# **ARMADA ATHLETIC CODE OF CONDUCT**

Every young man and woman should have the opportunity to participate in an interscholastic sport. It is an honor and privilege to represent the Armada Area Schools in athletic competition. The eyes of the student body and the community are focused on the team and its members. This code of conduct applies 24 hours a day, 7 days a week, 365 days a year. It is imperative that every young man and woman makes an effort:

- 1. To respect the school by conducting himself/herself as a good citizen, sportsman, and student on and off school grounds.
- 2. To be a part of the team and play for the betterment of the school.
- 3. To be loyal to the school, coaching staff, and team.
- 4. To condition himself/herself properly so that he/she can safely and adequately meet the demands of the sport.
- 5. To follow all training and practice rules established by the coach for each sport.
- 6. To present a signed statement by a physician indicating that he/she is physically fit to participate in that sport.
- 7. To be responsible for all uniforms/equipment issued and wear it for all authorized activities. If items are lost or stolen you, the athlete, are responsible for the replacement cost.
- 8. To abide by and respect all decisions of officials.
- 9. To support all school activities to the best of his/her ability.

#### In addition, all student athletes must:

- 10. Provide a parental permission slip (attached). The parental permission slip signed by the parent/guardian must be in the possession of the head coach before the athlete can participate in a practice session. These slips will be turned over to the Athletic Director and remain in his possession.
- 11. Athletes will comply with the athletic dress code as follows: On the day of a game, either home or away, athletes will dress up in attire that is not normally worn to school, or in attire that is worn on special occasions. If the athlete will not comply, he/she may be placed on probation for that sport. At the second occurrence, he/she may be cut from the squad.
- 12. All athletes must maintain a passing grade in all subjects to participate in athletics. Eligibility will be determined at each progress report/report card. Any student receiving a failing grade in any class on progress report/report card is ineligible for a period of 1 week (including weekends). Any student athlete receiving an 'E' grade at any card marking may regain eligibility by submitting a progress report signed by each teacher on Monday of the *following week* which indicates his/her grades have improved to passing status
- 13. Students must maintain a grade point average (GPA) of 2.0 from the previous trimester.
- 14. Students must have satisfactory or better citizenship in five (5) of six (6) of their classes.
- 15. Students may not use any performance enhancing substances including, but not limited to: those banned by bylaw 31.21.3 of the Bylaws of the National Collegiate Athletic Association; and those that may be listed by the Michigan Department of Community Health.
- 16. Agree to abide by the Armada Drug and Alcohol Policy.

#### DRUG AND ALCOHOL POLICY

It is recognized by medical professionals, health educators, and coaches that athletes perform best when they follow solid training rules which include restrictions on tobacco, alcohol, and drugs. Medical evidence is clear: tobacco, alcohol, and mood altering substances produce harmful effects on human beings. Michigan law specifically prohibits use or possession of these materials by students.

Armada Area Schools and its coaches are concerned about the health and safety of our students and our student athletes. We are convinced that athletics and the use of these harmful substances are not compatible, whether it is on or off school property.

Student athletes are faced with a decision: either they choose to be athletes, concerned about their bodies and striving to get the full athletic potential from them, or they simply go along with the crowd. They can't have both.

Athletics require strength, discipline, and sacrifice. They require the courage to say "no" to tobacco, alcohol and drugs. That's the price students pay to be athletes. It's a price that will pay off in the end, but it's not always easy.

You, as an athlete have an obligation to yourself, your team, and your school. You represent Armada Area Schools. How you behave is a reflection on this school and this community.

Because we care about you as a person, the use of tobacco, alcohol, and/or drugs will not be tolerated. The following procedures will be implemented for violations of this policy. This policy is in effect year around, 365 days.

Students must refrain from the use of tobacco, alcohol, and controlled substances, look-alikes, or mood-altering substance AT ALL TIMES. Therefore, after signing the no-use contract and joining an Armada athletic team a student athlete shall not, regardless of the quantity:

- 1. Use or possess tobacco or tobacco products, including smokeless tobacco.
- 2. Use or possess alcohol or a beverage containing alcohol.
- 3. Use, possess, consume, buy, sell, or give away marijuana, or any controlled substances or look-alikes, including steroids. Note: (A drug specifically prescribed for the student athlete by a physician for his/her own personal use is <u>not</u> a violation.)
- 4. Use inappropriately any over-the-counter or prescription drug.

In all aforementioned instances pictures posted on social media websites are considered validation of violation of the drug and alcohol policy and are grounds for disciplinary actions per this policy.

#### HIGH SCHOOL AND MIDDLE SCHOOL VIOLATIONS

FIRST OFFENSE: Suspension from athletic competition for 25% of season contest dates. Student must attend and

participate in all practices and be present with the team at all games in street clothes.

**REINSTATEMENT:** Meeting required between Parents, Athlete, Coach, Athletic Director and Principal.

SECOND OFFENSE: Suspension from athletic competition for 50% of season contest dates. Student must attend and

participate in all practices and be present with the team at all games in street clothes.

**REINSTATEMENT:** Meeting required between Parents, Athlete, Coach, Athletic Director and Principal.

THIRD OFFENSE: Suspension from athletic competition for remainder of current season and 100% of following season

contest dates. Student must attend and participate in all practices and be present with the team at all

games in street clothes.

**REINSTATEMENT:** Meeting required between Parents, Athlete, Coach, Athletic Director and Principal.

**FOURTH OFFENSE:** Suspension from athletic competition for one calendar year.

**REINSTATEMENT:** Meeting required between Parents, Athlete, Coach, Athletic Director and Principal.

• Offenses are on a per student, not per year, basis.

• Students may appeal one middle school offense by attending counseling and informing the Armada Athletic Department.

• Coaches may implement a stricter policy that the student-athlete must follow.

## **ARMADA ATHLETICS**

### PERMISSION TO PARTICIPATE:

As a parent or legal guardi	an, I authorize and giv	e my permissi	on for		
NAME OF ATHLETE (PLEASE PRINT)				GRADE	
to participate in the Armad	a Area Athletic Progra	am for the follo	owing sport(s):		
CHECK ALL THAT MAY APP	LY FOR THIS SCHOOL Y	EAR ~ ONE FOR	M NEEDED FOR THE E	NTIRE SCHOOL YEAR	
BASEBALL	BASKETBALL	BOWL	ING _	CHEERLEADING	
CROSS COUNTRY	FOOTBALL	GOLF	SOCCER	SOFTBALL	
TENNIS	TRACK & FIELD	voi	LEYBALL	WRESTLING	
ARMADA ATHLET	IC ACADEMIC P	POLICY:			
semester/trimester to be el semester systems not meet have been doing passing veligible at the start of the addition to the MHSA	igible to participate in ing this requirement be work cumulatively for eir second trimester, participate and trimester, participate and trimester, participate and trimester and trimest	the current se ecome eligible the previous providing the lents particip grade point av gible to partic	emester/trimester of e on the 61 <sup>st</sup> schedule 60 days. Students successful completi- ating in Armada verage, as well as m ipate in any district		
As the undersigned we l	hereby acknowledge guidelines and punit	on this date ive actions for	we have received,	reviewed, understand, and rules and guidelines as se	
Signature of Armada Stud	lent Athlete		Date	,	
Signature of Parent/Lega	l Guardian	<del></del> >	Date	,	

THIS FORM MUST BE SIGNED BY BOTH STUDENT ATHLETE AND PARENT/GUARDIAN EACH SCHOOL YEAR AND SUBMITTED TO THE ATHLETIC OFFICE BEFORE THE STUDENT WILL BE PERMITTED TO PARTICIPATE IN ARMADA INTERSCHOLASTIC ATHLETICS.