



2022-2023 Sport Signups & Physical Examinations



Online registration through PlanetHS/Student Central (www.planeths.com) or click on the Online Registration button on www.ovlynx.org) will be utilized to complete both the signup process and also to submit PIAA Physical Packets (CIPPE Forms) for the 2022-2023 school year. Paper copies of the required forms will not be accepted, as we need all information in the computer system which allows easier access to emergency contact information and also allows our staff to send important messages to students and parents throughout the school year. Students who plan on participating in a co-op sport at another school should still submit all electronic forms to Oley Valley and we will make sure that the host school receives all necessary copies. All students who plan on playing a sport during the 2022-2023 school year must follow the steps listed below to both sign up and submit all required forms. This includes Fall, Winter and Spring sports. **While students will be able to change which sports they sign up for throughout the school year as needed, we are asking all students to complete the signup process by June 30, 2022, which will allow us to better communicate with each team in advance of every season. If a student is even considering participating at this time, they should sign up now. At the very least, please make sure you complete the Section 1 form now along with checking which sports you may participate in during the 2022-2023 school year.**

All students are encouraged to obtain a sports physical from their primary care physician. However, we know that depending on insurance timelines, that you may not always be able to get the sports physical from your primary care physician. If you are not able to have the physical completed by your PCP, you may be able to take advantage of our partnership with St. Luke's Health Network. St. Luke's will allow Oley Valley students to attend free sport physicals that are scheduled at neighboring schools and facilities. For more information on sport physicals through St. Luke's, including signup links, please visit the athletic website (www.ovlynx.org) and click on the 2022-23 registration tab. The Fall St. Luke's physical dates that Oley Valley students can attend are on June 1st and June 2nd, and the registration for these sport physicals are on a first-come-first-serve basis. Additional physical dates will be scheduled before the Winter and Spring sport seasons.

ALL SPORT PHYSICALS FOR THE 2022-23 SCHOOL YEAR MUST BE AUTHORIZED AFTER JUNE 1, 2022! If you are unable to attain a sports physical from your family physician or attend one of the St. Luke's sports physicals, you can also have the sports physical performed by most Urgent Care facilities, including at the St. Luke's Hamburg Care Now Office, at a reduced out-of-pocket cost. Please note that the PIAA physical form (Section 7) must be completed by a physician and we cannot accept any other physical exam form other than the approved PIAA Section 7 form.

If you have any questions about the online registration and submission process or need help in completing the online forms, please contact the Athletic Office. Appointments can be scheduled to complete the online forms in-person in the Athletic Office, but both the student and the parent will need to be present in order to complete the process during an Athletic Office appointment.

Checklist

For upcoming 7th grade students and/or students who did not yet play a sport at OVSD: Follow the directions on the PlanetHS/Student Central Getting Started Guide to create a new account. A link to access these directions can be found on the athletic website under 22-23 Registration. All upcoming 7th grade and new student accounts have already been created and must use their student ID and/or school-assigned email address to log in with the initial password being "bigteams". Once the new student signs in using their credentials, they will be able to invite a parent to create and link the parent account as well as change their password.

PLEASE MAKE SURE THAT WHEN YOU CREATE YOUR ACCOUNT AND/OR SIGN IN USING YOUR STUDENT ID, THAT YOU SELECT THE CORRECT SCHOOL – STUDENTS IN GRADES 7-8 SHOULD SELECT OLEY VALLEY MIDDLE SCHOOL AND STUDENTS IN GRADES 9-12 SHOULD SELECT OLEY VALLEY HIGH SCHOOL. Once the student account and the newly created parent account are made and linked, follow the directions listed below for returning users.

For students and parents who already have a PlanetHS account:

Both the student and parent will need to log in to your account by visiting www.planeths.com or clicking on the Online Registration button on the athletic website (www.ovlynx.org). **PLEASE DO NOT CREATE A NEW ACCOUNT IF YOU ALREADY HAVE AN ACCOUNT FROM A PREVIOUS SCHOOL YEAR.** If you are not able to access your account or reset your credentials, please contact the Athletic Office for help on resetting your account. Creating duplicate accounts will create issues and may delay your child being able to start their season on time. Returning students can also use their student ID number along with the password they set when they created their account to log into the system. Please note that if you wish to have multiple parents or guardians receive messages sent through the PlanetHS platform, you should create separate parent/guardian accounts for each parent/guardian and then link them to the student's account by using the "Linked Accounts" menu on the right side of the screen when you log in to your account.

