

2004-2005 Season



Photo by Jim Butler

Terrific Ten — The Glendale girls' basketball team returns 10 letter winners to its 2004-2005 squad. In front, from left, are Michelle Kutruff, Amber Kenawell, C.J. Krise, Michelle Peoples and Sara McGarvey. In the back are Nicole Heverly, Justine Morrison, Kristin Laing, Nicole Matthews and Ashlee McQuown.

On the defensive

Glendale hopes defense will be key to victories this season

By Jaclyn Yingling
Sports Editor

FLINTON — After going 8-17 last season and missing out on the Moshannon Valley League title by one point, the Glendale girls' basketball team is ready to improve in their fourth year under head coach John Matchock.

The Lady Vikings return 10 letter winners to an above-average-sized squad, including four players who either started or saw plenty of action in every game last season.

"We've got 10 girls coming back, so we have some experience coming back," Matchock said. "There is no height in them, though. We are a little concerned about that, but we have a lot of girls that hustle. So we are looking forward to playing some good defense."

The tallest returner to the squad is 5-foot-10 Ashlee McQuown, who will replace sister Adrienne at the post position this season. McQuown saw time last year as a sophomore and is one of the few true post players on the roster. Joining McQuown under the basket will be fellow juniors Michelle Peoples and Sara McGarvey.

Both Peoples and McGarvey were regulars on the floor for the Lady Vikes last season, with Peoples averaging 3.1 points per game and McGarvey averaging 2.6.

"We've got Michelle Peoples and Sara McGarvey, and some sophomores that if need be they can step in," Matchock said. "We

do have some height down there, it's just going to take some time for that to come along."

The Lady Vikings have seven sophomores on the roster this season, along with lone freshman Tiffany Twigg.

But Glendale will look to its 10 letter winners to lead the team, and Matchock expects each to contribute equally.

"We're hoping all of them step up. We're not looking for one person to score all the points. We're hoping that one night it will be one girl, like one night it will be Kristin (Laing) and one night it will be Sara or Peoples. We are just looking for one person to step up a night and then have the rest pitch in six or eight points apiece. If they do that, they will be alright."

One positive for the Lady Vikings will be having Laing at the point position, a place she gained some experience last season when she alternated the position with Ashley O'Shell, who was lost to graduation. Laing averaged just 2.1 points per game last season, but was pivotal on defense for Glendale.

"That helped her — getting some playing time last year," Matchock said. "When we played Curwensville (in the MVL title game), she had to come in, and we put her and O'Shell at point and just flip flopped them. I think Kristin does an excellent job. She knows when to control the ball, and when our offense isn't running right, she takes the

ball and sets it up. She knows what she's doing, and we have confidence in her."

Matchock also has confidence in his other 10 seniors and juniors, all of which have been with him since he took over the program in 2000.

"They understand what we want," he said. "I'm sure other teams are going to expect us to be down, because we lost our leading scorer (O'Shell) and our leading rebounder (Kaytee Gates). So, a lot of teams are probably expecting to just come in and roll all over us. But these juniors and seniors have been with me for three years, so they know what we expect. We want them to give 100 percent all the time, and that's all we ask for."

Another thing Matchock and assistant coach Chris Tekely ask for is for the girls to play their hardest on defense. The Lady Vikings' defense has gotten more aggressive in the last two seasons, and Matchock is pleased with the girls' performance and hopes it continues this season.

"We told the girls that our number one priority is defense," he said. "We want to be the top defensive team in Progressland. We know we aren't the best offensive team around here, so we rely on our defense and our quickness. We are hoping to generate a lot of turnovers that convert into layups."

Glendale will try to lock down the Moshannon Valley League title this year, while also hoping to improve on last season's record.

"We're shooting for .500," Matchock said. "We always shoot for that — .500 or more. The Moshannon Valley League is something the girls want to win. They remember losing by one point last year. That still irks at me, too. We are just going to go for it, and, hopefully, knock off some of our Juniata Valley League opponents along the way."

The Lady Vikings open their season on Dec. 7 at Juniata Valley.

Roster Seniors

*Nicole Heverly, *Amber Kenawell, *Michelle Kutruff.

Juniors

Gretchen Horon, *C.J. Krise, *Kristin Laing, *Sara McGarvey, *Ashlee McQuown,

*Nicole Matthews, *Justine Morrison, *Michelle Peoples.

Sophomores

Brittany Boulton, Katee Budzinski, Tara Dick, Kristen Gates, Kylie Hamilton, Autumn Kenawell, Kim Kovach.

Freshmen

Tiffany Twigg.

*Denotes returning letter winners.

Schedule December

7—at Juniata Valley; 9—at Curwensville; 10—Claysburg-Kimmel; 13—West Branch; 15—at Harmony; 17—at Southern Huntingdon; 21—Moshannon Valley; 23—Penns Valley; 28-29—Central Christmas Tournament, TBA.

January

3—Bellwood-Antis; 5—at Williamsburg; 7—at Mount Union; 11—Juniata Valley; 13—at Claysburg-Kimmel; 17—at West Branch; 19—Southern Huntingdon; 21—Curwensville; 24—at Moshannon Valley; 26—at Penns Valley; 31—at Bellwood-Antis.

February

3—Williamsburg; 7—Mount Union; 10—Harmony.

All games begin at 7:30 p.m. unless noted.

December 7, 2004: Glendale 43 at Juniata Valley 51

Juniata Valley tops Glendale, 51-43

ALEXANDRIA — The Glendale girls' basketball team suffered a 51-43 defeat on Tuesday night at Juniata Valley.

The Lady Vikings fought back in the second half, outscoring Juniata Valley 23-18. But it was the Lady Hornets' 33-20 first half lead that kept the Lady Vikes far enough back to secure the victory.

Three of Glendale's players scored in double-digits. Michelle Peoples finished the night with 11 points, while Kristin Laing and Justine Morrison added 10 each.

The jayvees also fell to Juniata Valley, 39-30. Katee Budzinski and Nicole Matthews led Glendale with six points each.

The Lady Vikes travel to Curwensville on Thursday.

Glendale—43

Laing 5-0-2 10, McGarvey 1-0-2 2, Morrison 4-2-3 10, McQuown 2-0-0 4, Peoples 4-3-4 11, Matthews 0-0-0 0, Heverly 3-0-0 6, Kutruff 0-0-0 0, Krise 0-0-0 0.

Totals: 19 5-11 43

Juniata Valley—51

McDowell 3-4-4 10, A. Walters 4-0-0 9, K. Walters 5-0-0 10, Lane 3-0-0 6, Reed 2-2-5 6, Gildea 2-2-2 6, Borst 2-0-0 4, Boyd 0-0-0 0, Feagley 0-0-0 0, Boone 0-0-0 0. Totals: 21 8-11 51.

Three-pointers: A. Walters 1.

Score by Quarters

Glendale	10	10	16	7—43
Juniata Valley	19	14	10	8—51

December 9, 2004: Glendale 22 at Curwensville 32

Curwensville takes down rival Lady Vikings, 32-22

By Jaclyn Yingling
Sports Editor

CURWENSVILLE — Plenty of coaches preach to their teams about the importance of foul shooting.

But Curwensville head coach Alan Fairman's team actually listens to that philosophy.

The Lady Tide hit 20-of-22 shots from the line to score a 32-22 victory over Moshannon Valley League rival Glendale on Thursday evening at Patton Hall.

"We have a good shooting team," said Fairman. "And from the foul line this year, we have been shooting the lights out. Often times is the case, close games are won from the foul line. Tonight, it was close, and we were putting the ball in the basket from the charity stripe."

Curwensville had just six baskets in the game, while its starting forwards were limited to just three points by the Glendale defense.

"We didn't get a lot of point-production from our forwards, even though we had a considerable size advantage," said Fairman. "That's a tribute to the Glendale girls. They just work hard inside and overcome their stature."

In fact, only one of the Lady Tide starters managed to hit double digits, with Kelley Penvose scoring 15 points on the night. Eleven of those points came from the foul line.

"We missed too many easy shots from underneath," said Lady Viking head coach John Matchock. "Some of the girls aren't used to playing underneath there, and I think some of them get a little timid. We aren't the biggest team there is. We usually go up against teams that are much taller and bigger than us. I think there is a little intimidation factor that plays into that. It's just something we have to work on."

Glendale jumped out to an early 6-2 lead in the first quarter thanks to two baskets from Justine Morrison and two fouls shots by Sara McGarvey.

The Lady Vikings held the four-point lead, heading into the second quarter up 10-6 on the Lady Tide.

"We know that our defense is our forte," Matchock said. "We have to use our speed to our advantage, and the past two games we have done that. We just have to turn it up offensively."

But Curwensville fought back, scoring 10 points in the second frame, led by eight points off the bench from Danielle Struble and Jackie White.

"The other aspect of the game that I thought was key was the bench play of my two sophomores, Danny Struble and Jackie White," Fairman said. "When they went out on the floor, we were down by six or eight, and when they came off the floor at halftime, we were tied. I think we had 12 points from those girls off the bench, and when you only have 32, 12 points is real nice."

The Lady Tide took their first lead of the game late in the second quarter, when White drained two free throws to put them up 16-14.

But Glendale's Ashlee McQuown knocked down two of her own foul shots to tie the game at 16-16 heading into the locker room.

McQuown's defensive play was a tremendous plus for the Lady Vikings. The junior forward had 16 rebounds and five steals on the night.

"The past two games, everyone has stepped up, including Ashlee," Matchock said. "She's getting her shots from underneath, they just aren't falling right now. It's a confidence thing, and, hopefully, she gets it here soon."

