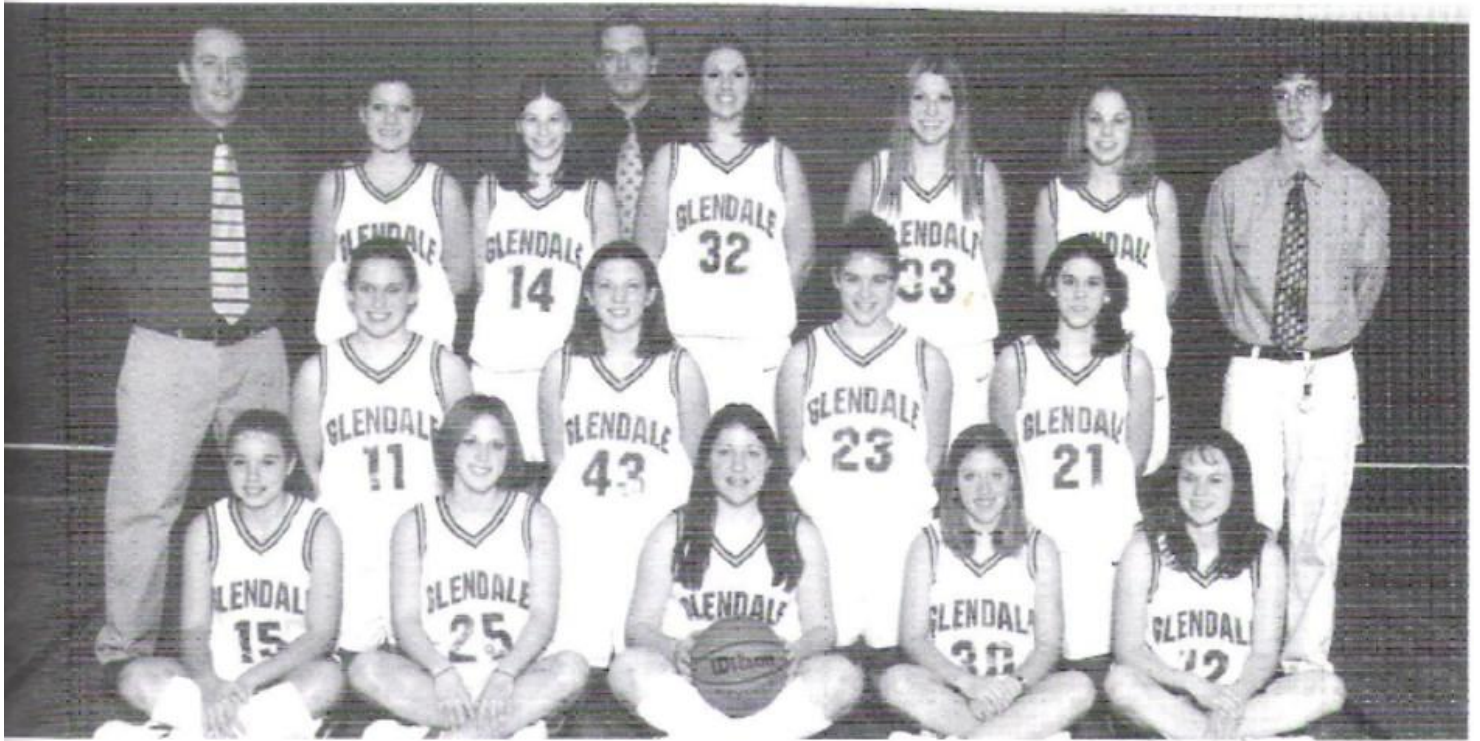


2003-2004 Season

Varsity Girls Basketball



Back Row (Left to Right) Nicole Matthews, Michelle Kuttruff, CJ Krise, Amber Kenawell, Kristin Laing,
Middle Row (Left to Right) Justine Morrison, Michelle Peoples, Ashlee McQuown, Sara McGarvey,
Front Row (Left to Right) Coach Tekely, Cristy Lovell, Nicole Heberly, Coach Matchock, Adrienne McQuown,
Kaytee Gates, Ashley O'Shell, Coach McClellan.

Coaches: John Matchock, Chris Tekely, and Steve McClellan

2003-2004 Season

Matchock expects new attitude from Lady Vikes

Seven letter winners return to Glendale squad

By Jaelyn Yingling
Sports Writer

FLINTON — It's a new season and a new attitude for second-year head coach John Matchock and his Lady Viking basketball squad.

With all of his players back from last year's 2-23 team, Matchock is optimistic that his team can not only improve on their record this season, but also compete for the Moshannon Valley League title.

"We told the girls that we expect to go .500," stated Matchock. "We had that goal last year, and we weren't prepared for some of the things that happened. We even gave them a little incentive. If we win 10 games, I am going to shave my head. They are hyped up for that. We just wanted to get them motivated."

The Lady Vikings return seven letter winners this season, led by leading scorer Ashley O'Shell (12.0 points per game) and sophomore Sara McGarvey, who was Glendale's second leading scorer as a freshman averaging 4.5 ppg.

Also back are seniors Kaytee Gates (2.7 ppg), Adrienne McQuown and Cristy Lovell as well as junior Nicole Heverly and sophomore Kristin Laing.

"Everyone is back, so everyone has a year of experience now," said Matchock. "We are expecting bigger things from them this year. Last year, we just had four girls with experience, now we have 14."

Juniors Amber Kenawell and Michelle Kuttruff and sophomores C.J. Krise, Ashlee McQuown, Justine Morrison and Michelle Peoples also return for Glendale this season.

"We have three that have played for four years at the varsity level — O'Shell, Gates and (Adrienne) McQuown," Matchock said. "In practice we paired them up with the younger kids so when they leave we will be able to carry over."

The Lady Vikings are hoping to get off to a better start this season. Last season, Glendale started 0-10 before scoring a victory over West Branch. Its only other win was a 54-52 overtime victory over MVL rival Curwensville at home.



Photo by Jim Butler
Lady Viking letter winners — The Glendale girls' basketball team returns seven letter winners to its 2003-2004 squad. In front, from left, are Sara McGarvey, Kristin Laing and Nicole Heverly. In back are Ashley O'Shell, Kaytee Gates and Adrienne McQuown. Cristy Lovell is missing from the photo.

Matchock hopes his senior leadership will help the Lady Vikings get out of the gate a lot quicker this year.

"The seniors say a lot at practice," said Matchock. "The juniors have even stepped up and have been vocal during practice, trying to get the girls motivated. I think that everyone on the team has shown some leadership, but our main ones are our seniors."

Also key for Glendale this season will be the height factor. With a handful of players over 5-foot-7, the Lady Vikings have more depth at their post position than some of the other area teams.

"We are still kind of small compared to some teams," Matchock said. "Our biggest girl is 5-10, and we only have one of those. The rest of the girls are between 5-7 and 5-9, so we are bigger than we were last year. A lot of our girls grew over the summer, so that's definitely going to help us."

Another thing that will help Matchock and the Lady Vikings in their quest for the Mo Valley League title is the experience factor.

"We have all of our players back, so that's a plus," Matchock said. "A lot of the area teams have lost some of their key players, so I think we are on an even keel now. I think it's basically anyone's title right now."

Despite the wide range of girls with experience, Matchock and his coaching staff are going to rely on who is looking good in practice to set their starting line-ups.

"We told the girls the first practice that every practice is like an audition," Matchock said. "The starting lineup will change based on how they are playing. It's going to change game to game. So right now, we have no starting lineup set in stone."

Matchock will be assisted by Chris Tekely. Steve McClellan will return as the statistician, while Jim Dick will help out as a volunteer assistant. Matchock also hopes to have former Moshannon Valley basketball star Trisha Martin help out with his post players this season.

The Lady Vikings open their season on Dec. 3 when they host Juniata Valley.

Roster

Seniors

*Kaytee Gates, *Cristy Lovell, *Adrienne McQuown, *Ashley O'Shell.

Juniors

*Nicole Heverly, Amber Kenawell, Michelle Kuttruff.

Sophomores

C.J. Krise, *Kristin Laing, Nicole Matthews, *Sara McGarvey, Ashlee McQuown, Justine Morrison, Michelle Peoples.

Freshmen

Meagan Leyo.

*Denotes returning letter winners.

Schedule

December

3—Juniata Valley; 5—at Claysburg-Kimmel; 9—at West Branch; 10—at Harmony; 12—Southern Huntingdon; 18—at Moshannon Valley; 19—Penns Valley; 22—Curwensville; 23—Central Christmas Tournament, 6 p.m.; 27—Central Christmas Tournament, TBA.

January

5—at Bellwood-Antis; 7—Williamsburg; 9—Mount Union; 13—at Juniata Valley; 15—Claysburg-Kimmel; 19—West Branch; 22—at Southern Huntingdon; 23—at Curwensville; 26—Moshannon Valley; 29—at Penns Valley.

February

2—Bellwood-Antis; 4—Harmony; 5—at Williamsburg; 9—at Mount Union.

All varsity games begin at 7:30 p.m. unless otherwise noted.

December 3, 2003: Juniata Valley 62 at Glendale 29

Lady Hornets spoil Lady Vikings' home opener, 62-29

By Jaclyn Yingling
Sports Writer

FLINTON -- Things started out well for the Glendale girls' basketball team on Wednesday evening in its home opener against Juniata Valley.

But it was the final three quarters and turnovers that doomed the Lady Vikings to a 62-29 loss to the Lady Hornets.

"We had 20 turnovers at half-time, and that is not going to win any games," said Glendale head coach John Matchock. "We just dug ourselves a hole we couldn't get out of. We had too many missed layups as well. We were 5-of-15 from under the hoop in the first half. Our foul shooting was 7-of-17 at the half. That isn't going to help either. There are things we have to work on."

The Lady Vikes trailed just 9-7 after the first frame, which was plagued with turnovers by both teams.

But Juniata Valley outscored Glendale 25-10 in the second stanza, a deficit it would never overcome. Glendale trailed 34-17 at the half.

Nicole Heverly and Ashley O'Shell each had five points on the night for the Lady Vikings, while Justine Morrison, Sara McGarvey and Kaytee Gates each had four points.

"The girls all give 100 percent," Matchock said. "That's usually not a problem. Once we got down, we tried different girls at different places and it worked out for the most part."

The Lady Hornets, who led 48-27 going into the final frame, went on a 18-0 run in the fourth

quarter before giving up the lone Glendale basket by Heverly.

Juniata Valley scored twice more to set the final at 62-29.

Three Lady Hornet players scored in double digits led by Claudia McDowell's 18 points. Alicia Heaster added 17 points, while Jenna Curley notched 16 on the night.

With the loss, the Lady Vikings fell to 0-1 overall and in the Mountain Athletic Conference's Division 3. They travel to Claysburg-Kimmel on Friday evening for another Division 3 matchup.

