

2008-2009 Season



Row 1 (L to R): Cassie Spangle, Brooke Wilson, Avril Gedman, Michele Gates **Row 2:** Kelli McGarvey, Morgan Biddle, Annette Gingerich, Brooke Legrand, Brooke Reese **Row 3:** Coach Matchock, Samantha Noel, Megan Gates, Sara Tarr, Hillary Holes, Coach O'shell

Glendale girls basketball hoping to improve this season

By Jaclyn Yingling
Sports Editor

FLINTON — The Glendale girls basketball team returns seven letterwinners this season, including its leading scorer, from the team that went 6-18 in 2007.

The Lady Vikings hope to better that mark this season, but will have to compete in the always-tough Juniata Valley League and Moshannon Valley League.

"We have some decent experience coming back," said Glendale head coach John Matchock. "We have our leading scorer back and we have our starting point guard back from last year.

"Hopefully, the older girls can help the younger girls so that they can come in and contribute if they need to."

The roster features four seniors in Brianna Dick, Michele Gates, Samantha Noel and Whitney Strong.

Noel led the team in scoring last year, averaging 10.8 points per game. She was also the team's main three-point threat,

downing 53 treys last season.

"It's nice to have Samantha back," said Matchock. "She has a good outside shot and we can count on her to help get our offense going, especially when she is on with her three-point shot."

Dick averaged 3.5 points per game, while Strong averaged 3.4.

Brooke Legrand, the team's returning point guard, also returns after averaging 4.3 points per game last year.

"Brooke did a nice job for us last year at point guard," Matchock said. "I think she has a lot of potential at the position and she does a good job running the offense."

The two other returning letterwinners, sophomores Morgan Biddle and Sara Tarr, will help give the Lady Vikings some size again this year along with Noel.

"Biddle came on at the end of the year last year," Matchock said. "She definitely gives us some size, as does Sara Tarr, who is also quick. Samantha had a lot of rebounds for us last year, so we have some size."



Photo by Jim Butler

Lady Vikings letterwinners — The Glendale girls basketball team returns seven letterwinners to its 2008-09 squad. In front, from left, are Sara Tarr, Michele Gates and Brooke Legrand. In back are Brianna Dick, Whitney Strong, Morgan Biddle and Samantha Noel.

Biddle averaged 5.0 points per game last season, while Tarr averaged 1.2.

While there are seven returning letterwinners, Matchock is still up in the air about a set starting lineup.

"We are just going to take things one game at a time," he said. "Right now, we have two people who are injured, so we are just going to have to take it game-by-game.

"I don't know who is starting right now. There isn't a clear leader on this team yet, so I am looking for someone to step up and kind of take charge."

Glendale has also brought up two freshmen in Kelli McGarvey and Cassie Spangle to help give some depth to the team.

"They definitely could see some time," Matchock said of his two ninth graders. "At this point, I'm just trying to find the group that meshes best together. They both have the potential to fit in to our scheme."

The Lady Vikings open up their season on Dec. 9 at West Branch in a Moshannon Valley League contest.

Roster

Seniors
*Brianna Dick, *Michele Gates,
*Samantha Noel, *Whitney Strong.

Juniors

*Brooke Legrand.

Sophomores

*Morgan Biddle, Megan Gates, Annette Gingerich, Hillary Holes, *Sara Tarr, Brooke Wilson.

Freshmen

Kelli McGarvey, Cassie Spangle.
*Denotes returning letterwinners.

Schedule

December

9—at West Branch; 11—Bellwood-Antis;
16—at Claysburg-Kimmel; 17—
Curwensville; 19—Mount Union; 22—at
Southern Huntingdon. 29-30—at
Williamsburg Christmas Tournament, TBA.

January

2—at Moshannon Valley; 6—Williamsburg;
9—Juniata Valley; 12—at Harmony; 14—West
Branch; 16—at Bellwood-Antis; 19—
Claysburg-Kimmel; 21—at Mount Union; 27—
Southern Huntingdon; 29—Moshannon Valley.

February

2—at Williamsburg; 5—at Juniata Valley;
9—Harmony; 12—at Curwensville.

All games begin at 7:30 p.m. unless noted.

December 9, 2008: Glendale 42 at West Branch 67

By Jon Christoff
Sports Writer

ALLPORT — After losing four starters, including the schools all-time leading scorer, West Branch girls basketball coach Doug Myers wasn't sure what to expect in his squad's season opener against Glendale.

The Lady Warriors and Lady Vikings battled through the first quarter, but a stretch of 4-minutes, 55-seconds determined the outcome.

West Branch led 11-6 after the opening stanza, but opened a double-digit lead it wouldn't relinquish in the second quarter, en route to a decisive 67-42 win in Allport.

"I think, coming into the first game, we were just not sure what to expect," said Myers. "We had two or three turnovers right away, and we knew the kids were going to be nervous. We had four kids that didn't start and we just knew that was going to happen.

"Once we settled down, relaxed

a little bit and got our feet under us, that's when we started to change things. You could just tell as the game went on that we were going to relax and play."

The Lady Warriors opened the second quarter with a 13-0 run before Glendale's Brooke Wilson canned a foul shot with 2:33 left in the half.

The Lady Vikings had several opportunities to get on the scoreboard, but couldn't get a shot to fall. Glendale finished the quarter just 2-of-23 from the field.

"I know it's the first game," Glendale head coach John Matchock said, "but we were making mistakes we shouldn't be making. We were forcing passes, we were missing a lot of layups underneath, and you can't do that and expect to win.

"When we got down there it just seemed like we stopped playing. We can't do that. We've got to keep playing because we still have another half of basket-

ball left. We came out in the second half and played a lot better than we did in the first half, but we did the same thing last year and the year before — you dig yourself a hole and it's hard to come out of it."

West Branch's attack featured three players that reached double figures in the contest, and the trio was largely responsible for the decisive second quarter.

Victoria Jarrett paced the Lady Warriors with seven of her 14 points in the second, while Rebecca Kephart and Roni Crowell each added four.

Kephart led all scorers with 22 points, in addition to 14 rebounds, and Crowell finished with 17.

"The scoring was everybody," said Myers. "We just shared the basketball and that's important for kids this age to understand that everybody needs to be involved.

"I would evaluate (Jarrett), for her first varsity start, as outstanding. She took the ball to the basket, was getting some fouls, dishing it off to the open person ... just how she handled that situation in her first game was tremendous, in my opinion."

West Branch outscored Glendale 20-5 in the quarter and held a 31-11 lead at halftime, and expanded upon it in the third.

Crowell drained two of her three three-pointers, while Kephart added six more.

While the Lady Warriors were scoring at will, the Lady Vikings still couldn't buy a bucket.

Glendale made five shots in the third on 5-of-21 shooting, but still had a large deficit heading into the fourth.

"We knew what defense they were going to play, and I told the girls that they needed to move the ball around," Matchock said. "If you hold the ball, the defense sets itself again. We needed quick passes, smart passes, the defense keeps moving, and eventually you'll find you're holes. We just didn't do that.

"We held the ball, forced passes and we had too many

turnovers. When we did get a shot, it was one shot and out. We did not box out on offense, we didn't box out on defense and if you do those things, you're not going to win."

The Lady Vikings outscored West Branch 20-16 in the fourth,

paced by 12 of Brooke Legrand's team-high 17 points, while Kephart finished strong for the Lady Warriors.

Kephart scored eight points in the final quarter.

"She comes up big," said Myers of Kephart. "She works so

hard at practice ... and she's smart enough to know that once everybody is involved, the easier it is for her — they can't double team her, they can't box-and-one her — because the other kids can score, too. She realizes how important that is."

West Branch (1-0) entertains Moshannon Valley League rival Harmony on Thursday, while Glendale (0-1) hosts Bellwood-Antis.

In junior varsity action, the Lady Vikings prevailed, 39-21. Wilson led all scorers with 18 points in the win.

Glendale—42

Tarr 1 0-0 2, Legrand 7 2-3 17, Dick 2 0-2 4, Strong 3 1-4 7, Noel 1 0-0 2, Wilson 1 1-2 4, Mi. Gates 0 0-0 0, McGarvey 2 1-2 5, Spangle 0 0-0 0, Me. Gates 0 1-2 1, Holes 0 0-0 0, Gingerich 0 0-0 0. Totals: 17 6-15 42.