The second half proved to be the downfall for Glendale,

which allowed the Lady Tide to go on a 7-2 run in the third frame. Only a basket by Morrison kept the Lady Vikings from going scoreless in the third.

Curwensville also started the fourth quarter off with a 5-0 run to put it up 28-18 before Michelle Kutruff hit a three-pointer to bring the score to 28-21. The Lady Tide added four more points in the frame, while Glendale got a foul shot from McQuown to set the final at 32-22.

"They out-rebounded us and beat us to every loose ball," Fairman said. "And, they did that all night long. I was a little disappointed in our girls' aggressiveness for those loose balls and rebounds. Glendale played a tenacious game."

The Lady Tide improved to 2-0 overall and in the Moshannon Valley League. Curwensville returns to action this evening at Elk County Catholic.

Glendale fell to 0-2 overall and 0-1 in the MVL. The Lady Vikings host Claysburg-Kimmel this evening.

Curwensville also won the junior varsity game, 40-36. White led the Lady Tide with 19 points, while Struble added 16. Glendale's C.J. Krise had a team-high 12 points, while Kristen Gates added 11.

Glendale—22

Laing 0 0-0 0, McGarvey 1 2-3 4, Morrison 4 0-0 8, McQuown 0 3-6 3, Peoples 2 0-4 4, Heverly 0 0-0 0, Kutruff 1 0-0 3, Kenawell 0 0-0 0, Krise 0 0-0 0. Totals: 8 5-13 22.

Curwensville—32

Barrett 0 0-0 0, Cleaver 0 0-0 0, Francisco 0 0-0 0, Kavelak 0 1-2 1, Palmer 0 0-0 0, Penvose 2 11-12 15, Rebar 1 0-0 2, Struble 2 4-4 8, Wagner 1 0-0 2, White 0 4-4 4. Totals: 6 20-22 32.

Three-pointers: Kutruff.

Score by Quarters

Glendale	10	6	2	4—22
Curwensville	6	10	7	9—32

December 10, 2004: Claysburg 65 at Glendale 38

Claysburg beats Glendale, 65-38

FLINTON — The Glendale girls' basketball team fell to visiting Claysburg-Kimmel, 65-38, Friday night.

Lacey Claar led the Lady Bulldogs with 21 points, including three treys. Justine Morrison paced Glendale with 10.

With the loss, Glendale fell to 0-3 overall and 0-2 in Division 3 of the Mountain Athletic Conference.

The Lady Vikings also dropped the junior varsity game, 31-25. Tiffany Twigg scored 12 for Glendale.

Glendale hosts West Branch on Monday.

Claysburg-Kimmel—65

L. Claar 8 2-2 21, Leslie 4 0-0 9, Musselman 9 0-0 18, Hileman 4 2-2 10, Paris 2 0-0 4, C. Claar 0 0-0 0, Iachini 0 1-2 1, A. Claar 0 0-0 0, Waller 1 0-0 2, Burket 0 0-0 0, Harshberger 0 0-0 0, Mauro 0 0-0 0. Totals: 28 5-6 65.

Glendale—38

Laing 0 0-0 0, McGarvey 1 0-1 2, Morrison 5 0-0 10, McQuown 3 2-2 8, Peoples 4 1-2 9, Matthews 1 0-0 2, Heverly 1 0-0 2, Kutruff 0 0-0 0, Kenawell 0 0-0 0, Krise 1 0-0 3, Twigg 1 0-0 2. Totals: 17 3-5 38.

Three-pointers: L. Claar 3, Leslie; Krise.

Score by Quarters

Claysburg-Kimmel	19	15	10	21—65
Glendale	6	13	8	11—38

December 15, 2004: Glendale 48 at Harmony 26

Glendale beats Harmony, 48-26

WESTOVER

The Glendale girls' basketball team scored its first victory of the season with a 48-26 victory over Moshannon Valley League rival Harmony on Wednesday evening.



Heverly

Glendale's Nicole Heverly led all scorers with 11 points. Justine Morrison added nine points for the Lady Vikings.

"I really thought that we played good as a team tonight," said Glendale head coach John Matchock. "Everyone that got in the game contributed."

Jess Brothers had 10 points to lead the Lady Owls.

The Lady Vikings improved to 1-3 overall. Glendale travels to Southern Huntingdon on Friday evening.

Harmony fell to 1-4 overall. The Lady Owls host Curwensville this evening.

Glendale won the junior varsity game 24-16. Tiffany Twigg led the Lady Vikes with six points.

Glendale—48

Laing 0 0-0 0, McGarvey 2 0-0 4, Morrison 4 1-3 9, McQuown 1 2-2 4, Peoples 2 3-4 7, Matthews 1 0-0 2, Heverly 4 2-2 11, Kutruff 2 0-0 5, Kenawell 0 0-0 0, Krise 0 0-0 0, Twigg 2 0-0 4, Bolton 1 0-0 2, Dick 0 0-0 0. Totals: 19 8-11 48.

Harmony—26

Rorabaugh 1 0-0 2, Brothers 4 2-2 10, Wolfe 1 0-2 2, Beck 0 0-0 0, Leyo 0 0-0 0, S. Dotts 3 0-0 6, A. Dotts 2 0-0 4, Gallaher 1 0-0 2, Harkleroad 0 0-0 0, Coble 0 0-0 0. Totals: 12 2-4 26.

Three-pointers: Heverly 1, Kutruff 1.

Score by Quarters

Glendale	9	12	13	14—48
Harmony	4	6	6	10—26

December 17, 2004: Glendale 33 at Southern Huntingdon 58

Glendale falls to Lady Rockets

THREE SPRINGS — Glendale fell behind early to host Southern Huntingdon and could never catch up, falling to the Lady Rockets, 58-33, on Friday evening.

Justine Morrison led the Lady Vikings with 14 points.

With the loss, Glendale fell to 1-4 overall. The Lady Vikings host

rival Moshannon Valley on Tuesday evening.

The Lady Rockets defeated Glendale in the junior varsity game, 49-24. Brittany Boulton led the Lady Vikings with six points.

Glendale—33

Laing 2 0-0 4, McGarvey 2 1-3 5, Morrison 5 3-5 14, McQuown 1 0-1 2, Peoples 2 0-0 4, Matthews 0 0-0 0, Heverly 1 0-0 2, Kutruff 1 0-0 2, Krise 0 0-0 0, Twigg 0 0-0 0, Boulton 0 0-0 0, Dick 0 0-0 0. Totals: 14 4-9 33.

Southern Huntingdon—58

Shope 7 6-9 20, Kern 6 2-7 16, Wible 3 0-0 6, Woodward 1 0-0 2, Houck 0 0-2 0, Snyder 1 0-0 2, Hershes 2 0-3 6, Schmidt 0 1-2 1, Gamble 0 0-0 0, Gilliland 1 0-0 3, Hockenberry 0 0-0 0. Totals: 21 9-23 58.

Three-pointers: Morrison 1; Hershes 2, Kern 1, Gilliland 1.

Score by Quarters

Glendale	2	10	11	10—33
So. Huntingdon	11	9	22	14—58

December 21, 2004: Glendale 35 at MoValley 21

Glendale scores victory over rival Moshannon Valley

Morrison scores 16 points in Lady Vikes' win

By Chris Jacques
Sports Writer

FLINTON — The Glendale girls' basketball team battled rival Moshannon Valley on Tuesday night. In a game that produced a football-like score, the Lady Vikings defeated the Damsels 35-21.

Lady Viking Ashlee McQuown had a monster night on the boards, pulling down 14 rebounds and scoring three points.

Teammate Michelle Peoples recorded seven rebounds in the victory, while Justine Morrison was the game's high scorer with 16 points.

Vanessa Tomasko led the Damsels with nine points and six rebounds, while sister Amy added five points and five rebounds.

Mo Valley's Megan Leskovansky also had a good night despite not scoring any points, but recording four rebounds and three of Mo Valley's five assists.

The first half of the game was all Glendale. The Lady Vikings outscored Mo Valley 25-9. But the Damsels would regroup and come together in the second half, outscoring Glendale, 12-10.

"I thought we did a good job on defense in the second half," said Mo Valley head coach Tom Tomasko. "We tried to shut down (Nicole) Heverly, which we did, but we just couldn't get anything going on offense."

Glendale head coach John Matchock wasn't too pleased with the second-half effort by the Lady Vikings.

"I was happy with our first half," said Matchock. "Our girls took 51 shots. They weren't falling, but we were still able to grab a lead. In the second half, we didn't play as good as I thought. But we built that big lead up and it gave us a little cushion to fall back on."

Matchock, however, was pleased with the defensive effort of the girls.

"We told the girls that's one thing we have to do,"



Morrison

s a i d Matchock. "We have to box out in order to win. We're not the tallest team in the world, and they're not that tall either. So, we had to box out, and

they did a good job.

"Since the beginning of the season we've said defense is going to be the key," said Matchock. "Good defense wins games. We had a number of steals, Justine Morrison had a couple, Kristin Laing had a couple, so we try to use our speed to our advantage."

Tomasko agreed with Matchock, but is confident that his girls will bounce back and keep fighting.

"We struggled offensively," said Tomasko. "Their defense seemed to take us out of our sets. The girls didn't quit. They tried to get back in it in the second half, we just have to get a little better with coordination on offense."

With the loss, Mo Valley fell to 1-5 on the season. The Damsels host Juniata Valley on Thursday.

Glendale improved to 1-5. The Lady Vikings host Penns Valley on Thursday.

The Damsels' junior varsity squad defeated the Lady Vikings, 30-27.

