

Trojan Boys Cross Country

Team Newsletter #13

Week of November 9, 2020

Last Week...

Whooooosh! Just like that and the season is over. We started this adventure (this has certainly seemed like one, right?!) on June 15 and each day we met truly seemed like a gift. The fact that we were able to actually get a complete season in was a gift. You could sense this over the weekend at the State Finals when talking with other coaches, athletes, and officials. People were just happy that the kids were able to have a season.

We all know of the ups and downs that we all have endured since June. The constant in all of this has been the kids and their willingness to embrace the challenges and “roll” with the changes, stay positive and supportive of each other, and to just keep showing up. These guys are a team. A true team. As their parents, you have much to be proud of. Thank you for sharing your boys with us and trusting us with them.

Later in the newsletter you will find the date of our season ending celebration. As you will see (this was also in last week’s newsletter) this will be a coach/athlete event only. I plan to have it recorded as well so that you may view it at your leisure.

Parents, again, thank you. Thank you for your support. This has been a trying season but knowing that you were behind us, has made it much easier. Now, on to the winter training, track and Cross Country 2021!!

State Finals

Trojan Tradition was alive at this past weekend’s State Finals. The boys ran a very strong race in warm conditions. We executed our race plan very well and ended up 6th. There is a story behind this race, as we were 3rd at the 3 mile mark. Matt ran a heck of a race, but suffered some type of issue and struggled across the line. He ended up in the ambulance for an hour, but was able to ride the bus with us home. The story is how his 6 teammates supported him after. Their only concern was his health and well being. Joe led the team in a prayer for healing and when we found he was ok and able to ride the bus with us, there was quite a celebration. This is what our team is about. We celebrate each other when we do well and pick each other up when one of us is down. Trojan Pride.

The race..... What a showing. Drew and Luke earned All-State honors with their races. Drew’s 13 place finish earned him his 3rd All-State honor in cross country. There are not many Division 1 runners who have accomplished this feat. Luke earned his first All-State honor with his 18th place finish. Joe and Micah were the 6th and 7th fastest 10th graders on the day. Though we are losing 3 seniors out of our top 7, the future is very bright for Trojan Cross

Country. The team atmosphere and chemistry created by this group is one we want to continue.

Team Meeting

We will meet as an entire team on **TUESDAY, NOVEMBER 10 at 3:30**. Normal place. Bring your jersey's and mileage logs TOTALED.

Winter Track

Many have been asking about Winter Track. We will discuss at our team meeting. Also, Coach Lober will have an organizational meeting in December.

Power Hour Thank You-- PLEASE MAKE SURE THAT YOU HAVE TAKEN CARE OF THIS.

All boys have received a thank you letter that they are to personalize and deliver to each of their "pledgers". This was given out last week. Please get this done. Thank you!

Also, we will be presenting the incentive prizes. The school closure put a damper on our Intrasquad race and the planned "ceremony" to award the prizes. We will do it when we get together to celebrate our season.

End of Season

We have a group of boys who are continuing to run each day after school. It is great to see this group of freshmen building their base and running with each other. Let's get some other guys out there!! Continue to log your miles for our mileage club. November 7 is the last day for your season miles to count.

End of Season Celebration

We will celebrate our season on THURSDAY, DECEMBER 3 at 6:30 p.m. in the auditorium. We have been asked to have this as an athlete only event. I will work on having it recorded. More information as we get closer.

I apologize about the changes in date, but I have an opportunity to go out to a race in Maryland that my son is racing in. He has asked dad to "crew" for him while he competes in the JFK 50 mile race--thus the change to the week after Thanksgiving.

GO TROJANS!

Coach Burns