

1994-1995 Season



ROW 1: Beth Dick, Tammy O'Shell, Angie Frisco, Jessica Jenkins, Nicole Ruffaner. **ROW 2:** Missy Gondek, Beth O'Donnell, Bobbi Jo O'Shell, Kelly Vinglass, Mary Jo Rea, Amy Davis. **ROW 3:** Mr. Rick Feigh - Assistant Coach, Bernadette Depto, Lori Beers, Mr. Andy Bloom - Head Coach.



ROW 1: Kristen Morrison, Jennifer Noel, Mary Jo Rea, Jessica Jenkins, Brandi Gallaher. **ROW 2:** Amy Davis, Candice Dudurich, Stacie Miles, Mr. Rick Feigh-Coach, Melissa Feigh, Kelly Vinglass, Nicole Ruffaner.

Same old story:

Lady Vikings out to win fourth straight MVL title

By Shawn Fox
Sports Writer

FLINTON — It's a different year, but the expectations are the same for the Glendale girls' basketball team.

Once again the Lady Vikings enter the season as defending Moshannon Valley League champions. And once again they are the preseason favorites.

With nine letter winners returning from last year's 14-10 squad, expectations are high for the Lady Vikings as they go after their unprecedented fourth straight league title.

"This is a very good group," Glendale head coach Andy Bloom said. "They're really doing some good stuff. We've improved quite a bit from last year. This group — but of course there were other good players involved down the line — has got a nice opportunity."

Leading the group of returning letter winners are seniors Angie Frisco and Bernadette Depto.

Frisco, a three-year letter winner, led the Lady Vikings offense last year averaging 13 points per game. The Second Team Progressland All-Star will get the nod at point guard. She has scored 625 career points.

Depto, also a three-year letter winner, gets the nod at center after averaging 7.6 points per game last year.

Joining Frisco at the guard spots are seniors Lori Beers and Beth O'Donnell. Beers, who averaged 7 points per game and led the team with 38 three-pointers last season, is a two-year letter winner. She along with Depto and Frisco were the only Lady Vikings to appear in all 24 games last year. O'Donnell averaged 3.4 points per game last year.

"This is a very good group. We've improved quite a bit from last year."
— Glendale coach Andy Bloom

"We do have a lot of good guards," Bloom said. "I hope our outside shooting will be more consistent. Toward the later part of last season our outside shooting at guard really came on well, and hopefully that will carry over into this season. We really need that to open up the inside game."

Filling the other starting spot will be senior forward Missy Gondek, who averaged 4.4 points per game last season.

Don't consider the Lady Vikings' strength ending with the starting five. Seven other players on this year's varsity roster also saw varsity playing time last year.

"We have a lot of depth and some younger kids that can play also," Bloom said. "If somebody gets hurt — hopefully not — we should have somebody that can take their place and we won't lose much."

With the players that are returning and the all that this group has already accomplished, Bloom is still striving for something that he feels has been missing — consistency. Last year, the Lady Vikings' longest winning streak was five games.

"We still haven't reached that consistency that we need to reach," Bloom said. "These guys have to know by now that if you're not focused, you're not going to be competitive. That's what we must do, and I think they know that."

Glendale opens the season Friday night at the Clearfield Tip-off Tournament against Philipsburg-Osceola. The MVL season kicks off Dec. 8 when the Lady Vikings host Harmony and the Juniata Valley season begins Dec. 15 at Juniata Valley.

Lady Vikings Roster

Seniors: *Lori Beers, 5-8; *Bernadette Depto, 5-10; *Angie Frisco, 5-4; *Missy Gondek, 5-10; *Nichole Heitsenrether, 6-2; *Beth O'Donnell, 5-8; *Bobbi Jo O'Shell, 5-7; Juniors: *Buffy Dick, 5-6; *Tammy O'Shell, 5-4; Sophomores: Amy Davis, 5-7; Candice Dudurich, 5-7; Melissa Feigh, 5-9;

Brandi Gallaher, 5-8; Jessica Jenkins, 5-3; Stacie Miles, 5-7; Kristen Morrison, 5-4; Jennifer Noel, 5-4; Mary Jo Rea, 5-5; Nicole Ruffaner, 5-4; Kelly Vinglass, 5-8

*Denotes returning letter winner.

Schedule

Dec. 2-3 — at Clearfield Tip-off Tournament (Glendale, P-O, Clearfield and DuBois Central); 8 — Harmony; 15 — at Juniata Valley; 19 — West Branch; 21 — Mount Union; Jan. 3 — at Harmony; 5 — at Williamsburg; 9 — Bellwood-Antis; 11 — Southern Huntingdon; 16 — at Moshannon Valley; 19 — at Claysburg-Kimmel; 20 — at West Branch; 23 — Curwensville; 26 — Juniata Valley; 30 — at Mount Union; Feb. 2 — Williamsburg; 6 — at Bellwood-Antis; 9 — at Southern Huntingdon; 11 — at Curwensville; 13 — Moshannon Valley; 16 — Claysburg-Kimmel.

Home varsity games begin at 7:30 p.m.



Lady Vikings letter winners — Nine letter winners return to the three-time defending Moshannon Valley League champion Glendale girls' basketball team for the 1994-95 season. Pictured, from left, front: Lori Beers, Angie Frisco, Tammy O'Shell and Buffy Dick. Back: Bobbie Jo O'Shell, Bernadette Depto, Nichole Heitsenrether, Beth O'Donnell and Missy Gondek. The Lady Vikings open the season Friday night against Philipsburg-Osceola in the first round of the Clearfield Tip-off Tournament.

December 2, 1994: Glendale 31 vs Philipsburg 53 (Clearfield Tourn.)

By Shawn Fox
Sports Writer

HYDE - Typical first games usually see teams trying to work the preseason bugs out.

After their first game, the Glendale Lady Vikings might want to call an exterminator.

Glendale was held to just 31 points for the game after scoring 10 in the first quarter as Philipsburg-Osceola downed the Lady Vikings 53-31 in the first round of the Inaugural Clearfield Tip-off Tournament at the Arthur J. Weiss Gymnasium last night.

"That's what it comes down to," Glendale head coach Andy Bloom said. "You can see all of the other things that happened - we had some breakdowns and they scored - but we didn't shoot well the entire game."

With the win, the Lady Mounties advances to tonight's championship game with Clearfield, a 45-37 winner over DuBois Central Christian in last night's other first round game, at 7:30 p.m. The Lady Vikings take on DuBois Central in the consolation game beginning at 6 p.m.

After trading leads for the first four minutes for the game, Glendale opened up the biggest lead of the first quarter as it went on a 6-0 run to take a 10-5 lead with 1:50 remaining.

P-O ended its scoring drought with 40 second remaining in the first quarter on junior Missy Witters' layup.

"I was pleased with the win," P-O head coach Lee Fisher said. "(But) I thought both teams - there were two very good ball teams out on the floor - didn't shoot very well at all, particularly in the first half for us."

Also helping the Lady Mounties was their press, which caused nine Lady Vikings turnovers in the quarter and helped by P-O take an 18-14 lead.

"We kind of held off on that a little bit, but then we started changing a couple a couple presses in there," Fisher said. "We did get some turnovers and buckets, and that helped our confidence."

"We had a little trouble there when he ran his 1-3-1 press because we normally try our press-break in the middle," Bloom said. "We didn't adjust to that well, so we took a timeout. The kids adjusted then and we decided to throw it down the sideline where it was open. They started to do that and got some confidence."

Sophomore Amy Davis broke the Glendale scoring funk with a put back with 2:25 to go before the half. The Lady Mounties closed out the first half on baskets by sophomore Kelly Kephart to take a 22-16 lead at the break.

The Lady Mounties opened the second half with another 9-0 run behind Kephart's three-

pointer, Witter's jumper and two free throws, and senior Mandy Mitchell's jumper to take a 31-16 lead with 3:57 to go.

Glendale sophomore Kelly Vinglass scored the Lady Vikings' first points of the second half on a put back at the 3:57 mark.

The Lady Vikings cut the deficit to 43-28 with five minutes to go in the fourth quarter on sophomore Jessica Jenkin's three-pointer and a layup by senior Angie Frisco, who picked up her fourth foul late in the third quarter.

Frisco, who averaged 13 points per game last year, was limited to seven points by P-O.

The Lady Mounties put the game away late in the fourth quarter with a 9-0 run keyed by Vancas, Witters and Kephart. Kephart led all scorers with 13 points. Witters chipped in with 12.

P'burg-Osceola - 53

Vancas 2 5-9 9, Mitchell 2 0-1 4, Kephart 4 4-6 13, Witters 3 6-6 12, Coval 3 1-2 7, Rosal 2 2-7 6, Yoder 1 0-0 2, Hazelton 0 0-0 0, Warren 0 0-0 0, Krause 0 0-0 0, McQuillen 0 0-0 0, Steward 0 0-0 0, Mignot 0 0-0 0. Totals: 17 18-31 53.

Glendale - 31

Beers 1 0-0 3, Frisco 3 1-5 7, O'Donnell 1 0-0 2, Depto 3 2-3 8, Gondek 0 0-0 0, B. O'Shell 1 0-2 2, T. O'Shell 0 0-0 0, Dick 1 0-2 2, Vinglass 1 0-2 2, Davis 1 0-0 2, Jenkins 1 0-2 3, Heitsenrether 0 0-0 0. Totals: 13 3-16 31.

Three-pointers: Kephart, Beers, Jenkins.

Score By Quarters

P'burg-Osceola.....	7	15	18	13	-53
Glendale.....	10	6	7	8	-31

Continued on Page 8

December 3, 1994: Glendale 71 vs Dubios Central 24 (Clearfield Tourn.)