West Branch—67

Jarrett 5 4-9 14, Crowell 6 2-4 17, Kopchik 3 1-2 7, Larson 3 0-0 6, Kephart 10 2-5 22, Kolesar 0 0-0 0, Miller 0 0-0 0, Ahlberg 0 1-2 1, Trude 0 0-0 0, Ceprish 0 0-0 0, Kristofits 0 0-0 0. Totals: 27 10-22 67.

Three-pointers: Legrand, Wilson; Crowell 3.

Score by Quarters

Glendale	6	5	11	20—42
West Branch	11	20	20	16—67

December 11, 2008: Bellwood 41 at Glendale 43

Last second three sends Glendale girls to victory

ALLPORT — The Glendale girls basketball team picked up its first win of the season on Thursday, as a big fourth quarter and a shot in the closing moments gave the Lady Vikings a 43-41 victory over Bellwood-Antis.

Brooke Legrand drained a 3-pointer with six seconds left to play to put her team on top, and finished with seven points. Sara Tarr led Glendale with 14 points on the night.

The Lady Vikings are now 1-1 on the young season and travel to Claysburg-Kimmel on Tuesday.

In junior varsity action, Glendale fell to the Lady Blue Devils in double overtime, 44-41. Cassie Spangle paced Glendale with 10 points.

Bellwood-Antis—41

Lombardo 0 0-0 0, Grannas 2 0-2 4, Lechner 1 0-1 3, Erickson 3 7-9 13, Damiano 2 1-2 5, Jones 1 0-0 2, Cherry 2 0-0 4, Hippo 4 2-5 10. Total: 15 10-19 41.

Glendale—43

Biddle 0 4-10 4, Dick 1 0-0 2, Mr. Gates 0 0-0 0, Legrand 2 1-2 7, McGarvey 2 0-0 4, Noel 1 4-7 6, Strong 3 0-0 6, Tarr 3 7-7 14, Wilson 0 0-0 0. Total: 12 16-26 43.

Three-pointers: Lechner; Legrand 2, Tarr.

Score by Quarters

Bellwood-Antis	14	7	7	13—41
Glendale	6	8	8	21—43

December 11, 2008: Bellwood 41 at Glendale 43

Glendale beats Claysburg

CLAYSBURG — The Glendale girls basketball team picked up a 45-39 win over Claysburg-Kimmel on Tuesday night.

Brooke Legrand led the Lady Vikings (2-1) with 13 points, while Sara Tarr chipped in with eight.

Glendale returns to action this evening when it hosts Curwensville.

The Lady Bulldogs won the junior varsity game, 33-20. Kelli



Legrand

McGarvey led Glendale (1-2) with nine points.

Glendale—45

Biddle 2 2-5 6, Dick 3 0-0 7, Mr. Gates 0 0-0 0, Legrand 4 2-4 13, McGarvey 1 0-1 2, Noel 1 2-2 5, Strong 1 2-4 4, Tarr 2 3-4 8, Wilson 0 0-0 0. Totals: 14 11-20 45.

Claysburg-Kimmel—39

Gerheim 1 1-2 3, Swope 0 2-5 2, Sybert 4 2-5 10, McDonald 4 1-4 10, Claar 5 2-6 14, Fleck 0 0-0 0, Harten 0 0-0 0, Williams 0 0-2 0. Totals: 14 8-24 39.

Three-pointers: Legrand 3, Dick, Noel, Tarr; Claar 2, McDonald.

Score by Quarters

Glendale	11	4	14	16—45
Claysburg	2	10	18	9—39

December 17, 2008: Curwensville 42 at Glendale 44

Glendale rallies to down Curwensville

By Jon Christoff
Sports Writer

FLINTON — After easily defeating the Curwensville girls basketball team twice last season, Glendale found out Wednesday night that this year's Lady Tide team was vastly improved.

The Lady Vikings won both meetings a year ago by 27 and 37 points, respectively, but Curwensville gained the upper hand early before ultimately succumbing in the final quarter.

Glendale went to the foul line 22 times in the second half, knocked down a big pair of 3-pointers — despite shooting a poor percentage from behind the arc — and fended off a last-second attempt by the Lady Tide to tie the game to pick up a hard-fought 44-42 win.

"I told the girls before the game started that Curwensville is a much-improved team," said Glendale head coach John Matchock, "and that we couldn't take them lightly. I took a timeout (in the second quarter) and told them, 'you guys have to get your heads on because they're here to play,' and, luckily, in the second half we played a lot better."

The Lady Vikings entered the fourth quarter just 2-of-17 from three-point range, but a pair of trifectas answered Curwensville's first 3-pointer of the season to give the home team its first lead of the game at 38-37 with 5:46 to play.

Glendale extended its lead to five with 1:01 to play on a pair of

foul shots from Kelli McGarvey, but Hannah Walls got them right back eight seconds later after

driving to the basket.

The Lady Tide drew closer with a steal from Tess Bloom, who found a cutting Taylor Bumbarger for a layup to make it a one-point game with 33 seconds to play.

Glendale threw away a pass on the ensuing possession to give Curwensville the ball with 20 ticks on the clock, but Lady Viking sophomore Sara Tarr came up with one of her three steals to thwart the opportunity.

Tarr connected on the front end of a 1-and-1, but Bumbarger was there to haul in the rebound to give the Lady Tide one last shot.

Curwensville coach Vic Gearhart called a timeout to set up the potential game-tying shot, but it wasn't to be.

"We had a chance at the end, and that's all we are asking for," Gearhart said. "The girls played a basketball game tonight. ... We're not going to be upset with the effort because it was certainly better than the first two games, and it was the best effort the kids have had in a long, long time.

"They did a lot of good things at the end, but at the very end we set up a play during a timeout and we don't go out and execute. Those are the things we have to start doing. We can't get into that situation and not produce."

Even though the Lady Tide didn't produce at the end, they were making the easy shots early and often.

Curwensville built up an 18-8 lead early in the second quarter, as Bumbarger finished the first half with eight of her team-high 12 points.

The Lady Vikings, who trailed 23-13 with 3:08 left in the half, gained some momentum heading into the locker room, however, as Tarr and Morgan Biddle each chipped in with buckets to narrow the gap to six.

Curwensville responded throughout much of the third quarter, but once again the Lady Vikings finished strong.

Brooke Legrand hit the first of her two 3-pointers, and Biddle and McGarvey chipped in with a pair of foul shots to whittle the lead down to two heading into the fourth quarter.

Glendale finished the half 14-of-22 from the line and 16-of-29 in all to effectively take control of the momentum.

"We don't have too many forwards, and (Curwensville) was getting into foul trouble," Matchock said, "so at halftime we decided to pound the ball inside and get them into foul trouble.

"We got the ball inside and we got fouled, and, luckily, we made our foul shots. In the second half, our foul shooting came to life and put them away when we needed to."

Bloom fouled out in the waning seconds of the game for the Lady Tide, while two other players each recorded their fourth foul.

"It was a little one-sided as far as the foul shooting went ... but we let them have those opportunities," said Gearhart. "We gave up weak-side rebounding, and that's what we talked about after the game — the game was ours. We were in it and we had the chance at the end.

"It was a good ballgame. Glendale came back and gave it a good effort. That team (handed)

us twice last year, so to come up here and play a competitive game with a chance to win at the end ... you've got to be pleased with the effort. We told the girls we need to build off this and keep going forward."

Bloom and Walls each added nine points for Curwensville in the loss, while Biddle netted a game-high 13 points in the win, after finishing the second half without a field goal.

Biddle was 7-of-10 from the line in the final two quarters and finished with team-highs in rebounds (10), steals (five) and blocks (three).

"In the second half, she came out and was a defensive machine," Matchock said of Biddle. "She was blocking shots and drawing fouls inside. She's tall and it was hard for the Curwensville girls to match up on her. Morgan did a good job. When she got fouled, she made her foul shots and that's what you need to do to win."

Glendale (3-1 overall, 1-1 Moshannon Valley League) hosts Mount Union Friday, while Curwensville (0-3, 0-1) travels to Harmony.

The Lady Vikings won the junior varsity game behind 15 points from Brooke Wilson, while Savannah Strickland paced the Lady Tide with nine points in the loss.

