

VHSL Region 5D Swimming and Diving Meet - 2/7/2023
Results - 2023 VHSL Region 5D Swimming and Diving Meet

Event 1 Boys 200 Yard Medley Relay

Team	Relay	Finals Time	
1 RVHS-VA	A	1:37.23	40
1) Freeman, Harper P 16	2) Iglesias, Matthew 17		
3) Tragle, H T I 16	4) Quan, Jacob M 18		
2 STFD-VA	A	1:37.57	34
1) Cook, Cameron T 16	2) Unruh, Jonah S 17		
3) McOsker, Ryan P 17	4) Jones, Ian C 18		
3 IHS-VA	A	1:39.09	32
1) Weston, Wade 18	2) Jastrzembski, Ryan 16		
3) Kim, Ethan 16	4) Kocak, Ethan 16		
4 AHS-VA	A	1:40.91	30
1) Moriarty, Jack P 17	2) Hodges, Josh R 15		
3) Elmore, Lance M 16	4) Easton, Chase J 14		
5 BWHS-PV	A	1:41.52	28
1) Rounds, Ryan M 17	2) Char, Andrew T 16		
3) Scott, James A 17	4) Cather, Owen M 16		
6 MVHS-VA	A	1:41.65	26
1) Jones, Mac C 18	2) Fiore, Andrew T 17		
3) Kratowicz, Michael T 17	4) Moore, Ryan E 15		
7 RBD-VA	A	1:41.76	24
1) Clarkson, Nick J 15	2) Pearcy, Mark M 17		
3) Hudson, Trevor E 18	4) Frey, Evan C 17		
8 BPHS-VA	A	1:43.15	22
1) Hoban, Owen M 17	2) Luxeder, Caleb		
3) Casale, Niko	4) Megna, Ryan		
9 PFHS	A	1:43.59	18
1) Kalka, Thomas R 15	2) Ruiz, Adriano A 16		
3) Hendershot, Carter L 17	4) Anderson, Jake F 16		
10 PHRO-VA	A	1:43.92	14
1) Rooney, Liam M 15	2) Houtz, Riley A 16		
3) Sykes, William T 17	4) Smith, Josh		
11 STBR	A	1:44.60	12
1) Bruley, Nathan A 16	2) Hutchison, Mejd R 15		
3) Horrigan, Musashi M 16	4) Harrison, Gavin C 16		

Event 2 Girls 200 Yard Medley Relay

Team	Relay	Finals Time	
1 AHS-VA	A	1:50.05	40
1) Davis, Grey T 16	2) Czirjak, Sara E 15		
3) Wells, Sara T 15	4) Zhu, Emily Y 17		
2 BWHS-PV	A	1:50.06	34
1) Kilty, Caroline R 14	2) Grishaeva, Maria A 16		
3) Gupton, Mackenzie L 18	4) Hayward, Audrey I 14		
3 RVHS-VA	A	1:50.15	32
1) Rebich, Lizzie M 17	2) Sessions, Kylee N 17		
3) Santucci, Elle M 15	4) Cisneros, Gigi 15		
4 STFD-VA	A	1:53.69	30
1) Jones, London E 15	2) Eichberg, Lily J 16		
3) Bean, Madison E 15	4) Grabowski, Arielle M 15		
5 PFHS	A	1:54.29	28
1) Speilman, Mackenzie L 16	2) McMahan, Claire M 16		
3) Perezous, Micaela S 16	4) Antognoli, Soleil L 15		
6 MVHS-VA	A	1:55.30	26
1) David, Nora A 14	2) Whatley, Janie		
3) Hatzis, Kristina A 15	4) Hoover, Davia L 16		
7 PHRO-VA	A	1:56.62	24
1) Seidel, Emma E 17	2) Coleman, Tess		
3) Livingston, Frances	4) Caruso, Madeline		

8 WHST-VA	A	1:59.65	22
1) Silverstein, Leah 15	2) Bober, Ella		
3) Hain, Alyssa	4) Losinski, Kylie		
9 NSHS-VA	A	2:02.97	18
1) Gabrielson, Chloe L 15	2) Hall, Catherine E 17		
3) Stoklund, Maria H	4) Garcia, Tessa V 15		
--- IHS-VA	A	DQ DQ	
1) Boyle, Kylie 17	2) Wysocki, Nina 14		
3) Zerkle, Alden 18	4) Davies, Megan 18		

