

Fowlerville High School - June 2019

Sun	Mon	Tue	Wed	Thur	Fri	Sat
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2	3 2:15 PM FB - Var Helmet Handout 2:30 PM Spartan Performance - Summer Session #1 2:45 PM Cheer - Conditioning 6:00 PM Wrestling - Evening Lift 6:30 PM Booster Meeting	4 2:15 PM FB - F/JV Helmet Handout 2:45 PM Cheer - Conditioning 6:30 PM Boys BB Practice	5 2:15 PM FB - Var/JV/F Helmet Handout (If Needed) 2:30 PM VB Open Gym 2:30 PM Spartan Performance - Summer Session #1 6:00 PM Wrestling - Evening Lift	6 6:00 PM Boys BB Practice 7:00 PM Girls BB Practice	7 7:00 PM Girls BB Practice	8
9	10 8:00 AM B/G Cross Country - Conditioning 8:00 AM Football Strength & Conditioning 8:00 AM Boys/Girls Tennis - Practice 10:00 AM Spartan Performance - Summer Session #1 10:30 AM Boys BB Practice 10:45 AM Spartan Performance - Summer Session #2 4:00 PM FB - Inter squad 7-on-7 6:00 PM Wrestling - Evening Lift	11 TBA Girls BB - Cage League 8:00 AM B/G Cross Country - Conditioning 8:00 AM Football Strength & Conditioning 8:00 AM Boys/Girls Tennis - Practice 9:00 AM VB - Open Gyms 9:15 AM Cheer - Conditioning 10:00 AM Spartan Performance - Summer Session #1 10:45 AM Spartan Performance - Summer Session #2 4:00 PM Soccer - Youth Camp 4:30 PM Boys BB - Var @ Webberville	12 8:00 AM B/G Cross Country - Conditioning 8:00 AM Boys/Girls Tennis - Practice 10:30 AM Boys BB Practice 4:00 PM Soccer - Youth Camp 5:00 PM Cheer - Tumbling 6:00 PM Boys BB - JV Practice 6:00 PM Wrestling - Evening Lift	13 TBA U16 Baseball AWAY Game TBA Boys BB - Var @ Hope Camp TBA Girls BB - Cage League 8:00 AM B/G Cross Country - Conditioning 8:00 AM Football Strength & Conditioning 9:00 AM VB - Open Gyms 10:00 AM Spartan Performance - Summer Session #1 10:45 AM Spartan Performance - Summer Session #2 4:00 PM Soccer - Youth Camp	14 TBA Boys BB - Var @ Hope Camp 4:30 PM Boys BB - JV @ Webberville	15 TBA Boys BB - Var @ Hope Camp 12:00 PM Girls BB - Shooting Camp FREE
16	17 8:00 AM B/G Cross Country - Conditioning 8:00 AM Boys/Girls Tennis - Practice 9:00 AM FB - Technique Camps 9:15 AM Cheer - Conditioning 10:00 AM Spartan Performance - Summer Session #1 10:45 AM Spartan Performance - Summer Session #2 11:30 AM Football Strength & Conditioning 5:00 PM Boys BB - Var @ BC Pennfield 6:00 PM Wrestling - Evening Lift	18 TBA Girls BB - Cage League 8:00 AM B/G Cross Country - Conditioning 8:00 AM Boys/Girls Tennis - Practice 9:00 AM FB - Technique Camps 9:00 AM VB - Open Gyms 9:15 AM Cheer - Conditioning 10:00 AM Spartan Performance - Summer Session #1 10:45 AM Spartan Performance - Summer Session #2 4:30 PM Boys BB - Var @ Webberville 5:00 PM U16 Baseball Home Game 6:00 PM VB - JV Williamston Scrimmage	19 8:00 AM B/G Cross Country - Conditioning 8:00 AM Boys/Girls Tennis - Practice 9:00 AM FB - Technique Camps 10:30 AM Boys BB Practice 11:00 AM Football Strength & Conditioning 5:00 PM Cheer - Tumbling 6:00 PM Boys BB - JV Practice 6:00 PM Wrestling - Evening Lift	20 TBA Girls BB - Cage League 8:00 AM B/G Cross Country - Conditioning 8:00 AM Football Strength & Conditioning 9:00 AM VB - Open Gyms 10:00 AM Spartan Performance - Summer Session #1 10:45 AM Spartan Performance - Summer Session #2 4:30 PM Boys BB - Var @ Webberville 5:00 PM U16 Baseball Home Game	21 TBA U16 Baseball AWAY Game TBA Boys BB - Var @ Alma College 4:30 PM Boys BB - JV @ Webberville	22 TBA U16 Baseball AWAY Game 12:00 PM Girls BB - Ball Handling Camp FREE
23 TBA U16 Baseball AWAY Game	24 8:00 AM B/G Cross Country - Conditioning 8:00 AM Football Strength & Conditioning 8:00 AM Boys/Girls Tennis - Practice 9:00 AM Boys BB Youth Camps 9:15 AM Cheer - Conditioning 10:00 AM Spartan Performance - Summer Session #1 10:45 AM Spartan Performance - Summer Session #2 12:00 PM Boys BB Practice 12:00 PM VB - Youth Camp 4:00 PM FB - Inter squad 7-on-7 6:00 PM Wrestling - Evening Lift	25 TBA U16 Baseball AWAY Game TBA Girls BB - Cage League 8:00 AM B/G Cross Country - Conditioning 8:00 AM Football Strength & Conditioning 8:00 AM Boys/Girls Tennis - Practice 9:00 AM Boys BB Youth Camps 9:00 AM VB - Open Gyms 9:15 AM Cheer - Conditioning 10:00 AM Spartan Performance - Summer Session #1 10:45 AM Spartan Performance - Summer Session #2 12:00 PM VB - Youth Camp 4:30 PM Boys BB - Var @ Webberville	26 8:00 AM B/G Cross Country - Conditioning 8:00 AM Boys/Girls Tennis - Practice 9:00 AM Boys BB Youth Camps 12:00 PM VB - Youth Camp 5:00 PM Cheer - Tumbling 6:00 PM Boys BB - JV Practice 6:00 PM Wrestling - Evening Lift	27 TBA Girls BB - Cage League TBA FB - Var "Game Day" 8:00 AM B/G Cross Country - Conditioning 8:00 AM Football Strength & Conditioning 9:00 AM VB - Open Gyms 10:00 AM Spartan Performance - Summer Session #1 10:45 AM Spartan Performance - Summer Session #2 4:30 PM Boys BB - Var @ Webberville 5:00 PM U16 Baseball Home Game	28 4:30 PM Boys BB - JV @ Webberville	29 MHSAA DEAD WEEK

30 MHSAA DEAD WEEK						
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Fowlerville High School - July 2019

Sun	Mon	Tue	Wed	Thur	Fri	Sat
	1 MHSAA DEAD WEEK	2 MHSAA DEAD WEEK	3 MHSAA DEAD WEEK	4 MHSAA DEAD WEEK	5 MHSAA DEAD WEEK	6 MHSAA DEAD WEEK
7 MHSAA DEAD WEEK	8 8:00 AM B/G Cross Country - Conditioning 8:00 AM Football Strength & Conditioning 9:00 AM Tennis Youth Camp 9:15 AM Cheer - Conditioning 10:00 AM Spartan Performance - Summer Session #1 10:45 AM Spartan Performance - Summer Session #2 11:00 AM Boys/Girls Tennis - Practice 6:30 PM Boys BB Open Gym	9 8:00 AM B/G Cross Country - Conditioning 8:00 AM Football Strength & Conditioning 8:00 AM Boys Soccer - Training Sessions 9:00 AM Tennis Youth Camp 9:00 AM VB - Open Gyms 9:15 AM Cheer - Conditioning 10:00 AM Spartan Performance - Summer Session #1 10:45 AM Spartan Performance - Summer Session #2 11:00 AM Boys/Girls Tennis - Practice 6:00 PM FB - Var 7-on-7 @ Stockbridge (F/JV TBA) 6:00 PM VB - FR Williamston Scrimmage 6:30 PM Boys BB Open Gym	10 8:00 AM B/G Cross Country - Conditioning 8:00 AM Boys Soccer - Training Sessions 9:00 AM Tennis Youth Camp 11:00 AM Boys/Girls Tennis - Practice 5:00 PM Cheer - Tumbling 6:30 PM Boys BB Open Gym	11 TBA U16 Baseball AWAY Game 8:00 AM B/G Cross Country - Conditioning 8:00 AM Football Strength & Conditioning 8:00 AM Boys Soccer - Training Sessions 9:00 AM VB - Open Gyms 10:00 AM Spartan Performance - Summer Session #1 10:45 AM Spartan Performance - Summer Session #2	12 TBA U16 Baseball AWAY Game TBA VB - Team Camp @ GVSU	13 TBA U16 Baseball AWAY Game TBA VB - Team Camp @ GVSU
14 TBA U16 Baseball AWAY Game	15 8:00 AM B/G Cross Country - Conditioning 8:00 AM Football Strength & Conditioning 8:00 AM Boys/Girls Tennis - Practice 9:15 AM Cheer - Conditioning 10:00 AM Spartan Performance - Summer Session #1 10:30 AM Boys BB Practice 10:45 AM Spartan Performance - Summer Session #2 6:00 PM FB - Var/JV/F 7-on-7 @ Okemos 6:00 PM Wrestling - Evening Lift	16 8:00 AM B/G Cross Country - Conditioning 8:00 AM Football Strength & Conditioning 8:00 AM Boys Soccer - Training Sessions 8:00 AM Boys/Girls Tennis - Practice 9:00 AM VB - Open Gyms 9:15 AM Cheer - Conditioning 10:00 AM Spartan Performance - Summer Session #1 10:45 AM Spartan Performance - Summer Session #2 5:00 PM U16 Baseball Home Game 5:00 PM Boys BB - JV vs Howell 5:00 PM Boys BB - Var vs Howell 6:00 PM VB - FR Williamston Scrimmage	17 8:00 AM B/G Cross Country - Conditioning 8:00 AM Boys Soccer - Training Sessions 8:00 AM Boys/Girls Tennis - Practice 10:30 AM Boys BB Practice 5:00 PM Cheer - Tumbling 6:00 PM Wrestling - Evening Lift 6:00 PM VB - Var Scrimmage Williamston	18 TBA U16 Baseball AWAY Game 8:00 AM B/G Cross Country - Conditioning 8:00 AM Football Strength & Conditioning 8:00 AM Boys Soccer - Training Sessions 9:00 AM VB - Open Gyms 10:00 AM Spartan Performance - Summer Session #1 10:45 AM Spartan Performance - Summer Session #2 6:00 PM Boys BB - JV @ Pinckney 6:00 PM Boys BB - Var @ Pinckney	19 TBA U16 Baseball AWAY Game	20 TBA U16 Baseball AWAY Game
21 TBA U16 Baseball AWAY Game	22 8:00 AM B/G Cross Country - Conditioning 8:00 AM Football Strength & Conditioning 8:00 AM Boys/Girls Tennis - Practice 9:15 AM Cheer - Conditioning 10:00 AM Spartan Performance - Summer Session #1 10:30 AM Boys BB Practice 10:45 AM Spartan Performance - Summer Session #2 6:00 PM FB - Var Only 7-on-7 @ Chelsea 6:00 PM Wrestling - Evening Lift	23 8:00 AM B/G Cross Country - Conditioning 8:00 AM Football Strength & Conditioning 8:00 AM Boys Soccer - Training Sessions 8:00 AM Boys/Girls Tennis - Practice 9:00 AM VB - Open Gyms 9:15 AM Cheer - Conditioning 10:00 AM Spartan Performance - Summer Session #1 10:45 AM Spartan Performance - Summer Session #2 5:00 PM U16 Baseball Home Game 6:00 PM VB - JV Williamston Scrimmage 6:30 PM Boys BB Open Gym	24 8:00 AM B/G Cross Country - Conditioning 8:00 AM Boys Soccer - Training Sessions 8:00 AM Boys/Girls Tennis - Practice 10:30 AM Boys BB Practice 5:00 PM Cheer - Tumbling 6:00 PM Wrestling - Evening Lift 6:00 PM VB - Var Scrimmage Williamston	25 8:00 AM B/G Cross Country - Conditioning 8:00 AM Football Strength & Conditioning 8:00 AM Boys Soccer - Training Sessions 9:00 AM VB - Open Gyms 10:00 AM Spartan Performance - Summer Session #1 10:45 AM Spartan Performance - Summer Session #2 5:00 PM U16 Baseball Home Game	26 TBA U16 Baseball AWAY Game	27 TBA U16 Baseball AWAY Game

28 TBA U16 Baseball AWAY Game	29 8:00 AM B/G Cross Country - Conditioning 8:00 AM Football Strength & Conditioning 8:00 AM Boys Soccer - Training Sessions 8:00 AM Boys/Girls Tennis - Practice 9:15 AM Cheer - Conditioning 10:00 AM Spartan Performance - Summer Session #1 10:30 AM Boys BB Practice 10:45 AM Spartan Performance - Summer Session #2 4:00 PM FB - Inter squad 7-on-7 5:00 PM Girls BB - Youth Camp 6:00 PM Wrestling - Evening Lift	30 8:00 AM B/G Cross Country - Conditioning 8:00 AM Football Strength & Conditioning 8:00 AM Boys Soccer - Training Sessions 8:00 AM Boys/Girls Tennis - Practice 9:00 AM VB - Open Gyms 10:00 AM Spartan Performance - Summer Session #1 10:45 AM Spartan Performance - Summer Session #2 5:00 PM Girls BB - Youth Camp 6:30 PM Boys BB Open Gym	31 8:00 AM B/G Cross Country - Conditioning 8:00 AM Boys Soccer - Training Sessions 8:00 AM Boys/Girls Tennis - Practice 10:30 AM Boys BB Practice 5:00 PM Girls BB - Youth Camp 6:00 PM Wrestling - Evening Lift			
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Fowlerville High School - August 2019

Sun	Mon	Tue	Wed	Thur	Fri	Sat
				1 8:00 AM Football Strength & Conditioning 10:00 AM Spartan Performance - Summer Session #1 10:45 AM Spartan Performance - Summer Session #2	2	3
4	5 10:00 AM Spartan Performance - Summer Session #1 10:45 AM Spartan Performance - Summer Session #2 2:30 PM FB - Var Equipment Handout 4:00 PM FB - "Championship Week" 6:00 PM Physical Night 6:00-7:30pm 6:30 PM Booster Meeting	6 10:00 AM Spartan Performance - Summer Session #1 10:45 AM Spartan Performance - Summer Session #2 2:30 PM FB - F/JV Equipment Handout 4:00 PM FB - "Championship Week" 5:00 PM Girls BB Open Gym	7 2:30 PM FB - Var/JV/F Equipment Handout 4:00 PM FB - "Championship Week"	8 10:00 AM Spartan Performance - Summer Session #1 10:45 AM Spartan Performance - Summer Session #2 4:00 PM FB - "Championship Week" 5:00 PM Girls BB Open Gym	9	10
11	12	13 5:00 PM Girls BB Open Gym	14	15 5:00 PM Girls BB Open Gym	16	17
18	19	20 5:00 PM Girls BB Open Gym	21	22 5:00 PM Girls BB Open Gym	23	24
25	26	27 5:00 PM Girls BB Open Gym	28	29 5:00 PM Girls BB Open Gym	30	31