

## 2002-2003 Season



Front row: Christian Yingling, Rich Ball, Mark Yerkly, Mike Morrison, Mark Lyons  
Middle row: Shawn Krestar, Scott Laing, Jay D'Angeli, Colt Thomas, Adam Rydbom, Derek Kauffman  
Back row: Shane Krestar, Caleb Chersih, Eric Nagle, Greg Mezenko, Bill Peoples, Kevin Hollis, Steve McClellan

## 2002-2003 Season

# Hard-working Vikings looking for improvement

By Rich Murawski  
Sports Writer

**FLINTON** — If what Glendale boys' basketball coach Eric Nagel has seen in practice is any indication of what he can expect from his team this year, the Vikings may be in for a successful season.

"The attitude of the kids this year is great," Nagel said. "I really like our defensive intensity in practice. These kids have really stepped it up from last year to this year. We have been talking about that — being able to play really intense man defense, and these kids have shown the ability to do that through the last couple weeks of practice. We are definitely further along at this point than I anticipated. These kids just want to work."

Last season, Glendale had just one returning letter winner and suffered through a 3-21 season. But Nagel, who is in his second season as Vikings' head coach, returns the core of the team for the 2002-03 season including five letter winners (Shawn Krestar, Scott Laing, Derek Kauffman, Mike Morrison and Christian Yingling).

Krestar, a Mo Valley League All-Star and Progressland second team selection last year, led the Vikings in scoring with 14.2 points per game. Morrison, who averaged 7.0 ppg last season, was also named to the Progressland team as an honorable mention.

"Shawn (Krestar) is a two-year letter winner that is hopefully going to be the leader on the floor," Nagel said. "Shawn is our leading scorer from last year, but I think the load will be off his back this year. If Shawn isn't hitting on a given night, I think that we have people like Scotty Laing and Derek Kauffman that can step up. And Christian (Yingling) and Mike (Morrison) as well — all four of those guys can step up. I think that comes from the experience last year when they were playing as sophomores and juniors."

"Mike Morrison really started to step up toward the end of the year last year," Nagel continued. "He really started to put it all together, and hopefully that will continue into this year."

Glendale will once again compete in both the Mo Valley and Juniata Valley Leagues, and Nagel hopes his team can make a good showing in both.

"We are returning five letter winners from last year, so there is a lot of experience," Nagel said. "Our expectations are higher this year than they were last year. We definitely want to be competitive in the Mo Valley League and the Juniata Valley League."

"As far as our record is concerned, we definitely want to finish above .500. And we

### Roster

#### Seniors

\*Shawn Krestar, \*Mike Morrison,  
\*Christian Yingling.

#### Juniors

Caleb Cherish, Kevin Hollis, \*Derek Kauffman, \*Scott Laing, Bill Peoples, Adam Rydbom.

#### Sophomores

Rich Ball, Jay D'Angeli, Mark Lyons, Colt Thomas, Mark Yeckley.

#### Freshman

Shane Krestar.

\*Denotes returning letter winners.

### Schedule

#### December

4—at Moshannon Valley; 6—Williamsburg; 10—Penns Valley; 13—at Bellwood-Antis; 16—at Curwensville; 17—at West Branch; 20—at Southern Huntingdon; 27-28—at Cambria Heights Tournament, TBA.

#### January

6—Harmony; 7—Juniata Valley; 9—at Claysburg-Kimmel; 13—Mount Union; 15—Moshannon Valley; 17—at Williamsburg; 20—at Penns Valley; 22—Curwensville; 23—Bellwood-Antis; 27—West Branch; 30—Southern Huntingdon.

#### February

3—at Juniata Valley; 7—Claysburg-Kimmel; 10—at Mount Union; 12—at Harmony.

Varsity games begin at 7:30 p.m.

want to go on to the playoffs and maybe win one or two games there. Most importantly, we just want to come in and play hard night in and night out."

As far as the Mo Valley League goes, Nagel expects things to be very competitive.

"Harmony has a lot of returners from last year's team, which was a great team," Nagel said. "Mo Valley will be tough again this year. They have a big kid (Steve Holencik) coming back that played real well last year. West Branch is young and they impressed me last year, along with Curwensville. I really don't think that we can define a clear leader, but if I were to pick someone right now — Harmony and Mo Valley look like the teams that could contend for the title."

Even with the higher expectations, there are still some concerns for the Vikings — most notably, scoring.

"We need people to step up and score," Nagel said. "We need to have confidence when it comes to scoring, and I think that is going to come with game experience. Other than that, practice has been great. The kids are pushing each other — sophomores pushing juniors, juniors pushing seniors. It's really been a great couple of weeks."

Glendale opens its season Wednesday at Moshannon Valley.



Photo by Jim Butler

**Viking letter winners** — The Glendale boys' basketball team returns five letter winners for the 2002-03 season. Kneeling, from left, are Shawn Krestar and Mike Morrison. Standing are Derek Kauffman, Christian Yingling and Scott Laing.

## December 4, 2002: Glendale 62 at MoValley 82

### Glendale—62

Shawn Krestar 7 3-7 20, Morrison 5 1-3 13, Kauffman 4 0-0 11, Laing 3 4-6 10, Hollis 2 0-0 4, Lyons 0 4-4 4, Yingling 0 0-0 0, Yeckley 0 0-0 0, Shane Krestar 0 0-0 0, D'Angeli 0 0-0 0. Totals: 21 12-20 62.

### Mo Valley—82

Keith 7 0-0 16, Holencik 10 1-2 21, Stodart 4 0-0 10, Martin 10 1-5 21, M. Belella 4 0-0 9, Esposti 1 0-0 2, Kephart 1 1-2 3, J. Belella 0 0-0 0. Totals: 37 3-9 82.

Three-pointers: Shawn Krestar 3, Kauffman 3, Morrison 2; Keith 2, Stodart 2, M. Belella.

### Score By Quarters

|           |    |    |    |       |
|-----------|----|----|----|-------|
| Glendale  | 15 | 10 | 11 | 26—62 |
| Mo Valley | 22 | 10 | 11 | 29—82 |

## December 6, 2002: Williamsburg 74 at Glendale 60

Glendale (60)- Krestar 8 6-6 24, Morrison 1 4-5 6, Kauffman 3 0-0 6, Hollis 1 0-2 2, Laing 3 2-4 8, Yingling 0 0-0 0, Peoples 5 0-0 10, Lyons 2 2-2 4. Totals: 21 14-19 60

Three Points: Krestar 2

Score by Quarters

|              |    |    |    |       |
|--------------|----|----|----|-------|
| Williamsburg | 19 | 14 | 18 | 20—74 |
|--------------|----|----|----|-------|

|          |    |    |    |       |
|----------|----|----|----|-------|
| Glendale | 19 | 13 | 14 | 14—60 |
|----------|----|----|----|-------|

## December 10, 2002: Penns Valley 48 at Glendale 53

**FLINTON —** Glendale rallied from an early deficit to post a big 53-48 win over visiting Penns Valley on Tuesday night at Glendale High School.

The Vikings trailed, 13-8, at the end of the first quarter. But Glendale came back to tie the game at 26-26 heading to the break.

"The kids really stepped it up tonight," said Glendale head coach Eric Nagel. "We've stressed defense all week, and they really stepped it up."

Bill Peoples paced Glendale with 17 points. Mike Morrison added 12 for the winners.

