



TRYOUT INFORMATION

Fall 2018

Welcome to Muir Volleyball!

The Muir Volleyball Coaches are looking for dedicated student-athletes who take pride in their school and are willing to make a maximum effort in both the classroom and on the volleyball court. Wearing a Muir uniform is a privilege, one that carries both responsibilities and rewards. Any 7th or 8th grade girl that would like to try out for the Muir Colt Volleyball Team should bring their physical exam form and the Student Athlete Information sheet to the office.

Tryouts will be held on August 28th and 29th from 3:15 PM to 5:00 PM.

Athletic Paperwork

You can attend tryouts ONLY after completing the following paperwork:

- **PHYSICAL:** You must visit your health care provider and have him/her complete the **PHYSICAL EXAMINATION** form (dated after April 15, 2018).
- **STUDENT ATHLETE FORM:** Your parent needs to fill this form out providing information for tryouts.

Volleyball Tryout Information

Girls will meet in the gymnasium on Tuesday, August 28th.. Please bring a water bottle and athletic clothes for tryouts. You will be able to change in the locker room after school.

- Tryouts are held the week prior to school starting, so make sure to have the paperwork turned in on the BEFORE first day of tryouts (August 28th).
- Mr. Davis (7th grade coach) and Mrs. Bradley (8th grade coach) plan to have teams set by the end of tryouts on Wednesday August 29th, and we will begin the **team practices** on Wednesday, September 5th.

What to Bring/ What to Wear

Wear comfortable clothes: t-shirt, shorts/spandex, socks and court shoes. Do not wear spaghetti-strap tops or shirts exposing a bare midriff. Do not bring jewelry (including earrings) to the gym. Kneepads are recommended, but not required for tryouts.

What to Expect at Tryouts

- **Expect to work hard:** You will be asked to perform all physical testing and drills at full speed. You should run when shagging balls, when moving from drill to drill and when going to and from water breaks.
- **Skill Introduction:** Prospective student-athletes will be taught volleyball skills, including passing, serving, attacking, setting, blocking and defense.
- **Attitude Evaluation:** Prospective Colt Volleyball Players should be willing to try hard, make mistakes, learn from those mistakes and keep trying. Coaches will take note of those players who demonstrate progress while learning new skills.

The coaching staff will be looking for coachable athletes who have a great work ethic and want to learn to be better players and teammates. Prior volleyball experience or skill helps, but is not required. Prospective student-athletes will be tested and evaluated for their overall athletic ability and level of volleyball skill. Coaches will evaluate players for their ability and potential to fill specific positional needs (setter, outside hitter, middle blocker, opposite hitter, defensive specialist, and/or libero).

Pay to Participate

Per district policy, if you make the team, there will be a fee to participate. The fee is based on what you pay for the lunch program. The fees from the 2017-2018 school year are listed below (*the fees may slightly change for the 2018-2019 school year*).

- \$100.00 Participation Fee- Standard Fee
- \$20.00 Participation Fee- if you qualify for the REDUCED lunch program
- \$10.00 Participation Fee- if you qualify for the FREE lunch program
- \$0.00 Students may apply for a hardship waiver with a letter of explanation.

How to Impress the Coaches

1. Be among the first to arrive in the gym and among the first to help set up nets and equipment.
2. Be among the first to line up for drills.
3. Look the coach in the eye when she/he speaks to you or the team.
4. Shag the volleyballs during drills.
5. Be among the first to help take down the nets and put away the equipment.

One of the toughest jobs for any coach is the final decision about which players make the team. The Muir Volleyball Coaching staff strives to make all decisions fairly, without bias, based athletic on ability and attitude.

Thank you!

Carrie Bradley
carrie.bradley@hvs.org
8th grade Coach

Rowan Davis
rowan.davis@hvs.org
7th Grade Coach

Huron Valley School District
Muir Middle School
STUDENT ATHLETE FORM
VOLLEYBALL INFORMATION

Student's name _____ Grade (2018-2019) _____
(Last) (First) (MI)

Parent/Guardian's name _____

EMAIL: _____

Father's Phone: _____ Mother's Phone: _____

Two persons you recommend we call in the event you cannot be reached:

Name & Relationship: _____ Phone: _____

Name & Relationship: _____ Phone: _____

TRY OUT AUTHORIZATION: As a parent or legal guardian, I authorize the above named student to pursue athlete try-outs for girls' volleyball. My student will make every effort to do their best during tryouts. We understand that cuts will be made and will be handled in the most discreet manner possible by all people involved.

Parent/Guardian Signature: _____ Date: _____