Consolation Game

Glendale - 71

Frisco 7 6-8 21, Depto 5 0-2 10, Beers 1 0-0 2, O'Donnell 2 2-2 6, B. O'Shell 2 0-2 4, Gondeck 0 2-2 2, Heitsenrether 1 0-2 2, T. O'Shell 2 2-2 6, Ruffaner 0 2-2 2, Dick 0 1-2 1, Davis 6 3-9 15. Totals: 26 18-33 71.

DuBols Central - 24

Baker 1 2-12 4, Makufka 1 2-6 4, Lang 1 1-4 3, J. Gritzer 4 1-2 9, Zamperini 1 0-0 2, Graham 0 1-2 1, Tarcson 0 0-4 0. Totals: 8 8-34 24.

Three-pointers: Frisco.

Score by Quarters

Glendale.....	19	17	24	11	-71
DuBols Central.....	6	7	1	10	-24

December 8, 1994: Harmony 16 at Glendale 61

FLINTON - A 38-point second half paced Glendale to a 61-16 win over Harmony last night in the Lady Vikings' Mo-shannon Valley League opener at Flinton.

The Lady Vikings (2-1, 1-0 MVL) outscored Harmony 38-8 in the second half to earn the victory.

Ten Lady Vikings found the scoring column led by senior Bernadette Depto's 14 points. She also grabbed 10 rebounds.

No other Lady Viking hit for double figures, but Lori Beers, Beth O'Donnell, Tammy O'Shell and Jessica Jenkins each tallied seven.

Senior Jen Brothers topped the Lady Owls (0-4, 0-2) with seven.

Harmony travels to Redbank Valley Saturday, while the Lady Vikings are off until Thursday when they go to Juniata Valley.

Harmony - 16

Somerville 0 2-2 2, Brothers 3 0-0 7, McMurray 0 0-1 0, Brink 0 0-2 0, Birchall 2 0-0 4, Harkleroad 0 0-0 0, Dospy 1 1-3 3, Meterko 0 0-0 0, Hoover 0 0-0 0, Wassam 0 0-0 0, Woelhoff 0 0-0 0. Totals: 6 3-8 16.

Glendale - 61

Frisco 1 2-2 4, Depto 7 0-0 14, Beers 2 1-3 7, O'Donnell 3 1-2 7, B. O'Shell 2 0-0 4, Gondeck 0 0-0 0, Heitsenrether 1 0-2 2, T. O'Shell 3 0-0 7, Ruffaner 0 0-0 0, Davis 0 0-0 0, Jenkins 2 2-2 7, Vinglass 3 0-2 6, Dick 1 0-0 3. Totals: 25 6-12 61.

Three-pointers: Harmony 1 (Brothers), Glendale 5 (Beers 2, T. O'Shell, Jenkins, Dick).

Score By Quarters

Harmony.....	4	4	6	2	-16
Glendale.....	12	11	23	15	-61

December 15, 1994: Glendale 49 at Juniata Valley 61

Juniata Valley 61 Glendale 49

ALEXANDRIA - Juniata Valley spoiled Glendale's Juniata Valley League opener last night by handing the Lady Vikings a 61-49 setback at Alexandria.

Amy Grant led the Lady Green Hornets with 20 points. Lois Anderson chipped in with 17.

Senior Lori Beers had 12 points, on four three-pointers, for the Lady Vikings (2-2).

The Lady Vikings host West Branch Monday.

Glendale - 49

Frisco 2 0-0 6, Depto 3 2-2 8, Beers 4 0-0 12, O'Donnell 4 0-2 8, T. O'Shell 2 0-1 6, Davis 0 2-2 2, Jenkins 1 0-1 3, Rea 2 0-0 4, B. O'Shell 0 0-0 0, Gondeck 0 0-0 0, Heitsenrether 0 0-0 0, Ruffaner 0 0-0 0, Vinglass 0 0-0 0, Dick 0 0-0 0. Totals: 18 4-8 49.

Juniata Valley - 61

Anderson 7 3-8 17, Grant 5 10-13 20, Goss 4 0-0 8, B. Mason 1 1-2 3, S. Mason 3 0-0 6, Perk 0 6-6 6, Gahagan 0 1-2 1, Burkett 0 0-0 0. Totals: 20 21-31 61.

Three-pointers: Beers 4, Frisco 2, T. O'Shell 2, Jenkins.

Score By Quarters

Glendale.....	10	13	14	12	-49
Juniata Valley.....	13	12	20	16	-61

December 19, 1994: West Branch 22 at Glendale 66

Glendale 66 West Branch 22

FLINTON - Glendale outscored West Branch 25-0 in the third quarter as the Lady Vikings rolled to a 66-22 Moshannon Valley League win Monday night at Glendale High School.

Three players reached double figures for the Lady Vikes (2-0 MVL, 3-2 overall). Bernadette Depto led the way with 15, Angie Frisco added 13 and Lori Beers had 10.

Glendale held a 31-16 halftime edge, and put the game away with the third quarter spurt.

Somer Hubler led West Branch (0-2, 0-5) with eight points.

In the junior varsity game, Glendale hammered West Branch, 63-13. Nicole Ruffaner had 17 points to pace the Vikes.

Glendale hosts Mt. Union on Wednesday while West Branch visits Clearfield Friday.

West Branch - 22
Hubler 3 2-3 8, Brown 1 1-2 3, Kithcart 1 1-4 3, Shimmel 0 0-0 0, Golemboski 0 0-1 0, Pearce 1 0-1 2, Merrow 2 0-0 4, Petro 1 0-0 2.
Totals: 9 4-11 22.

Glendale - 66
Frisco 5 0-0 13, Depto 7 1-2 15, Beers 4 0-0 10, O'Donnell 2 0-0 4, B. O'Shell 2 0-0 4, Gondeck 1 0-0 2, Heitsenrether 2 0-0 4, T. O'Shell 2 2-6 7, Ruffaner 0 0-0 0, Davis 0 0-0 0, Jenkins 1 0-0 2, Vinglass 0 0-0 0, Dick 2 1-3 5, Rae 0 0-0 0. Totals: 28 4-11 66.
Three-pointers: Frisco 3, Beers 2, T. O'Shell.

Score by Quarters
West Branch..... 4 12 0 6 -22
Glendale.....16 15 25 10 -66

December 21, 1994: Mt. Union 37 at Glendale 50

Glendale 50 Mount Union 37

FLINTON - The Glendale girls' basketball team ran its record to 4-2 with a 50-37 win over Mt. Union Wednesday night.

Bernadette Depto paced the Lady Vikings (4-2 overall, 1-1 in Juniata Valley League) with 14 points. Angie Frisco added 10 for the Vikes in the lopsided win. Glendale outscored Mt. Union (1-5, 0-2) 29-17 in the second quarter to take control of the game. Glendale led 29-17 at the half.

In the junior varsity game, Glendale slugged Mt. Union, 55-7. The Vikes are back in action on Jan. 3 when they travel to Harmony.

Mt. Union - 37
Sunderland 0 0-0 0, Carter 3 0-0 8, Fortson 0 0-0 0, Johnson 0 0-0 0, Bloom 5 2-2 13, Boozel 3 0-1 6, Loner 1 2-7 4, Ticconi 2 2-2 6.
Totals: 14 6-12 37.

Glendale - 50
Frisco 3 1-2 10, Depto 7 0-1 14, Beers 2 0-0 6, O'Donnell 3 0-0 9, B. O'Shell 0 0-0 0, Gondeck 1 0-0 2, Heitsenrether 0 0-0 0, T. O'Shell 0 0-0 0, Ruffner 0 0-0 0, Davis 1 0-0 2, Jenkins 1 0-0 2, Vinglass 0 0-0 0, Dick 2 0-0 5, Rae 0 0-0 0. Totals: 21 1-4 50.

Three-pointers: O'Donnell 3, Frisco 3, Beers 2, Carter 2, Bloom, Dick.

Score by Quarters
Mt. Union.....15 2 7 13 -37
Glendale.....20 9 8 15 -50

January 3, 1995: Glendale 67 at Harmony 30

Glendale 67 Harmony 30

WESTOVER - Three Glendale players scored in double figures as the Lady Vikings dusted Harmony 67-30 in a Moshannon Valley League game at Westover.

Lori Beers led the trio of Lady Vikings (5-2, 2-2 MVL) in double figures with 14 points, including four three-pointers.

Angie Frisco and Bernadette Depto chipped in 11 and 10 points respectively.

Jen Brothers was the lone bright spot for the Lady Owls (1-10, 0-4), scoring 10 points.

Glendale led 39-11 at the half.

There was no junior varsity game.

Glendale travels to Juniata Valley League foe Williamsburg tomorrow. The Lady Owls host West Branch Monday in the annual assembly game beginning at 1 p.m.

Glendale - 67

Frisco 5 1-2 11, Depto 5 0-0 10, Beers 5 0-0 14, O'Donnell 2 0-2 6, B. O'Shell 0 0-0 0, Gondek 2 0-0 4, Heltsenrether 3 0-0 6, T. O'Shell 3 0-0 8, Ruffaner 0 0-0 0, Davis 1 0-0 2, Jenkins 0 0-0 0, Vinglass 2 0-0 4, Dick 1 0-0 2, Rea 0 0-0 0. Totals: 29 1-4 67.

Harmony - 30

Somerville 0 0-0 0, Brothers 3 4-6 10, McMurray 1 0-3 2, Birchell 2 0-0 4, Harkleroad 0 0-0 0, Greenland 0 1-2 1, Dosпой 4 2-2 11, Meterko 0 2-2 2, Wassam 0 0-0 0, Brink 0 0-0 0, Woelhoff 0 0-0 0. Totals: 10 9-15 30.

Three-pointers: Beers 4, O'Donnell 2, T. O'Shell 2, Dosпой.

Score by Quarters

Glendale.....	23	16	18	10	-67
Harmony.....	6	5	7	12	-30

January 5, 1995: Glendale 25 at Williamsburg 89

Williamsburg - 89 Glendale - 25

WILLIAMSBURG - Williamsburg opened up a 45-8 lead after the first half as the Lady Blue Pirates cruised to a 89-25 win over Glendale last night in Juniata Valley League action at Williamsburg.