Moshannon Valley—21

Leskovansky 0 0-0 0, V. Tomasko 3 3-5 9, Rebar 1 0-0 3, A. Tomasko 2 0-0 5, Bacher 0 0-0 0, Cook 0 0-0 0, Dipko 1 0-0 2, Godin 0 2-2 2, D. McQuown 0 0-0 0. Totals: 7 5-7 21.

Glendale—35

Laing 1 3-4 5, McGarvey 2 2-4 8, Morrison 5 5-8 16, A. McQuown 1 1-4 3, Peoples 0 1-4 1, Matthews 0 0-0 0, Heverly 0 2-2 2, Kutruff 1 0-1 2, Krise 0 0-0 0, Kenawell 0 0-0 0, Twigg 0 0-0 0, Budzinski 0 0-0 0. Totals: 10 14-25 35.

Three-pointers: Rebar, A. Tomasko; Morrison.

Score by Quarters

Moshannon Valley	4	5	2	10—21
Glendale	11	14	2	8—35

December 23, 2004: Penns Valley 57 at Glendale 28

Lady Vikings fall to PV

FLINTON — Penns Valley topped host Glendale, 57-28, in girls' basketball action on Thursday evening.

Kristin Laing and Ashlee McQuown each had eight points to lead the Lady Vikings.

Penns Valley's Katrina Greer led all scorers with 25 points.

Glendale fell to 2-5 on the season. The Lady Vikings return to action on Tuesday at the Central Christmas Tournament.

The Lady Rams won the junior varsity game, 45-25. Tiffany Twigg led the Lady Vikings with eight points.

Penns Valley—57

Henry 5 0-0 11, Wise 0 0-0 0, Tyson 1 0-0 2, Foor 1 0-0 2, McCaffrey 4 1-2 9, Greer 10 4-7 25, Meyers 0 0-2 0, Brooks 0 0-0 0, Ventura 0 0-0 0, Stover 2 0-1 4, LeVan 2 0-0 4, Van Vactor 0 0-0 0. Totals: 25 5-12 57.

Glendale—28

Laing 4 0-0 8, McGarvey 1 0-0 2, Morrison 2 0-0 4, McQuown 4 0-2 8, Peoples 0 0-0 0, Matthews 0 0-0 0, Heverly 2 0-0 4, Kutruff 0 2-2 2, Krise 0 0-0 0, Kenawell 0 0-0 0, Twigg 0 0-0 0, Boulton 0 0-0 0. Totals: 13 2-4 28.

Three-pointers: Henry, Greer.

Score by Quarters

Penns Valley	13	18	8	18—57
Glendale	8	10	6	4—28

December 28, 2004: Glendale 47 vs Everett 52 (Central Tourn.)

Everett topples Glendale, 52-47

MARTINSBURG — Despite scoring 21 points in the fourth quarter, the Glendale girls' basketball team fell short of victory against Everett in a 52-47 squeaker Tuesday night at the Central Holiday Tournament.

After getting off to a slow start, Glendale came back from being down 41-26 heading into the final quarter, to finish the game outscoring Everett 21-11.

The only difference in the team totals was Everett's 11 free throws made to Glendale's six.

Nicole Heverly was the Lady Vikings' high scorer with 14 points. Amy Cessna of Everett,

led all scorers with 16 points.

The Lady Vikes fell to 2-6 on the season and plays Northern Bedford in the consolation game tonight at 5.

Glendale—47

Laing 3 0-0 6, McGarvey 3 0-1 6, Morrison 1 5-6 8, McQuown 4 0-0 8, Peoples 0 0-0 0, Matthews 0 0-0 0, Heverly 6 1-1 14, Kutruff 1 0-0 3, Twigg 0 0-0 0, Boulton 1 0-0 2. Totals: 19 6-8 47.

Everett—52

Miller 1 2-3 5, Layton 6 0-0 14, Barkman 0 0-0 0, Cessna 7 2-4 16, Clark 0 2-2 2, Smith 3 1-4 7, Veach 2 0-0 4, Nave 0 2-2 2, Foor 0 2-2 2. Totals: 19 11-17 52.

Three-pointers: Morrison, Heverly, Kutruff; Layton 2, Miller.

Score by Quarters

Glendale	6	12	8	21—47
Everett	16	11	14	11—52



Photo by Chris Wechtenhiser

Glendale's Ashlee McQuown (23) tries to pass as Everett's Jerrica Smith (21) and Jess Veach defend. The Lady Vikings lost the game, 52-47.

December 29, 2004: Glendale 38 vs No. Bedford 48 (Central Tourn.)

Glendale falls to Northern Bedford

MARTINSBURG — The Glendale girls' basketball team took on Northern Bedford on Wednesday night in the consolation game at the Central Holiday Tournament. Despite a good first-half effort, the Lady Vikings lost to Northern Bedford, 46-38.

In the first two quarters of play, Glendale outscored Northern Bedford 21-18. But in the second half Northern Bedford outscored the Lady Vikes, 28-17.

Glendale's Sara McGarvey and Ashlee McQuown led the Lady Vikings in offense with nine points each. McQuown also received the sportsmanship award.

Glendale fell to 2-7 on the season and hosts Bellwood-Antis on Monday.

Glendale—38

Laing 0 0-2 0, McGarvey 3 2-4 9, Morrison 0 0-0 0, McQuown 3 3-10 9, Heverly 4 0-2 8, Kutruff 3 1-2 8, Krise 2 0-0 4, Twigg 0 0-0 0, Boulton 0 0-0 0. Totals: 15 6-20 38.

Northern Bedford—48

Shaffer 1 7-13 9, Gibbert 3 0-0 6, B. Beach 3 2-7 8, L. Beach 0 0-0 0, Amick 2 3-8 7, Kilgore 4 6-6 14, Long 0 2-2 2. Totals: 13 20-34 46.

Three-pointers: McGarvey, Kutruff.

Score by Quarters

Glendale	9	12	5	12—38
Northern Bedford	8	10	11	17—46

January 3, 2005: Bellwood 41 at Glendale 16

Glendale toppled by Bellwood-Antis

FLINTON — The Glendale girls' basketball fell to visiting Bellwood-Antis, 41-16, on Monday night.

Glendale's Ashlee McQuown scored a team-high nine points in the loss.

Glendale won the junior varsity matchup, 31-10. Tiffany Twigg scored a game-high seven points for the Lady Vikings.

Glendale (2-8) travels to Williamsburg Wednesday.

Bellwood-Antis—41

Claar 0 0-0 0, Hatch 7 2-2 18, Ralston 1 0-0 2, Carter 5 2-5 12, Smith 2 0-0 5, Webb 0 0-0 0, Young 0 0-0 0, Myers 0 0-0 0, Sinisi 2 0-0 4, Hunter 0 0-0 0, Parson 0 0-0 0, Mortimer 0 0-0 0. Totals: 17 4-7 41.

Glendale—16

Laing 0 0-0 0, McGarvey 1 0-0 2, Morrison 2 0-1 4, McQuown 3 2-4 9, Dick 0 0-0 0, Matthews 0 0-0 0, Heverly 0 1-2 1, Kutruff 0 0-1 0, Krise 0 0-0 0, Kenawell 0 0-0 0, Twigg 0 0-0 0, Budzinski 0 0-0 0, Boulton 0 0-0 0. Totals: 6 3-8 16.

Three-pointers: Hatch 2, Smith 1; McQuown 1.

Score by Quarters

Bellwood-Antis	2	19	18	2—41
Glendale	5	8	0	4—16

January 7, 2005: Glendale 29 at Mt. Union 42

Glendale falls to Mount Union

MOUNT UNION — The Glendale girls' basketball team lost to Mount Union on Friday night by the final score of 42-29.

Glendale's Ashlee McQuown scored a team high 12 points. Sara McGarvey and Justine Morrison added five points each.

Glendale (2-9) hosts West Branch tonight at 7.

Glendale—29

Laing 1 1-2 3, McGarvey 2 1-2 5, Morrison 2 1-4 5, McQuown 6 0-7 12, Matthews 0 1-3 1, Heverly 0 0-0 0, Kutruff 0 1-4 1, Krise 0 0-0 0, Kenawell 0 0-0 0, Twigg 0 0-0 0, Budzinski 0 2-4 2, Boulton 0 0-0 0, Gates 0 0-0 0. Totals: 11 7-26 29.

Mount Union—42

O'Donnell 2 2-5 6, Corbin 4 0-1 11, Stewart 0 2-3 2, Kurtz 1 0-0 2, T. Price 3 5-8 11, Eaton 2 2-3 6, Green 0 0-0 0, House 0 0-0 0, C. Price 2 0-0 4. Totals: 14 11-20 42.

Three-pointers: Corbin 3.

Score by Quarters

Glendale	10	4	4	11—29
Mount Union	6	10	13	13—42

January 8, 2005: West Branch 60 at Glendale 64

Lady Vikings top West Branch, 64-60

By Chris Jacques
Sports Writer

FLINTON — A showdown in Flinton featured a matchup of two Progressland teams going head-to-head on Saturday night. In the end, the Glendale girls' basketball team took the four-point victory over West Branch, 64-60.



McGarvey

Sara McGarvey had 22 points in the too-close-for-comfort triumph. Ashlee McQuown recorded 11 rebounds to complement her six points. Michelle Kutruuff knocked down four field goals for 10 points, despite fouling out in the second half.

"It was the first game that we put it all together," said Lady Viking head coach John Matchock. "We didn't give up. We remained calm and we needed the win very badly. Hopefully, this propels us to a couple more wins."

Olivia Beveridge led the Lady Warriors with 20 points. Teammate Angie Fenush sank two treys and recorded 16 points.

