

Boys Swimming	1100 E Indiana Ave	School Phone: 815-844-6113
11/9/2015 to 3/14/2016	Pontiac, IL 61764-1299	Home Phone:

11/9/2015 to 3/14/2016

Pontiac, IL 61764-1299

Home Phone:

Fax: 815-844-6116

gbrunner@pontiac90.org

Swimming Boys Varsity

Monday	11/23/15	Season Start		Place	Depart Time
Friday	12/04/15	1st Contest Date			
Tuesday	12/08/15	Washington	Home	5:00PM	
Thursday	12/10/15	Morris	Home	5:00PM	
Tuesday	01/05/16	Washington	Away	3:00 PM 5:00 PM	
Thursday	01/07/16	Metamora/Normal West	Home	5:00PM	
Saturday	01/09/16	Manual Relays @ Woodruff Career & Tech Center	Away	10:30 AM 1:00 PM	
Tuesday	01/12/16	Lincoln/Olympia	Away	2:45 PM 5:00 PM	
Thursday	01/14/16	Morris	Away	3:00PM 5:00PM	
Thursday	01/21/16	University High	Away	4:00 PM 6:00 PM	
Saturday	01/23/16	Ottawa Pentathlon	Away	10:00 AM 12:00 PM	
Tuesday	01/26/16	Kankakee	Home	5:00PM	
Saturday	01/30/16	Urbana/BCC/Mahomet Seymour	Away	8:15AM 11:00AM	
Tuesday	02/02/16	Ottawa	Home	5:00PM	
Thursday	02/04/16	Olympia/Peoria Christian	Home	5:00PM	
Friday	02/12/16	Kankakee Invite	Away	TBA	
Saturday	02/20/16	IHSA Sectionals			

Head Coach: Mike Lucas

Volunteer Diving Coach: Cindy Renzelman

Boys Junior Varsity

Superintendent	Principal	Athletic Director	Depart Time
Jon Kilgore	Eric Bohm	Gary Brunner	5:00PM
Tuesday	02/02/16	Ottawa	5:00PM
Thursday	01/14/16	Morris	3:00 PM 5:00 PM
Thursday	12/10/15	Morris	5:00PM
		Place	
		Home	
		Away	
		Home	

Jon Kilgore

Principal
Eric Bohm

Athletic Director
Gary Brunner

2015-2016 Diving Schedule:

Dive Group	IHSA Standardized Calendar Week Number 8 (First Contest)	Girls (Mon.-Sun.)	IHSA Standardized Calendar Week Number 22 (First Contest)	Boys (Fri.-Thurs.)
Forward Group	Week 8-9	Aug. 24-30	Week 22-23	Dec. 4-10
	Week 13-14	Sept. 28-Oct. 4	Week 27-28	Jan. 8-14
	Week 18-19	Nov. 2-8	Week 32-33	Feb. 12-18
Back Group	Week 9-10	Aug. 31-Sept. 6	Week 23-24	Dec. 11-17
	Week 14-15	Oct. 5-11	Week 28-29	Jan. 15-21
	Week 19-20	Nov. 9-15	Week 33-34	Feb. 19-25
Inward Group	Week 10-11	Sept. 7-13	Week 24-25	Dec. 18-24
	Week 15-16	Oct. 12-18	Week 29-30	Jan. 22-28
	Week 11-12	Sept. 14-20	Week 25-26	Dec. 25-31
Twisting Group	Week 16-17	Oct. 19-25	Week 30-31	Jan. 29-Feb. 4
Reverse Group	Week 12-13	Sept. 21-27	Week 26-27	Jan. 1-7
	Week 17-18	Oct. 26-Nov. 1	Week 31-32	Feb. 5-11

November 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23 6am first practice 3:30-5pm practice	24 6 am practice 3:30-5pm practice Dryland work 20 min	25 6am practice After school 1 hour	26 Off Thanksgiving Anyone want to swim at 8am til 9am?	27 8am til 10 am Dryland work for 20 min	28 8 am til 10 am
29	30 6am practice 3:30 til 5:30 pm					

December 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 6am til 7am 3:30 til 5:30	2 6am til 7am 3:10 til 5:30	3 3:10 til 6pm	4 6am til 7am 3:30 til 5pm	5 8am til 10 am
6	7 3:30 til 6pm	8 HOME VS. WASHINGTON	9 3:10 til 6pm Dryland work for 20 min	10 HOME VS. MORRIS	11 6am til 7am 3:30 til 5pm	12 8am til 10 am Dryland work for 20 min
13	14 FINALS Week!! 3:30 til 5pm Can stay til 5:30 if you like this week	15 See Monday	16 See Monday	17 See Monday	18 OFF no practice to-day Hope Finals went well—see ya Sat.	19 8am til 10 am
20	21 6:30 til 8am 10:30 til 12:30	22 6:30 til 8am 10:30 til 12:30	23 6:30 til 8am 10:30 til 12:30	24 6:30 til 8am Christmas Eve!!!	25 Merry Christmas!!!	26 7am til 9am
27	28 6:30 til 8am 10:30 til 12:30	29 6:30 til 8am 10:30 til 12:30	30 6:30 til 8am 10:30 til 12:30	31 6:30 til 8am New Years Eve		

