

**IF YOU HAVE A CONCERN TO DISCUSS
WITH A COACH, HERE ARE THE
PROCEDURES AND ORDER TO BE
FOLLOWED.**

1. Call the coach to set up an appointment.
2. If the coach cannot be reached, call the Athletic Director, Mr. Dave Hembach. He will set up the meeting for you and the coach.
3. Please do NOT attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature usually do not promote positive resolution.

THE NEXT STEP

**WHAT CAN A PARENT DO IF THE
MEETING WITH THE COACH DID
NOT PROVIDE A SATISFACTORY
RESOLUTION?**

1. Call and set up an appointment with the Athletic Director to discuss the situation.
2. At this meeting the appropriate next step can be determined.

***TEN EXPECTATIONS OF
GOOD SPORTSMANSHIP***

1. **Taunting, trash talk and intimidating behavior have no place in high school sports.**
2. **Admission to any contest allows you to watch the performance of highly impressionable 14-18 year old student athletes; not a license to abuse coaches, officials, players and other spectators.**
3. **Treat others as you want to be treated.**
4. **Be a positive role model.**
5. **Control your emotions at games.**
6. **Make sure your child understands that win or lose, you love him or her.**
7. **Respect your child's coaches. Communicate with them in a positive way.**
8. **Sportsmanship begins with you.**
9. **Eyes are watching.**
10. **It is simply...**

THE RIGHT THING TO DO!

Stone Bridge Bulldogs

PARENT/COACH COMMUNICATION



Department of Athletics

**Principal: Matthew Wilburn
Athletic Director: Dave Hembach, C.A.A.
Asst. Athletic Director: Joan Windows
Athletic Trainer: Mark Wagner
Athletic Secretary: Rae Comparin
Athletic Phone: (571) 252-2210
Athletic Hotline: (571) 252-2211**

***"THE STUDENT-ATHLETE FIRST,
WINNING SECOND"***

**COMMUNICATIONS COACHES
EXPECT FROM
ATHLETES/PARENTS**

1. Any concerns expressed **DIRECTLY** to the coach.
2. Advance notification of any schedule conflicts.
3. Advance notification of illness or injury – when possible.

It is the goal of everyone that each Stone Bridge student-athlete will experience some of the most rewarding moments of their lives. It is important to understand that there may be times when things do not go the way you and your child wish. When this occurs, discussion with the coach is encouraged. It is the first and most integral step to understanding and resolution.

APPROPRIATE CONCERNS

TO DISCUSS WITH COACHES

1. Treatment of your child.
2. Ways to help your child improve.
3. Concerns about your child's behavior.

It may be difficult to accept that your child is not playing as much as you expect. Coaches are professional. They make decisions based on what they believe to be the best for the team and for all student-athletes involved. As stated above, certain things can and should be discussed with your child's coach. Other concerns must be left to the discretion of the coach.

INAPPROPRIATE CONCERNS TO

DISCUSS WITH COACHES

1. Playing Time
2. Team Strategy
3. Play Selection
4. Other student-athletes

WE ARE THEIR ROLE MODELS!

The critical factor in determining whether your child has a positive experience is the quality of their adult leaders – their parent and coach.

SPORTSMANSHIP QUOTES

One man practicing good sportsmanship is far better than 50 others preaching it.

- Knute Rockne

If character is what you do when no one is watching, then sportsmanship is what you do when everyone is watching.

- Unknown

The most important decision I ever made in my career was to live my life in sports as honestly and ethically as possible. Never having compromised my values allows me to look back on my life with no regrets and feel satisfaction in what I was able to accomplish.

- Greg LeMond

PARENT – COACH

RELATIONSHIP

Both parenting and coaching are extremely difficult roles. By establishing an understanding of each role, we are better able to accept the actions of each other and provide a greater benefit to our children. Parents, when your child becomes involved in our program, you have the right to understand what expectations will be placed on your child. This begins with clear communications from the coach of your program.

COMMUNICATIONS TO EXPECT

FROM YOUR CHILD'S COACH

1. Team requirements, special equipment, strength and conditioning programs.
2. Procedure if your child is injured during participation.
3. Game/practice schedule and updates.
4. Team rules, guidelines and consequences for infractions.
5. Team selection process.