

2005-2006 Season

Looking for another run

With its starting five back, Glendale looks for big things

By Jaelyn Yingling
Sports Editor

FLINTON — With all five returning starters back, along with two letterwinners and a plethora of younger players, Glendale head coach John Matchock is looking for another big improvement from his team this year.

The Lady Vikings, who went 7-1 in the Moshannon Valley League last season and 8-16 overall, are looking to better both records this season, with the eventual goal of getting to the postseason.

"Our goal is to go to the playoffs," said Matchock. "There was a lot of excitement at school when the boys were playing last season. The girls and I want to generate that kind of excitement this year."

"We have five returning starters, so we didn't really lose anything. The only thing we really have a problem with is our free-throw shooting, which we have been working on. I just want to keep getting better and better each year."

The Lady Vikings have continued to improve under Matchock's leadership, coming within one game of winning the Moshannon Valley League title in each of the last two years, and have improved their record in the always-strong Juniata Valley League.

"We haven't talked about the Mo Valley League," said Matchock. "The girls and I know if they go out there and play like they can, we will be right there again at the end of the season."

"All four of the coaches in the league will have their players ready to go, so it's important that we show up every game and not expect anything to be handed to us."

Senior Kristin Laing will return to run the Glendale offense for the third straight year. This season, Laing will get a little more help, as Matchock will look to two other letterwinners to help take the pressure off his starting point guard.

"Kristin has been running the offense pretty well the last three years, and she does an excellent job," Matchock said. "But we don't want to have teams just focusing on her. Right now, we have Kristin, Justine (Morrison) and Nicole Matthews interchanging at the point. That way we won't have teams just focusing on her, and we will be able to get some other girls at the point position."

Morrison was the team's leading scorer last season, averaging eight points per game. She also filled in at the point position when Laing got into foul trouble.

Also back is leading rebounder Ashlee McQuown, who remains the lone true post player. McQuown averaged 7.5 points per game last season — second on the team.

Michelle Peoples (4.5 ppg) and Sara McGarvey (6.6 ppg) will join McQuown under the basket.

Both filled the position well last season, and Matchock hopes for more of the same from all three this year.

Without the height, Glendale will rely more on its defense and quickness, hoping to force turnovers and score points off layups.

"We are not going to shoot the lights out in too many games, so we are going to rely on our quickness on defense to generate our offense," said Matchock. "We are always trying to improve on defense. I just look for them to play solid defense. We are a very fast team and that helps."

As for the five returning starters — Laing, Morrison, McGarvey, Peoples and McQuown — Matchock has said they will keep their starting positions.

"As of right now, they are still our starting five," Matchock said. "I want to keep it open, that way it keeps the younger girls wanting to get better and wanting to start a varsity game. Right now, it's set, but it can always change. If someone isn't playing well, and an underclassmen steps up — they will get their chance."

Matchock has two players in mind to bring off the bench in addition to letterwinners Matthews and C.J. Krise.

"It's hard to say," he said. "We have two girls, Catie Dick and Samantha Noel, who can shoot. I'm not afraid to put in somebody like that. I think they can step right in for us and play."

The biggest thing for the Lady Vikings will be to stay out of foul trouble this season, something that hampered them in close games last year.

"We have been telling the girls to play defense with their feet and not their hands," Matchock said.

"Every practice we work on defense trying to get them not to foul. But, when you play man-to-man defense the entire game, you are going to foul. If they are aggressive fouls, I can live with that. But if they are lazy fouls — reaching and doing things they shouldn't be — then I have a problem with it."

The Lady Vikings begin their season next Friday when they take on Austin at 6 p.m. in the opening game of the West Branch Tip-Off Tournament.

Roster Seniors

Gretchen Horon, *C.J. Krise, *Kristin Laing, *Sara McGarvey, *Ashlee McQuown, *Nicole Matthews, *Justine Morrison, *Michelle Peoples.

Juniors

Brittany Boulton, Katee Budzinski, Robin Cherish, Tara Dick, Kristen Gates, Kim Kovach.

Sophomores

Catie Dick, Katie Treese, Tiffany Twigg.

Freshmen

Samantha Noel.

*Denotes returning letterwinners.

Schedule

December

2—vs. Austin at West Branch Tip-Off Tournament, 6 p.m.; 3—at West Branch Tip-Off Tournament, TBA; 5—Moshannon Valley; 7—Curwensville; 8—at Southern Huntingdon; 12—at Williamsburg; 14—Penns Valley; 16—at Harmony; 19—West Branch; 21—at Juniata Valley.

January

2—Bellwood-Antis; 5—at Claysburg-Kimmel; 9—Mount Union; 13—at Moshannon Valley; 17—Southern Huntingdon; 19—Williamsburg; 23—at Penns Valley; 25—at West Branch; 27—Juniata Valley; 30—at Curwensville.

February

1—at Bellwood-Antis; 3—Claysburg-Kimmel; 7—at Mount Union; 13—Harmony.

All varsity games are set to begin at 7:30 p.m. unless otherwise noted.



Super Seven — The Glendale girls basketball team returns seven letterwinners to its 2005-06 squad. In front, from left, are Nicole Matthews, Kristin Laing and C.J. Krise. In back are Sara McGarvey, Michelle Peoples, Justine Morrison and Ashlee McQuown.

December 2, 2005: Glendale 44 vs Austin 25 (WB Tourn.)

Glendale girls trip up Austin, 44-25

By Jaclyn Yingling
Sports Editor

ALLPORT — Despite waiting over two hours to get their game in, the Glendale girls basketball team started off its 2005-06 season on a winning note, topping Austin, 44-25, in the opening night of the Lady Warriors Tip-Off Tournament on Friday evening at West Branch High School.

"We're not used to starting off the season 1-0, but we practiced hard all week," said Lady Vikings head coach John Matchock. "They went out and played exactly how we wanted them to play — tough. We pride ourselves on defense, and we showed it tonight."

Senior Ashlee McQuown led the way, knocking down 19 points and racking up 12 rebounds in the win. Teammates Justine Morrison and Michelle Peoples each added seven points, while Peoples also had six rebounds.

"We need someone to step up," said Matchock. "We are not going



McQuown

to have the same person leading our team every night in scoring, so for someone to score 19 points and have 15 rebounds — I'll take that."

Glendale set the tone early, breaking out to an 11-0 lead. All five starters scored in a span of four minutes, leaving the Lady Panthers a little breathless in the opening minutes.

The Lady Vikings eventually took a 16-2 lead before widening the advantage to 24-4 at the half. McQuown had eight points in the first two frames, while Morrison added five.

Austin came alive in the second half, taking advantage of several Glendale fouls and turnovers. But the Lady Vikings still managed to stretch their lead by one point, holding a 35-14 lead at the end of three.

"We know playing man-to-man defense that we are going to have foul trouble," Matchock said. "We kept telling them in the locker room that you have to move your feet. I wasn't the least bit hesitant to start bringing in people off the bench. We had some girls come off the bench tonight and play pretty well. I was pleased."

The Lady Panthers outscored the Lady Vikings, 11-9, in the final frame, but it wasn't enough as Glendale walked away with the 44-25 victory.

McQuown scored all but one basket in the fourth quarter for Glendale. Katee Budzinski had the other.

Sarah Jeffers led the way for Austin, tallying six points, while Chelsea Walden added five. Lisa Fowler and Ashley Kio each had six rebounds.

Glendale will now take on Moshannon Valley League rival West Branch, a 51-32 winner over Bucktail in the first game of the

night, in the championship game at 7:30 this evening.

Austin will face the Lady Bucks in the consolation game at 6 p.m.

"West Branch has a lot of young kids, and they are going to be quick," Matchock said. "We are going to have to step it up tomorrow. I think the girls will do fine, though."

Austin—25

K. Valenti 1 0-0 2, R. Valenti 1 2-2 4, Jeffers 2 2-6 6, Walden 2 0-0 5, Kio 1 0-0 2, Lamer 1 0-0 2, Fowler 1 2-3 4, Boucher 0 0-0 0, S. Gordnier 0 0-0 0, Crosby 0 0-0 0, H. Gordnier 0 0-0 0, Nichols 0 0-0 0. Totals: 9 6-11 25.

Glendale—44

Laing 1 0-1 2, Morrison 3 1-2 7, McGarvey 1 1-2 3, McQuown 8 3-6 19, Peoples 3 1-4 7, Krise 1 0-0 2, Mathews 1 0-0 2, Twigg 0 0-0 0, Budzinski 1 0-0 2, Boulton 0 0-0 0, Noel 0 0-0 0, T. Dick 0 0-0 0, Cherish 0 0-0 0, Kovach 0 0-0 0, Treese 0 0-0 0, Horon 0 0-0 0, C. Dick 0 0-0 0, Gates 0 0-0 0. Totals: 19 6-15 44.

Three-pointers: Walden.

Score by Quarters

Austin	2	2	10	11—25
Glendale	16	8	11	9—44

December 3, 2005: Glendale 49 at West Branch 33 (WB Tourn.)

Glendale wins Lady Warriors Tip-Off Tournament behind Ashlee McQuown

By Jaclyn Yingling
Sports Editor

ALLPORT — For the second straight night, Glendale's Ashlee McQuown had a double-double, and the Lady Vikings dominated their opponent — topping host West Branch, 49-33, in the championship game of the Lady Warriors Tip-Off Tournament Saturday evening.

The victory gives Glendale its first 2-0 start under head coach John Matchock.

"I'm very excited," Matchock said. "I've never been 2-0 before. One of the goals for me was to win this tournament. We haven't fared well in these things, and I wanted to give us a good start to the season."

McQuown continued to impress under the net against the Lady Warriors, tallying 21 points and 20 rebounds. For her efforts, the Lady Viking senior was named the Most Outstanding Player of the tournament.

"You can't ask for anything more of Ashlee," said Matchock. "She came out playing hard in both games. She had a lot of rebounds that turned into a lot of points for us tonight."

Glendale scored the first eight points of the game, keeping the Lady Warriors off the board until 2:04 left in the first quarter.

West Branch finally scored when Misty Modzel hit a foul shot, then followed it up with a putback jumper. Alicia Howe added a basket to pull the Lady Warriors to within 8-5 at the end of the first quarter.

"Turnovers and rebounds hurt us," said West Branch head coach Joe Matson. "We gave up a lot of rebounds to them, which led to second shots and third shots. That and the turnovers really hurt us. I think that was the key to the game. Otherwise, I think we match up well with them."

Glendale extended its lead to 12 points by the half, thanks, in part, to four baskets from McQuown and five points from Kristin Laing.

The Lady Vikings forced the Lady Warriors into 22 turnovers by halftime, while also forcing three West Branch starters into foul trouble by the end of the second quarter.

"I think they are a better defensive team than we faced last night," said Matson. "They were able to apply more pressure, and some of the things we were able to do last night we couldn't do tonight."

Glendale's tough defensive play, which held Austin to just four points at halftime in their opening game Friday evening, continued against the Lady Warriors. Just two Lady Vikings had two fouls each before halftime, something that pleased Matchock.

"We talked about moving our feet on defense in the locker room before the game," he said. "We didn't want to foul them and get those free points. We need to keep the clock running and move our feet — and tonight we did that."

West Branch opened up the third quarter with a foul shot from Kristen Perks and a basket from Brianna Parks to pull to within 25-16. But a 9-1 run by the Lady Vikings put the Lady Warriors in an even deeper hole, giving Glendale a 36-17 advantage heading into the final frame.

"I think Glendale has a very disciplined approach to the game," said Matson. "I think they did a very good job, especially rebounding and on defense. I look forward to playing them two more times."

The Lady Warriors made a final run in the fourth quarter, but played the entire frame without starter Kari Larson, who led the team Friday evening with 21 points. Larson was defending on a drive to the basket by Brittany Boulton and hit her head off the wall. She did not return, but did leave the court on her own.

Glendale had contained Larson and Alicia Howe, who had 12 points in Friday's win over Bucktail, until that point. Larson finished the evening with one point, while Howe was one of three Lady Warriors with eight points.

"Our gameplan was not to let Howe to beat us," Matchock said. "She and Larson are such good shooters, and we didn't want them to get any open looks. We had set people who we wanted to guard them, and Sara McGarvey and Justine Morrison did a great job doing that tonight."

West Branch did outscore Glendale, 16-13, in the final frame, but couldn't muster the comeback, giving the Lady Vikings the 49-33 victory.

