



Jeff Olvin

Class of 1983

Cross Country and Track & Field

Jeff Olvin personified dedication and determination. Jeff not only contributed to great teams but established the standard for what was required of someone with championship aspirations. While at Milford High School, Jeff was a four year letter-winner in both Cross Country and Track & Field.

During Jeff's cross country career, the Milford boys program amassed a dual record of 40-2. The team claimed two Greater Oakland Activities League titles (1980 & 1981) and a Kensington Valley Conference title (1982). The team also claimed three regional titles during that period (1980, 1981 & 1982). In state competition, the team finished 5th in 1980, 4th in 1981 and 8th in 1982.

In the sport of cross country Jeff earned a number of individual distinctions and recognitions. He was twice "All-State" finishing 7th his junior year and 9th his senior year in the State Finals. He was the individual champion of both the conference and regional as a junior and a senior. He twice earned All County honors. He was the Captain and Most Valuable Athlete on the 1982 squad and the Most Valuable Athlete on the 1981 team.

Jeff's success was not limited to Cross Country. The Track & Field teams at Milford excelled during his four years as well. In fact, they won two Greater Oakland Activities League titles (1980 & 1981) and one Kensington Valley Conference title (1982).

In the Mile run, Jeff was two time conference champion (1982 & 1983) as well as a two time regional medalist. In the Two-Mile, Jeff was twice conference runner-up (1981 & 1982) and a regional medalist in 1981 and Oakland County runner-up in 1982.

Upon his graduation, Jeff was the school record holder of the three most significant distance running events. In cross country, he held the 5,000 meter record with a time of 15:50. In Track & Field he held the Mile (4:23.0) and Two-Mile Records (9:32.7).

Jeff and his wife Julie recently relocated to Atlanta, Georgia with their two children: Veronica (3) and Caroline (2). Jeff is a Regional Sales Manager for Valspar Corporation.