



Ascension

Ascension St. John Hospital Sports Physicals

Tuesday June 7, 2022 **Sterling Heights High School** **3 - 5:30pm**

12901 15 Mile Road - Use Door #12

Wednesday June 15, 2022 **De La Salle Collegiate High School** **4:30 - 7pm**

14600 Common Rd. – Use Athletic Entrance

APPOINTMENTS NEEDED FOR THIS DATE - <https://tinyurl.com/physicalJune15th>

Monday, August 1, 2022 **L'Anse Creuse North High School** **4:30 - 7 pm**

23700 21 Mile Rd. – Use Main Entrance (Door 1)

Tuesday, August 2, 2022 **Grosse Pointe North High School** **4:30 - 7 pm**

B Building - Use Main Office Doors

707 Vernier Rd – Use Gym Entrance

Wednesday, August 3, 2022 **L'Anse Creuse High School** **4:30 - 7 pm**

38495 L'Anse Creuse Rd. – Use Main Entrance (Door 1)

Thursday, August 4, 2022 **Grosse Pointe South High School** **4:30 - 7 pm**

11 Grosse Pointe Blvd. – Use Main Gym Entrance (Door M)

Friday, August 5, 2022 **Cousino High School** **4:30 - 7 pm**

30333 Hoover Rd - Use Athletic Entrance (Door 39)

Questions – Please Contact Jacki DuFour (586) 612-7373

Cost: \$25.00

A parent/guardian signature is required on the physical form.

Frequently Asked Questions:

- No appointment needed.
- MHSAA physical forms are provided. Forms can also be downloaded at www.mhsaa.com
- Physicals obtained at these dates are valid for the 2022-2023 school year.
- Cash or Check only made payable to **Ascension St. John Hospital.**
This event is considered an out of pocket expense.
- Licensed Athletic Trainers, Physical Therapists, Registered Nurses, and Physicians will be on-site to answer any questions.
- Middle and High School Students are welcome to attend. Attendance open to the public.

Functional Assessment Screening Includes:

- Assessment by licensed healthcare professionals.
- Screening to identify areas to improve muscle strength, flexibility, balance and coordination which can improve athletic performance.
- Written exercises and recommendations to correct problem areas will be available.

* Ascension St. John may alter or cancel an event if needed