had 70 field goal attempts on the night compared to the Lady Vikings' 48.

"When you're turning the ball over, you're just giving the other team more opportunities at the basket," Matchock said. "We were just having turnovers at the wrong time. When we get a stop on defense we need to concentrate more on looking to score and getting the momentum on our side."

Biddle converted on an old-fashioned three-point play a minute and a half into the fourth quarter, laying the ball in and drawing the foul, but Bender was still stroking it at the other end, hitting three 3s that kept things at 50-37.

Bender hit every Southern Huntingdon basket in the final period of play — all 3-pointers — including a triple with 2:13 left on the clock that made it a 15-point game.

But Glendale kept pushing, finally reversing the turnover differential (9-3 in favor of the Lady Vikings in the fourth) and getting unanswered baskets of its own. Tarr dropped in a layup with a minute left in the game, and Biddle capped an 8-0 run with a nice post move, cutting the deficit to 7 with 43 seconds to go.

"I told the girls, 'We're not out of this,'" Matchock said. "We go on these streaks where we get some turnovers and some baskets, and that's what we did. The girls didn't give up, and that's something we can build upon."

It was the second loss in a row for Glendale, which dropped a 42-34 decision to Williamsburg on Dec. 30 in a holiday tournament.

"Historically, Glendale's only beat Williamsburg twice and we've beat Southern Huntingdon three times," Matchock said.

"We stick with them, we just have these bad spots where we turn over the ball and we don't rebound, and that kills us. I still think we've got a shot at beating some of these bigger teams, we've just got to come together."

The two teams traded bars in the game's opening eight minutes, taking an 8-8 score into the second quarter. That's when the Lady Vikings began to get to the free-throw line, getting a three-point play from Biddle after Caitlin Kimberly sparked a fast break.

Glendale was 6-of-9 at the stripe in the frame before Katelyn Matthews and Booher traded buckets to take a 20-19 score into the locker room.

In the junior varsity contest, Glendale was a 20-17 victor, getting six points from Matthews.

The Lady Vikings will get a chance to end their slide when they travel to Moshannon Valley on Friday.

Southern Huntingdon—56

Beatty 3 0-0 7, Bender 10 1-2 30, Booher 6 1-3 13, Flick 0 1-2 1, Leonard 2 0-0 5, Griffith 0 0-0 0, Goshorn 0 0-0 0. Totals: 21-3-7 56.

Glendale—49

Matthews 2 0-0 4, McGarvey 2 1-2 5, Biddle 9 7-9 25, Holes 1 1-1 3, Tarr 3 2-4 8, Spangle 1 0-0 2, Kimberly 0 0-0 0, Grega 0 2-2 2. Totals: 18 13-18 49.

Three-pointers: Bender 9, Beatty, Leonard.

Score by Quarters

Southern Huntingdon	8	11	22	15—56
Glendale	8	12	12	17—49

January 7, 2011: Glendale 43 at MoValley 32

Lady Vikings snap two-game skid with win over Damsels

By Jon Christoff
Sports Writer

AMESVILLE — After falling to Inter-County Conference powers Williamsburg and Southern Huntingdon in back-to-back contests, a trip to winless Moshannon Valley appeared to be good for what ailed the Glendale girls basketball team.

The Lady Vikings ended their two-game skid on Friday night over the Damsels, but head coach John Matchock was less than enthused with his team's 43-32 win.

Mo Valley, which dropped to 0-7, held Glendale to single digits in points twice in the contest, including a 7-point second quarter where the Lady Vikings didn't score until there was 2:29 remaining.

"The girls said 'a win is a win' in the locker room," said Matchock, "but I just didn't think we played as well as I thought we could. With the way we played against Williamsburg and Southern Huntingdon, I thought we'd come in here and play a lot better than what we did.

"You can't do that against any team. We have to step it up if we want to continue our successful season."

Glendale's full-court pressure and some timely shooting from behind the 3-point arc gave it a double-digit advantage, which proved to come in handy when the Damsels started rolling offensively in the fourth.

The Lady Vikings outscored Mo Valley 16-4 in the third to take a 38-14 lead into the fourth, but the Damsels' Claire Harlow and her teammates put together one of their best quarters of the season.

Harlow had 11 of her game-high 17 points in the final stanza, and finished the night with a team-high nine rebounds.

"It was positive," Mo Valley head coach Van Cornish said of his team's fourth-quarter effort. "We've had a rough start here, but the girls have never stopped working. They're out there trying their hardest with the numbers situation we have.

"We've had a lot of injuries lately, so we've had a lot of girls step up and do their role. I'm proud of the effort out here tonight. I told them in the locker room that it's something we can build off of to keep working up to something."

The Damsels closed to within a point at 5-4 early in the first quarter on a Harlow bucket, but Sara Tarr connected on the first of her three 3-pointers to get the Lady Vikings moving.

When all was said and done, Glendale held a 15-5 lead after the first and never led by fewer than eight the rest of the night.

"Those 3s sparked us," said Matchock. "Sara had a couple and (Morgan) Biddle had one to start us off. They played that 1-3 zone and they were packing it inside, so we needed to shoot from the outside. There were times when we shot well from the outside, and there were times when we didn't.

"I told them before the game in the locker room, '(Mo Valley) has nothing to lose. They're going to be busting their butts, plus it's the whole Glendale-Mo Valley rivalry thing and they're going to be pumped up to play,' which they were. ... Luckily we built a big lead and we were able to hang on to it."

After the second quarter where both offenses struggled, the Lady Vikings put forth their best quarter of the night in the third.

Glendale shot 7-of-16 from the floor in the stanza, and its defense held Mo Valley without a point until Brianna Shawver knocked down one of two foul shots with 54 seconds remaining.

In all, the Lady Vikings' pressure forced 30 Damsels turnovers.

"We were playing very good defense in the first half," Matchock said, "and, obviously, we were able to use that to get a big lead."

Harlow spearheaded a solid final quarter for Mo Valley, which finished the game with a Shawver putback at the buzzer to set the final.

Harlow was 4-for-4 from the field in the quarter and only missed one of her eight shots, while going 3-of-4 from the line.

"I can always count on Claire to work the hardest," said Cornish. "She's always out there getting rebounds and getting putbacks. She's definitely one of the hardest working girls, and it shows in her stat line."

Matchock is happy his squad only has to face the Mo Valley senior one more time.

"She always haunts us," Matchock said. "Last year and the year before, she had good games against us. She gets a lot of rebounds and she's tough inside. We've got to play her one more time, but that's it."

Glendale (6-2) was led by 13 points from Biddle, who finished with 14 rebounds, four blocks and a pair of steals. Tarr finished the night with 12 points.

Both teams are in action Monday when the Lady Vikings host Williamsburg, while the Damsels travel to Mount Union.

In jayvee action, the Lady Vikings picked up a 48-26 win. Cassidy Noel scored 12 to pace Glendale and Cassie Spangle added 11. Mo Valley got a team-high 12 from Tayia Swoope.

Glendale—43

Holes 2 0-0 4, Biddle 5 2-2 13, Tarr 4 1-2 12, McGarvey 3 1-2 7, Matthews 2 1-2 5, Spangle 0 0-3 0, Kimberly 0 0-0 0, Grega 1 0-0 2, Barnhart 0 0-0 0. Totals: 17 5-11 43.

Moshannon Valley—32

Beirlair 0 0-0 0, S. Harris 0 0-0 0, Harlow 7 3-4 17, Charney 2 1-2 5, Neff 1 0-0 3, L. Harris 1 1-3 3, B. Shawver 1 1-4 3, Howe 0 1-2 1, Swoope 0 0-0 0. Totals: 12 7-15 32.

Three-pointers: Tarr 3, Biddle; Neff.

Score by Quarters

Glendale	15	7	16	5-43
Mo Valley	5	5	4	18-32



Glendale's Kelli McGarvey, center, kicks out the ball as Moshannon Valley's Claire Harlow, left, and Maria Charney collapse on her. The Lady Vikings snapped a two-game losing skid with a 43-32 win.

Photo by Jim Baker

January 10, 2011: Williamsburg 49 at Glendale 46

Glendale girls basketball toppled by Williamsburg, 49-46

By Jon Christoff
Sports Writer

FLINTON — Glendale girls basketball player Morgan Biddle and Williamsburg's Olivia Everhart, two of the best players in the Inter-County Conference, went toe-to-toe on Monday night in Flinton.