"At the end of the game, they took us out of what we wanted to do," said Matchock. "Certain things happened, and we ended up doing things that we hadn't really prepared for. I just have to congratulate them. I think they did a nice job."

Glendale outrebounded West Branch 54-24 in the game.

"We had three keys that we needed to do, and one of those was rebounding," Matchock said. "West Branch doesn't have a lot of height, but I figured that they would be doing a lot of boxing out. So, it was very important for us to be grabbing those rebounds, and they did an excellent job tonight."

McGarvey had eight points and nine rebounds in the victory, while Nicole Matthews added six points. Morrison notched eight rebounds, while Michelle Peoples had seven.

The Lady Vikings improved to 2-0 on the season. Glendale returns to action on Monday when it hosts Moshannon Valley in a Moshannon Valley League matchup.

Howe, Parks and Kristin Shiflett each had eight points for the Lady Warriors, while Modzel added seven.

West Branch dropped to 1-1 on the year. The Lady Warriors host Southern Huntingdon on Monday in a Juniata Valley League game.

"I don't feel bad about my girls and their hustle," Matson said. "They never gave up, and I think we are going to win games this year. I'm very positive about the direction of the team and their attitude and their hustle. We'll be okay."

"West Branch has a great team," said Matchock. "They are young, but they play hard. Every game is going to be a dogfight. No game in the Mo Valley League is going to be a walk in the park."

Bucktail defeated Austin the consolation game, 49-41.

Glendale—49

Laing 2 1-2 5, Morrison 0 2-4 2, McGarvey 4 0-1 8, McQuown 9 3-6 21, Peoples 2 1-6 5, Krise 0 0-1 0, Matthews 2 1-3 6, Twigg 0 0-0 0, Budzinski 0 0-0 0, Boulton 1 0-0 2. Totals: 20 8-23 49.

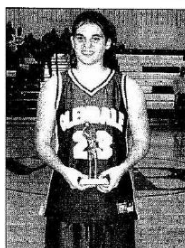
West Branch—33

Houston 0 0-0 0, Parks 4 0-1 8, Modzel 3 1-2 7, Perks 0 1-2 1, Wesesky 0 0-1 0, Howe 3 0-0 8, Larson 0 1-2 1, Shiflett 3 1-2 8. Totals: 13 4-10 33.

Three-pointers: Matthews; Howe 2, Shiflett.

Score by Quarters

Glendale	8	17	11	13—49
West Branch	5	8	4	16—33



Most Outstanding Player — Glendale's Ashlee McQuown was named the Most Outstanding Player at the Lady Warriors Tip-Off Tournament on Saturday evening at West Branch High School. McQuown had 40 points and 32 rebounds in the two games en route to the honor.

Photo by Jaclyn Yingling

December 5, 2005: MoValley 28 at Glendale 46

Glendale defeats rival Mo Valley, 46-28

By Jon Christoff
Sports Writer

FLINTON — The Glendale girls basketball team kept its early season streak going, topping visiting Moshannon Valley 46-28 on Monday night, to win its third straight game to open the season.

"I think it (playing in a tournament over the weekend) was a big deciding factor," said Lady Viking head coach John Matchock. "We had two games under our belt and this was their first, so they basically had to work their kinks out during the game. As the game went on, our girls got more pumped up."

Glendale got a game-high 17 points from Sara McGarvey, while Justine Morrison added nine points in the win.

Ashlee McQuown pulled down a game-high 11 rebounds for the Lady Vikings.

"I told the girls we can't rely on her every single game to score all of our points," Matchock said. "Teams are going to focus on (McQuown), and tonight, when she got the ball at the foul line, they were double- and triple-teaming her. She has to realize that's going to happen and that she'll have to rely on her teammates to step up."

"I've told them that every night we might have a different leading scorer. That'll make it harder for teams to focus on one. We have a lot of good players."

With Mo Valley trailing 7-2 with two minutes left in the first quarter, Staci Godin connected on the first of two foul attempts, then rebounded her miss and put it back to cut the deficit to two.

McGarvey connected on a basket to give Glendale a 9-5 lead after the first.

The Lady Vikings had five different players score in the foul-filled first quarter.

"I felt that we've got to get smart when playing defense," Mo Valley head coach Tom Tomasko said. "We got into a little bit of foul trouble early in the game. It was our first game and we got a little out of control at times. The kids hustled and scrapped, but we still made our first-game mistakes."

Morrison paced the Lady



McGarvey

Vikes with five second-quarter points, including a three-point play with under four minutes to play in the half.

Mo Valley cut the lead to 18-13 on consecutive field goals by Jordan Cook and

Danielle McQuown, before Ashlee McQuown netted her lone bucket of the game to give Glendale a 20-13 lead heading into halftime.

"I thought we did a decent job neutralizing her inside," Tomasko said of his team's defense of McQuown. "It was just unfortunate that our fouls caught up on us."

The Lady Vikings went to the charity stripe 11 times in the first half, compared to just six for the Damsels. Mo Valley attempted 10 on the night, while Glendale had 22 opportunities.

"In the beginning of the season we play a lot of man-to-man and you'll have a little bit of foul trouble playing man," said Matchock. "I wasn't happy with some of the fouls because they were lazy fouls."

The Lady Vikings went up 10 points with 4:45 left in the third on a basket by Nicole Matthews and took a 31-18 lead into the final quarter of play.

Moshannon Valley—28

Bacher 0 0-0 0, Rebar 3 2-7 8, Godin 3 1-2 7, Cook 2 0-0 4, Tomasko 0 0-1 0, D. McQuown 3 0-0 6, Elder 1 0-0 3, Greslick 0 0-0 0. Totals: 12 3-10 28.

The Damsels scored the first four points of the fourth on baskets by Molly Rebar and Godin to cut the Glendale lead to 31-22.

McGarvey then answered with four straight points of her own to open the lead back to double digits.

Mo Valley kept battling back and got the deficit to nine before the Lady Vikings went on a 7-2 run to close the game.

"We gave up a couple of cheap ones at the end," said Tomasko, "but when you're down 10 points late in the game you have to try to do something."

Glendale held Mo Valley's leading scorer from last year, Amy Tomasko, scoreless in the game.

"We knew she was a very good player — good shooter, good dribbler," Matchock said. "We wanted to take her out of the game and try to make the other four girls beat us."

The Lady Vikings improved to 3-0 overall, 1-0 in the Moshannon Valley League and 1-0 in the Juniata Valley League.

The Damsels dropped to 0-1, 0-1 and 0-1.

"It's obvious it was our first game, but we'll get better," Tomasko said. "The girls came out and played as hard as they could, and that's what we needed — a game under our belt."

Glendale topped Mo Valley in the junior varsity contest, 47-21, in both teams' first game.

The Lady Vikings host Curwensville Wednesday, while the Damsels entertain Juniata Valley Friday.

Glendale—46

Morrison 2 5-5 9, A. McQuown 1 1-4 3, Peoples 3 0-1 6, Laing 0 2-4 2, McGarvey 6 5-6 17, Matthews 1 1-2 3, Budzinski 1 0-0 2, Krise 2 0-0 4, Twigg 0 0-0 0, C. Dick 0 0-0 0. Totals: 16 14-22 46.

Three-pointers: Elder.

Score by Quarters

Mo Valley	5	8	5	10	28
Glendale	9	11	11	15	46

December 7, 2005: Curwensville 33 at Glendale 51

Lady Vikings go to 4-0

Glendale remains perfect with 51-33 win over Curwensville

By Jaclyn Yingling
Sports Editor

FLINTON — After four games in five days, it would be easy to understand if the Glendale girls basketball team played a little sloppy against visiting Moshannon Valley League rival Curwensville on Wednesday evening.

Just don't tell that to the Lady Vikings, who played solid defense and got key games from all five starters to defeat the Lady Tide, 51-33, and stay perfect at 4-0.

"Last year, we beat them in the second game we played them and it kind of got the monkey off our back," said Glendale head coach John Matchock. "We knew if we wanted to win the Mo Valley League this year, we'd have to go through Curwensville, because they have won it the past two seasons. It was a big win. It starts us off 4-0 and 2-0 in the Mo Valley League."

The Lady Vikings forced 35 Curwensville turnovers in the game, including 18 by halftime. Glendale also got Lady Tide players Jackie White, Brittany Barrett and Ronna Knepp in foul trouble early, leaving Curwensville with no choice but to go to the bench.

"I knew coming in that we have a very young, inexperienced team, and it's our first game," said Curwensville interim head coach Brian Morgan. "Glendale is a tough team. I think they are going to go places this year. We knew if we didn't do certain things well, it could get out of hand a little bit. Really, I think other than a couple of stretches we played well. The lack of experience and the foul trouble really hurt us."

Glendale pulled out to a 13-2 lead on the Lady Tide to start the game, led by seven points from Justine Morrison. Morrison finished the night with 15 points.

Curwensville went on a 7-2 run at the end of the first quarter, including a Holly Fink shot at the buzzer to pull the Lady Tide to within 15-9.

Curwensville went on a 7-2 run at the end of the first quarter, including a Holly Fink shot at the buzzer to pull the Lady Tide to within 15-9.

Glendale opened up the second frame with a trey from Michelle Peoples, but the Lady Tide reeled off six straight points to cut the advantage to 18-15.

"We got some rebounds underneath the basket," Matchock said. "We got some second and third chances, and when you get those, most of the time you are going to get a foul called. It worked out for us."

However, that was as close as Curwensville would get, as the Lady Vikings buckled down on defense and went on a 14-2 run. Morrison and Kristin Laing each had a layup on breakaways, while Morrison added a steal for a layup to help widen the lead to 32-17 at the half.

"Defense is our key," Matchock said. "Tonight, the girls moved their feet and we didn't have any girls in foul trouble until the fourth quarter. The girls played well. We knew we had to shut down Miss (Danielle) Struble, because she is one of their best shooters. Kristin, Nicole (Matthews) and Justine did a good job on her."

The second half played out much like the first, with Glendale extending its lead even further off key defensive plays by Peoples, who notched six rebounds on the night, and Sara McGarvey, who had three steals in the game. McGarvey also led the team in rebounding with seven.

"We knew that they (Glendale) were going to full-court press us," Morgan said. "We worked on that, but you just can't duplicate the pressure that they put on you when you are in practice. And, of course when we had the foul trouble and had to put some other people in, it just multiplied the turnovers."

"You have to give them credit," he continued. "They forced a lot of turnovers. We had some dumb turnovers, but a lot of it was just because of their pressure and what they do on defense."

The Lady Vikings widened the advantage to 47-24 at the end of the third quarter.

Curwensville got a bulk of its offense from its point guard Struble, who led all scorers on the night with 17 points. Struble had five of those points in the final frame in which the Lady Tide outscored Glendale, 9-4, setting the final at 51-33.

"She's really stepped up," said Morgan of Struble. "After being out a whole year with that ACL tear, she's worked really hard. She had a really good summer. She has shown a lot of leadership out on the court, and that's what we need from the experienced girls."

Chelsea Bloom led Curwensville in rebounding with seven on the night. Fink chipped in with six, while Barrett added five.

McQuown led the way for the Lady Vikings' scoring, tallying 16 points on the evening. She also had six rebounds on the night. Laing finished the game with nine points. All five starters and Matthews scored the points for Glendale.

"We pride ourselves on defense," said Matchock. "The more turnovers we get, the better. That just means we are forcing the other team to do stuff it doesn't want to do. Turnovers lead to points."

Glendale improved to 4-0 overall and 2-0 in the Moshannon Valley League. The Lady Vikings travel to Southern Huntingdon this evening for their first Juniata Valley League game.

Curwensville fell to 0-1 overall and 0-1 in the MVL. The Lady Tide-host Elk County Catholic on Friday evening.

The Lady Vikings won the junior varsity game, 53-30. Kristen Gates, Tiffany Twigg and Katee Budzinski each had 11 points for Glendale. Bloom led the Lady Tide with 14.

Curwensville—33

Struble 7 3-6 17, White 2 1-15, Barrett 1 1-2 3, Knepp 1 4-4 6, Fink 1 0-0 2, Lansberry 0 0-0 0, Bloom 0 0-2 0, Walls 0 0-0 0, Hamm 0 0-0 0, Desmitt 0 0-0 0, Errigo 0 0-0 0. Totals: 12 9-15 33.