In the junior varsity game, Penns Valley dumped Glendale, 47-35. Shane Krestar led Glendale with 10 points.

Glendale visits Bellwood-Antis on Friday.

### Penns Valley—48

Anderson 4 2-4 10, Marshall 0 0-0 0, Homan 0 0-0 0, Breon 0 0-3 0, Benz 0 0-0 0, Royer 3 2-2 10, Waltz 1 0-0 2, Shulman 1 3-4 6, Williams 0 0-0 0, Kerstetter 6 5-6 20. Totals: 15 12-19 48.

### Glendale—53

Shawn Krestar 1 5-6 7, Morrison 5 2-5 12, Kauffman 3 1-3 7, Hollis 0 2-2 2, Laing 2 4-5 8, Yingling 0 0-0 0, Peoples 7 3-4 17, Lyons 0 0-0 0. Totals: 18 17-25 53.

Three-pointers: Kerstetter 3, Royer 2, Shulman.

### Score by Quarters

|              |    |    |    |       |
|--------------|----|----|----|-------|
| Penns Valley | 13 | 13 | 11 | 11—48 |
| Glendale     | 8  | 18 | 12 | 15—53 |

## December 13, 2002: Glendale 41 at Bellwood 67

**BELLWOOD** — Bellwood-Antis jumped out to a 40-12 lead at half-time and coasted to its fifth win in as many starts, a 67-41 high school boys' basketball victory over Glendale Friday night.

Ryan Myers led Bellwood with a game-high 18 points while Steve Crider chipped in 13.

"We played a lot of kids and a lot of kids contributed," B-A coach Tim Keech said. "We got to rest some kids and the big lead helped. We're going to find out how good we are tomorrow night."

Bishop Guilfoyle visits B-A tonight. Glendale was led by Shawn Krestar's 13 points.

**GLENDALÉ (41):** S. Krestar 6 0-0 13, Morrison

3 0-0 6, Kauffman 0 0-2 0, Hollis 0 0-2 0, Laing 1 0-0 2, Yingling 1 0-0 3, Peoples 6 0-0 12, Lyons 1 1-2 3, Yeckley 0 2-2 2, Rydborn 0 0-0 0, D'Angell 0 0-0 0, Thomas 0 0-0 0, Krestar 0 0-0 0. Totals — 18 3-8 41.

**BELLWOOD-ANTIS (67):** Shannon 4 0-0 9, Smith 1 0-0 2, Mattern 1 1-2 4, Crider 5 2-2 13, Weiland 4 0-2 8, Hughes 1 0-0 3, Greiner 1 0-0 2, Carlson 2 0-0 4, Myers 8 2-4 18, Rogers 2 0-0 4, DelGrosso 0 0-0 0, Plummer 0 0-1 0. Totals — 29 5-11 67.

### SCORE BY QUARTERS

Glendale ..... 2 10 15 14 — 41  
Bellwood-Antis ..... 16 24 15 12 — 67

3-point goals: Glendale 2 (Yingling, S. Krestar); Bellwood-Antis 4 (Shannon, Mattern, Crider, Hughes). Records: Glendale (NA); Bellwood-Antis (5-0 overall, 4-0 in the Juniata Valley League's first cycle. JV: Glendale, 41-24. High scorers — S. Krestar, G, 11; Plummer, BA, 10.

## December 16, 2002: Glendale 55 at Curwensville 56

# Palmer clutch in Tide's win over Vikes

By Rich Murawski  
Sports Writer

**CURWENSVILLE** — Just call him "clutch."

After scoring just one point through the first three quarters of play, Cory Palmer drained three three-point field goals in the final six minutes of the fourth, including the game-winning shot with 11 seconds to play to give the Curwensville Golden Tide a 56-55 victory over Glendale on Monday evening.

"We hit some big shots at the end," Curwensville head coach Jim Fleming said. "Cory Palmer hit some clutch threes."

The Golden Tide took a 29-22 advantage into the halftime break and looked like they were going to cruise to victory after talking a 39-26 lead midway through the third quarter.

But a 14-4 Glendale run, led by Bill Peoples, to end the quarter put the Vikings back in the game. Peoples had nine of his game-high 21 points in the quarter.

Glendale tied the game at 45 in the fourth quarter on a Shawn Krestar three-pointer, but the Tide answered right back when Palmer hit the first of his treys. Krestar finished the game with 17 points and led the Vikings with seven rebounds.

The Vikings took their first lead of the game, 49-48, with five minutes remaining and led 53-50 before Palmer hit his second three to tie the game with a minute to play.



**Palmer**

Glendale regained the lead 55-53 on a Scott Laing jumper with just 35 seconds to play, setting the stage for Palmer's heroics.

"Glendale made a great run," Fleming said. "They started getting the ball inside to number 45 (Peoples) and we got into foul trouble with our big guy

(Jonathan Anderson), and that was the key to their comeback. But I am really proud of our guys for sticking with it. They played with a lot of heart tonight and didn't give up."

Vikings head coach Eric Nagle had mixed emotions following the tough loss.

"I'm definitely proud of the way the kids came back," Nagle said. "However, like I told them in the locker room, we can't dig ourselves 13-point holes and win a lot of ball games. I am happy with the guts that they showed by coming back, but we just came up short."

In addition to Peoples and Krestar, Mike Morrison also scored in double figures for Glendale, netting 14.

For Curwensville, Greg Gilbert scored 14 points and pulled down 10 boards, while Anderson had 13 points and 13 rebounds. Palmer added 10.

Glendale won the junior varsity game 44-36. Mark Lyons led

the Vikings with 14 points, while Todd Marino paced Curwensville with 13.

The Golden Tide improved to 2-2 overall and 2-0 in the Moshannon Valley League, while Glendale fell to 1-4 overall and 0-2 in the MVL.

Curwensville is back in action Wednesday when it travels to Brockway. Glendale visits West Branch today in another Mo Valley League tilt.

### Glendale—55

Krestar 5 3-4 17, Morrison 4 5-6 14, Kauffman 0 1-4 1, Yingling 0 0-0 0, Peoples 8 5-7 21, Laing 1 0-0 2, Hollis 0 0-0 0, Lyons 0 0-0 0. Totals: 18 14-21 55.

### Curwensville—56

Gilbert 7 0-0 14, Michaels 4 0-2 9, McDonald 4 0-0 8, Palmer 3 1-2 10, Anderson 6 1-2 13, McGary 0 0-0 0, Pentz 1 0-0 2, Maines 0 0-0 0, Flauckhorst 0 0-0 0, Orcutt 0 0-0 0. Totals: 25 2-6 56.

Three pointers: Krestar 4, Morrison; Palmer 3, Michaels.

### Score By Quarters

Glendale 7 15 18 15—55  
Curwensville 10 19 14 13—56

## December 17, 2002: Glendale 68 at West Branch 49

# Glendale bounces back with 68-49 victory at West Branch

By Rich Murawski  
Sports Writer

ALLPORT — What a difference a day makes.

The Glendale boys' basketball team came away with a convincing 68-49 win over West Branch on Tuesday evening, one day after a tough one-point loss to Curwensville.

The difference for the Vikings was a quick first quarter start.

On Monday against the Tide, Glendale found themselves in a funk to start the game and only scored 22 first half points. But against West Branch, the Vikings jumped out to a quick 17-5 lead on their way to a 36-21 halftime advantage.

