

SOUTH LYON GIRLS SWIMMING & DIVING – FACT SHEET

Girls Swimming and Diving is a sport that takes place during the fall season. The first day of practice is always set by the Michigan High School Athletic Association in mid-August. It is important to remember that practice and competition begin before the school year starts. To get off to a good start to the season, family vacations should not be scheduled after the starting date to avoid this conflict, if it's possible to do so.

For the 2021 season, practice begins on August 11th.

Our team competes in the Lakes Valley Conference. We have won the conference title for the past four years. Other teams in our conference include, Lakeland, Milford, South Lyon East, Walled Lake Central, Walled Lake Northern, Walled Lake Western, and Waterford United.

ANYONE IS WELCOME TO TRY OUT FOR THE TEAM, REGARDLESS OF PREVIOUS EXPERIENCE!

However, coming into the season prepared gives you a definite advantage. To get experience there are some options. Joining a swim club is one option. Our local swim club, South Lyon Aquatics is always looking for new members. There are also competitive clubs at the Sports Club of Novi (Sturgeons), Club Wolverine (Ann Arbor), and one in Whitmore Lake (Waves). There are also programs offered through the South Lyon Recreation Authority (SLARA), which would help you prepare for a better experience. Stroke Clinics and Private Instruction (Coach Crosby), Summer Swim Camp (Coach Burch), and Springboard Diving instruction (Coach Ferguson) are conducted in the spring and summer. For more information check out the program brochure. It is always posted on their website at slrec.net.

The divers are a separate group of athletes within the program. Diving is one of the 12 events in a swimming meet. The diving team is coached by a separate person and has their own practice schedule. Again, having some previous experience is not necessary to try out, but it does give you a definite advantage. Check out the diving program offered during the summer through the South Lyon Recreation Department.

Please remember, if you are unable to be involved with any of the options mentioned above, we'd still love to have you get involved if you're interested. Contact information is listed below:

Head Coach – Mr. Bob Crosby – 734-262-1755 – wbcoachbob@hotmail.com

Assistant Swim Coach – Mrs. Julie Cipolla – cipollaj@slcs.us

Diving Coach – Mr. Kevin Ferguson – fergusonk@slcs.us

For summer diving class information contact Mr. Kevin Ferguson – fergusonk@slcs.us

South Lyon Girls Swim Booster Club President: Ms. Carrie Hanshaw – hanshawc@yahoo.com

Swim team website:

<https://southlyonhighgirlsswimanddive.shutterfly.com/>

**Please join our REMIND group – SLHS Girls Swim
On your cell phone, text 81010 and send the message @448kgf**