Glendale—51

Laing 4 1-4 9, Morrison 7 1-3 15, McGarvey 2 0-0 4, McQuown 7 1-7 16, Peoples 2 0-2 5, Krise 0 0-0 0, Matthews 1 0-0 2, Twigg 0 0-0 0, Budzinski 0 0-0 0, Boulton 0 0-0 0, C. Dick 0 0-0 0, T. Dick 0 0-0 0, Gates 0 0-2 0. Totals: 23 3-18 51.

Three-pointers: McQuown, Peoples.

Score by Quarters

Curwensville	9	8	7	9-33
Glendale	15	17	15	4-51



Photo by Jim Butler

Glendale's Kristin Laing, left, goes in for a layup as Curwensville's Danielle Struble, right, defends. Laing had nine points in the Lady Vikings' win, while Struble led all players with 17.

December 8, 2005: Glendale 53 at Southern Huntingdon 67

Glendale loses to SH

ORBISONIA — The Glendale girls basketball team dropped a 67-53 decision to host Southern Huntingdon on Thursday night.

The Lady Rockets outscored Glendale 26-14 in a definitive second quarter, forcing the Lady Vikings to play catch up.

"We hung with them," Glendale head coach John Matchock said.

"We just had a bad spell in the second quarter."

Ashley McQuown paced Glendale (4-1 overall) with 17 points, while Justine Morrison netted 12.

Southern Huntingdon won the jayvee contest, 34-29. Catie Dick was the Lady Vikings' leading scorer.

Glendale returns to the court Monday, traveling to Williamsburg.

Glendale—53

Laing 0 0-1 0, Morrison 5 2-2 12, McGarvey 3 2-2 9, McQuown 6 5-8 17, Peoples 1 2-2 4, Krise 2 0-0 4, Matthews 3 1-2 7, Budzinski 0 0-0 0, Boulton 0 0-2 0, Noel 0 0-0 0. Totals: 20 12-17 53.

Southern Huntingdon—67

Shope 8 6-8 23, Clark 1 0-0 2, Snyder 0 0-0 0, Hershey 5 0-0 14, Schmidt 2 3-4 7, Houck 1 5-7 8, Gilliland 2 2-4 7, A. Hockenberry 2 1-1 5, K. Hockenberry 2 1-1 5, Milleir 0 1-2 1, Speck 0 0-0 0. Totals: 21 18-26 67.

Three-pointers: McGarvey; Hershey 4,

Shope, Houck, Gilliland.

Score by Quarters

Glendale	14	14	10	15—53
So. Huntingdon	13	26	12	16—67

December 12, 2005: Glendale 28 at Williamsburg 57

Lady Vikings fall

WILLIAMSBURG — The Glendale girls basketball team fell to homestanding Williamsburg, 37-28, on Monday night.

The Lady Vikings were outscored 17-1 in the first quarter of play and were unable to recover.

Kristin Laing scored a team-high 10 points to lead Glendale, while Ashlee McQuown added seven in the loss.

Williamsburg won the junior varsity game, 40-31. Tiffany Twigg led the Lady Vikings with nine.

Glendale is 4-2 on the season and 1-2 in the Juniata Valley League.

The Lady Vikings return to action Wednesday, hosting Penns Valley.

Glendale—28

Laing 4 2-2 10, Morrison 1 0-1 2, McGarvey 0 1-4 1, McQuown 3 1-4 7, Peoples 0 2-5 2, Krise 2 0-0 4, Matthews 0 0-0 0, Twigg 0 0-0 0, Budzinski 0 0-0 0, Boulton 0 0-0 0, C. Dick 1 0-0 2. Totals: 11 6-16 28.

Williamsburg—37

Yeager 2 0-2 5, Rhoades 1 0-0 2, Speacht 1 0-0 2, Fay 0 0-0 0, Mingle 5 1-1 12, Peck 0 0-0 0, Wyland 2 0-0 4, Zimmerman 3 5-8 12. Totals: 14 6-11 37.

Three-pointers: Yeager, Mingle, Zimmerman.

Score by Quarters

Glendale	1	9	12	6—28
Williamsburg	17	6	10	4—37

December 14, 2005: Penns Valley 51 at Glendale 28

Glendale topped by PV

FLINTON — Glendale fell to visiting Penns Valley, 51-28, on Wednesday evening in Juniata Valley League girls basketball action.

Justine Morrison was the lone Lady Viking in double figures, scoring 12.

Glendale dropped to 4-3 overall and 1-3 in the JVL. The Lady Vikings travel to Harmony on Friday.

Penns Valley also won the jayvee game, 43-26. Tiffany Twigg led Glendale with 11 points.

Penns Valley—51

Henry 2 2-4 6, Cloninger 0 0-0 0, Tyson 0 0-0 0, Myer 2 0-0 4, McAffrey 5 2-4 13, R. Myers 0 0-0 0, K. Myers 2 4-6 8, Darr 1 0-0 3, Stover 0 0-0 0, Lee 0 0-0 0, Levan 7 3-4 17. Totals: 19 11-18 51.

Glendale—28

Laing 0 0-0 0, Morrison 4 4-7 12, McGarvey 1 0-2 2, McQuown 3 0-0 7, Peoples 0 0-0 0, Matthews 0 1-2 1, Twigg 1 0-0 2, C. Dick 0 0-0 0, Budzinski 1 2-2 4, Kovach 0 0-0 0, Horon 0 0-0 0, Boulton 0 0-0 0. Totals: 10 7-13 28.

Three-pointers: McAffrey, Darr; McQuown.

Score by Quarters

Penns Valley	11	16	8	16—51
Glendale	8	10	7	3—28

Glendale girls down Harmony in MVL matchup

By Jon Christoff
Sports Writer

WESTOVER — The Glendale girls basketball team used a balanced scoring attack and its defense forced 43 turnovers in a 68-37 win over Moshannon Valley League foe Harmony Friday night in Westover.

The Lady Vikings had three players reach double digits, including a game-high 18 from senior Ashlee McQuown. McQuown also pulled down a game-high 19 rebounds to lead Glendale to a 50-28 advantage on the boards.

"One person isn't going to carry this team," said Lady Viking head coach John Matchock. "We have several people that have the ability to step up. If someone is getting double teamed, then we have someone who can step up and take over the scoring."

A Justine Morrison field goal and a free throw by McQuown got Glendale out to a quick 3-0



McQuown

lead before teammate Sara McGarvey netted back-to-back buckets to extend the Lady Viking lead to 7-0 with 5:39 left in the first quarter.

McGarvey scored 14 points in the contests, all of which came in the first half, while Morrison added 10.

"You just don't know who to pick up every time down the floor," said Harmony head coach Chris Priester. "We started in a 2-3 defense, but when they started to pull away we had to go man-to-man."

The Lady Owls answered with a 7-2 run over the next four minutes to cut the deficit to 9-7. Four different Harmony players contributed to the effort, but a McGarvey basket set the score

at 11-7 after the first quarter of play.

"Harmony came out flying and I think it surprised our girls — they surprised me," Matchock said. "They played real hard. We were able to get our heads about us and played well in the second half."

The Glendale defense turned it up a notch in the second quarter, forcing 13 turnovers, while the offense scored 21 points.

McGarvey scored eight points in the frame, while McQuown scored five during a foul-filled eight minutes of play. Reserve Katee Budzinski added four.

"We ran into some foul trouble in the first half and had some girls come off the bench and play real well," said Matchock. "Nicole has been playing strong lately, and Katee Budzinski made some shots underneath."

The Lady Owls also ran into foul trouble which, in turn, led to turnovers with point guard Kierstyn Kruse having to sit



McGarvey

with three fouls.

"Kierstyn got into foul trouble early in the first half and we depend on her a lot to handle the ball," Priester said. "From that point on, we had to take

her in and out of the game because of her foul situation, and they got more turnovers because of it.

"We're still not boxing out and it showed here tonight about in the middle of the second quarter. We gave up too many fast break opportunities by not getting back on defense quick enough."

The Lady Vikings had a 32-18 lead at halftime.

Glendale picked up right where it left off to begin the third quarter. The Lady Viking defense forced more turnovers,

and McQuown controlled the boards to take a 46-26 advantage into the final quarter of play.

"We pride ourselves on defense," Matchock said. "We try to pressure the ball handler, and as soon as she picks up her dribble, we want to be all over her. That led to some fouls, but that also led to a lot of turnovers too."

McQuown scored six in the frame, while Morrison recorded four.

Rochelle Beck led the Lady Owls with four points in the quarter and finished the game with seven.

The fourth quarter followed suit, with several substitutions over the last four minutes of play. McQuown added six more points, while Kruse added six for Harmony. Kruse finished the game with a team-high 10 points.

"It's all things we're working on and we're taking small steps with such a young team," said Priester. "There are spots where you can see we're improved, but you can also see what we need to work on."

Glendale improved to 5-3 on the season and 3-0 in the MVL.

Harmony dropped to 1-5 and 0-3.

The Lady Vikings will host West Branch on Monday, while the Lady Owls are off until Friday when traveling to Moshannon Valley.

Glendale—68

Laing 2 1-8 5, Morrison 4 2-6 10, McGarvey 7 0-0 14, McQuown 8 2-6 18, Peoples 0 0-0 0, Matthews 2 0-0 4, Krise 2 1-1 5, Budzinski 2 0-0 4, Boulton 0 0-0 0, Noel 0 2-3 2, Twigg 1 0-0 2, Treese 2 0-0 4, Horon 0 0-0 0, T. Dick 0 0-0 0, Kovach 0 0-0 0, C. Dick 0 0-0 0, Cherish 0 0-0 0 Totals: 30 8-24 68.

Harmony—37

Leyo 2 0-2 4, Brink 2 3-6 7, Kruse 5 0-0 10, Neff 1 2-4 4, Harkleroad 0 0-0 0, Beck 3 1-3 7, Gallaher 1 1-2 3, Wholaver 0 0-0 0, Coble 1 0-0 2 Totals: 15 7-17 37.

Score by Quarters

Glendale	11	21	14	22—68
Harmony	7	11	8	11—37

December 19, 2005: West Branch 41 at Glendale 59

Dominant Performance

Glendale girls defeat MVL rival West Branch, 59-41

By Jon Christoff
Sports Writer

FLINTON — The Glendale girls basketball team jumped out to a quick lead in Monday's contest with Moshannon Valley League rival West Branch and never looked back, topping the Lady Warriors 59-41.

The Lady Vikings forced 12 turnovers in the first quarter and held the advantage in rebounds to get the early advantage.

"We told the girls that we wanted to get up on them early," said Glendale head coach John Matchock. "When you get teams down, they tend to think a little too much. We came out and got a nice lead and, luckily, we were able to hang on to it."

A key to the early lead for the Lady Vikings was the play of Ashlee McQuown, who netted 10 first quarter points and finished the night with a game-high 16.

McQuown netted the first two buckets of the contest to give Glendale a 4-0 lead before Alicia Howe's field goal cut the lead in half with 4:36 left in the first.

The Lady Vikings answered back by scoring eight unanswered points to take a 12-2 lead with less than three minutes to play in the quarter.

West Branch's Kari Larson scored three points to cut the deficit to seven before McQuown added two more field goals off passes from Justine Morrison and Kristin Laing to give the Lady Vikings a 16-5 lead after the first quarter.

McQuown also pulled down several rebounds in the first, finishing the game with 14, while Glendale held the overall advantage 42-23.

"I think they rebound the ball really well," West Branch head coach Joe Matson said. "The gap between their team and our team right now is rebounding. If you win the rebounding game, you will win the game more times than not. It's something that we have to work on, and I'm confident that we will improve as the year goes on."

The Lady Vikings used a balanced scoring attack in the second quarter, opening up a 19-point lead with 3:20 left in the half.

Glendale had six different players contribute, as C.J. Krise netted five points off the bench, and Morrison and McQuown each added four.

"C.J. is one person that you can count on to shoot," Matchock said. "She made a couple of nice shots. I don't even know who our leading scorer was because our girls played as a team."

Krise, in addition to McQuown, was the only other Glendale player to score double digits, finishing the game with 10.

Larson and Misty Modzel netted buckets to cut Glendale's lead to 15, but the Lady Vikings answered back with two more of their own on baskets by McQuown and Sara McGarvey to take a 34-15 lead into halftime.

A key to the Glendale lead was turnovers, as West Branch committed 17 against nine for the Lady Vikings.

"They're not a big team, but they're a physical team," said Matson. "They match up and go after the ball. If you have five people that can do that, then you'll win your share of games."

The second half was more evenly matched, as the teams battled back and forth in the third.

Glendale opened up a 23-point lead early in the quarter, before the Lady Warriors started to chip away.