Three Lady Pirates scored in double figures led by Abby Hoy's 23. Jill Tate chipped in with 14 and Yvette England added 12.

Williamsburg, which lost to Lewistown in the championship of the Lewistown Christmas Tournament 60-56, improved to 10-1 overall and 4-0 in the league. Glendale dropped to 5-3 and 1-2 in the JVL.

Williamsburg won the junior varsity game 61-26. Nicole Ruffaner had nine points for the

jayvee Lady Vikings.

The Lady Vikings host Bellwood-Antis Monday in JVL action.

Glendale - 25

Frisco 2 0-0 5, Depto 2 0-0 4, Beers 0 0-0 0, O'Donnell 2 1-2 6, B. O'Shell 0 0-0 0, Gondek 0 0-0 0, Heltsenrether 2 0-0 4, T. O'Shell 2 1-1 5, Ruffaner 0 0-0 0, Davis 0 0-0 0, Jenkins 0 0-0 0, Vinglass 0 0-0 0, Dick 0 1-2 1, Rea 0 0-0 0. Totals: 10 3-5 25.

Williamsburg - 89

K. Hoy 1 1-2 3, Irvin 1 1-2 3, Swinsburg 3 0-0 9, Metzler 2 0-2 5, England 4 0-0 12, Houck 2 0-0 5, A. Hoy 3 6-9 23, Reed 1 0-0 2, Lower 1 3-3 5, Hileman 2 0-0 5, Tate 6 2-5 14, Taylor 0 0-0 0, Gordon 1 1-2 3, Lilly 0 0-0 0. Totals: 32 14-25 89.

Three-pointers: Frisco, O'Donnell; England 4, Swinsburg 3, Metzler, Houck, A. Hoy, Hileman.

Score By Quarters

Glendale.....	7	1	9	8	-25
Williamsburg.....	20	25	28	16	-89

January 9, 1995: Bellwood 44 at Glendale 16

Bellwood-Antis 44 Glendale 16

FLINTON - Glendale scored just one point in the second quarter as Bellwood-Antis rolled to a 26-7 halftime lead on its way to a 44-16 blowout win over the Lady Vikings at Glendale High School.

Toni Destaffanio was the only player to reach double figures with 11 points. Glendale (5-4) was led by Tammy O'Shell, who scored nine in the loss.

In the junior varsity game, Bellwood-Antis dropped the Lady Vikings, 46-41. Jessica Jenkins and Mary Jo Rea led the Vikes in the pre-lim with 11 points apiece.

Glendale returns to action Wednesday when it hosts Southe-

rn Huntingdon.

Bellwood-Antis - 44

Russin 3 3-4 9, Destaffanio 4 1-2 11, Miner 1 0-0 2, McAllevy 3 1-5 9, Miller 2 1-2 6, Geortz 0 2-3 2, Johnson 0 0-0 0, Linberg 0 1-6 1, Gensamer 1 0-0 2, Carothers 0 2-2 2, Beichler 0 0-0 0, Nall 0 0-0 0, Young 0 0-0 0, Schrif 0 0-0 0. Totals: 14 11-24 44.

Glendale - 16

Frisco 1 0-0 2, Depto 1 0-0 2, Beers 0 0-1 0, O'Donnell 0 0-0 0, B. O'Shell 1 1-2 3, Gondeck 0 0-0 0, Heltsenrether 0 0-0 0, T. O'Shell 3 2-4 9, Ruffaner 0 0-0 0, Jenkins 0 0-0 0, Vinglass 0 0-0 0, Dick 0 0-0 0. Totals: 6 3-7 16.

Three-pointers: Desteffanio 2, McAllevy 2, Miller, T. O'Shell.

Score by Quarters

Bellwood-Antis	17	9	16	2-44
Glendale.....	6	1	4	5-16

January 11, 1995: Southern Huntingdon 40 at Glendale 33

So. Huntingdon 40 Glendale 33

FLINTON - Visiting Southern Huntingdon was a little stronger down the stretch and defeated Glendale 40-33 in Juniata Valley League girls' basketball action last night.

The Lady Rockets, ranked seventh in the state in Class AA by the Harrisburg Patriot-News, improved to 9-1 overall and 4-1 in the JVL. Glendale fell to 5-5 and 1-4 in the JVL.

The Lady Vikings trailed by one, 29-28, entering the fourth quarter but were outscored 11-5 during the final eight minutes.

Beth O'Donnell led the Lady Vikings with 10 points. Candee Ramsey paced Southern with 14 points.

Glendale is back in action Monday when it visits Moshannon Valley in a key match-up of Moshannon Valley League front-runners.

Southern Huntingdon - 40

Yohn 2 4-10 10, Ramsey 4 4-5 14, Scott 1 0-0 3, Berrier 1 3-8 5, Pyles 0 0-0 0, A. Morgan 0 3-4 3, Steach 2 1-2 5. Totals: 10 15-29 40.

Glendale - 33

Frisco 3 0-0 7, Depto 4 0-0 8, Beers 2 0-0 6, O'Donnell 4 0-0 10, B. O'Shell 0 0-0 0, Gondek 1 0-0 2, Heltsenrether 0 0-0 0, T. O'Shell 0 0-0 0, Jenkins 0 0-0 0. Totals: 14 0-0 33.

Three-pointers: Yohn 2, Ramsey 2, Beers 2, O'Donnell 2, Scott, Frisco.

Score by Quarter

So. Huntingdon.....	8	6	15	11-40
Glendale.....	14	2	12	5-33

January 16, 1995: Glendale 49 at MoValley 38

By Christopher Z. Morelli
Sports Writer

AMESVILLE — For the past three seasons, the road to the Moshannon Valley League girls' basketball championship has gone through Glendale High School.

It's a different season — but the same old story in the MVL.

Glendale made sure that the road will follow that path again by defeating Moshannon Valley, 49-38, at Monte Close Gymnasium Monday night. It was a battle of two teams tied for first place in the MVL.

According to Glendale head coach Andy Bloom, the Lady Vikes came into this season shooting for a fourth consecutive MVL title.

"We'd really like that," said Bloom, whose squad moved into sole possession of first place in the MVL with a 4-0 record. "This really helps. Now, they have to come to our place in the last week of the season."

Glendale (6-4 overall) had two players reach double figures. Senior Angie Frisco led the way with 20, and Bernadette Depto added 10.

Mo Valley dropped into second place in the MVL with a 3-1 league record. The Damsels fell under .500 overall for the first time this season at 6-7.

Colleen Houser led the Damsels with 12 points. Annie Fetchu added 11 points.

After trailing by 19 at the half, Mo Valley came out and held Glendale to just two third quarter points. The Damsels trimmed the deficit to eight at one point in the fourth quarter.

"With as much talent, depth and experience as Glendale has, on paper we probably should have lost by 30," said Mo Valley head coach Mick Patkalitsky. "But you can't measure character on paper."

The Damsels came out of the gate like they were the defending league champions, racing out to a 7-3 lead to open the game. Anne Fetchu, Korinn Foreman and Chrissy Solan had buckets during the early spurt.

But the Lady Vikes stormed back with a 14-2 run to get the lead for good. Frisco scored 11 points in the first, including two three-pointers.

"We played the beginning of the game on emotion. But their skill took over," Patkalitsky said.

Glendale continued its domi-



Glendale's Bernadette Depto (45) goes up for two of her 10 points in Monday night's game against Mo Valley as the Damsels' Korinn Foreman (25) defends on the play. The Lady Vikings won the Moshannon Valley League contest, 49-38.

nance in the second quarter. A 12-2 run to open the second frame pushed the Lady Vikes' lead into the 20s for the first time in the contest.

The Lady Vikes hit on 15-of-25 shots from the field in the first half — a blistering 60 percent.

"We played a good first half. We were down 7-3, but the girls didn't get down about it. They hung in there and had a nice half," Bloom said.

The hot shooting Lady Vikes made it tough on the Damsels.

"I can't recall in recent history a Glendale-coached team shooting as well from the field as they did. The big surprise of the night was the fact that Glendale shot the lights out in the first half," Patkalitsky said.

The Damsels could have packed things in after the half, but they battled back in the third. After Bernadette Depto got a bucket off a steal, the Lady Vikes were held scoreless for the remainder of the quarter.

Mo Valley continued to chip away at the Lady Vikes' lead in the fourth. When Fetchu hit a driving lay-in with 3:15 to play in the game, Glendale's lead was down to 44-36.

But the Damsels got just one more bucket the rest of the way.

"Mo Valley took us out of our offense in the second half. They did a super job. You just knew that they wouldn't quit — especially in a rivalry game like this," Bloom said.

Mo Valley will have a shot at revenge. The two teams will do battle again on Feb. 13, when the Damsels make the trek to Glendale.

In the junior varsity game, Glendale defeated Mo Valley, 38-21. Mary Jo Rea led the Lady Vikes with 16. Collette Sacolic and Laura Brady each had six for the Damsels.

Both teams are back in action Thursday. Mo Valley visits Bellwood-Antis while Glendale travels to Claysburg-Kimmel.

Glendale — 49

Frisco 7 3-5 20, Depto 5 0-0 10, Beers 1 0-0 3, O'Donnell 3 0-0 8, B. O'Shell 1 1-2 3, Gondeck 1 0-0 2, Heitsenrether 0 0-0 0, T. O'Shell 0 0-0 0, Davis 1 0-0 2, Jenkins 0 1-2 1. Totals: 19 5-9 49.

Moshannon Valley — 38

Fetchu 3 5-11 11, Foreman 2 0-0 4, Kephart 0 0-0 0, Houser 4 2-2 12, Williams 2 2-2 6, Solan 2 1-5 5, Gray 0 0-0 0. Totals: 13 10-20 38.