Event 3 Boys 200 Yard Freestyle

Name	Age	School	Finals Time	
1 Quan, Jacob M	18	RVHS-VA	1:42.41	20
2 Hudson, Trevor E	18	RBD-VA	1:43.33	17
3 Char, Andrew T	16	BWHS-PV	1:44.01	16
4 Unruh, Jonah S	17	STFD-VA	1:44.26	15
5 Easton, Chase J	14	AHS-VA	1:46.01	14
6 Meyer, Peyton D	17	MVHS-VA	1:46.33	13
7 Marshall, Connor A	16	AHS-VA	1:47.70	12
8 Cook, Cameron T	16	STFD-VA	1:48.03	11
9 Jordan, Patrick J	16	BWHS-PV	1:51.09	9
10 Ellinger, Jack O	15	BWHS-PV	1:51.50	7
11 Randall, Drew R	18	BWHS-PV	1:51.73	6
12 Fulayter, Brandon S	15	MASS-VA	1:51.80	5
13 Lu, Max	18	RVHS-VA	1:52.46	4
14 Spinnanger, Andrew J	17	STFD-VA	1:52.48	3
15 DeVito, Graham S	18	AHS-VA	1:57.70	2
16 Callis, Jefferson A	15	PHRO-VA	1:58.14	1

Event 4 Girls 200 Yard Freestyle

Name	Age	School	Finals Time	
1 Wells, Sara T	15	AHS-VA	1:58.30	20
2 Rebich, Lizzie M	17	RVHS-VA	1:58.31	17
3 Alms, Melissa N	17	AHS-VA	1:58.84	16
4 Grabowski, Arielle M	15	STFD-VA	1:59.23	15
5 Verbel, Georgia C	14	MASS-VA	2:05.65	14
6 Livingston, Frances		PHRO-VA	2:06.51	13
7 Elias, Isabel L	18	RVHS-VA	2:07.00	12
8 Moore, Morgan M	17	MVHS-VA	2:08.26	11
9 Kish, Sydney M	14	PFHS	2:08.62	9
10 Duggan, Charlotte A	14	RVHS-VA	2:09.51	7
11 Whaley, Ciara L	15	BPHS-VA	2:09.92	6
12 Henry, Lorelai P	17	AHS-VA	2:10.63	5
13 Hansen, Lina	16	RBD-VA	2:15.15	4
14 Ward, Lily		PHRO-VA	2:15.33	3
15 Hall, Catherine E	17	NSHS-VA	2:15.77	2

Event 5 Boys 200 Yard IM

Name	Age	School	Finals Time	
1 King, David W	17	AHS-VA	1:49.60	20
2 Hoban, Owen M	17	BPHS-VA	1:49.89	17
3 Devost, John	18	IHS-VA	1:58.80	16
4 Weston, Wade	18	IHS-VA	1:59.86	15
5 Smith, Josh		PHRO-VA	2:00.51	14
6 Kresin, Nikita A	15	RVHS-VA	2:03.46	13
7 Hodges, Josh R	15	AHS-VA	2:03.74	12
8 Freeman, Harper P	16	RVHS-VA	2:05.99	11
9 Ding, Aiden C	15	AHS-VA	2:06.21	9
10 Scott, James A	17	BWHS-PV	2:06.82	7

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(Event 5 Boys 200 Yard IM)

Name	Age	School	Finals Time	
11	Horrigan, Musashi M	16 STBR	2:06.97	6
12	Hutchison, Mejd R	15 STBR	2:07.72	5
13	Collier, Andrew	18 IHS-VA	2:08.68	4
14	Rowley, Jake	15 IHS-VA	2:09.02	3
15	Bruley, Nathan A	16 STBR	2:09.26	2
16	Fortiz, Alex R	16 NSHS-VA	2:13.85	1
17	Wittwer, Liam M	NSHS-VA	2:14.97	
18	Rounds, Ryan M	17 BWHS-PV	2:16.59	
---	Fiore, Andrew T	17 MVHS-VA	DQ 2:01.66	
---	Kalka, Thomas R	15 PFHS	DFS	

Event 6 Girls 200 Yard IM

Name	Age	School	Finals Time	
1	Grishaeva, Maria A	16 BWHS-PV	2:07.28	20
2	Santucci, Elle M	15 RVHS-VA	2:07.41	17
3	Eichberg, Lily J	16 STFD-VA	2:07.70	16
4	Smith, Cameron L	17 AHS-VA	2:07.72	15
5	Tiberio, Kyleigh N	17 MASS-VA	2:21.93	14
6	Hatzis, Kristina A	15 MVHS-VA	2:21.95	13
7	Chen, Sara	15 IHS-VA	2:22.29	12
8	Jones, Lily K	16 MVHS-VA	2:25.26	11
9	Hoang, Angelina J	15 AHS-VA	2:25.30	9
10	Stoklund, Maria H	NSHS-VA	2:30.79	7
11	Kaya, Lina A	14 NSHS-VA	2:35.32	6

