



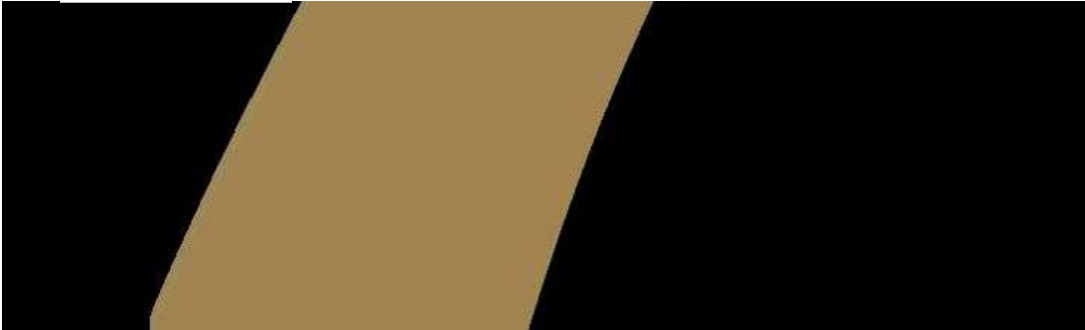
Fight Song



300 Violins



Fall Sports Town Hall
January 28, 2021
6:30 PM



Westfield Staff Here Tonight

Director of Student Activities

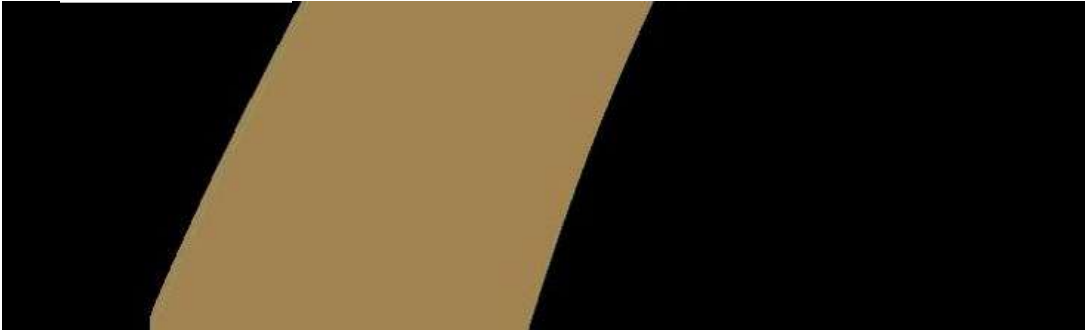
Terri Towle - tktowle@fcps.edu

Assistant Director of Student Activities

Isaac Bumgardner- ijbumgardner@fcps.edu

Certified Head Athletic Trainer

Shandi Partner slpartner@fcps.edu



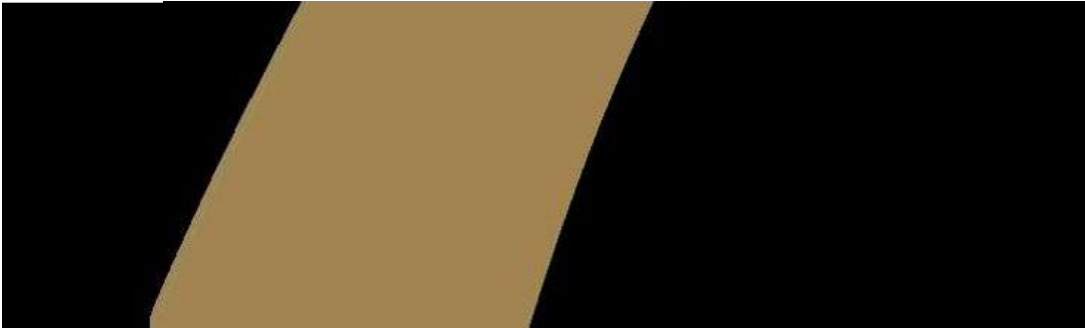
Westfield Athletic Program

- **Objective of tonight's program is to answer the following questions.**

What will fall tryouts/season look like?