Glendale also has two key Moshannon Valley League matchups next week, starting with West Branch on Tuesday and Harmony on Wednesday.

"We have to take it one day at a time," Matchock said. "We need to learn from our mistakes."

The Lady Hornets improved to 1-0 in Division 3.

Juniata Valley won the junior varsity game, 28-26. Heverly led the Lady Viking jayvees (0-1) with six points.

Juniata Valley—62

McDowell 6 5-8 16, Mewer 2 0-1 4, Curley 6 0-0 16, Heaster 6 5-8 17, Walters 0 2-2 2, Reed 2 0-0 4, Lane 2 1-2 5, Geider 0 0-0 0, Feagley 0 0-0 0, Boyd 0 0-0 0. Totals: 24 13-19 62.

Glendale—29

O'Shell 2 1-4 5, Gates 0 4-4 4, Ad. McQuown 1 0-0 2, Lovell 0 0-0 0, Heverly 2 1-2 5, Kutruff 0 0-0 0, Kenawell 0 0-0 0, Laing 1 1-3 3, McGarvey 1 2-2 4, Ac. McQuown 1 0-0 2, Morrison 2 0-0 4, Peoples 0 0-2 0, Kries 0 0-0 0. Totals: 10 8-19 29.

Score by Quarters

Juniata Valley	9	25	14	14—62
Glendale	7	10	10	2—29

December 9, 2003: Glendale 40 at West Branch 37

Lady Vikings edge Lady Warriors in MVL tilt, 40-37

By Jaelyn Yingling
Sports Writer

ALLPORT — The Glendale girls' basketball team took advantage of turnovers and missed foul shots by host West Branch to score a 40-37 victory on Tuesday evening in Allport.

It was the first victory for the Lady Vikings, who improved to 1-1 overall with the victory and in the Mountain Athletic Conference, while improving to 1-0 in the Moshannon Valley League.

"We will take the W," said Glendale head coach John Matchock. "Both teams played hard. We got a couple of lucky bounces towards the end. We forced a couple of turnovers. I think the big key was making our foul shots at the end. Kaytee Gates stepped up and made those two foul shots at the end."

The Lady Vikings were 7-of-10 from the charity stripe, including 4-of-6 in the fourth quarter. The Lady Warriors managed just 3-of-15 shots from the foul line, something head coach Joe Matson saw as a gamebreaker.

"We had 15 opportunities from the line and only made three," he said. "If we make the most of our free chances at the



O'Shell

charity stripe — we win the game. I think our girls did an outstanding job rebounding from last night. They responded well from my challenge last night. They played with a lot of heart and intensity, and they need to be congratulated for their effort."

Turnovers plagued both teams in the contest, with West Branch turning the ball over 36 times to Glendale's 30.

Despite the heavy turnovers, the Lady Warriors took a 13-12 lead at the end of the first quarter. Angie Fenush had eight of her 12 points in the quarter — all on layups.

The Lady Vikings got into foul trouble early with starters Kristin Laing and Ashley O'Shell. Both players were substituted for in the first half. Laing, who had three fouls in the first two quarters, fouled out with 4:19 remaining in the fourth quarter.

"We told the girls that turnovers are going to kill us," Matchock said. "Luckily, tonight it didn't cost us. I think turnovers tomorrow against Harmony will kill us.

We have to be more aggressive. We told the girls that they have to move their feet because Angie is fast. We didn't do that and Kristin fouled out. Ashley had four and (Sara) McGarvey and Gates had three. We were being too aggressive and not being smart. Those are things we are going to have to work on."

West Branch had little trouble with fouls in the first half, quite a different situation from its troubles on Monday night against Harmony. The Lady Warriors failed to take advantage of the Lady Vikings' turnovers, however, making just one foul shot on four attempts in the first half.

"It's a tough loss and the girls were playing to win," said Matson. "That's all you can ask for. Hopefully, this season we will manage to win a few games ourselves. So far this year it has been tough. I think the girls have rebounded positively. I sent them a message that we were looking for more intense play from our starting five, and they did a great job."

The teams traded the lead back and forth in the second quarter with Janelle Orwick hitting a basket just before the half to tie the game at 21-21.

Glendale went ahead in the third quarter when Laing scored off a Lady Warrior turnover making the score 23-21.

West Branch tied the game twice before O'Shell took in two layups off two straight Lady Warrior turnovers to put the Lady Vikings in front 29-23.

O'Shell drained a three-pointer right before the end of the third quarter to put Glendale up 32-27. Alicia Howe hit a basket just as time expired to move West Branch within three, 32-29, heading into the final frame.

The Lady Warriors would get as close as 38-37 with 19 seconds remaining in the game when Valerie Amick hit a basket.

But West Branch was forced to foul with 11.1 seconds left on the clock. Fenush fouled Gates, who hit both shots to give Glendale a 40-37 lead.

West Branch missed two attempts at the basket and fouled Nicole Heverly with 0.4 seconds left. Heverly missed her shot, but the Lady Warriors were unable to get a final shot off despite gathering up the rebound, setting the final at 40-37.

O'Shell finished the night with 13 points, while Heverly and McGarvey each had eight points. McGarvey also had six rebounds.

Fenush led the Lady Warriors with 12 points, while Orwick added 10 points and 10 rebounds. Olivia Beveridge had 11 rebounds in the game.

West Branch fell to 1-4 overall, 1-3 in the MAC and 0-2 in the MVL. The Lady Warriors travel to Juniata Valley on Friday evening.

Glendale travels to Harmony this evening at 7.

Glendale—40

Gates 0 5-6 5, Lovell 0 0-0 0, Ad. McQuown 0 0-0 0, O'Shell 6 0-1 13, Heverly 4 0-1 8, Kutruff 0 0-0 0, Laing 1 0-0 2, McGarvey 3 2-2 8, Morrison 1 0-0 2, Peoples 0 0-0 0, As. McQuown 1 0-0 2. Totals: 16 7-10 40.

West Branch—37

Graham 1 0-1 2, Orwick 5 0-0 10, Amick 2 0-0 4, Beveridge 1 3-6 5, Fenush 6 0-5 12, Howe 2 0-3 4, Cantolina 0 0-0 0, Lawrence 0 0-0 0. Totals: 17 3-15 37.

Three-pointers: O'Shell.

Score by Quarters

Glendale	12	9	11	8—40
West Branch	13	8	8	8—37

Buzzer-beater lifts Lady Vikes past Lady Owls

By Rich Murawski
Sports Writer

WESTOVER — For the second night in a row, the Glendale High School girls' basketball team needed every second of the game's 32 minutes to come away with a Moshannon Valley League victory.

Tuesday night, Kaytee Gates sank a pair of free throws with just 11 seconds left to lift the Lady Vikings to a come-from-behind victory over West Branch.

On Wednesday evening, it was Ashley O'Shell who hit a running jump shot as time expired to give Glendale a thrilling 28-27 win over host Harmony.

"We were down last night at West Branch, and we didn't give up," Glendale head coach John Matchock said. "Tonight, we didn't give up and that's all you can ask. Go out there and give 32 minutes. We did that two nights in a row, and we have two wins to show for it. I'm very proud of all the girls."

After Harmony's Claire Rorabaugh hit a free throw with 5.7 seconds left to play, Glendale called a timeout to set up the final play. The Lady Vikings rolled the ball down the court to save time and O'Shell picked it up, dribbled to the top of the key and hit a running jumper as the buzzer sounded.

"You have to give Claire Rorabaugh credit," Matchock said "She hit that foul shot under pressure. We called a timeout, and I told Kristin (Laing) to roll the ball to O'Shell. And then I told her (O'Shell) when the girl comes to pick you up, drive the ball to the basket. Basically, it was on O'Shell's shoulders. If she misses it or makes it, she was the one that was going to do it for us ... and she did. She's been doing that all last year, and she's keeping it going this year."

"I had Christy Brink up on the ball, so they couldn't roll it," Harmony head coach Eric Thomas said. "I wanted her to hustle back and get in position, but she (O'Shell) beat us up the court. Neither of my guards stepped in and the forwards didn't step up high enough, and she got exactly the shot she wanted. You have to give her credit."

O'Shell led all scorers with 14 points and added three steals.

Harmony jumped in front of Glendale 9-4 after one quarter of play and led 13-10 at intermission. The Lady Vikings cut the Harmony lead to 17-16 at the end of three as the two teams engaged in a turnover-filled battle.

The Lady Owls committed 33 turnovers in the game, including 11 in the third quarter, while Glendale gave up the ball 25 times.

"Turnovers have been a problem for us through the first three games, but luckily we've been causing a lot as well," Matchock said. "We've played tenacious defense all three games. Tonight, we forced a lot of turnovers and we capitalized on them. We did have a lot ourselves, and that's going to hurt us in the long run. But we're forcing more than we're giving up, and we're proud of that."

"You can't have 33 turnovers and win very many games," Thomas said. "Our first two games, we had 35 and 30 (turnovers), I believe. Then we went down to West Branch and only had 13. We were under con-

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trol in that game, and we came out with the win. I told the girls that we just have to be confident with the ball, and right now we aren't. You have to give Glendale a lot of credit. They played good, aggressive defense. It was definitely a defensive struggle."

Glendale had 15 steals in the game, with Nicole Heverly leading the way with four.

"Nicole was playing good defense," Matchock said. "Everyone was. We're not the best shooting team. We're not going to shoot the lights out. We are going to win games playing defense. Two games in a row, we've done that."

After Brink nailed a jump shot early in the fourth quarter to give the Lady Owls a 19-16 lead, Glendale tied it as Gates hit a layup and foul shot. Gates scored all six of her points in the fourth quarter.

Brink, who led Harmony with nine points, hit another jumper and Kayla Feaster canned a pair of free throws for Harmony, while Gates hit a foul shot for Glendale to make the score 23-20 in favor of Harmony.

O'Shell then gave Glendale a 24-23 lead when she hit a shot, stole the ball and hit another.

But Feaster put the Lady Owls back in front when she calmly nailed the game's only trey, giving Harmony a 26-24 lead.

"This is the first game that she (Feaster) didn't start," Thomas said. "We were a little

down on her for the West Branch game. She came in tonight and gave us some valuable minutes and production off the bench. She's definitely going to get a lot of playing time for us."

Gates tied the game at 26 with a jump shot, and Rorabaugh canned one of two foul shots to set the stage for O'Shell's heroics.

The Lady Owls had trouble from the charity stripe in the game, hitting on just 6-of-18 tries.

"It's kind of scary what we're doing on the free throw line," said Thomas. "We're not a good free throw shooting team at this point. In games like this, it's going to come down to that. If we make just one or two more ... that's the difference in the outcome."

With the win, the Lady Vikings improve to 2-1 overall and 2-0 in the MVL. Harmony is 1-3 overall and 1-1 in league play.