What appeared to be a dominant performance by Glendale turned into a disaster. With the Lady Vikings up 33-19, West Branch went on a 19-7 run to pull within two points at 40-38 with 4:13 remaining in the third period.

Seconds later, Fenush drove to the hole and scored the game-tying basket to end the run at 21-7 with 3:59 left.

Fenush would once again hit two game-tying shots in the closing minutes of regulation. Beveridge gave West Branch its first lead of the half when she hit a jumpshot with 2:27 remaining.

Glendale's Kristin Laing hit a two-pointer with 1:33 left in the final quarter, which appeared to be the game-clincher at 60-53.

Fenush hit a skyhook to pull the Lady Warriors within three points with just 37 seconds remaining. But Nicole Heverly put the game out of reach when she was fouled and sank both free throws to give Glendale a five-point lead with 30 seconds left.

"Glendale was just the better team tonight," said West Branch head coach Joe Matson. "They (Glendale) came out ready to play. We played a horrific first half. Our free throw shooting doomed us tonight. Next week I hope we can respond in a positive way."

With the win, Glendale improved to 2-8 overall, 2-1 in the Moshannon Valley League and 1-5 in the Juniata Valley League. The Lady Vikings host Juniata Valley on Tuesday.

West Branch is now 3-8 (1-2 MVL, 2-6 JVL). The Lady Warriors host Bellwood-Antis on Tuesday.

The Lady Vikings also took the junior varsity gam, 36-24. Glendale's Kristen Gates led all scorers with 11 points. Kari Larson and Brianna Parks each added six for the Lady Warriors.

West Branch—60

Larson 6 0-1 12, Fenush 7 0-5 16, Beveridge 7 5-12 20, Howe 2 0-0 6, Amick 2 0-1 4, Shifflett 1 0-0 2. Totals: 25 5-19 60.

Glendale—64

Laing 2 1-1 5, McGarvey 8 6-6 22, Morrison 4 0-0 8, Budzinski 2 1-2 5, Matthews 0 0-0 0, Heverly 2 2-6 6, Kutruuff 4 0-1 10, Twigg 1 0-0 2, McQuown 2 2-6 6. Totals: 25 12-22 64.

Three-pointers: Fenush 2, Howe 2, Beveridge 1; Kutruuff 2.

Score by Quarters

West Branch	10	14	21	15—60
Glendale	14	21	14	15—64

January 11, 2005: Juniata Valley 51 at Glendale 30

Juniata Valley topples Glendale girls, 51-30

FLINTON — The Glendale girls' basketball team fell to visiting Juniata Valley, 51-30, on Tuesday evening in Flinton.

Sara McGarvey led the Lady Vikings with 16 points. Juniata Valley's Claudia McDowell led all scorers with 17 points.

Glendale fell to 3-10 overall and 0-1 in the second cycle of the Juniata Valley League. The Lady Vikings travel to Claysburg-Kimmel on Thursday evening.

Juniata Valley won the junior varsity contest, 54-51, in double overtime. Tiffany Twigg led Glendale with 18 points.

Juniata Valley—51

McDowell 8 0-0 17, Mowrer 2 1-2 5, Walters 3 0-0 6, Lane 0 0-0 0, Reed 4 3-3 11, Gildea 1 0-0 2, Borst 0 0-0 0, Snyder 1 0-0 2, Boyd 0 0-0 0, Feagley 2 0-0 4, Howe 2 0-0 4. Totals: 23 4-5 51.

Glendale—30

Laing 1 1-1 3, McGarvey 6 4-5 16, Morrison 2 2-4 6, McQuown 2 1-5 5, Budzinski 0 0-0 0, Matthews 0 0-0 0, Heverly 0 0-0 0, Kutruuff 0 0-0 0, Kenawell 0 0-0 0, Twigg 0 0-0 0, Gates 0 0-2 0. Totals: 11 8-15 30.

Three-pointers: McDowell 1.

Score by Quarters

Juniata Valley	10	16	10	15—51
Glendale	7	10	10	3—30

January 13, 2005: Glendale 39 at Claysburg 65

Claysburg defeats Glendale

CLAYSBURG — The Glendale girls' basketball team fell to Claysburg-Kimmel, 65-30, on Thursday evening.

Sara McGarvey and Ashlee McQuown led the Lady Vikings with 10 points each.

Claysburg's Lacy Claar led all scorers with 22 points on the evening.

Glendale fell to 3-11 overall and 0-2 in the second cycle of the Juniata Valley League. The Lady Vikings travel to Williamsburg this evening.

Claysburg-Kimmel also won the junior varsity game, 30-27, in overtime. Tiffany Twigg was Glendale's leading scorer with 14 points.

Glendale—39

Laing 0 1-2 1, McGarvey 5 0-0 10, Morrison 0 0-2 0, McQuown 5 0-0 10, Budzinski 2 0-0 4, Dick 0 0-0 0, Heverly 3 0-0 7, Kuttruff 1 0-0 2, Kenawell 0 0-0 0, Krise 2 0-0 5, Twigg 0 0-0 0.
Totals: 18 1-4 39.

Claysburg-Kimmel—65

L. Claar 8 6-7 22, Leslie 3 0-0 7, K. Musselman 6 3-4 17, R. Musselman 4 0-0 8, Paris 0 0-0 0, Iachini 1 3-4 5, A. Claar 1 1-2 3, C. Claar 1 1-1 3, Burket 0 0-0 0, Mazro 0 0-0 0, Harbaugh 0 0-0 0. Totals: 24 14-18 65.

Three-pointers: Heverly 1, Krise 1; K. Musselman 2, Leslie 1.

Score by Quarters

Glendale	4	9	15	11—39
Claysburg-Kimmel	25	16	12	12—65

January 14, 2005: Glendale 35 at Williamsburg 56

Lady Vikes fall to Lady Pirates

WILLIAMSBURG — The Glendale girls' basketball team fell to host Williamsburg, 56-35, on Friday evening.

Justine Morrison led the Lady Vikings with 13 points. Kristin Laing and Ashlee McQuown each chipped in with eight points.

The loss drops Glendale to 3-12 overall, and the Lady Vikings completed their first cycle of the Juniata Valley League at 1-8.

Williamsburg was also victorious in the junior varsity contest, defeating Glendale 45-19. Tiffany Twigg led the Lady Vikings with nine points.

Glendale returns to action Monday evening as it travels to West Branch in a Moshannon Valley League and Juniata Valley League showdown.

Glendale—35

Laing 3 2-2 8, McGarvey 1 2-4 4, Morrison 6 1-2 13, McQuown 4 0-0 8, Matthews 0 0-0 0, Heverly 0 0-0 0, Kuttruff 0 0-0 0, Am. Kenawell 0 0-0 0, Krise 1 0-0 2, Twigg 0 0-0 0, Boulton 0 0-0 0. Totals: 15 5-8 35.

Williamsburg—56

Tate 2 0-0 5, Severa 4 0-0 10, Harker 7 0-0 14, Lee 3 0-0 9, Houck 1 0-0 2, Bookhammer 0 0-0 0, Yeager 4 1-1 12, Zeller 0 0-0 0, A. Speacht 0 0-0 0, Zimmerman 1 0-0 2, Wisland 1 0-0 2, Peck 0 0-0 0, L. Speacht 0 0-0 0. Totals: 23 1-1 56.

Three-pointers: Lee 3, Yeager 3, Severa 2, Tate.

Score by Quarter

Glendale	8	15	6	6—35
Williamsburg	14	16	18	8—56

January 17, 2005: Glendale 47 at West Branch 44

Glendale girls escape with victory over West Branch

By Jaclyn Yingling
Sports Editor

ALLPORT — Putting together a solid second half is something that has haunted the Glendale girls' basketball team all season.

On Monday evening, the Lady Vikings finally got that good second half at a good time, coming back to defeat Moshannon Valley League foe West Branch, 47-44, in Allport.

"We had some girls in foul trouble very early, and that hurt us," said Glendale head coach John Matchock. "But we also had some girls come off the bench, like Tiffany Twigg and Michelle Kutruff, who did a great job. It was a whole team effort tonight."

The Lady Vikings also got key performances from Sara McGarvey, Justine Morrison and Ashlee McQuown. McGarvey led the team with 16 points, while McQuown led in rebounds with 13. Both McQuown and Morrison hit key foul shots with less than two minutes in the game to give Glendale the win.

"We have a lot of girls that show a lot of hustle," said



McGarvey

Matchock. "McGarvey, McQuown and Morrison are a group that we can always count on to always give it their all. The whole team does that. We told the girls at the beginning of the season that there wasn't going to be just one person scoring, everyone needed to step up. And they've done that."

The loss was frustrating for West Branch head coach Joe Matson, who felt his team played well enough to win.

"I think we deserved to win tonight," he said. "I think our girls came ready to play this time. Last time we played Glendale, we fell behind by 11 points in a short period of time, and we had to make that up in the second half. We did that. This is a bitter pill to swallow, I guess, because the girls worked hard to improve, and they played quality basketball tonight. They just fell short, sometimes that happens."

Lady Warrior Olivia Beveridge led all scorers with 23 points and 14 rebounds on the night. Teammate Kari Larson finished with 10 rebounds, while Alicia Howe had eight points.

West Branch took control of the game early, going up 5-0 on a basket by Howe and a three-point play by Beveridge. The Lady Warriors eventually led 7-2, but the Lady Vikings battled back to tie the game after a three-pointer by Kutruff and a basket from McGarvey.

Those two baskets started a 10-2 run for Glendale, which led the Lady Warriors 16-13 heading into the second quarter.