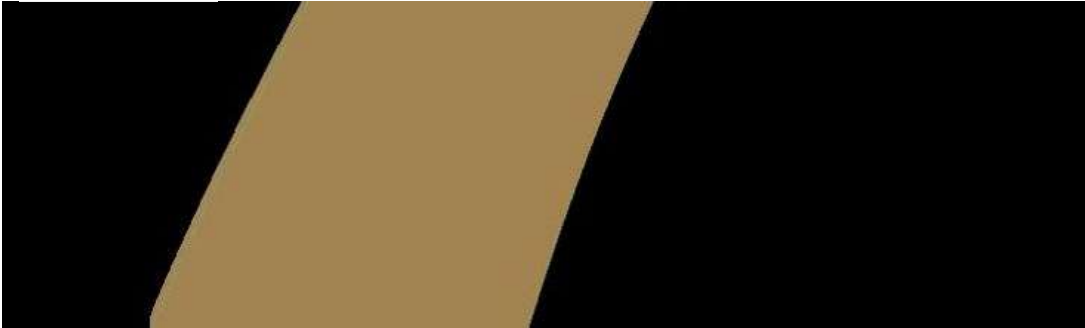
What protocols are in place?

Remember: Trying out or participating in sports is optional. We are trying to make sure you have the information you need to make that decision. Information changes constantly.



Where are we now?

- VHSL has developed the championship +1 plan to allow 3 condensed seasons to happen (Winter, Fall, Spring...in that order)
- VHSL created a Return To Play (RTP) document can be found at vhsl.org
- FCPS has RTP guidelines in place. Both are working documents
- You can participate if you select virtual
- All VHSL eligibility rules still apply (grade, age, scholarship rule etc)



Important Dates

Season 2 (Fall) – Last State event on May 1

- Feb 4 - Football & Cheer
- Feb 15 -Field Hockey, Cross Country, Volleyball, Golf

NOTE: Feb 15 is a Holiday, however we will hold tryouts. There are practices and games over Spring Break (Mar 29 - Apr 5)

Season 3 (Spring) – April 12 – Last State event June 26

- April 12- Baseball/Softball, Boys & Girls Lacrosse, Boys & Girls Soccer, Track & Field, Tennis and Crew

Note: Graduation is June 8, Last Day of School is June 11

FALL SEASON

Season 2 – Fall Sports									
Activity	Number of Contests	MPR	First Practice	First Contest	Region Start	Region Deadline	VHSL Semi-Finals	VHSL Finals	
Competition Cheer	3	20	02/04	03/01	04/05	04/10	NA	04/17	
Cross Country	6	8	02/15	03/01	04/12	04/17	NA	04/23-24	
Field Hockey	10	8	02/15	03/01	04/12	04/17	04/20	04/22-24	
Football	6	15	02/04	02/22	04/07	04/17	04/24	05/01	
Golf (Boys)	8	NA	02/15	03/01	04/12	04/15	NA	04/19	
Golf (Girls)	8	NA	02/15	03/01	NA	NA	04/21-22	04/26	
Volleyball	12	8	02/15	03/01	04/12	04/17	04/20	04/23-24	

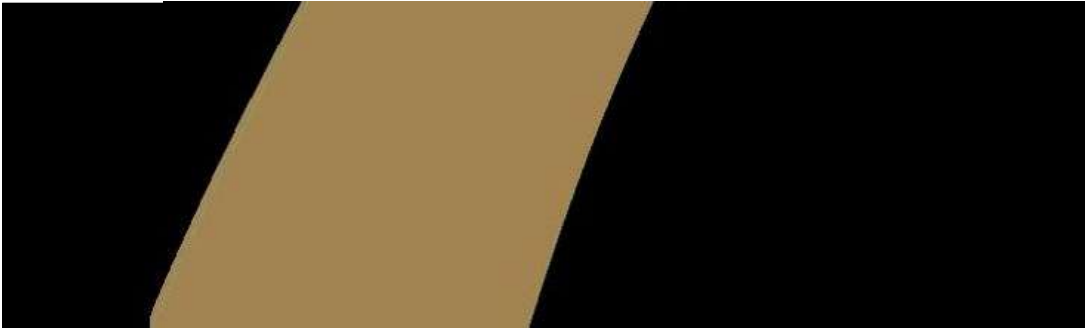
SPRING SEASON

Baseball	12	8	04/12	04/26	06/14	06/19	06/22	06/26
Lacrosse	9	8	04/12	04/26	06/14	06/19	06/22	06/26
Soccer	10	8	04/12	04/26	06/14	06/19	06/22	06/26
Softball	12	8	04/12	04/26	06/14	06/19	06/22	06/26
Tennis	10	8	04/12	04/21	05/20	06/05	06/07	06/11-13
Track & Field	9	8	04/12	04/26	06/7	06/12	NA	06/18-19

New Registration

- All families must create an account and register for sports they wish to tryout for.
<https://westfield-ar.schooltoday.com/>
- **Registration Includes:**
 - Hard Copy of VHSL Physicals – SLPartner@fcps.edu
 - Online Concussion Ed for Parent / Guardian & Student
 - Emergency Care Card
 - Weight room waiver
 - Driving Forms

Now more than ever it is important that we know who is interested and who is showing up!



