

# WAYLAND *AquatiCATS*

## Diving!

For the first time ever we are offering a diving course with our AquatiCATS swim season!

Diving practices will take place every Sunday from 2:30-5:00pm.  
May 21st - July 23rd

\*\*\*Ages 10 and Up\*\*\*

Coached by Wayland Swim Alumni - Quincy Bollone

Cost is \$15 dollars per day.

Divers will be learning 1 meter diving fundamentals, exercises and more!

Divers will not compete in any competitions. This program is for training purposes only.

Please join the Wayland AquatiCATS Facebook page to stay updated throughout the season with information.

Divers Love AquatiCATS because they...

Learn to dive higher

Learn to dive more efficiently

Make new friends

Learn new dive forms and techniques

Parents Love AquatiCATS because it...

Gives kids a healthy physical and social outlet

Is reasonably priced

Allows kids to compete at their own intensity level

There is no online registration. Payments will be made on an attendance basis in person.

Please contact Anthony Muscarella ([muscarellaanthony1@gmail.com](mailto:muscarellaanthony1@gmail.com)), or Quincy Bollone ([qtbollone@gmail.com](mailto:qtbollone@gmail.com)) with any questions.