While Biddle got the best of Everhart in points, the Lady Blue Pirate got the last laugh as her team held on for a 49-46 win.

With Biddle shadowing her all game long, Everhart had just six points entering the fourth quarter, but the Williamsburg senior saved her best for last in scoring 10 points in the final quarter — all but two coming after the Lady Vikings tied the score at 41 with under two minutes to play.

Everhart sealed the win with a pair of foul shots with 13.5 seconds to play, and then the Lady Pirates were able to rebound a missed 3-point attempt on the other end as time expired.

"That's what good players do — when they're getting shut down, they find a way to bring their team back," said Glendale head coach John Matchock. "She drove the lane and she made some tough shots. You have to give her credit because our girls played good defense.

"We just couldn't get the bounce to go our way at the right time. We missed some shots underneath the basket and missed some foul shots, and in a close game those things will come back and haunt you.

An Everhart bucket with 1:10 made it a 47-43 contest, but Glendale reserve Cassie Spangle knocked down her only bucket of the night — a 3-pointer — to pull her team to within one.

The Lady Vikings had a pair of opportunities to take the lead after Spangle's shot, but a Glendale steal on an inbound under their bucket ended up a jumpball with Williamsburg getting possession.

On the ensuing trip down the floor, the Lady Vikings' Katelyn Matthews blocked a Logan Lynn shot, but Glendale fumbled the ball out of bounds with minimal pressure from Williamsburg.

"We were able to get the turnover that we were looking for," Matchock said, "but the ball was just bouncing around too much.

"Everyone scrambled for it, and luckily for them it turned out being a jumpball. I think that was a big turning point in the game."

Glendale led from the opening tip until Williamsburg finally

tied the score at 16 with 4:08 left in the first half.

The Lady Pirates took a 24-20 lead into halftime, and then built up a double-digit advantage.

With Biddle holding Everhart without a shot in the quarter, Allison Edwards found herself open behind the 3-point arc and knocked down three in the stanza.

Edwards led all scorers with 21 points.

"We went over on Saturday what we wanted to do," said Matchock, "and we wanted someone else (other than Everhart) to step up to make those shots to beat us. To their credit, they did that.

"I thought our girls did a good job. Biddle did a good job on Everhart and Matthews did a good job on Lynn."

Behind Edwards, the Lady

Pirates opened up a 35-24 advantage with 3:15 left in the third, but the Lady Vikings were unfazed and battled to within three before the end of the quarter.

Biddle had four of her 20 points in that span, while Matthews and Sara Tarr each added buckets in Glendale's 8-0 run.

Matthews ended the night with 10 points and five rebounds, while Tarr scored nine.

"When we got down 11," Matchock said, "I was waiting to see how our girls would react. To their credit, they didn't give up and I'm glad they didn't. We fought back, but that little run Williamsburg went on keyed them to victory. You can't let good teams go on big runs like they did.

"We played a good team ... we just didn't execute at the end."

Glendale (6-3) is back in action Wednesday when Claysburg-Kimmel comes to town.

Matthews scored seven points for the Lady Vikings in the junior varsity contest, which Williamsburg won, 37-17.

Williamsburg—49

Everhart 6 4-5 16, White 0 0-2 0, Lynn 0 1-2 1, Edwards 8 0-0 21, Barroner 1 0-0 3, Detwiler 3 2-2 8, Bookhammer 0 0-0 0, Stayduhar 0 0-0 0, Murtiff 0 0-0 0. Totals: 18 7-13 49.

Glendale—46

Matthews 4 2-4 10, McGarvey 1 0-0 2, Biddle 6 8-10 20, Holes 1 0-0 2, Tarr 4 0-0 9, Spangle 1 0-0 3, Kimberly 0 0-0 0, Gates 0 0-0 0. Totals: 17 10-14 46.

Three-pointers: Edwards 5, Barroner; Tarr, Spangle.

Score by Quarters

Williamsburg	10	14	11	14—49
Glendale	12	8	12	14—46

January 12, 2011: Claysburg 41 at Glendale 28

Glendale girls fail to defend home turf in loss to Claysburg-Kimmel

By Jon Christoff
Sports Writer

FLINTON — The Glendale girls basketball team has struggled to defend its home floor this season, and, unfortunately, Wednesday was no different for the Lady Vikings.

Claysburg-Kimmel barraged Glendale — who was down a starter due to disciplinary reasons — with 3-pointers and locked down the Lady Vikings' offense in a 41-28 triumph.

The 28 points is a season-low for Glendale, which hasn't been held to fewer than 30 points since Jan. 19.

Of their four losses this season, three have come in Flinton for the Lady Vikings (6-4).

"I knew they had played Williamsburg pretty tough," said

Matchock, "and that says a lot right there. I knew, coming in, that it wasn't going to be easy.

"Our point guard had to sit out because she missed (Tuesday's) practice, and that throws everything out of balance. We had to use (Katelyn) Matthews and (Cassie) Spangle as our point guards, and they haven't run it hardly at all this season. It threw a wrinkle into what we wanted to do today, but you have to give credit to Claysburg — they did what they had to do to win."

A combination of the Lady Bulldogs' snipers and their stifling defense held the Lady Vikings to their longest cold spell of the season.

Glendale went ahead 25-24 with a foul shot from Katelyn

Matthews with 3:24 left in the third quarter, but the Lady Vikings only scored one more point before Cassie Spangle's putback with two seconds to go in the fourth set the final.

Glendale went 10 minutes 34 seconds without a field goal from the time Kelli McGarvey tied the game at 24 with a layup until Spangle's shot.

The Lady Vikings were 1-for-10 in the fourth from the field.

"We got some good looking shots tonight," Matchock said, "but they just weren't falling. We were up 25-24, and then we just didn't score."

After Matthews' free throw, Claysburg-Kimmel went on a 17-1 run, which was highlighted by back-to-back 3-pointers from

Kaylee Harten and Alyssa Burk to close out the third quarter.

The long distance shots kept falling in the fourth with Harten opening the stanza with her second, while four teammates helped outscore Glendale 11-1 before the last-second putback.

"They went on a 17-1 run to end the game, and you're not going to win like that," said Matchock. "I know teams go on runs, but you have to at least score some points. You can't go more than 10 minutes without a bucket. You're not going to win very many games like that."

The Lady Vikings were led by McGarvey's 12-point effort on 6-of-8 shooting, but the rest of the team finished just 5-for-40.

Morgan Biddle, Glendale's leading scorer, was held to single

digits for the first time this season. Biddle ended the night with seven points — only one of which came after halftime — and a game-high 13 rebounds.

The Lady Bulldogs (4-2 in the Inter-County Conference) were led by Lydia Fleck's 11 points, which included three treys. In all, Claysburg-Kimmel made eight trifectas to zero for Glendale.

"We started out with man(-to-man defense)," Matchock said, "and then we went to a 3-2 zone and then we went to a box-and-one on Fleck. I told the girls she was the one we had to worry about shooting the 3s. Harten hit a couple of 3s from the corner, and we just couldn't get out in time to get a hand in her face."

The Lady Vikings are back at home on Friday when they tangle with Mount Union.

Claysburg-Kimmel also won the jayvee game, 27-19. Marissa Grega led Glendale with seven points.

Claysburg-Kimmel—41

Snyder 2 1-4 5, Brumbaugh 0 0-0 0, Fleck 4 0-1 11, Harten 3 0-0 8, McDonald 2 0-2 4, Kulick 1 2-2 5, Ickes 1 0-0 3, Burk 2 0-1 5, Locke 0 0-0 0. Totals: 15 3-10 41.

Glendale—28

Matthews 1 2-5 4, Holes 0 2-2 2, Biddle 3 1-2 7, McGarvey 6 0-2 12, Spangle 1 1-2 3, Kimberly 0 0-0 0. Totals: 11 6-13 28.

Three-pointers: Fleck 3, Harten 2, Kulick, Ickes, Burk.

Score by Quarters

Claysburg-Kimmel	13	10	7	11—41
Glendale	13	6	6	3—28

January 14, 2011: Mt. Union 31 at Glendale 61

Glendale tops Mt. Union

FLINTON — The Glendale girls basketball team topped Mount Union, 61-31, on Friday evening in an Inter-County Conference matchup.



Biddle

The Lady Vikings' Morgan Biddle led all scorers with 24 points. She also had 10 rebounds.

Sara Tarr netted 11 points, while Hillary Holes had 10 points.