Coaches Contacts

Football

Head Coach: Kyle Simmons
KWSimmons@fcps.edu

Cheerleading

Head Coach: Beka Russo
rerusso@fcps.edu

Cross Country

Head Coach: Kelly Deegan
KSDeegan@fcps.edu

Field Hockey

Head Coach: Danielle Barthold
dgbarthold@fcps.edu

Golf

Head Coach: Bob Hersey
rlhersey@fcps.edu

Volleyball

Head Coach: Amy Shoemaker
ABShoemaker@fcps.edu

Tryout Schedules

Connect with the head coach: westfieldathletics.org

Starting Feb 4 - confirm all times the week before

JV and Varsity Football 3:30-6:15

Freshman Football 5:30-7:30

Cheerleading 4:00-7:00

Starting Feb 15

Cross Country 3:30-5:30?

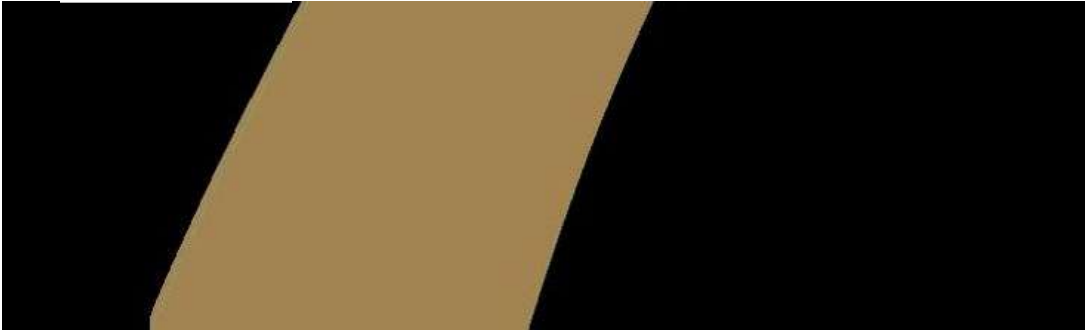
Volleyball JV/V 3:45-6:00

Field Hockey 6:30-8:30

Fresh 6:00-8:00

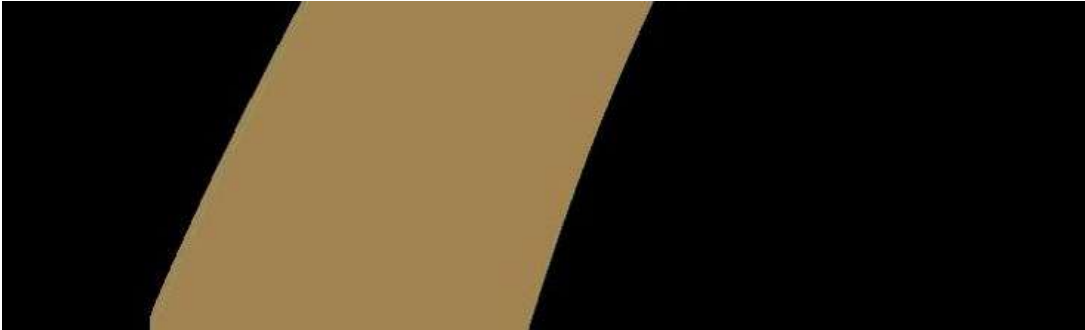
Golf TBD At Chantilly National

Note: No locker room access, come dressed and ready, wear your mask, bring your own water (labeled) **at least 32 ounces**, check in will happen in your car. There is an enter and exit for each program. Example: Vball enter door #11, will exit door #13. Parents pick up promptly.



