

ACTIVITY Requirements for 2023 – 2024

(Academic Team, Band, Choir, Colorguard, Drama, Speech & Debate)

- A **Physical Packet**, which contains a physical examination form to be completed by a physician, is required for all first-time students involved in band, academic team, drama, speech & debate **or** for students whose physical examination is more than two years old (date listed on examination form completed by your physician). This packet must be on file in the RHS Activities Office before a student can actively participate in band, academic team, drama, or speech & debate.
- or**
- An **Annual Update** is the same as the physical packet, other than it does NOT include the physical examination page. An annual update is required if it's been more than one year since the physical examination, but less than two years (date listed on examination form completed by your physician). This form must be on file in the RHS Activities Office before a student can actively participate in band, academic team, drama, or speech & debate.
- Athletic Participation Fee** – this fee is not required for students that only participate in band, choir, or drama. Fee's for other activities can be paid through the BULLDOG ATHLETICS ticketing tab on our rollabulldogs.org website OR in person at the RHS Activities Office (entrance located on 10th Street)
- Co-Curricular Requirement** – this requirement must be completed by both the student and parent and will require attendance at band, academic team, drama or speech & debate meeting hosted by your director/coach/sponsor.