Glendale head coach Eric Nagel was pleased with his teams' turnaround.

"In our pre-game talk, we talked about not digging ourselves a hole like we did last night," Nagel said. "And we came out and really started off well. We went into halftime up 15 and that's what you need to do — have a fast start."

The Vikings' were able to take the 15-point lead into halftime due to the tandem of Shawn Krestar and Bill Peoples. Krestar had 13 first half points, including three treys, while Peoples tossed in 14.

Peoples led all players in the

game with 18 points and nine rebounds, with Krestar adding 15 points.

West Branch did come out of the halftime break and scored the first two buckets to cut the Glendale lead to 11. But any thought of a Warrior comeback was quickly put to rest by Derek Kauffman.

Kauffman scored all 13 of his points a 19-10 third quarter Viking run to help put the game away.

"We made some adjustments at halftime for Derek (Kauffman) to come down the floor and get one quick look and shoot," Nagel said. "And he did that. He made the shots and that loosened the defense up for some other people to get open."

West Branch head coach Bill Etchison felt the difference in the game was a sustained effort by Glendale.

"Glendale just wanted it more than we did," Etchison said. "We played hard in spurts, but they played hard the whole game. We only turn it on when we want to — sometimes we don't."

Another big difference in the game was shooting percentage. The Vikings shot nearly 50 percent from the floor, hitting 30-of-61 shots, while the Warriors hit on only 33 percent of their shots.



Kauffman

"I was very displeased with our defensive intensity," Etchison said. "We missed some assignments at key times. Krestar hit two or three three-pointers in the first half with nobody putting a hand in his face, which shouldn't have happened because we talked about knowing where he is in the zone. Then in the second half, their point guard (Kauffman) dribbled down and hit a couple of three-pointers before someone decided to put a hand in his face. We are too passive on defense, we have to get more aggressive"

On the Glendale side, Nagel was pleased with his teams' defensive effort.

"Another thing we addressed was getting a hand in the shooter's face," Nagel said. "You get a hand in their face and you alter their shot."

Despite the tough loss, Etchison did see some positives from his team.

"Danny Clark at point guard made some turnovers in the first quarter, but he settled down and played a decent game," Etchison said. "I also think that Nik Bisko and Brian Gormont played hard."

Gormont led the Warriors in scoring with 14 points and pulled down eight boards, while Bisko added nine points and six rebounds.

With the win, Glendale improved to 2-4 overall, 1-2 in the Mo Valley League and 2-3 in the Juniata Valley League. West Branch falls to 1-5, 0-2 and 1-3, respectively.

In junior varsity action, Glendale defeated the Warriors 44-26. Mark Lyons scored 17 for the Vikings, while Cody Peters led West Branch with eight points.

Both teams return to action Friday evening. West Branch hosts Claysburg-Kimmel, while Glendale travels to Southern Huntingdon.

### Glendale—68

Shawn Krestar 5 2-2 15, Morrison 1 0-0 2, Kauffman 5 0-3 13, Peoples 8 2-2 18, Laing 3 0-0 6, Hollis 2 0-0 4, Lyons 1 3-4 6, Yeckley 0 0-0 0, Rydbom 0 0-0 0, Thomas 2 0-0 4, Shane Krestar 0 0-0 0, D'Angeli 0 0-0 0, Ball 0 0-0 0, Cherish 0 0-2 0. Totals: 27 7-13 68.

### West Branch—49

Gormont 6 1-1 14, Clark 3 1-2 7, S. Coble 3 0-0 6, P. Coble 2 0-0 4, McCracken 2 1-2 5, Parks 0 2-4 2, Bisko 3 3-5 9, Husted 0 0-0 0, Williams 0 0-1 0, Peters 1 0-0 2, Yatchik 0 0-0 0, Williamson 0 0-0 0. Totals: 20 8-15 49.

Three-pointers: Krestar 3, Kauffman 3, Lyons: Gormont

### Score By Quarters

|             |    |    |    |       |
|-------------|----|----|----|-------|
| Glendale    | 17 | 19 | 19 | 13—68 |
| West Branch | 7  | 14 | 14 | 12—49 |

## December 20, 2002: Glendale 70 at Southern Huntingdon 62

Glendale ..... 70

Southern Huntingdon . . 62

ORBISONIA — Shawn Krestar scored a game-high 23 points, while Bill Peoples chipped in 19 and Mark Lyons added 18 to lead Glendale past Southern Huntingdon.

GLENDALE (70): Shawn Krestar 8 4-7 23, Hollis 0 0-0 0, Kauffman 2 0-0 5, Laing 2 1-2 5, Yingling 0 0-0 0, Peoples 5 7-13 19, Lyons 6 4-4 18, Shane Krestar 0 0-0 0. Totals — 24 16-27 70.

SOUTHERN HUNTINGDON (62): Doyle 3 2-2 8, Traxler 4 2-4 12, Yocum 0 3-4 3, Grassi 2 1-2 6, Gosham 4 2-3 10, Brown 3 0-0 7, Hewitt 0 2-4 2, Kuhns 5 2-4 12, Speck 0 2-2 2. Totals — 21 16-24 62.

### SCORE BY QUARTERS

|                     |    |    |    |         |
|---------------------|----|----|----|---------|
| Glendale            | 16 | 18 | 14 | 22 — 70 |
| Southern Huntingdon | 13 | 11 | 29 | 9 — 62  |

3-point goals: Glendale 5 (Krestar 3, Kauffman, Lyons); Southern Huntingdon 3 (Traxler 2, Brown).

Records: Glendale (3-4); Southern Huntingdon (1-6).

JV: Glendale 46, Southern Huntingdon 36.

## December 27, 2002: Glendale 42 at Cambria Heights 73 (CH Tourn.)

**GLENDALE (42):** Shawn Krestar 3 1-4 8, Kauffman 0 1-2 1, Laing 0 3-4 3, Peoples 6 5-11 17, Yeckley 1 3-6 5, Shane Krestar 2 2-5 7, Ball 0 1-2 1. Totals — 12 16-35 42.  
**CAMBRIA HEIGHTS (73):** Thomas 4 0-0 10, Boyle 4 0-0 9, Ranck 12 4-5 28, T. Vescovi 4 2-2 10, B. Vescovi 3 0-0 6, Lane 2 0-1 4, Newton 0 2-3 2, Callahan 1 0-0 2, McMullen 1 0-0 2. Totals — 31 8-11 73.  
**SCORE BY QUARTERS**  
 Glendale ..... 8 8 11 15 — 42  
 Cambria Heights ..... 20 16 23 14 — 73  
 3-point goals: Glendale 2 (Shawn Krestar, Shane Krestar); Cambria Heights 3 (Thomas 2, Boyle).  
 Records: Glendale (3-5); Cambria Heights (7-2).

## December 28, 2002: Glendale 45 vs Chestnut Ridge 37 (CH Tourn.)

**GLENDALE (45):** Krestar 4 5-6 16, Peoples 3 0-0 6, Laing 2 1-6 5, Kaufman 0 1-2 1, Morrison 2 2-4 7, Hollis 0 3-4 3, Lyon 1 5-6 7. Totals - 12 17-28 45.  
**CHESTNUT RIDGE (37):** D. Barefoot 2 3-4 7, B. Barefoot 4 5-6 13, Sweet 1 2-2 4, Kohler 1 0-0 2, Pick 1 0-0 2, Winegardner 1 1-2 3, Novak 3 0-0 6, Shaffer 0 0-0 0, Feather 0 0-0 0. Totals - 13 11-14 37.  
 3-point field goals: Glendale 4 (Krestar 3, Morrison), Chestnut Ridge 0.