Glendale improved to 7-4 over-

all and 4-3 in the ICC. The Lady Vikings travel to Curwensville on Monday.

Mount Union—31

Hale 2 0-0 5, Little 3 1-4 7, Miner 2 0-0 4, Guiliante 3 3-7 9, Foor 1 2-4 4, Gearhart 0 0-0 0, Muse 0 0-0 0, Torres 0 0-0 0, Lear 1 0-0 2.
Totals: 12 6-15 31.

Glendale—61

Matthews 2 1-2 5, Holes 5 0-0 10, McGarvey 3 2-4 8, Biddle 8 7-9 24, Tarr 3 3-5 11, Spangle 0 2-4 2, Gates 0 1-4 1, Noel 0 0-0 0, Reed 0 0-0 0, Potter 0 0-0 0, Barnhart 0 0-0 0.
Totals: 21 16-28 61.

Three-pointers: Hale; Tarr 2, Biddle.

Score by Quarters

Mount Union	10	10	8	3—31
Glendale	15	19	15	12—61

January 17, 2011: Glendale 63 at Curwensville 33

Lady Vikings ride first-half run to win over Lady Tide

By Jon Christoff
Sports Writer

CURWENSVILLE — The Curwensville girls basketball team had an answer for Glendale's full-court pressure early on in Monday's contest at Patton Hall.

The Lady Tide were in striking distance, trailing 11-9 with three minutes to go in the opening quarter.

And then, the Lady Vikings amped up the defense.

Glendale ended the quarter by scoring six unanswered points and added 10 straight to open the second quarter, as the 16-0 run put the game out of reach.

The Lady Vikings got a game-high 22 points out of Morgan Biddle, who didn't play in the fourth quarter, and double digits from Kelli McGarvey (15) and Sara Tarr (11) en route to a 63-33 win.

"We started out slow, which I wasn't happy about," said Glendale head coach John Matchock, "but at the end of the first quarter we put our press back on. It wasn't working too

well at the beginning, but we got some turnovers which we've been doing all year off our press.

"I think that got us the momentum and we just rode that the rest of the game."

Curwensville's answer in the early going came in the form of sophomore Katrina Seaburn, who scored all seven of her points and all but two of her team's points in the first.

Seaburn pulled her team to within two at 11-9 after McGarvey knocked down a pair of foul shots to make it a four-point contest.

After that, though, it was all downhill for the Lady Tide.

Curwensville finished the first half with 20 turnovers, and ended the contest with 31.

"We took them out of their press early and we were playing pretty well," Lady Tide head coach Rusty McCracken said. "They went out of it and then came back in, and we forgot what we did to take them out of it in the first place. It was effective the second time, and that was the difference in the ball-game.

"We show instances of greatness, and then we disappear."

From the time Seaburn's jumper dropped until the final buzzer of the second, Curwensville was outscored 28-3.

Biddle had 10 second-quarter points to lead the charge for the Lady Vikings, who improved to 8-4 on the season.

"They came on there at the end of the first quarter and the start of the second quarter," said Matchock.

"(Biddle and McGarvey) are our two big scorers inside, and we do what we can to get them the ball. They do a good job of rebounding, too, so you have to give them kudos on their effort tonight."

Glendale hit the ground running to start the third quarter, as it outscored the Lady Tide 11-0 in the first two minutes, 55 seconds of the period.

With Tarr at the foul line, where she made both shots, McCracken made wholesale changes and inserted five new players into his lineup.

McCracken's replacements had just one senior among them, and the youth movement infused life into the Lady Tide. After the changes were made, Curwensville outscored Glendale 21-13 the remainder of the contest.

"The future looks bright," McCracken said. "I said that at the beginning of the season, and hopefully the older kids don't get comfortable. They looked like they were getting too comfortable walking up and down the court, and I had seen enough.

"If they're not going to play hard, I've got a bunch of other kids that are ready to play and are excited to play."

The Lady Tide fell to 2-8 with the loss.

Glendale is back on the court tonight at Bellwood-Antis for a pivotal Inter-County Conference matchup, while Curwensville travels to perennial District 9 power Elk County Catholic on Wednesday.

The Lady Tide earned a 34-27 win in the junior varsity contest.

Glendale—63

Matthews 1 2-2 4, McGarvey 6 3-3 15, Biddle 11 0-2 22, Holes 1 0-0 2, Tarr 4 2-3 11, Spangle 2 0-0 5, Gates 1 0-0 2, Kimberly 0 0-0 0, Grega 0 0-0 0, Noel 0 0-0 0, Ross 1 0-0 2, Barnhart 0 0-0 0, Reed 0 0-0 0, Potter 0 0-0 0.
Totals: 27 7-10 63.

Curwensville—33

Seaburn 3 1-2 7, Strickland 0 0-0 0, Ta. Bumbarger 2 3-10 7, Bachelier 0 1-2 1, Wriglesworth 0 0-0 0, Johnson 4 1-2 10, B. Carter 0 0-0 0, Shope 1 0-0 2, Wassil 0 0-0 0, Sass 0 0-0 0, Ti. Bumbarger 1 0-2 2, Pentz 0 0-1 0, McGarry 1 2-2 4. Totals: 12 8-21 33.
Three-pointers: Tarr, Spangle; Johnson.

Score by Quarters

Glendale	17	22	17	7—63
Curwensville	9	3	6	15—33



Photo by Jim Butler
The Lady Vikings' Katelyn Matthews drives the lane with Curwensville's Katie Wriglesworth trailing in her hip pocket. Glendale improved to 8-4 on the season with a 63-33 win.

January 18, 2011: Bellwood 73 at Glendale 34

Glendale stymied by B-A

FLINTON — The Glendale girls basketball team couldn't find a way to slow down Bellwood-Antis on Tuesday, dropping a 73-34 contest.

Morgan Biddle led the Lady Vikings with 15 points.

The Lady Blue Devils (8-2) also took the junior varsity game 57-19. Angel Ross led Glendale with 12 points.

Next up for the Lady Vikings (8-5) is a road matchup against rival West Branch on Thursday.

Bellwood-Antis—73

Crook 4 0-0 10, Swogger 7 3-4 18, Leamer 5 4-4 18, Damiano 3 0-0 6, Granna 6 1-3 13, Lombardo 1 1-2 4, Collier 0 0-0 0, Krepps 1 0-0 2, Hanwell 0 2-2 2, McVicker 0 0-0 0, Meacer 0 0-0 0, Renney 0 0-0 0, Nevling 0 0-0 0, Claar 0 0-0 0. Totals: 27 11-15 73.

Glendale—34

Matthews 0 1-2 1, Holes 0 0-0 0, McGarvey 3 1-1 7, Biddle 4 7-10 15, Tarr 2 2-4 7, Spangle 1 2-2 4, Kimberly 0 0-0 0, Grega 0 0-0 0, Gates 0 0-0 0, Reed 0 0-0 0, Potter 0 0-0 0, Barnhart 0 0-0 0. Totals: 10 13-19 34.

Three-pointers: Leamer 4, Crook 2, Swogger, Lombardo, Tarr.

Score by Quarters

Bellwood-Antis	17	27	17	12—73
Glendale	11	7	9	7—34

January 20, 2011: Glendale 61 at West Branch 52

Biddle scores career high as Glendale downs West Branch

By Jon Christoff
Sports Writer

ALLPORT — Glendale girls basketball player Morgan Biddle has the ability to take over games.

While the Lady Viking senior was scoring at will throughout Thursday's contest at West Branch, which was without its best defender in Bethany Kopchik, the rest of her teammates struggled to find the bottom of the hoop.

Until the fourth quarter, that is.

The Lady Vikings found their groove and scored the first eight points of the final stanza to put away a resilient Lady Warriors squad that battled back from double-digit deficits time after time through the first three quarters.

Biddle finished the contest with a career-high 32 points, which included a perfect 14-for-14 mark at the free throw line.

"We played better defense," said Glendale head coach John Matchock of the crucial 8-0 run. "We stopped playing defense with our hands and started playing defense with our feet.

"We got some turnovers and converted them into layups, and we ran our offense. We set some good screens and that opened things up."

After countless comebacks led to a 1-point lead in the third quarter, West Branch head coach Dan Socash's team finally ran out of gas.

With starter Mindy Kolesar fouling out early in the fourth quarter, the Lady Warriors were at that much more of a disadvantage.

West Branch's second-quarter rally was keyed by 3-pointers, but the Lady Warriors couldn't get another shot from long distance to fall until knocking down consecutive shots with less than 30 seconds to play.