January 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 New years Day Anyone want to swim Call me 7am til 9am	2 8am til 10 am
3	4 TEACHER 'S INSTITUTE 3:30 TIL 6PM	5 AT WASHINGTON	6 3:10 TIL 6PM	7 HOME VS MET AND N. WEST	8 6AM TIL 7AM NO AFTER SCHOOL	9 AT MANUAL RELAYS
10	11 3:30 TIL 6PM	12 At OLYMPIA	13 3:10 TIL 6PM	14 AT MORRIS	15 3:30 TIL 6PM	16 ????
17	18 NO SCHOOL 8AM TIL 10 AM	19 3:30 TIL 6PM	20 3:10 TIL 6PM	21 AT UHIGH	22 3:30 TIL 5PM TIL 6PM FOR OTHERS	23 AT OTTAWA PENTATHLON
24	25 3:30 til 6pm	26 HOME VS OLY / PEORIA	27 FRESHMAN ORIENTA- TION 3:10 TIL 5PM	28 3:10 TIL 6PM	29 3:30 TIL 5PM	30 AT URBANA
31						

February 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 3:30 TIL 6PM	2 HOME VS OTTAWA	3 3:10 TIL 6PM	4 HOME VS OLYMPIA	5 3:30 TIL 5PM	6
7	8 Practice times will vary as we begin to get ready for section- als and state	9 Please allow time for treatment and relay exchange time until end of season	10	11	12	13 Kankakee Invitational
14	15 NO SCHOOL 8AM TIL 10AM	16	17	18	19	20 SECTIONALS Normal
21	22	23	24	25	26	27 State Meet
28	29					

Boys Swimming

7 Event Records

200 Medley Record

400 Freestyle Relay

200 Free

500 Free

200 IM

100 Breaststroke

100 Backstroke

PANTAGRAPH

SWIMMING

Honor Roll!

2014-15

5 SWIMMERS OVER 100

Ben Somodi

Craig Eschwendtner

Colton Bauknecht

Trevor Plenert

CJ Cummins

Team Record
for wins!
13-1!

MANUAL RELAYS

Placed 1st, 2nd, 3rd

in 11 of 12 events!

3 SWIMMERS OVER 200pts

BRETT SPIRES

LANCE KAMINSKI

LUKE SPAFFORD

SECTIONALS

66 pts!

4 podium finishes

2 MEDALS

15 season or
lifetime bests

Highlights

5 GREAT SENIORS

Zander HARRIS

CJ Cummins

Craig Eschwendtner

Lance Kaminski

Ben Somodi

UNOFFICIAL WON THE KANKAKEE INVITE

Pontiac Boys

Swimming

Points 2014 -2015

20-Jan		22-Jan		24-Jan		27-Jan		31-Jan		3-Feb		5-Feb		13-Feb		21-Feb	Season
Ottawa	tot	U high	tot	Ottawa	Kankakee		Urbana	Ottawa	olympia	Tune Up	sect	Total					
12	107.5	14	121.5	20	141.5	14	155.5	25	180	13	193	17	210	47	257	21	278
12																	
12	111	14	125	7	132	3	135	25	160	14	174	19	195	46	241	11.5	252.5
10	93.5	12	105.5	4	109.5	13	122.5	22	144.5	10	154.5	17.5	172	52	224	9.5	233.5
9	74	9.5	83.5		83.5	8	91.5	19	110.5	10	120.5	15.5	136	45	181	11.5	192.5
8.5	58.5	8.5	67		67	13	80	21	101	11	112	19	131	47	178	6	184
8	67.5	9	76.5		76.5	11	87.5	23	110.5	4.5	115	17	132	44.5	176.5	2.5	179
7	45.5	4.5	50		50	6.5	61.5	10	71.5	3.5	75	9	84	36.5	120.5		120.5
7	53.5	7.5	61		61	5	66	5	71	6	77	10	87	30.5	117.5		117.5
4.5	38.5	4.5	43		43	5	48	4	52	4	56	7.5	63.5	28	91.5		91.5
6	37.5	6	43.5		43.5	6	49.5	5	54.5	0	54.5	7	61.5	20	81.5	4	85.5
7.5	38	5.5	43.5		43.5	6.5	50	12.5	62.5	7	69.5	12.5	82		82		82
4.5	38.5	2.5	41		41	1	42	2.5	44.5	0.5	45	10.5	55.5	19.5	75		75
4.5	10.5	3.5	14		14	4.5	18.5	2.5	21	0.5	21.5	6.5	28	22	50		50
2	9	3	12		12		12		12	0	12	3	15	19	34		34
2.5	7	1	8		8	4.5	12.5	2.5	15	1	16	9.5	25.5				25.5
												5	5	9	14		14