Glendale returns to action Friday, hosting Southern Huntingdon. Harmony will entertain Moshannon Valley on Monday.

Glendale—28

Morrison 0 2-2 2, McGarvey 1 0-0 2, Laing 0 0-0 0, Gates 1 4-5 6, O'Shell 7 0-0 14, Heverly 1 0-2 2, Ad. McQuown 0 0-0 0, Lovell 0 0-0 0, Peoples 0 0-0 0, As. McQuown 1 0-0 2, Kutruff 0 0-0 0. Totals: 11 6-9 28.

Harmony—27

Wolfe 1 0-0 2, Rorabaugh 2 1-3 5, Brothers 1 0-0 2, Fry 1 0-5 2, Brink 3 3-8 9, Feaster 2 2-7. Totals: 10 6-18 27.

Three-pointer: Feaster.

Score By Quarters

Glendale	4	6	6	12—28
Harmony	9	4	4	10—27

December 12, 2003: Southern Huntingdon 58 at Glendale 27

Glendale loses to Lady Rockets

FLINTON — The Glendale girls' basketball team fell to 2-2 overall and 1-2 in Division 3 of the Mountain Athletic Conference with a 58-27 loss to Southern Huntingdon on Friday evening.

Ashley O'Shell had 14 points to lead the Lady Vikings.

The Lady Rockets improved to 3-0 in the MAC.

Southern Huntingdon also won the junior varsity game, 36-34. Nicole Heverly was the high scorer for Glendale with 11 points.

Glendale returns to action on Tuesday when it travels to Moshannon Valley.

Southern Huntingdon—58

Streightiff 3 0-0 6, Kern 5 2-6 12, Shope 2 5-7 9, Clark 4 0-0 8, Houck 1 2-3 4, Wible 1 1-4 3, Creswell 0 0-0 0, Woodward 5 2-2 12, Snyder 1 2-3 4, Foor 0 0-0 0, Grissinger 0 0-0 0.
Totals: 22 14-25 58.

Glendale—27

O'Shell 7 0-0 14, Ad. McQuown 0 0-0 0, Heverly 0 0-0 0, Kutruff 0 0-0 0, Kenawell 0 0-0 0, Laing 2 0-1 4, Matthews 0 0-0 0, McGarvey 0 0-0 0, As. McQuown 0 0-0 0, Morrison 0 0-0 0, Krise 0 0-0 0, Gates 1 0-0 2, Lovell 1 0-0 3, Peoples 1 2-4 4. Totals: 12 2-5 27.

Three-pointers: Lovell.

Score by Quarters

So. Huntingdon	25	11	12	10—58
Glendale	8	9	8	2—27

Lady Vikings knock off Damsels in double OT

O'Shell pours in 20 points as Glendale picks up key Mo Valley League victory

By Jaelyn Yingling
Sports Writer

AMESVILLE — Of the six games played in the Moshannon Valley League this season, four of them have come down to four points or less. For Glendale head coach John Matchock, there is a good and a bad side to that.

The bad side is that the Lady Vikings have played in three of those contests. The good side — they have been victorious in every game.

Tuesday night was no exception for Matchock and his team, as the Lady Vikings needed double overtime to defeat rival Moshannon Valley, 44-40.

"I wish we wouldn't wait until the end to do this," Matchock said. "I am going to have gray hair. We got down for a little bit, then we flipped-flopped the lead for awhile. We didn't give up. We stuck in there. You have to give credit to Mo Valley, a lot of their girls are sick and they played their hearts out too."

Glendale scored eight points in the second overtime, led by a jumper and a foul shot from Michelle Peoples, which gave the Lady Vikings a lead they would never relinquish.

Peoples, who started in place of an injured Adrienne McQuown, helped jumpstart the Lady Vikings in the second overtime frame as well as getting an important foul that fouled out Mo Valley leading scorer Ashley Kitko with 1:59 to play.

"That's what we need," said Matchock



O'Shell

of Peoples' performance. "When girls are sick or hurt, we need girls that can come off of the bench and step up. That's what happened tonight."

Peoples finished the night with eight points, second only to Ashley O'Shell, who led all scorers with 20 points on the night. It was O'Shell's fourth straight game to score double digits and her season high. Sara McGarvey also added eight points.

Moshannon Valley had two players in double digits — Kitko and Vanessa Tomasko each had 10 points, while Kitko pulled down 10 boards.

"The girls gave us everything they had tonight," Damsel head coach Tom Tomasko said. "When you play back-to-back games, it's tough. We just had too many turnovers throughout the game. We kept putting in different combinations, we just weren't able to find the right one. We had opportunities in regulation and overtime."

Glendale took an 8-5 lead after the first frame, but Mo Valley stormed back to take a 15-14 lead at the half.

The Damsels took a 24-21 lead into the fourth quarter, but the Lady Vikings came back to tie the game at 26-26. Nicole Heverly hit a three-pointer with three minutes remaining to give Glendale a 29-26 lead.

"Nicole came off of the bench and hit a



Peoples

three," Matchock said. "She stepped up and I think that got the girls pumped up. They were ready to go after that."

Mo Valley pulled to within two, 32-30, with 1:48 to go and tied the game at 32-32 when Molly Rebar hit a jumper with 23 seconds on the clock.

Both teams had a chance to win in regulation, but missed their shots.

The Lady Vikings went 4-of-9 from the line in the fourth quarter.

"The first two games we won on foul shots," Matchock said. "Tonight, I think if we would have made our foul shots I don't think we would have had to go to two overtimes."

"It just seemed like every time there was a loose ball, they got it," said Coach Tomasko. "We just couldn't secure things. Maybe that was fatigue or maybe we just didn't have that little bit extra in our legs tonight."

It looked to be a victory for Glendale in the first overtime as O'Shell drained a shot at the buzzer with the game tied 36-36, but she was called for traveling and the game headed to the second extra frame.

Four of Glendale's five starters scored in the second OT.

"Once overtime came, I stuck with the five that started the game," stated Matchock. "We just rode them to the end. I didn't want to make a bad coaching

decision putting someone else in when those five were hot."

Glendale improved to 3-2 overall, 3-0 in the MVL and 2-2 in the Mountain Athletic Conference's Division 3. The Lady Vikings host Claysburg-Kimmel this evening.

"The three wins we have — West Branch, Harmony and Mo Valley — are all on the road," Matchock said. "This is probably the biggest win out of the three. We are in the driver's seat right now. We control our own destiny."

Mo Valley fell to 2-3 overall, 2-1 in the MVL and 0-3 in the MAC. The Damsels travel to Juniata Valley on Friday.

"One loss is not going to make or break anything," Coach Tomasko said. "We have been in three close games and we won two, so maybe the odds are against you. We left them off the hook a couple of times, and they took advantage of it. We had some things we wanted to do tonight, but in the end it just didn't work for us."

Glendale—44

Gates 1 3-5, Lovell 0 0-0 0, O'Shell 6 3-6 20, Heverly 1 0-0 3, Laing 0 0-2 0, McGarvey 4 0-2 8, Morrison 0 0-0 0, Peoples 2 4-6 8, As. McQuown 0 0-0 0. Totals: 16 10-21 44.

Moshannon Valley—40

Eckberg 0 0-0 0, Kitko 3 4-5 10, Nevling 1 1-2 3, Washell 4 0-0 8, Leskovansky 0 0-2 0, V. Tomasko 5 0-0 10, A. Tomasko 0 1-2 1, Rebar 4 0-0 8. Totals: 17 6-11 40.

Three-pointers: O'Shell, Heverly.

Score by Quarters

Glendale	8	6	7	11	4	8-44
Mo Valley	5	10	9	8	4	4-40

December 20, 2003: Glendale 36 at Penns Valley 51

Despite O'Shell's effort, Lady Vikes lose

FLINTON — Ashley O'Shell scored 24 points, but the Glendale girls' basketball team fell 51-36 to Penns Valley on Friday night at Donald Kitko Gymnasium.

With the loss, the Lady Vikings slipped to 3-3 overall and 1-3 in the Mountain Athletic Conference.

Katrina Greer led the Lady Rams (2-1 MAC) with 17 points.

Glendale, which converted on 9-of-24 free throw attempts, was down by five at the half, but PV outscored the Lady Vikes 28-18 in the second half.

Penns Valley won the junior varsity game 34-11.

Glendale is back in action on Monday at home against Curwensville.

Penns Valley—51

Helm 0 0-0 0, Wise 1 2-2 4, Foor 3 0-2 6, H. Stover 2 0-0 4, Wiest 4 1-2 9, Greer 6 4-7 17, Myers 0 0-0 0, Ventura 0 2-2 2, J. Stover 0 2-4 2, Anderson 3 1-2 7.
Totals: 19 12-21 51.

Glendale—36

O'Shell 9 5-11 24, Kutruff 0 0-0 0, Laing 0 0-0 0, McGarvey 0 2-8 2, Ash. McQuown 0 0-0 0, Lovell 0 0-0 0, Krise 0 1-2 1, Peoples 2 0-1 4, Gates 2 1-2 5. Totals: 13 9-24 36.

Three-pointers: Greer; O'Shell.

Score By Quarters

Penns Valley	14	9	11	17—51
Glendale	4	14	7	11—36

Lady Tide stop Lady Vikings in low-scoring affair, 22-16

By Jaclyn Yingling
Sports Writer

FLINTON — The halftime score of the Curwensville-Glendale girls' basketball game on Monday looked more like a football score than a basketball score.

The Lady Tide were shutting out the Lady Vikings 10-0 at the end of the second quarter, the least number of points for Glendale in a half since last season's two-point effort against Williamsburg.

Despite a late charge by Glendale with a minute left in the fourth quarter, Curwensville was able to hold on for a 22-16 final.

"I think we played against each other's strengths," said Lady Tide head coach Alan Fairman. "They are a lot faster than we are, and we have a lot more size than they do. We were playing a zone, and they were having a hard time getting their shots off and weren't getting any second opportunities. Glendale caused us a lot of trouble in the backcourt and in our offense, because they are so much quicker than we are. The result was a low-scoring ballgame."

The Lady Vikes got on the board with 4:30 remaining in the third quarter when Ashley O'Shell knocked down a jumper to make the score 12-2. O'Shell led the Lady Vikings with six points on the night, while Nicole Heverly and Kaytee Gates added five points each.

"It was bad," said Glendale head coach John Matchock of the scoreless streak. "We just couldn't hit water if we fell out of the boat tonight. I don't know what we shot, but evidently it was zero percent.

"I could tell at the beginning of the game that we just came out flat," Matchock said. "I felt that as soon as we walked out of the locker room that we didn't have that get up and go like we had for Mo Valley, Harmony and West Branch. Then, we were pumped up and ready to play. Tonight, it was a big game and we just didn't bring it. Curwensville did and my hat's off to them."