Kristen Perks netted all eight of her points in the frame, while Howe added four.

"On most every possession, unlike Friday against Curwensville, we were able to execute and get more motion out of our offense," Matson said. "When we're able to do that, it frees us up and gives us some more options. As the game went on, we were a little more loose and into the flow of the game more."

While West Branch started to get it going on the offensive side of the court, Glendale still outscored the Lady Warriors 17-15 and took a 51-30 lead into the fourth.

Larson scored six of her team-high 13 in the final quarter, as West Branch outscored the Lady Vikings 11-8 to set the final at 59-41.

Katee Budzinski scored six points off the bench for Glendale in the fourth.

The Lady Vikings improved to 6-3 on the season, 4-0 in the MVL and 2-3 in the Juniata Valley League, while West Branch dropped to 2-5, 1-2 and 0-3.

Glendale also won the jayvee game, 30-28.

Both teams take to the road on Wednesday, with the Lady Vikings traveling to Juniata Valley and the Lady Warriors traveling to Moshannon Valley.

West Branch—41

Howe 3 0-0 6, Shifflett 2 0-0 4, Larson 5 3-5 13, Parks 1 1-2 3, Perks 3 1-2 8, Modzel 2 0-2 4, Houston 1 1-2 3, Wesesky 0 0-0 0. Totals: 17 6-13 41.

Glendale—59

Laing 2 0-0 4, Morrison 3 0-0 6, Peoples 1 4-8 6, McGarvey 3 1-2 7, McQuown 8 0-1 16, Matthews 1 0-0 2, Krise 4 0-0 10, Budzinski 3 0-0 6, Boulton 0 2-2 2, Horon 0 0-0 0, Twigg 0 0-0 0, T. Dick 0 0-0 0. Totals: 25 7-13 59.

Three-pointers: Perks; Krise 2.

Score by Quarters

West Branch	5	10	15	11—41
Glendale	16	18	17	8—59



Glendale's Kristin Laing goes in for a layup during Monday's game with West Branch. The Lady Vikings topped the Lady Warriors 59-41. West Branch's Kristin Shifflett, left, and Alicia Howe, right, defend on the play, while Glendale's Sara McGarvey looks on.



West Branch's Jolene Wesesky, left, and Alicia Howe, right, battle with Glendale's Ashlee McQuown, for a rebound during Monday's Moshannon Valley League matchup.

December 21, 2005: Glendale 38 at Juniata Valley 73

Glendale loses to JV

ALEXANDRIA — The Glendale girls basketball team dropped to 6-4 on the season with a 73-38 loss to Juniata Valley on Wednesday evening.

The Lady Vikings also fell to 2-4 in the Juniata Valley League.

Michelle Peoples led Glendale with 10 points on the night, while Ashlee McQuown added nine.

Glendale hosts Bellwood-Antis on Jan. 2.

The Lady Vikings won the jayvee game, 48-33. Katee Budzinski led Glendale with 19 points.

Glendale—38

Laing 0 0-2 0, Morrison 4 0-0 8, McGarvey 3 0-0 6, McQuown 4 1-2 9, Peoples 3 3-11 10, Matthews 0 0-0 0, Twigg 0 0-0 0, C. Dick 0 0-0 0, Budzinski 2 0-0 4, Horon 0 0-0 0, Krise 0 0-0 0, Boulton 0 1-2 1, Noel 0 0-0 0, Kovach 0 0-0 0. Totals: 16 5-17 38.

Juniata Valley—73

Lane 4 1-2 10, Borst 3 0-0 9, Feagley 2 0-1 4, Howe 1 0-0 2, Gildea 5 4-5 14, Reed 9 2-2 21, Keller 0 0-0 0, Boyd 3 1-2 9, Boone 1 0-2 2, Ewell 1 0-0 2. Totals: 29 8-14 73.

Three-pointers: Peoples; Borst 3, Boyd 2, Lane, Reed.

Score by Quarters

Glendale	14	12	11	1—38
Juniata Valley	22	21	13	17—73

January 2, 2006: Bellwood 44 at Glendale 29

Glendale falls to BA

FLINTON — The Glendale girls basketball team fell to Bellwood-Antis, 44-29, on Monday evening in Flinton.

Sara McGarvey, Nicole Matthews and Samantha Noel each had five points to pace the Lady Vikings.

With the loss, Glendale fell to 6-5 overall and 2-5 in the Juniata Valley League.

The Lady Vikes travel to Claysburg-Kimmel on Thursday evening.

Glendale won the jayvee game, 38-21. Tiffany Twigg had 13 points to lead the Lady Vikings.

Bellwood-Antis—44

Webb 0 0-0 0, Lechner 1 0-0 2, Carter 10 2-4 22, Erickson 5 1-2 11, Smith 2 2-2 6, Ingram 0 2-2 2, Young 0 0-0 0, Lumbardo 0 0-0 0, Lender 0 0-0 0, Hunter 0 1-2 1, Riley 0 0-0 0. Totals: 18 8-12 44.

Glendale—29

Laing 0 1-2 1, Morrison 2 0-0 4, McGarvey 1 3-4 5, McQuown 2 0-0 4, Peoples 0 1-2 1, Matthews 2 0-0 5, Twigg 0 0-0 0, C. Dick 0 0-0 0, Budzinski 1 0-0 2, Horon 1 0-0 2, Krise 0 0-0 0, Noel 2 0-0 5, Kovach 0 0-0 0. Totals: 11 5-8 29.

Three-pointers: Matthews, Noel.

Score by Quarters

Bellwood-Antis	12	9	9	14—44
Glendale	6	3	9	11—29

January 5, 2006: Glendale 33 at Claysburg 68

Glendale falls to CK

CLAYSBURG — The Glendale girls basketball team fell to host Claysburg-Kimmel on Thursday evening, 68-33, in Juniata Valley League action.

Justine Morrison led the team with 12 points.

The Lady Vikings fell to 6-6 overall. Glendale hosts Mount Union on Monday.

Claysburg-Kimmel won the junior varsity game, 51-41. Katee Budzinski led the Lady Vikings with 13 points.

Glendale—33

Laing 1 0-0 3, Morrison 5 1-3 12, McGarvey 0 0-0 0, McQuown 1 0-0 2, Peoples 0 1-4 1, Matthews 2 0-0 5, Twigg 0 0-0 0, C. Dick 1 0-0 3, Budzinski 0 0-2 0, Krise 1 0-0 3, Noel 0 1-2 1, Kovach 1 0-0 2, Boulton 0 1-2 1, Treese 0 0-0 0, Cherish 0 0-0 0, T. Dick 0 0-0 0. Totals: 12 4-13 33.

Claysburg-Kimmel—68

L. Claar 3 7-9 13, K. Musselman 6 3-4 15, R. Musselman 3 1-1 7, Leslie 5 0-0 11, Iachini 6 2-2 14, Paris 2 0-0 4, A. Claar 0 0-0 0, Luciano 1 0-0 2, C. Claar 1 0-0 2, Burket 0 0-0 0, Walter 0 0-0 0, Harshberger 0 0-0 0. Totals: 27 13-16 68.

Three-pointers: Laing, Morrison, Matthews, C. Dick, Krise; Leslie.

Score by Quarters

Glendale	6	16	4	7—33
Claysburg-Kimmel	21	17	12	18—68

January 9, 2006: Mt. Union 29 at Glendale 64

Glendale downs MU

FLINTON — The Glendale girls basketball team topped Mount Union, 64-29, on Monday evening.

Sara McGarvey led the Lady Vikings with 13 points, while Justine Morrison added 12. Ashlee McQuown and Michelle Peoples each added eight.



McGarvey

Glendale improved to 7-6 overall and 3-6 in the Juniata Valley League.

The Lady Vikes won the jayvee game, 39-19, behind 11 points from Tiffany Twigg.

Glendale travels to Moshannon Valley on Friday.

Mount Union—29

Corbin 2 2-4 6, T. Price 5 5-5 16, Atherton 0 0-0 0, Walters 1 0-0 3, Moore 0 0-0 0, Stewart 2 0-0 4, Worthy 0 0-1 0, C. Price 0 0-0 0.
Totals: 10 7-10 29.

Glendale—64

Laing 2 2-2 7, Morrison 6 0-1 12, McGarvey 6 1-4 13, McQuown 4 0-0 8, Peoples 3 2-2 8, Matthews 1 0-0 2, Krise 2 0-0 6, Budzinski 2 0-0 4, Boulton 0 0-0 0, Kovach 0 0-0 0, C. Dick 1 2-4 4, Horon 0 0-0 0, Twigg 0 0-0 0, Noel 0 0-0 0.
Totals: 27 7-13 64.

Three-pointers: T. Price, Walters; Krise 2, Laing.

Score by Quarters

Mount Union	11	4	7	7--29
Glendale	16	19	12	17--64

January 13, 2006: Glendale 54 at MoValley 23

Big first quarter keys Lady Vikings' 54-23 win over Mo Valley

By Jon Christoff
Sports Writer

AMESVILLE — The Glendale girls basketball team opened up a 17-2 lead after the first quarter of Friday's game at Moshannon Valley and never looked back, topping the Damsels 54-23 at Monte Close Gymnasium.

The Lady Vikings took advantage of eight first-quarter turnovers and outrebounded Mo Valley 9-2 in the first frame.

"Our shots were actually falling and we played good defense," said Glendale head coach John Matchock. "I always preach our defense will lead to a lot of our offense, and it showed during the first quarter. We wanted to get on them early and make them try to come back."

Glendale opened up a 12-0 lead to start the game with Sara McGarvey, Justine Morrison and Kristin Laing each scoring four points.

McGarvey finished the game with nine, while Laing scored seven and Morrison six.

The Damsels' Molly Rebar got her squad on the board with 2:06 left in the first to cut the deficit to 10, but Mo Valley failed to get any closer throughout.

"We just came out flat tonight and dug ourselves into a pretty big hole," said Damsels head coach Tom Tomasko. "Offensively, Glendale took us out of anything we wanted to do tonight."

A bucket from Ashlee McQuown and a three-pointer by Michelle Peoples gave every Glendale starter a point in the first quarter, and a 15-point advantage heading into the second.

McQuown paced Glendale with four points in the second quarter, including a putback with 3:23 left that gave the Lady Vikings a 20-point lead.

The Glendale senior led all scorers with 14 points and hauled in a game-high 12 rebounds.

"She was frustrated the first time we played them because she wasn't getting the open shots that she's accustomed to," Matchock said of McQuown. "She had it in her mind that she was going to go in and mix it up in there tonight. She did a good job of getting rebounds and putting them back up."

Rebar scored Mo Valley's first three points of the second quarter before Jordan Cook got the Damsels on the board with 1:24 left in the half.

Cook finished with team-highs in points (seven), rebounds (10) and blocks (four).

Rebar was unable to net another point in the contest and finished with five.

"We really wanted to key on (Amy) Tomasko and Rebar tonight," said Matchock. "Justine Morrison played outstanding defense on Tomasko. She's a good shooter and ball-handler, and we didn't want her to have any time to spot-up and shoot. Kristin Laing was on Molly Rebar and did a nice job denying her any good looks at the basket."

Glendale took a 26-9 lead into halftime.

The Lady Vikings dictated the tempo in the second half, forcing 11 more Mo Valley turnovers. The Damsels committed 29 in all.

"They played a lot of zone, and we were able to run fast break against them," Matchock said. "As soon as we got a rebound, we ran the floor and got some easy layups."

Glendale outscored Mo Valley 14-7 in each of the final two quarters to set the final.

"When we did get a shot, we were only getting one shot," Tomasko said. "When we get out of sync, we rush things and everybody tries to do something to help the cause. Sometimes we just go a little bit too fast, we just need to calm down and work some of those things out."

The Lady Vikings improved to 8-6 overall, 5-0 in the Moshannon Valley League and 4-6 in the Juniata Valley League. The Damsels dropped to 3-11, 3-3 and 1-8.

Glendale topped Mo Valley in the jayvee game, 36-25. Tiffany Twigg paced the Lady Vikings

with 17, while Shannon Greslick led the Damsels with 19.

Both teams return to action Tuesday, with Glendale hosting Southern Huntingdon and Mo Valley taking to the road to face Juniata Valley.