Curwensville—42

Walls 3-3-4 9, Bressler 0-2-2 2, Jenessa Stiles 1-1-3 3, Bumbarger 6-0-0 12, Bloom 4-0-1 9, Sidelinger 0-0-0 0, Buzard 1-1-2 3, Strickland 2-0-0 4. Totals: 17-7-12 42.

Glendale—44

Biddle 3-7-10 13, Legrand 3-0-1 8, Noel 1-0-2 3, Strong 0-0-4 0, Tarr 2-3-4 7, Dick 1-0-0 2, McGarvey 1-6-6 8, Wilson 1-0-2 3, Spangle 0-0-0 0, Me. Gates 0-0-0 0. Totals: 12-16-29 44.

Three-pointers: Bloom; Legrand 2, Noel, Wilson.

Score by Quarters

Curwensville	14	9	9	10—42
Glendale	8	9	13	14—44

December 20, 2008: Mt. Union 41 at Glendale 63

Glendale upends Mt. Union

FLINTON — The Glendale girls basketball team picked up its fourth straight win behind 10 three-pointers on Saturday with a 63-41 win over visiting Mount Union.

The Lady Vikings' Samantha Noel and Morgan Biddle each contributed a double-double, while Brooke Legrand added 11 points and five assists. Noel led all scorers with 18 points and added 10 rebounds, and Biddle went for 15 and 12 to go along with three blocks.

Glendale (4-1 overall, 3-1 Juniata Valley League) is at

Southern Huntingdon this evening.

Mount Union—41

Bookwalter 4 0-0 11, Woods 6 0-0 14, Little 3 2-2 8, Hale 1 0-0 2, Rhone 2 0-2 4, Snyder 0 0-0 0, Gearhart 1 0-0 2. Totals: 17 2-4 41.

Glendale—63

Biddle 5 4-4 15, Mi. Gates 1 1-1 3, Me. Gates 0 0-0 0, Gingerich 0 0-0 0, Holes 0 0-0 0, Legrand 4 0-0 11, McGarvey 3 0-0 6, Noel 6 1-2 18, Spangle 0 0-0 0, Strong 1 1-2 3, Tarr 2 0-0 4, Wilson 1 0-0 3. Totals: 23 7-9 63.

Three-pointers: Bookwalter 3, Woods 2; Noel 5, Legrand 3, Wilson, Biddle.

Score by Quarters

Mount Union	12	13	9	7—41
Glendale	15	13	17	18—63

December 22, 2008: Glendale 35 at Southern Huntingdon 76

Glendale downed by SH

THREE SPRINGS — The Glendale girls basketball team saw its four-game winning streak end with a 76-35 loss at Southern Huntingdon on Monday night.

Kelli McGarvey was the lone Lady Viking in double digits, as she netted a team-high 11 points. Samantha Noel added eight in the loss.

Glendale (4-2 overall, 3-2 in the Juniata Valley League) travels to the Williamsburg Tournament on Monday, where it will face Penn Cambria at 6 p.m.

The Lady Rockets claimed the junior varsity game, 50-25.

McGarvey scored 12 points for Glendale.

Glendale—35

Biddle 1 0-2 2, Legrand 1 0-2 2, Noel 3 2-2 8, Strong 1 1-2 3, Tarr 0 3-3 3, Mi. Gates 1 0-1 2, Me. Gates 0 0-0 0, Gingerich 0 0-0 0, Holes 0 2-3 2, McGarvey 4 3-4 11, Spangle 0 0-0 0, Wilson 1 0-0 2. Totals: 12 11-19 35.

Southern Huntingdon—76

Shields 6 4-5 16, Hummel 4 9-10 19, Shope 7 0-0 18, Hall 0 0-0 0, Fish 2 0-0 6, Zinobile 4 0-0 8, Bocher 1 0-0 3, Bender 1 0-0 2, Beatty 1 0-0 2, Flick 1 0-0 2. Totals: 27 13-15 76.

Three-pointers: Shope 4, Hummel 2, Fish 2, Bocher.

Score by Quarters

Glendale	6	11	10	8—35
So. Huntingdon	19	28	17	12—76

December 29, 2008: Penn Cambria 64 vs Glendale 57 (Williams. Tourn.)

Glendale defeated by PC

WILLIAMSBURG — The Glendale girls basketball team fell to Penn Cambria, 64-57, on Monday in the first round of the Williamsburg Holiday Tournament.

The Lady Vikings were led by Brooke Legrand's 18 points, 15 of which came on three-pointers. Samantha Noel added 17 points, while Sara Tarr notched 11.

Glendale fell to 4-3 overall. The Lady Vikings play United, a 51-32 loser to Williamsburg, in the consolation game this evening at 6.

Penn Cambria—64

Creehan 6 5-5 17, Urbanek 3 1-4 8, Garrett 0 1-2 1, Orr 3 0-0 9, Delic 10 0-2 21, Secriskey 2 1-1 6, Pyo 0 0-0 0, Kearney 1 0-0 2. Totals: 25 8-14 64.

Glendale—57

Biddle 1 0-0 2, Mi. Gates 0 0-0 0, Me. Gates 0 0-0 0, Legrand 6 1-2 18, McGarvey 2 5-8 9, Noel 5 5-6 17, Spangle 0 0-0 0, Strong 0 0-0 0, Tarr 5 0-2 11, Wilson 0 0-0 0. Totals: 19 11-20 57.

Three-pointers: Orr 3, Urbanek, Delic, Secriskey; Legrand 5, Noel 2, Tarr.

Score by Quarters

Penn Cambria	13	19	18	14—64
Glendale	13	11	11	22—57

December 30, 2008: United 33 vs Glendale 47 (William. Tourn.)

Glendale upends United

WILLIAMSBURG — The Glendale girls basketball team defeated United, 47-33, to capture the consolation game of the Williamsburg Tournament on Tuesday night.

Samantha Noel paced the Lady Vikings with 12 points, while Brooke Legrand added 10.

Glendale (5-3) travels to Moshannon Valley Friday night.

Isenberg 6 0-4 12, Yaworski 0 4-11 4, Kuzmyak 2 2-7 6, Woogle 1 1-3 3, McCaha 2 4-6 8, Cucbertson 0 0-0 0, Empfield 0 0-0 0. Totals: 11 11-31 33.

Glendale—47

Biddle 3 3-4 9, Legrand 4 0-2 10, McGarvey 1 3-6 5, Noel 4 2-5 12, Tarr 2 3-4 7, Mi. Gates 0 0-0 0, Me. Gates 0 0-0 0, Spangle 1 1-2 3, Wilson 0 1-3 1, Gingerich 0 0-0 0. Totals: 15 13-26 47.

Three-pointers: Legrand, Noel.

Score by Quarters

United	7	6	12	8—33
Glendale	16	9	8	14—47

United—33

January 2, 2009: Glendale 39 at MoValley 48

By Jon Christoff
Sports Writer

AMESVILLE — With Glendale's ability to hit the three-pointer, Moshannon Valley girls basketball coach Aaron Mills decided to play man defense against the Lady Vikings in their matchup on Friday night in Amesville.

Glendale's Brooke Legrand and Samantha Noel had combined for 28 three's this season, but a stingy Damsel defense limited their opportunities, got the Lady Vikings in early foul trouble, controlled the rebounding and were able to pull away for a 48-39 win.

Mo Valley saw its lead dwindle to four after three periods of play, but a strong start to the fourth quarter put the game on ice.

"The thing about Glendale is they have four or five different people (that can score) and you don't who is going to score on you on any given night," said Mills. "For us to play strictly zone, any one of them could burn you — especially from three-point range. They run a good offense and we were able to know where everyone was, which is the reason we went man. We wanted to limit their three-point shots."

Both Noel and Legrand were able to knock down one trifecta each, but Mo Valley's defense didn't allow the tandem to take many shots from behind the arc.

The Lady Viking duo was 2-of-8 from long distance and combined for just 15 points.

"We knew they were going to focus on (Brooke) and Samantha because they're our big guns," Glendale head coach John Matchock said. "They'll shoot from basically anywhere, but Mo Valley did a good job of shutting them down. We got some open looks, but I don't think they were used to getting open looks in this game that they couldn't knock them down."

With all of their attention focused on Noel and Legrand, the Damsels lost track of reserve Brooke Wilson on a pair of occasions.