The Lady Vikings managed to hold on to a two-point lead at half-time, thanks to a McQuown basket just before the end of the frame.

But the key issue hampering Glendale was its poor shooting at the foul line. The Lady Vikings finished the night 4-of-16 from the line.

"We wouldn't have to play such close games if we would hit our foul shots," said Matchock. "We can't afford to give those free points away."

West Branch refused to let the Lady Vikings pull away any further in the third quarter, going on a 11-0 run to take a 37-33 lead just before the end of the third quarter.

close games if we would hit our foul shots," said Matchock. "We can't afford to give those free points away."

West Branch refused to let the Lady Vikings pull away any further in the third quarter, going on a 11-0 run to take a 37-33 lead just before the end of the third quarter.

The Lady Warriors struggled to hold that lead in the fourth quarter, as Glendale went on a 7-0 scoring run to pull ahead 42-39.

West Branch did tie the game after both Valerie Amick and Beveridge were sent to the line on consecutive fouls. Amick hit both her shots, while Beveridge went 1-of-2 to knot the score at 42-42.

"The nice thing about this season is that we have had a couple of players scoring double digits each game, and we are scoring a lot of points," Matson said. "The issue has been us not being able to stop people from scoring a lot of points. So that's why we have been focusing so much on defense the second half of the season."

Howe pulled the Lady Warriors ahead briefly with a jumper, but McGarvey tied it back up with a jumper of her own.

With less than two minutes remaining in the game, Beveridge was called for her fifth foul, sending McQuown to the line. McQuown connected on one of those shots, and was fouled again after the Lady Warriors turned the ball over. The Lady Viking junior once again went 1-of-2 from the line, building Glendale's lead to 46-44 with less than a minute left in the half.

Morrison set the final when she was fouled by Angie Fenush with under 20 seconds remaining. It was Fenush's fifth foul of the game, putting two Lady Warrior starters on the bench. Morrison hit one of her shots, setting the final at 47-44 after a last-second shot by West Branch bounced off the rim.

"The fact that we had two starters out in the closing couple of minutes of the game, I think did somewhat hurt as far as being able to score a couple of points at the end," said Matson. "But I am proud the team. I think the girls fought hard. And they need to be applauded for the effort."

West Branch fell to 4-11 overall, 1-3 in the MVL and 0-3 in the Juniata Valley League's second cycle. The Lady Warriors travel to Juniata Valley on Wednesday evening.

Glendale improved to 4-12 overall (4-1 MVL, 1-2 JVL). The Lady Vikings host Southern Huntingdon on Wednesday.

The junior varsity game was won by West Branch, 30-26. Larson was the leading scorer for the Lady Warriors with nine, while Katee Budzinski led Glendale with five points.

Glendale—47

Laing 2 0-0 4, McGarvey 8 0-3 16, Morrison 2 2-6 6, McQuown 2 2-4 6, Heverly 3 0-0 7, Kutruff 2 0-2 6, Twigg 1 0-1 2. Totals: 20 14-16 47.

West Branch—44

Larson 3 0-0 6, Fenush 1 1-6 4, Beveridge 8 7-9 23, Howe 3 2-2 8, Amick 0 3-4 3, Wesesky 0 0-0 0, Lawrence 0 0-0 0, Shiflett 0 0-0 0, Parks 0 0-0 0. Totals: 15 13-21 44.

Three-pointers: Kutruff 2, Heverly 1; Fenush 1.

Score by Quarters

Glendale	16	10	9	12—47
West Branch	13	11	13	7—44

January 19, 2005: Southern Huntingdon 52 at Glendale 34

Glendale toppled by So. Huntingdon

FLINTON — The Glendale girls' basketball team fell to visiting Southern Huntingdon by a 52-34 score on Wednesday evening.



Morrison

Justine Morrison led the way for the Lady Vikings with 12 points. Ashlee McQuown (10) also contributed double-digits with the loss.

The loss drops Glendale to 4-13 and to 1-3 in the second cycle of the Juniata Valley League.

Southern Huntingdon also emerged victorious in the jayvee game, 40-22. Kristen Gates scored a team-high seven points for Glendale in the loss.

Glendale plays host to Moshannon Valley League rival Curwensville on Friday.

Southern Huntingdon—52

Shope 5 2-2 14, Clark 5 0-0 11, Kern 4 3-6 11, Wible 2 0-0 4, Woodward 1 0-0 2, Houck 1 0-0 2, Snyder 3 0-0 8, Hershey 0 0-0 0. Totals: 21 5-8 52.

Glendale—34

Laing 0 0-0 0, McGarvey 1 0-2 2, Morrison 6 0-0 12, McQuown 5 0-4 10, Budzinski 1 0-0 2, Matthews 1 0-0 2, Heverly 2 0-1 4, Kutruff 1 0-0 2, Kenawell 0 0-0 0, Krise 0 0-0 0, Twigg 0 0-0 0, Boulton 0 0-0 0. Totals: 17 0-7 34.

Three-pointers: Shope 2, Snyder 2, Clark.

Score by Quarters

S. Huntingdon	16	10	10	16—52
Glendale	6	10	6	12—34

January 21, 2005: Curwensville 33 at Glendale 41

Reversal of Fortune

Glendale tops Curwensville, 41-33, to keep MVL title hopes alive

By Chris Jacques
Sports Writer

FLINTON — It was a big turnaround for the Glendale girls' basketball team on Friday evening in Flinton.

After falling to Moshannon Valley League rival Curwensville, 32-22, the first time around, the Lady Vikings needed a win to stay alive for the MVL title.

Glendale took that pressure and turned it into a victory, scoring a 41-33 win over the Lady Tide in front of the hometown crowd.

The Lady Vikings received a triple-threat from Kristin Laing, Justine Morrison, and Ashlee McQuown, who all scored a team-high 11 points a piece.

Laing's 11 points was a career high and her most since this season's opener against Juniata Valley when she notched 10 points. McQuown posted the game's only double-double with 11 points and 13 rebounds.

"I think Glendale played a nice game," said Curwensville head coach Alan Fairman. "I think John (Matchock) had a good game strategy. My hat's off to Glendale, they played well."

Glendale got off to an early start with an 8-0 run in the first quarter.

In the second frame, the Lady Vikes built on that lead, going into halftime with a 19-12 edge.

The third quarter resembled the first, when Glendale jumped to a quick 11-2 run. For the third consecutive quarter, the Lady Vikes' defense held Curwensville under 10 points, while also containing Curwensville's leading scorer Kelley Penvose.

"We knew they were going to play 1-3-1," said Glendale head coach John Matchock. "We knew we had to be patient. We just had to keep passing the ball back and forth."

"We hit some shots early on and got an early 8-0 lead," he added. "I think that gave the kids confidence. We just went from there and changed our defense up a little bit. We usually play man-to-man, and tonight we played box-in-one because we knew Penvose is a good shooter, and it worked out for us."

Coming off a record-setting performance on Thursday evening against Brockway where she became the school's all-time leading scorer and notched her 1000th point, Penvose was held to her lowest point total in nearly a full calendar year. The Curwensville senior, who was averaging 20 points per game entering Friday night's contest, was held to three points — her lowest total since February 13, 2004.

"Early on, they played a box-in-one on Kelley," said Fairman. "I think that the other players a lot of times rely on her too much. In a box-in-one set, the other players have to pick it up. They really didn't pick it up until halfway through the third quarter in tonight's game."

"We were hoping she would get her points last night," said Matchock. "We knew that if she was coming here tonight to get them, she was going to be all pumped up. I'm glad she got them last night, so that was one monkey off our back."

"The two girls we had on her — Michelle Kuttruff and Justine Morrison — we told them she does not get the ball," Matchock continued. "They did an excellent job. They stayed with her the whole time. They didn't give her any open looks. So, we had those two girls and that was it. They just did an excellent job."

The fourth quarter was more balanced than the previous three, with scoring distributed fairly evenly as the Lady Tide began to fight back in the final frame.

Down by as many as 17 points in the fourth quarter, the Lady Tide offense was jump-started by Stephanie Wagner. Wagner ignited her Curwensville teammates when she drove to the basket and put up a left-handed lay-up through traffic.

"It was an odd game," Fairman added. "We've had a lot of success against Glendale in our zone. We pulled out of zone and played man-to-man. The girls played a very aggressive and up-tempo man-to-man. I'm very pleased with that, and I really think that's what brought us back into the game."

Wagner finished the final period with seven of her game-high 17 points. The Lady Tide would come as close as six points down, but Glendale stepped it up on the boards to seal its fifth win of the season with a final of 41-33.

The Lady Vikings outbounded Curwensville, 12-4, in the final frame.

"Coach Fairman is a good coach," said Matchock. "We knew they were going to start pressing. They were going to change their defenses around, try to get us off our game. It worked really well, because we were making a lot of turnovers and a lot of mental mistakes."

"Luckily, we stepped up at the foul line," he continued. "Foul shooting has been the Achilles' Heel for us the past three or four weeks. Tonight we were 19-of-29. We told the girls foul shooting is going to be key. And it was tonight."

Glendale improved to 5-13 overall and 5-1 in the Moshannon Valley League. The Lady Vikings travel to Moshannon Valley on Monday evening.

Curwensville fell to 8-6 overall and 4-1 in the MVL. The Lady Tide host Harmony on Tuesday.

Glendale's Kristin Laing led the Lady Vikes to a 39-17 victory over Curwensville in the junior varsity match-up. Gates scored a game-high 13 points for Glendale. Curwensville's Jackie White scored a team-high eight points.

