



ALLENDALE YOUTH WRESTLING 2021-2022



REGISTRATION:

Open to all K-8th grade

Tuesday & Wednesday November 9 & 10, 2021 from 6:00-7:00 each evening

At the Allendale Middle School Cafeteria

BRING:

Wrestler's birth certificate

Session 1 \$75 per wrestler - \$200 max per family (includes T Shirt)

Any questions you may have

PRACTICES:

Practices will be on Tuesdays and Thursdays beginning Tuesday November 30.

First Session will go until Feb. 3 (8 weeks). Second Session will go until Mar. 25 (7 weeks)

Times will be between 5:30 - 8:00 pm. (Times will be set after sign ups.)

Practices will be at the Allendale Middle School Wrestling Room (and at the High School).

MYWAY TOURNAMENTS:

Are on Sundays and are optional, dates are TBA

Cost is an additional \$17 for the MYWAY membership and \$10-\$15 per tourney.

FRIDAY NIGHT TEAM DUALS:

Will begin in January and will be at Allendale Middle School from 6:00-8:00 pm.

YOUTH NIGHT WITH ALLENDALE VARSITY:

Will be on Wednesday January 12 at Allendale High School.

EQUIPMENT NEEDED:

Wrestling shoes or tennis shoes

Head Gear (Available at most sporting goods store for \$10-\$30)

Wear shorts and T shirt to practice

Mouth Guard optional (recommended)

Team singlets will be available for each wrestler (\$50 deposit, returned at end of year)

Contact:

Marlo Silveira, 616-287-5236 allendaleyouthwrestlingclub@gmail.com

GO FALCONS!