Wilson knocked down one of her two three's and added a foul shot in the final 1:15 of the third quarter to help chip away at the 10-point lead Mo Valley had with three minutes to play, as the Lady Vikings clawed to within 33-29.

The Damsels regrouped in between quarters, however, and were able to open the fourth with a 10-2 run to put the game away.

Mo Valley's Vanessa Rowley connected on her second three-pointer to open the quarter, while teammate Taylor Murarik made two of her four buckets in the game during the final eight minutes of play.

Shannon Greslick also had a strong showing in the fourth, as she netted seven of her 13 points. Teammate Kierstin Elder also finished the game with 13.

"We decided to play our basketball and attack the basket more," said Mills. "We seemed to go away from that in the third. Their zone got a lot tougher and we were throwing the ball away. At the intermission between the third and fourth quarter, I told the girls to attack the basket, get to the foul line and put the game away. They took control and did that."

With Mo Valley's offense thriving, the Lady Viking offense was struggling.

Glendale committed 28 turnovers in the contest with eight coming in the fourth quarter.

"Mo Valley has a nice, quick team," Matchock said. "It was hard for us to get any offense set up. When we did, we ran our offense well, but it was getting it set up. We had too many turnovers and they did a heck of a job rebounding, Mo Valley did. If we didn't get outrebounded by 20, I'd be surprised."

The Damsels pulled down 36 rebounds to the Lady Vikings' 24, thanks in part to Glendale getting into foul trouble early and often.

Morgan Biddle, one of the Lady Vikings' post players, quickly picked up three fouls in the first quarter and was forced to watch the rest of the first half from the bench.

As a result, the Damsels were in the bonus before the first quarter expired and were able to take a 28-20 lead into the locker room.

"We didn't have anything inside," said Matchock. "If Biddle or any of our big girls get in foul trouble, we have a hard

time because we're so small that we can't get any rebounds. ... We had to switch to a zone to get out of foul trouble and I dislike zone, so there were a bunch of things that didn't help us in the first half. We played better in the second half, but just didn't have it in us tonight."

Mo Valley's Claire Harlow led her team's effort on the boards, as she pulled down a game-high 14, while Murarik added seven to her credit.

"Taylor and Claire did awesome on the boards," Mills said. "They gave us chance after chance after chance on the glass for second-chance points. The points for them are going to drop a lot more in the coming games, as long as they take their time. They definitely put the game away for us by getting the boards."

"They're just so physical. With her size, you don't expect to see somebody like Taylor with her guard size to be in there battling like she does. That's the reason we're able to win some games — if we can win the battle on the glass."

Mo Valley, which got seven steals from Elder, improved to 3-4 overall, 2-1 in the Moshannon Valley League and 3-1 in the Juniata Valley League. Glendale dropped to 5-4, 1-2 and 3-3.

Both teams return to action Tuesday with the Damsels traveling to Juniata Valley, while the Lady Vikings entertain Williamsburg.

Glendale won the jayvee game, 34-21, behind 13 points from Wilson. Sara Harris paced Mo Valley with six.

Glendale—39

McGarvey 0 1-3 1, Biddle 4 1-3 9, Tarr 2 1-2 5, Legrand 2 1-5 6, Noel 1 6-6 9, Wilson 3 1-2 9, Spangle 0 0-0 0. Totals: 12 11-21 39.

Moshannon Valley—48

Rowley 3 0-2 8, Elder 4 3-7 13, Greslick 4 5-10 13, Murarik 4 0-0 8, Harlow 2 2-4 6, Charney 0 0-0 0, Neff 0 0-0 0. Totals: 17 10-23 48.

Three-pointers: Wilson 2, Legrand, Noel; Rowley 2, Elder 2.

Score by Quarters

Glendale	13	7	9	10—39
Mo Valley	14	14	5	15—48

January 9, 2009: Juniata Valley 50 at Glendale 51

Glendale ekes past JV

FLINTON — The Glendale girls basketball team rallied from a six-point deficit in the fourth quarter to defeat visiting Juniata Valley, 51-50, on Friday evening.



Biddle

Morgan Biddle led the Lady Vikings' charge with 18 points, while Samantha Noel added 12.

"The girls did a good job," said Glendale head coach John Matchock. "They didn't give up when we got down, and we were able to get the win. Morgan and Samantha also had nice games."

The Lady Vikings improved to 6-4 overall. They travel to

Harmony on Monday.

In junior varsity action, Juniata Valley won 27-20. Mackenzie Wilson paced Glendale with seven points.

Juniata Valley—50

Brenneman 3 3-4 9, Morgan 2 0-2 6, Briggs 3 0-0 6, Taylor 4 2-3 11, Kyper 1 0-0 3, Snyder 0 0-0 0, Venkins 0 0-0 0, Kulp 0 2-2 2, Myers 0 0-0 0, Grugen 0 0-0 0, Stallman 6 1-2 13. Totals: 19 8-13 50.

Glendale—51

McGarvey 0 2-4 2, Biddle 7 4-4 18, Tarr 1 1-2 3, Legrand 4 1-3 9, Noel 4 3-5 12, Mi. Gates 0 0-0 0, Spangle 1 0-0 2, Wilson 2 0-0 5. Totals: 19 11-18 51.

Three-pointers: Morgan 2, Taylor, Kyper; Noel, Wilson.

Score by Quarters

Juniata Valley	10	17	9	14—50
Glendale	10	8	12	21—51

January 12, 2009: Glendale 37 at Harmony 52

By Jaclyn Yingling
Sports Editor

WESTOVER — The game between Harmony and Glendale started out slow, but once the Lady Owls got going, it was hard to stop them.

Lindsay Neff, Alyson Leyo and Kierstyn Kruike combined for 40 points in Harmony's 52-37 victory on Monday evening.

Neff led all scorers with 20 points and 12 rebounds, while Leyo added 10 points and 12 rebounds. Kruike netted 10 points as well.

"It was a good game," said Lady Owls head coach Joe Leyo. "I am pleased. They played well, they hustled well. I can't ask for any more than that.

"Kierstyn has been worrying about her scoring. I told her to just keep going to the basket and it will come. I was real happy for her. Lindsay did an awesome job again. She had a lot of rebounds and putbacks. Alyson blocked a lot of shots. It created some intimidation and

there was nowhere for them to go. So, they did a good job."

Glendale struggled to keep a hold of the ball early, and finished the game with 39 turnovers.

"I think in the second half we had it down to six or seven points, but when you have 39 turnovers in a game ... it's 39 extra times you are giving your opponent the ball and to be in the game when you are already down by six or seven, we just can't do that and expect to win," said Lady Vikings head coach John Matchock. "There's just no way."

Leyo got things going with a layup before Kelli McGarvey tied the game with a jumper.

Neff then scored the next six points, including two off a steal to give Harmony the 8-2 advantage. McGarvey added another basket to cut the game to 8-4 before Neff added another put-back basket with less than a minute remaining in the first quarter.

"That's what gives us the dimension we've never had

before," said Leyo of his team. "If somebody isn't doing something, someone else is stepping up. They've been doing that all season. Whenever we need a bucket, someone steps up and does it. That's what I am the most happy about."

The Lady Owls closed out the first frame with an 11-6 lead.

Glendale's Morgan Biddle took in a basket to start the second quarter, closing the gap to three points, but baskets from Leyo and Neff put the score at 15-8.

The Lady Vikings cut the score to 15-14 after buckets from Biddle and Cassie Spangle and two foul shots from McGarvey, but the Lady Owls closed out the half with a 6-0 run and led 21-14.

"Harmony is good and they play really good defense," said Matchock. "I don't know if we weren't used to that type of defensive pressure and were just forcing things.

"We've been preaching that they have to box out. Harmony got a lot of second and third opportunities. You can't give teams that kind of opportunity because eventually they are going to fall."

Two steals by Kierstyn Kruike led to four more points to open the third quarter, making the score 25-14.

The teams traded baskets back and forth, with Harmony keeping a 34-24 lead at the end of three.

The Lady Owls forced several turnovers in the third quarter, and Leyo blocked several shots, keeping the Lady Vikings from getting any closer.

Glendale cut the lead to six points early in the fourth quarter, but turnovers and missed shots plagued the Lady Vikings.