NOTES: Glendale's starters scored a combined 38 of its 41 points. It was the highest combined total for the five starters since Dec. 28, 2004 when they scored a combined 42 points in a 47-52 loss to Everett. ... Kuttruff leads Glendale in three-point field goals this season with nine, including one Friday night coming off the bench. ... Wagner's, 17 points for Curwensville raised the bar on her season total, surpassing her previous season-high 16 points and her highest point total since Feb. 12, 2004, when she posted a career-high 21 points in a 57-50 victory over Ridgway.

Curwensville—33

Barrett 1 0-2 2, Cleaver 0 0-0 0, Francisco 0 0-0 0, Kavelak 1 1-1 3, Penvose 1 1-2 3, Rebar 1 3-4 5, Wagner 6 5-7 17, White 1 1-2 3.
Totals: 11 11-16 33.

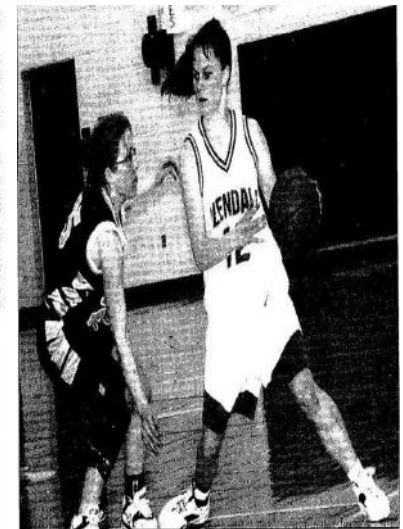
Glendale—41

Laing 1 9-11 11, McGarvey 0 0-2 0, Morrison 2 7-8 11, McQuown 5 1-4 11, Budzinsky 0 0-0 0, Heverly 1 2-4 5, Kuttruff 1 0-0 3, Twigg 0 0-0 0. Totals: 10 19-29 41.

Three-pointers: Heverly 1, Kuttruff 1.

Score by Quarters

Curwensville	5	7	4	17—33
Glendale	8	11	11	11—41



Glendale's Kristin Laing (12) attempts to dribble around Curwensville's Heidi Cleaver (25) on Friday evening. Laing had 11 points in the Lady Vikings', 41-33, victory over the Lady Tides.

January 24, 2005: Glendale 34 at MoValley 23

Glendale defeats rival Damsels

Lady Vikings pull out 34-23 victory over Moshannon Valley

By Jon Christoff
Sports Writer

AMESVILLE — Glendale head coach John Matchock was weary heading into Monday's game with Moshannon Valley because his team hasn't been on the court due to inclement weather since Friday's victory over Curwensville.

As it turned out, Matchock had nothing to worry about as the Lady Vikings played strong defense and used a balanced offense in their 34-23 victory over the Damsels at Monte Close Gymnasium.

"This was basically another playoff game for us," said Matchock. "We didn't get to practice on Saturday because of the weather. Tonight was basically a whole team effort."

Glendale came out of the gates slow, as Mo Valley held a 9-3 advantage halfway through the first quarter, but the Lady Vikes would respond.

Sara McGarvey scored seven of her team-high nine points in the first quarter, and Glendale held an 11-9 lead after the first period of play.

Despite being down heading into the second quarter, the Damsels put up a fight as senior Megan Leskovansky scored six second-period points and recorded three steals in the frame.

Leskovansky scored a season-high nine points on the evening and led all Mo Valley scorers.

The Lady Vikes held a slim 18-17 lead at halftime.

Glendale had Mo Valley in foul trouble early, as it was shooting one-and-one with 37 seconds left in the first quarter but was unable to take advantage as it attempted just two foul shots in the second quarter.

"I thought we played well in the first half," said Damsel head coach Tom Tomasko, "we were just fouling a little bit too much."

The Lady Vikes shot just 9-of-26 from the charity stripe throughout the contest.

"Foul shooting has been a problem for us over the past month," Matchock said. "It's something that we have to work on and made the game a little too close for me. The kids stuck with it and did a good job. They didn't give up."

Glendale would come out of the locker room and shut down the Damsels in the third quarter. Glendale held Mo Valley scoreless throughout the entire

third period, but only scored six points of its own.

"We pride ourselves on our defense," stated Matchock. "We're a quick team so we rely on turnovers — that's less baskets or less shots than the other team has to take. They know if you play defense you're going to win."

The Lady Vikes held a seven-point lead, 24-17, heading into the final period of play.

Mo Valley finally got back on the scoreboard with a Staci Godin field goal with 4:30 remaining and used four of Amy Tomasko's eight points to trim the Lady Viking lead to nine in the waning minutes of the game.

But Glendale was not to be outdone, as two free throws from Ashlee McQuown set the final. McQuown was also a contributor for Glendale, netting seven points on the evening. Teammate Justine Morrison also chipped in with six.

"In the third quarter, offensively, we just came to a standstill," said Tomasko. "We just couldn't seem to get anything going, and that seems to have been happening to us lately, where we'll have a bad quarter."

The Lady Vikes improved to 6-13 overall, 6-1 in the Moshannon Valley League and 2-3 in the second cycle of the Juniata Valley League. Mo Valley fell to 1-15 with the loss, 1-4 in the MVL and 0-4 in the JVL.

The Damsels won the junior varsity game, 27-26, on a Godin free throw with no time remaining. Jordan Cook led Mo Valley with 10 points. C.J. Krise led the Lady Vikes with seven points.

Glendale returns to action Wednesday when it travels to Penns Valley. Mo Valley is back in action this evening, traveling to Williamsburg.

Glendale—34

Laing 1 2-5 4, McGarvey 4 1-2 9, Morrison 2 2-8 6, McQuown 2 3-7 7, Heverly 1 1-2 4, Kutruff 2 0-2 4, Krise 0 0-0 0, Kenawell 0 0-0 0. Totals: 12 9-26 34.

Moshannon Valley—23

Leskovansky 4 1-2 9, V. Tomasko 0 0-1 0, Rebar 1 0-0 2, A. Tomasko 2 4-6 8, Bacher 0 0-0 0, Cook 1 0-0 2, Godin 1 0-0 2. Totals: 9 5-9 23.

Three-pointers: Heverly 1.

Score by Quarter

Glendale	11	7	6	10	—34
Moshannon Valley	9	8	0	6	—23

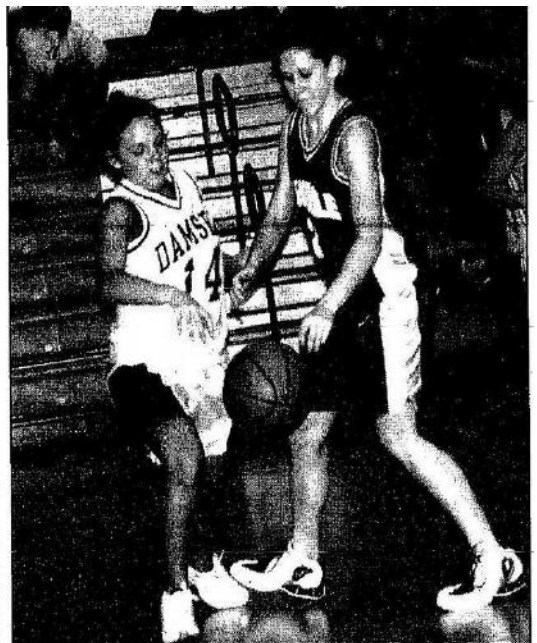


Photo by Jim Butler
Moshannon Valley's Staci Godin (14) looks for the steal against Glendale's Sara McGarvey in the Damsels' 34-23 loss Monday evening. McGarvey led Glendale with nine points.

January 26, 2005: Glendale 42 at Penns Valley 67

Glendale falls to Penns Valley

SPRING MILLS — Going up against one of the two remaining undefeated teams in the Mountain Athletic Conference Division III, the Glendale girls' basketball team ended their two-game win streak with a 67-42 loss to Penns Valley on Wednesday evening.

Justine Morrison led the Lady Vikings with 13 points. Ashlee McQuown added 10 points in the loss.

Glendale fell to 6-14 overall and 2-4 in the MAC. The Lady Vikes travel to Bellwood-Antis on Monday.

Penns Valley took the junior varsity game, 40-16. Tiffany

Twigg led Glendale with eight points.

Glendale—42

Laing 1 3-4 5, McGarvey 3 0-1 6, Morrison 3 7-13 13, McQuown 5 0-3 10, Budzinski 0 0-0 0, Kovach 0 0-0 0, Heverly 1 0-1 2, Kutruff 1 0-0 2, Dick 1 0-0 2, Krise 0 0-0 0, Twigg 1 0-0 2, Au. Kenawell 0 0-0 0, Horon 0 0-0 0, Gates 0 0-0 0. Totals: 16 10-22 42.

Penns Valley—67

Henry 0 0-0 0, Wise 2 0-0 4, Tyson 2 0-0 4, Foor 1 0-2 2, McCaffrey 1 0-2 2, Greer 10 6-9 27, Meyers 6 2-3 14, Ventura 0 0-0 0, Stover 2 1-3 5, Leavn 3 0-1 6, Ash 1 1-2 3. Totals: 28 10-22 67.

Three-pointers: Greer 1.

Score by Quarters

Glendale	4	10	15	13—42
Penns Valley	16	17	18	16—67

January 31, 2005: Glendale 29 at Bellwood 58

Bellwood downs Glendale, 58-29

BELLWOOD — The Glendale Lady Vikings' basketball team fell to Bellwood-Antis 58-29 Monday evening in Bellwood.

Justine Morrison led the way for the Lady Vikes, scoring a team-high nine points.

The loss dropped Glendale to 6-15 on the season and 2-5 in the second cycle of the Juniata Valley League.