"Bethany was sick today and couldn't go," Socash said, "and she has to be on her death bed for her not to play. We knew we were going to be a man down, but I love how the team responded.

Biddle began the run to make it a 5-point game, and then got some help from teammates Katelyn Matthews, Hillary Holes and Cassie Spangle during the decisive span.

Biddle had six points in the fourth, while Spangle netted all five of hers and Holes chipped in with four of her seven points.

"Since Kopchik wasn't here, we knew we'd have a height advantage," said Matchock.

"We just wanted to keep pounding the ball inside, and that's what we kept doing and if Biddle didn't make the shots, she got fouled. She's a very good foul shooter and that helped us win."

The 8-point run was snapped by a pair of foul shots from MeLesha Ahlberg, but the Lady Warriors couldn't get any closer than eight points the rest of the night.

Janene Couteret led West Branch with 12 points and Brianne Nye added 11 off the bench, including nine in the Lady Warriors' best quarter of the night.

MeLesha Ahlberg added 10, while Kolesar and MeKayla Ahlberg each had eight.

"I think the girls responded really well," Socash said. "When you look at the scoring, it's balanced. Brianne Nye had a great game, and I thought they all stepped up. I told them we're only going to improve from this.

"We got tired. When you're going six or seven (players in your rotation) and throwing the ninth graders in, I could see we got tired. We tried so hard to fight back, and their size took over a bit."

After a sluggish first quarter, the Lady Warriors found themselves trailing 24-10 with less than three minutes to go before half-time, and then the shots from

behind the 3-point arc began falling.

Nye knocked down two from the perimeter, while MeLesha Ahlberg and Roni Crowell each got in the act as well.

When the buzzer sounded to end the second quarter, West Branch found itself in just a 3-point hole.

"Roni's definitely capable of doing that, and that's when Bri got hot," said Socash of his team's torrid shooting from the perimeter. "We had a nice run there, and I thought we played really good defense that quarter, too.

"We were only down three, and I told them how proud I was at how they responded. I wasn't sure how they would after that initial blow that we received, but I said, 'I'm so proud of you for fighting back. That's going to help us in any other game that we encounter that we get down.'"

Early foul trouble plagued the Lady Vikings and fueled West Branch's rally, as Matchock was forced out of his man-to-man defense and into a zone.

Once Glendale switched defenses, the Lady Warriors were able to make their run.

"(The 3-pointers) got them momentum," Matchock said. "We played man, but we went to a 5-defense — and I shouldn't have done that because they had some hot shooters. Our girls were in foul trouble and got a little tired, so we went into that zone and they started popping 3's.

"It says a lot about their team — when someone's down, they could have quit because they didn't have one of their best players, but they had some girls come off the bench who did a good job."

The third quarter featured back-and-forth offense, as West Branch continued to struggle with Biddle and the Lady Vikings had trouble containing the Lady Warriors' balanced attack.

Couteret attempted to counter Biddle's output, but was still outscored 2-to-1 in the frame.

The West Branch sophomore had seven of her points in the quarter, but Biddle's 13-point effort trumped her total.

Biddle was 7-for-7 at the foul line in the stanza.

"Not that MeLesha didn't play as hard as she could," Socash said of guarding Biddle, "but she's a sophomore and Bethany would've had a nice matchup against (Biddle). Not saying (Bethany) wouldn't have done

any better, but energy-wise we would've had two girls on her.

"(Biddle) is just so smooth, and you can see that if you foul her, she's going to make her foul shots. She had a tremendous game and she's a great player. I had no answer for her."

West Branch (5-7) travels to Curwensville this evening for a Moshannon Valley League matchup, while Glendale — which claimed at least a share of the MVL with the win — improved to 9-5 and will host Juniata Valley on Monday.

Taylor Kolesar led the Lady Warriors to a 35-26 win in the jayvee game with a team-high nine points. Marissa Grega paced the Lady Vikings with a game-high 13.

Glendale—61

Matthews 2 0-0 4, Holes 3 1-2 7, Tarr 3 2-2 8, Biddle 9 14-14 32, McGarvey 2 1-6 5, Spangle 2 0-1 5, Gates 0 0-0 0. Totals: 21 18-25 61.

West Branch—52

MeL. Ahlberg 3 2-3 10, Couteret 5 1-4 12, M. Kolesar 3 2-4 8, MeK. Ahlberg 4 0-0 8, Crowell 1 0-0 3, Nye 3 3-5 11, Sabol 0 0-0 0, T. Kolesar 0 0-0 0. Totals: 19 8-16 52.

Three-pointers: Spangle; MeL. Ahlberg 2, Nye 2, Couteret, Crowell.

Score by Quarters

Glendale	15	15	13	18—61
West Branch	8	19	13	12—52

January 24, 2011: Juniata Valley 41 at Glendale 51

Glendale tops Juniata Valley

FLINTON — The Glendale girls basketball team broke open a tight game in the fourth quarter, sending visiting Juniata Valley on its way with a loss, 51-41, on Monday night.

Morgan Biddle had 20 points for the Lady Vikings, who outscored the Lady Hornets 20-12 over the final eight minutes. Kelli McGarvey added 14 points for the home side.

"We did a better job in the second half of rebounding and hustling," Glendale head coach John Matchock said.

In the junior varsity contest, Juniata Valley picked up a 45-29 victory. Cassidy Noel was the top

scorer for Glendale, notching 11 points.

The Lady Vikings are back on the hardwood Friday, traveling to Southern Huntingdon.

Juniata Valley—41

Grugan 2 0-0 4, Kyper 1 2-2 4, S. Myers 1 0-0 2, Zinobile 6 1-2 16, Moberg 2 0-0 4, Culp 0 1-2 1, Snyder 0 0-0 0, Carper 0 0-0 0, Lecrone 0 0-0 0, Ammerman 0 0-0 0, H. Myers 2 0-0 4, Young 2 0-0 6. Totals: 16 4-6 41.

Glendale—51

Matthews 1 1-2 3, Holes 2 2-2 6, McGarvey 7 0-0 14, Biddle 9 2-4 20, Tarr 2 0-0 4, Spangle 2 0-0 4, Gates 0 0-0 0. Totals: 23 5-8 51.

Three-pointers: Zinobile 3, Young 2.

Score by Quarters

Juniata Valley	11	8	10	12—41
Glendale	12	9	10	20—51

January 28, 2011: Glendale 40 at Southern Huntingdon 54

Glendale falls to Rockets

THREE SPRINGS — The Glendale girls basketball team lost to host Southern Huntingdon, 54-40, on Friday evening.

Morgan Biddle led the Lady Vikings, who fell to 10-6 overall, with 12 points.

Southern Huntingdon won the junior varsity contest, 32-28. Marissa Grega netted 13 for the Lady Vikings.

Glendale returns to the hardwood Monday, playing host to

Moshannon Valley.

Glendale—40

Matthews 4 0-0 9, Holes 2 0-0 4, McGarvey 3 0-0 6, Biddle 4 4-4 12, Tarr 3 0-0 7, Spangle 1 0-0 2, Gates 0 0-0 0. Totals: 17 4-4 40.

Southern Huntingdon—54

Booher 2 8-10 12, Bender 5 0-0 14, Beatty 6 2-4 15, Zwick 2 2-2 6, Leonard 1 2-2 5, Griffith 0 0-0 0, Goshorn 1 0-0 2. Totals: 17 14-18 54.

Three-pointers: Matthews, Tarr; Bender 4, Beatty, Leonard.

Score by Quarters

Glendale	12	8	6	14—40
Southern Huntingdon	19	7	9	19—54

Glendale girls ride full-court press to 49-17 win over Damsels

By Rich Murawski
Assistant Sports Editor

FLINTON — With his team leading, 6-4 late in the first quarter, but struggling a bit with the Moshannon Valley zone defense, Glendale girls basketball head coach John Matchock dialed up the full-court press.

His Lady Vikings responded in a big way.

Glendale forced 38 Damsel turnovers, including 14 in a dominating second quarter, on the way to a 49-17 win Monday evening at Donald R. Kitko Gymnasium.

The Lady Vikings led 8-4 after one, making just four of their 13 shots and losing the rebounding battle, 7-5.

But Glendale went on to outscore Mo Valley, 19-2, in the second quarter to build a, 27-6, halftime advantage. Glendale scored 10 fastbreak points off Damsel turnovers in the quarter.