## January 6, 2003: Harmony 46 at Glendale 41

**Harmony ..... 46**  
**Glendale ..... 41**  
**GLENDALE** — Bill Peoples scored 13 points to pace Glendale, but the Vikings fell to Harmony in a Moshannon Valley League matchup.  
 Glendale fell to 4-6 overall and 1-3 in the league.  
 Sam Rorabaugh scored 12 points to lead Harmony, while Larry Spade added 10 points.  
 Harmony improved to 7-3 on the year and 1-0 in the league.

**HARMONY (46):** Hagens 4 2-2 10, S. Rorabaugh 3 6-8 12, D. Rorabaugh 2 4-6 8, Romagn 2 2-2 6, Spade 2 6-7 10, Gee 0 0-0 0. Totals — 13 20-25 46.  
**GLENDALE (41):** Krestar 2 4-7 8, Hollis 1 0-0 2, Kauffman 1 0-1 2, Laing 3 0-0 6, Peoples 5 3-8 13, Lyons 2 1-2 5, Morrison 1 0-0 3. Totals — 15 8-19 41.  
**SCORE BY QUARTERS**  
 Harmony ..... 9 11 16 17 — 46  
 Glendale ..... 9 15 8 9 — 41  
 3-point goals: Glendale 2 (Morrison, Krestar).  
 Records: Harmony (7-3 overall, 1-0 MVL); Glendale (4-6 overall, 1-3 MVL).  
 JV: Glendale, 50-20.

## January 7, 2003: Juniata Valley 89 at Glendale 63

**Juniata Valley ..... 89**  
**Glendale ..... 63**  
**FLINTON** — Tony Price scored 17 points, Kris Noel 15 and Tony Allison 10 as Juniata Valley defeated Glendale in a Juniata Valley League game.  
 Shawn Krestar, 25 points, and Bill Peoples, 17 points, led Glendale.  
**JUNIATA VALLEY (89):** Price 6 0-0 17, Noel 6 3-4 15, Allison 4 0-0 10, Grissinger 2 2-2 8, Lowie 3 0-0 9, McDowell 2 0-0 6, McGinnis 2 2-4 6, McMullen 2 2-2 6, Peters 1 1-2 3, Bunker 1 0-0 2, Corbin 1 0-0 2, Hall 0 0-0 0, Boyd 0 0-0 0, Gilda 1 0-0 3. Totals — 30 10-14 89.  
**GLENDALE (63):** Shawn Krestar 9 2-2 25, Hollis 1 0-0 2, Kauffman 0 0-0 0, Laing 1 1-3 3, Yingling 0 0-0 0, Peoples 6 5-10 17, Lyons 2 1-1 5, Yeckley 0 0-0 0, Rydson 1 0-0 3, Shane Krestar 1 0-0 2, Morrison 1 4-4 6. Totals — 22 13-20 63.  
**SCORE BY QUARTERS**  
 Juniata Valley ..... 31 16 23 19 — 89  
 Glendale ..... 16 7 19 20 — 63  
 3-point goals: Juniata Valley 14 (Price 5, Allison 2, Grissinger 2, Lowie 3, McDowell 2, Gilda 1); Glendale 6 (Shawn Krestar 5, Rydson).  
 Records: Glendale (4-7 overall, 3-4 JVL).  
 JV: JV 57-52. High scorers — Shane Krestar, G, 16; Borst, JV, 20.

## January 9, 2003: Glendale 53 at Claysburg 63

**CLAYSBURG** — Ty Swindell and Brandon Gochnour combined for 33 points to lead Claysburg-Kimmel past Glendale, 63-53 in a Juniata Valley League boys' basketball game Thursday.

Swindell scored a game-high 18 points and grabbed 16 rebounds and Gochnour netted 15 points and had 12 steals.

Kiel Knisely and Josh Lingenfelter each chipped in 11 points for the Bulldogs.

Glendale received 16 points from Bill Peoples and 10 points from Mike Morrison.

**GLENDALE (53):** Shawn Krestar 3 1-2 9, Kauffman 2 0-0 6, Laing 1 2-2 4, Yingling 0 0-0 0, Peoples 3 10-12 16, Lyons 0 0-0 0, Yeckley 1 0-0 3, Shane Krestar 2 0-0 5, Morrison 4 0-0 10. Totals — 16 13-16 53.

**CLAYSBURG-KIMMEL (63):** Knisely 3 5-8 11, Mauk 0 2-4 2, Swindell 9 0-1 16, Pauckert 2 2-4 6, Lingenfelter 2 6-12 11, Gochnour 6 3-3 15, Woodring 0 0-0 0, Nale 0 0-2 0, Long 0 0-0 0, Halsey 0 0-0 0, Conley 0 0-0 0, Brown 0 0-0 0. Totals — 22 18-34 63.

**SCORE BY QUARTERS**  
 Glendale ..... 16 15 5 17 — 53  
 Claysburg-Kimmel ..... 9 15 19 20 — 63  
 3-point goals: Glendale 8 (Shawn Krestar 2, Kauffman 2, Yeckley, Shane Krestar, Morrison 2); Claysburg-Kimmel 1 (Lingenfelter).  
 Records: Glendale (4-5 overall); Claysburg-Kimmel (5-8 overall, 4-4 in the Juniata Valley League).  
 JV: Glendale, 57-40. High scorers — Shane Krestar, G, 24; Gary Long, CK, 16.

## January 13, 2003: Mt. Union 80 at Glendale 49

**Mount Union** ..... 80  
**Glendale** ..... 49

**FLINTON** — Isiah Helton scored 21 points and Earl Hollis followed with 19 points as Mount Union beat Glendale in a Juniata Valley League game.

Shawn Krestar paced Glendale with 14 points.

**MOUNT UNION (80):** House 7 0-0 15, Hollis 9 0-0 19, Puchalla 3 0-0 6, Price 6 0-0 15, Helton 10 0-0 21, Morgan 2 0-0 4, Sroka 0 0-0 0, Zook 0 0-0 0, Berger 0 0-0 0, Brown 0 0-0 0. Totals — 37 0-0 80.

**GLENDALE (49):** Krestar 4 5-6 14, Hollis 1 2-2 5, Laing 4 1-2 9, Kauffman 2 1-2 6, Yingling 0 0-0 0, Peoples 3 0-0 6, Lyons 3 0-0 7, Yeckley 0 0-0 0, Rydbom 1 0-0 2. Totals — 18 9-12 49.

**SCORE BY QUARTERS**  
 Mount Union ..... 23 18 17 22 — 80  
 Glendale ..... 14 10 11 14 — 49  
 3-point goals: Mount Union 6 (House, Hollis, Price 3, Helton); Glendale 5 (Krestar 2, Hollis, Kauffman, Lyons).  
 Records: Mount Union (13-1 overall); Glendale (4-9 overall, 3-6 JVL).  
 JV: Mount Union won.

## January 15, 2003: MoValley 53 at Glendale 59

**Glendale** ..... 59  
**Moshannon Valley** .. 53

**FLINTON** — Bill Peoples led Glendale with 18 points and 10 rebounds in a second-cycle Juniata Valley League win over Moshannon Valley.