Swim 2014-15	200Med	200Free	200IM	50Free	Dive	100Fly	100Free	500Free	200FRd	100Back	100Bre	400Fre
Lance Kaminski												
Washington Dec 9	23.82-free			24.38				05:38.8				56.39
Morris Dec 11		02:04.1					55.78		25.56			55.3
Washington Dec 15			02:28.5				52.96					54.69
Manual Relays Jan 10	27.46-fly	02:00.7					54.69					56.92
Oly / Lin Jan13			02:22.0						23.94dq		01:13.1	59.71
Morris Jan 15		02:14.0					59.42		27.02			54.76
Ottawa Jan 20	22.84-free			23.81			53.18					52.81
Uhigh Jan 22	23.37-free			23.85			53.02					
Ottawa Pentathlon Jan 24		02:00.2		29.46(60)		01:03.2				01:06.5	01:12.5	
Kankakee Jan 27									24.59			56.69
Urbana Jan 31		01:59.0					53.08		24.2			52.88
Ottawa Feb 3		01:56.7					52.16					52
Olympia Feb 5	23.99-free							05:23.5			01:14.4	55.86
Kankakee Tune Up Feb 13	23.67			23.98					23.8			51.5
Sectionals Feb 21	22.98-free						51.86		22.91			52.23
Brett Spires	200Med	200Free	200IM	50Free	Dive	100Fly	100Free	500Free	200FRd	100Back	100Bre	400Fre
Washington Dec 9	27.24 back		02:17.6							58.97		58.19
Morris Dec 11	27.16		2:16.32dq							58.32		55.99
Washington Dec 15				24.91						59.86		
Manual Relays Jan 10	26.34		2:11.60 SR							56.39 SR		52.71
Oly / Lin Jan13	28.29-back	1:59.19sr								01:00.4		56.7
Morris Jan 15	31.42-back		02:34.6							01:06.6		01:00.5
Ottawa Jan 20	26.36-back		02:15.5									
Uhigh Jan 22	26.90-back		2:28.19-SR(m)							01:00.5		53.52
Ottawa Pentathlon Jan 24		1:54.53-sr		29.59(60)		01:02.1				57.46	01:10.4	
Kankakee Jan 27	28.10-back		02:16.7							01:01.7		56.01
Urbana Jan 31	27.12-back		2:10.38-SR							55.87-SR		
Ottawa Feb 3										57.70		54
Olympia Feb 5	28.53-back			24.73				5:23.04-SR				55.04
Kankakee Tune Up Feb 13	25.95-back						51.34		23.45			51.58
Sectionals Feb 21	25.53-back						51.5			55.26-SR		51.70

Luke Spafford		200Med	200Free	200IM	50Free	Diving	100Fly	100Free	500Free	200FRel	100Back	100BReL	400FRel
Washington Dec 9 2014		32.81 breast		02:33.3						26.6		01:16.3	
Morris Dec 11		33.28		02:34.4								01:15.1	
Washington Dec 15				02:33.6								01:14.2	
Manual Relays Jan 10		29.86-breast		02:23.8						25.22		1:08.76SR	56.52
Oly / Lin Jan13		31.74-breast		02:29.6						25.77 lead			
Morris Jan 15		36.07-breast		02:42.9						29.16		1:20.55	
Ottawa Jan 20		31.04-breast		02:25.5						25.72		1:16.15-sf(m)	
Uhigh Jan 22		30.57-breast		02:24.1						24.72		01:09.5	
Ottawa Pentathlon Jan 24			02:03.7		30.49(60)		01:02.9				01:12.6	1:07.49-sr	
Kankakee Jan 27		32.58-breast		02:25.4								01:10.6	59.84
Urbana Jan 31		30.06-breast		02:20.8						24.79		1:06.47-SR	
Ottawa Feb 3												01:08.6	
Olympia Feb 5		31.38-breast		02:25.0						25.22			55.04
Kankakee Tune Up Feb 13		29.19		02:18.1						25.1		01:07.3	
Sectionals Feb 21		29.33-breast										1:06.38-SR	
Ben Somodi		200Med	200Free	200IM	50Free	Diving	100Fly	100Free	500Free	200FRel	100Back	100BReL	400FRel
Washington Dec 9 2014		26.83 -fly			24.99		01:10.3						56.78
Morris Dec 11					24.81		01:10.4						57.99
Washington Dec 15					24.9		01:11.9						
Manual Relays Jan 10		23.89-free			23.87			55.9					54.98
Morris Jan 15		31.40-fly			28.38					29.24			
Ottawa Jan 20		26.98-fly			24.8		01:09.0						
Uhigh Jan 22		26.44-fly			24.36		01:06.7						54
Ottawa Pentathlon Jan 24			02:07.4		29.93(60)		01:04.7				01:07.8	01:26.7	
Kankakee Jan 27		29.40-fly			26.12			58.24					54.25
Urbana Jan 31		26.87-fly			24.77		01:04.2						:58
Ottawa Feb 3					(:31.08)		01:06.8						56.1
Olympia Feb 5		27.98-fly					01:08.4			25.79			52.74
Kankakee Tune Up Feb 13		25.81-fly			24.27					23.51			
Sectionals Feb 21		25.68-fly			23.84					23.52			52.85

