

YOUTH SPORTS PHYSICALS

Timberline and Capitol STUDENT ATHLETES -

A quick, convenient way to get in the game and keep your athlete safe. That is our goal!



When: Saturday May 4th

11:30 a.m. - 1:30 p.m.

**Where: Saint Alphonus JPR and Sports
Medicine Clinic**

6165 W. Emerald St. Boise, Idaho 83704



Cost: \$25 Proceeds will be donated to the athletic programs at Capitol and Timberline High School for purchase of supplies related to injury prevention and care of their athletes.

IMPORTANT NOTES:

The history portion of the physical form must be completed and signed by a **parent or guardian** prior to admission to the examination session. Additional forms (eg. **scout/church forms**) will not be signed by the doctors. **Athletic Attire recommended**

OPTIMIZING PERFORMANCE

The Saint Alphonus Sports Medicine team provides superior athletic support unlike any other program available and offers helpful tips for increased safety and optimizing athletic performance. Our team of experts includes Licensed Athletic Trainers, Physical Therapists and Fellowship Trained Sports Medicine/Family Medicine Physicians.



SCAN ME



Saint Alphonus

SPORTS MEDICINE

For Questions: Capital HS Mark Leduc (208) 724-3311
and Timberline HS Morgan Bengtzen (801) 702-7713