Shawn Krestar tossed in 13, and Mark Lyons added 11 as the Vikings ran their record to 5-9.

Phil Keith paced the Knights with a game-high 21 points, while Steve Holencik contributed 16.

**MOSHANNON VALLEY (53):** Keith 4 11-12 21, Kaphert 1 0-0 2, Betella 1 1-2 4, Holencik 8 0-2 16, Stodart 2 0-0 6, Martin 2 0-0 4. Totals — 18 12-18 53.

**GLENDALE (59):** Krestar 4 4-4 13, Hollis 1 0-0 2, Kauffman 1 0-2 3, Laing 4 1-2 9, Yingling 0 0-0 0, Peoples 6 4-4 18, Lyons 4 2-4 11, Morrison 1 1-2 3. Totals — 21 12-18 59.

**SCORE BY QUARTERS**  
 Moshannon Valley ..... 10 16 7 20 — 53  
 Glendale ..... 14 14 20 11 — 59  
 3-point goals: Moshannon Valley 6 (Keith 2, Betella, Stodart 2); Glendale 3 (Krestar, Kauffman, Lyons).  
 Records: Moshannon Valley (5-10 overall; 0-1 second cycle); Glendale (5-9 overall; 1-0 second cycle).  
 JV: Glendale won.

## January 17, 2003: Glendale 56 at Williamsburg 72

**Williamsburg** ..... 72  
**Glendale** ..... 56

**WILLIAMSBURG** — George Lehman scored a game-high 26 points as Williamsburg tripped Glendale in a second-cycle Juniata Valley League game.

Dusty Prough added 16 points and Nate Cadle 15 — including five 3-pointers — for Williamsburg, which converted a total of 12 treys.

Williamsburg improved to 7-8 overall and 2-0 in the second cycle of the JVL.

Glendale (1-1 in second-cycle JVL play) got 17 points from Bill Peoples, 13 from Scott Laing and 10 from Mark Lyons.

**GLENDALE (56):** Shawn Krestar 1 2-2 4, Hollis 0 0-0 0, Kauffman 2 0-0 5, Laing 5 3-3 13, Peoples 8 1-1 17, Lyons 3 4-5 10, Shane Krestar 0 0-0 0, Thomas 0 0-0 0, Cherish 0 0-2 0, Ball 0 0-0 0, Morrison 3 0-0 7. Totals — 22 10-13 56.

**WILLIAMSBURG (72):** Prough 5 4-6 16, Jones 1 2-4 5, Cadle 5 0-1 15, Caffey 0 2-2 2, Lehman 10 3-4 26, Mattem 0 0-0 0, Landis 3 1-2 8. Totals — 24 12-19 72.

**SCORE BY QUARTERS**  
 Glendale ..... 11 12 18 15 — 56

Williamsburg ..... 14 22 16 20 — 72  
 3-point goals: Glendale 2 (Kauffman, Morrison); Williamsburg 12 (Landis, Jones, Prough 2, Lehman 3, Cadle 5).

Records: Glendale (1-1 in the Juniata Valley League second cycle); Williamsburg (7-8 overall, 2-0 in the Juniata Valley League second cycle).

JV: Williamsburg, 51-44. High scorers — Landis, W, 10; Shane Krestar, G, 15.

## January 20, 2003: Glendale 42 at Penns Valley 67

Krestar 4 1-1 9, Hollis 1 0-0 2, Kauffman 1 0-1 2, Laing 1 0-2 2,  
Yingling 1 0-0 2, Peoples 4 2-2 10, Lyons 1 2-2 4, Yeckley 0 2-2 2,  
Shane Krestar 1 0-0-2, Morrison 2 0-0 5 Totals: 15- 8- 11 42

Three Points: Morrison

### Score by Quarters

|              |    |    |   |        |
|--------------|----|----|---|--------|
| Glendale     | 9  | 10 | 9 | 14- 42 |
| Penns Valley | 24 | 22 | 6 | 15- 67 |

## January 22, 2003: Curwensville 44 at Glendale 51

### Curwensville-44

Gilbert 3 1-6 8, Michaels 8 2-4 19,  
McDonald 3 3-8 9, Palmer 1 0-0 3, Anderson  
2 0-0 4, Pentz 0 0-0 0, Orcutt 0 1-2 1. Totals:  
17 7-20 44.

### Glendale-51

Kauffman 1 2-5 4, Laing 5 2-2 12, Peoples 4  
2-4 10, Shawn Krestar 6 0-0 14, Morrison 3 0-0  
6, Lyons 1 3-6 5, Hollis 0 0-0 0, Yingling 0 0-0  
0. Totals: 20 9-17 51.

Three-pointers: Gilbert, Michaels,  
Palmer; Krestar 2.

### Score By Quarters

|              |    |    |    |       |
|--------------|----|----|----|-------|
| Curwensville | 15 | 7  | 8  | 14-44 |
| Glendale     | 9  | 10 | 16 | 6-51  |

## January 23, 2003: Bellwood 76 at Glendale 37

**BELLWOOD-ANTIS (76):** Shannon 5 0-0 12,  
Smith 3 0-0 8, Martin 1 0-0 3, Crider 4 0-0 8,  
Weland 1 0-0 2, Hughes 0 0-0 0, Greiner 2 0-0 4,  
Carlson 1 0-0 2, Myers 11 0-0 22, Rogers 2 1-2 5,  
DeGrosso 0 0-0 0, Bell 1 0-0 2. Totals -- 31 1-2  
76.

**LENDALE (37):** Shawn Krestar 5 2-2 13,  
Kauffman 2 0-0 6, Laing 1 0-0 2, Yingling 0 0-0 0,  
Peoples 3 1-2 7, Lyons 0 3-4 3, Yeckley 1 0-0 2,  
Shane Krestar 0 0-0 0, Thomas 0 0-0 3, D'Angell  
1 0-0 2, Cherish 0 0-0 0, Ball 0 0-0 0, Morrison 0  
2-2 2. Totals -- 13 8-10 37.

**SCORE BY QUARTERS**

|                |       |    |    |    |    |       |
|----------------|-------|----|----|----|----|-------|
| Bellwood-Antis | ..... | 24 | 18 | 24 | 10 | -- 76 |
| Glendale       | ..... | 4  | 10 | 11 | 11 | -- 37 |

3-point goals: Bellwood-Antis 5 (Shannon 2,  
Smith 2, Martin); Glendale 2 (Shawn Krestar,  
Kauffman).

Records: Bellwood-Antis (17-1 overall, 4-0 in  
the Juniata Valley League second cycle);  
Glendale (8-12 overall, 1-4 in the Juniata Valley  
League second cycle).

JV: Glendale, 60-51. High scorers -- Mark  
Yeckley, 18; Paul Greiner, BA, 17.



## January 27, 2003: West Branch 64 at Glendale 77

### West Branch—64

Gormont 4 0-0 11, S. Coble 13 2-3 28, P. Coble 5 0-2 10, McCracken 2 0-0 4, Clark 1 1-1 3, Bisko 2 4-5 8, Husted 0 0-0 0. Totals: 27 7-11 64.

