

Zeeland Public Schools

Pre-Participation Physical Exams

For athletes entering grades 6-12

Last names beginning with:

A-E 6:00-6:30 p.m.

F-J 6:30-7:00 p.m.

K-O 7:00-7:30 p.m.

P-T 7:30-8:00 p.m.

U-Z 8:00-8:30 p.m.

*Please come at the beginning of your
time slot*

**Wednesday,
April 17**

**Shoreline
Orthopaedics**

370 N. 120th Ave

Between Lakewood & James

\$20 CASH ONLY

Please print a physical form from FinalForms and have parent or guardian sign the form. You may also complete a hard copy, including parent/guardian signatures, that is found on the athletic website (www.zeelandeastathletics.com OR www.zeelandwestathletics.com) or stop in the HS athletic office or the MS office for more info.

You may come at a different time slot if you are unable to make it to the one designated to you.

If you have any questions please contact:

ZW Athletic Trainer: Diana Albers at 748-4543 or **ZE Athletic Trainer:** Jason Burgess at 748-3129

*Pre-Participation Physical Exams (PPEs) are provided by area Physicians and Health Care Professionals who volunteer their time for our student-athletes. *