After logging in to your account please confirm all settings by using the menu on the left side:

-Account: Make sure that the student's school is listed correctly on both the parent and student accounts (Oley Valley Middle School or Oley Valley High School). Incoming 9th grade students and parents will need to change their selected school and add the High School and remove the Middle School from their account settings. Parents with students at both the MS and HS will need to make sure both schools are selected.

-Notifications: Make sure that you have selected to receive notifications (preferably both text and email). Notifications are defaulted to be turned on, and if you turn them off you may not receive important information that is sent out throughout the school year by the coaches and/or athletic staff members, including the notifications that are sent when all forms have been submitted and approved.

-Linked Accounts – use this area if you wish to have more than 1 parent or guardian linked to a student account, which will then send messages and notifications to any additional parent/guardian who is linked to the student account.

-Sports and Activities – please check any and all sports that your child may participate in for the 2022-23 school year. If your child changes their mind during the school year all you have to do is log back into your account and uncheck or check the appropriate sport box to add or remove your child from that team list.

-Emergency Contact – please make sure that this information is updated with current information for all emergency contacts for your child.

**If at any time you need to adjust your account settings, you can access the settings by clicking on your name in the upper right hand corner of the screen and then select "Settings". You can also change the selected language to complete the forms in by clicking on the same menu under your name and selecting the google link of "Select Language".*

After confirming all settings listed in the step above, click on the "Athletic Forms" tab on the top of the page and start to complete all forms including:

PIAA Personal & Emergency Information (Section 1), PIAA Certification of Parent/Guardian (Section 2), PIAA Concussion Form (Section 3), PIAA Cardiac Awareness Form (Section 4), COVID-19 Acknowledgement & Release (Section 5), PIAA Pre-Participation History Form (Section 6), PIAA Physical Exam Form (Section 7 – doctor completed), OVSD Student-Athlete Code of Responsibility, OVSD Athletic Participation Form, St. Luke's Consent to Treat Form, and the St. Luke's HIPAA Privacy Authorization Form.

-When completing most of the forms, you can click on the "Print/Re-Use Version Here" at the top of each form and then select to re-use your information from the previous year. If using the "Re-Use Version" feature, please make sure that all information recalled is still correct before submitting each form, including all "Grade" fields listing the correct grade level for the 2022-2023 school year.

-When you click "Sign & Submit Form" a popup screen will appear that asks you if you want to move on to the next section/form. If you skip any of the sections/forms you may have to manually move to the next form by returning to the Athletic Forms list and clicking on the additional forms that were not yet completed.

Physical Exam (Section 7): Once all forms are completed, print the PIAA Pre-Participation History Form (Section 6) and the PIAA Physical Exam Form (Section 7) and take it to your family doctor or bring it with you to the St. Luke's school sport physicals. The easiest way to print these 2 sections is to complete Section 6 and then click on the "Print Version Here" link that is towards the top of the Section 6 page. That will then print both Section 6 and a blank Section 7. If you are not able to print these 2 pages, please contact the athletic office to print them for you. The doctor will need to complete the Section 7 Physical Exam Form and then you will need to upload the form to your account (can scan it or take a picture of it and upload the picture). The Section 7 upload link will become active on June 1st – it will not appear on the forms list before this date. The physical exam must be certified/dated after June 1, 2022 – NO EXCEPTIONS CAN BE MADE TO THIS CERTIFICATION DATE! Also any student who is prescribed an Asthma inhaler must have a completed Asthma Action Plan on file each year. The AAP form for inhaler use can be found on the athletic website under "22-23 Registration" and should be returned before the start of the season to the Athletic Office or School Nurse.

Completed Forms due dates for Fall, Winter & Spring Seasons:

- Fall – Friday, August 5, 2022

- Winter – Friday, November 11, 2022

- Spring – Friday, February 24, 2023

-Students will not be cleared to play until all forms are completed on PlanetHS. If you cannot submit all forms before each season's due date, please contact the athletic office to make alternative arrangements. It is critical that we have all forms submitted before the first day of each season. *Any student submitting the required forms after the due date will not be cleared to participate for 24-72 hours after submission of the completed CIPPE forms so that all records can be reviewed with our athletic training staff/coaches.*

-Students who participate in multiple seasons will need to complete a Re-Certification Form on PlanetHS before the start of any subsequent season. More information on the Re-Certification Forms will be sent before the Winter and Spring seasons.

Schedule Change Alerts: If you have not done so in previous years, sign up for a Fan Central account on the Athletic Website (www.ovlynx.org). If you do already have an account, please make sure you update which teams you would like to receive schedule change notifications for the 2022-2023 school year. Directions on how to create an account on the www.ovlynx.org website can be found at the end of this memo. **Please note that Fan accounts on the athletic website that send schedule change notifications are different from your PlanetHS account which is only used for registration and sending team messages (PlanetHS is not able to be used to send automatic schedule change notifications).*

Questions about sign-ups or sport physicals should be directed to the Athletic Office at 610-987-4111.