Glendale—54

Laing 3 1-1 7, Morrison 3 0-0 6, McGarvey 3 3-6 9, A. McQuown 6 1-1 14, Peoples 3 0-0 7, Matthews 1 0-0 2, Krise 1 1-2 4, Budzinski 1 0-0 2, Boulton 1 0-0 2, C. Dick 0 0-0 0, Twigg 0 1-3 1, Horon 0 0-0 0, Noel 0 0-2 0, T. Dick 0 0-0 0.
Totals: 22 7-15 54.

Moshannon Valley—23

Rebar 1 3-5 5, Godin 2 0-0 4, Tomasko 1 0-2 2, Blacher 2 1-1 5, Cook 1 5-10 7, D. McQuown 0 0-0 0, Elder 0 0-0 0, Greslick 0 0-0 0, Charney 0 0-0 0, Stine 0 0-0 0.
Totals: 7 9-18 23.

Three-pointers: A. McQuown, Peoples, Krise.

Score by Quarters

Glendale	17	9	14	14--54
Mo Valley	2	7	7	7--23

January 17, 2006: Southern Huntingdon 60 at Glendale 22

Glendale falls to SH

FLINTON — The Glendale girls basketball team dropped a 60-22 decision to visiting Southern Huntingdon on Tuesday evening.

The Lady Vikings were led by Justine Morrison, who had six points.

Glendale fell to 8-7 overall and 4-7 in the Juniata Valley League. The Lady Vikings hosts Williamsburg on Thursday.

In junior varsity, Southern Huntingdon won, 36-34. Katee Budzinski paced Glendale nine points.

Southern Huntingdon—60

Shope 3 4-5 10, Clark 2 0-2 4, Snyder 3 2-4 11, Schmidt 2 0-0 5, Houck 3 4-4 11, Gilliland 4 0-0 10, Miller 1 0-0 2, Hockenberry 1 0-0 2, Speck 1 0-0 3, Gamble 1 0-0 2. Totals: 21 10-15 60.

Glendale—22

Laing 1 0-2 2, Morrison 3 0-0 6, McGarvey 0 1-2 1, McQuown 2 0-0 4, Peoples 0 0-0 0, Matthews 1 0-2 2, Krise 2 0-0 5, Budzinski 0 0-0 0, Boulton 0 0-0 0, Twigg 1 0-0 2, Horon 0 0-0 0. Totals: 10 1-6 22.

Three-pointers: Snyder 3, Gilliland 2, Schmidt, Houck, Speck; Krise.

Score by Quarters

So. Huntingdon	13	23	15	9—60
Glendale	6	5	4	7—22

January 19, 2006: Williamsburg 64 at Glendale 44

Foul trouble costs Glendale girls in loss to Williamsburg

By Jon Christoff
Sports Writer

FLINTON — Glendale girls basketball coach John Matchock knows that when playing man-to-man his girls will collect fouls throughout the course of a game.

What Matchock didn't expect was to have three girls have at least three fouls each before halftime of Thursday's game with Williamsburg, which led to the Lady Pirates attempting 41 foul shots.

Williamsburg connected on 31 of those attempts to defeat the Lady Vikings 64-44.

"Tonight was probably the first time all year that our foul trouble came back to hurt us," said Matchock. "When you have one person in foul trouble, we can have one girl come off the bench and play well. But we had quite a

few girls in trouble tonight and had to go deep into our bench. Williamsburg's bench is just a little bit tougher than ours."

Before Glendale got into foul trouble, it controlled the tempo of the game early in the first quarter.

Kristin Laing converted a pair of steals into layups to give the Lady Vikings a quick 4-0 lead.

Laing netted seven points in the first half and finished the game with nine. The Glendale senior also had four steals and a blocked shot.

"Kristin plays excellent defense," Matchock said. "At both ends, no matter what the score is, she goes out and gives it her all."

Justine Morrison made it a five-point game after she connected on a foul shot with 7:19 left in the first.

Glendale led by seven before

Williamsburg got on the board, but scored four straight points to take an 11-2 lead with under four minutes to play.

Unfortunately for the Lady Vikings, the momentum switched after an Ashlee McQuown layup gave them a nine-point advantage.

The Lady Pirates scored 13 unanswered points to take a 15-11 lead before McQuown connected on another layup to cut the deficit to two heading into the second quarter.

McQuown netted a team-high 14 points and also pulled down a team-high eight boards.

"She's been having some problems lately with scoring some points and getting rebounds," said Matchock of McQuown. "Tonight, she showed up and she continues to come to play game-in and game-out."

Williamsburg controlled the second quarter and outscored Glendale 22-11 to take a 37-24 lead into halftime.

The Lady Pirates only connected on five field goals in the stanza, but connected on 11-of-13 free throws in the quarter.

"You have to credit Williamsburg," Matchock said. "They did what they had to do — they went to the foul line and made their shots. They got a lot of points from the foul line in the first half and continued that in the second half."

Williamsburg also forced eight turnovers in the second and 19 in the first half.

"They went to their press a little bit, and we were making some unforced errors," said Matchock. "We were doing things we weren't supposed to be

doing — dribbling up the sideline, and, basically, gave the ball right back to them."

Glendale was able to cut the deficit to 11 midway through the third quarter, but was unable to get any closer.

Williamsburg led 52-34 heading into the fourth, where it didn't net a bucket. The Lady Pirates did, however, connect on 12 foul shots — with the last four coming with under a minute to play to inflate the final score.

"Our girls played hard tonight, but you have to give credit to Williamsburg — they played hard too," Matchock said. "The fouls we committed were aggressive fouls and I have no problem with that."

Glendale fell to 8-8 on the season and 4-8 in the Juniata Valley League. The Lady Pirates are

now 8-3 in the JVL.

The Lady Vikings won the jayvee game, 29-21, behind 16 from Katee Budzinski.

Glendale is back in action Monday, traveling to Penns Valley.

Williamsburg—64

Yeager 1 7-11 9, A. Speacht 0 4-6 4, Peck 4 4-4 13, Wyland 1 2-3 4, Zimmerman 5 10-13 22, Rhule 0 0-0 0, Mingle 2 4-4 8, L. Speacht 2 0-0 4, Fay 0 0-0 0, Saltgiver 0 0-0 0, Saylor 0 0-0 0. Totals: 15 31-41 64.

Glendale—44

Laing 4 1-2 9, Morrison 1 2-4 4, McQuown 7 0-2 14, McGarvey 2 0-0 4, Peoples 1 3-8 5, Matthews 0 0-0 0, Budzinski 2 0-0 4, Twigg 2 0-0 4, C. Dick 0 0-0 0, Boulton 0 0-0 0, Horon 0 0-0 0, Cherish 0 0-0 0, T. Dick 0 0-0 0. Totals: 19 6-16 44.

Three-pointers: Zimmerman 2, Peck.

Score by Quarters

Williamsburg	15	22	15	12—64
Glendale	13	11	10	10—44

January 25, 2006: Glendale 53 at West Branch 42

Glendale tops West Branch

By Jaclyn Yingling
Sports Editor

ALLPORT — By the fourth quarter of Wednesday night's Moshannon Valley League game between the Glendale and West Branch girls, Lady Viking head coach John Matchock had already taken his tie off and untucked his shirt.

After beating the Lady Warriors by 18 points last month, Glendale was having trouble putting them away in a pivotal MVL game. But the Lady Vikings finally settled down and managed to keep their undefeated league record with a 53-42 victory.

"West Branch came out playing," said Matchock. "They didn't step down, and I think that our girls took them a little too lightly. We had a lead there to start off with, and West Branch came battling back. It had me a little nervous. Coach (Joe) Matson had his girls ready to play tonight."

It was the first game in almost a week for the Lady Vikings, who had their Monday night game at Penns Valley postponed to Saturday due to the weather.

"We were off six days, and from experience that isn't a good thing," Matchock said. "You don't like to play a lot of games in a row, but playing games helps you keep a routine going. We didn't play on Monday, so we were really sluggish in the first half."

Glendale took an 8-2 lead after the first quarter, but West Branch didn't back down, tying the game at 11 with two minutes left in the first half.

Jolene Wesesky then gave the Lady Warriors their first lead of the game, taking a steal down for the bucket and the foul. The good free throw made the score 13-11, but the Lady Vikings tied the game on a basket from Sara McGarvey.

"Last month we played solid basketball night in and night out," said Matson. "I feel like a broken record here, but these girls are fighting so hard and executing so well. We just need to score a few more points and get some more rebounds. I firmly thought tonight the tale of the tape would be if we could hang with them rebounding. I think that's where they won the game."



Photo by Jim Butler

Glendale's Justine Morrison goes up for a shot on Wednesday evening during the Lady Vikings' game with West Branch. Morrison had a game-high 18 points in Glendale's 53-42 victory.

Glendale finally seemed to get its act together in the second half, starting off the third quarter with a 7-0 run to take a 20-13 lead. But the Lady Warriors again took advantage of some Lady Viking turnovers and pulled to within 20-19.

Strong rebounding toward the end of the third quarter, along with three Lady Warriors starters in foul trouble, helped Glendale ease its lead back out to eight points at 31-23.

"I told them in the locker room before the game that rebounding was going to be key," said Matchock. "West Branch doesn't have very much height, so we were able to get those second and third opportunities. The first half they weren't falling, but the second half we were able to finish, which was good."

The Lady Vikings also shot well from the free throw line, going 20-of-29 in the game. Twelve of those points from the line came in the fourth quarter.

"That's the best we have shot from the line all year," said Matchock. "The girls got their game faces on in the second half and finally started to play."

Glendale's lead never dropped from eight points after West Branch made one final run to start the fourth quarter.

With the Lady Vikings up 33-23, the Lady Warriors cut that lead to 33-29 on a basket and two foul shots from Kari Larson, as well as a bucket from Brianna Parks.

But Glendale recovered with baskets from McGarvey, Kristin Laing and Justine Morrison to extend its lead back out to 10 points.

"They have a couple more interior players than we do," said Matson. "That's something we just don't have at this point — we just don't have depth at the inside spots. If we can stay close with teams rebounding, and we don't give up second and third shots, we can win games. The fact is if we rebound more, we'd have at least six or seven wins now."

West Branch struggled in the fourth quarter to keep pace, with three of its starters fouling out in the final three minutes.

With time winding down, Larson hit a three just as the

buzzer sounded, setting the final at 53-42. Larson finished the game with 16 points and six rebounds, while Wesesky added 10 points.

"I'm happy," said Matson. "I'm proud of the way the girls played tonight. I think they are a good basketball team. It's unfortunate that we only have two wins. You just can't stop working. You have to keep striving for victory, and I'm hoping the remainder of the season we are going to do that."

Glendale was led by Morrison, who had 18 points, including 9-of-12 from the line. Ashlee McQuown had 16 points in the win, including 8-of-9 from the line. She also had 14 rebounds in the game.

McGarvey added 12 rebounds, while Laing and Nicole Matthews each had seven.

"This was a big game for us," Matchock said. "We had to win to keep pace with Curwensville in the MVL. Basically, Monday's game against Curwensville is a chance for us to clinch the league. If we lose, it could end up in another tie. I don't want to do that. We have to come Monday and be prepared for Curwensville and take care of business."

The Lady Vikings improved to 9-8 overall, 6-0 in the MVL and 5-8 in the Juniata Valley League. Glendale hosts Juniata Valley on Friday evening.

West Branch dropped to 2-18 overall, 1-6 in the MVL and 0-14 in the JVL. The Lady Warriors host Moshannon Valley on Friday evening.

West Branch dropped to 2-18 overall, 1-6 in the MVL and 0-14 in the JVL. The Lady Warriors host Moshannon Valley on Friday evening.

In junior varsity action, Glendale won 27-18. Brittany Boulton had 10 points to pace the Lady Vikings, while Wesesky had five to lead the Lady Warriors.

Glendale—53

Laing 3 2-4 8, Morrison 4 9-12 18, McGarvey 2 1-2 5, McQuown 4 8-9 16, Peoples 2 0-2 4, Matthews 1 0-0 2, Budzinski 0 0-0 0, Krise 0 0-0 0, Boulton 0 0-0 0, Twigg 0 0-0 0, C. Dick 0 0-0 0. Totals: 16 20-29 53.

West Branch—42

Howe 3 0-0 7, Larson 5 5-6 16, Parks 1 0-0 2, Perks 2 0-2 4, Modzel 0 3-4 3, Wesesky 4 2-3 10, Houston 0 0-0 0, Couteret 0 0-2 0. Totals: 15 10-15 42.

Three-pointers: Morrison; Howe, Larson.