Three-pointers: Frisco 3, O'Donnell 2, Houser 2, Beers.

Score by Quarters

Glendale 20 17 2 10 — 49
Moshannon Valley 11 7 8 12 — 38

January 19, 1995: Glendale 66 at Claysburg 52

CLAYSBURG - Three-pointers and a strong third quarter lifted the Glendale girls' basketball team to a 66-52 victory over host Claysburg-Kimmel last night in a Juniata Valley League match-up.

The Lady Vikings (7-5 overall, 3-4 in JVL) got eight treys from four players, led by Angie Frisco's three. Frisco led the Lady Vikes with 18 points while Bernadette Depto (12) and Lori Beers (10) also reached double figures.

Autumn Helsel led the Lady Bulldogs (8-8, 3-4) with 21 points.

Glendale won the junior varsity game 46-19, led by Mary Jo Rea's 14 points.

Glendale is back in action tonight in a Moshannon Valley League game at West Branch.

Glendale - 66

Frisco 5 5-6 18, Depto 6 0-0 12, Beers 3 2-2 10, O'Donnell 2 0-0 6, B. O'Shell 2 1-3 5, Gondek 3 0-1 6, Heltsenrether 0 0-0 0, T. O'Shell 0 0-0 0, Jenkins 1 4-4 6, Dick 1 0-0 3. Totals: 23 12-16 66.

Claysburg-Kimmel - 52

A. Helsel 4 13-16 21, Hoenstine 1 0-1 3, B. Helsel 1 1-3 4, Musselman 4 0-2 11, Ebersole 2 3-8 7, McCarty 0 0-0 0, Wegant 0 0-2 0, Staub 2 0-0 6. Totals: 14 17-32 52.

Three-pointers: Frisco 3, Musselman 3, Beers 2, O'Donnell 2, Staub 2, Dick, Hoenstine, B. Helsel.

Score by Quarters

Glendale.....	13	17	22	14-66
Claysburg-Kimmel..	16	11	10	15-52

January 20, 1995: Glendale 66 at West Branch 33

Glendale 66 West Branch 33

ALLPORT - Glendale kept its perfect record in Moshannon Valley League play intact by pulling away from West Branch, 66-33, at West Branch High School.

The Lady Vikings (5-0 Mo Valley League, 7-5 overall) had two players reach double figures. Angie Frisco had 17 and Lori Beers added 11.

West Branch (0-5, 0-13) trailed by just nine at the half before Glendale pulled away with a fourth quarter surge. Heather Merrow had 14 points and Somer Hubler added 10.

In the junior varsity game, Glendale dusted West Branch, 55-21. Mary Jo Rea had 17 points for the Lady Vikes. Paula Petro had five for the Lady Warriors.

Glendale - 66

Frisco 6 3-6 17, Depto 4 0-0 8, Beers 4 1-2 11, O'Donnell 1 0-0 3, B. O'Shell 0 1-2 1, Gondek 4 1-2 9, Heltsenrether 1 0-0 2, T. O'Shell 2 2-2 6, Dick 3 3-4 9. Totals: 25 11-18 66.

West Branch - 33

Hubler 3 4-7 10, Brown 2 0-3 4, Kithcart 0 2-5 2, Shmel 0 0-1 0, Golemboski 0 0-0 0, Pearce 0 1-3 1, Merrow 3 8-14 14, Petro 1 0-0 2, Watson 0 0-1 0. Totals: 9 15-34 33.

Three-pointers: Frisco 2, Beers 2, O'Donnell.

Score by Quarters

Glendale.....	14	14	13	25-66
West Branch.....	10	9	7	7-33

January 23, 1995: Curwensville 44 at Glendale 74

Glendale 74 Curwensville 44

FLINTON - Glendale dealt Curwensville's Moshannon Valley League title hopes a serious blow with a 74-44 setback at Glendale High School Monday night.

The loss dropped the Lady Golden Tide to 3-2 in the league, well behind the first-place Lady Vikings, who improved to 6-0 in league play. Four different players reached double figures for the Lady Vikes, who were led by Bernadette Depto's 17-point effort.

Curwensville's April Barrett led all scorers with 19 points, including five three-pointers. The Lady Golden Tide fell to 5-10 overall.

Glendale (9-5) connected on nine three-pointers in the contest.

The Lady Vikes also won the junior varsity game, 61-9. Nicole Ruffaner had 21 points for Glendale.

Both teams are back in action Thursday. Glendale hosts Juniata Valley while Curwensville hosts Johnsonburg.

Curwensville - 44

Barrett 7 0-0 19, Vokes 0 0-0 0, Johnston 0 0-0 0, Johnson 4 2-3 10, Lee 4 3-4 11, Carfley 0 0-0 0, Morrison 1 2-2 4, Trifelli 0 0-0 0, Maharani 0 0-0 0. Totals: 16 7-9 44.

Glendale - 74

Frisco 2 4-4 9, Depto 8 1-2 17, Beers 6 0-0 16, O'Donnell 5 0-0 12, B. O'Shell 1 0-0 2, Gondek 0 0-0 0, Heltsenrether 4 2-5 10, T. O'Shell 0 0-0 0, Dick 3 0-1 8. Totals: 29 7-12 74.

Three-pointers: Barrett 5, Beers 4, O'Donnell 2, Dick 2, Frisco.

Score by Quarters

Curwensville.....	8	11	10	15-44
Glendale.....	22	20	15	17-74

January 26, 1995: Juniata Valley 42 at Glendale 54

Glendale 54 Juniata Valley 42

FLINTON - Glendale opened up a 26-14 lead at the half as the Lady Vikings evened their Juniata Valley League mark at 4-4 with a 54-42 win over Juniata Valley last night at Flinton.

Senior Angie Frisco paced the Lady Vikings (10-5 overall) with 21 points. Fellow seniors Lori Beers and Bernadette Depto chipped in with 13 and 12 points, respectively.

Lois Anderson and Amy Goss each hit for 15 points for the Lady Hornets (10-7, 5-4 JVL).

Lois Anderson and Amy Goss each hit for 15 points for the Lady Hornets (10-7, 5-4 JVL).

Glendale won the junior varsity game 58-33 behind Mary Jo Rea's 21 points.

The Lady Vikings travel to Mount Union Monday night for a JVL-encounter.

Juniata Valley - 42

Anderson 4 7-9 15, Goss 7 1-2 15, B. Mason 0 2-4 2, S. Mason 2 0-0 4, Peck 0 0-0 0, Burket 0 0-0 0, Gahaghan 1 4-9 6. Totals: 14 14-24 42.

Glendale - 54

Frisco 8 3-4 21, Depto 5 2-3 12, Beers 4 2-3 13, O'Donnell 0 0-0 0, B. O'Shell 1 0-0 2, Gondek 1 0-0 2, Heltsenrether 1 0-0 2, T. O'Shell 0 2-2 2, Dick 0 0-0 0. Totals: 20 9-12 54
Three-pointers: Beers 3, Frisco 2.

Score By Quarters

Juniata Valley.....	5	9	17	11-42
Glendale.....	14	12	12	16-54

January 30, 1995: Glendale 47 at Mt. Union 44

Glendale 47 Mount Union 44

MOUNT UNION - Glendale picked up its sixth straight win by getting past Mount Union 47-44 last night in Juniata Valley League girls' basketball action at Mount Union.

Senior Lori Beers led the Lady Vikings (11-5, 5-4 JVL) with 12 points coming on four three-pointers. Fellow senior Bernadette Depto added nine.

The Lady Trojans' Natasha Bloom led all scorers with 22 points. Mount Union fell to 5-15 overall and 2-9 in the league.

Glendale won the junior varsity game 58-17 behind 12 points apiece from Nicole Ruffaner and Mary Jo Rea.

The Lady Vikings host Juniata Valley League leader Williamsburg Thursday.

Glendale - 47

Frisco 1 4-4 6, Depto 4 1-3 9, Beers 4 0-0 12, O'Donnell 0 0-0 0, B. O'Shell 3 0-0 6, Gondek 3 0-0 6, Heltsenrether 2 0-1 4, Dick 0 4-4 4, T. O'Shell 0 0-0 0. Totals: 17 9-12 47.

Mount Union - 44

Sunderland 4 4-4 13, Carter 1 0-0 3, Fortsen 0 1-2 1, Johnson 0 0-0 0, Bloom 7 8-9 22, Boozel 2 1-5 5, Loner 0 0-0 0, Ticconl 0 0-1 0. Totals: 14 14-21 44.

Three-pointers: Beers 4, Sunderland, Carter.

February 2, 1995: Williamsburg 81 at Glendale 22

FLINTON - Second-ranked Williamsburg brought Glendale's six-game winning streak to an end last night as the Lady Blue Pirates belted the Lady Vikings 81-22 in Juniata Valley League action at Glendale High School.

Four players scored in double figures for the Lady Pirates (18-1, 10-0 JVL) led by Abby Hoy with 21 points.

Williamsburg opened up a 34-5 lead at the half after holding Glendale to one point in the second quarter.

Beth O'Donnell's seven points topped Glendale (11-6, 5-5).

Williamsburg won the junior varsity game 60-32. Kelly, Vinglass had nine points for the Lady Vikings.

The Lady Vikings travel to Bellwood-Antis Monday.

Williamsburg - 81

C. Hoy 2 1-2 7, Irvin 1 0-0 3, Swinsburg 5 0-1 12, Metzler 8 0-0 16, England 2 0-0 4, C.A. Hileman 0 0-0 0, A. Hoy 8 3-6 21, Reed 0 1-2 1, Lower 1 2-2 4, C. Hileman 0 0-2 0, Tate 4 3-4 11, Holland 0 0-0 0, Gordon 1 0-0 2. Totals: 32 10-19 81.