Biddle had four points in the fourth quarter and finished the night as the team's leading scorer with 10. She also led the team in rebounding with 13.

Harmony finished out the game with a 6-2 run to set the final at 52-37.

"That was our plan," Leyo

said. "We wanted to play good defense and let them turn the ball over. And, they will with the pressure. With Kenzie (Kruike) and Kierstyn putting the pressure on and us being back inside like we are, we did make the turnovers happen."

Glendale fell to 6-5 overall and 1-3 in the Moshannon Valley League. The Lady Vikings host West Branch on Wednesday.

Harmony improved to 9-3 overall and 2-0 in the MVL. The Lady Owls travel to DuBois on Thursday.

In the junior varsity game, Glendale defeated Harmony, 44-24. Spangle led the Lady Vikes with 12 points, while Shandell Clark paced the Lady Owls with nine.

Glendale—37

McGarvey 3 2-4 8, Biddle 5 0-1 10, Tarr 0 3-4 3, Legrand 2 0-0 4, Noel 2 1-2 5, Spangle 3 0-0 7, Wilson 0 0-0 0. Totals: 15 6-11 37.

Harmony—52

Leyo 5 0-0 10, Brink 2 2-3 6, K. Kruike 4 2-2 10, Neff 8 4-6 20, M. Kruike 2 0-0 6, Westover 0 0-0 0. Totals: 21 8-11 52.

Three-pointers: Spangle; M. Kruike 2.

Score by Quarters

Glendale	6	8	10	13—37
Harmony	11	10	13	18—52

January 14, 2009: West Branch 54 at Glendale 56

Buzzer-Beater

Biddle's shot lifts Glendale girls over West Branch, 56-54

By Jon Christoff
Sports Writer

FLINTON — After West Branch's Rebecca Kephart tied the game at 54-all with just over four seconds remaining in Wednesday's game, Glendale girls basketball coach John Matchock called a timeout to set up one last play before time expired.

The Lady Vikings showed their ability to improvise, however, and the result turned out in their favor.

Matchock's play was supposed to let Sara Tarr go coast-to-coast for a chance at a last-second shot, instead the ball ended up in Morgan Biddle's hands.

Biddle made a move to the bucket and laced the ball in on an assist from Cassie Spangle as time expired to give Glendale a dramatic come-from-behind win in a game it trailed by 10 in the fourth quarter.

"The girls did a good job of improvising," said Matchock. "Spangle knew what Tarr was supposed to do, and I think she saw Biddle open. We told the girls at the beginning of the game, 'if someone's open, get them the ball,' and that's what she did and Biddle was lucky enough to put it in."

The Lady Vikings lost their season opener by 25 points to the Lady Warriors, but were without Biddle. Biddle's presence limited Kephart, who poured in 22 points in the first meeting.

The Glendale sophomore finished with 12 points and 10 rebounds to her credit, while Kephart managed just 13 points and five rebounds.

"We didn't have her the first game because she got sick, but she's a big presence inside — she's tall, she can block a lot of shots — and that helped us because we had no one to match up with Kephart," Matchock said.

"The last time she destroyed us, and this time we were able to have Biddle in there and she did a good job on Rebecca. Rebecca is a good player, but Biddle was our key inside this game."

Through the first three quarters, West Branch was able to gain some distance from the Lady Vikings, only to see Glendale come scrapping back.

The Lady Vikings trailed by five at halftime and six at the end of the third quarter, before a Roni Crowell jumper put the Lady Warriors up 10 with 6:38 to play.

Crowell led West Branch with a game-high 18 points.

Unfortunately for West Branch, that was the last bucket it made until Mariah McDowell's hoop with 1:42 left gave the Lady Warriors a 50-49 game.

"If you look back, we had some opportunities (to put the game away)," said West Branch coach Doug Myers. "We had some easy layups that we just didn't make. ... We explained to the girls that's the difference — you can't let any team have a chance by missing easy shots and turning the ball over."

Biddle scored her first field goal of the fourth after Crowell's bucket, and Brooke Legrand, who finished with a team-high 15, netted one of her four 3-pointers to quickly cut the deficit in half.

A Spangle layup off an inbound play and a mid-range jumper from Legrand gave the Lady Vikings their first lead since halfway through the second quarter with 1:58 showing on the fourth-quarter clock.

"Usually when we make a 3-pointer that gets us going because it's our money shot," Matchock said. "(Legrand) did that and she was on fire tonight with those. She got us going and we started chipping away. She said in the locker room that we didn't give up, and we didn't."

"We just kept chipping away and chipping away, eventually the buckets started to fall and we played good defense there, too."

Glendale responded to McDowell's bucket with another 3-pointer, this one off the hands of reserve Brooke Wilson.

Legrand made one of two foul shots before Kephart netted her final hoop of the game to make it 53-52 with 16 seconds to play.

Wilson made a foul shot before the Lady Warriors got the ball upcourt and called timeout with nine seconds to play.

"I just told the girls not to foul," said Matchock. "If they were going to make the bucket, we wanted to make them earn it and didn't want to let them get it from the foul line."

The Lady Warriors didn't get it at the foul line, but Kephart found the bottom of the net with several Lady Viking defenders in her face.

"We knew we just needed to tie, and we thought we could spread the defense," Myers said. "We got Roni out to the corner and rolled Rebecca off a screen, and she did get the ball and make a strong move to the basket."

Matchock's timeout followed, and Myers wasn't sure how the play unfolded since he had four defenders across the mid-court line.

"How they made the three-quarter court pass down the court when our whole defense was on that side other than one girl ... that I can't explain," said Myers. "I told them, 'keep everybody in front of you.' We didn't want a deep pass for a layup."

"We put a tall girl on the throw-in to try to make them lob it up over her. They threw to the wing with four seconds and we had four girls down there that were, I guess, just watching the basketball. (Biddle) caught it and made a nice move to the basket and beat the buzzer."

Glendale improved to 7-5 on the season, 2-3 in Moshannon Valley League play and 5-3 in the Inter-County Conference Northern Division, while West Branch fell to 5-4, 2-2 and 3-4.

The Lady Vikings travel to Bellwood-Antis Friday, while the Lady Warriors take to the road Saturday to face Claysburg-Kimmel.

Glendale also won the junior varsity game, 36-33. Wilson led the Lady Vikings with nine, while Mindy Kolesar netted 10 in the loss.

West Branch—54

Jarrett 1 0-0 2, Crowell 8 0-0 18, Larson 1 0-0 2, Kopchik 3 2-4 8, Kephart 6 1-7 13, McDowell 4 3-3 11, Kolesar 0 0-0 0, Ahlberg 0 0-0 0. Totals: 23 6-14 54.

Glendale—56

Legrand 5 1-2 15, Noel 1 6-6 9, Tarr 2 0-0 4, Biddle 6 0-1 12, McGarvey 2 4-6 8, Wilson 2 1-2 6, Spangle 1 0-0 2. Totals: 19 12-17 56.

Three-pointers: Crowell 2; Legrand 4, Noel, Wilson.

Score by Quarters

West Branch	12	16	16	10—54
Glendale	11	12	15	18—56



Glendale's Kelli McGarvey drives the ball to the basket as West Branch's Bethany Kopchik defends. McGarvey finished with eight points and eight rebounds in the Lady Vikings' dramatic, 56-54, last-second win.

January 17, 2009: Glendale 57 at Bellwood 71

Lady Vikings topped by Devils

BELLWOOD — The Glendale girls basketball team fell at Bellwood-Antis on Saturday, 71-57.

The Lady Blue Devils held a 30-point lead heading into the fourth, where the Lady Vikings outscored them 25-9.

Glendale got a team-high 19 points from Morgan Biddle, while Samantha Noel chipped in with 16. Biddle added 13 rebounds to her credit.

"We didn't show up," said Lady Viking head coach John Matchock. "We didn't stick to the game plan and gave up too many second-chance opportunities. We are going to have to get more defensive rebounds if we want to be successful the second half of the season."

Glendale (7-6) hosts Claysburg-Kimmel this evening.

Bellwood also won the jayvee game, 32-21. Cassie Spangle netted nine points for the Lady Vikings.

Glendale—57

McGarvey 1 0-0 2, Biddle 8 3-4 19, Legrand 3 1-2 9, Noel 4 6-6 16, Tarr 1 0-0 2, Me. Gates 1 0-0 3, Wilson 2 0-0 6, Holes 0 0-0 0, Spangle 0 0-0 0. Totals 20 10-12 57.