Glendale looks to rebound Thursday, playing host to Williamsburg.

The Lady Vikes won the junior varsity contest, 28-12, behind Tiffany Twigg's nine points.

Glendale—29

Laing 0 2-5 2, McGarvey 3 1-2 7, Morrison 3 3-4 9, McQuown 3 0-1 6, Budzinski 0 0-0 0, Matthews 0 0-0 0, Heverly 0 2-2 2, Kutruff 0 0-0 0, Am. Kenawell 0 0-0 0, Twigg 0 1-2 1, Kovach 0 0-0 0, Horon 0 0-0 0, Dick 0 0-0 0, Gates 1 0-0 2. Totals: 10 9-16 29.

Bellwood-Antis—58

Claar 1 1-2 3, Hatch 7 4-4 20, Ralston 1 0-0 2, Carter 8 3-4 19, Smith 2 0-0 5, Webb 1 0-0 2, Young 1 0-0 3, Myers 0 0-0 0, Sinisi 2 0-0 4, Hunter 0 0-0 0, Parson 0 0-0 0, Mortimore 0 0-0 0, Riley 0 0-0 0. Totals: 23 8-10 58.

Three-pointers: Hatch 2, Smith, Young.

Score by Quarters

Glendale	8	8	5	8—29
Bellwood-Antis	15	19	11	13—58

February 3, 2005: Williamsburg 42 at Glendale 24

Glendale topped by Williamsburg

FLINTON — The Glendale girls' basketball team dropped a 42-24 decision to visiting Williamsburg on Thursday evening.

Ashlee McQuown led the way for the Lady Vikings with six points, while Justine Morrison and Sara McGarvey each chipped in with five.

The loss dropped Glendale to 6-16 on the season and to 2-6 in the second cycle of the Juniata Valley League.

Williamsburg was also victorious in the jayvee game, 43-39. Tiffany Twigg led Glendale with 13 points.

The Lady Vikes look to rebound on Monday when they play host to Mount Union.

Williamsburg—42

Tate 2 0-0 4, Severa 1 4-6 6, Harker 1 0-0 2, Lee 4 0-0 10, Houck 3 0-0 7, Bookhammer 0 0-0 0, Zeller 0 0-0 0, A. Speacht 0 0-0 0, L. Speacht 0 0-0 0, Rhule 2 1-1 5, Zimmerman 3 1-2 8, Hyland 0 0-0 0, Peck 0 0-0 0, Cordova 0 0-0 0. Totals: 16 6-9 42.

Glendale—24

Laing 0 0-1 0, McGarvey 1 3-8 5, Morrison 2 1-4 5, McQuown 2 2-2 6, Matthews 0 0-0 0, Heverly 1 2-2 4, Kutruuff 0 1-3 1, Am. Kenawell 0 0-0 0, Krise 0 0-0 0, Twigg 1 1-2 3. Totals: 7 10-22 24.

Three-pointers: Lee 2, Houck, Zimmerman.

Score by Quarters

Williamsburg	2	11	14	15—42
Glendale	4	4	7	9—24

February 7, 2005: Mt. Union 39 at Glendale 47

Glendale scores victory over Mount Union, 47-39

FLINTON — Glendale topped visiting Mount Union, 47-39, on Monday evening in a Juniata Valley League girls' basketball contest.

"I thought we played a good team game," said Lady Viking head coach John Matchock. "Everyone who was in the game contributed."

Glendale's Ashlee McQuown led all scorers with 15 points, while teammate Justine Morrison added 12 in the victory. Mount Union was led by Toia Price with 14.

The Lady Vikings took a 14-4 advantage after the first frame and held off a late Lady Trojan run in the fourth quarter to nab



the win.

Glendale improved to 7-16 overall and finished the second cycle of the JVL at 3-6. Mount Union ended the second cycle at 1-8.

The Lady Vikings host Harmony on Thursday evening.

There was no junior varsity contest.

Mount Union—39

O'Donnell 3 3-4 10, Corbin 1 0-0 3, Stewart 2 0-0 4, Kurtz 2 0-0 4, Price 5 4-8 14, Eaton 2 0-0 4, Green 0 0-0 0. Totals: 15 7-12 39.

Glendale—47

Laing 2 3-4 7, McGarvey 1 1-2 3, Morrison 4 4-6 12, McQuown 7 0-3 15, Matthews 0 1-2 1, Heverly 3 0-0 6, Kutruuff 1 0-3 3. Totals: 18 9-17 47.

Three-pointers: O'Donnell, Corbin; McQuown, Kutruuff.

Score by Quarters

Mount Union	4	12	6	17—39
Glendale	14	12	9	12—47

Glendale earns share of MVL title with 46-26 win over Harmony

By Jon Christoff
Sports Writer

FLINTON — A year after losing a one-game playoff to Curwensville for the Moshannon Valley League championship, the Glendale girls' basketball team and head coach John Matchock finally got the monkey off their backs.

The Lady Vikings earned a share of the MVL title with Curwensville after a 46-26 win over Harmony Thursday night.

"Last year, all the girls were really disappointed," said Glendale coach John Matchock, "when we lost to Curwensville for the championship. I think sharing the Mo Valley League will be something that the whole team will enjoy."

There will be no championship game this season because Curwensville is involved in the District 9 Class AA playoffs, which begin next week.

"We're fine with a co-championship," Matchock said. "I wish Curwensville luck in the playoffs. I hope they do well."

The co-championship wasn't handed to the Lady Vikes. Harmony came out and was a thorn in Glendale's side for much of the evening and forced Glendale to earn a share of the MVL crown.

"I'm not upset with the way we played at all," said Harmony coach Nicole Rowles. "We hung in there for a good while. We played them better than we did the first time."

The Lady Vikes got things rolling in the first quarter with a 6-0 run, highlighted by an Ashlee McQuown steal and lay-up. McQuown finished the evening with 11 points.

"She's a good presence inside," Matchock said of McQuown, "and she's our leading rebounder. Unfortunately, tonight, she got into a little bit of foul trouble. We had some girls come off the bench such as Justine Morrison, and Nicole Matthews came in and played great for us."

But Harmony didn't fold after the early deficit and showed it wasn't going down without a fight.

The Lady Owls' Jess Brothers got Harmony on the board at the two-minute mark, and a Claire Rorabaugh three brought the visitors to within 8-5 after the first quarter of play.

Harmony kept on battling as two more field goals from Brothers gave the Lady Owls a 9-8 lead with 4:34 remaining in the half.

The Lady Owls' senior finished the night with a team-high 10 points and also had eight rebounds and three blocks to her credit.

The one-point margin was short-lived, as Viking senior Michelle Kuttruff knocked down a trey to give Glendale an 11-9 lead.

With under a minute left in the first half, Glendale got three points from Morrison to widen the margin to 16-11.

The Lady Vikes picked up the tempo in the second half, as they came out at Harmony with a full-court press. Glendale was able to apply pressure to Harmony and force some turnovers, which led to some easy baskets.

"We've struggled with the press all year," said Rowles. "We needed to see the court better."

"We started out the first half a little bit slow," said Matchock. "We knew Harmony would be ready to play, and give them credit, they were. The girls came out in the second half and showed that they wanted the share of the Mo Valley League title. We played good together as a team in the second half."

Sara McGarvey pushed the Glendale lead to 24-14 with just under four minutes remaining in the third quarter. McGarvey also netted 11 points on the evening to complement McQuown.

"Sara stepped up for us tonight," said Matchock of McGarvey, "with Ashlee (McQuown) in foul trouble. If someone's in trouble, the team steps it up a notch. Everyone played good tonight."

Matthews' only bucket of the night came with just three seconds remaining in the third quarter, and Glendale led 28-18 heading into the final eight minutes of play.

Harmony trailed 33-22 when Brothers fouled out, and Glendale was able to widen the margin after that. The Lady Vikes outscored the Lady Owls 13-4 after Brothers' fifth foul to set the final.

"We don't have a real deep bench," said Rowles, "so, take Claire and Jess out and it's tough."

"We didn't want the seniors to go out with a loss," concluded Matchock. "That was something

we stressed in the locker room, 'This is one game, the last game of the season and you always remember' It gave us something to build on going into next season."

Glendale closed out the season at 8-16 with the win, while Harmony dropped to 4-19 and concluded MVL play at 1-7.

The Lady Owls close out the season tonight when hosting Calvary Baptist.

Glendale also won the junior varsity contest.

Harmony--26

Rorabaugh 12-2 5, Brothers 3 4-6 10, Wolfe 2 0-0 4, Gallaher 1 0-0 2, Leyo 0 0-0 0, Beck 2 1-2 5, Hutton 0 0-0 0, Dotts 0 0-1 0. Totals: 9 7-11 26.

Glendale--46

McGarvey 4 3-4 11, McQuown 4 3-7 11, Heverly 4 0-0 8, Kuttruff 2 0-2 5, Am. Kenawell 0 2-2 2, Laing 1 0-0 2, Morrison 1 3-6 5, Twigg 0 0-0 0, Matthews 1 0-0 2, Krise 0 0-0 0. Totals: 17 11-21 46.

Three-pointers: Rorabaugh; Kuttruff.

Score by Quarters

Harmony	5	6	7	8-26
Glendale	8	8	12	18-46



McQuown



McGarvey

West Branch, Glendale boys dominate Juniata Valley League awards

By Jon Christoff
Sports Writer

LAKEMONT — The Juniata Valley League held its annual end-of-season basketball banquet at The Casino in Lakemont on Tuesday.

Glendale, Moshannon Valley and West Branch represented Progressland with a combined 12 players named to the various all-star teams, along with Glendale head coach Gregg Mazenko being named the boys' basketball Coach of the Year.