After opening up the game with a 2-0 lead on a Glendale turnover converted into a basket by Stephanie Wagner, Curwensville got four points from Kelley Penvose. Penvose went four-of-four from the foul line in the frame, giving the Lady Tide a 6-0 lead at the end of the first quarter.

Penvose and Wagner also scored the only two baskets of the second frame to put the Lady Tide up by 10 going into the locker room.

"We mostly definitely still have a shot at the Mo Valley League title," Fairman said. "I think there are two or three teams in the league that have a shot at the title. I know there were probably a lot of MVL teams out their rooting for us tonight. We are right in the hunt, right along with those other teams."

Michelle Kavelak opened up the second half with her first basket of the game, giving Curwensville a 12-0 lead.

After O'Shell got the Lady Vikes on the board, she put in a layup off a Lady Tide turnover to pull within eight, 12-4.

Wagner and Penvose teamed up again for a small run toward the end of the quarter. Wagner hit a jumper, while Penvose went to the charity stripe and hit both of her allotted shots.

Glendale got the last two scores of the frame when O'Shell was fouled after trying to take in a steal. She hit one of two shots to move the score to 16-5.

Heverly notched the final basket of the quarter off a Curwensville turnover to move the Lady Vikings to make the score 16-7 heading into the final quarter.

Penvose finished off her scoring by opening up the fourth quarter with a basket off a steal. The junior guard was also fouled on the play but missed her foul shot to give Curwensville an 18-7 lead. Teammate Betsy Rebar snagged the rebound and dropped in a shot to make the score 20-7 and give the Lady Tide their biggest lead of the game.

Penvose finished the night as the high scorer with 10 points.

"We played one of our best defensive games of the year," Matchock said. "We only gave up 22 points. Holding a team to 22 points and their leading scorer to 10 points, there is not more you can ask for than that. We just didn't bring it offensively."

O'Shell went one-of-two from the line and Heverly drained a three-pointer to move the score to 20-11. Gates added two baskets, including a trey of her own, to pull within four, 20-16, with less than a minute remaining.

Kavelak set the final with two foul shots with eight seconds remaining in the game, giving the Lady Tide a 22-16 victory.

"We have that luxury that if we have a lead late in the game — Kelley is going to have the ball in her hands, and they are going to have to send her to the foul line," said Fairman. "That's what happened today. They sent her to the foul line, and she made them pay."

It was the first loss for Glendale in Moshannon Valley League play this season. The Lady Vikings drop to 3-4 overall and 3-1 in the MVL. Glendale has a one-game lead over both Moshannon Valley and Curwensville in the standings.

The Lady Vikings face Northern Bedford in the Central Christmas Tournament this evening at 6.

"I thought playing close with Penns Valley on Friday would give them confidence and momentum," Matchock said. "That Penns Valley game told them that we can play with anyone. I think they just thought they could show up and not have to play and win. It doesn't happen that way."

Curwensville improved to 3-5 overall and 2-1 in the MVL. The Lady Tide travel to the Punxsutawney Christmas Tournament on Monday evening. They will face the host Lady Chucks at 7 p.m.

Curwensville won the junior varsity game.

Curwensville—22

Bailor 0 0-0 0, Barnes 0 0-0 0, Cleaver 0 0-0 0, Francisco 0 0-0 0, Kavelak 1 2-2 4, Penvose 2 6-7 10, Rebar 1 0-0 2, Wagner 3 0-4 6, Struble 0 0-0 0, White 0 0-0 0. Totals: 7 8-13 22.

Glendale—16

Gates 2 0-0 5, Lovell 0 0-0 0, Heverly 2 0-0 5, Kutruff 0 0-0 0, Matthews 0 0-0 0, McGarvey 0 0-0 0, As. McQuown 0 0-0 0, Morrison 0 0-0 0, Peoples 0 0-0 0, O'Shell 2 2-4 6.

Three-pointers: Gates, Heverly.

Score by Quarters

Curwensville	6	4	6	6	—22
Glendale	0	0	7	9	—16

December 23, 2003: Glendale 40 vs N. Bedford 45 (Central Tourn.)

Glendale loses a close one

MARTINSBURG — Although it jumped out to a 10-2 lead, the Glendale High School girls' basketball team suffered a tough 45-40 defeat at the hands of Northern Bedford in the opening game of the Central Tournament on Tuesday night.

The Lady Vikings led 20-17 at the intermission, but Northern Bedford came out in the second half and stormed the Lady Vikes.

Nicole Heverly scored 10 points to lead Glendale.

With the loss, Glendale fell to 3-5.

The Lady Vikes will return to the court on Saturday against Everett in the consolation game of the Central Tournament. Tip-off is set for 5 p.m.

Glendale—40

O'Shell 3 3-7 9, Heverly 5 0-0 10, Kutruff 1 2-2 4, Kenawell 0 0-0 0, Morrison 2 0-0 4, Matthews 0 0-0 0, McGarvey 1 0-0 2, Ash, McQuown 2 0-1 4, Lovell 0 0-0 0, Krise 0 0-0 0, Peoples 3 1-2 7, Gates 0 0-0 0. Totals: 17 6-12 40.

Northern Bedford—45

Beach 1 3-4 5, Barton 5 7-13 17, Amick 1 6-8 8, Long 2 0-0 4, Snowberger 1 0-0 2, Shaffer 2 4-5 9, Bauser 0 0-2 0. Totals: 12 20-32 45. Three-pointers: Shaffer.

Score By Quarters

Glendale	10	10	8	12—40
Northern Bedford	2	15	15	13—45

December 27, 2003: Glendale 40 vs Everett 62 (Central Tourn.)

MARTINSBURG — Despite a monster effort from senior Ashley O'Shell, the Glendale High School girls' basketball team lost to Everett, 62-40, on Saturday evening in the consolation game of the Central Tournament.



O'Shell

O'Shell scored 29 points and added an amazing 16 steals for the Lady Vikings, who dropped to 3-6 with the loss. O'Shell was the lone Lady Viking named to the all-tournament team.

Glendale held a 17-12 advantage after one quarter of play and was knotted at 28-28 at intermission. But, Everett outscored the Lady Vikes 17-2 in the third quarter to open a 45-30 advantage.

Amy Cessna led the Lady Warriors with 20 points.

Glendale is back in action Tuesday, playing host to Claysburg-Kimmel.

Glendale—40

O'Shell 12 5-6 29, Heverly 3 0-1 6, Kutruff 0 0-0 0, Morrison 0 0-0 0, Ad, McQuown 0 0-0 0, Laing 0 0-0 0, McGarvey 0 0-1 0, As, McQuown 0 0-0 0, Lovell 1 0-0 2, Krise 0 0-0 0, Peoples 0 1-2 1, Gates 1 0-0 2. Totals: 17 6-10 40.

Everett—62

Williams 0 1-2 1, Cessna 6 8-8 20, Weaver 1 0-0 2, Clark 2 0-0 4, Shaw 2 0-0 4, Smith 5 2-4 12, Plummer 0 0-0 0, Veach 2 4-7 8, Woy 5 0-0 11, McConahy 0 0-0 0, Thomas 0 0-0 0. Totals: 23 15-21 62.

Three-pointers: Woy.

Score By Quarters

Glendale	17	11	2	10—40
Everett	12	16	17	17—62

December 30, 2003: Claysburg 47 at Glendale 39

Glendale slides to 3-7

FLINTON — The Glendale High School girls' basketball team saw its record dip to 3-7 following a 47-39 defeat at the hands of Claysburg-Kimmel on Tuesday night.

The Lady Vikings held the Lady Bulldogs without a point in the second quarter and carried a 23-15 lead into the intermission. However, Claysburg-Kimmel stormed out in the third quarter and outscored Glendale 19-9 to take a two-point lead to the final stanza.

Ashley O'Shell led Glendale with 10 points. She was the lone Lady Viking to reach double digits. Claysburg-Kimmel's Lacie Claar led all scorers with 23 points.

In the junior varsity game, Glendale topped Claysburg-Kimmel, 36-29. Justine Morrison had eight points for the Lady Vikes.

Glendale visits Bellwood-Antis on Monday.

Claysburg-Kimmel—47

Hileman 2 0-0 4, Claar 10 0-0 23, K. Musselman 9 0-0 18, R. Musselman 1 0-0 2, Paris 0 0-0 0, Leslie 0 0-0 0, Woods 0 0-0 0, Maurow 0 0-0 0, Harshberger 0 0-0 0. Totals: 22 0-0 47.

Glendale—39

O'Shell 5 0-3 10, Heverly 3 0-0 6, Morrison 1 1-2 3, McGarvey 3 1-2 7, McQuown 0 0-0 0, Lovell 2 0-0 6, Peoples 1 0-0 2, Gates 2 1-2 5, Laing 0 0-0 0. Totals: 17 3-9 39.

Three-pointers: Claar 3; Lovell 2.

Score by Quarters

Claysburg-Kimmel	15	0	19	13—47
Glendale	12	11	9	7—39

January 5, 2004: Glendale 22 at Bellwood 51

Glendale loses to Bellwood-Antis

BELLWOOD — The Glendale High School girls' basketball team did not score in the first quarter and wound up losing, 51-22, to host Bellwood-Antis on Monday night.

With the loss, the Lady Vikings fell to 3-8 overall. Glendale trailed 33-5 at the intermission.

Ashley O'Shell had 10 points to lead the Lady Vikes. She was the lone Lady Viking to hit double figures.

In the junior varsity game, Glendale defeated Bellwood-Antis, 38-34. Michelle Peoples led Glendale with 17 points.

Glendale hosts Williamsburg on Wednesday.

Glendale—22

O'Shell 5 0-0 10, Heverly 0 0-0 0, Kutruff 0 0-0 0, Morrison 0 0-0 0, Adrienne McQuown 1 0-0 2, Ashlee McQuown 1 0-0 3, McGarvey 0 0-0 0, Lovell 0 0-0 0, Krise 0 0-0 0, Peoples 1 0-0 2, Gates 0 1-2 1, Laing 2 0-0 4, Kenawell 0 0-0 0. Totals: 10 1-2 22.

Bellwood-Antis—51

Erickson 0 0-0 0, Edevane 2 0-0 6, Hatch 5 2-2 14, Meredith 3 0-3 6, Gardner 9 1-2 19, Palmer 0 0-0 0, Claar 0 0-0 0, Swanson 0 0-0 0, Raiston 0 0-0 0, Ridgeway 2 2-2 6. Totals: 21 5-9 51.

Three-pointers: Ashlee McQuown; Edevane 2, Hatch 2.

Score by Quarters

Glendale	0	5	10	7—22
Bellwood-Antis	15	18	14	4—51

January 7, 2004: Williamsburg 39 at Glendale 34

Lady Vikes fall to Lady Pirates

FLINTON — The Glendale girls' basketball team outscored visiting Williamsburg in three quarters on Wednesday evening, but a scoreless second frame by the Lady Vikings allowed the Lady Pirates to take home a 39-34 victory.