Score by Quarters

Glendale	8	5	18	22—53
West Branch	2	11	10	19—42

January 27, 2006: Juniata Valley 47 at Glendale 45

Juniata Valley47
 Glendale45

FLINTON — Desiree Reed scored 20 points and Casey Lane had 11 to spark Juniata Valley to a Juniata Valley League win over Glendale.

Kristin Laing netted 14 points for Glendale.

JUNIATA VALLEY (47): Lane 4-3-3 11, Borst 2-1-2 5, Feagley 0-2-2 2, Howe 0-0-0 0, Gildea 1-3-11 5, Reed 10-0-4 20, Keller 0-1-6 1, C. Boyd 1-0-0 3, K. Boyd 0-0-0 0, Boone 0-0-0 0. Totals — 18-10-28 47.

GLENDALE (45): Laing 6-2-2 14, Morrison 4-0-0 8, McGarvey 4-3-5 11, McQuown 2-0-0 4, Peoples 0-3-7 3, Matthews 0-0-0 0, Budzinski 0-0-0 0, Krise 1-0-0 3, Boulton 0-2-2 2, Twigg 0-0-0 0. Totals — 17-10-16 45.

SCORE BY QUARTERS

Juniata Valley10 16 12 9 — 47
 Glendale9 14 8 14 — 45

3-point goals: Juniata Valley 1 (C. Boyd); Glendale 1 (Krise).

Records: Juniata Valley (7-12 overall, 6-9 JVL); Glendale (9-9 overall, 5-9 JVL).

January 28, 2006: Glendale 34 at Penns Valley 51

Penns Valley51
 Glendale34

SPRING MILLS — Korey McCaffrey and Brittany Levan each scored 16 points to lead Penns Valley over Glendale in a Juniata Valley League game.

Sara McGarvey and Kristin Laing each scored eight points to lead Glendale.

GLENDALE (34): Laing 4-0-2 8, Morrison 3-0-0 6, McGarvey 3-2-4 8, McQuown 3-0-2 5, Peoples 1-4-6 5, Matthews 0-0-1 0, Budzinski 0-0-0 0, Krise 0-0-0 0, Twigg 0-0-0 0, C. Dick 0-0-0 0, T. Dick 0-0-0 0, Cherish 0-0-0 0. Totals — 14-6-15 34.

PENNS VALLEY (51): Henry 1-0-0 2, Cloninger 0-0-0 0, Tyson 0-0-0 0, Myer 1-0-1 2, McCaffrey 6-3-6 16, R. Myers 0-0-0 0, K. Myers 3-4-5 10, Darr 1-0-0 2, Stover 1-1-2 3, Lee 0-0-0 0, Levan 5-4-8 16. Totals — 19-12-22 51.

SCORE BY QUARTERS

Glendale11 6 6 11 — 34
 Penns Valley11 10 10 10 — 51

3-point goals: Penns Valley 1 (McCaffrey).
 Records: Penns Valley (14-5 overall, 11-4 JVL); Glendale (9-10 overall, 5-10 JVL)

JV: Penns Valley won 60-33. High scorers — Tara Dick, G, 8; Dana Lee, PV, 15.

Glendale clinches MVL title

Lady Vikings defeat Curwensville to win Moshannon Valley League

By Jon Christoff
Sports Writer

CURWENSVILLE — The Moshannon Valley League title was on the line Monday night as the Curwensville girls basketball team entertained Glendale.

The Lady Tide entered the game with a 5-1 mark in the league, while the Lady Vikings were a perfect 6-0.

Last season, the two teams split their matchups en route to sharing the title.

This season was a different story, however, as Glendale took care of business, topping Curwensville 61-33 to claim the title outright.

"The girls really hustled tonight. They knew this was a big game and knew that a win clinched the Mo Valley League," said Glendale coach John Matchock. "The girls were primed and ready to go. Curwensville is always good and they've had our number the last couple of years. Coach (Brian) Morgan has done a great job with his girls."

The Lady Vikings' defense was the story in the contest, forcing 33 Lady Tide miscues. Glendale's man-to-man defense came away with 24 steals on the evening and was able to convert a majority into easy layups.

"Our passing has been atrocious all year, and I've told them that you can't give teams possession after possession without getting a shot," said Curwensville interim coach Brian Morgan. "Turnovers and missed opportunities have been our story this year."

"They're a good, aggressive defensive team and you're not going to make a lot of shots with a hand in your face. We just don't do the little things to help ourselves to get better shots."

Glendale's defense set the tone from the onset.

The Lady Vikings forced 11 turnovers throughout the first eight minutes of play, building up a 15-7 lead after the first quarter.

Every Glendale started scored in the frame, with Sara McGarvey leading the way with six of her eight points. McGarvey also came away with four of her six steals in the quarter.

"I felt we were right there effort-wise in the first half — we just missed three layups off the opening tip and that set the tone," Morgan said. "We responded to that by throwing the ball away three more times in the first two minutes."

The second quarter was more evenly played, as the teams traded baskets throughout.

The Lady Tide committed five turnovers in the quarter, which limited the Glendale offense.

Curwensville was paced by Brittany Barrett, who netted six points in the second quarter. Barrett was the lone player to reach double digits in scoring for the Lady Tide, finishing the game with 10 points. The Curwensville senior also pulled down 11 rebounds.

"I thought Brittany Barrett played a real nice game," said Morgan. "As a senior, she knew that the Mo Valley League was on the line here."

The Lady Viking defense did keep Curwensville's two leading scorers, Danielle Struble and Jackie White, in check for most of the contest.

Struble netted four of her eight points in the second, while White had two points through the first two quarters of play — both coming from the foul line.

"We watched film on them before we came down, and we knew that Struble and White were the two we really had to stop," Matchock said. "We knew Struble could hurt us off the dribble and that White would be tough underneath. All of our girls played outstanding defense tonight."

The Lady Vikings were led by six second-quarter points from Ashlee McQuown, while Justine Morrison, Michelle Peoples and Nicole Matthews each added a hoop.

Glendale had three players reach double figures in scoring, led by Peoples' 13 points. McQuown and Morrison each added 12 and 11 points, respectively.

"There isn't one selfish player on the team," said Matchock. "They don't worry about points, they just worry about winning the game."

The Lady Vikings held a 27-19 lead at halftime.

While Curwensville was able to hang with Glendale the first half, the second half proved to be a different story.

The Lady Vikings turned up the pressure in the third quarter, assuming control of the contest.

No Glendale player netted more than four points in the period, as six different girls scored. The Lady Tide, however, were held to one field goal and netted three points at the line.

The Lady Vikings led 41-24 heading into the final quarter of play.

"When you don't pass well and don't set proper screens, then you'll be in tough situations away from the basket," said Morgan. "It just screws up the offense and then you end up with more difficult shots. We gave them plenty of easy baskets. Not only were we not getting shots, but we were giving them layups and giving the ball away."

Glendale turned up the pressure in the fourth, as Peoples netted seven points. Morrison chipped in with five, while Laing added four.

"Michelle has been playing really well recently," said Matchock of Peoples. "The last couple of games she's been driving to the hoop and has been making her foul shots."

"Kristin hustles a lot and is one of the best defenders we have. I think a lot of the girls feed off her when she's hustling around. She's all-out hustle and I think that helps everyone."

The Lady Vikings also got the job done at the foul line, converting on 11 of 12 attempts.

"Foul shooting has been a big sore spot for us," Matchock said.

"I think once we started making them, the girls got confidence and that helped us on the offensive side and the defensive side. Foul shots are very important."

Tiffany Twigg set the final with time winding down, coming up with a steal of her own and converting it into a layup.

Glendale improved to 10-10 on the season and 7-0 in the MVL, while Curwensville dipped to 9-8 and 5-2.

"I hope we can learn from it and take some lessons from the loss," said Morgan. "We'll have to wait until tomorrow to see whether they do."

The Lady Vikings also won the jayvee game, 40-35. Twigg netted 14 points in the win, while Hannah Walls paced the Lady Tide with 12.

Glendale is back in action Wednesday, traveling to Bellwood-Antis. Curwensville entertains DuBois Central Catholic this evening.

Glendale—61

Laing 4 1-19, Morrison 5 1-2 11, McGarvey 4 0-0 8, McQuown 4 4-4 12, Peoples 4 5-5 13, Matthews 3 0-0 6, Krise 0 0-0 0, Twigg 1 0-0 2, Kovach 0 0-0 0, T. Dick 0 0-0 0, Cherish 0 0-0 0, Horon 0 0-0 0. Totals: 25 11-12 61.

Curwensville—33

Barrett 3 4-6 10, Struble 2 4-4 8, White 2 4-6 8, Fink 0 0-0 0, Knepp 1 0-0 2, Bloom 2 0-0 4, Lansberry 0 1-2 1, Walls 0 0-0 0, Hamm 0 0-0 0, Desmett 0 0-0 0, Errigo 0 0-0 0. Totals: 10 13-18 33.

Score by Quarters

Glendale	15	12	14	20—61
Curwensville	7	12	5	9—33

February 1, 2006: Glendale 36 at Bellwood 33

Lady Vikings down Bellwood

BELLWOOD — The Glendale girls basketball team defeated Bellwood-Antis, 36-33, on Wednesday night.

The Lady Vikings were led by eight points from Sara McGarvey. C.J. Krise netted six points, while Michelle Peoples and Nicole Matthews each chipped in with five.

"I'm very proud of the girls," said Glendale coach John Matchock. "All the girls that played, played hard. It's only the fourth win in Glendale history against Bellwood. This is something the girls should be proud of."

Glendale improved to 11-10 on the season and 6-9 in the Juniata Valley League.

The Lady Vikings also won the junior varsity game, 45-33, behind 12 points from Catie Dick.

Glendale is back in action Friday, hosting Claysburg-Kimmel.

Glendale—36

Laing 2 0-2 4, Morrison 1 1-2 3, McGarvey 4 0-2 8, McQuown 1 1-3 3, Peoples 2 1-4 5, Matthews 1 2-5 5, Budzinski 0 0-0 0, Krise 2 0-0 6, Twigg 0 2-2 2. Totals: 13 7-20 36.

Bellwood-Antis—33

Webb 0 0-0 0, Lechner 0 4-6 4, Carter 4 3-6 11, Erickson 2 3-6 7, Smith 3 2-5 9, Ingram 0 0-0 0, Lombardo 0 0-0 0, Lender 0 0-0 0, Hunter 0 2-2 2, Parson 0 0-0 0, Riley 0 0-0 0. Totals: 9 14-25 33.

Three-pointers: Krise 2, Matthews; Smith.

Score by Quarters

Glendale	4	12	6	14—36
Bellwood-Antis	6	13	8	6—33

February 3, 2006: Claysburg 51 at Glendale 35

Glendale falls to CK

FLINTON — Glendale played a good first half against visiting Claysburg-Kimmel, but a slow second half doomed the Lady Vikings and they fell to the Lady Bulldogs, 51-35, on Friday evening.

Ashlee McQuown led the Lady Vikings with seven points in the game.

Glendale fell to 11-11 overall and 6-11 in the Juniata Valley League. Claysburg-Kimmel remained undefeated overall and improved to 16-0 in the league.

The Lady Vikings travel to Mount Union on Tuesday evening.

Glendale won the junior varsity game, 32-30. Tiffany Twigg led the Lady Vikes with 11 points.

Claysburg-Kimmel—51

L. Claar 3 10-12 16, A. Claar 1 0-0 2, K. Musselman 4 2-2 10, R. Musselman 1 1-2 3, Leslie 3 3-5 9, Paris 1 0-0 2, Iachini 4 0-0 9. Totals: 17 16-21 51.

Glendale—35

Laing 1 0-2 2, Morrison 1 2-2 5, McGarvey 3 0-0 6, McQuown 3 1-2 7, Peoples 1 4-4 6, Matthews 2 0-0 4, Krise 2 0-0 5, Twigg 0 0-0 0. Totals: 13 7-10 35.

Three-pointers: Iachini; Morrison, Krise.

Score by Quarters

Claysburg-Kimmel	9	7	12	23—51
Glendale	9	6	6	14—35

February 7, 2006: Glendale 38 at Mt. Union 48

Glendale loses to MU

MOUNT UNION — The Glendale girls basketball team dropped a 48-38 decision to Mount Union on Tuesday evening in a Juniata Valley League matchup.

Sara McGarvey paced the Lady Vikings with 11 points, while teammate Michelle Peoples added 10.

Glendale dropped to 11-12 overall and 6-12 in the JVL. The Lady Vikings host Harmony on

Monday evening for Senior Night in their final regular season game.

