

Flat Rock Community Schools Dual Sport Application

STUDENT: _____ GRADE: 7TH 8TH 9TH 10TH 11TH 12TH
 SEASON: _____ CURRENT GPA: _____/PREVIOUS GPA: _____
 PRIMARY SPORT: _____ CIRCLE LEVEL: VARSITY JV FRESH MS
 SECONDARY SPORT: _____ CIRCLE LEVEL: VARSITY JV FRESH MS

FLAT ROCK COMMUNITY SCHOOL SPORT OFFERINGS

FALL

- FOOTBALL
- VOLLEYBALL
- BOYS CROSS COUNTRY
- GIRLS CROSS COUNTRY
- BOYS SOCCER
- GIRLS SWIMMING
- SIDELINE CHEER**
- EQUESTRIAN**

WINTER

- GIRLS BASKETBALL
- BOYS BASKETBALL
- WRESTLING
- COMPETITIVE CHEER
- ICE HOCKEY (CO-OP)
- BOYS BOWLING
- GIRLS BOWLING
- BOYS SWIMMING
- FIGURE SKATING**

SPRING

- GIRLS TRACK
- BOYS TRACK
- GIRLS SOCCER
- BOYS GOLF
- BASEBALL
- SOFTBALL

** DENOTES A NON-MHSAA SANCTIONED SPORT OR ACTIVITY.

- The student athlete is aware of Flat Rock School Board Policy 8495 – Dual Sports Policy – Varsity and Club Sports, which states in part...
- The student athlete may not practice for a combined total of more than (3) three hours in any one given day.
- The student athlete will designate a primary sport and secondary sport.
- The student athlete will coordinate a practice and game participation plan with the respective coaches. Both coaches must agree to the athlete participating in dual sports by signing this application.
- The student athletes shall always attend primary practices over secondary practices, primary contests over secondary contests, primary contests over secondary practices and secondary contests over primary practice.
- A student athlete is permitted to participate in 2 athletic contests on the same day, provided they do not violate the limitations of competition set forth in MHSAA Regulation II Section 10.
- The student athlete will assume all responsibility for any fees or equipment associated with participation in any sport or sports.
- In the event that a conflict arises between a primary or secondary contest and a state level competition*, the athlete will participate in the state level of competition first. *State Level Competition means varsity level Pre-district, District, Regional or State Final event*.

Student signature date

Parent signature date

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(For Athletic Department Use Only)

Primary Coaches Signature – date

Secondary coaches signature – date

Principals Signature – date

Athletic Director’s signature - date