Tryouts Continued

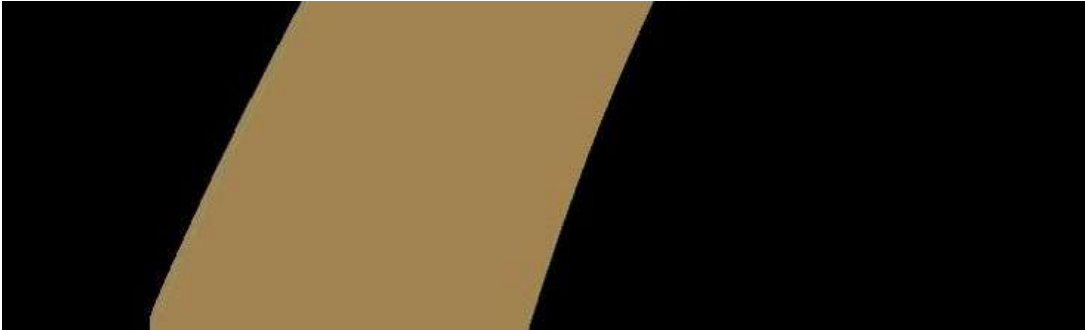
- Complete paperwork and register at our “new” link
- FCPS guidelines has a minimum of 3 day tryout
- Space limitations, based on guidelines and sport (very specific for inside spaces)
- Once the teams are established there will be a return to school form that is collected for each athlete



Health Protocols

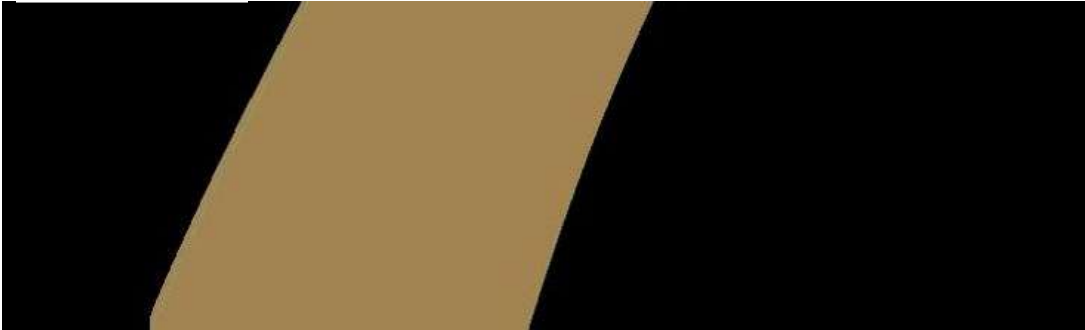
Screened Daily with Health Questions.

- Coaches and athletes wear masks at all times.
 - Separate entrances and exits, keeping them grouped
 - No sharing water bottles - everyone has to have their own at least 32 ounces, label your bottle.
 - Come properly dressed, shower and wash clothes each night
 - Hand sanitizer placed at entry and exit and in practices.
 - Equipment: balls, high touch equipment will be disinfected before, periodically and after practices.
- Coaches have been trained for their specific sport's protocols



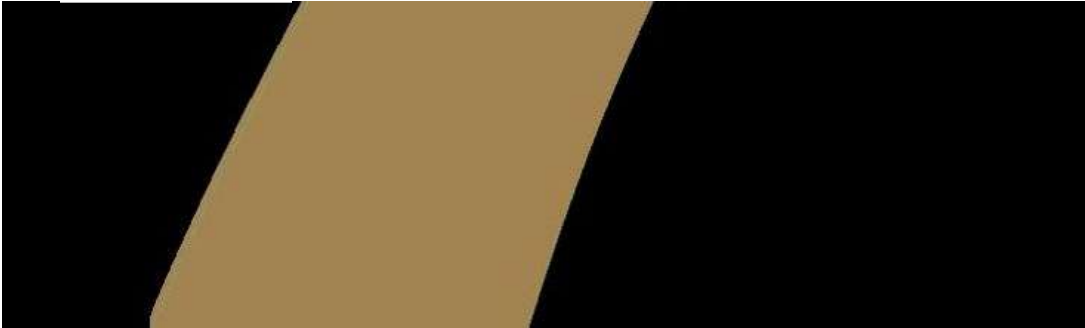
Health Protocols

- Custodians disinfecting high touch doors and bathrooms
- We have procedures in place with FCPS work with the health department on how to proceed with known cases or possible exposure.
- We will be working closely with the HD regarding: pausing a group and when to pick up again
- Potential for pauses in the season, possibly for a team, a program, a school.
- Please stay home if you have a temperature, feeling any symptoms, or if anyone in family or close contact is being tested, even if no symptoms.