Ashley O'Shell led Glendale with 18 points, while Williamsburg's Amber Severa led all scorers with 21 points.

With the loss, the Lady Vikings dropped to 3-9 overall and 2-6 in Division 3 of the Mountain Athletic Conference. The Lady Pirates improved to 6-2 in the MAC.

Glendale hosts Mount Union on Friday evening.

The junior varsity game was won by the Lady Vikings, 29-15. Ashlee McQuown led Glendale with nine points.

Williamsburg—39

J. Houck 1 2-2 4, Kennedy 0 0-0 0, Sanders 3 0-0 6, Harker 0 0-0 0, A. Houck 1 0-0 2, Lee 1 0-0 2, Severa 7 7-8 21, Tate 2 0-1 4. Totals: 15 9-11 39.

Glendale—34

O'Shell 5 8-12 18, Heverly 3 0-0 7, Kutruff 0 0-0 0, Morrison 0 0-0 0, Ad. McQuown 0 0-0 0, McGarvey 0 0-0 0, As. McQuown 0 2-2 2, Lovell 0 0-0 0, Krise 0 0-0 0, Peoples 0 0-0 0, Gates 0 2-2 2, Laing 2 1-2 5, Matthews 0 0-0 0. Totals: 10 13-18 34.

Three-pointers: Heverly.

Score by Quarters

Williamsburg	6	13	9	11—39
Glendale	10	0	10	14—34

January 9, 2004: Mt. Union 25 at Glendale 42

O'Shell leads Glendale past Mount Union

PLINTON — Ashley O'Shell poured in 20 points as Glendale picked up its fourth win of the season, rolling past visiting Mount Union, 42-25, on Friday night.

With the victory, the Lady Vikings improved to 4-9 overall, 3-6 in the Mountain Athletic Conference.

Glendale stormed out to a 12-7 lead in the opening stanza and took a 16-12 lead to the intermission.

In the junior varsity contest, Glendale ripped Mount Union, 31-13. Nicole Matthews and Ashlee McQuown scored six points apiece for the winners.

Glendale visits Juniata Valley on Tuesday.

Mount Union—25

Enders 2-2-4 7, Price 2-1-2 5, Corbin 1-2-4 5, Brown 0-0-0 0, Stewart 0-0-1 0, Eaton 2-0-0 4, Green 0-0-0 0, J-Fries 1-2-2 4, Wilkinson 0-0-0 0. Totals: 8-7-19 25

Glendale—42

O'Shell 5-9-10 20, Heverly 2-0-0 5, Kutruff 0-1-2 1, Ad. McQuown 0-1-2 1, As. McQuown 0-1-2 1, McGarvey 0-2-2 2, Lovell 0-1-2 1, Krise 0-2-2 2, Peoples 2-0-0 4, Gates 0-0-0 0, Laing 2-1-5 5, Matthews 0-0-0 0, Kenawell 0-0-0 0. Totals: 11-18-27 42

Three-pointers: Enders, Corbin, O'Shell, Heverly.

Score by Quarters

Mount Union	7	5	2	11	25
Glendale	12	4	17	9	42

January 13, 2004: Glendale 29 at Juniata Valley 74

Lady Vikes stung by Lady Hornets

ALEXANDRIA — The Glendale girls' basketball team fell to 4-10 on the season after dropping a 74-29 decision to host Juniata Valley.

The Lady Green Hornets raced out to a 21-7 lead after one quarter of play and led 34-17 at the half. Juniata Valley put the game away with a 29-9 third quarter.

Ashley O'Shell led Glendale with eight points.

Glendale won the jayvee game, 49-35. Justine Morrison scored 19 points.

The Lady Vikings return to action Thursday, visiting Claysburg-Kimmel.

Glendale—29

O'Shell 4-0-1 8, Heverly 1-0-0 2, Kutruff 0-0-0 0, Morrison 0-0-0 0, Ad. McQuown 0-0-0 0, As. McQuown 0-2-2 2, McGarvey 1-1-2 3, Lovell 0-1-2 1, Krise 0-0-0 0, Peoples 1-1-4 4, Gates 2-2-4 6, Laing 1-0-0 2, Matthews 0-1-4 1, Kenawell 0-0-0 0. Totals: 10-8-19 29.

Juniata Valley—74

McDowell 8-8-10 24, Mower 6-1-1 13, Curley 5-2-2 12, Walters 4-1-1 9, Reed 1-3-3 5, Lane 4-1-2 9, Gildea 1-0-0 2. Totals: 29-16-19 74.

Three-pointer: Peoples.

Score By Quarters

Glendale	7	10	9	3	29
Juniata Valley	21	13	29	11	74

January 15, 2004: Glendale 53 at Claysburg 64 OT

Lady Bulldogs edge Lady Vikes in OT

CLAYSBURG — Claysburg-Kimmel outscored Glendale 16-5 in overtime to defeat the Lady Vikings, 64-53, on Thursday night.

The game was knotted at 48-48 at the end of regulation. With the loss, Glendale slipped to 4-11 overall, 0-2 in the second cycle of the Mountain Athletic Conference, Division 3.

Ashley O'Shell led the Lady Vikes with 21 points. She was the only Glendale player to reach double digits.

In the junior varsity game, Claysburg-Kimmel topped Glendale, 24-17. Michelle Peoples led the Lady Vikes with nine points.

Glendale hosts West Branch on Monday.

Glendale—53

O'Shell 9-3-4 21, Heverly 2-4-4 8, Kutruff 1-2-3 4, Morrison 1-0-0 2, Ad. McQuown 0-0-0 0, As. McQuown 0-0-0 0, McGarvey 2-0-0 4, Lovell 1-0-0 3, Peoples 1-0-0 2, Gates 3-3-4 9, Laing 0-0-0 0, Matthews 0-0-2 0. Totals: 20-12-17 53.

Claysburg-Kimmel—64

Hileman 1-7-12 10, Claar 10-7-10 27, K. Musselman 4-5-8 13, R. Musselman 2-0-1 4, Paris 0-0-0 0, Leslie 2-3-6 7, Woods 0-1-2 1, Coopersmith 1-0-0 2, Mauroow 0-0-0 0, Harshberger 0-0-0 0, Walter 0-0-0 0. Totals: 20-23-39 64.

Three-pointers: Lovell; Hileman.

Score by Quarters

Glendale	13	14	12	9	5-53
Claysburg-Kimmel	7	14	12	15	16-64

Clean sweep

Glendale defeats West Branch for a second time, 45-29

By Jaelyn Yingling
Sports Writer

FLINTON — Starting off the week with a key league matchup is not something most coaches like to do — especially when its against a team that you only defeated by three points the first time around.

That was the situation that John Matchock and the Glendale girls' basketball team faced on Monday evening in Flinton when they hosted West Branch.

After escaping with a three-point victory in Allport on Dec. 9, the Lady Vikings seemed to have little trouble the second time around, topping the Lady Warriors 45-29.

"Glendale did a good job of controlling the pace of the game," said West Branch head coach Joe Matson. "They forced us into a situation that we didn't want to be in. Unfortunately, we didn't execute things we normally do well. I think it was a combination of the two in a sense. They got us in a run-and-gun game that we can't compete in."

The Lady Vikings led by just one point, 6-5, after the end of the first quarter before taking a 19-11 lead at halftime.

Glendale trailed 11-9 in the second quarter before going on a 10-0 run. Christy Lovell gave the Lady Vikings the lead for good with a three-pointer to break an 11-11 tie.

"We weren't very happy with the first half," said Matchock. "We totaled the stats at halftime and we were 5-of-34 from underneath the hoop. That is not going to win you games. Luckily, we made our foul shots in the first half and that let us be up by eight at halftime. We did a little tinkering in the locker room, and it worked out in the second half."

The Lady Vikings were also helped by going 6-of-8 from the foul line in the first half.

If the Lady Warriors were planning on making a comeback in the second half, Glendale squashed the idea by outscoring West Branch by 10 points in the frame.

Ashley O'Shell scored 12 of her game-high 18 points in the third quarter.

"We came out of the locker room and a lot of the girls stepped up," Matchock said. "We mentioned that this was a Mo Valley League game, and that lit a little fire underneath their behinds and we came out on fire. That's all you can ask for."

Glendale continued to set the pace in the fourth quarter, allowing opening foul shots from Angie Fenush before going on its second 10-0 run of the game. Michelle Peoples had four of her five points in the run.

No other Lady Viking scored in double digits. Kristin Laing added six points, while Kaytee Gates had five points — all from the foul line.

"We had a lot of girls step up tonight," said Matchock. "Kaytee Gates did well. Kristin Laing chipped in and did a good job on Angie Fenush and held her to five points."

The Lady Warriors got a scare with 2:38 left to play in the game when Fenush tried to take in a breakaway layup and was fouled by Laing.

Fenush came down on her left ankle and was on the floor for a few minutes before being carried off by Matson and assistant coach Dennis McCamley. She did not return and her foul shots were taken by Casey Cantolina, who hit 1-of-2.

Janelle Orwick snagged the rebound and put in the basket to make the score 45-24. The Lady

Warriors closed out the game with an 8-0 run to set the final at 45-29.

"We are going to have Angie looked at," Matson said. "Hopefully, she will be okay and there is nothing seriously wrong with her."

Valerie Amick led West Branch with nine points.

With the loss, the Lady Warriors dip to 2-13 overall, 0-2 in the Mountain Athletic Conference's Division 3 and 1-4 in the Moshannon Valley League. West Branch hosts Penns Valley in a make-up game on Wednesday evening at 7.

Glendale improved to 5-11 overall, 1-2 in the MAC and 4-1 in the MVL. The Lady Vikings travel to Southern Huntingdon on Thursday evening.

West Branch—29

Fenush 13-4 5, Howe 0 0-0 0, Amick 4 1-1 9
Orwick 3 0-0 6, Beveridge 3 0-0 6, Graham 1
0-0 2, Cantolina 0 1-2 1, Lawrence 0 0-0 0.
Totals: 12 5-7 29.

Glendale—45

O'Shell 9 0-0 18, Heverly 1 0-0 2, Morrison
† 0-0 2, McGarvey 2 0-0 4, As. McQuown 0 0-0
0, Peoples 2 1-2 5, Gates 0 5-6 5, Laing 3 0-0
6, Kutruuff 0 0-0 0, Ad. McQuown 0 0-0 0,
Lovell 1 0-0 3, Krise 0 0-0 0, Matthews 0 0-0
0, Kenawell 0 0-0 0. Totals: 19 6-8 45.

Three-pointers: Lovell.

