

Fight Song



300 Violins



Athletic Town Hall
October 11, 2021
6:30 PM

Westfield Staff Here Tonight

Director of Student Activities

Terri Towle - tktowle@fcps.edu

Assistant Director of Student Activities Isaac Bumgardner- ijbumgardner@fcps.edu

Certified Head Athletic Trainer

Shandi Partner slpartner@fcps.edu



Objective of tonight's program provide the following information:

What do I need for tryouts?

What will the winter/spring season look like?

Information from our Head Athletic Trainer

Remember: Trying out or participating in sports is optional. We are trying to make sure you have the information you need to make that decision. Information changes constantly.

What do I need for tryouts?

Connect with the Head Coach

Basketball-Boys Head Coach: Doug Ewell <u>DPEwell@fcps.edu</u>

Basketball-Girls Head Coach: Noel Klippenstein Nklippenstei@fcps.edu

Gymnastics Head Coach: Melissa Mills mmills@fcps.edu

Indoor Track & Field Head Coach: David Groff DAGroff@fcps.edu

<u>Swim and Dive</u> Head Coach Swim: Russell Ramey <u>rdramey@fcps.edu</u>

Wrestling Head Coach: Keith Sholders <u>KMSholders@fcps.edu</u>

Winter Sports Start November 8, 2021

What do I need for tryouts?

Connect with the Head Coach

Baseball Head Coach: Rob Hahne <u>rlhahne@fcps.edu</u>

<u>Crew</u> Head Coach: Paul Phillips <u>pphillips@fcps.edu</u>

Lacrosse-Boys Head Coach: Phil Polizotti <u>WFHSLacrosse@gmail.com</u>

Lacrosse-Girls Head Coach TBD

Outdoor Track & Field Head Coach: David Groff dagroff@fcps.edu

<u>Softball</u> Head Coach: Brian Fleury <u>bgfleury@fcps.edu</u>

<u>Soccer-Boys</u> Head Coach: Erich Wiemann <u>ehwiemann@fcps.edu</u>

Soccer-Girls Head Coach: Daryl Jones djones2@fcps.edu

<u>Tennis-Boys</u> Head Coach: Tracy Castleberry <u>castleberry10@verizon.net</u>

<u>Tennis-Girls</u> Head Coach: Suzanne Swalboski <u>smswalboski@fcps.edu</u>

Spring Sports Start February 21, 2022 (Student Holiday)

What do I need for tryouts?

- A new updated VHSL physical on the new revised "Jan 2021" sheet. Hard Copy of VHSL Physical send to — <u>SLPartner@fcps.edu</u>
- Register each year at our athletic registration site https://westfield-ar.rschooltoday.com/ (more on next slide)
- Visit <u>www.westfieldathletics.org</u> for sport details
- All VHSL eligibility rules must be met (grade, age, scholarship rule, semester rule etc)
- If you are 16 or older by Nov 8, you must have a Covid vaccination record on file or an exemption in order to participate - More details later in presentation

Athletic Registration

- All families must create an account and register for sports they wish to tryout for. https://westfield-ar.rschooltoday.com/
- Registration Includes:
 - Online Concussion Ed for Parent / Guardian & Student
- Emergency Care Card
- Weight room waiver
- Driving Forms

Vaccination Policy

- Starting Nov 8, 2021 If you are 16 years or older you must show proof of vaccination or have a medical or religious exemption in order to participate. This includes all activities that require a VHSL physical, sports that are in season and also includes our conditioning and green days.
- If you are 12-15 years old, you can show proof of vaccination, have a medical or religious exemption or be provide a weekly negative covid test.
- Potential Spring Date for those that that will turn 16 after Nov 8 but before Feb 21, 2022
- Process for exemption details for medical and religious in the FAQ.
- Weekly testing what does that look like.
- Send proof of vaccination and/or exemptions to Terri Towle tktowle@fcps.edu, Please have all documentation in by Nov 1, 2021 for the winter season
- FAQ Athletics Vaccination Requirement

Important Dates

- Winter Sports Start Nov 8, 2021
- Nov 17 6:30pm Parent/Coach Information Mtg in person
- Nov 18, Dec 9 Picture dates
- Spring Start is Feb 21, 2022 Student Holiday
- Spring Parent TBD
- Spring Pictures March 7 and 8
- Practice/Games dates could happen on Weekends and Holidays.



- Teams try to be as consistent as possible with practice dates and times. You are expected to be at all practices.
- FCPS guidelines has a minimum of 3 day tryout

Health Protocols for Coaches and Athletes

- Daily attendance is taken
- No masks are required outside. While inside coaches and students not actively participating must wear masks.
- No sharing water bottles everyone has to have their own <u>at</u> least 32 ounces, label your bottle.
- Come <u>properly dressed</u>, shower and wash clothes each night We have access to lockers for holding items and changing clothes
- Busses are now at full capacity, masks must be worn while on the bus and windows are currently open.
- High touch equipment will be disinfected.
- Will continue to pause individuals who have tested positive or are considered a close contact



- Regular Season is at 100% FCPS game limitation
- There will be a district post season. There are now 6 teams in our district. All 6 will participate in the district post season.
- 8 Team Regional Tournament for bracketed sports (4 teams from the Concorde, 4 team from the Liberty)
- Back to a normal VHSL post season

Spectators

There are no spectator limitations at this time (on school grounds). Inside events do require masks be worn.

Admission for regular season games will be \$5 in the Concorde District

District Tournament admission \$7

Regional Tournament admission \$7

GET A BOOSTER PASS -can be used at all home regular season events. More details on www.westfieldathletics.org - booster tab

Athletic Trainer Mrs Shandi Partner

Presentation: What you need to know about our Athletic Training Program. All slides will be available on the Westfield Athletic Website for your reference.

Thank You

Thank you for joining us. We hope that this has been informative and helpful.

Questions:

Please contact Terri Towle <u>tktowle@fcps.edu</u> - DSA

Isaac Bumgardner <u>ijbumgardner@fcps.edu</u> - ADSA

Shandi Partner <u>slpartner@fcps.edu</u> ATC

GO BULLDOGS!

Q & A