"It took us a while to get going early on," Matchock said. "We were getting our shots, but they just weren't falling. And Mo Valley was packing the zone in and we were just getting one

shot and we were done.

"But then we started pressing, and we get a fair amount of turnovers off that. It just jump-started us, and we kept riding the momentum."

"We switched our defense, and I think we did a good job stopping Glendale when they were running their offense," said Mo Valley assistant coach Michelle Gardner, who was leading the squad due to an illness to head coach Van Cornish.

"But when they started pressing, our turnovers were where they were able to score a lot of their points. As soon as they started pressing, we just couldn't get the ball in and we kept making mistakes with our passing. We struggled with that."

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"But when they started pressing, our turnovers were where they were able to score a lot of their points. As soon as they started pressing, we just couldn't get the ball in and we kept making mistakes with our passing. We struggled with that."

Morgan Biddle paced Glendale in the first half, scoring 11 of her game-high 13 points. She was also a big reason the press was working so well for the Lady Vikings as she notched four of her six steals in the first half.

Glendale notched 23 steals as a team.

Mo Valley hit its first shot in the second half, getting a layup

from Kelsey Beirlair. And the Lady Vikings turned the ball over on their first two possessions.

But after the brief problems, Glendale once again amped up the defense with the press and ended the quarter on a 10-0 run.

"For some reason we've come out flat in the third quarter in most of the games this season," Matchock said. "Mo Valley got some momentum and got a nice start in the second half."

"I didn't really have to say anything to the girls ... we always tell them to play with the mentality that we're down by 10, even when we have a big lead. That usually gets them going."



Matthews

Indeed it did.

Glendale forced 11 more turnovers in the third period and took over on the glass. After a nearly even first half on the boards, the Lady Vikings ended with a 33-23 rebounding advantage.

"I'm trying to instill in the girls to play very good defense," Matchock said. "We want to be number one in the area in defense. We're close. We're trying to work on getting those steals and boxing out, and playing defense with our feet, not our hands."

"We got a lot of steals, and we really did a good job in the second half of limiting their shots. One of the things I told the girls at the beginning of the year is if we limit turnovers and win the rebounding battle, we're going to win games. I think we've only been outrebounded in one game this year, so that is starting to hold true."

Mo Valley went nearly 11 minutes in the second half without a point, finally breaking through with an Amanda Howe 3-pointer with four minutes to go in the game.

Howe scored five in the contest, while Maria Charney netted six points and grabbed six rebounds for Mo Valley, which dropped to 1-15 overall.

Biddle led Glendale with 13 points, nine rebounds, six steals and two blocked shots. Katelyn

Matthews netted 11, including seven in the fourth quarter, while adding eight boards, four steals and three assists.

Samantha Tarr added seven points, four steals and two assists and Kelli McGarvey netted six points, grabbed six rebounds, made four steals and dished out three assists as Glendale spread the wealth on the stat sheet.

"They play as a team," Matchock said. "That just shows it."



McGarvey

"None of the girls are selfish. If someone is open, they get the ball. No one is worried about getting the points, they would rather see us win. And that makes my job a lot easier."

Glendale led 49-8 in the fourth quarter, before the Damsels finished the game off with a 9-0 run.

Claire Harlow scored four points in the run. She also had five rebounds and three steals in the game.

"These girls have worked hard all year and they always give it their all," Gardner said. "They get frustrated at times, but they're a great group of girls and I'm definitely proud of them."

Glendale improved to 11-6 overall and remained undefeated in the Moshannon Valley League at 7-0.

Both teams return to action on Thursday.

The Damsels host Mount Union, while the Lady Vikings travel to Williamsburg.

Glendale won the jayvee game, 26-25.

Mo Valley—17

Neff 0 0 0 0, Charney 2 2 2 5, Beirlair 1 0 0 2, Harlow 1 2 3 4, S. Harris 0 0 0 0, B. Shawver 0 0 0 0, L. Harris 0 0 0 0, Howe 2 0 0 5. Totals: 6 4 5 17.

Glendale—49

Matthews 5 0 0 11, McGarvey 3 0 0 6, Biddle 5 3 4 13, Tarr 3 1 1 7, Holes 2 0 0 4, Spangle 2 1 1 5, Gates 1 1 2 3, Grega 0 0 0 0, Noel 0 0 0 0, Ross 0 0 0 0, Barnhart 0 0 0 0. Totals: 21 6 8 49.

Three-pointers: Howe, Matthews.

Score by Quarters

Moshannon Valley	4	2	2	9—17
Glendale	8	19	10	12—49

February 3, 2011: Glendale 50 at Williamsburg 48


Glendale beats Williamsburg

WILLIAMS-BURG — The Glendale girls basketball team opened Williamsburg, 50-48, on Thursday evening.

The Lady Vikings got a game-high 20 points from Morgan Biddle, who posted 10 rebounds as did teammate Kelli McGarvey.

Glendale (12-6) also got 13 points from Sara Tarr.

"This is only the third time Glendale has beaten Williamsburg," said Lady Viking head coach John Matchock. "This is the biggest win of my



Tarr

career."

Glendale is at Claysburg-Kimmel on Monday.

In jayvee action, Marissa Grega scored nine points for the Lady Vikings in a 47-17 setback.

Glendale—50

Matthews 2 5-9 9, Holes 1 0-0 3, McGarvey 0 3-4 3, Biddle 4 12-15 20, Tarr 3 6-6 13, Spangle 1 0-0 2, Gates 0 0-0 0. Totals: 11 26-34 50.

Williamsburg—48

Everhart 5 3-8 15, Barroner 1 0-1 3, Lynn 5 3-6 13, Edwards 0 2-3 2, White 2 0-0 4, Bookhammer 0 0-0 0, Detwiler 5 1-2 11, Stayduhar 0 0-0 0. Totals: 16 9-20 48.

Three-pointers: Holes, Tarr; Everhart 2, Barroner.

Score by Quarters

Glendale	13	13	9	15	50
Williamsburg	10	8	3	22	48

February 7, 2011: Glendale 36 at Claysburg 33

<p>Glendale 36</p> <p>Claysburg 33</p> <p>CLAYSBURG — Kelli McGarvey scored 14 points to help Glendale hold off Claysburg-Kimmel. Lydia Fleck's 12 points were tops for the Lady Bulldogs.</p>	<p>GLENDALE (36): Matthews 0 0-0 0, Holes 1 1-2 3, McGarvey 5 4-4 14, Biddle 3 1-3 8, Tarr 4 0-0 9, Spangle 1 0-0 2, Gates 0 0-0 0. Totals — 14 6-9 36.</p> <p>CLAYSBURG-KIMMEL (33): Brumbaugh 1 2-2 4, Burk 2 0-0 6, Fleck 4 1-4 12, Kulick 1 1-4 3, McDonald 2 2-2 6, Snyder 1 0-2 2. Totals — 11 6-14 33.</p> <p>SCORE BY QUARTERS</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 60%;">Glendale</td> <td style="width: 15%;">11</td> <td style="width: 15%;">10</td> <td style="width: 10%;">7</td> <td style="width: 10%;">8</td> <td style="width: 10%;">36</td> </tr> <tr> <td>Claysburg-Kimmel</td> <td>6</td> <td>2</td> <td>15</td> <td>10</td> <td>33</td> </tr> </table> <p>3-point goals: Glendale 2 (Biddle, Tarr), Claysburg-Kimmel 5 (Fleck 3, Burk 2).</p> <p>Records: Claysburg-Kimmel (9-9, ICC North 8-5), Glendale (13-6, ICC North 9-5),</p> <p>JV: Claysburg-Kimmel, 31-13. High scorers — Ickes, CK, 8; Kimberly, G, 5.</p>	Glendale	11	10	7	8	36	Claysburg-Kimmel	6	2	15	10	33
Glendale	11	10	7	8	36								
Claysburg-Kimmel	6	2	15	10	33								

February 10, 2011: Glendale 58 at Mt. Union 25

Biddle's 30 points lift Glendale past Mount Union

MOUNT UNION — The Glendale girls basketball team improved to 14-6 on the season with a 58-25 win at Mount Union on Thursday night.



Biddle

The Lady Vikings got a 30-point, 14-rebound effort from Morgan Biddle, while Kelly McGarvey chipped in with 10 points.

Glendale hosts Bellwood-Antis on Monday.

The Lady Trojans won the junior varsity game, 30-29. Marissa Grega scored 11 in the loss.