Event 7 Boys 50 Yard Freestyle

Name	Age	School	Finals Time	
1	Tragle, H T I	16 RVHS-VA	20.89	20
2	Menz, Mason	15 IHS-VA	21.51	17
3	Gabriele, Noah	17 HHS-VA	21.70	16
4	Jones, Ian C	18 STFD-VA	21.89	15
5	Moore, Ryan E	15 MVHS-VA	22.16	14
6	Kocak, Ethan	16 IHS-VA	22.25	13
7	Elmore, Lance M	16 AHS-VA	22.35	12
8	Sawyer, Bradley O	15 AHS-VA	22.46	11
9	Harrison, Gavin C	16 STBR	22.77	9
10	Anderson, Jake F	16 PFHS	22.98	7
11	Kratowicz, Michael T	17 MVHS-VA	23.04	6
12	Rice, Karl P	NSHS-VA	23.10	5
13	Hubbard, Zack T	17 NSHS-VA	23.45	4
14	Sykes, William T	17 PHRO-VA	23.74	3
15	Frey, Evan C	17 RBD-VA	23.78	2
---	Kim, Ethan	16 IHS-VA	DQ 22.62	
---	Spinnanger, Andrew J	17 STFD-VA	NS	

Event 8 Girls 50 Yard Freestyle

Name	Age	School	Finals Time	
1	Perezous, Micaela S	16 PFHS	24.44	20
2	Hayward, Audrey I	14 BWHS-PV	24.74	17
3	Davies, Megan	18 IHS-VA	25.04	16
4	Hoover, Davia L	16 MVHS-VA	25.23	15
5	Seidel, Emma E	17 PHRO-VA	25.39	14
6	Grabowski, Arielle M	15 STFD-VA	25.50	13
7	David, Nora A	14 MVHS-VA	25.51	12
8	Antognoli, Soleil L	15 PFHS	25.65	11
9	Diaz-Sanchez, Edgli	WFHS-VA	25.82	9
10	Clodfelter, Charlotte R	17 STBR	25.88	7

11	Cisneros, Gigi	15 RVHS-VA	26.08	6
12	Whatley, Janie	MVHS-VA	26.11	5
13	Garcia, Tessa V	15 NSHS-VA	26.36	4
14	Silverstein, Leah	15 WHST-VA	26.42	3
15	Zhu, Emily Y	17 AHS-VA	26.65	2
16	Czirjak, Eve M	18 AHS-VA	26.66	1
17	Caruso, Madeline	PHRO-VA	27.45	
18	Garcia, Maja J	17 NSHS-VA	27.96	
19	Hensen, Reese	15 MASS-VA	28.17	

Event 11 Boys 100 Yard Butterfly

Name	Age	School	Finals Time	
1	McOsker, Ryan P	17 STFD-VA	52.86	20
2	Koester, Griffin	15 WHST-VA	53.53	17
3	Weston, Wade	18 IHS-VA	53.82	16
4	Hendershot, Carter L	17 PFHS	55.37	15
5	Elmore, Lance M	16 AHS-VA	55.45	14
6	Rooney, Liam M	15 PHRO-VA	55.96	13
7	Heiskanen, Adam R	16 BWHS-PV	56.51	12
8	Casale, Niko	BPFS-VA	56.67	11
9	Griffin, Wyatt	15 IHS-VA	57.17	9
10	Medde-Witage, TD D	17 BWHS-PV	57.25	7
11	Perri, CJ J	NSHS-VA	59.22	6
12	Clarkson, Nick J	15 RBD-VA	59.66	5
13	Ding, Aiden C	15 AHS-VA	1:00.71	4
14	Hunt, Ethan C	15 NSHS-VA	1:01.48	3