Score by Quarters

West Branch	5	6	6	12—29
Glendale	6	13	16	10—45



Glendale's Ashley O'Shell goes for the jumper as West Branch's Alicia Howe (12) attempts to distract her. Also pictured are O'Shell's teammates Adrianna McQuown (33) and Kaytee Gates (33). O'Shell led all scorers with 18 points in the Lady Vikings' 45-29 victory.

January 22, 2004: Glendale 38 at Southern Huntingdon 66

Glendale loses to Southern Huntingdon

ORBISONIA — The Glendale High School girls' basketball team hung with Southern Huntingdon for the first eight minutes, but things fell apart after that in a 66-38 loss on Thursday night.

Ashley O'Shell had 12 points to pace the Lady Vikings.

Glendale fell to 5-12 overall. The Lady Vikes were outscored, 23-9, in the second quarter and could not dig themselves out of the hole in the second half.

In the junior varsity contest, Southern Huntingdon decked Glendale, 46-25. Ashlee McQuown had five points for the Lady Vikes.

Glendale travels to Curwensville tonight.

Glendale—38

O'Shell 6 0-1 12, Heverly 0 0-1 0, Kutruff 0 1-2 1, Morrison 1 1-2 3, Ad. McQuown 0 1-2 1, McGarvey 0 1-2 1, As. McQuown 2 0-0 4, Lovell 1 1-2 3, Krise 0 0-0 0, Peoples 2 4-6 8, Gates 2 1-3 5, Laing 0 0-0 0, Kenawell 0 0-0 0.
Totals: 14 10-21 38.

Southern Huntingdon—66

Streithiff 6 3-5 15, Kern 2 2-2 7, Shope 3 1-4 8, Clark 5 2-2 13, Houck 1 1-2 3, Wible 1 0-0 2, Woodward 3 0-0 6, Snyder 2 0-0 4, Grissinger

1 0-0 2, Robinson 2 0-0 6. Totals: 26 9-15 66.
Three-pointers: Robinson 2, Kern, Shope, Clark.

Score by Quarters

Glendale	12	9	12	5--38
So. Huntingdon	14	23	15	14--66

January 23, 2004: Glendale 33 at Curwensville 41

Lady Golden Tide top Lady Vikings to hop into first in MVL

By Jaelyn Yingling
Sports Writer

CURWENSVILLE — After surprising Moshannon Valley League leader Glendale at home, 22-16, on Dec. 22, the Curwensville girls' basketball team was looking to defend its home turf in Patton Hall on Friday evening.

The Lady Tide accomplished their mission, topping the Lady Vikings, 41-33, and taking full control at the top of the MVL standings with a 5-1 record. Glendale fell to 4-2.

"This win sets us up for a key matchup with Mo Valley at Mo Valley," said Curwensville head coach Alan Fairman. "That game could make the difference between being a champion and being an also-ran."

The Lady Tide outscored the Lady Vikings 20-12 in the first two quarters and kept that lead throughout the game.

"We were the team with the added pressure," Glendale head coach John Matchock said. "Curwensville beat us at our place, so we had to come down here and beat them. I don't think the first half we showed up. The second half, we played even with them. We lost by eight points and that was the exact amount we were down by at halftime. We weren't prepared. Curwensville was ready, you have to give credit to them."

Curwensville was led by Betsy Rebar, who notched a game-high 13 points — 11 more than she had in the last game against Glendale. Teammate Kelley Penvose added 11 points. She

was the lone player in double digits with 10 points the last time the two teams met.

"Betsy didn't have a real good December," Fairman said. "It's nice that she is back and playing the way she is capable of playing. She really put us on her shoulders tonight and carried this basketball team."

"Kelley is the same way," continued Fairman. "She does it night in and night out, and I think a lot of times we take her for granted. She plays a solid floor game, and she is always good for 10 or 15 points. She is real critical in our offense."

Vikings.

"The biggest problem we have had all year is that one person will get hot and the other four are just there watching," said Matchock. "Then after that person cools down we have to wait for someone else to get hot. We can't get two or three hot at the same time. It hasn't happened all year. Hopefully, the next few games we can step it up and get a few people to get some points for us."

While the Lady Vikings were having trouble getting points on the board, Curwensville was receiving balanced scoring from its starters, which contributed all but three of its points in the game.

The Lady Vikings seemed to rebound from their first-half woes when Nicole Heverly drained a three-pointer to start the third quarter and move Glendale to within 20-15.

But Rebar went 2-of-2 from the line, and Michelle Kavelak notched a putback basket to extend the Lady Tide's lead to 24-15.

Glendale got as close as 25-22 after Cristy Lovell hit 2-of-2 from the charity stripe and put up a trey to end the third frame.

"Glendale prepared well for us," said Fairman. "They did get some openings tonight that they didn't in the last time we played. They did get in a lot of (foul) trouble, there is no doubt about that."

Curwensville opened up the final stanza with a 6-1 run, including 2-of-2 from the line to take the 31-23 lead.

Curwensville took a 4-1 lead after Stephanie Wagner and Penvose went 4-of-4 from the line. The first seven points of the game were all made on foul shots. Curwensville did not miss a shot from the charity stripe the entire first half and finished the game 19-of-26 from the line.

Penvose and Wagner added four more foul shots, and Courtney Bailor added a jumper to give the Lady Tide a 10-7 lead after the first frame.

"Glendale is a much quicker team than we are, and we didn't want to get in a running game with them," Fairman said. "We tried to slow the game down as much as we could. We played a 1-3-1 zone and packed it in and made them try and shoot from the outside."

The Lady Vikings did score most of their points from outside the key, but they struggled to stay consistent in the first half.

Michelle Peoples had all eight of her points in the first half, while Ashley O'Shell also netted eight points for the Lady

Another key to the Lady Tide's success was their ability to rebound the Lady Vikings and get a lot of second chances under the hoop or force a foul.

Three of Glendale's starters — Peoples, O'Shell and Kaytee Gates all fouled out in the fourth quarter.

"Rebounding is what killed us tonight," Matchock said. "One time Curwensville had five shots from underneath — we didn't box out well tonight. The past two or three games we have boxed out well, but in the big game we didn't. I don't know if the girls were intimidated because Curwensville is taller than them. I don't know what their excuse would be, but we didn't do a very good job boxing out."

The Lady Vikings kept the game close and were behind by seven points, 38-31, when Bailor was fouled by Gates and sent to the line with 17 seconds left. Bailor hit both shots to put the game away for Curwensville.

"Foul shooting is real important, especially in close games," Fairman said. "The last two foul shots that Courtney got, the game was still in the balance. When she put those two in, that pretty much put the game out of reach. That's what you need — good foul shooting."

It was the sixth straight win

for the Lady Tide, who opened up their MVL slate this season with a 33-32 loss to Moshannon Valley on Dec. 10.

Curwensville improved to 6-10 overall. The Lady Tide travel to St. Marys on Monday evening.

Glendale fell to 5-13 overall. The Lady Vikings host Moshannon Valley on Monday evening.

"We still have a shot at the Mo Valley League," Matchock said. "We have to win the rest of our games, and we have to get help from West Branch and Mo Valley. We have to beat Mo Valley on Monday. That's a big game, it's a big rivalry. They will be up and we will be up, so it will be a good game."

The junior varsity game was won by Glendale, 40-21. Ashlee McQuown led the Lady Vikes with 10 points. Brittany Barrett had eight for the Lady Tide.

Glendale—33

O'Shell 3 2-2 8, Heverly 1 1-2 4, Ad McQuown 0 0-0 0, McGarvey 0 0-0 0, As McQuown 0 0-0 0, Lovell 2 2-2 7, Peoples 3 2-5 8, Gates 1 2-2 4, Laing 1 0-2 2. Totals: 11 9-15 33.

Curwensville—41

Bailor 2 2-4 6, Kavelak 1 0-2 2, Penvose 2 7-9 11, Rebar 4 5-5 13, Wagner 1 4-4 6, Barnes 1 0-0 2, Francisco 0 1-2 1, White 0 0-0 0, Struble 0 0-0 0. Totals: 11 19-26 41.

Three-pointers: Heverly, Lovell.

Score by Quarters

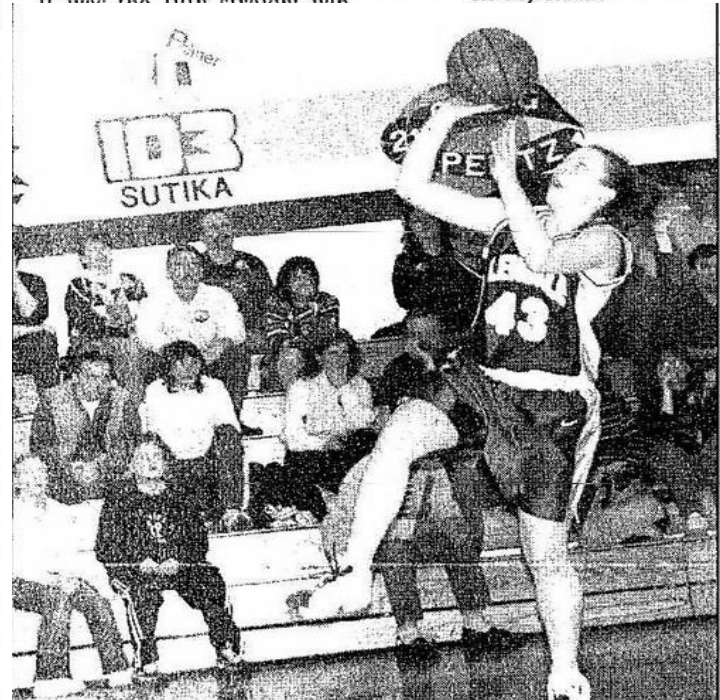


Photo by Jim Butler

Glendale's Michelle Peoples takes in a layup off a steal in the second quarter of the Lady Vikings' game against Curwensville on Friday evening. Peoples had eight points in Glendale's 41-33 loss to the Lady Tide.

February 2, 2004: Glendale 38 at Bellwood 50

Glendale loses to Bellwood-Antis

FLINTON — The Glendale High School girls' basketball team fell behind early and couldn't make up the ground in a 50-38 loss to Bellwood-Antis at home on Monday night.

With the loss, the Lady Vikings fell to 5-14 overall, 1-4 in the second cycle of the Mountain Athletic Conference.

Ashley O'Shell led the Lady Vikes with 17 points.

In the junior varsity game, Bellwood-Antis topped Glendale, 31-24. Three players had six points each for the Lady Vikes — Sara McGarvey, Nicole Matthews and Ashlee McQuown.

On Wednesday, Glendale hosts Harmony.

Bellwood-Antis—50

Spankle 1 2-3 4, Edevane 2 1-4 6, Hatch 3 2-3 10, Meredith 2 4-7 8, Gardner 9 1-1 19, Erickson 0 0-0 0, Carter 1 1-2 3, Ridgway 0 0-0 0. Totals: 18 11-20 50.