Glendale - 22

Frisco 1 0-0 2, Depto 3 0-0 6, Beers 0 0-0 0, O'Donnell 3 0-2 7, B. O'Shell 0 0-2 0, Gondek 1 1-1 3, Heltsenrether 0 1-2 1, T. O'Shell 1 0-0 2, Jenkins 0 0-0 0, Dick 0 1-2 1. Totals: 9 3-9 22.

Three-pointers: C. Hoy 2, A. Hoy 2, Swinsburg 2, Irvin, O'Donnell.

Score By Quarters

Williamsburg.....	19	15	23	24-81
Glendale.....	4	1	8	9-22

February 6, 1995: Glendale 29 at Bellwood 56

Bellwood-Antis 56 Glendale 29

BELLWOOD -- Glendale suffered its second straight blowout loss Monday, this one coming at the hands of host Bellwood-Antis, 56-29.

Bellwood had just a two-point

lead after the first eight minutes, but came alive in the second quarter and took a 27-15 lead into the locker room at halftime.

Bellwood had two players reach double figures. Joni Destefano led the way with 18 points, and Melissa Miner added 11. Buffy Dick and Lori Beers led the Lady Vikes with six points apiece.

Glendale, now 11-7, has been outscored 137-51 in its past two games.

In the junior varsity game, Bellwood stopped Glendale, 48-43. Jess Jenkins led Glendale with 13 and Holly Young had 13 for Bellwood.

Glendale visits Southern Huntingdon Thursday.

Glendale -- 29

Frisco 0 1-2 1, Depto 2 1-2 5, Beers 2 0-0 8, O'Donnell 2 0-0 5, B. O'Shell 0 0-0 0, Gondeck 1 0-0 2, Heitsenrether 0 0-0 0, T. O'Shell 1 0-0 2, Ruffaner 0 0-0 0, Davis 1 0-0 2, Rae 0 0-0 0, Dick 2 0-2 6. Totals: 11 2-8 29.

Bellwood-Antis -- 56

Russin 4 1-5 9, Destefano 7 3-4 18, Miner 2 7-8 11, McAlvey 2 0-0 4, Miller 0 8-11 8, Gortz 1 4-8 6, Johnson 0 0-0 0, Windberg 0 2-4 2, Carrothers 0 0-0 0, Beichler 0 0-0 0, Nau 0 0-0 0, Schrif 0 0-0 0. Totals: 16 23-40 56.

Three-pointers: Beers 2, Dick 2, O'Donnell, Destefano.

Score by Quarters

Glendale.....	10	5	6	8-29
Bellwood-Antis.....	12	15	14	15-56

February 9, 1995: Glendale 50 at Southern Huntingdon 63

So. Huntingdon 63 Glendale 50

ORBISONIA -- Southern Huntingdon broke a 30-30 tie at halftime by outscoring Glendale 33-20 in the second half as the Lady Rockets defeated the Lady Vikings 63-50 in Juniata Valley League action.

Kim Yohn led the Lady Rockets with 23 points. Jen White and Kandee Ramsey added 14 and 12, respectively.

Angie Frisco topped Glendale, which lost its third straight, with

16 points. Bernadette Depto chipped in with 14. The Lady Vikings fell to 11-8 overall and 4-7 in the league.

The the junior varsity game, Southern Huntingdon came away with the 44-38 win. Mary Jo Rea topped the Lady Vikings with 20 points. Kelly Vinglass chipped in with 10.

The Lady Vikings can clinch their fourth straight Moshannon Valley League title Monday night when Moshannon Valley makes the trek to Flinton.

Glendale -- 50
Frisco 5 2-4 16, Depto 7 0-2 14, Beers 0 0-0 0, O'Donnell 3 0-2 8, B. O'Shell 1 0-0 2, Gondek 2 1-2 5, Heitsenrether 0 0-0 0, T. O'Shell 1 0-0 2, Dick 1 0-2 3. Totals: 20 3-13 50.

Southern Huntingdon -- 63

Yohn 7 5-7 23, White 4 6-8 14, Ramsey 3 5-8 12, Scott 2 1-1 5, Berrier 1 1-2 3, Pytes 1 0-2 2, A. Morgan 1 0-0 2, Steach 0 2-2 2, Clark 0 0-0 0. Totals: 19 20-30 63.

Three-pointers: Frisco 4, O'Donnell 2, Dick; Yohn 4, Ramsey.

Score By Quarters

Glendale.....	15	15	5	15-50
So. Huntingdon.....	24	6	15	18-63

February 11, 1995: Glendale 69 at Curwensville 49

CURWENSVILLE -- The Glendale Lady Vikings moved one win closer to clinching their fourth straight Moshannon Valley League championship after defeating Curwensville 69-49 Saturday night at Patton Hall.

The Lady Vikings (12-8 overall, 7-0 MVL) can clinch the league title at home tonight against second place Moshannon Valley. Curwensville dropped to 6-15 and finished its MVL campaign at 4-4.

Glendale got two twenty-point efforts from Bernadette Depto and Angie Frisco who scored 25 and 24 points respectively. Frisco connected for five three-pointers to lead a Lady Vikings offense that made nine in all. Lori Beers made three.

For Curwensville, junior April Barrett led the team with 14 points. Kelly Lee and Beth Vokes added 12 and 11.

Glendale won the junior varsity game 66-26. Mary Jo Rea led the Lady Vikings with 15 points. Christy Trifelli paced the Lady Golden Tide with 17.

Curwensville visits Brockway on Wednesday.

Glendale -- 69
Frisco 8 3-8 24, Depto 12 1-2 25, Beers 3 0-0 9, O'Donnell 2 0-0 5, B. O'Shell 1 0-0 2, Gondek 1 0-4 2, T. O'Shell 1 0-0 2, Dick 0 0-0 0. Totals: 28 4-12 69.

Curwensville -- 49

Johnston 0 3-7 3, Barrett 5 0-1 14, Johnson 2 2-7 6, Vokes 3 5-8 11, Lee 2 8-15 12, Harnic 1 1-3 3, Carley 0 0-1 0, Morrison 0 0-0 0. Totals: 13 19-42 49.

Three-pointers: Frisco 5, Barrett 4, Beers 3, O'Donnell.

Score by Quarters

Glendale.....	18	18	18	17-69
Curwensville.....	14	10	19	6-49

February 13, 1995: MoValley 49 at Glendale 37

By Christopher Z. Morelli
Sports Writer

FLINTON - The Glendale Lady Vikings had everything on their side heading into Monday night's Moshannon Valley League showdown with Moshannon Valley - a home game for the league title against a team they had already beaten on the road this season.

Mo Valley was supposed to be the sacrificial lamb. But somebody forgot to tell the Damsels.

Mo Valley rolled in and out of Glendale High School with a dominating 49-37 victory over the Lady Vikes in front of stunned home crowd. The fans were primed for a celebration of a fourth consecutive MVL title, but that never developed.

With the win, the Damsels and Lady Vikes finished the MVL regular season with identical 7-1 records. A playoff game has not been scheduled but will probably be played some time later this week. Last year the Lady Vikings won their third straight title after defeating the Damsels in a playoff game at Glendale.

"I'm really happy for the girls," said Mo Valley head coach Mick Patkalitsky, whose squad improved to 9-13 overall. "This was a big win, and it was very satisfying for the team."

The Lady Vikes, who have lived by the three-pointer all season, died by it last night. They hit just three treys, and were 3-of-30 - 10 percent - from treyland.

The loss dropped the Lady Vikes to 12-9 overall. They have now lost four of their past five games.

"We just didn't seem to have the kind of intensity we needed to have for this game," said Glendale head coach Andy Bloom. "Why that is, I don't know. I don't have a clue."

Mo Valley had perfect mix of just enough offense and a bend-but-don't-break defense to record the upset.

The Damsels spread the offense around as three players reached double figures. Chrissy Solan and Colleen Houser led the way with 12 points apiece and Annie Fetchu chipped in with 10.

Mo Valley never trailed in the game, and came out of the gate with the hot hands. Fetchu canned a driving layup to open the scoring, and Holly Kephart followed with a steal and lay-in to make it 4-0.

After Solan hit a free throw to increase the lead to 5-0, a Houser putback with 1:33 gone in the first quarter pushed the lead to 7-0. Although it was just 93 seconds into the game, the Damsels had taken the home crowd out of things.

"It's tough to come into this gym anytime - whether it's for

the Mo Valley League championship or a game of tidlywinks," Patkalitsky said.

Glendale got its first bucket 3:21 into the first quarter on a putback by Angie Frisco. Bobbi O'Shell hit a layup a couple of minutes later to trim Mo Valley's lead to 7-4.

Patkalitsky then grabbed a quick timeout with 2:33 to play in the first. Whatever he said during the huddle must have worked, because the Damsels came out and really opened things up.

Houser sparked an 8-0 spurt with a jumper, and she closed the run with a leaner in the paint. With that, the Damsels had their first double digit lead of the night at 15-4.

Glendale chipped away at the Damsels' lead when Beth O'Donnell canned a three-pointer and Lori Beers followed with a three-pointer from the top of the key to trim things to 15-10.

After the Damsels got the lead back out to 20-12, the Lady Vikes made a charge to pull things closer before the half.

In the final 1:32 of the first half, the Lady Vikes got buckets from Nicole Heitsenrether, Frisco and Bernie Depto to trim the Mo Valley lead to 20-17. It could have been closer, but both Heitsenrether and Depto missed on opportunities from the charity stripe.

Houser sank a short jumper just before the end of the half to give the Damsels momentum and a 22-17 lead heading to the intermission.

The Lady Vikes shot the ball poorly in the first half, canning a little over 23 percent of their shots from the field.

"Obviously, we didn't shoot well. Offensively, we were real confused. We were just not in sync, and we never got in sync," Bloom said.

In the second half, things went from bad to worse for the Lady Vikes. Mo Valley opened the third quarter with an 8-0 run, and the Lady Vikes couldn't get the ball to fall.

Glendale's first bucket of the second half came with 1:55 to play in the third when O'Donnell sank a shot from the field.

The Damsels were doing everything right, but still could not put the Lady Vikes away. Glendale connected on consecutive buckets at the conclusion of the third and start of the fourth to get back within seven, 30-23.

But just as quickly as the Lady Vikes closed in, Mo Valley slammed the door. A Solan free throw made it 31-23, and Korinn Foreman followed with a bucket to get the lead back to double digits with 5:50 to play.

The Damsels rolled off a 12-2 run as the lead swelled to 42-25. Glendale got a timeout with 2:58 to play in the game, but the Lady Vikes couldn't get Mo Valley's lead back into single digits.

Glendale had a hard time finding the bucket in the second half as it hit on just 8-of-34 shots from the field.

"As hot as Glendale was the first time we played them, they were as equally cold in this game. I would like to think that had something to do with our defense, but they had too many good looks at the basket," Patkalitsky said.

Glendale had two players reach double figures. Frisco and Depto had 10 points apiece.

Now, with the two teams tied, they can either share the MVL championship or have a one-game playoff to decide things. Both coaches said they would prefer the latter.

"I don't know what we'll do about a playoff," said Bloom. "But I think a tie just doesn't cut it for the kids."

Patkalitsky agreed. "Our girls indicated that they don't want to be co-champs," Patkalitsky said. "They want to play for all of the marbles."

GAME NOTES: In the junior varsity game, Glendale handled Mo Valley, 46-12. Mary Jo Rea led all scorers with 15 points. . . Last season, the Damsels handed the Lady Vikes a similar 37-33 loss in the final regular season MVL game to put the Lady Vikes' title hopes on hold. . . Both teams are back in action Thursday. Mo Valley hosts Bellwood- Antis while Glendale hosts Claysburg- Kimmel.

Mo Valley - 49

Solan 3 6-14 12, Houser 6 0-1 12, Foreman 1 0-2 2, Fetchu 2 6-9 10, Kephart 3 0-3 6, Southern 2 0-0 5, Gray 0 0-0 0, Williams 0 1-4 1, Brady 0 0-0 0, Gardner 0 1-2 1. Totals: 17 14-35 49.

Glendale - 37

O'Donnell 3 0-2 7, Beers 2 0-0 6, Frisco 4 2-2 10, B. O'Shell 1 0-0 2, Depto 4 2-5 10, Dick 0 0-0 0, Heitsenrether 1 0-1 2, T. O'Shell 0 0-0 0, Jenkins 0 0-0 0, Rea 0 0-0 0. Totals: 15 4-10 37.

Three-pointers: Beers 2, O'Donnell, Southern.

Score by Quarters

Mo Valley	13	9	8	19	49
Glendale	4	13	4	16	37

February 16, 1995: Claysburg 49 at Glendale 47

FLINTON — The Glendale girls' basketball team dropped its fifth game in six tries as it fell to visiting Claysburg-Kimmel, 49-47, at Glendale High School Thursday night.

The Lady Vikings (12-10 overall) led 35-34 heading to the fourth quarter, but the Lady Bulldogs outscored the Lady Vikes by three over the final eight minutes to record the win.

Angie Frisco led all scorers with 23 points. She also had five three-pointers.

In the junior varsity game, Glendale dropped C-K 54-22. Glendale's Kelly Vinglass led all scorers with 16 points.

The Lady Vikes are back in action Saturday night when they play Moshannon Valley at Patton Hall in Curwensville for the Mo Valley League title.

Claysburg-Kimmel—49

A. Helsel 6 5-13 17, Hoenstine 1 0-0 3, B. Helsel 1 0-0 3, Musselman 6 1-3 16, Ebersole 2 2-4 6, McCarty 0 0-0 0, Weyant 1 1-2 3, Staub 0 1-2 1. Totals: 17 10-24 49.

Glendale—47

Frisco 5 8-8 23, Depto 4 1-2 9, Beers 2 0-0 6, O'Donnell 1 0-0 2, B. O'Shell 1-4 1, Gondek 1 0-0 2, Heitsenrether 2 0-2 4, T. O'Shell 0 0-0 0, Dick 0 0-0 0. Totals: 15 10-16 47.

Three-pointers: Frisco 5, Musselman 3, Beers 2, Hoenstine, B. Helsel.

Score by Quarter

Claysburg-Kimmel.....	14	13	7	15	-49
Glendale.....	9	11	15	12	-47

February 18, 1995: MoValley 39 vs Glendale 52 (MVL Playoff)

By Shawn Fox
Sports Writer

CURWENSVILLE — When the seven seniors on the Glendale girls' basketball team began their careers in the 1991-92 season they hoped to win at least one Moshannon Valley League title.

Four years later they got their title and three others to go along with it.

Number four came Saturday night in a playoff game at Curwensville's Patton Hall as the Lady Vikings opened up a 12-point lead at the half and held off a gutsy charge by Moshannon Valley to down the Damsels 52-39.

"I feel real good for the kids," Glendale head coach Andy Bloom said. "Some of the seniors have been members of four title teams, and that's something to be real proud of."

During their four-year stranglehold on the MVL title, the Lady Vikings have gone 35-3 with all three losses coming against the Damsels. Glendale, which has five titles overall, is the first team, boys or girls, to win the MVL four straight times.

"It makes your job easier when you have some good players out there," Bloom said. "The kids have worked real hard in the off-season. They go to team camp in the summer and play rec basketball. It's just playing the game, and that's the ticket."

Glendale took control right from the start as the Lady Vikings opened up a 13-5 lead after the first quarter.

Senior Beth O'Donnell's jumper from the left corner with 4:51 remaining in the first gave the Lady Vikings a 6-4 lead.

The Lady Vikings (13-10, 8-1 MVL) kept it going in the second quarter. Senior Missy Gondek gave Glendale its first 10-point lead 14 seconds into the second quarter by nailing a short jumper.

Following a Moshannon Valley turnover, senior Angie Frisco put in a layup to increase the lead to 12 and forced the Damsels to call a timeout.

Out of the timeout, Gondek hit a lay-in and Frisco buried a three-pointer from the top of the key to give the Lady Vikings a 22-5 lead with 5:54 to go before the half.

"That was real important because we came out and we were down 15-4 (in Monday night's 49-37 loss to the Damsels), and we just couldn't overcome that," Bloom said. "It was important because after we got the lead the game was pretty even the rest of the way."

Moshannon Valley's Chris Williams ended Glendale's 14-0 run by hitting both shots of a one-and-one situation.

Glendale took its biggest lead of the game, 33-14, four minutes later on Frisco's driving layup. The Lady Vikings point guard led all scorers with 24 points on the game.

Following Frisco's basket, the Damsels closed out the first half with a 7-0 run sparked by Jen Southern's two three-pointers to trail 33-21 at the break.

"We recovered from the fast start which shows how much heart the girls have," Moshannon Valley head coach Mick Patkalitsky said. "Glendale had too many horses to ride, (and) we rode ours as far as we could."

Glendale senior Bernadette Depto opened the second half with a put-back to increase the Lady Vikings' lead to 14 points.

Moshannon Valley responded with a 9-2 run that cut the lead to six with 3:06 remaining in the third quarter. Anne Fetchu had two lay-ins, Holly Kephart a driving layup, and Southern nailed her third trey of the game to cut it to 36-30.

Frisco's driving layup 20 seconds later were the last points scored in the third as Glendale took a 38-30 advantage into the fourth quarter.

The Lady Vikings increased their lead to 14 points in the first three minutes of the quarter on Gondek's put-back and Depto's put-back and lay-in.

Moshannon Valley answered with free throws from Fetchu and Kephart's trey from the right side to move within eight points, 46-38, with 1:25 to go.

Frisco and Lori Beers sealed the Lady Vikings' win by hitting 6 of 10 free throws down the stretch to clinch the fourth-straight title.

"All of the kids did a nice job," Bloom said. "We didn't rattle especially late in the game."

Moshannon Valley, which played without starter Colleen Houser who tore her anterior cruciate ligament against Bellwood-Antis, ended its season at 10-15 overall and 7-2 in the league. The Damsels ended last year tied with the Lady Vikings and lost 36-35 in a playoff game.

"In a great many ways it probably has been one of, if not the most, rewarding years because we weren't supposed to be here and we gave them everything they could handle right up to the end," Patkalitsky said. "There just aren't the right kind of words to tell you how much joy these girls have given to me this year."

Glendale will continue its season Wednesday night in the first round of the District 6 Class A playoffs against Blacklick Valley at Ebensburg's Central Cambria High School. Tip-off is scheduled for 7 p.m.

Glendale—52

Frisco 7 9-12 24, Depto 4 0-0 8, Beers 2 1-3 7, O'Donnell 1 0-0 2, B. O'Shell 1 2-4 5, Gondek 3 0-2 6, Dick 0 0-0 0, Heitsenrether 0 0-0 0, T. O'Shell 0 0-0 0. Totals: 18 12-21 52.

Moshannon Valley—39

Fetchu 2 7-10 11, Gray 1 0-0 2, Foreman 2 0-0 4, Kephart 3 3-5 10, C. Williams 0 3-5 3, Southern 3 0-0 9, Brady 0 0-0 0, Solan 0 0-0 0. Totals: 11 13-20 39.

Three-pointers: Glendale 4 (Beers 2, Frisco, B. O'Shell), Moshannon Valley 4 (Southern 3, Kephart).

Score By Quarters

Glendale.....	13	20	5	14	-52
Moshannon Valley.....	5	16	9	9	-39

February 22, 1995: Claysburg 49 at Glendale 47 (D6 Playoffs)

Class A

Glendale (13-10) vs. Blacklick Valley (16-8), 7 p.m. at Central Cambria H.S.

The Skinny: Fresh off their fourth straight Moshannon Valley League championship, the Glendale Lady Vikings will meet another Lady Vikings nicknamed team.