### Glendale—77

Shawn Krestar 12 3-5 33, Hollis 0 0-2 0, Kaufman 3 0-0 7, Laing 1 0-0 2, Yingling 0 0-0 0, Peoples 5 1-2 11, Lyons 1 4-7 6, Yeckley 1 2-2 5, Shane Krestar 0 0-0 0, Thomas 0 1-2 1, D'Angeli 0 1-2 1, Cherish 0 0-1 0, Ball 0 0-0 0, Morrison 4 3-4 11. Totals: 27 15-27 77.

Three-pointers: Gormont 3; Shawn Krestar 6, Kaufman, Yeckley.

### Score by Quarters

|             |    |    |    |       |
|-------------|----|----|----|-------|
| West Branch | 15 | 15 | 14 | 19—64 |
| Glendale    | 16 | 18 | 23 | 20—77 |

## January 30, 2003: Southern Huntingdon 56 at Glendale 58

FLINTON — The Glendale boys' basketball team bounced back from an early five-point deficit to post a 58-56 victory over visiting Southern Huntingdon on Thursday night.

The Vikings trailed 18-13 at the end of the first quarter, but they cut the deficit to one point at intermission and made their move in the second half. Shawn Krestar led the winners with 21 points, while Mark Lyons had 17.

Glendale improved to 8-12 overall, 3-3 in the second cycle of the Juniata Valley League. Southern Huntingdon fell to 0-6 in the second cycle of the JVL.

In the junior varsity contest, Glendale dumped Southern Huntingdon, 59-39. Shane Krestar had 27 and Mark

Yeckley added 10 in the win.

Glendale visits Juniata Valley on Monday.

### Southern Huntingdon—56

Goshorn 1 0-0 2, Brown 3 0-0 7, Doyle 4 0-0 9, Yocum 7 4-4 22, Gracey 4 0-0 10, Traxler 1 0-0 3, Brown 0 0-0 0, Ramyer 0 0-0 0, Speck 1 0-0 2, Mauder 0 0-0 0, Hewitt 1 0-0 2. Totals: 22 4-4 56.

### Glendale—58

Shawn Krestar 8 2-2 21, Hollis 1 3-4 5, Kauffman 1 0-0 2, Yingling 0 0-0 0, Peoples 4 0-0 8, Lyons 5 7-8 17, Yeckley 0 0-0 0, Shane Krestar 0 0-0 0, Morrison 1 2-2 5. Totals: 20 14-16 58.

Three-pointers: Yocum 4, Gracey 2, Brown, Doyle, Traxler; Shawn Krestar 3, Morrison.

### Score by Quarters

|                     |    |    |   |       |
|---------------------|----|----|---|-------|
| Southern Huntingdon | 18 | 8  | 9 | 21—56 |
| Glendale            | 13 | 15 | 8 | 22—58 |

## February 4, 2003: Glendale 58 at Juniata Valley 85

### Glendale falls to JV

ALEXANDRIA — The Glendale High School boys' basketball team had its two-game winning streak snapped with an 85-58 loss at the hands of Juniata Valley on Monday night.

With the loss, the Vikes fell to 8-13 overall, 3-4 in the second cycle of the Juniata Valley League.

Bill Peoples led the Vikes with 15 points. Mike Morrison (14) and Shawn Krestar (12) also reached double figures in the loss.

In the junior varsity game, Juniata Valley downed Glendale,

67-62. Bill Peoples had 15 for the Vikes.

#### Glendale—58

Shawn Krestar 5 0-0 12, Hollis 3 0-0 6, Kaufman 1 0-0 3, Laing 2 2-2 6, Yingling 0 0-0 0, Peoples 7 1-4 15, Lyons 0 0-0 0, Yeckley 0 0-0 0, Shane Krestar 0 0-0 0, Thomas 0 0-0 0, Cherish 0 0-0 0, Ball 0 0-0 0, Morrison 4 4-4 14, Rydborn 0 0-0 0. Totals: 22 7-10 58.

#### Juniata Valley—85

Price 7 0-0 19, Noel 8 3-4 19, Allison 0 0-0 0, Grissinger 2 2-2 7, Lawfer 3 0-0 7, McDowell 5 3-4 18, McGinnis 0 0-0 0, McMullen 3 0-0 7, Petus 0 0-0 0, Bunker 0 1-2 1, Corbin 1 0-0 2, Hall 0 0-0 0, Borst 2 0-0 6. Totals: 31 9-12 85.

Three-pointers: Morrison 2, Shawn Krestar 2, Kaufman; Price 5, McDowell 5, Borst 2, Grissinger, Lawfer, McMullen.

#### Score by Quarters

|                |    |    |    |       |
|----------------|----|----|----|-------|
| Glendale       | 12 | 16 | 15 | 15—58 |
| Juniata Valley | 22 | 26 | 14 | 24—85 |

## February 7, 2003: Claysburg 65 at Glendale 52

By PHILIP CMOR  
Mirror Sports Staff

FLINTON — As Ty Swindell walked from the locker room across the Kitko Gymnasium floor to a waiting bus, Glendale boys' basketball coach Eric Nagel called to him.

"Mr. Swindell," Nagel began, then going on to compliment the Claysburg-Kimmel three-sport athlete.

It was appropriate for Nagel to use the title before Swindell's name. Just a junior, albeit a strapping 6-foot-4, 210-pound powerhouse of a junior, Swindell is every bit a man near the basket.

Swindell scored nine of his game-high 23 points in the fourth quarter to lead the Bulldogs past host Glendale, 65-52, in Juniata Valley League action Friday night and dampen the evening on which Viking guard Shawn Krestar scored his 1,000th career point.

Swindell scored seven points in the last 4:40, as a four-point Claysburg lead swelled to the final 13-point margin.

"When they came back, it was definitely crunch time there. We had pretty much controlled the first three quarters, and were hoping to in the fourth, but didn't," said Swindell, whose team had seen leads of 10 in the first quarter and 15 in the third melt away. "We made a few plays in the previous practices [which we went to down the stretch], and Coach (Tony) Garver just made some excellent sets for me. I was lucky enough to convert."

After scoring his team's first eight points, Swindell quieted down considerably until stepping up in a big way in the fourth quarter.

"Our philosophy since the first day of practice has been that we're going to establish a presence inside, and I think we've done that. There are times we get away from it, but, by and large, that's who we are," Garver said. "I think [in the fourth quarter], Ty just became more aggressive establishing position and give (the guards) a passing lane. He did a heck of a job."

Claysburg, which also got 11 points, nine rebounds and seven assists from Josh Lingenfelter and 11 points and four steals courtesy of Brandon Gochnour, improved to 10-13 overall and 3-5 in the second cycle of JVL play.

Glendale slipped to 8-14 overall and 3-5 in the cycle. The Vikings were forced to play essentially a four-guard alignment against a Bulldog team that goes 6-4, 6-4, 6-3 across the front line because 6-6 junior pivot

Bill Peoples was out with the flu.

The Vikings, though, twice rallied from double-digit deficits. They sliced 11 points off Claysburg's 15-point third quarter lead when Derek Kauffman hit a short jumper and Krestar followed with a steal and layin to make it 53-49 with 5:34 to play.

Glendale threatened to get closer, but Yeckley was called for a pushing foul while going after a loose ball in the Claysburg backcourt as the Bulldogs held a five-point edge. Swindell scored off a Bruce Woodring feed on the ensuing possession, and, as the Vikings rushed to get back into the game, Claysburg was able to pull away.

