

## West Jessamine Volleyball Evaluation Form

<b>Name:</b>			<b>Handed:</b> Right      Left	
<b>Grade:</b>	<b>Age:</b>	<b>Birthday(mm/dd/yy):</b>		
<b>Player Email:</b>			<b>Player Phone :</b>	
<b>Parent/Guardian Email:</b>			<b>Parent/Guardian Ph:</b>	
<b>Previous Volleyball Experience (years/club/school):</b>				
<b>Position/Played:</b>				

**DO NOT WRITE BELOW THIS LINE**

### Physical Test

Evaluator:	Height	Standing Jump	Vertical Jump	Attack Height	Agility 1	Agility 2	Agility 3
Skill	Rating Scale: 1-poor, 2- Need imp, 3- avg, 4- good, 5- great					Technique/Cue	
	Check item(s) which need to be improved, developed or managed						
Serve	1	2	3	4	5	<input type="radio"/> Ritual <input type="radio"/> Bow & Arrow <input type="radio"/> Good Toss <input type="radio"/> Step Into <input type="radio"/> Big Hand <input type="radio"/> Follow Thru <input type="radio"/> Accuracy <input type="radio"/> Power <input type="radio"/> Consistency	
Pass	1	2	3	4	5	<input type="radio"/> Communication <input type="radio"/> Facing Ball/Midline <input type="radio"/> Platform <input type="radio"/> Shuffle <input type="radio"/> Angle Platform <input type="radio"/> Hold	
Set	1	2	3	4	5	<input type="radio"/> Communication <input type="radio"/> Under Ball <input type="radio"/> Square Up <input type="radio"/> Hands High <input type="radio"/> Right Foot Forward <input type="radio"/> Jump to Target <input type="radio"/> Extension	
Attack	1	2	3	4	5	<input type="radio"/> Communication <input type="radio"/> Ready <input type="radio"/> L-R-L Approach <input type="radio"/> Bow & Arrow <input type="radio"/> Snap thru Target <input type="radio"/> Land on 2 feet	
Block	1	2	3	4	5	<input type="radio"/> Communication <input type="radio"/> Hands High <input type="radio"/> Legs Flexed <input type="radio"/> Shuffle <input type="radio"/> Crossover <input type="radio"/> Close Block <input type="radio"/> Front of Hitter <input type="radio"/> Hands Penetrate	
Dig/Return	1	2	3	4	5	<input type="radio"/> Communication <input type="radio"/> Angles <input type="radio"/> Anticipate <input type="radio"/> Low Posture <input type="radio"/> Track ball <input type="radio"/> Platform Angle <input type="radio"/> Stopped	
Movement/ Footwork	1	2	3	4	5	<input type="radio"/> Sides <input type="radio"/> Forward <input type="radio"/> Backward <input type="radio"/> Shuffle <input type="radio"/> Transition <input type="radio"/> Spike Approach <input type="radio"/> Reaction	
Attitude!	1	2	3	4	5	<input type="radio"/> Always ready <input type="radio"/> High Energy <input type="radio"/> Intensity <input type="radio"/> Positive in & out <input type="radio"/> Supportive <input type="radio"/> Confident <input type="radio"/> Effort <input type="radio"/> Initiative	
Team Player/ Leadership	1	2	3	4	5	<input type="radio"/> Acknowledge Others <input type="radio"/> Positive Example <input type="radio"/> Unites Team <input type="radio"/> Leads Team <input type="radio"/> Provides Solutions <input type="radio"/> Wants best for team	
Follow Direction	1	2	3	4	5	<input type="radio"/> Pays Attention <input type="radio"/> Asks ?s <input type="radio"/> Ready On-time <input type="radio"/> Makes Adjustments <input type="radio"/> Body Aware	
Coachable	1	2	3	4	5	<input type="radio"/> Stays On Task <input type="radio"/> Eye Contact/Listens <input type="radio"/> Problem Solver <input type="radio"/> Learner/Not Knower	
Shagging	1	2	3	4	5	<input type="radio"/> Not Responsible <input type="radio"/> Good <input type="radio"/> Great <input type="radio"/> Team Player	

Notes:

Recommendation: