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Certified Athletic Trainer

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What is a Certified Athletic Trainer?

“Certified athletic trainers are health care professionals who specialize in preventing, recognizing, managing and rehabilitating injuries that result from physical activity.”

– National Athletic Trainers’ Association (www.nata.org)

Participation in Athletics:

Athletic participation will, at some time or another, result in some level of injury to the persons choosing to participate.

Goals:

- Protect the health and safety of student-athletes on and off the field.
- Minimize the negative effects of athletic injuries on the student-athlete’s overall health.
- Return and keep student-athletes on the field when the first goals have been met.

Returning to Participation following an injury:

- Any physician referrals made by the athletic trainer or by parental decision will require written notification from the physician for the athletes return to play.
- Return to play will not occur before physician clearance has occurred. However, the athletic trainer reserves the right to remand the athlete’s return-to play until comfortable with his/her safety on the field.