

# 2018 Monroe High School Soccer Preseason Agenda

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- June 18 – June 30
  - Voluntary practice/drop in Monday, Tuesday, and Thursday from 5pm-630pm (Munson)
  - Players should bring all gear, water, a ball (if possible), and red & white shirts
  - Voluntary weight training Wednesday from 530-630pm (MHS)
- July 1 – July 7
  - Dead period – no practice or conditioning
- July 8– July 28
  - Voluntary practice/drop in Monday, Tuesday, and Thursday from 5pm– 630pm (Munson)
  - Players should bring all gear, water, a ball (if possible), and red/white shirts
  - Voluntary weight training Wednesday and Friday from 530-630pm (MHS)
- July 30 – August 7
  - Conditioning/ LevelUp training
    - Tentatively July 31, & August 2, 4, 7
- August 8
  - Tryouts - 5-7pm
- First game
  - Varsity – Sat, Aug 18 is Monroe Invitational
  - JV – Thurs, Aug 23 vs Allen Park Cabrini
- Sean Brady Memorial Alumni Game – August 11

**YOU MUST HAVE PHYSICALS DATED AFTER APRIL 15, 2018 TO TRYOUT**