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Zander Harris		200Med	200Free	200IM	50Free	Diving	100Fly	100Free	500Free	200Freel	100Back	100Bree	400Freel
Washington Dec 9 2014			02:23.2						06:44.9	30.08			
Morris Dec 11			02:25.0						05:46.2				01:07.8
Washington Dec 15			02:23.8										01:06.7
Oly / Lin Jan13	bad timer								06:42.5	31.57			01:14.2
Morris Jan 15			02:38.9						05:46.4				01:07.7
Ottawa Jan 20			02:22.4										01:09.0
Uhigh Jan 22			02:27.2										01:08.1
Kankakee Jan 27			02:26.8										01:03.8
Urbana Jan 31													
Ottawa Feb 3					(:35.94)			01:03.5					
Olympia Feb 5			02:22.7						06:31.8	29.11			
Kankakee Tune Up Feb 13			02:47.4						06:30.4				01:05.6
Sectionals Feb 21			02:22.8										
Andrew Beckman		200Med	200Free	200IM	50Free	Diving	100Fly	100Free	500Free	200Freel	100Back	100Bree	400Freel
Washington Dec 9 2014						96.97							
Morris Dec 11						107.05							
Washington Dec 15													
Michael Doran		200Med	200Free	200IM	50Free	Diving	100Fly	100Free	500Free	200Freel	100Back	100Bree	400Freel
Washington Dec 9 2014	31.59 - fly			2:37.15 DQ			01:20.8			27.5			
Morris Dec 11	31.33			2:41.03dq			01:20.1						
Washington Dec 15				02:39.0			01:29.4						
Manual Relays Jan 10							?			26.29			
Oly / Lin Jan13	30.12-fly				26.65		01:09.3			26.9			
Morris Jan 15				02:51.5			01:20.0						01:05.7
Ottawa Jan 20				02:31.3			01:10.5			26.47			
Uhigh Jan 22	30.86-fly			02:36.5			01:10.8			26.18			
Kankakee Jan 27	31.00-fly			02:35.4			01:10.4						
Urbana Jan 31							01:06.4				01:10.2		
Ottawa Feb 3							01:11.0				01:12.3		
Olympia Feb 5	32.01-back			02:31.3							01:11.1		:59.39
Kankakee Tune Up Feb 13													
Sectionals Feb 21							01:07.1				01:08.5		

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Pontiac Boys Swim Results @ Washington 12/9/14

1st meet of the season

TEAM SCORE WASHINGTON 93 PONT 89

1st place finishes

200 YD MEDLEY Brett Spores - Luke Spafford - Ben Somodi - Lance Kaminski 1:50.70

200 YD IM Brett Spores 2:17.60

50 YD Free Lance Kaminski 24.38

Diving Alex Sennott 151.35 pts

100 Back Brett Spores 58.97 → School Record

400 Free Brett Spores - Colton Bauknecht - Ben Somodi - Lance Kaminski 3:52.47

Relay

2nd place finishes

200 ~~Free~~ Free Trevor Plenert 2:21.18

200 IM Luke Spafford 2:33.32

500 Free Lance Kaminski 5:38.79

200 Free Relay Spafford - Plenert - Lauritsen - Harris 1:54.25

100 Breast Luke Spafford 1:16.31

3rd place finishes

200 YD Free Zander Harris 2:23.22

50 YD Free Ben Somodi 24.99

Diving Andrew Beckman 96.97 pts

100 Free Trevor Plenert 1:02.34

500 Free Colton Bauknecht 6:11.59

100 Breast Ryan Lauritsen 1:23.10

4th place

200 Free Carter Graves 2:44.44

100 Fly Michael Doran 1:20.79

100 Back Colton Bauknecht 1:14.11

5th place

100 Free Ryan Lauritsen 1:11.95

100 Breast Jared Trembley 1:26.67

next meet is Thursday @ Morris

PONTIAC BOYS SWIM RESULTS vs. Morris Dec 11, 2014

Team Pont III Morris 69

Individual (these times are for a meters pool)

1st place finishes

200 medley Relay - Spores - Spafford - Somodi - Geschwendtner 2:07.93

200 Free - Kaminski - Sennott

Diving - Kaminski

100 Free - Kaminski

200 Free Relay - Spafford - Baucknecht - Cummins - Kaminski

100 Backstroke - Spores (* Broke his own school record) w/conversion

100 Breaststroke - Spafford

400 Free Relay - Somodi - Cummins - Spores - Kaminski 4:14.22

2nd place finishes

200 Free - Trevor Plent

200 IM - Luke Spafford

50 Free - Somodi

100 Fly - Somodi

100 Free - Cummins

400 Free - Plent

3rd place finishes

200 medley - Cummins - Lauritsen - Doran - Graves

200 Free - Zander Harris

50 Free - Craig Geschwendtner

100 Free - Zander Harris

200 Free Relay - Trembley - Doran - Harris - Lauritsen

100 Backstroke - Baucknecht

100 Breaststroke - Lauritsen

400 Free Relay - Geschwendtner - Plent - Baucknecht - Harris

4th place finishes

50 Free - Colton Baucknecht

100 Fly - Mike Doran

100 Backstroke - Carter Graves

5th place finishes

Diving - Andrew Beckman

100 Fly - Jared Trembley

100 Breast - Noah Schrock

96.80

1:42.94

1:34.40

1:33.20

1:28.89

2:28.72

4:40.18

1:31.79

1:22.82

2:10.70

5:46.18

1:07.49

2:28.65

2:40.99

2:27.26

5:44.63

1:05.36

1:18.20

2:27.55

2:51.37

2:40.31

Pontiac Boys Swimming Pont us. Washington 11/15/14

1st place finishes - METERS POOL
 200 Medley Relay Spires - Spafford - Somodi - Kaminski 2:02.13
 200 IM - Lance Kaminski
 Diving - Alex Sevovott
 100 Free - Lance Kaminski
 100 Back - Brett Spires
 400 Free Relay Somodi - Spires - Bauknecht - Kaminski 4:19.
 * Conversion → 58.79 (52.96)

162.90
 1:06.45
 4:19.