In the junior varsity game, Glendale won, 40-10. Samantha Noel led the winners with 10 points.

Glendale—38

Laing 1 0-1 2, Morrison 2 2-2 6, McGarvey 5 1-4 11, McQuown 4 0-0 8, Peoples 2 6-9 10, Matthews 0 0-0 0, Budzinski 0 1-2 1, Krise 0 0-0 0, Boulton 0 0-0 0, Twigg 0 0-0 0, C. Dick 0 0-0 0, Noel 0 0-0 0. Totals: 14 10-18 38.

Mount Union—48

Corbin 1 2-2 4, Price 9 10-17 28, Atherton 0 0-2 0, Walters 1 0-0 2, Moore 0 3-5 3, Stewart 5 1-2 11, Worthy 0 0-0 0. Totals: 16 16-28 48.

Score by Quarters

Glendale	8	8	12	10—38
Mount Union	11	8	15	14—48

February 13, 2006: Harmony 36 at Glendale 63

Home Sweet Home

Glendale sends seniors out in style in final home game

By Jon Christoff
Sports Writer

FLINTON — Glendale girls basketball coach John Matchock and the rest of the Lady Viking squad wanted to send their eight seniors out with a win in the last home game. Matchock and Co. did so in impressive fashion Monday night, defeating Moshannon Valley League rival Harmony, 63-36, in Flinton.

"Every year I really try to get them a win in their last home game because I want them to go out on a good note," said Matchock. "Even though we have a playoff game left, it's always nice to win that last game at home, in front of your fans, parents and friends."

The Lady Vikings built up an early lead in the first quarter and never looked back.

Glendale senior Justine Morrison had the hot hand in the first quarter, connecting on all five of her shots from the floor. Morrison finished the frame with 11 points and scored a game-high 16, on 7-of-10 shooting from the floor.

Michelle Peoples netted five points in the first to help the Lady Vikings lead 23-8 after the quarter.

"They got red-hot right off the bat and hit a lot of shots in the first quarter," said Harmony coach Chris Priester. "They came out and played well. They executed their offense. When they're making shots like that, it's hard to keep up with them."

Glendale was 10-of-15 in the first, while its stingy defense limited Harmony to just 4-of-10 shooting and forced eight Lady Owl turnovers in the stanza.

"We came out on fire," Matchock said. "We usually get early points on layups, but tonight our shots were falling. I think our girls were pumped up, being our last home game and having a lot of fans here. They were gung-ho from the beginning, and that helped us get an early lead."

Harmony's Megan Brink brought the Lady Owls to within 13 with a pair of foul shots, but Morrison made a layup and Kristin Laing added two of her own to give Glendale a 29-10 lead at the 5:15 mark of the second.

Laing also finished in double digits in her last home game, scoring 12 points on the night.

The Lady Owls answered the Lady Vikings' 6-0 run by scoring eight of the next 10 points to pull within 13 with 2:58 left in the half, capped by a Christine Harkleroad jump shot.

Brink netted four points in the run, while teammate Lauren Neff also added a bucket.

Neff and Brink paced Harmony, with Neff leading the way with 13. Brink chipped in with 10.

"Lauren and Megan are playing real well," Priester said. "They keep improving and developing. I can't say enough about freshmen coming in and continually giving us double figures each night."

The teams traded buckets the rest of the half, and Glendale led 35-22 after two quarters of play.

Sara McGarvey had four points down the stretch for the Lady Vikings and finished the game with 10.

"Every game we play, we have a spurt where we let down," said Matchock. "Harmony came at us ready to play. I knew it wasn't going to be an easy game because they have a lot of young kids that don't give up. Harmony started hitting some shots, we didn't box out and they were getting some easy layups."

The second half belonged to Glendale, which outscored Harmony 28-14 over the final two quarters.

The Lady Viking defense turned it up in the third quarter, forcing eight more Lady Owl turnovers. Harmony committed 26 turnovers in the game.

"We didn't do too well in our press in the first half, but we got some turnovers in the second half," Matchock said. "We got some layups off of turnovers and, I think that got our confidence built up, and we were able to work from there."

Glendale was rewarded for its defense, as 10 of its 13 third-quarter points were a result of Lady Owl miscues.

Laing netted six more points in the frame, while McGarvey added four.

The Lady Vikings led 48-28 heading into the fourth.

Neff paced Harmony with four points in the third.

Glendale kept the pressure on during the final eight minutes of play, creating several scoring opportunities inside on offensive rebounds.

Senior Ashlee McQuown led the rebounding effort, pulling down 14 boards in her final home game. As a team, the Lady Vikings outrebounded Harmony 52-21.

"I just told the girls to go out there and hustle the best you can to get back into it," Priester said. "They (Glendale) moved the ball down court and got some

open looks against our press. I think this is a good learning experience for our girls — playing against a team going to playoffs. I wish them the best of luck."

Brittany Boulton led Glendale with six points off the bench in the fourth, including a pushback off her own missed free throw attempt as time expired to set the final.

The Lady Vikings improved to 12-12 on the season and finished the MVL with a perfect 8-0 mark. The Lady Owls dropped to 5-16 overall and finished with a 1-7 mark in league play.

Glendale is back in action Monday, playing Blacklick Valley in the first round of the District 6 playoffs at Purchase Line. Tip-off is set for 6 p.m.

Harmony closes out its season this evening, traveling to Brockway.

Harmony—36

Kruise 1 2-4 4, Neff 5 2-4 13, Brink 3 4-4 10, Leyo 0 0-0 0, Beck 2 0-1 4, Gallaher 0 1-2 1, Harkleroad 1 0-0 2, Wholaver 1 0-2 2, Coble 0 0-0 0. Totals: 13 9-17 36.

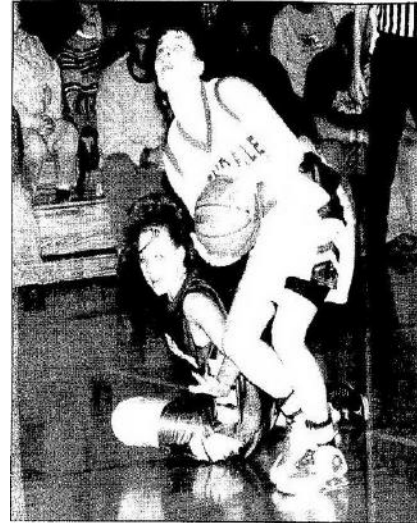
Glendale—63

Laing 6 0-5 12, Morrison 7 1-3 16, McGarvey 5 0-0 10, McQuown 2 2-4 6, Peoples 4 0-0 9, Matthews 0 0-0 0, Krise 2 0-0 4, Horon 0 0-0 0, C. Dick 0 0-0 0, Kovach 0 0-0 0, Budzinski 0 0-3 0, Twigg 0 0-0 0, Boulton 2 2-4 6, T. Dick 0 0-0 0. Totals: 28 5-19 63.

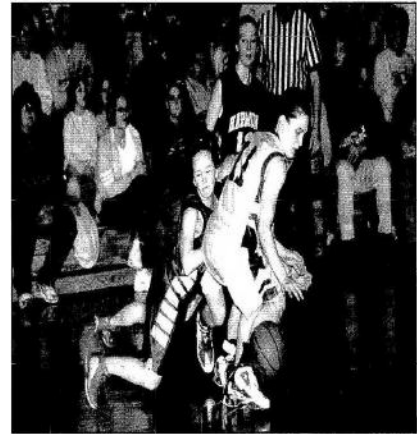
Three-pointers: Neff; Morrison, Peoples.

Score by Quarters

Harmony	8	14	6	8—36
Glendale	23	12	13	15—63



The Lady Vikings' Kristin Laing looks for a layup during Monday's win over Harmony. Laing netted 12 points in her final home game, as Glendale won 63-36. Also pictured is the Lady Owls' Emily Leyo.



Glendale's Justine Morrison (11) fights with Harmony's Kierstin Kruse for a loose ball during Monday's game. Morrison netted a game-high 16 points in the Lady Vikings' 63-36 win. Also pictured is the Lady Owl's Megan Brink (13).

February 20, 2006: Glendale 41 vs Blacklick Valley 46 (D6 Playoffs)

End of the Line

Glendale girls fall to Blacklick Valley in District 6 playoffs

By Jaclyn Yingling
Sports Editor

PURCHASE LINE — The District 6 postseason came to an end for the Glendale girls basketball team on Monday evening at Purchase Line High School, as the Lady Vikings were topped by Blacklick Valley, 46-41, in the first round of the Class A playoffs.

It was a very physical game, with both teams garnering their share of fouls.

"We are used to a physical game like that," said Lady Vikings head coach John Matchock. "We just had a bad second quarter. We only scored two points. But, other than that, we won the second half. We just dug ourselves a hole that we just couldn't get out of."

The two teams played an even first quarter, with Blacklick Valley holding a slight 16-13 lead at the end of the first frame.

But it was the second quarter that proved to be Glendale's undoing.

Blacklick Valley's Kristin Horn nailed a three-pointer to open up the second frame, setting the tone for what would be the biggest quarter for the home-standing Lady Vikings.

Glendale managed just one bucket the entire frame, as Justine Morrison hit a jumper to cut the score to 27-15. Blacklick's Breanna Murphy added a late foul shot to give the Lady Vikings a 28-15 lead heading into the locker room.

"We just missed too many shots," said Matchock. "We had the chances, but couldn't get them to fall. Only scoring two points really hurt us, and we just couldn't recover."

Glendale's Kristin Laing got into foul trouble early, forcing the ninth-seeded Lady Vikings to go to the bench early in the second half. Laing was soon followed by Michelle Peoples, who also had three fouls early in the half.

Despite the foul problems, Glendale did rally in the third quarter, outscoring Blacklick Valley, 11-9, in the frame, cutting the lead to 37-26.

Katee Budzinski had four of the Lady Vikings' points in that quarter.

Glendale continued to cut into the lead in the fourth quarter, sparked by a scoring push from Peoples. The Lady Viking senior

notched 11 of her 14 points in the final frame.

"Michelle picked up some early fouls, so she got some rest on the bench," Matchock said. "Then she came in, and it was basically like she started the game all over again. She came in and played well. She got some rebounds and put some shots in and got the girls fired up."

Glendale moved to within five points of Blacklick's lead, but it was as close as it could muster, setting the final at 46-41.

Morrison also scored in double figures for Glendale, garnering 11 points in her final game. Teammate and fellow senior Ashlee McQuown added 10 rebounds, while Laing had six.

Four other Lady Vikings also saw their final game — Sara McGarvey, C.J. Krise, Nicole Matthews and Gretchen Horon.

"These girls have been with me for four years," Matchock said. "It's going to be tough to replace them. But, I think we have a good group of girls coming back next year."

With the loss, Glendale finished its season at 12-13.

Blacklick Valley will now play top-seeded Claysburg-Kimmel (24-0) on Thursday evening in the quarterfinals.

Glendale—41

Laing 1 0-12, Morrison 5 1-2 11, McGarvey 1 1-2 3, McQuown 2 1-4 5, Peoples 4 4-5 14, Matthews 0 0-0 0, Budzinski 2 0-0 4, Krise 0 0-0 0, Boulton 0 0-0 0, Twigg 1 0-0 2, C. Dick 0 0-0 0, Noel 0 0-0 0. Totals: 16 7-14 41.

Blacklick Valley—46

Warmus 5 4-5 14, Roberts 1 0-0 2, Garver 5 6-10 20, Murphy 2 1-2 5, Zanin 0 0-0 0, Kr. Horn 2 0-0 5, D'Alessio 0 0-0 0. Totals: 15 11-17 46.

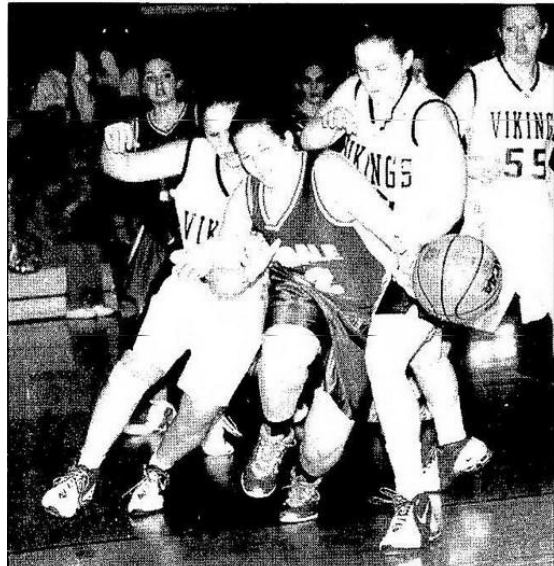
Three-pointers: Peoples 2; Garver 4, Kr. Horn.