Glendale—58

Matthews 1 1-2 3, Holes 1 0-0 2, McGarvey 5 0-2 10, Biddle 12 6-8 30, Tarr 2 5-5 9, Spangle 0 2-4 2, Kimberly 0 0-0 0, Grega 0 0-0 0, Gates 1 0-0 2, Barnhart 0 0-0 0. Totals: 22 14-21 58.

Mount Union—25

Hale 1 0-0 2, Querry 0 0-0 0, Miner 1 3-4 5, Little 4 4-5 12, Torres 1 0-0 2, Guiliante 0 2-2 2, Drake 1 0-0 2, Foor 0 0-0 0, Kuklo 0 0-0 0, Lear 0 0-0 0. Totals: 8 9-11 25.

Score by Quarters

Glendale	12	16	15	15—58
Mount Union	6	6	7	8—25

February 14, 2011: Bellwood 50 at Glendale 58

Lady Vikings deny Bellwood

BY PHILIP CMOR

pcmor@altoonamirror.com

FLINTON — The Glendale High School girls basketball players had cupcakes before their Inter-County Conference North Division game with Bellwood-Antis on Monday night.

The Lady Vikings saved the real party for afterwards, though.

Glendale got 16 points apiece from its baseline tandem of Morgan Biddle and Kelli McGarvey en route to a 58-50 victory over the Lady Blue Devils at Kitko Memorial Gymnasium, probably denying Bellwood the division title in the process.

Guards Katelyn Matthews and Sara Tarr added 10 and nine points, respectively, as the Lady Vikings back-cut Bellwood to much success in upping their record to 15-6 overall and 11-5 in ICC North play.

For a Glendale team that lost to Bellwood by 39 points when they first met on Jan. 18, the outcome was sweet.

"It was awesome," said Biddle, who also had six rebounds, three assists and a pair of steals. "Whenever we came in, we were saying we were taking them out of the ICC [championship game]. We wanted Southern [Huntingdon] to win [the division], because this is one of our big rivalries, and it's a big win."

The Lady Vikings pulled it off by outscoring B-A by 20 (42-22) in the second and fourth quarters. That's when McGarvey scored all her points.

"I felt like I had to finish," McGarvey said. "Morgan and I have a good tag team. Morgan and I see each other great. We knew we had to finish."

The 5-foot-9 McGarvey also had 11 rebounds, tied Tarr for a team-high four assists, and, with the 5-10 Biddle, got Lady Blue Devil forwards Sam Damiano and Amanda Grannas into foul trouble early.

Bellwood slipped to 17-4 overall and 15-3 in the division. A Lady Blue Devil win would have clinched the

ICC North title, but the loss combined with Southern Huntingdon's win over Claysburg-Kimmel on Monday gave the Lady Rockets a half-game division lead. Bellwood owns the tiebreaker, but Southern is unlikely to lose Thursday at West Branch.

In addition to Damiano and Grannas' foul issues, the Lady Devils were playing without Ellen Crook, who was lost for the season with a knee injury last week against Williamsburg. Minus Crook, Bellwood didn't try to press, but B-A coach Jim Swaney didn't use her absence as an excuse.

"They played a nice game. They played very well, and they deserved to win," Swaney said. "They outplayed us. We were ready. We were prepared. We got outcoached. We got outworked."

Despite the lopsided earlier meeting, the Glendale players seemed very relaxed before the game.

"We were having a 'Pink Out,' and we were all excited. We knew we were going to have a big crowd. We all listened to music before the game. We were having fun. We were eating cupcakes," McGarvey said. "It must have been magic."

Glendale had several opportunities to fold. Bellwood was ahead five by the end of the first quarter, but the Lady Vikings took a 29-23 lead into the half when Cassie Spangle nailed a 3-pointer in the last 6 seconds. Damiano scored six in the third quarter to give the Lady Devils a 38-33 advantage late in the third. However, Hillary Holes beat the buzzer with a long jumper to cut it to a point.

Biddle and Matthews opened the fourth quarter with buckets, and Glendale never trailed again. Since losing to Bellwood, the Lady Vikings are 7-1, including a confidence-building win over Williamsburg.

"Williamsburg is one of the premier teams in the ICC, in the entire area. To beat a team like that shows you can compete with anybody," Glendale coach John Matchock said. "The girls just came out and played a heck of a game. I'm very proud of them."

"If something bad happened, we didn't give up,"

Biddle said. "Our mentality all year is if we're down 10, we have to score 11. If we're down 12, we have to score 13. No giving up at all.

"We feel like we just won states. It's awesome. It was such a tough game, too."

Game notes: Glendale concludes the regular season at home Wednesday against Harmony. Bellwood will try to bounce back Thursday at Bishop Guilfoyle Catholic. ... All three of Bellwood's division losses have come on the road. ... Glendale shot 46.8 percent from the floor compared to 28.1 percent for the Lady Devils. Bellwood was 7-for-17 from 3-point range. ... Glendale won the battle on the boards, 40-37, but B-A had seven fewer turnovers, 24-17.

BELLWOOD-ANTIS (50): Swogger 3 2-4 9, Collier 2 0-0 6, Leamer 6 4-4 19, Grannas 2 1-2 6, Damiano 4 0-0 8, Krepps 0 0-0 0, Hanwell 1 0-0 2. Totals — 18 7-10 50.

GLENDALE (58): Tarr 3 2-7 9, Matthews 5 0-0 10, Holes 1 0-0 2, McGarvey 7 2-4 16, Biddle 4 8-9 16, Spangle 2 0-0 5, Gates 0 0-0 0. Totals — 22 13-20 58.

SCORE BY QUARTERS

Bellwood-Antis 13 10 15 12—50
Glendale 8 21 8 21—58

3-point goals: Bellwood-Antis 7 (Leamer 3, Grannas, Swogger, Collier 2); Glendale 2 (Tarr, Spangle).

Officials: Richard Bishop, Jim Brennan, Stephen Stessney.

Records: Bellwood-Antis (17-4; 15-3 ICC North); Glendale (15-6; 11-5 ICC North).

JV: Bellwood-Antis, 34-20. High scorers — Lindsay Mercer, BA, 12; Angel Ross, G, 9.

February 16, 2011: Harmony 24 at Glendale 68

Biddle scores 1,000th point as Glendale downs Harmony

By Jon Christoff
Sports Writer

FLINTON — Senior Night is always special for those recognized.

For Glendale girls basketball player Morgan Biddle and her three classmates, their Senior Night is something they'll never forget.

Biddle led the Lady Vikings in a 68-24 win over flu-riddled Harmony on Wednesday night, as she poured in a career-high 45 points and hit the 1,000 point plateau in the process, while her teammates played an integral role in getting her the ball in the post often times passing up good shots of their own.

Aside from the Lady Owls' Makenzie Kruse, who finished with 12 points, no other player reached double figures.

"Morgan would be the first girl to tell you that she couldn't do it without her teammates," said Glendale head coach John Matchock. "It shows you what kind of team we have that the girls were more concerned with her getting her 1,000th point

than they were with scoring themselves.

"It makes my job easier to coach girls like this. They are special."

The Lady Vikings' focus was evident from the onset, as Biddle attempted 12 shots in the first quarter but only had 10 points to show for it after missing on eight attempts.

Biddle regained her composure in the final three quarters, though, as she knocked down 11 of her last 19 to get within striking distance of the 1,000-point mark.

With the Glendale faithful counting point for point, Biddle strolled to the line for two shots at the 45.4 mark of the fourth quarter.

Biddle calmly knocked down the first attempt to record her 45th point and hit the mark, which swept everyone into the moment — including Harmony.

The Lady Owls handed the ball to the referee after Biddle missed the second shot, and she ran into the stands to hug family members to celebrate the



Submitted Photo

Glendale girls basketball player Morgan Biddle poses with head coach John Matchock after reaching the 1,000-point mark for her career in Wednesday's game with Harmony. Biddle scored 45 points to hit the number, as the Lady Vikings earned a 68-24 win.

moment.

"We wanted to get her the 1,000th point at home," said Matchock, "because it'd be a good sendoff for her and her teammates. Sometimes we forced the ball in to her too much, but I'm happy for her. She has worked hard over the years, and it's showing right now.

"You could tell she was nervous about getting it, but she hung in there and started playing well as the game went along. She let the game come to her, and she was able to get her points."

As for the game itself, the Lady Vikings had poured in 40 points before the Lady Owls made their first shot from the floor.