2nd place finishes

200 Free - CJ Cummings
 200 IM - Luke Spafford
 50 Free - Ben Somodi
 400 Free - Colton Bauknecht
 200 Free - Spafford - Gschwendtner - Plenerf 1:57.18
 100 Breaststroke - Luke Spafford 1:22.32

3rd place finishes

200 Medley Bauknecht - Lauritsen - Doran - Gschwendtner 2:22
 200 Free - Zander Harris 2:39.63
 50 Free - Brett Spires 27.66
 100 Fly - Ben Somodi 1:19.86
 400 Free - CJ Cummings 5:17.65
 200 Free Relay - Doran - Lauritsen - Schrock - Harris 2:08.55
 100 Breaststroke - Ryan Lauritsen 1:29.95
 400 Free Relay - Plenerf - Gschwendtner - Harris - Cummins 4:38.18

4th place finishes

Diving - Andrew Beckman 107.05
 200 Free - Trevor Plenerf 2:42.25
 50 Free - Craig Gschwendtner 27.90
 100 Breaststroke - Colton Bauknecht 1:27.47

5th place finishes

200 IM - Michael Doran 2:56.54
 100 Fly - Noah Schrock 1:27.34
 400 Free - Zander Harris 5:57.06
 100 Breaststroke - Carter Graves 1:31.27
 100 Breaststroke - Jared Trembley 1:34.60

TEAM SCORE
 POINT 99 WASHINGTON 86

PONTIAC BOYS SWIM RESULTS JAN 10 2015

TEAM RESULTS

Springfield	147
Washington	135
Sacred Heart	130
Pontiac	127
Macomb	113
Lincoln	93
Olympia	85
Peoria Central	19

800 Medley Relay 1st 1:47.55 Brett Spires Luke Spafford
Lance Kaminski Ben Somodi

400 Free Relay 3rd 4:09.86 Lance Kaminski 2:00.72
CJ Cummins 2:09.14

400 IM Relay 3rd 4:34.81 Brett Spires 2:11.60
Luke Spafford 2:23.21

100 YD Free R 2nd 49.21 Craig Geschwendtner 25.34
Ben Somodi 23.87

200 YD Free R 2nd 1:50.59 Lance Kaminski 54.69
Ben Somodi 55.90

1000 YD Free R 3rd 11:56.14 Colton Bauknecht 5:46
CJ Cummins 6:10.14

200 YD Free (4x50) 3rd 1:43.49 Craig Geschwendtner 25.75
Luke Spafford 25.22

200 Backstroke 2nd 2:00.14 Brett Spires 56.39
Colton Bauknecht 1:03.75

200 YD Breast 3rd 2:28.39 Luke Spafford 1:08.76
Ryan Lauritsen 1:19.63

400 YD Relay 3rd 3:38.31 Lance Kaminski 54.69
Brett Spires 52.71
Ben Somodi 54.98
Craig Geschwendtner 55.93

Record

School

Ponahac Boys Swim Results JAN 13 2015

TEAM POINT 145 Lincoln 86 Olympia 72

Individual
 200 Medley Relay
 1st Luke Spafford - Michael Doran - Geschwendtner 1:55.94
 2nd Colton Bauknecht - Ryan Zander - Plenert - Harris 2:10.22

200 yd free
 1st Brett Spores 1:59.19 - School Record
 3rd CJ Cummins 2:14.52

200 yd IM -
 1st Lance Kaminski - 2:22.04
 3rd Luke Spafford - 2:29.60

50 yd FREE
 1st Craig Geschwendtner 25.23
 2nd Michael Doran 26.65

Diving Alex Sennott 158.45

100 Fly
 3rd MICHAEL DORAN 1:09.25

100 FREE
 2nd Colton Bauknecht 56.74

4th Trevor Plenert 1:03.52

500 FREE
 2nd CJ Cummins 6:15.27
 3rd Zander Harris 6:42.50

200 yd FREE Relay
 Luke Spafford - Plenert - Zander - Cummins 1:50.79

100 Backstroke
 1st Brett Spores 1:00.40

3rd Carter Graves 1:21.98

100 Breaststroke
 1st Lance Kaminski 1:13.13
 2nd Ryan Laursen 1:21.46

400 FREE Relay 349.
 1st Bauknecht - Spores
 2nd Kaminski - Spafford
 3rd CJ Cummins - Geschwendtner
 4th Craig 4:14.75
 Trevor Plenert - Zander Harris

Pontiac Boys Swim Results v. Morris (Jan 15 2015)

Team: Pont 117 Morris 68

INDIVIDUAL:

200 Medley Relay

1st Spires - Spafford - Somodi - Geschwendtner 2:07.66
2nd Bauknecht - Trembley - Doran - Lauritsen 2:21.24