Glendale—38

McGarvey 1 4-6 6, Gates 3 1-3 7, O'Shell 6 5-7 17, Laing 1 0-3 2, Peoples 0 1-3 1, Ad. McQuown 0 1-2 1, As. McQuown 0 0-0 0, Morrison 1 2-2 4, Lovell 0 0-0 0, Heverly 0 0-0 0. Totals: 12 14-26 38.

Three-pointers: Hatch 2, Edevane.

Score by Quarters

Bellwood-Antis	16	9	9	16—50
Glendale	7	15	9	7—38

February 4, 2004: Harmony 29 at Glendale 40

Glendale trips Harmony

FLINTON — Glendale bounced back from a 10-6 first-quarter deficit to upend visiting Harmony, 40-29, in Moshannon Valley League play on Wednesday night.

Glendale outscored Harmony, 34-19, over the final three quarters to garner the victory.

With the win, the Lady Vikings upped their record to 6-14 overall, 5-2 in the MVL. The Lady Owls fell to 4-14 overall, 1-6 in the league.

Ashley O'Shell led the way for the Lady Vikes with 19 points and eight steals. Michelle Peoples had eight steals in the victory. Christy Brink paced the Lady Owls with 11 points.

Glendale visits Williamsburg tonight. Harmony hosts Johnstown Christian on Friday.

Harmony—29

Brink 4 3-5 11, Feaster 1 3-4 5, Fry 1 0-0 2, Brothers 4 0-1 8, Rorabaugh 0 1-2 1, Wolfe 1 0-0 2, Gallaher 0 0-2 0. Totals: 11 7-14 29.

Glendale—40

O'Shell 6 7-12 19, Ad. McQuown 0 0-0 0, Gates 2 3-4 7, Lovell 0 0-0 0, Laing 0 4-5 4, McGarvey 1 0-0 2, Peoples 1 0-2 2, Morrison 0 0-0 0, Heverly 2 0-0 4, As. McQuown 1 0-0 2. Totals: 13 14-23 40.

Score by Quarters

Harmony	10	8	8	3—29
Glendale	6	11	13	10—40

February 5, 2004: Glendale 27 at Williamsburg 45

Williamsburg trips Glendale

WILLIAMSBURG — The Glendale girls' basketball team fell to host Williamsburg, 45-27, on Thursday evening in a Mountain Athletic Conference Division 3 matchup.

Ashley O'Shell led the Lady Vikings with 10 points and eight rebounds. Kristin Laing added six points, while Michelle Peoples had six rebounds.

Glendale fell to 6-15 overall and 1-5 in the MAC. Williamsburg improved to 4-3 in the conference.

The Lady Blue Pirates also won the junior varsity game, 29-23. Nicole Matthews led Glendale with eight points.

The Lady Vikings host Moshannon Valley tomorrow at 1 p.m. There will be no jayvee game.

Glendale—27

O'Shell 5 0-0 10, McGarvey 0 1-2 1, Gates 0 0-0 0, Peoples 0 3-4 3, Laing 2 2-6 6, Heverly 0 0-0 0, Ad. McQuown 0 0-2 0, Morrison 1 1-2 3, Lovell 0 0-0 0, As. McQuown 2 0-0 4, Matthews 0 0-0 0, Kuttruff 0 0-0 0. Totals: 10 7-12 27.

Williamsburg—45

J. Houck 6 0-0 14, Kennedy 0 0-0 0, Sanders 0 0-0 0, Bookhammer 0 2-2 2, Harker 2 2-2 6, A. Houck 2 1-2 5, Lee 0 0-0 0, Severa 2 0-1 4, Tate 5 4-7 14, Yeager 0 0-0 0. Totals: 17 9-14 45.

Three-pointers: J. Houck 2.

Score by Quarters

Glendale	5	8	4	10—27
Williamsburg	11	12	9	13—45

February 7, 2004: MoValley 26 at Glendale 43

Lady Vikes beat Damsels

FLINTON — The Glendale girls' basketball team secured a playoff for the Moshannon Valley League title with a 43-26 victory over visiting Moshannon Valley on Saturday afternoon.

With the victory, the Lady Vikings improved to 6-2 in the MVL and stand in a tie with Curwensville, also 6-2, for the top spot.

"We played an all-around good game," Glendale head coach John Matchock said. "The key was our defense."

Kaytee Gates led Glendale with 12 points and 12 rebounds in the game. Ashley O'Shell added 11 points.

Moshannon Valley had no

scorers in double digits. Megan Washell had seven points for the Damsels.

Glendale led Mo Valley, 3-0, after the first frame but took control for good with a 17-6 second quarter.

The Lady Vikings improved to 7-15 overall and 2-5 in the Mountain Athletic Conference's Division 3.

The Damsels fell to 5-16 overall, 1-6 in the MAC and 3-3 in the MVL.

Both teams return to action tonight. Glendale travels to Mount Union, and Moshannon Valley travels to West Branch.

There was no junior varsity game.

Moshannon Valley—26

Kitko 1 0-0 2, Washell 1 5-5 7, V. Tomasko 1 0-0 2, Rebar 0 4-4 4, A. Tomasko 2 0-0 5, Leskovansky 1 1-3 3, Neving 0 0-0 0, Godin 0 1-2 1, Eckberg 0 2-2 2, Truax 0 0-0 0. Totals: 6 13-16 26.

Glendale—43

O'Shell 4 3-6 11, Gates 3 6-7 12, McGarvey 1 0-0 2, Peoples 1 1-5 3, Laing 1 0-1 2, Lovell 1 0-0 3, Ad. McQuown 1 0-3 2, Morrison 1 0-0 2, Heverly 1 0-0 3, Matthews 0 0-0 0, As. McQuown 1 0-0 3, Kutruff 0 0-0 0, Kenawell 0 0-0 0. Totals: 15 10-22 43.

Three-pointers: A. Tomasko; Lovell, Heverly, As. McQuown.

Score by Quarters

Moshannon Valley	0	6	7	13—26
Glendale	3	17	10	13—43

February 9, 2004: Glendale 40 at Mt. Union 33

Glendale stops Mount Union

MOUNT UNION — Although it did not get a player into double figures, the Glendale High School girls' basketball team defeated Mount Union, 40-33, on Monday night.

With the win, Glendale improved to 8-15 overall and 3-5 in the Mountain Athletic Conference's Division 3.

Justine Morrison led the Lady Vikes with nine points. Sara McGarvey had nine rebounds and Ashley O'Shell had six steals for Glendale.

The Lady Vikes took an 8-5 lead after the first eight minutes and led 20-15 at the half.

In the junior varsity game, Glendale tripped Mount Union, 32-11. Morrison and Michelle Kutruff had eight points apiece.

Glendale visits on Penns Valley on Wednesday. In an addition to the regular schedule, Glendale will play Curwensville at 7 p.m. next Tuesday at West Branch for the Moshannon Valley League title.

Glendale—40

O'Shell 1 2-2 4, Gates 1 1-2 3, McGarvey 2 2-4 6, Peoples 0 6-14 6, Laing 0 0-0 0, Lovell 1 0-0 2, Morrison 3 3-4 9, Heverly 1 3-4 6, Ash. McQuown 2 0-1 4. Totals: 11 17-31 40.

Mount Union—33

Endres 2 4-4 9, Corbin 1 2-2 5, Eaton 2 3-4 7, Heinlein 0 0-0 0, Worthy 0 0-0 0, Wilkinson 0 0-0 0, Brown 2 0-2 4, Jefferies 1 0-0 2, Stewart 0 2-2 2, Green 0 0-1 0, Melynk 2 0-0 4. Totals: 10 11-15 33.

Three-pointers: Endres, Corbin; Heverly.

Score by Quarters

Glendale	8	12	6	14—40
Mount Union	5	10	7	11—33

February 11, 2004: Glendale 17 at Penns Valley 48

SPRING MILLS — The Glendale High School girls' basketball team fell at Penns Valley, 48-17, on Wednesday night.

With the loss, the Lady Vikings fell to 8-16 overall, 3-6 in the second cycle of the Mountain Athletic Conference.

Justine Morrison led the Lady Vikes with four points.

In the junior varsity contest, Penns Valley topped Glendale, 32-18. Morrison had six points for the Lady Vikes.

On Tuesday, Glendale takes on Curwensville for the Moshannon Valley League title. The game is scheduled for 7 p.m. at West Branch High School.

Glendale—17

O'Shell 1 1-2 3, Gates 1 0-0 3, McGarvey 0 0-1 0, Peoples 0 2-2 2, Laing 0 0-0 0, Morrison 1 2-3 4, As. McQuown 1 1-1 3, Ad. McQuown 0 0-0 0, Kutruff 0 0-1 0, Kenawell 0 0-0 0, Matthews 1 0-0 2. Totals: 5 6-10 17.

Penns Valley—48

Helm 0 0-0 0, Wise 2 0-0 4, Foor 3 1-2 7, H. Stover 0 0-0 0, J. Stover 2 1-2 5, Weaver 0 0-0 0, Wiest 3 0-4 6, Greer 4 0-0 10, Myers 1 2-3 4, Ventura 2 1-2 5, McCaulley 0 0-0 0, Anderson 3 4-5, Frankenberger 1 0-2 2. Totals: 21 9-20 48.

Three-pointers: Gates; Greer 2.

Score by Quarters

Glendale	1	9	0	7—17
Penns Valley	13	14	16	5—48

February 17, 2004: Glendale 31 vs Curwensville 32 (MVL Championship)

Curwensville edges Glendale to capture Mo Valley League

By Jaelyn Yingling
Sports Writer

ALLPORT — It was a rebuilding plan passed down from one coach to another. It took commitment, hard work and some disappointment. But three years after breaking a 72-game-long losing streak, the Curwensville Lady Tide have finally gotten to the top of the Moshannon Valley League standings — defeating Glendale, 32-31, in the MVL Championship game at West Branch High School on Tuesday evening.

Curwensville's Kelley Penrose broke a 28-28 tie with 37 seconds left in the fourth quarter to help lift the Lady Tide to the win. Betsy Rebar sank two fouls shots with 10.9 seconds left to seal the victory.

"It really doesn't matter what you do early in the game, it's what you do very late in the game that makes the difference," said Curwensville head coach Alan Fairman. "Our girls stepped up, especially Betsy Rebar, who got a couple real key baskets and got two foul shots to put the game out of reach.

"I feel so happy for these girls," Fairman continued. "They have struggled for years. The last two years, they have worked very hard on their game and have spent a lot of time in the gym. It's very gratifying to see all their hard work and perseverance pay off into a Moshannon Valley Championship."

After Curwensville scored on the opening tip-off, Glendale got two baskets to take a 4-2 lead on steals by Kristin Laing and Ashley O'Shell.