Glendale scored 40 of the game's first 41 points before a pair of foul shots from Kruse and a bucket from Brianna Beck made it 40-5 at halftime.

"We were handicapped going in," Harmony head coach Ralph Butterworth said. "We had girls with the flu all week ... but we

finished strong (late in the season) and I'm proud of them.

"I wish them luck in the playoffs. I hope they go a long way. I just wished we could have been a little more competitive for them ... maybe next year."

The Lady Vikings (16-6) are off until they will tangle with Conemaugh Valley in the District 6 Class A Quarterfinals on a day, site and time to be determined.

Harmony concluded its season at 6-16.

Harmony—24

McDonald 2 0-0 4, Royer 1 0-0 2, McConnell 0 0-0 0, Welteroth 0 0-0 0, Beck 1 0-0 2, Kruse 3 5-9 12, Westover 1 2-4 4, Beltowski 0 0-0 0, Woodley 0 0-0 0. Totals: 8 7-13 24.

Glendale—68

Biddle 15 14-18 45, Holes 2 0-0 4, Tarr 1 0-0 2, Gates 1 1-2 3, McGarvey 3 0-0 6, Spangle 1 0-0 2, Matthews 0 2-2 2, Ross 1 0-0 2, Noel 0 0-0 0, Potter 1 0-0 2, Reed 0 0-0 0, Barnhart 0 0-0 0. Totals: 25 17-22 68.

Three-pointers: Kruse; Biddle.

Score by Quarters

Harmony	1	4	8	11—24
Glendale	20	20	14	14—68

February 25, 2011: Glendale 48 vs Conemaugh Valley 64 (D6 Playoffs)

Glendale falls in D-6 quarters to Conemaugh Valley, 64-48

By Jon Christoff
Sports Writer

EBENSBURG — "It's not how you start, but how you finish" is a popular sports cliché.

To get an idea of how the Glendale girls basketball team fared in the District 6 Class A quarterfinals, all you needed to do was look at how the Lady Vikings started to know that their season is finished.

Conemaugh Valley jumped out to a comfortable 30-12 advantage with 2:55 left in the first half at Central Cambria High School on Thursday, and put things away with a decisive 18-4 run in the final seconds of the third and early minutes of the fourth.

The Lady Blue Jays (18-5) advanced to the semifinals with a 64-48 win.

The loss ended Glendale's season at 16-7.

"I give credit to our girls," said Glendale head coach John Matchock. "They didn't give up. We got down early and they could have said, 'hey, it isn't our night,' but they hung in there. If a couple of

our shots early would have fell, it could have been a different story.

"We haven't been in the playoffs in awhile, and I think jitters had something to do with it. Hopefully next year, with the kids we have here, we can use that experience and not be so nervous."

The Lady Vikings overcame the sluggish start by finishing the opening half with an 8-0 run. The momentum carried into the third, where a Sara Tarr 3-pointer drew Glendale to within seven with 50 seconds remaining.

From there, the Lady Vikings came apart at the seams.

Conemaugh Valley's offense, which featured five players with at least eight points, benefited from Glendale turnovers, and went on the decisive run that signified the end of the Lady Vikings' season.

"When Tarr hit that 3," Matchock said, "the girls were all pumped up again. Once you get that momentum, you try to keep it. You have to give credit to Conemaugh Valley ... they bounced back and there was nothing we could do."

The Lady Jays had the hot hand in the early going, while Glendale struggled.

Conemaugh Valley made eight of its 17 attempts and dominated the glass early to get a jump on the Lady Vikings, who hadn't played in eight days.

The Lady Jays outrebounded Glendale in the first half, 23-15.

"Nothing was falling in the first half," said Matchock. "We were getting our shots, but I told them at halftime that they just weren't falling."

"The most important thing I stressed to them before the game was we have to box out. They wanted the ball, and the game came down to that."

"They kept getting two, three or four opportunities and we couldn't stop them. That was probably the key to the game."

A Tarr foul shot got the ball rolling on the 8-0 run, while Morgan Biddle contributed five points — including a 3-pointer with two seconds left in the half.

Biddle led all scorers with 18 points, while Tarr and Kelli McGarvey each added nine.

"The girls were all pumped up going into the locker room," Matchock said.

"Biddle hit that big 3 at the end there to get us some momentum, but both teams had a period in the third where neither scored. I wish we could have capitalized more (but) we were down 10 the entire time."

The Lady Jays' Abby Menett battled Biddle in the post and finished the night with a team-high 16 points, while Jamie Cekada added 14.

Conemaugh Valley will play the winner of tonight's battle between Bishop Guilfoyle — the defending Class A state champions — and Portage.

The loss signified the end of the careers of four Glendale seniors in Tarr, Biddle, Hillary Holes and Megan Gates.

"We had a good season — the

best season I've ever had here," said Matchock, who just finished his ninth season at the Lady Vikings' helm.

"We beat Williamsburg for the first time since I've been coaching — the third time in school history — and we beat Bellwood-Antis, which knocked them out of the (Inter-County Conference championship game)."

"They were a good group. They were very coachable girls. I told them if they don't quit in life like they didn't in this basketball game, then things are going to be okay for them."

Glendale—48

Matthews 13-6-5, Holes 0-1-2-1, McGarvey 4-1-3-9, Biddle 6-5-5-18, Tarr 3-1-4-9, Spangle 2-2-2-6, Gates 0-0-1-0. Totals: 16-13-23-48.

Conemaugh Valley—64

Menett 9-0-3-16, McCalley 4-0-2-6, Cekada 6-0-0-14, Ledwich 2-0-0-4, Gruss 1-2-3-4, Verno 4-0-0-8, Percinsky 3-3-3-9, Pollino 0-1-2-1, Smith 0-0-0-0, Feist 0-0-0-0, Glass 0-0-0-0. Totals: 28-6-13-64.

Three-pointers: Tarr 2, Biddle, Cekada 2.

Score by Quarters

Glendale	8	12	12	16—48
Conemaugh Valley	17	13	13	21—64

2010-11 Progressland Girls Basketball All-Stars



Morgan Biddle
Glendale
Player of the Year

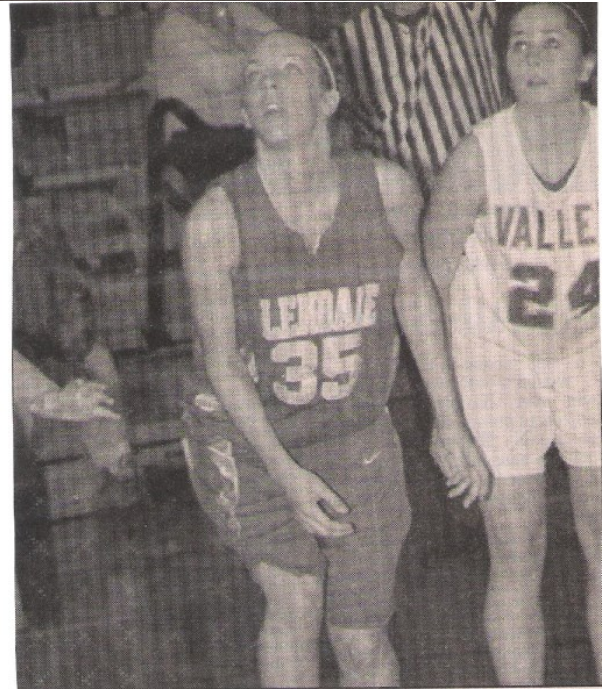
Player of the Year: Morgan Biddle, Sr., Glendale: Biddle is the first Progressland Player of the Year not named Alyson Leyo, as the Glendale senior becomes the first player since 2006-07 (Curwensville's Danielle Struble) to win the award.

As smooth a player as Progressland has seen the last couple of seasons, Biddle's versatility showed on both ends of the court. Biddle knocked down nearly 50 percent of her shots for the season, and averaged a Progressland-best 18.8 points per contest.

The Lady Viking forward added 59 blocks, 211 rebounds and 84 steals.

Biddle was held to single digits just twice this season, as she reached the 1,000-point plateau with a school-record 45 points against Harmony.

Biddle also had a pair of 30-point games to her credit in wins against West Branch and Mount Union, while she also netted 20 points on seven other occasions.