"We got back in the game because we played hard," Nagel said. "Why weren't we able to get over the hump? We made some mistakes down the stretch, some young mistakes that hopefully won't be there next year."

The Vikings only have three seniors on the roster. One of them, though, is Krestar, the sweet-shooting 6-0 guard who needed 15 points coming in to reach the milestone. After being held scoreless through nearly the first 10 minutes, Krestar found his rhythm and reached the magic number on a 3-pointer from the corner with 2:45 left in the third quarter. He finished with 22 points and six rebounds.

"I'm sure he was a little nervous coming in. He definitely wanted to do it in front of the home crowd. Thankfully, he did," Nagel said. "But, knowing Shawn, I know he's upset about the loss. It's kind of a bitersweet thing for him."

For Garver, there was nothing bitersweet about the win. After going through a rough stretch a couple of weeks ago, the Bulldogs are back on track to posting one of their best records in recent years.

"We're learning how to win," Garver said. "It's an ongoing process."

Ironically, Claysburg's past struggles have provided one of the big reasons the Bulldogs are enjoying a better than average year. And it was a big reason why they won last night.

CLAYSBURG-KIMMEL (65): Gochnour 4 1-5 11, Lingenfelter 4 2-3 11, Woodring 4 0-0 9, Mauk 1 1-2 3, Swindell 11 1-2 23, Peuckert 3 0-1 6, Krisely 1 0-0 2, Nale 0 0-0 0, Long 0 0-0 0. Totals - 28 5-13 65.

GLENDALE (52): Kauffman 2 1-2 6, Shawn Krestar 7 4-5 22, Morrison 2 2-3 6, Yingling 0 0-0 0, Laing 2 1-2 5, Lyons 1 4-5 6, Yeckley 2 2-2 7, Shane Krestar 0 0-0 0. Totals - 16 14-19 52.

#### SCORE BY QUARTERS

|                  |    |    |    |         |
|------------------|----|----|----|---------|
| Claysburg-Kimmel | 15 | 16 | 16 | 18 — 65 |
| Glendale         | 12 | 16 | 13 | 11 — 52 |

3-point goals: Claysburg-Kimmel 4 (Gochnour 2, Lingenfelter, Woodring); Glendale 6 (Shawn Krestar 4, Kauffman, Yeckley).

Team records: Claysburg-Kimmel (10-13); 3-5 JVL second cycle; Glendale (6-14); 3-5 JVL second cycle).

Officials: Gene Parker, Todd Parker, Tim Hite.  
JV: Glendale, 52-37, High scorers-Shane Krestar, G. 19; Gary Long, CK, 12.

## February 10, 2003: Glendale 55 at Mt. Union 96

### Glendale loses at Mt. Union

MOUNT UNION — Glendale fell behind early and couldn't catch up, falling 96-55 to host Mount Union on Monday evening.

Mike Morrison led the Vikings with 12 points, while Scott Laing chipped in with 11 points and Shawn Krestar added 10.

Mount Union's Justin Price had 28 points to lead all scorers. Jared House had 24 points, while Earl Hollis notched 23 points. Danny Puchalla also had a double-digit night with 12 points.

With the victory, the Trojans claimed the Juniata Valley League title with a 9-0 second cycle record.

Glendale fell to 8-15 overall and 3-6 in the second cycle of the JVL.

The Vikings travel to Harmony on Wednesday evening.

Glendale won the junior varsity game, 49-29. Mark Yeckley had 16 points for the Vikes, while Mark Lyons added 14.

### Glendale—55

Shawn Krestar 4 0-2 10, Kaufman 1 0-0 2, Laing 5 1-1 11, Yingling 3 0-0 6, Peoples 1 0-2 3, Lyons 1 4-4 6, Yeckley 1 0-0 2, Shane Krestar 1 0-0 3, Thomas 0 0-0 0, Cherish 0 0-0 0, Ball 0 0-0 0, Morrison 6 0-0 12. Totals: 23 5-9 55.

### Mount Union—96

House 9 0-0 24, Hollis 11 1-1 23, Puchalla 6 0-0 12, Price 10 3-3 28, Helton 2 0-0 4, Morgan 1 3-3 5, Sroka 0 0-0 0, Zook 0 0-0 0, Brown 0 0-0 0, Barger 0 0-0 0, Grove 0 0-0 0. Totals: 39 7-7 96.

Three-pointers: Shawn Krestar 2, Peoples, Shane Krestar; House 6, Price 5.

### Score by Quarters

|             |    |    |    |       |
|-------------|----|----|----|-------|
| Glendale    | 16 | 18 | 12 | 9—55  |
| Mount Union | 32 | 24 | 17 | 23—96 |

## February 13, 2003: Glendale 39 at Harmony 58

### Glendale—39

Sw. Krestar 4 4-4 13, Kauffman 2 0-0 5, Peoples 2 0-0 4, Hollis 1 0-2 2, Lyons 2 0-0 5, Morrison 2 0-0 5, Yeckley 0 0-0 0, Laing 1 1-2 3, Sh. Krestar 0 0-0 0, Rydborn 0 0-0 0, Thomas 0 0-0 0, Cherish 1 0-0 2, Ball 0 0-0 0. Totals: 15 5-8 39.

### Harmony—58

Spaid 3 5-6 11, Romagna 4 2-3 10, Hagens 3 2-3 8, D. Rorabaugh 6 2-2 14, S. Rorabaugh 4 2-2 10, Gee 1 0-2 2, C. Rorabaugh 0 0-0 0, Neff 1 0-2 3, Pearce 0 0-0 0, Bakaysa 0 0-0 0, Griffin 0 0-0 0, Westover 0 0-0 0. Totals: 22 13-20 58.

Three-pointers: Sw. Krestar, Kauffman, Lyons, Morrison; Neff.

### Score By Quarters

|          |    |    |    |       |
|----------|----|----|----|-------|
| Glendale | 8  | 10 | 10 | 11—39 |
| Harmony  | 16 | 8  | 12 | 22—58 |

# February 19, 2003: Glendale 56 vs Conemaugh Valley 87 (District 6)

## Glendale—56

Krestar 7 3-4 22, Hollis 1 0-0 2, Kauffman 3 0-0 7, Laing 3 1-2 7, Yingling 0 1-2 1, Peoples 4 5-8 13, Lyons 0 2-2 2, Yeckley 0 0-0 0, Morrison 0 2-2 2; Totals: 18 14-20 56.

## Conemaugh Valley—87

Studer 12 3-4 29, Preuss 5 1-2 11, Lupek 10 0-0 20, Roberts 1 5-8 7, Williams 1 0-0 2, Ribblett 8 0-0 16, L. Marshall 0 0-0 0, S. Marshall 0 0-0 0, Turner 1 0-0 2, Emmel 0 0-0 0. Totals - 38 9-14 87.

Three-pointers: Krestar 5, Kauffman; Studer 2.

## Score by Quarters

|                  |    |    |    |       |
|------------------|----|----|----|-------|
| Glendale         | 16 | 6  | 17 | 17—56 |
| Conemaugh Valley | 16 | 17 | 26 | 28—87 |

# Area athletes honored at annual JVL banquet

By Jaclyn Yingling  
Sports Writer

**LAKEMONT** — Five area athletes were honored at the 2003 Juniata Valley League All-Star basketball banquet at The Casino in Lakemont on Monday.