Blacklick Valley enters the playoffs on a three-game losing streak, coming up short against three tough teams - Bishop Carroll, Conemaugh Valley and Marion Center. Blacklick is led by junior swingman Kelly Kanich along with key contributors in senior guard Nikki Ray and sophomore Danna Waldron.

Glendale hopes to shake a late-season slide (2-5 in last seven games) that almost cost them the MVL title. Senior point guard Angie Frisco (11.6 ppg.) and senior center Bernadette Depto (9.9 ppg.) lead head coach Andy Bloom's squad. Progress Pick: Blacklick Valley.

Glendale recovers in time to beat Blacklick Valley, 41-34

By Christopher Z. Morelli
Sports Writer

EBENSBURG - The Glendale Lady Vikings were sleepwalking through the first half of their playoff game with Blacklick Valley Wednesday night.

At halftime, the alarm sounded and the Lady Vikes came back with a solid second half to defeat Blacklick, 41-34, in a first-round District 6 Class A girls' basketball game played at Central Cambria High School.

For seven Glendale seniors, it was do or die - lose, and it marked a tough end to their scholastic careers.

"That's what a group of seniors will do for you," said Glendale head coach Andy Bloom. "If they're not going to do it then (in the second half), then they're not going to do it. We hung tough and nobody panicked."

Especially senior point guard Angie Frisco. BV held her scoreless in the first half, but she stormed back with 16 second-half points to lead the Lady Vikes to the win.

She hit on 11 of 12 from the charity stripe in the fourth quarter, and her 16 points were a game-high.

It was a numbing loss for BV head coach Larry Nairn, who watched his squad squander a six-point halftime lead.

"We quit playing when we went in at halftime," said Nairn, whose squad ended the campaign at 16-9. "We just didn't come out in the second half, and I don't know why."

In the first half, Blacklick didn't exactly light up the scoreboard either, but was doing enough to lead for the entire 16 minutes.

Kelli Kanich opened things by draining a jumper to give BV a 2-0 lead early in the first. After a Nikki Ray three-pointer made it 5-0, Glendale answered with its first hoop of the game, a Bernadette Depto bank shot.

Both teams had trouble finding the hoop in the first quarter, and BV held a 6-4 edge after the first eight minutes.

In the second quarter, BV hit the first two buckets of the quarter to go ahead 11-4.

After Glendale trimmed things to 11-10 on two consecutive three-pointers from Lori Beers, BV went on a 7-2 run. Blacklick had an 18-12 lead - and the momentum - going to the intermission.

"In the first half, we played well. In the second half, we didn't do what we were supposed to do," Nairn said.

And Glendale took advantage. The Lady Vikes trailed by seven with 5:55 to go in the third before things fell apart for BV.

Bobbi Jo O'Shell sparked a run by canning a jumper to make it 21-16. Glendale scored the next 13 points as it took a commanding 29-21 lead into the fourth quarter.

The press was working wonders for Glendale, as it created numerous turnovers.

"At the beginning of the game, the kids said they wanted to press, and I said 'fine.' We did it, we stuck with it, and it ended up being the difference," Bloom said.

Offensively, Glendale stepped it up in the second half. It was connecting on most of its shots, and when it didn't, it pounded the boards.

Offensively, Glendale stepped it up in the second half. It was connecting on most of its shots, and when it didn't, it pounded the boards.

"The girls were real patient. We got a lot of opportunities and things started to fall for us," Bloom said.

Beers - who hit two treys in the first half - hit two big ones in the second half to stretch the Glendale lead. She also reached double figures, finishing with 12 points.

Down 29-21, BV needed to convert on every trip down the floor. But it was ice cold from the field in the second half, connecting on just 5 of 25 shots.

"Our offense went to sleep, and obviously that hurt us," Nairn said.

Eventually, BV started to connect with time running down. BV trimmed the deficit to three on a pair of occasions in the fourth quarter, but could not tie or take the lead.

With as little as 1:43 to play in regulation, BV was down 34-31.

But Glendale made the free throws in the fourth, connecting on 12 of 16 over the final eight minutes.

Glendale, now 14-10, will move on to play powerhouse Williamsburg, an 82-24 winner over Ferndale last night.

"Williamsburg isn't a fancy team, but they shoot the ball well," Bloom said. "But we're going to come to play. There's no doubt about it."

Glendale - 41

Frisco 2 11-12 18, O'Donnell 0 1-2 1, B. O'Shell 1 2-4 4, Depto 3 0-2 6, Gondeck 1 0-0 2, Dick 0 0-0 0, Beers 4 0-0 12, Heitsenrether 0 0-0 0. Totals: 11 14-22 41.

Blacklick Valley - 34

Scott 0 0-0 0, M. Ray 0 0-0 0, Kanich 5 3-6 14, Wood 2 0-0 4, N. Ray 3 5-8 12, Repine 0 0-0 0, Waldron 0 4-6 4, Kubat 0 0-0 0, Capelli 0 0-0 0. Totals: 10 12-18 34.

Three-pointers: Beers 4, Frisco, Kanich, N. Ray.

Score by Quarters

Glendale.....	4	8	14	15	-41
Blacklick Valley.....	8	12	3	13	-34

March 1, 1995: Glendale 19 vs Williamsburg 74 (D6 Playoffs)

Top-ranked Williamsburg runs over Glendale in D-6 A girls' tilt, 74-19

By Todd Irwin
Sports Writer

ALTOONA — For at least the first quarter last night at the Altoona Fieldhouse, Glendale was on par with once-beaten Williamsburg. The Lady Vikings were losing 8-7 at the end of the first and were hanging tough.

But for the next three quarters of the District 6 Class A girls' basketball semifinal game, the Lady Vikings just hung . . . and Williamsburg played the hangman.

The top-ranked Lady Pirates, who shot 14.2 percent (3-for-21) in the first quarter, gained control in the second quarter by outscoring Glendale 27-4 and went on a 74-19 rout to advance to the district finals.

With the win, the Lady Pirates upped their record to 25-1 and will play Bishop Carroll (25-2) at 6 p.m. Saturday at St. Francis College. The Lady Vikings, who dropped to 14-11, play in the consolation game against Claysburg-Kimmel (16-10) at 5:30 tomorrow at Central Cambria High School. The winner goes to the state playoffs.

In that first quarter, both teams didn't have much luck finding the hole to the basket. Glendale shot 21.4 percent (3-for-14) in the opening stanza and 14.2 percent (4-for-28) in the first half. Williamsburg had a three on nothing fast break leading 8-4 and Trisha Lower missed the layup.

"I was pleased with the way we played in the first quarter," Lady Vikes coach Andy Bloom said. "The shots were there. We didn't take that many bad shots in the first quarter. They just weren't dropping."

"We haven't played in a while. It's been almost a week since we played last and I don't want to go another week without playing," Williamsburg coach Jeff Appleman said. "We were too relaxed before the game. It looked like we were on a field trip."

After Jill Tate, who scored 17 points, scored on a layup to open the game, Glendale's Bernadette Depto hit a jumper to tie the score. Beth Houck knocked down one of her four three-pointers and Abby Hoy

dropped a free throw to make the score 6-2.

Angie Frisco, who led the Lady Vikings with 7, scored on a layup. Becky Metzler's layup with 4:02 left in the first quarter gave Williamsburg an 8-4 lead. Neither team would score until Buffy Dick's trey made the score 8-7.

Lady Pirates star Hoy had two fouls in the first quarter and was called for her third early in the second quarter. It was Tate and Houck that started the route for the Lady Pirates.

After scoring to start the second, Tate stole a pass and scored on a layup. Bobbi O'Shell hit one from the charity strip to pull Glendale to within four, 12-8, but then Houck canned back to back treys and Williamsburg led 18-8.

"We got the bugs out in the first quarter and our shots started to fall," Appleman said. "Their defense was doing a good job. I thought Jill Tate got us going with a couple steals."

Glendale didn't score a basket until Missy Gondek found the hole with 1:53 remaining in the half. The Lady Pirates led 30-10 and would go on to lead 35-11 at halftime.

The Lady Pirates outscored the Lady Vikings 26-5 in the third quarter and 13-3 in the fourth quarter. Williamsburg scored 23 unanswered points to start the third quarter as Hoy started the find the mark.

After getting routed, the Lady Vikings will have to regroup and set their sights on Claysburg if they want to play in the state playoffs.

"We're going to practice right after school tomorrow and they're going to have to go hard," Bloom said. "They can't dwell on this game."

Glendale — 19

Frisco 3 0-0 7, Dick 1 2-6 5, Depto 2 0-0 4, Gondek 1 0-0 2, O'Shell 0 1-2 1, Beers 0 0-0 0, O'Donnell 0 0-0 0, Heltsenrether 0 0-0 0.
Totals: 7 3-8 19.

Williamsburg — 74

Tate 8 1-5 17, A. Hoy 5 4-7 15, Houck 4 0-0 12, Gordon 2 4-4 8, Metzler 3 0-0 6, Lower 2 1-2 5, England 1 0-0 3, Swinsburg 1 0-0 3, Reed 0 3-4 3, C. Hoy 1 0-1 2, Hilleman 0 0-0 0, Lilly 0 0-0 0. Totals: 27 13-23 74.

Three-pointers: Frisco, Dick; Houck 4, A. Hoy, England, Swinsburg.

Score By Quarters

Glendale.....	7	4	5	3-19
Williamsburg.....	8	27	26	13-74

March 3, 1995: Glendale 54 vs Claysburg 56 (D6 Playoffs)

Buzzer-beaten:

Lady Vikes lose heartbreaker, 56-54

By Shawn Fox
Sports Writer

EBENSBURG — This year the Glendale girls' basketball team lost games, but none hurt worse than last night's in the District 6 Class A consolation game.

After battling back from a six-point halftime deficit, the Lady Vikings had their playoff run ended when Claysburg-Kimmel forward Autumn Helsel's last-second shot went in giving the Lady Bulldogs a 56-54 win at Central Cambria High School.