Bellwood-Antis—71

Krepps 1 0-0 2, Lombardo 1 0-0 2, Grannas 5 0-0 11, McVicker 0 0-0 0, Lechner 3 1-1 10, Erickson 9 1-3 19, Cherry 3 0-2 6, Hippo 10 1-2 21, Spiecher 0 0-0 0, Renney 0 0-0 0. Totals: 32 3-8 71.

Three-pointers: Legrand 2, Noel 2, Me. Gates, Wilson 2; Grannas, Lechner 3.

Score by Quarters

Glendale	7	16	9	25—57
Bellwood-Antis	17	23	22	9—71

January 19, 2009: Claysburg 37 at Glendale 44

Noel sets Lady Vikings record

FLINTON — Glendale girls basketball player Samantha Noel became the school's all-time leader in three-pointers made in the Lady Vikings' 44-37 win over Claysburg-Kimmel on Monday night.

Noel passed Lori Beers, who set the mark during the 1994-95 season, on the all-time list with her 99th trifecta en route to scoring 11 points. Brooke Legrand led Glendale with 12.

The Lady Vikings, who improved to 8-6 overall and 6-4 in the Inter-County Conference,



Noel

travel to Mount Union on Wednesday.

The Lady Bulldogs came away with a 41-19 win in junior varsity action. Megan Gates was Glendale's high scorer, netting eight points.

Claysburg-Kimmel—37

Gerheim 4 1-1 10, Swope 0 2-2 2, Sybert 2 0-2 4, McDonald 3 1-2 7, Claar 4 4-8 12, Fleck 0 0-0 0, Williams 1 0-1 2. Totals: 14 8-16 37.

Glendale—44

Biddle 3 0-4 6, Me. Gates 0 0-0 0, Legrand 2 7-10 12, McGarvey 3 2-4 8, Noel 3 3-4 11, Spangle 2 0-1 4, Tarr 1 1-1 3, Wilson 0 0-0 0. Totals: 14 13-24 44.

Three-pointers: Gerheim; Noel 2, Legrand.

Score by Quarters

Claysburg	13	9	8	7—37
Glendale	12	8	10	14—44

January 21, 2009: Glendale 62 at Mt. Union 64 OT

MOUNT UNION — The Glendale girls basketball team led Mount Union 18-5 after the first quarter, but the Lady Trojans rallied and came back to defeat the Lady Vikings, 64-62, in overtime on Wednesday.

Brooke Legrand led Glendale with 17 points, while Morgan Biddle and Sara Tarr each had 14 points. Samantha Noel netted 10 points.

Glendale is 8-7 overall and 6-5 in the Inter-County Conference.

The Lady Vikings host Southern Huntingdon on

Tuesday.

Glendale—62

Biddle 5 4-7 14, Me. Gates 0 0-2 0, Legrand 5 6-6 17, McGarvey 2 1-2 5, Noel 3 1-2 10, Spangle 0 2-2 2, Tarr 5 3-6 14, Wilson 0 0-0 0.
Totals: 20 17-27 62.

Mount Union—64 OT

Walter 8 1-3 20, Woods 7 0-0 15, Rhoad 5 3-4 13, Little 0 8-10 8, Hale 1 4-6 6, Gearheart 1 0-2 2, Snyder 0 0-0 0, Keer 0 0-0 0. Totals: 22 16-25 64.

Three-pointers: Noel 3, Legrand, Tarr; Walter 3, Woods.

Score by Quarters

Glendale	18	12	10	17	5—62
Mount Union	5	15	20	17	7—64

January 21, 2009: Glendale 62 at Mt. Union 64 OT

By Jon Christoff
Sports Writer

FLINTON — For the first 10 minutes of Thursday night's game, Moshannon Valley girls basketball coach Aaron Mills watched Glendale outhustle his team, getting to the loose balls and working hard on the boards en route to building up a 12-6 lead.

Mills called for a timeout with 5:53 left in the first half, and his Damsels responded. Mo Valley scored the next nine points to take a three-point lead, and build upon the momentum in pulling away from the Lady Vikings, 48-39.

"We basically told them, 'you're being outhustled, and if you want to win the game, you can't just lie down now,'" said Mills. "We were down six, our shooting wasn't on and we needed to get something going."

"We wanted to get to the ball, play our game and get to the basket. We needed to rebound more because they were outrebounding us until that point. The girls really wanted to turn it around, and they did. They did a really good job."

Glendale scored the next three points to tie the game at 15, but Vanessa Rowley knocked down a pair of foul shots with two seconds left on the clock to effectively give the Damsels momentum it needed in the second half.

"They had that like 9-0 run there ... and I think we got a little down," Glendale coach John Matchock said. "We fought back a little bit to tie it at 15, but they got the free throws at the end of the first half and I think that took any of our momentum away."

"We couldn't get it back. We weren't playing defense, we were getting rebounds underneath but couldn't finish ... it just wasn't our night."

Like in its game on Tuesday, Mo Valley struggled from the floor in the first half, but flourished in the final two quarters.

The Damsels were just 4-of-21 from the floor up until halftime, but Mills made the necessary adjustments and his team responded. Mo Valley went 12-of-28 in the second half, many of which came within five feet of the basket.

"For some reason we're strug-

gling in the first half, and the girls realize if we don't shoot well in the second half, we're going to lose the game," said Mills.

"We played excellent defense the first half, came out and played excellent defense in the second half, and we were able to get to the basket and get to the foul line. In the second half we controlled the boards more, so we were able to get a lot more putbacks."

The Lady Vikings' 3-2 zone more than did its job in the first half, but Glendale didn't have an answer for Rowley or Shannon Greslick after the intermission.

Rowley penetrated the zone and dished to the open player, mainly Greslick.

Greslick finished with a game-high 18 points, while Rowley dished out eight assists.

"They were just driving to the basket," Matchock said. "They were getting a lot of layups, and I don't think they had too many outside shots. We sat back in our zone and they were driving through it. I told the girls at half-time that the purpose of a zone was to let them shoot from the outside."

"Rowley — you have to give her a lot of credit — she was finding those seams (in our defense) and, when we stepped up to help, she found the open person. They got easy layups underneath and converted them, while we couldn't do that tonight."

Despite the play of Rowley and Greslick, the Lady Vikings found themselves within striking distance for the better part of the third quarter.

Glendale trailed 29-21 with just over two minutes to play in the stanza, but finished by scoring five of the last seven points to pull to within five points.

What really hurt the Lady Vikings, however, was their foul shooting. Glendale went to the line eight times during the third, but only converted a pair of them.

"We have been shooting foul shots real well, but tonight nothing was falling — our threes weren't falling, our shots underneath weren't falling, and our foul shots weren't falling," said Matchock.

"(Foul shots) are the easiest shots in basketball to make (because) there's no defense on you. I don't know if it was just lack of concentration or what. ... I thought we played well in the first half, but in the second half our legs just weren't there."

Glendale pulled to within four after a Brooke Legrand foul shot, but the Damsels reeled off seven straight points to take a 38-27 lead with 4:47 left in the contest, forcing Matchock to call a timeout.

Greslick scored four of the seven points, while Rowley had a pair of dimes during the same stretch.

"This was Shannon's best offensive night ... she played a great game," Mills said. "She took really good shots, and what I really liked to see out of her was she took the ball the whole way to the basket. ... She can take some nice open looks outside or take the ball to the basket and get to the foul line. That's what we want her to do."

"We play a lot better if we see man-to-man because we can let Rowley use her talent out in front. When she drove, she broke her girl down almost every time going to the basket. If she didn't put up the shot, she dished it off for the assist."

The Lady Vikings cut the deficit to seven after a 3-pointer from Cassie Spangle and Kelli McGarvey's only bucket, but Mo Valley closed out the game with a Taylor Murarik field goal and a pair of foul shots from Greslick.

Murarik had another strong game, following up Tuesday's 22-rebound performance by scoring 11 points and pulling down 11 boards.

Glendale was led offensively by Morgan Biddle, who was in foul trouble early and often when the teams met nearly a month ago, as she netted a game-high 17 points.

