

## **ATHLETIC CLEARANCE PROCESS**

To become eligible to participate in the SHHS Athletics, each player must be 'cleared' prior to his/her participation each year. To complete the 'clearance process', each athlete MUST obtain an ATHLETE PARTICPATION CARD (a green form) from the Activities Office (Room 6) and complete the form in its entirety.

Note: The Athletic Participation Card requires the signature of a licensed physician indicating that your child is healthy and can participate in our athletic program.

**PLEASE UNDERSTAND THAT IF YOUR CHILD'S MEDICAL CLEARANCE EXPIRES DURING HIS OR HER SEASON OF PLAY, WE WILL REQUIRE AN UPDATED PHYSICAL EXAMINATION AND WILL NOT CLEAR YOUR CHILD FOR PLAY.**

**PLEASE MAKE EVERY EFFORT TO OBTAIN MEDICAL CLEARANCE FROM A MEDICAL PHYSICIAN AFTER MAY 6, 2014 TO ENSURE CLEARANCE FOR PARTICPATION WITHOUT INTERRUPTION.**

### **Fall Sports:**

Football

Tennis—Girls

Volleyball—Girls

Water Polo—Boys

Cross Country—Boys/Girls

### **Winter Sports:**

Basketball-Boys/Girls

Soccer—Boys/Girls

Wrestling—Boys

### **Spring Sports:**

Baseball--Boys

Softball--Girls

Swim/Dive—Boys/Girls

Tennis-Boys

Golf—Boys/Girls

Track—Boys/Girls

**To complete the Athletic Participation Card**, please open each of the documents below and read **each** form completely **prior** to signing on the corresponding signature lines found on the Athletic Participation Card.

For further clarification regarding the process or about these forms, please come by the Activities Office (Room 6) or contact us 714-626-4269.