200 FREE

1st Lance Kaminski 2:14.03
3rd Zander Harris 2:38.87
4th Trevor Plenert 2:40.81

200 IM

1st Brett Spires 2:34.63
2nd Luke Spafford 2:42.91
4th Michael Doran 2:57.46

50 FREE

2nd Ben Somodi 28.38
3rd Craig Geschwendtner 29.34
5th Noah Schrock 31.89

DIVING

1st Alex Sennott 171.70

100 Fly

2nd Ben Somodi 1:18.03
3rd Michael Doran 1:20.02

100 FREE

1st Lance Kaminski 59.42

3rd Craig Geschwendtner 1:07.43
4th Ryan Lauritsen 1:13.16

400 FREE

1st Colton Bauknecht 5:13.16

3rd Zander Harris 5:46.44
4th Trevor Plenert 5:48.56

200 FREE Relay

1st Kaminski - Somodi - Spafford - Geschwendtner (141.09) 1:53.09

TEAM RECORD 4-1

3rd Plenert - Harris - Zander - Ryan - Noah - Schrock 4:52.45

1st Kaminski - Doran 4:14.35

Bauknecht - Spires

400 Free Relay

4th Trembley 1:32.09
2nd Lauritsen 1:29.62

1st Spafford 1:20.55

100 Breaststroke
1st Spires 1:06.63
3rd Bauknecht 1:20.00

100 Backstroke

Ponthac Boys Swimming Results / JAN 20 vs OTTAWA

TEAM SCORE Pont 105 OTTAWA 69 TEAM RECORD 5-1

Individual

200 Medley
 2ND Spire - Somodi - 1:58.33
 3RD CT Ryan - Lauritsen - 2:18.97
 4TH Zander Harris

200 Freestyle
 2ND - Colton Bauknecht 2:23.72
 3RD Trevor Plenert 2:37.83
 4TH Zander Harris 2:38.11

200 IM
 2ND Brett Spire 2:30.46
 3RD Luke Spafford 2:41.51
 4TH Michael Doran 2:47.98

50 FREE
 2ND Lance Kaminski 26.43
 3RD Ben Somodi 27.53
 4TH Craig Gschwendtner 28.03

Dive
 1ST Alex Sennott 188.25

100 Fly
 2ND Ben Somodi 1:16.54
 3RD Michael Doran 1:18.31
 4TH Noah Schack 1:27.74

100 Freestyle
 1ST Lance Kaminski 59.03
 2ND Craig Gschwendtner 1:01.85
 4TH Jared Trembley 1:10.19

400 Freestyle
 2ND CT Cummins 5:22.12
 3RD Trevor Plenert 5:41.02
 4TH Zander Harris 5:46.51

200 Free Relay
 1:52.03 1ST Gschwendtner - Spafford
 2ND Doran - Cummins 2:05.66
 3RD Plenert - Lauritsen
 Schack - Trembley

100 Backstroke
 1ST Brett Spire 1:04.51
 3RD Colton Bauknecht 1:19.46

100 Breaststroke
 2ND Luke Spafford 1:16.15
 3RD Ryan Lauritsen 1:30.32
 4TH Jared Trembley 1:35.88

400 Free Relay
 4:05.47 2ND Kaminski - Somodi
 Bauknecht - Spire 4:55.46
 3RD Cummins - Plenert
 Lauritsen - Harris

Pontiac Boys Swimming Results JAN 22, 2015

Term: Pont 105 / High 71 / Record 7-1

INDIVIDUAL RESULTS

200 MEDLEY
1st Spores - Spafford - Somodi - Kaminski 1:59.10
3rd Colton - Ryan - Lauritsen - Doran - Trembley 2:20.14

200 Freestyle
2nd CJ Cummings 2:27.07
4th Trevor Plener 2:32.17
5th Zander Harris 2:43.43

200 Free Relay
1st Craig - Spafford - Luke - Somodi - Cummings 1:52.98
Michael - Doran

100 Backstroke
1st Brett Spores 1:27.25
2nd Colton Bauknecht 1:29.91
3rd Carter Graves 1:34.31

100 Breaststroke
1st Luke Spafford 1:17.14
~~2nd Ryan Bauknecht 1:17.14~~
~~3rd Ryan Bauknecht 1:17.14~~

400 FREE RELAY
2nd Ryan Lauritsen 1:26.74
3rd Jared Trembley 1:33.93

400 FREE RELAY
1st Kaminski - Somodi 4:00.05

SCHOOL RECORD
3rd Cummings - Plener 4:47.80
Colton - Zander - Bauknecht - Harris

200 IM
2nd Brett Spores 2:28.19
4th Luke Spafford 2:39.97
5th Michael Doran 2:53.66

50 FREESTYLE
2nd Brett Spores - Kaminski 26.48
3rd Craig Geschwendner 27.05
3rd Ben Somodi 27.05
1st Alex Sennott 1:08.75
100 Butterfly
3rd Ben Somodi 1:13.99
4th Michael Doran 1:18.64
5th Noah Schrock 1:29.90

100 FREESTYLE
1st Lance Kaminski 58.86
4th Craig Geschwendner 1:00.99
5th CJ Cummings 1:03.36
400 Freestyle
2nd Colton Bauknecht 5:10.39
4th Trevor Plener 5:42.45
5th Zander Harris 5:48.20

FINAL RESULTS - OHS PENTATHLON 2010

Morris		60 Free	100 Fly	100 Back	100 Br.	200 Free	TEAM TOTAL	13356	PLACE	3
Name	Jackson Riley	32:55	1:08:07	1:03:78	5	1:14:50	2:05:67		PLACE	9
Points	690	608	746	636	714	3394			PLACE	14
Points	705	452	446	620	637	2860			PLACE	10
Points	730	734	656	540	698	3358			PLACE	5
Points	29:22	58:57	1:03:13	1:15:04	2:07:06	3744			PLACE	12
Points	860	798	760	626	700				PLACE	15
Points	29:22	58:57	1:03:13	1:15:04	2:07:06	3744			PLACE	16
Points	31:83	1:01:83	1:08:30	1:19:31	2:07:31	3358			PLACE	4
Points	705	452	446	620	637	2860			PLACE	13
Points	730	734	656	540	698	3358			PLACE	15
Points	29:22	58:57	1:03:13	1:15:04	2:07:06	3744			PLACE	12
Points	860	798	760	626	700				PLACE	5