"It was a completely different game (with Biddle in the lineup)," said Mills. "We won by nine last time, too, but we controlled the game. This one was back and forth a little bit, and Biddle's a great player inside. We have a hard time stopping people like that, so her not getting into foul trouble tonight hurt us a little bit."

The Damsels, again, limited the Lady Vikings' 3-point attack, as all of Glendale's trifectas came in the final period.

Legrand and Samantha Noel were limited to a total of 13 points after being held to just 15 in the first meeting.

"I told the girls Mo Valley was going to play man-to-man because they want to take the 3-pointer away," Matchock said. "For the most part, they took the 3-point shot away. You've got to give credit to Mo Valley because they had a gameplan and they executed it."

Mo Valley improved to 9-8 on the season, 5-2 in the Moshannon Valley League and 7-5 in the Inter-County Conference, while Glendale dropped to 8-8, 2-4 and 6-6.

The Lady Vikings are back in action Saturday when they entertain Williamsburg for a 2 p.m. tipoff, while the Damsels entertain Juniata Valley on Monday.

Glendale brought home a win in the junior varsity game, 23-14, behind 10 points from Spangle. Sara Harris led Mo Valley with six.

Moshannon Valley—48

Elder 2 2-4 7, Greslick 7 3-5 18, Rowley 2 4-7 8, Murarik 3 5-6 11, Harlow 2 0-0 4.
Totals: 16 14-22 48.

Glendale—39

Legrand 2 2-4 6, Noel 2 2-4 7, Tarr 1 1-2 3, Biddle 7 2-3 17, Mi. Gates 0 0-0 0, McGarvey 1 0-2 2, Spangle 1 1-2 4. Totals: 14 8-17 39.

Three-pointers: Elder, Greslick; Noel, Biddle, Spangle.

Score by Quarters

Mo Valley	6	11	14	17—48
Glendale	8	7	11	13—39

January 31, 2009: Williamsburg 54 at Glendale 37

By Jon Christoff
Sports Writer

FLINTON — Harmony seniors Megan Brink and Kierstyn Kruike have gone through some highs and lows during their time as Lady Owl basketball players.

As freshmen, they won just six games but kept improving through their sophomore and junior seasons, leading Harmony to the district playoffs twice.

Brink and Kruike have done pretty much everything on the court, but the duo accomplished something on Monday night at Glendale they hadn't done yet — win the Moshannon Valley League title outright.

The senior tandem almost single-handedly outscored the Lady Vikings, combining for 30 points in a convincing 56-38 win to give Harmony sole claim to the title after sharing the it with Moshannon Valley last season.

"It's just awesome (for the seniors)," said Lady Owls coach Joe Leyo. "Last year we split after having a bad game with Mo Valley, and that happens. This year we've lost a game or two, but we've lost the right

ones. We played well when it came down to crunch time. ... That was one of our main goals at the start of the season."



Brink

After falling behind Glendale 5-1 through the first three minutes of play, Brink and Kruike spearheaded a 13-0 run to close the first and, essentially, wrap up the game.

Brink scored eight first-quarter points, while Kruike was a thorn in the Lady Vikings' side defensively. Brink finished the night with a game-high 20 points, and Kruike followed with a solid 10-point, six-steal performance.

"Megan had a wonderful game," Leyo said. "She drove to the basket — and we talked going in ... that's what we wanted to do. She drove and got the ball to the basket.

"We were able to steal the ball a couple of times, and get down the floor and get a score or two. I think that was what got us going."

For Glendale, it was a story

head coach John Matchock has seen happen too many times before.

The Lady Vikings had 10 turnovers in the first, and ended the night with 31 — many of which resulted in scoring opportunities for the Lady Owls.

"We jumped out to a 5-1 lead, and then, all of a sudden, we started to force the ball inside," said Matchock. "I told them, 'we've got to run our plays,' and I think we might have run one of our plays in the first half. This is game No. 20 and it was like it was game No. 1 for us.

"We can't have that many turnovers because a team like Harmony is going to capitalize, and they did that. They had a lot of fastbreak points against us. ... I told them that Harmony was going to run against us and, sure enough, they did. We were forcing the ball, and we weren't getting back on defense."

Glendale's Brooke Legrand ended her team's scoring drought nearly a minute into the second, but Kruike and Brink combined for 10 more points in the stanza, as the Lady Owls carried a 24-11 lead into half-time.

Both Harmony players were aggressive in going to the basket, as Brink went 4-of-7 from the line in the half and all of K. Kruike's eight points came on buckets underneath.



K. Kruike

"That's the problem we've had all season — teams just drive and drive and drive on us," Matchock said. "We play man, we play zone and they just keep driving. I told the girls before the game that we're one of the worst defensive teams in the area, and tonight proved it.

"They just kept driving and they scored. No one will step up and take a charge ... we've only had two or three girls do it all year. I think it gets the crowd pumped up and gets your teammates pumped up if you take the charge, but no one wants to do it."

After going 0-for-8 from the floor in the first half, Alyson Leyo — Harmony's leading scorer — finally got some shots to fall against the Lady Viking

zone in the third quarter.

Despite not netting a point until the 6:09 mark of the third, Leyo's presence was felt on both ends of the floor. Leyo finished the game with 14 rebounds and five blocks, while dishing out numerous assists to teammates when Glendale defenders collapsed on her.

Leyo scored 10 points in the third and Brink added six more, as the Lady Owls carried a 44-22 advantage into the final quarter.

"We moved the ball well, and passed it inside," said coach Leyo. "Alyson didn't have much of an offensive game, but she had an awesome defensive game and she pushed the ball where it needed to go. I don't know how many assists she had, but she got the ball in there where it needed to be."

The Lady Vikings outscored Harmony, 16-12, in the fourth, but it wasn't nearly enough.

Morgan Biddle, who scored a team-high 10 points, and Sara Tarr each connected on three foul shots in the final eight minutes for Glendale, which dropped to 8-12 on the season.

The Lady Vikings have one game left on their slate, a meeting with Curwensville on Thursday night.

Harmony (16-5) also has one more regular season game remaining before taking to the court in the District 6 playoffs. The Lady Owls wrap up MVL play on Thursday night when they travel to face West Branch.

The Lady Vikings got double figures from Kelli McGarvey (16), Cassie Spangle (11) and Michele Gates (10) in a 50-34 junior varsity win. Harmony was paced by 11 points from Alaina Westover.

Harmony—56

K. Kruike 5 0-0 10, Brink 7 6-12 20, Leyo 4 3-4 12, Neff 3 2-2 8, M. Kruike 2 0-3 4, Westover 1 0-0 2, Coble 0 0-0 0, Clark 0 0-0 0, McDonald 0 0-0 0, Fox 0 0-0 0, Novella 0 0-2 0, Fogle 0 0-0 0, Keith 0 0-0 0. Totals: 22 11-23 56.

Glendale—38

Legrand 2 2-2 6, Noel 1 2-2 4, Tarr 1 3-5 5, Biddle 3 3-4 10, McGarvey 2 0-4 5, Spangle 1 0-0 2, Wilson 0 0-0 0, Mi. Gates 1 2-4 4, Me. Gates 0 0-0 0, Holes 1 0-0 2, Gingerich 0 0-0 0. Totals: 12 12-21 38.

Three-pointers: Leyo; Biddle, McGarvey.

Score by Quarters

Harmony	14	10	20	12—56
Glendale	5	6	11	16—38

February 11, 2009: Southern Huntingdon 98 at Glendale 54

FLINTON — The Glendale girls basketball team was defeated by Southern Huntingdon on Wednesday evening, 98-54.

Brooke Legrand led the Lady Vikings with 20 points.

Glendale fell to 8-13 overall and 7-9 in the Inter-County Conference. The Lady Vikings travel to Curwensville this evening.

The Lady Rockets, which improved to 15-0 in the ICC, knocked down 17 three-pointers on the night.

Southern Huntingdon won the junior varsity game, 54-24. Brooke Wilson had nine points to pace the Lady Vikings.

Southern Huntingdon—98

Speck 6 0-0 14, Shields 5 2-2 15, Hummel 8 3-3 21, Shope 4 0-0 11, Hall 4 0-0 10, Fish 5 0-0 13, Zinobile 1 4-4 6, Booher 1 0-0 2, Bender 2 0-0 6, Beatty 0 0-0 0, Whitsel 0 0-0 0, Herman 0 0-0 0. Totals: 36 9-9 18.

