# Welcome to the 2019-2020 STA Bowling Meeting 

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## Requirements to tryout:

1. Current and completed physical (per school year)
2. Code of Conduct Awareness form signed by player and parent (per school year)
3. Failed no more than 1 class previous trimester and currently (weekly checks).
4. No outstanding fines.

Forms for items \#1 \& \#2 are found both in the office and Athletics Department website
Complete all 4 items and turn all forms to Mrs. McNees in high school office. You will receive the tryout card a colored piece of paper.

BRING THE COLORED PAPER ONLY TO TRYOUTS, Otherwise, you will be asked to leave that day's tryouts.

Why is Code of Conduct important? Bowling is different from most sports in that all schools in the league compete together! At the varsity level, the girls and boys bowl the same school next to each other with the girls bowling on the left pair, boys on the right pair. Each student represents the school both on and off the lanes.

## E. SPORTSMANSHIP/CONDUCT UNBECOMING STUDENTS PARTICIPATING IN OR AT EXTRA-CURRICULAR ACTIVITIES

This would include any behavior which is deemed unbecoming, illegal, or which brings discredit to their group or team and/or school.

Enforcement of this section will take place year round on or off school grounds and outside of regular school functions.

Failure to Comply - Codes II, III, IV, V, VI, VII, VIII
Bowling Centers we visit: Skore Lanes (Taylor, Lincoln Park), Ten Pins of Trenton (Carlson \& Trenton), Thunderbowl (Allen Park \& Edsel Ford), Woodhaven Lanes (Southgate, Woodhaven \& Wyandot).

Fundraising - Family Fun Night \& Chocolate Sales Team's Costs - Hosting fees, Jerseys, Tournaments, Special practice sessions

## Tryout Week all here at Woodhaven Lanes:

Mon Nov. 18, 6:00pm - 8:00pm: 4 Games Minimum - All Bowlers
Tues Nov. 19, 6:00pm - 8:00pm: 4 Games Minimum - All Bowlers
Wed Nov. 20, 3:30pm - 5:30pm: 3 Games Minimum - First Time Bowlers with STA
Criteria for making the team (in order of importance):
Grades, Sportsmanship, Overall Score, Spare Shooting Ability
Team will be posted Friday, November 22 on office window.
Monday, December 9 is our first match. We do not have much time to prepare!
League format: Two team baker games and two standard team games per match for a total of 30 points. First team to $151 / 2$ points earns the victory.

| Baker Games (4pts each) | Team Games (4pts each) <br> Individual Points (1pt each) |
| :--- | :--- |
| Baker Totals (2 pts) | Team Totals (2 pts each) |
| 10 pts Total | 20 pts Total |

* Individual points are earned by having a higher score than your opponent. All ties split available points

Our practice sessions will focus on creating solid fundamentals of the game. This directly translates into confidence which you will bring into match play. Some of the fundamentals we will work on are:

- How to calculate your score \& your opponent's score. Why?
- Single-pin spares - Where to stand \& why
- Adjusting your target - Feet and Eyes and how they influence your game
- Equipment - Complex amount of variation available to match your game

Some of the fun things we do in practice are:

- Baker Games
- Low Score
- Scotch Doubles Spare Shooting

Dress Code: Black slacks (with internal pockets - no yoga pants or jeans), collared shirt until team shirt arrives.

Visibility in centers: While in competition, only the bowler and on-deck bowler can be standing. All others must be seated as long as seating is provided.

We will carry up to 15 athletes each for boys and girls teams! Please tell your friends and have them follow the steps on the first page!

Bowling is fun! High school bowling helps prepare you to bowl at the college level and adult leagues/tournaments along with some quality life lessons!

Parent Meeting will be held on Dec 2 @ 6:30pm, Woodhaven Lanes

## Information Sources

Remind101 Signup: Send a text message "@stava" to 81010
Facebook Group Page: Southgate Anderson Varsity Bowling