"One of the reasons I got this award," said Mazenko, "is because I've been coaching the same group of kids since they were in ninth grade. In my mind, it's more of a tribute to them."

Progressland players made up two-thirds of the first team on the boys' side, as West Branch's Danny Clark and Sean Coble, along with Mo Valley's Luke Martin and Glendale's Mark Lyons were named to the team.

Coble was also named the league's Outstanding Player.

Glendale also had three other

players named to the all-star teams.

Junior Shane Krestar was a third-team selection, while seniors Mark Yeckley and Richie Ball were honorable mention selections.

The girls' all-star teams were also well represented with players from the area.

West Branch's Olivia Beveridge and Mo Valley's Amy Tomasko were named to the third team, and Glendale's Kristin Laing and Ashlee McQuown along with West Branch's Angie Fenush were honorable mention selections.

Clayburg-Kimmel's Lacey Claar was named the girls' Outstanding Player and Tom Ritchey was named the Coach of the Year.

Juniata Valley League All-Star Teams

Boys

First Team

Sean Coble, Sr., West Branch; Danny Clark, Sr., West Branch; Luke Martin, Sr., Moshannon Valley; Curtis Shulman, Sr., Penna Valley; Mark Lyons, Sr., Glendale;

Paul Greiner, Sr., Bellwood-Artis.

Second Team

Dan Lewis, Jr., Penna Valley; Ben Landis, Sr., Williamsburg; Corey Lightner, Jr., Juniata Valley; Garrett Speck, Jr., Southern Huntingdon; Ryan Zook, Sr., Mount Union.

Third Team

Zac Lavov, Sr., Penna Valley; Jimmy Martinez, Sr., Mount Union; Shane Krestar, Jr., Glendale; Justin Bort, Jr., Juniata Valley; Mike Graham, Jr., Williamsburg.

Honorable Mention

Aaron Ball, Sr., Bellwood-Artis; Mark Yeckley, Sr., Glendale; Tyler McCallan, Sr., Bellwood-Artis; Robbie Ball, Sr., Glendale.

Girls

First Team

Lacey Claar, Sr., Clayburg-Kimmel; Claudia McDowell, Sr., Juniata Valley; Katrina Green, Sr., Penna Valley; Morgan Tate, Sr., Williamsburg; Hillary Shupe, Jr., Southern Huntingdon; Kayla Musselman, Jr., Clayburg-Kimmel.

Second Team

Lauren Carter, Jr., Bellwood-Artis; Stephanie Hatch, Sr., Bellwood-Artis.

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Amber Severs, Sr., Williamsburg; Sarah Helaman, Sr., Clayburg-Kimmel; Sara Clark, Jr., Southern Huntingdon.

Third Team

Abby Mowbr, Sr., Juniata Valley; Olivia Beveridge, Sr., West Branch; Emily Wible, Sr., Southern Huntingdon; Devine Reed, Sr., Juniata Valley; Amy Tomasko, Sr., Moshannon Valley.

Honorable Mention

Marissa Leick, Sr., Clayburg-Kimmel; Kristin Laing, Jr., Glendale; Angie Fenush, Sr., West Branch; Ashlee McQuown, Jr., Glendale.

— JVL All-Stars announced at annual banquet



Twelve Progressland basketball players were named to the Juniata Valley League all-star teams. In front, from left, are West Branch's Angie Fenush and Olivia Beveridge, Moshannon Valley's Amy Tomasko and Glendale's Ashlee McQuown and Kristin Laing. In the back are West Branch's Danny Clark and Sean Coble, Moshannon Valley's Luke Martin, and Glendale's Mark Lyons, Richie Ball, Shane Krestar and Mark Yeckley.

Mo Valley League All-Star banquet held

LUMBER CITY — The Moshannon Valley League held its annual all-star banquet on Monday evening at the Grandview Golf Club in Lumber City.

On the girls' side, the Curwensville and Glendale teams were honored as the 2004-2005 MVL champs.

First team selections went to Curwensville's Kelley Penrose, Betsy Rebar and Stephanie Wagner; West Branch's Olivia Beveridge and Moshannon Valley's Amy Tomasko.

Harmony's Jess Brothers, Claire Rorabaugh and Dawn Wolfe were named honorable mentions, along with Glendale's Sara McGarvey and Justine Morrison and West Branch's Angie Fenush.

On the boys' side, West Branch was honored as the 2004-05 MVL champs.

Two Warriors were also named to the first team in Sean Coble and Danny Clark. Also named to the first team were Glendale's Shane Krestar and Mark Lyons, Harmony's Caleb Rorabaugh and Moshannon

Valley's Luke Martin. Honorable mentions went to West Branch's Nik Bisko and Paul Coble, Harmony's Chas Gee and Glendale's Richie Ball.

Moshannon Valley League Girls' All-Stars First Team

Olivia Beveridge, West Branch; Kelley Penrose, Curwensville; Betsy Rebar, Curwensville; Amy Tomasko, Moshannon Valley; Stephanie Wagner, Curwensville.

Honorable Mention

Jessica Brothers, Harmony; Angie Fenush, West Branch; Sara McGarvey, Glendale; Justine Morrison, Glendale; Claire Rorabaugh, Harmony; Dawn Wolfe, Harmony.

Co-Champions: Curwensville and Glendale

Boys' All-Stars First Team

Danny Clark, West Branch; Sean Coble, West Branch; Shane Krestar, Glendale; Mark Lyons, Glendale; Luke Martin, Moshannon Valley; Caleb Rorabaugh, Harmony.

Honorable Mention

Richie Ball, Glendale; Nik Bisko, West Branch; Paul Coble, West Branch; Chas Gee, Harmony.

Champions: West Branch

2004-2005 Progressland Honor Roll

First Team

Olivia Beveridge.....West Branch.....Senior
Jess Brothers.....Harmony.....Senior
Megan Fannin.....Clearfield.....Senior
Kelley Penrose.....Curwensville.....Senior
Betsy Rebar.....Curwensville.....Senior
Kayla Rorabaugh.....Purchase Line.....Senior

Second Team

Erin Albert.....Phillipsburg-Osceola.....Senior
Angie Fenush.....West Branch.....Senior
Ashlee McQuown.....Glendale.....Junior
Meghan Rich.....Clearfield.....Senior
Amy Tomasko.....Moshannon Valley.....Sophomore
Michelle Welker.....Clearfield.....Senior

Honorable Mention

Alicia Howe.....West Branch.....Junior
Sara McGarvey.....Glendale.....Junior
Krysten Medzie.....Clearfield.....Junior
Justine Morrison.....Glendale.....Junior
Megan Struble.....Purchase Line.....Senior
Stephanie Wagner.....Curwensville.....Senior
Dawn Wolfe.....Harmony.....Senior

Player of the Year

Kayla Rorabaugh, Purchase Line
Co-Coaches of the Year
Alan Fairman, Curwensville
Brian Morgan, Curwensville

2004-05 Progressland Girls' Basketball All-Stars

Free Throw Percentage (45 Attempts Minimum)

Player	FTM	FTA	FT%
Penrose (Cu)	101	126	80.2
Rich (Cl)	54	71	76.1
Wagner (Cu)	41	54	75.9
Kavelak (Cu)	39	52	75.0
Medzie (Cl)	46	64	71.9
Welker (Cl)	84	118	71.2
A. Tomasko (MV)	43	61	70.5
Fannin (Cl)	32	47	68.1
Laing (G)	28	46	60.9
B. Rebar (Cu)	54	89	60.7

Team Stats

Team Offense

Team	G	Pts.	Avg.
Clearfield	25	1338	53.5
Curwensville	27	1396	51.7
West Branch	24	1186	49.4
Purchase Line	25	1199	47.9
Glendale	24	891	37.1
Mo Valley	24	711	29.6
Harmony	24	680	28.3
P-O	24	658	27.4

Team Defense

Team	G	Pts.	Avg.
Curwensville	27	1168	43.3
Harmony	24	1069	44.5
Purchase Line	25	1121	44.8
Glendale	24	1080	45.0
Clearfield	25	1195	47.8
Mo Valley	24	1190	49.6
P-O	24	1292	53.8
West Branch	24	1464	61.0

Team Free Throw Percentage

Team	FTM	FTA	FT%
Curwensville	327	476	68.7
Clearfield	273	401	68.1
West Branch	237	469	50.5
Purchase Line	244	487	50.1
Mo Valley	126	259	48.6
P-O	100	214	46.7
Glendale	170	367	46.3
Harmony	90	202	44.6

Glendale

Player	G	FG	3pt	FT	Pts.	Ppg.
Morrison	24	71	2	49	193	8.0
McQuown	24	76	2	27	181	7.5
McGarvey	24	64	1	29	158	6.6
Heverly	24	42	6	15	105	4.4
Laing	24	30	0	28	88	3.7
Kutruff	24	24	10	5	63	2.6

Moshannon Valley League

*Curwensville	7-1
*Glendale	7-1
West Branch	3-5
Moshannon Valley	2-6
Harmony	1-7
*Co-champions	

Players	Points	Three's
Justine Morrison	194	3
Ashlee McQuown	181	2
Sara McGarvey	158	1
Nicole Heverly	102	6
Kristin Laing	86	0
Michelle Kutruff	64	11
Michelle Peoples	38	0
CJ Krise	14	2
Katee Budzinski	13	0
Tiffany Twigg	12	0
Nicole Matthews	12	0
Brittany Boulton	4	0
Amber Kenawell	2	0
Kristen Gates	2	0
Tara Dick	2	0
Totals	884	25