With the win, C-K advances to the PIAA state playoffs where it will meet the WPIAL runner-up next Friday night at a District 7 site.

"We've been known as a scrappy program but being in District 6, you just don't get that many chances to get out of it (the district)," said C-K head coach Dan Crist, whose team will make its first trip in school history to the state playoffs. "It means a whole lot to the kids."

With 1:19 to play, the Lady Bulldogs took a 54-53 lead on Nichole Musselman's two free throws.

Twenty-five seconds later, Glendale's Angie Frisco was fouled by Courtney Staub and hit the second free throw to knot the score at 54.

On the Lady Vikings next possession they turned the ball over, setting up Helsel's heroics.

Out of the timeout, C-K inbounded the ball on the Glendale side of midcourt.

After taking the pass, Helsel dribbled all the way to the key and ran into two Glendale defenders.

She faked once and put up the six-footer. Just before the buzzer sounded, Helsel's shot went through the bottom of the net to give the Lady Bulldogs the one-point win.

"I didn't design the move," Crist said with a laugh. "Whoever was going to get open on the sideline play was to take it to the basket."

"I said you could go the length of the floor in five seconds. My intent was either to make the layup or get fouled."

"We tried to go a little man-to-man (defense)," Glendale head coach Andy Bloom said. "We figured she'd try to get the ball, but things were a little chaotic at the time. It was a good shot by her, there's no doubt about it."

Helsel, who has scored over 1,500 points in her career, led C-K (17-10) with 16 points. Musselman chipped in with 12.

Glendale's Lori Beers led all scorers with 17 points including five three-pointers. Angie Frisco and Bernadette Depto each added 12 for the Lady Vikings (14-12).

"My kids certainly have nothing to be ashamed of," Bloom said. "If you compete in

something, you're either going to succeed or you're not. Those are the options you have. Most people don't even get into the game.

"I give all of the credit to these kids."

Glendale started off quickly, opening up a 6-2 lead thanks to two Beers' treys.

C-K was able to take the lead twice in the first quarter, the last on Helsel's layup with 1:34 remaining put the Lady Bulldogs up 12-10.

The Lady Vikings closed out the first quarter and opened the first 10 seconds of the second quarter with a mini 6-0 run.

Missy Gondek's lay-in with 7:50 remaining before the half gave Glendale its largest lead, 20-14.

The Lady Bulldogs struck back before the half as Helsel tossed in six points to help her squad take a 34-28 lead at the break.

"We just didn't shoot well in the second quarter," Bloom said. "But, we made a comeback in the third."

Glendale found its shooting touch out of the locker room and tied the score at 41 on Beth Dick's free throw with 4:41 remaining in the quarter.

Beers' three-pointer with 1:11 to go gave the Lady Vikings a 44-41 lead.

C-K closed out the third quarter on baskets by Elizabeth Weyant and Tina Hoenstine to take a 45-44 lead into the fourth.

Frisco quickly put her team back up with a layup off a steal at the 7:35 mark.

Hoenstine gave her team a one-point lead 30 seconds later with a jumper.

Helsel hit a free throw before Depto's lay-in tied the score at 48 with five minutes remaining.

Beers' fifth trey gave Glendale a 51-48 lead with 3:34 to go.

C-K re-tied the score with 1:57 to play on Staub's jumper before Depto gave the Lady Vikings their final lead, 53-51, with 1:44 remaining.

Depto, along with Beers, Frisco, Gondek, Beth O'Donnell, Bobbi Jo O'Shell and Nichole Heitsenrether played in their last game as Lady Vikings. In their four years, Glendale won four straight Moshannon Valley League titles and ended with a 57-40 career record.

"They're a great bunch of kids," Bloom said. "I'm really going to miss my seniors."

Claysburg-Kimmel — 56

Ebersole 2 1-6 5, A. Helsel 5 6-11 16, Musselman 4 3-5 12, Hoenstine 3 0-0 6, B. Helsel 3 0-0 8, Weyant 1 0-0 2, Staub 2 2-2 7.
Totals: 20 12-24 56.

Glendale — 54

Beers 6 0-0 17, Frisco 5 1-3 12, O'Donnell 0 0-0 0, Depto 6 0-2 12, B. O'Shell 0 0-0 0, Dick 3 1-2 8, Gondek 1 0-0 2, T. O'Shell 1 0-0 3.
Totals: 22 2-8 54.

Three-pointers: Glendale 8 (Beers 5, Frisco, Dick, T. O'Shell); Claysburg-Kimmel 4 (B. Helsel 2, Staub, Musselman).

Score by Quarters

Claysburg-Kimmel.....	14	20	11	11	—56
Glendale.....	18	10	16	10	—54



PHOTO BY RICH RHODES

MVL All-Stars — The Moshannon Valley League honored its basketball all-stars at last night's annual banquet. Pictured in first row, from left, are: Jen Brothers, Harmony; Colleen Houser, Moshannon Valley; Kelly Lee, Curwensville; Bernadette Depto, Glendale; and Angie Frisco, Glendale. Standing: Eric Wassil, Curwensville; Nate Glunt, Curwensville; Bob Jones, Harmony; and Jeff Matia, Moshannon Valley. Missing from photo is Steve Sinclair of Glendale.

Mo Valley League honors its all-stars

The Curwensville and Glendale boys' and girls' basketball teams, respectively, headed the team honors while Glendale's Steve Sinclair was named a Moshannon Valley League All-Star for the third time at last night's annual banquet at the Clearfield Best Western.

Head coach Andy Bloom's Lady Vikings won their fourth straight league title after defeating Moshannon Valley in a season-ending playoff game. Two players were named to the All-League team: Seniors Angie Frisco and Bernadette Depto. It was Frisco's second all-star selection.

Other girls' all-star selections included Moshannon Valley's Colleen Houser, Curwensville's Kelly Lee for the second time and Harmony's Jen Brothers. Honorable Mention selections

were Curwensville's Adrienne Johnston and April Barrett and Moshannon Valley's Ann Fetchu and Holly Kephart.

Head coach Randy Strickland's Golden Tide won its second straight title and upped its league winning streak to 15 games. Two players were named all-stars in senior Eric Wassil and junior Nate Glunt.

Glunt and Wassil, who both were first-time all-star players, joined Moshannon Valley repeater Jeff Matia, Harmony's Bob Jones and Sinclair, who ended his career as Progressland's all-time leading scorer.

Honorable Mention selections were Harmony's Bob Rowles and West Branch's Brad Nadzom and Dan Dengage.

On the girls' side of things, Glendale's Angie Frisco and Moshannon Valley's Colleen Houser were the only Progressland players named to the all-star squad. Frisco was named as a second team all-star and Houser was picked as an honorable mention.

The first team was comprised of Abby Hoy and Jill Tate of Williamsburg, Autumn Helsel of Claysburg-Kimmel, Nastasha Bloom of Mount Union and Toni Destefano of Bellwood-Antis.

In addition to Frisco on the second team, Melissa Minor of Bellwood-Antis, Lois Anderson of Junfata Valley, and Kim Yohn and Jen White of Southern Huntingdon were named.

Jody McAlevy of Bellwood-Antis was also an honorable mention.

JVL MVP went to Hoy, and McAlevy won outstanding defensive player. Williamsburg's Beth Houck won the sportsmanship award and Hoy won the scoring award.

Coach of the year was Jeff Appleman of Williamsburg.

First Team All-Stars

GIRLS

First Team

Pos	Name	School	Class	Avg.
G	Angie Frisco.....	Glendale	Sr.	12.0
G	Kelly Vancas.....	Philipsburg-Osceola	Jr.	13.7
F	Missy Witters.....	Philipsburg-Osceola	Jr.	16.5
F	Bernadette Depto.....	Glendale	Sr.	10.0
F	Jen Harris.....	Clearfield	Sr.	11.6
F	Kelly Kephart.....	Philipsburg-Osceola	So.	10.5

Second Team

Pos	Name	School	Class	Avg.
G	Tracy Honko.....	Clearfield	Jr.	13.1
G	Colleen Houser.....	Moshannon Valley	Sr.	7.2
F	Jen Brothers.....	Harmony	Sr.	11.1
F	Chris Hicks.....	Purchase Line	Sr.	10.8
F	Kelly Lee.....	Curwensville	Sr.	12.1

Player of the Year
Missy Witters, P'burg-Osceola
Coach of the Year
Lee Fisher, P'burg-Osceola

GIRLS

Moshannon Valley League

	League	Ovrl
Glendale.....	8-1	14-12
Moshannon Valley.....	7-2	10-15
Curwensville.....	4-4	6-17
Harmony.....	2-6	6-18
West Branch.....	0-8	0-22



Angie Frisco
Glendale

Angie Frisco
Glendale

Fiesty senior point guard led the Lady Vikes in scoring, averaging 12.0 points per game. That was good for fifth in area scoring. She was also second in foul shooting (72.1 percent) and fourth in three-pointers (1.5 per game). She poured in season-high 24 twice and was also a four-time member of four MVL championship teams.



Bernadette Depto
Glendale

FIRST TEAM
Bernadette Depto
Glendale

Depto, a senior, was one of two Lady Vikings to average in double figures, 10.0 points per game. Although she did not have a three-pointer all season, scrappy forward was second on the team in scoring with 260 points. She had a season-high 25 points in a win over Curwensville on Feb. 11. Played for all four MVL championship teams.

Players	Points	Three's
Angie Frisco	312	40
Bernadette Depto	260	0
Lori Beers	188	52
Beth O'Donnell	124	21
Tammy O'Shell	68	8
Beth Dick	66	10
Melissa Gondek	63	0
Bobbi Jo O'Shell	48	1
Nicole Hietsenrether	43	0
Amy Davis	27	0
Jess Jenkins	24	3
Kelly Vinglass	12	0
Mary Jo Rea	4	0
Nicole Ruffner	2	0
Totals	1,241	135