Score by Quarters

Glendale	13	2	11	15—41
Blacklick Valley	16	12	9	9—46



Glendale's Michelle Peoples, left, fights Blacklick Valley's Whitney Warmus for the rebound during their District 6 Class A playoff game on Monday evening. Peoples led the Lady Vikings with 14 points, but Blacklick won the game, 46-41.



Glendale's Katee Budzinski, middle, is swarmed by two Blacklick Valley defenders during their District 6 Class A playoff game on Monday evening at Purchase Line High School.

Area players honored at JVL banquet



Photo by Jaclyn Yingling

Juniata Valley League honorees — Ten Progressland area athletes were recently selected to the 2006 JVL All-Star Team or received awards on Monday at The Casino in Lakemont. In front, from left, are Moshannon Valley's Amy Tomasko, West Branch's Kari Larson and Glendale's Ashlee McQuown. In back are Glendale's Bill Ball, Shane Krestar, Sam Yingling and Andy Barnhart. Missing from the photo are West Branch's Mike Bloom and Chris Dotts, and Moshannon Valley's Chris Wulderk.

For the girls, Glendale's Ashlee McQuown was named to the second team. She also was honored with the Good Sportsmanship award.

Moshannon Valley's Amy Tomasko was selected to the third team, while West Branch's Kari Larson was named an honorable mention.

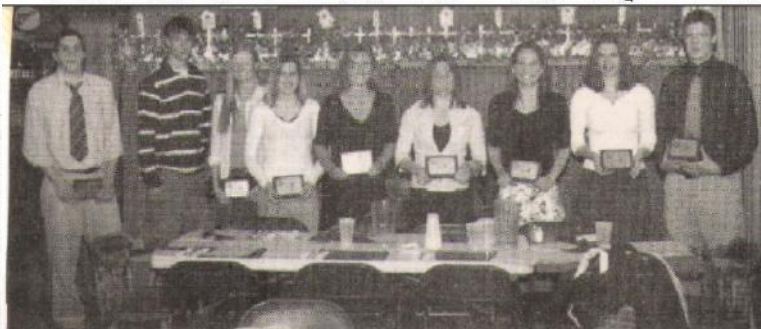


Photo by Jan Christoff

The Moshannon Valley League first team all-stars were announced at a banquet on Wednesday at Grandview Golf Club. From left are Harmony's Chris Priester, Curwensville's Bart McGary, Jackie White and Danielle Struble, Moshannon Valley's Amy Tomasko, West Branch's Kari Larson, Glendale's Justine Morrison and Ashlee McQuown, and Harmony's Caleb Rorabaugh. Absent from the photo are Mo Valley's Chris Wulderk and West Branch's Mike Bloom.

Mo Valley League banquet held

LUMBER CITY — The Moshannon Valley Athletic Association held its annual basketball banquet to recognize both individuals and team accomplishments from this past season at the Grandview Golf Club on Wednesday night.

The Glendale girls basketball team and the Harmony boys basketball team were crowned league champions, and each squad had its share of league all-stars.

Representing the Owls on the first team were senior Caleb

Rorabaugh and junior Chris Priester, while Eric Homer was tabbed honorable mention.

Ashlee McQuown and Justine Morrison represented the Lady Vikings on the first team, with Sara McGarvey receiving an honorable mention selection.

Rorabaugh and Priester were joined on the first team by West Branch's Mike Bloom, Curwensville's Bart McGary and Moshannon Valley's Chris Wulderk.

Glendale had Shane Krestar

and Sam Yingling on the honorable mention list, along with West Branch's Chris Dotts and Grady Luzier.

In addition to McQuown and Morrison, the first team consisted of West Branch's Kari Larson, Mo Valley's Amy Tomasko and Curwensville's Danielle Struble and Jackie White.

Harmony's Rochelle Beck and Kierstyn Kruiise, along with West Branch's Alicia Howe, joined McGarvey on the girls' honorable mention list.

2005-06 Girls Basketball All-Stars



John Matchock
Glendale
Coach of the Year



Ashlee McQuown
Glendale
First-Team



Justine Morrison
Glendale
First Team

2005-06 Girls Basketball Honor Roll

First Team		
Brooke Jordan	Clearfield	Junior
Ashlee McQuown	Glendale	Senior
Krysten Medzie	Clearfield	Senior
Justine Morrison	Glendale	Senior
Danielle Struble	Curwensville	Junior
Jackie White	Curwensville	Junior
Second Team		
Megan Brink	Harmony	Freshman
Brittany Barratt	Curwensville	Senior
Erica Fetterman	Purchase Line	Junior
Alicia Howe	West Branch	Senior
Heather Hudson	Purchase Line	Sophomore
Kari Larson	West Branch	Sophomore
Rachel Struble	Purchase Line	Junior
Honorable Mention		
Alexis Cartwright	Phillipsburg-Ococks	Sophomore
Kierstyn Kruiise	Harmony	Freshman
Kristin Laig	Glendale	Senior
Jess Lugin	Phillipsburg-Ococks	Junior
Sara McGarvey	Glendale	Senior
Lauren Nelf	Harmony	Freshman
Michelle Popples	Glendale	Senior
Molly Rebar	Moshannon Valley	Senior
Elizabeth Sopic	Clearfield	Junior
Amy Tomasko	Moshannon Valley	Junior
Michelle Weiker	Clearfield	Senior

Player of the Year
Krysten Medzie, Clearfield
Coach of the Year
John Matchock, Glendale

Team Stats				Team Defense				Team Free Throw Percentage			
Team Offense				Team Defense				Team Free Throw Percentage			
Team	G	Pts.	Avg.	Team	G	Pts.	Avg.	Team	FTM	FTA	Pct.
Clearfield	25	1248	49.9	Glendale	25	1100	44.0	Purchase Line	252	405	62.2
Curwensville	25	1161	46.4	Curwensville	25	1132	45.3	Clearfield	283	459	61.7
Purchase Line	24	1083	45.1	Harmony	22	1064	48.4	Curwensville	278	510	54.5
Glendale	25	1116	44.6	Mo Valley	24	1162	48.4	P-O	217	409	53.1
Harmony	22	833	37.9	Clearfield	25	1311	52.4	Mo Valley	162	321	50.5
West Branch	24	887	36.9	Purchase Line	24	1326	55.3	West Branch	117	235	49.8
P-O	24	759	31.6	West Branch	24	1332	55.5	Glendale	189	400	47.3
Mo Valley	24	746	31.1	P-O	24	1504	62.7	Harmony	152	354	42.9

Progressland girls basketball all-stars announced

Clearfield's Krysten Medzie named Player of the Year, Glendale's John Matchock tabbed as Coach of the Year

By Jon Christoff
Sports Writer

The 2005-2006 girls basketball season in Progressland was a memorable one to say the least, with three of the eight teams earning playoffs berths.

The Glendale girls basketball team captured the Moshannon Valley League title with a perfect 8-0 record, while the Curwensville Lady Tide were crowned Allegheny Mountain League South Division Champions.

Both teams advanced into their respective district playoffs, but both bowed out in the first round after close games.

Also advancing into the post-season was Clearfield, but injuries plagued the Lady Bisons for the better part of the season and they too bowed out after their first playoff contest.

While the other five teams weren't quite as successful as the three that advanced into the postseason, they were still entertaining to watch.

West Branch and Moshannon Valley battled well into the night back on Dec. 21, with the Damsels winning in triple overtime.

Mo Valley was also involved in another multiple overtime thriller, as it fell to Philipsburg-Osceola in double overtime on Dec. 29.

The Lady Mounties pulled off



Glendale's John Matchock

an upset of sorts, topping Curwensville, while the Lady Tide topped the Lady Bisons.

Harmony and Purchase Line battled it out on three occasions this season, with the most memorable coming at Purchase Line on Feb. 6. The Lady Dragons trailed the visitors by double digits in the first half, but came back to topple the Lady Owls.

There were also several individual shots that changed some games, whether it was West Branch's Alicia Howe's last-second basket to lead her team past Harmony, or P-O's Sarah Kitko knocking down a jumpshot in the

lane to defeat Mo Valley at the buzzer.

While Howe and Kitko's heroics stand out for those particular games, the play of Clearfield's Krysten Medzie during the season has earned the Lady Bison senior the Progressland Player of the Year. Medzie was the most consistent player game in and game out — whether knocking down a three-pointer or coming up with a steal to help sway the momentum back into Clearfield's favor — on both ends of the floor.

Curwensville's Brian Morgan was the co-coach of the year a season ago and must be commended on the job he did leading his team to the area's best record, after having to replace five starters from last year's team that went to the District 9 championship game.

This year's Coach of the Year goes to Glendale's John Matchock. Matchock guided his senior-laden team to the MVL title and was head-and-shoulders above the competition in league play.

Matchock's Lady Vikings also hung in with some very competitive teams in the Juniata Valley League.

In addition to Medzie, the first team consists of Curwensville's Danielle Struble and Jackie White, Clearfield's Brooke Jordan, Glendale's Ashlee

McQuown and Justine Morrison.

Coach of the Year: John Matchock, Glendale — Matchock's squad entered the season with high hopes of claiming their first outright MVL title after splitting it with Curwensville last year and, behind Matchock's tutelage, the Lady Vikings didn't disappoint. Glendale was unbeaten in league play and its average margin of victory in the MVL was 29 points.

The Lady Vikings also advanced into postseason play for the first time in Matchock's tenure.

This is Matchock's first Progressland Coach of the Year selection.

Ashlee McQuown, Sr., Glendale: McQuown was a second team selection a season ago and earned a spot on the first team after leading the Lady Vikings in scoring (246) and rebounding (250) during their run to the MVL title. McQuown averaged 12.6 in MVL contests and finished the season with a 9.8 ppg average.

The Glendale senior was tabbed as the Lady Warrior Tip-Off Tournament MVP, averaging 20 points in the two contests.

Justine Morrison, Sr. Glendale: Morrison, a second team selection in 04-05, was one of the strongest defenders in the area this season, often times having to guard the best player on the opposing team. The senior guard came up with 92 steals this season, pulled down 108 rebounds, and also blocked 10 shots.

Morrison also got the job done on the offensive end of the court, dishing out 82 assists and netting 211 points. Morrison netted a season-high 18 against West Branch on Jan. 25 and scored in double figures in 10 contests.

Rounding out this year's all-star team, earning honorable mention, are Clearfield's Elizabeth Sopic and Michelle Welker, Glendale's Kristin Laing, Michelle Peoples and Sara McGarvey, Harmony's Kierstyn Kruiise and Lauren Neff, Mo Valley's Molly Rebar and Amy Tomasko, and P-O's Alexis Cartwright and Jess Lugin.

Glendale (12-13)							Field Goals Per Game			
Player	G	FG	FTM	3s	Pts.	Avg.	Player	G	FG	FGG
McQuown	25	104	35	3	246	9.8	Larson (WB)	24	106	4.4
Morrison	25	85	37	4	211	8.4	D. Struble (Cu)	25	110	4.4
McGarvey	25	73	26	1	173	6.9	A. McQuown (G)	25	104	4.2
Peoples	25	42	47	6	137	5.5	White (Cu)	25	106	4.2
Laing	25	54	17	2	127	5.1	Brink (H)	22	91	4.1
							Howe (WB)	24	99	4.1
							Medzie (Cl)	25	101	4.0
							H. Hudson (PL)	24	89	3.7
							Jordan (Cl)	24	84	3.5
							Morrison (G)	25	85	3.4
							R. Struble (PL)	24	82	3.4

Moshannon Valley League

Glendale	8-0
Curwensville	6-2
Moshannon Valley	3-5
West Branch	2-6
Harmony	1-7

Players	Points	Three's
Ashlee McQuown	244	3
Justine Morrison	211	4
Sara McGarvey	175	1
Michelle Peoples	137	6
Kristin Laing	130	3
CJ Krise	62	10
Nicole Matthews	60	4
Katee Buzinski	39	0
Tiffany Twigg	17	0
Brittany Boulton	17	0
Catie Dick	9	1
Samantha Noel	8	1
Katie Treese	4	0
Kim Kovach	2	0
Gretchen Horon	2	0
Totals	1133	33