# RELEASE INFORMATION

My son\_\_\_\_\_\_\_has permission to participate in the South River High School Football Camp

I confirm that my child's health meets medical standards for participation in a football camp. Football is a contact sport and injuries sometimes result from participation. I further understand neither the South Football Camp nor the coaches, staff, or sponsor assume responsibility for accidents, both mental or dental, during your child participation in camp. In the event of an injury, I give my consent and approval for the South River Football camp coaches and staff to act for me and to obtain emergency medical attention for the above applicant from a licensed physician or hospital.

HEALTH INSURANCE COMPANY
POLICY NUMBER
EMERGENCY PHONE NUMBER
EMERGECY CONTACT NAME
PARENT/GUARDIAN NAME
PARENT GUARDIAN SIGNATURE
DATE

SEND APPLICATION AND \$75.00 DEPOSIT TO THE ADDRESS ON THE REVERSE SIDE

ALL INFORMATION MUST BE PRESENT FOR PARTICIPATION

SOUTH RIVER SEAHWAK FOOTBALL CAMP
South River High School
c/o Steve Erxleben-Head Football Coach
201 Central Avenue East
Edgewater, Maryland 21037

# SOUTH RIVER FOOTBALL

2010 YOUTH FOOTBALL CAMP



# 2006 4A EAST REGION SEMIFINALISTS

**SESSION I: JUNE 26TH-29TH** 

**SESSION II: JULY 6TH-9TH** 

## SOUTH RIVER HIGH SCHOOL

PRESENTED AND SPONSORED BY THE PARISI SPEED SCHOOL-EDGEWATER AND SOUTH RIVER FITNESS



## **CAMP PURPOSE**

- The purpose of the 2010 South River football camp is to instruct and improve the football skills of children 7-13 and to introduce skills, techniques, drills, and teaching methods that they can take into their respective seasons in the fall
- Each camper will be exposed to drills that compile all three phases of the game and will be instructed by the Varsity and J.V. coaching staff at South River High School
- Team events such as Punt, Pass and Kick and Ultimate football will also be introduced to reinforce teamwork and cooperative skills
- Current and former South River Players as well as youth coaches will also be involved for demonstrations and guidance through each campers participation
- Current College Players, College Coaches, and South River Coaches will guest speak periodically through each session about the important lessons football and team sports teaches young people

#### **AGES**

Any player ages 7-13 is welcome, regardless of skill or experience; Incoming Freshmen are also encouraged to attend

#### WHAT IS NEEDED?

- Each camper should come dressed in athletic attire (no jeans) and should bring athletic shoes and cleats
- A Camp Tee-Shirt and water bottle is also provided

## **CAMP SCHEDULE**

- Session I begins Saturday June 26th at 9 am and Session II begins Tuesday July 6th at 6 pm
- Each Session is two hours and instruction will include flexibility training, core movement, and football-related movements

The Times for the remaining days are:

SESSION I: JUNE 27, 28, and 29 6-8 pm

SESSION II: JULY 7, 8, and 9 6-8 pm

 WATER AND GATORADE WILL BE PROVIDED AND AN ADEQUATE NUMBER OF WATER BREAKS WILL BE AVAILABLE TO EACH CAMPER

#### **CAMP STAFF**

The Camp will be run by Head Coach Steve Erxleben and the South River Football Varsity and J.V. Staffs

#### ABOUT SOUTH RIVER FOOTBALL

- The goal of the football program at South River High School is the comprehensive instruction and development of young men that will not just be accountable and enthusiastic on the football, but also in life
- Values such as Accountability, humility, intensity, commitment, and teamwork are all at the root of our player's efforts in the classroom, on the field, in the weight room, and in the film room
- Coach Steve Erxleben and the South River Football Staff have built a comprehensive football program that competes in the highest classification in the State of Maryland and in a very competitive conference and region
- Our football staff is experienced and have playing and coaching experience at the High School, College, and Pro Levels
- Principal William Myers and South River's athletic department, headed by Mr. Dave Klingel continually supports the growth and commitment of the Football program as they do all the athletes and coaches that make up the Athletic Department of South River High School
- This Continued commitment resulted in South River's first Playoff appearance in 15 years, rekindling the long standing tradition of success in the 1980's and 1990's under former head coaches Joe Papetti and Dave Summey

ANY QUESTIONS.....

CONTACT COACH STEVE ERXLEBEN @

410-956-5600 x 215 (SCHOOL) 443-254-6975 (CELL)

EMAIL: serxleben@aacps.org

www.leaguelineup.com/srhsseahawkfootball

www.southriverathletics.org

CAMP COST \$75.00 PER PARTICIPANT WALK-UP REGISTRATION IS ALSO AVAILABLE THE DAY OF CAMP

SHIRT SIZE (CIRCLE)	TEAM/ORGANIZATION	HOMEPHONE	CITY	ADDRESS:	AGE (AT THE TIME OF CAMP)	NAME		_SESSION #1 (JUNE 26-29)	PLEASE CIRCLE THE SESSION YOU ARE ATTENDING:
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DETATCH THIS SIDE AND SEND APPLICATION AND \$75.00 DEPOSIT TO:

SOUTH RIVER FOOTBALL CAMP C/O COACH STEVE

MAKE CHECKS

**PAYABLE** 

TO SOUTH RIVER FOOTBALL