Glendale—54

Biddle 4 1-2 9, Mi. Gates 0 0-0 0, Me. Gates 1 0-0 2, Gingerich 0 0-0 0, Legrand 7 2-2 20, McGarvey 1 0-0 2, Noel 2 1-2 6, Spangle 2 2-2 7, Tarr 1 0-0 2, Wilson 1 0-0 2, Gedman 1 0-0 3. Totals: 20 6-8 54.

Three-pointers: Shields 3, Shope 3, Fish 3, Speck 2, Hummel 2, Hall 2, Bender 2; Legrand 4, Spangle, Wilson, Gedman, Noel.

Score by Quarters

So. Huntingdon	31	20	31	16—98
Glendale	15	19	5	15—54

2009 Progressland Girls Basketball Honor Roll

First Team		
Taylor Harpster.....	Philipsburg-Osceola.....	Junior
Rebecca Kephart.....	West Branch.....	Junior
Lindsay Neff.....	Harmony.....	Junior
Gwenn Porter.....	Clearfield.....	Junior
Vanessa Rowley.....	Moshannon Valley.....	Junior
Second Team		
Morgan Biddle.....	Glendale.....	Sophomore
Megan Brink.....	Harmony.....	Senior
Roni Crowell.....	West Branch.....	Sophomore
Shannon Greslick.....	Moshannon Valley.....	Senior
Hannah Walls.....	Curwensville.....	Senior
Maureen Witters.....	Philipsburg-Osceola.....	Sophomore
Honorable Mention		
Tess Bloom.....	Curwensville.....	Junior
Cassie Brocius.....	Purchase Line.....	Freshman
Kierstin Elder.....	Moshannon Valley.....	Senior
Annie Janocko.....	Clearfield.....	Senior
Kierstyn Kruiise.....	Harmony.....	Senior
Jada Larson.....	West Branch.....	Sophomore
Brooke Legrand.....	Glendale.....	Junior
Kasey Rorabaugh.....	Purchase Line.....	Senior
Mackenzie Wilson.....	Philipsburg-Osceola.....	Sophomore
Madison Sopic.....	Clearfield.....	Junior
Player of the Year		
Alyson Leyo, Harmony		
Coach of the Year		
Missy Helsel, Philipsburg-Osceola		

2009 MO VALLEY LEAGUE BASKETBALL ALL-STARS

GIRLS

ALLISON LEYO HARMONY

VANESSA ROWLEY MO VALLEY

REBECCA KEPHART WEST BRANCH

RONI CROWELL WEST BRANCH

MEGAN BRINK HARMONY

HONORABLE MENTION

KREISTYN KRUISE HARMONY

TAYLOR MURIAK MO VALLEY

BROOKE LEGRAND GLENDALE

LINDSAY NEFF HARMONY

SHANNON GRESLICK MO VALLEY

HANNAH WALLS CURWENSVILLE

INDIVIDUAL Scoring (20 GP minimum)					
Player	FG	FTM	3s	Pts	Avg.
Leyo (H)	164	80	30	438	18.3
Kephart (WB)	78	78	4	332	14.4
Crowell (WB)	90	91	56	327	14.2
THarpster (PO)	116	51	22	305	13.3
Brocius (PL)	111	45	22	289	13.1
Rowley (MV)	86	91	22	285	12.4
Neff (H)	111	58	8	288	12.0
Biddle (G)	84	58	3	229	10.9
Walls (Cu)	78	79	4	239	10.9
Brink (H)	92	69	5	258	10.8
Greslick (MV)	90	56	13	249	10.8
Witters (PO)	100	18	25	243	10.6
McCullough (PL)	78	52	0	208	9.5
Legrand (G)	70	31	34	205	9.3
Elder (MV)	62	46	29	199	8.7
Noel (G)	54	56	26	190	8.6
Bloom (Cu)	69	28	20	186	8.5

Free Throw Percentage (50 FTA minimum)			
Player	FTM	FTA	FT%
Crowell (WB)	91	118	77.1
Noel (G)	56	75	74.7
Janocko (CI)	47	64	73.4
Tarr (G)	37	52	71.2
Simcox (PO)	41	58	70.7
Leyo (H)	80	118	67.8
Sopic (CI)	33	50	66.0
Walls (Cu)	79	120	65.8
Porter (CI)	53	84	63.1
T. Harpster (PO)	51	81	62.9
Biddle (G)	58	93	62.4
Rorabaugh (PL)	36	59	61.0
Rowley (MV)	91	152	59.9
Wilson (PO)	37	62	59.7
Neff (H)	58	98	59.2
Legrand (G)	31	54	57.4
McLaughlin (PL)	43	76	56.6
McGarvey (G)	36	64	56.3
Brink (H)	69	123	56.1
Elder (MV)	46	85	54.1
Larson (WB)	27	50	54.0
Kephart (WB)	78	149	52.3

Rebounds Per Game			
Player	GP	Reb	RPG
Kephart (WB)	23	313	13.6
Leyo (H)	24	322	13.4
Harlow (MV)	23	244	11.1
Murarik (MV)	23	247	10.7
Neff (H)	24	254	10.6
Biddle (G)	21	218	10.4
Rorabaugh (PL)	22	218	9.9
McCullough (PL)	22	207	9.4
T. Harpster (PO)	23	199	8.7
McDowell (WB)	18	140	7.8
Kopchik (WB)	22	170	7.7
Walls (Cu)	22	148	6.7
McGarvey (G)	21	137	6.5
Yonushonis (PO)	23	150	6.5

Three-Pointers Per Game			
Player	GP	3s	Avg.
Crowell (WB)	23	56	2.4
Ja. Ryan (CI)	25	43	1.7

Legrand (G)	22	34	1.5
Elder (MV)	23	29	1.3
Leyo (H)	24	30	1.3
Noel (G)	22	26	1.2
Kovalick (CI)	25	27	1.1
Witters (PO)	23	25	1.1
Brocius (PL)	22	22	1.0
Bloom (Cu)	22	20	0.9
T. Harpster (PO)	23	22	0.9
Rowley (MV)	23	22	0.9

Free Throw Percentage			
Team	FTM	FTA	FT%
Clearfield	240	384	62.5
Glendale	240	396	60.6
Curwensville	143	245	58.4
West Branch	262	459	57.1
Harmony	264	469	56.3
P-O	222	405	54.8
Mo Valley	282	545	51.7
Purchase Line	222	465	47.7

TEAM STATISTICS Scoring Offense			
Team	GP	Pts.	Avg.
Harmony	24	1320	55.0
West Branch	23	1132	49.2
P-O	23	1094	47.6
Mo Valley	23	1087	47.3
Glendale	22	1019	46.3
Purchase Line	22	967	43.9
Clearfield	25	1070	42.8
Curwensville	22	729	33.1

Scoring Defense			
Team	GP	Pts.	Avg.
Harmony	24	1005	41.9
Clearfield	25	1142	45.7
Mo Valley	23	1071	46.6
P-O	23	1122	48.8
Curwensville	22	1067	49.4
West Branch	23	1140	49.6
Glendale	22	1200	54.5
Purchase Line	22	1224	55.6

Three-Pointers Per Game			
Team	GP	3s	Avg.
Glendale	22	87	3.9
Clearfield	25	96	3.8
West Branch	23	78	3.4
P-O	23	72	3.1
Mo Valley	23	65	2.8
Harmony	24	62	2.6
Curwensville	22	32	1.5
Purchase Line	22	25	1.1

Rebounds Per Game			
Teams	GP	Reb.	RPG
West Branch	23	866	37.7
Harmony	24	857	35.7
Mo Valley	23	819	35.6
Glendale	22	777	35.3
Purchase Line	22	734	33.4
Curwensville	22	674	30.6
P-O	23	676	29.4
Clearfield	25	731	29.2

Players	Points	Three's
Morgan Biddle	227	3
Brooke Legrand	205	34
Samantha Noel	191	25
Sara Tarr	123	6
Kelli McGarvey	122	1
Brooke Wilson	45	9
Cassie Spangle	41	4
Michelle Gates	9	0
Megan Gates	7	1
Annette Gingerich	4	0
Hillary Holes	4	0
Avril Gedman	3	1
Totals	85	1014