Glendale's Morgan Biddle
2010-11 Player of the Year

Glendale's Morgan Biddle named Player of the Year;

Lady Vikings' John Matchock tabbed as Coach of the Year

Coach of the Year: John Matchock, Glendale: The Lady Vikings were the lone squad with a winning record to move into the postseason, which makes

Matchock the obvious choice for Coach of the Year.

The ninth year Glendale leader also had one of his best seasons on the bench, as his team cruised to 16 wins and defeated perennial powers Bellwood-Antis and Williamsburg.

The win over the Lady Pirates was just the third in school history.

The Lady Vikings also went undefeated in the Moshannon Valley League — their first title since 2006.

Glendale was among the area's leaders in all statistical categories, as the Lady Vikings were tops in points per game (49.7) and free throw percentage (66.6), and were second in scoring defense (41.6).



Glendale's John Matchock
2010-11 Coach of the Year

By Jon Christoff
Sports Writer

Another year has come and gone on the Progressland hardwood, and it's time to dish out the annual awards.

This season may not have gone to plan for most, but the nine local teams each had varying degrees of success.

The Glendale girls basketball team posted a 16-7 record to lead all local schools, while advancing to the postseason for the first time in five seasons.

Philipsburg-Osceola followed suit by entering the District 6 playoffs, but bowed out in the first round like the Lady Vikings.

Glendale and Clearfield Alliance were the lone schools to post winning marks, while Harmony and West Branch were the only other teams with more than five wins — registering six and eight, respectively.

Clearfield experienced some bumps in its inaugural Mountain League season, and Curwensville improved upon last year's three-win total.

Moshannon Valley battled injuries and illness throughout most of the season, but ended with three wins to its credit, while Purchase Line got off to a hot start before dropping its final 16 games.

For her efforts, Glendale's Morgan Biddle has been tabbed the Progressland Player of the Year, while coach John Matchock walked away with the Coach of the Year honors.

Joining Biddle on the first team are Clearfield's Breanna Peters, Harmony's Makenzie Kruike, Philipsburg-Osceola's

Mackenzie Wilson, Purchase Line's Karli Rorabaugh and West Branch's Bethany Kopchik.

2010-11 Girls Basketball Honor Roll

First Team		
Morgan Biddle.....	Glendale.....	Senior
Bethany Kopchik.....	West Branch.....	Senior
Makenzie Kruike.....	Harmony.....	Senior
Breanna Peters.....	Clearfield.....	Sophomore
Karli Rorabaugh.....	Purchase Line.....	Sophomore
Mackenzie Wilson.....	Philipsburg-Osceola.....	Senior
Second Team		
MeLeshia Ahlberg.....	West Branch.....	Sophomore
Cassie Brocius.....	Purchase Line.....	Junior
Dakota Farmery.....	Clearfield.....	Sophomore
Kelli McGarvey.....	Glendale.....	Junior
Chelsea Rex.....	Philipsburg-Osceola.....	Senior
Sara Tarr.....	Glendale.....	Senior
Honorable Mention		
Taylor Bumbarger.....	Curwensville.....	Senior
Maria Charney.....	Moshannon Valley.....	Senior
Janene Couteret.....	West Branch.....	Sophomore
Akasha Goins.....	Clearfield Alliance.....	Junior
Claire Harlow.....	Moshannon Valley.....	Senior
Hillary Holes.....	Glendale.....	Senior
Mindy Kolesar.....	West Branch.....	Junior
Katelyn Matthews.....	Glendale.....	Sophomore
Ashley McDonald.....	Harmony.....	Senior
Lauren Simcox.....	Philipsburg-Osceola.....	Junior
Savannah Strickland.....	Curwensville.....	Junior
Alyssa Wharton.....	Clearfield Alliance.....	Sophomore
Mo Witters.....	Philipsburg-Osceola.....	Senior
Player of the Year		
Morgan Biddle, Glendale		
Coach of the Year		
John Matchock, Glendale		

Glendale represented on MVL all-star team

The Glendale High School boys and girls basketball teams each placed two players on the Moshannon Valley League all-star team that was announced recently.

Glendale's Morgan Biddle and Kelli McGarvey were picked to the team along with Moshannon Valley's Maria Charney, West Branch's Bethany Kopchick and Harmony's Mackenzie Kruike.

Honorable mention picks were Glendale's Sara Tarr, Mo Valley's Claire Harlow, Curwensville's Katrina Seaburn and Savannah Strickland and West Branch's Mindy Kolesar and Roni Crowell.

2010-11 Girls Basketball Final Statistics

INDIVIDUAL Scoring					
Player	FG	FTM	3s	Pts.	Avg.
Biddle, G	147	134	5	433	18.8
Kruike, H	110	100	25	345	15.7
Brocius, PL	114	59	20	307	14.0
Farmery, CL	88	20	0	196	13.1
Rorabaugh, PL	101	51	1	254	11.5
Peters, CL	85	55	2	227	10.8
Goins, CACS	99	16	0	214	10.7
Kopchik, WB	78	51	1	208	10.4
Rex, PO	76	71	16	239	10.4
Simcox, PO	76	56	29	237	10.3
Wharton, CACS	89	17	7	202	10.1

Free Throw Percentage (45 FTA minimum)			
Player	FTM	FTA	FT%
Biddle, G	134	170	78.8
Peters, CL	55	81	67.9
Rex, PO	71	110	64.5
Tarr, G	34	53	64.2
Simcox, PO	56	88	63.6
Kopchik, WB	51	84	60.7
MK. Ahlberg, WB	27	45	60.0
Matthews, G	31	53	58.4
Charney, MV	26	46	56.5
M. Kolesar, WB	30	54	55.6

Rebounds Per Game (15 GP minimum)			
Player	GP	Rebs	Avg.
Farmery, CL	15	210	14.0
Goins, CACS	20	272	13.6
Wharton, CACS	20	213	10.7
McGarvey, G	23	217	9.4
Kopchik, WB	20	186	9.3
Biddle, G	23	211	9.2
Peters, CL	21	193	9.2
Caldwell, CACS	20	174	8.7
Seaburn, CU	22	186	8.5
Rorabaugh, PL	22	184	8.4

Three-Pointers Per Game (15 GP minimum)			
Player	GP	3s	Avg.
Crowell, WB	15	22	1.5
Simcox, PO	23	29	1.3
Witters, PO	23	31	1.3
ML Ahlberg, WB	21	25	1.2
Neff, MV	20	23	1.2
Kruike, H	22	25	1.1
Ta. Bumbarger, CU	22	22	1.0
Brocius, PL	22	20	0.9
Tarr, G	23	18	0.8
Ambuski, CL	22	15	0.7
Rex, PO	23	16	0.7

TEAM STATISTICS Scoring Offense			
Team	GP	Pts.	Avg.
Glendale	23	1143	49.7
P-O	23	1012	44.0
CACS	20	865	43.3
Clearfield	22	951	43.2
West Branch	22	950	43.2
Purchase Line	22	798	36.3
Curwensville	22	777	35.3
Harmony	22	767	34.9
Mo Valley	22	633	28.8

Scoring Defense			
Team	GP	Pts.	Avg.
CACS	20	574	28.7
Glendale	23	957	41.6
West Branch	22	987	44.9
Curwensville	22	1115	50.7
Mo Valley	22	1122	51.0
Harmony	22	1128	51.3
Purchase Line	22	1135	51.6
P-O	23	1191	51.8
Clearfield	22	1281	58.2

Free Throw Percentage			
Team	FTM	FTA	FT%
Glendale	263	395	66.6
P-O	238	389	61.2
Clearfield	114	198	57.6
West Branch	178	330	53.9
Harmony	175	364	48.1
Curwensville	142	324	43.8
Purchase Line	143	341	41.9
CACS	78	200	39.0
Mo Valley	111	287	38.7

Three-Pointers Per Game			
Team	GP	3s	Avg.
P-O	23	88	3.8
West Branch	22	58	2.6
Clearfield	22	47	2.1
Curwensville	22	37	1.7
Harmony	22	38	1.7
Glendale	23	36	1.6
Mo Valley	22	36	1.6
Purchase Line	22	31	1.4
CACS	20	21	1.1

Players	Points	Three's
Morgan Biddle	433	5
Kelli McGarvey	208	0
Sara Tarr	180	18
Katelyn Matthews	123	2
Hillary Holes	87	1
Cassie Spangle	83	6
Meagan Gates	13	0
Marissa Grega	12	2
Caitlin Kimbery	6	2
Angel Ross	4	0
Paige Potter	2	0
Cassidy Noel	1	0
Total	1152	36