The Lady Tide led until the very end of the frame when O'Shell stole the ball for a second time and took it to the hoop for a 7-6 lead.

The Lady Vikings also took

advantage of the Lady Tide's foul trouble early in the game.

"We stressed those little things in the locker room," said Glendale head coach John Matchock. "We told them we need to do three things: we need to box out, we need to make our foul shots and don't foul them. We accomplished one of those things because we didn't foul them and they didn't get to the line that much."

But the times Curwensville did get to the foul line they converted, hitting 8-of-11 on the night. Glendale was on the opposite end of the spectrum from the charity stripe, shooting 4-of-10 in the game.

"We were 1-for-5 from the line in the first quarter," Matchock said. "Those little things like boxing out and foul shots killed us."

Penrose put the Lady Tide ahead in the second quarter, 13-11, after hitting a jumper and the ensuing free throw after being fouled.

Jackie White added a free throw of her own to give Curwensville a 14-11 lead heading into the locker room. White was one of three bench players who came into the game and scored for the Lady Tide, something Fairman was very pleased to see.

"We got into foul trouble early and we had to go to our bench sooner than we wanted to, and they really responded very well," he said. "I was very happy with that."

Lacey Francisco, who led all scorers off the bench with four points, led the team in rebounds with eight on the night. Michelle Kavelak and Rebar added seven apiece.

Glendale outscored Curwensville in the third quarter, but six points from Rebar kept the Lady Tide out front 20-18 heading into the final frame.

"It's surprising how much composure the girls have developed over the year," Fairman said. "I don't think we would have had that type of composure at the beginning of this year. Playing good competition and being in a lot of close games has really helped set this game up for us."

With just a two-point lead, Curwensville had to keep fending off the Lady Vikes, who tied the game three times in the fourth quarter before finally going ahead 28-26 with 2:36 left to play.

Glendale got the go-ahead bucket off a Michelle Peoples steal that was converted to two points by O'Shell.

With 1:24 to go, Rebar tied the game at 28-28 when she snagged a rebounded and hit the putback. Penrose gave the Lady Tide the lead for good with her jumper with 37 seconds left. Glendale missed two chances at the basket and was forced to foul with 15 seconds remaining.

Curwensville finally got the one-and-one foul when Peoples fouled Rebar with 10.9 seconds left on the clock. Rebar hit both shots, and the Lady Tide let the Lady Vikes head down the court unhampered. Kaytee Gates hit a three-pointer at the buzzer to set the final at 32-31.

It was the third victory this season for the Lady Tide over the Lady Vikings. Curwensville's two league losses came at the hands of Moshannon Valley.

"Even my wife kept reminding me that it is hard to beat a team three times in a row," Fairman said. "There was a lot of apprehension because John does such a nice job with the girls. They are always well prepared and ready to play."

"I don't think losing the first two games against Curwensville intimidated them," said Matchock. "I think that it gave

them more motivation. I think just the boxing out hurt us. They (Curwensville) are tall and you have to give them credit. They used that to their advantage. We didn't box out and we missed too many shots."

Glendale was led by O'Shell, who had 14 points and five rebounds on the night.

"We have relied on Ashley the last two years, and she came through for the most part tonight," Matchock said. "But you cannot place blame on one person. If you lose it's a team effort, if you win it's a team effort."

Curwensville finished the season at 10-13 overall and 7-2 in the Mo Valley League. Glendale ended at 8-17 overall and 6-3 in the MVL.

Curwensville—32

Bailor 0 0-0 0, Kavelak 1 0-0 2, Penrose 3 1-1 7, Rebar 6 2-2 14, Wagner 0 0-0 0, Francisco 1 2-2 4, White 0 3-6 3, Struble 1 0-0 2, Cleaver 0 0-0 0. Totals: 12 8-11 32.

Glendale—31

O'Shell 6 2-4 14, Gates 3 0-0 7, McGarvey 0 0-0 0, Peoples 0 1-4 1, Laing 1 0-0 2, Morrison 1 0-0 2, Heverly 0 0-0 0, As. McQuown 1 0-0 2, Ad. McQuown 1 0-0 2, Lovell 0 1-2 1. Totals: 13 2-10 31.

Three-pointers: Gates.

	Score by Quarters			
Curwensville	6	8	8	12—32
Glendale	7	4	7	13—31

Progressland high school girls' basketball all-stars selected

Ashley O'Shell, Glendale: O'Shell led Progressland in scoring this season, tallying 13.5 points per game, and in total field goals with 136.

The Lady Viking guard played in all 25 games for Glendale this season, racking up 337 points, 119 steals and 103 rebounds.

O'Shell's finest performance of the season came against Everett when she scored 29 points. The Glendale senior scored in double digits 18 times this season.

O'Shell, who was recently named as a Juniata Valley League All-Star, graced the Progressland First Team as a junior as well.



Ashley O'Shell
Glendale
First Team

Progressland Girls' Basketball 2003-2004 Honor Roll

First Team
Kristen Aveni.....Clearfield.....Senior
Christy Brink.....Harmony.....Senior
Megan Fannin.....Clearfield.....Junior
Ashley O'Shell.....Glendale.....Senior
Kelley Penvose.....Curwensville.....Junior
Meghan Rich.....Clearfield.....Junior

Second Team
Rebekah Bash.....Purchase Line.....Senior
Kayla Feaster.....Harmony.....Senior
Angie Fenush.....West Branch.....Junior
Krysten Medzie.....Clearfield.....Sophomore
Betsy Rebar.....Curwensville.....Junior

Honorable Mention
Erin Albert.....Phillipsburg-Osceola.....Junior
Olivia Beveridge.....West Branch.....Junior
Ashley Kitko.....Moshannon Valley.....Senior
Janelle Orwick.....West Branch.....Senior
Kayla Rorabaugh.....Purchase Line.....Junior
Elise Pearce.....Purchase Line.....Junior

Player of the Year
Michelle Welker, Clearfield
Coach of the Year
Joey Castagnolo, Clearfield

Moshannon Valley League

*Curwensville	7-2
Glendale	8-3
Moshannon Valley	4-4
West Branch	3-5
Harmony	1-7

*Denotes League Champion
MVL Championship Game
Curwensville 32, Glendale 31

Glendale (8-17)

Name	G	FG	FT	P	AVG
O'Shell	25	136	61	337	13.5
Gates	25	110	45	110	4.4
Heverly	24	35	9	86	3.6
Peoples	25	22	30	75	3.1
McGarvey	25	23	18	64	2.6
Laing	22	20	9	49	2.1
Morrison	24	17	12	46	2.0
Team Totals:	25	319	209	871	34.8

Three pointers: Heverly 7, Lovell 6, O'Shell 4, Gates 3, As. McQuown 3, Peoples 1.

Individual Leaders

2003-2004

Final Statistics

(Must play half of team's games)

	Scoring				
	G	FG	FT	Pts	Avg
O'Shell (G)	25	136	61	337	13.5
Welker (CL)	26	97	94	288	11.1
Penvose (CU)	24	77	83	248	10.3
Rich (CL)	26	76	71	255	9.8
Brink (H)	21	70	58	198	9.4
Fannin (CL)	26	83	34	241	9.3
Medzie (CL)	26	75	41	233	9.0
R. Bash (PL)	24	66	82	214	8.9
Fenush (WB)	19	65	28	169	8.9
Feaster (H)	21	58	39	182	8.7
B. Rebar (CU)	24	68	58	194	8.1

Free Throw Percentage (2 FT per team game played)

	FTM	FTA	Pct.
Penvose (CU)	83	103	.806
B. Rebar (CU)	58	76	.763
Rich (CL)	71	94	.755
Medzie (CL)	41	56	.732
Aveni (CL)	53	74	.716
A. Tomasko (MV)	35	50	.700
Welker (CL)	94	135	.696
Gates (G)	45	65	.692
Fannin (CL)	34	52	.654
Feaster (H)	39	60	.650

Field Goals Made

	FGM
O'Shell (G)	136
Welker (CL)	97
Fannin (CL)	83
R. Bash (PL)	82

On the girls' side, Lady Viking Ashley O'Shell and Lady Warrior Angie Fenush made the third team.

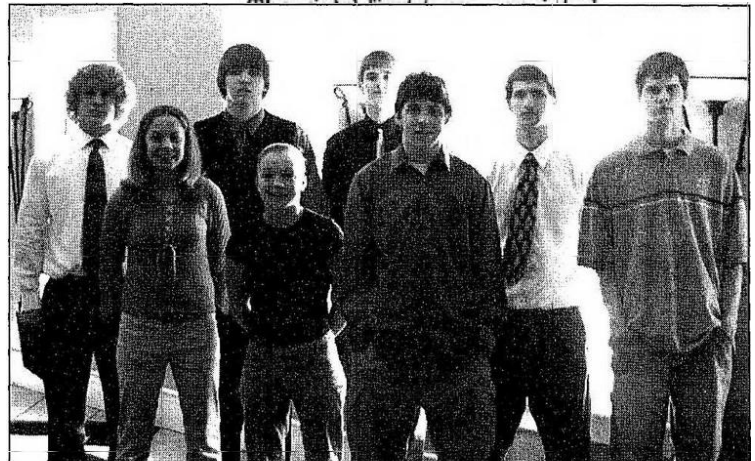


Photo by Rich Murawski

Juniata Valley League All-Stars — Nine Progressland area players were selected as award winners for the 2003-04 season of the Juniata Valley League. Front row, from left, are Glendale's Ashley O'Shell and West Branch's Angie Fenush and Danny Clark. Back row: Moshannon Valley's Luke Martin and Steve Holencik, West Branch's Brian Gormont, Mo Valley's Matt Belella and West Branch's Sean Coble. Not pictured is Glendale's Bill Peoples.

Team Offense

	G	Pts	Avg
Clearfield	26	1389	53.4
Purchase Line	24	949	39.5
Curwensville	24	923	38.5
Harmony	21	789	37.8
West Branch	24	870	36.2
Glendale	25	871	34.8
Mo Valley	24	734	30.6
P-O	24	619	25.8

Team Defense

	G	Pts	Avg
Harmony	21	893	42.5
Curwensville	24	1025	42.7
Purchase Line	24	1046	43.6
Glendale	25	1103	44.1
Mo Valley	24	1109	46.2
Clearfield	26	1245	47.9
West Branch	24	1259	52.5
P-O	24	1304	54.3

Players	Points	Three's
Ashley O'Shell	337	4
Kaytee Gates	106	3
Nicole Heverly	85	6
Michelle Peoples	77	1
Sara McGarvey	64	0
Kristin Laing	49	0
Justine Morrison	44	0
Ashlee McQuown	39	3
Cristy Lovell	34	6
Adrienne McQuown	14	0
Michelle Kutruff	10	0
CJ Krise	3	0
Nicole Matthews	3	0
Totals	871	26