First practice dates for the 2022-2023 school year:
Fall – High School (Football & Golf) – August 8, 2022
Fall – High School (All other sports) – August 15, 2022
Fall – Middle School – August 23, 2022
Winter – High School – November 18, 2022
Winter – Middle School – November 29, 2022
Spring – High School – March 6, 2023
Spring – Middle School – March 13 - 2023

Tentative 2022-2023 game schedules are available on the athletic website at www.ovlynx.org and tentative practice schedules will be posted a week before the start of each season. Due to other school events/conflicts and weather, all schedules are subject to change throughout the summer and in-season.

ATHLETIC WEBSITE & SCHEDULE CHANGE NOTIFICATIONS: WWW.OVLYNX.ORG

All parents are asked to sign-up on the Athletic Website for a parent/fan account. By doing so you will be able to receive text and/or email alerts in-season when practices and contests are postponed or canceled. Be the first to find out about in-season schedule changes by creating your own parent/fan account today!

***Please note that the fan account/schedule notifications are different than your PlanetHS/Student Central accounts. In order to receive the schedule change alerts, you must have an active fan account on the athletic website.*

Directions for creating a parent/fan account:

- 1 – Visit www.ovlynx.org
- 2 – Click on the “SCHEDULE CHANGE ALERTS” link found on the top navigation menu (under MORE, ATHLETIC RESOURCES, SCHEDULE CHANGE ALERTS)
- 3 – Click on the “Create New Fan Account” link which will create your Fan Central account. *If you already have an account and just need to update which teams you want notifications for during the 2022-2023 school year you can login to your existing Fan Central account on this page.
- 4 – Complete all required fields to create your account. Once your account is created you will be re-directed to the Fan Central Dashboard page.
- 5 – Click on the “MY FAVORITES/ALERTS” link found on the top navigation menu of the Fan Dashboard. First click on “ADD A SCHOOL” and search/select “OLEY VALLEY”. Next click on “ADD A TEAM” and select the Sport, Level and Gender for the team in which you wish to get schedule change notifications and/or any email announcements from the Athletic Office for the 2022-2023 school year. You can repeat this step for as many teams as you wish to subscribe to, but please note that you will stay subscribed to those team alerts until you would modify your account to remove your selected teams. Return to the “Favorites” tab to remove any teams that you no longer wish to be subscribed to for the 2022-2023 school year. Please note that only the Sports/Levels/Genders listed below are used for the team schedules found on www.ovlynx.org.
- 6 – Click on the “Alerts” tab which is found under the Favorites/Alerts menu. Your selected favorite teams will appear on this screen and you can select the check boxes for if you want Schedule Changes and/or Scores and Stats notifications (please note that we do not use the score/stats reporting and alerts).
- 7 – Finally click on the “Alert Settings” tab which is found under the Favorites/Alerts menu. This is where you will put an email address and/or a cell phone number if you wish to get any alerts via email and/or text messages. As long as you have team alerts selected on the Alerts tab, you will then get schedule change notifications for those selected teams to the email address and/or cell phone number that you list on your Alert Settings.

***Sports/Levels/Genders that will be used for team schedules for the 2022-2023 school year:**

Sport	Level	Gender	Sport	Level	Gender	Sport	Level	Gender
Baseball	High School	Boys	Cheerleading	Middle School	Coed	Soccer	Middle School	Girls
Baseball	Junior Varsity	Boys	Cross Country	High School	Coed	Softball	High School	Girls
Baseball	MSA	Boys	Cross Country	Middle School	Coed	Softball	Junior Varsity	Girls
Baseball	MSB	Boys	Field Hockey	High School	Girls	Softball	MSA	Girls
Basketball	High School	Boys	Field Hockey	Middle School	Girls	Softball	MSB	Girls
Basketball	Middle School	Boys	Golf	High School	Coed	Track & Field	High School	Coed
Basketball	High School	Girls	Golf	Junior Varsity	Coed	Track & Field	Middle School	Coed
Basketball	Middle School	Girls	Soccer	High School	Boys	Wrestling	High School	Boys
Bowling	High School	Coed	Soccer	Middle School	Boys	Wrestling	Middle School	Boys
Cheerleading	High School	Coed	Soccer	High School	Girls			

**Coop Sports should be registered for schedule alert notifications using the Host School Name and Sport/Level/Gender used by the host school.*