Post-Season

- Regular Season is about 60% of a normal season. e.g. Football 6 games; Volleyball 12 games.
- Currently not scheduled to have district tournaments, hoping to crown team champions based off regular season.
- "All-in" Regional Tournament for bracketed sports
- Regional qualifying events for programs such as cross country and golf. No regional/state qualifying times.
- 4-Team State Tournament (1 rep from each region)



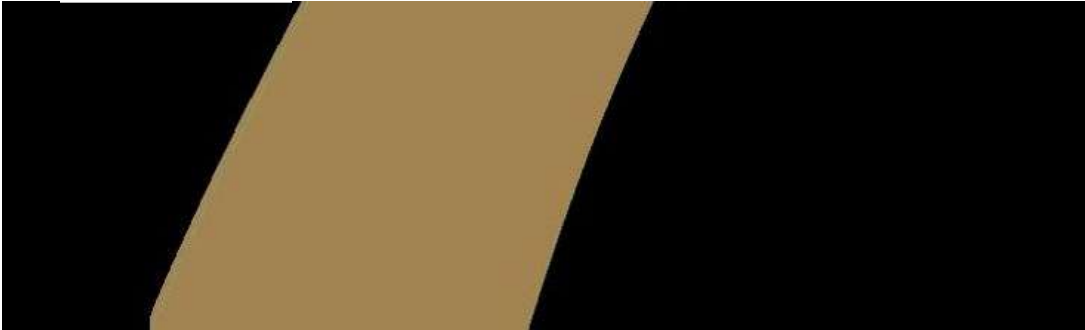
Spectators

- As of today:

Indoor Sports: Up to 25 fans allowed for Varsity Contests Only

Outdoor Sports: Two spectators per participant. Participants are currently defined as Athletes, Coaches, Officials, and Administrators. At this time, cheerleaders, dance team, and band are not defined as participants.

We are planning on charging admission for the upcoming season. However this is still being discussed

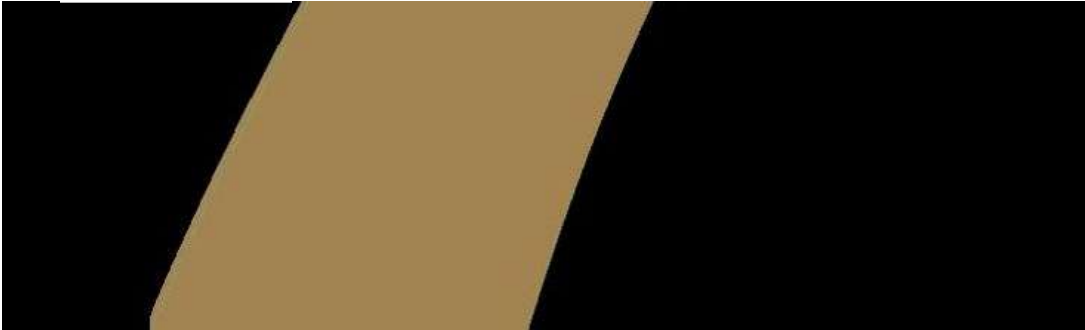


Live Streaming

A camera for live streaming is hopefully coming.

Until that time the Activities Office will work with teams to stream as many games as possible through our Westfield Live YouTube channel.

Please reach out if interested in helping out with streaming!



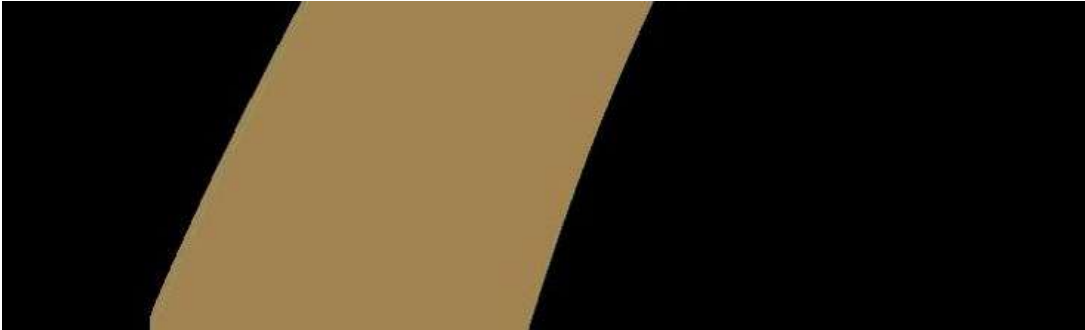
Donations/Fundraising

MySchoolBucks

Allows you to designate your donation to our general athletic fund or to a specific sport.

Any amount helps.

Thank you



Thank You

Thank you for joining us. We hope that this has been informative and helpful.

Questions:

Please contact **Terri Towle** tktowle@fcps.edu - **DSA**
Isaac Bumgardner ijbumgardner@fcps.edu - **ADSA**
Shandi Partner slpartner@fcps.edu **ATC**

GO BULLDOGS!

Q & A