Morrison		60 Free	100 Fly	100 Back	100 Br.	200 Free	TEAM TOTAL	10788	PLACE	4
Name	Eric Sipes	33:37	1:22:70	1:22:56	1:45:78	2:16:62			PLACE	16
Points	650:00	316	370	10	605	1951			PLACE	13
Points	32:00	1:16:40	1:11:18	1:15:89	2:14:28	2996			PLACE	15
Points	720:00	442	598	608	628	2996			PLACE	12
Points	32:65	1:22:71	1:13:59	1:20:01	2:17:82	2670			PLACE	15
Points	685:00	316	550	526	593	2670			PLACE	12
Points	30:65	1:13:22	1:09:08	1:21:59	2:02:47	3171			PLACE	12
Points	785:00	506	640	494	746	3171			PLACE	12

Ottawa		60 Free	100 Fly	100 Back	100 Br.	200 Free	TEAM TOTAL	15682	PLACE	1
Name	Tyler Ditchfield	30:49	1:00:55	1:04:17	1:14:42	2:01:50			PLACE	7
Points	795:00	758	738	638	756	3685			PLACE	2
Points	29:43	58:02	58:47	1:13:16	1:56:25	3982			PLACE	1
Points	850:00	810	852	662	808	3982			PLACE	4
Points	28:54	1:01:33	58:29	1:06:28	1:54:66	4119			PLACE	1
Points	895:00	744	856	800	824	4119			PLACE	4
Points	27:65	58:33	1:05:00	1:13:07	2:00:00	3896			PLACE	4
Points	935:00	804	722	664	771	3896			PLACE	4

Pontiac		60 Free	100 Fly	100 Back	100 Br.	200 Free	TEAM TOTAL	14515	PLACE	2
Name	Luke Spafford	30:49	1:02:94	1:12:56	1:07:49	2:03:66			PLACE	8
Points	795:00	712	570	776	734	3587			PLACE	6
Points	845:00	708	692	676	769	3690			PLACE	2
Points	29:59	1:02:14	57:46	1:10:45	1:54:53	3982			PLACE	11
Points	840:00	728	872	716	826	3982			PLACE	11
Points	29:93	1:04:66	1:07:77	1:26:66	2:07:40	3256			PLACE	11
Points	825:00	676	666	392	697	3256			PLACE	11

OFFICIAL'S SIGNATURE:

DATE:

[Signature]

1/24/15 1:30 PM

Pontiac Boys Swimming Results JAN 27

Team Point 99 Kankakee 83 / Record 8-1

Individual

200 Medley
 1st Brett Spires - Spafford - Somodi - Gschwendthner 1:54.56
 3rd CJ Cummings - Lauritsen - Doran - Schrock 2:06.67

200 Freestyle

2nd Colton Bauknecht
 3rd Trevor Plenert
 5th Zander Harris

200 IM

2nd Brett Spires 2:16.70
 3rd Luke Spafford 2:25.39
 4th Michael Doran 2:35.37

50 FREE

1st Craig Gschwendthner 25.27
 4th Ben Somodi 26.12
 5th CJ Cummings 26.66

Divide

1st Alex Sennott 176.70

100 Butterfly

3rd Michael Doran 1:18.37
 5th Noah Schrock 1:23.85

100 Freestyle

2nd Craig Gschwendthner 56.14
 3rd Ben Somodi 58.24
 4th Jared Trembley 1:04.86

500 Freestyle

2nd Colton Bauknecht 5:50.77
 3rd CJ Cummings 6:18.03
 4th Trevor Plenert 6:32.71

200 Freestyle Relay

2nd Kaminiski - Somodi - Gschwendthner - Bauknecht 1:41.07
 3rd Doran - Schrock - Plenert - Trembley 1:54.52

400 Freestyle Relay

1st Kaminiski - Spires - Spafford - Bauknecht 3:54.02

100 Breaststroke

1st Luke Spafford 1:10.64
 2nd Ryan Lauritsen 1:17.88
 5th Jared Trembley 1:26.49

100 Backstroke

1st Brett Spires 1:01.73
 4th Noah Schrock 1:26.71

2:08.15
 2:16.62
 2:26.82

3rd Cummings - Lauritsen - Plenert - Trembley 4:16.70

Pontiac Boys Swim Results Jan 31 2015

TEAM: Pont 179 Urbana 98 Mahomet 80 BCC 71

11-1

INDIVIDUAL:

200 MEXLEY

1st Spires - Spafford - Somodi - Eschwendtner

1:47.99

200 FREESTYLE

1st Lance Kaminski 1:58.99

2nd Cotton Bauknecht 2:03.80

200 I.M.

1st Brett Spires 2:10.38 → School Record

3rd Luke Spafford 2:20.81

50 FREE

2nd Craig Eschwendtner 2:43.7

DIVE
3rd Alex Senott

100 Butterfly

3rd Ben Somodi 1:04.98

4th Michael Doran 1:06.41

100 FREESTYLE

1st Lance Kaminski 53.08

2nd Craig Eschwendtner 55.24

500 Freestyle

1st Cotton Bauknecht 5:46.92

3rd Trevor Plenert 6:15.95

200 Free Relay

1st Kaminski - Spafford - Eschwendtner - Bauknecht 1:37.27

3rd Schack - Doran - Plenert - Cummins 1:45.18

100 Backstroke

1st Brett Spires 55.87 → School Record

2nd Michael Doran 1:10.23

3rd

Cummins - Plenert 4:02.50

Spires - Bauknecht

1st Somodi - Kaminski 3:36.37

400 Free Relay → School Record

4th Ryan Lautsen 11:04.2

1st Luke Spafford 1:00.47

100 Breaststroke → School Record

Pontiac Boys Swim Results

FEB 3RD

Team Point 49 Ottawa 45
Record 12-1

Individual

100yd Medley

2nd Spires - Spafford-Somodi - Geschwendtner 1:35.17
3rd Doran - Lauritsen - Schrock - Cummins 1:37.27

200 Free

1st Lance Kaminski - 1:54.68
3rd Colton Bauknecht 2:08.84

100 IM

2nd Brett Spires 1:45.22
3rd Luke Spafford 1:52.72

400 Free

2nd Craig Geschwendtner 30.27
3rd Ben Somodi 31.08

100 Fly

2nd Ben Somodi 1:06.77
3rd Michael Doran 1:10.98

100 Freestyle

1st Lance Kaminski 52.16
2nd Craig Geschwendtner 54.65

500 Freestyle

2nd Cummins 6:13.54
3rd Trevor Plener 6:17.16

100 Free Relay

2nd Kaminski - Spafford - Bauknecht - Cummins
3rd Doran - Lauritsen - Schrock - Trembley

100 Backstroke

1st Brett Spires 57.70
3rd Michael Doran 1:12.35

400 Free Relay

2nd Kaminski - Spires 3:39.44
3rd Somodi - Geschwendtner 4:19.21
Cummins - Bauknecht 4:19.21

Plener - Harris

Pontiac Boys Swimming Results FEB 5TH, 2015

TEAM RECORD 1-1

Individual

200 Medley

1st Spires-Spafford-Somodí-Kaminski - 1:57.88

2nd Doran - Lauritsen-Schrock-Trembley - 2:07.30

School Record

500 Freestyle

1st Brett Spires 5:23.04

2nd Lance Kaminski 5:23.46

3rd Zander Harris 6:31.76

200 Freestyle Relay

1st Gschwendtner - Somodí 1:41.41

Spafford - Bauknecht

2nd Cummins - Schrock 1:51.42

Trevor - Zander Harris

100 Backstroke

2nd Michael Doran 1:11.09

4th Carter Graves 1:26.27

5th Henry Bertram 1:38.27

100 Breaststroke

1st Lance Kaminski 1:14.41

2nd Ryan Lauritsen 1:21.13

3rd Jared Trembley 1:25.75

400 Free Relay

1st Gschwendtner - Spafford 3:43.07

Somodí - Kaminski

2nd Bauknecht - Spires 3:55.39

Cummins - Plenet

Team Pontiac 188 Olympia 64

200 YD FREESTYLE

1st Colton Bauknecht 2:09.80

2:15.04

2:22.74

2:24.95

2:31.29

2:41.62

200 IM

1st Luke Spafford 2:24.95

2nd Michael Doran 2:31.29

3rd Trevor Plenet 2:41.62

50 Freestyle

2nd Craig Gschwendtner 2:42.1

3rd Brett Spires 2:47.23

4th Noah Schrock 2:48.41

Diving

1st Alex Sennott 2:06.95

100 Fly

2nd Ben Somodí 1:08.44

3rd Noah Schrock 1:21.66

100 Freestyle

1st Craig Gschwendtner 5:4.33

3rd Colton Bauknecht 56.61

4th Henry Bertram 1:13.52

Pontiac Boys Swim Results @ Kankakee Inuite 2/13/15

200 MIDDLE *
 1st Brett Spafford - Somodi - Kammanski - /44.62
 2nd Luke Spafford - Somodi - Kammanski - /44.62
 3rd Ryan Spafford - Somodi - Kammanski - /44.62
 4th Jared Trembley - /59.36
 5th Cummins - Kammanski - /59.36

School Record

200 Freestyle
 3rd Colton Bauknecht 2:02.82
 4th Zander Harris 2:17.36
 5th Trevor Plener 2:16.56
 200 IM
 2nd Luke Spafford 2:18.07

50 Freestyle
 1st Craig Geschwendtner 23.88
 3rd Lance Kammanski 23.98
 4th Ben Somodi 24.27

Diving
 1st Alex Sennott 194.75

100 Freestyle
 2nd Brett Spires 57.34
 5th Colton Bauknecht 55.03

500 Freestyle
 3rd Trevor Plener 6:00.29

200 Free Relay
 1st Geschwendtner - Kammanski - Somodi - Spires 1:34.61
 3rd Spafford - Bauknecht - Cummins - Lauritsen 1:41.08

100 Breaststroke
 3rd Luke Spafford 1:07.33
 4th Ryan Lauritsen 1:14.73
 400 Free Relay

1st *
 Geschwendtner - Kammanski - Somodi - Spires 3:29.69
 6th Bauknecht - Cummins - Plener - Harris 3:59.57
 School Record