Moshannon Valley's Steve Holencik was named the JVL boys' scoring champion. Holencik averaged 18.9 points per game this season with 341 total points. The junior was also named as a second team all-star selection.

Holencik's teammate Luke Martin was named as an honorable mention. Martin was the only sophomore named to this season's team.

Glendale's leading scorer, Shawn Krestar, was named to the second team, while teammate Bill Peoples was an honorable mention.

Mount Union scored three first team members with Earl Hollis, who was also named the 2003 Outstanding Player, Justin Price and Jared House. Joining them on the first team were Bellwood-Antis' Ryan Myers and Steve Crider and Penns Valley's Carl Anderson.

Trojan head coach Joe Komir was named coach of the year. Both Komir and his team will be honored at the team banquet on March 26.

Bellwood-Antis senior Ricky Shannon was honored as Defensive Player of the Year,

while Zack Jones, a senior from Williamsburg, received the Good Sportsmanship Award.

On the girls' side, Damsel senior Trisha Martin was honored with a selection to the third team.

Juniata Valley sophomore Claudia McDowell was honored as the JVL's 2003 scoring champ. McDowell averaged 18.3 points per game this season with 329 total points.

Penns Valley sophomore Katrina Greer was named the Outstanding Player, while teammate Kari Lucas was tabbed as the Defensive Player of the Year. Mount Union's Gabrielle Benson received the Good Sportsmanship Award.

McDowell, Greer and Benson were all also named to the first team as were Penns Valley's Brandie O'Hara, Bellwood-Antis' Katie Gardner and Williamsburg's Ashley Severa.

Penns Valley head coach Karen McCaffrey was named Coach of the Year. Both McCaffrey and the Lady Rams will be honored at the team banquet.

Also honored at the banquet were District 6 Class AA boys' champion Bellwood-Antis and the Juniata Valley girls' team for making the playoffs as well as the Trojans and Lady Rams.

All honorees received a plaque or certificate, which was presented by Juniata Valley League President Pat Pino.

## Moshannon Valley League

|                  |     |
|------------------|-----|
| *Harmony         | 7-1 |
| Curwensville     | 5-3 |
| Moshannon Valley | 4-4 |
| Glendale         | 4-4 |
| West Branch      | 0-8 |
| *League champion |     |

| Name                | Glendale (8-17) |            |            |             |             |
|---------------------|-----------------|------------|------------|-------------|-------------|
|                     | G               | FG         | FT         | P           | AVG         |
| Krestar, Shawn      | 25              | 132        | 65         | 386         | 15.4        |
| Peoples             | 23              | 114        | 59         | 288         | 12.5        |
| Morrison            | 22              | 56         | 34         | 160         | 7.3         |
| Laing               | 24              | 58         | 31         | 143         | 6.0         |
| Lyons               | 25              | 37         | 56         | 136         | 5.4         |
| Kauffman            | 25              | 42         | 8          | 110         | 4.4         |
| Hollis              | 22              | 16         | 10         | 43          | 2.0         |
| Yeckley             | 18              | 7          | 11         | 28          | 1.6         |
| Krestar, Shane      | 18              | 7          | 2          | 19          | 1.1         |
| D'Angeli            | 5               | 1          | 1          | 3           | 0.6         |
| Yingling            | 23              | 5          | 1          | 12          | 0.5         |
| Thomas              | 10              | 2          | 1          | 5           | 0.5         |
| Rydbom              | 9               | 2          | 0          | 5           | 0.5         |
| Cherish             | 8               | 1          | 0          | 2           | 0.3         |
| Ball                | 7               | 0          | 0          | 0           | 0.0         |
| <b>Team Totals:</b> | <b>25</b>       | <b>478</b> | <b>289</b> | <b>1341</b> | <b>53.6</b> |

Three pointers: Shawn Krestar 57, Kauffman 18, Morrison 14, Lyons 6, Yeckley 3, Shane Krestar 3, Peoples 1, Hollis 1, Yingling 1, Rydbom 1.

Shawn Krestar, Senior, Glendale — The Vikings' senior finished his career in style, scoring 386 points for a 15.4 points per game average. Krestar was deadly from behind the arc, leading Progressland in three-pointers made with 57. He became Progressland's newest edition to the 1,000-point club on Feb. 7, scoring 22 points versus Claysburg-Kimmel. Krestar finished his career with 1,052 points.

# Progressland Boys' Basketball 2002-2003 Honor Roll

## First Team

|                |                     |        |
|----------------|---------------------|--------|
| Sam Blake      | Philipsburg-Osceola | Senior |
| Steve Holencik | Moshannon Valley    | Junior |
| Shawn Krestar  | Glendale            | Senior |
| Mike LaFuria   | Philipsburg-Osceola | Junior |
| Jeremy Potter  | Philipsburg-Osceola | Junior |
| Ryan Watson    | Philipsburg-Osceola | Junior |

## Second Team

|                |                  |           |
|----------------|------------------|-----------|
| Jon Anderson   | Curwensville     | Senior    |
| Sean Coble     | West Branch      | Sophomore |
| Eric Goodlin   | Purchase Line    | Sophomore |
| Brian Gormont  | West Branch      | Junior    |
| Josh Hagens    | Harmony          | Senior    |
| Luke Martin    | Moshannon Valley | Sophomore |
| Jordan McQuown | Purchase Line    | Senior    |
| Bill Peoples   | Glendale         | Junior    |

## Team Offense

|               | G  | Pts  | Avg  |
|---------------|----|------|------|
| P-O           | 24 | 1474 | 61.4 |
| Mo Valley     | 25 | 1477 | 59.1 |
| Purchase Line | 24 | 1390 | 57.9 |
| Harmony       | 25 | 1409 | 56.4 |
| Glendale      | 25 | 1341 | 53.6 |
| Curwensville  | 26 | 1336 | 51.4 |
| West Branch   | 24 | 1227 | 51.1 |
| Clearfield    | 24 | 1002 | 41.8 |

## Team Defense

|               | G  | Pts  | Avg  |
|---------------|----|------|------|
| Harmony       | 25 | 1240 | 49.6 |
| Curwensville  | 26 | 1445 | 55.6 |
| Clearfield    | 24 | 1336 | 55.7 |
| P-O           | 24 | 1476 | 61.5 |
| Purchase Line | 24 | 1500 | 62.5 |
| Mo Valley     | 25 | 1575 | 63.0 |
| Glendale      | 25 | 1649 | 65.9 |
| West Branch   | 24 | 1728 | 72.0 |

| <b>Players</b>     | <b>Points</b> | <b>Three's</b> |
|--------------------|---------------|----------------|
| Shawn Krestar      | 386           | 57             |
| Bill Peoples       | 264           | 1              |
| Mike Morrison      | 151           | 13             |
| Scott Laing        | 143           | 0              |
| Mark Lyons         | 134           | 5              |
| Derek Kauffman     | 110           | 14             |
| Kevin Hollis       | 43            | 1              |
| Mark Yeckley       | 28            | 3              |
| Shane Krestar      | 19            | 3              |
| Christian Yingling | 12            | 1              |
| Colt Thomas        | 7             | 0              |
| Adam Rydbom        | 5             | 1              |
| Jay D`Angeli       | 3             | 0              |
| Caleb Cherish      | 2             | 0              |
| Rich Ball          | 1             | 0              |