Event 12 Girls 100 Yard Butterfly

Name	Age	School	Finals Time	
1	Davis, Grey T	16 AHS-VA	56.30	20
2	Boyle, Kylie	17 IHS-VA	57.70	17
3	Klotz, Anna C	15 STBR	58.39	16
4	Santucci, Elle M	15 RVHS-VA	59.48	15
5	Hoover, Davia L	16 MVHS-VA	59.86	14
6	Gupton, Mackenzie L	18 BWHS-PV	1:00.44	13
7	Menz, Maddie	15 IHS-VA	1:01.57	12
8	Tiberio, Kyleigh N	17 MASS-VA	1:01.64	11
9	Bober, Ella	WHST-VA	1:01.89	9
10	Jones, London E	15 STFD-VA	1:03.58	7
11	Garcia, Tessa V	15 NSHS-VA	1:04.38	6
12	Hatzis, Kristina A	15 MVHS-VA	1:05.02	5
13	Livingston, Frances	PHRO-VA	1:05.40	4
14	Czirjak, Sara E	15 AHS-VA	1:05.63	3
15	Alms, Alexis D	17 AHS-VA	1:10.24	2
16	Dawson, Brianne	STFD-VA	1:12.87	1

Event 13 Boys 100 Yard Freestyle

Name	Age	School	Finals Time	
1	Tragle, H T I	16 RVHS-VA	45.29	20
2	Menz, Mason	15 IHS-VA	47.08	17
3	Gabriele, Noah	17 HHS-VA	47.63	16
4	Jones, Ian C	18 STFD-VA	48.00	15
5	Pearcy, Mark M	17 RBD-VA	48.17	14
6	Char, Andrew T	16 BWHS-PV	48.86	13
7	Easton, Chase J	14 AHS-VA	49.14	12
8	Martin, Luke A	16 STFD-VA	49.48	11
9	Kocak, Ethan	16 IHS-VA	49.64	9
10	Moore, Ryan E	15 MVHS-VA	49.68	7
11	Jastrzembki, Ryan	16 IHS-VA	49.99	6

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(Event 13 Boys 100 Yard Freestyle)

Name	Age	School	Finals Time	
12 Randall, Drew R	18	BWHS-PV	50.46	5
13 Lu, Max	18	RVHS-VA	50.64	4
14 Buttram, Noah W	14	RBD-VA	52.35	3
15 Jones, Mac C	18	MVHS-VA	53.09	2
16 Bill, Thomas	15	HHS-VA	53.54	1
17 Strickler, Sawyer J	16	AHS-VA	54.58	
18 Jackson, Jacob		PHRO-VA	55.42	
--- Rice, Karl P		NSHS-VA	DQ 51.68	
--- Kratowicz, Michael T	17	MVHS-VA	NS	

Event 14 Girls 100 Yard Freestyle

Name	Age	School	Finals Time	
1 Sessions, Kylee N	17	RVHS-VA	52.09	20
2 Kilty, Caroline R	14	BWHS-PV	52.92	17
3 Zerkle, Alden	18	IHS-VA	53.33	16
4 Gorby, Tessa	15	HHS-VA	53.79	15
5 Perezous, Micaela S	16	PFHS	54.34	14
6 David, Nora A	14	MVHS-VA	55.28	13
7 Seidel, Emma E	17	PHRO-VA	55.52	12
8 Davies, Megan	18	IHS-VA	56.15	11
9 Antognoli, Soleil L	15	PFHS	56.63	9
10 Moore, Morgan M	17	MVHS-VA	56.81	7
11 Gorby, Amelia	17	HHS-VA	57.53	6
12 Bean, Madison E	15	STFD-VA	58.86	5
13 Hansen, Lina	16	RBD-VA	1:01.56	4
14 Wallach, Lily	18	MASS-VA	1:01.59	3
15 Gahlmann, Ky E	15	AHS-VA	1:01.65	2
16 McIntyre, Lily G		NSHS-VA	1:02.25	1
17 Clark, Emma		BPHS-VA	1:02.40	

Event 15 Boys 500 Yard Freestyle

Name	Age	School	Finals Time	
1 Quan, Jacob M	18	RVHS-VA	4:39.69	20
2 Devost, John	18	IHS-VA	4:41.35	17
3 Hudson, Trevor E	18	RBD-VA	4:42.54	16
4 Unruh, Jonah S	17	STFD-VA	4:47.69	15
5 Meyer, Peyton D	17	MVHS-VA	4:50.44	14
6 Marshall, Connor A	16	AHS-VA	4:50.55	13
7 Smith, Josh		PHRO-VA	5:03.29	12
8 Bruley, Nathan A	16	STBR	5:05.36	11
9 Scott, James A	17	BWHS-PV	5:05.84	9
10 Seo, Aiden	16	IHS-VA	5:10.21	7
11 McOsker, Patrick L	15	STFD-VA	5:14.60	6
12 Sykes, William T	17	PHRO-VA	5:15.65	5
13 DeVito, Graham S	18	AHS-VA	5:30.79	4
14 Kessler, Jared A	16	STFD-VA	5:40.58	3
15 Brennan, Brady		BPHS-VA	5:52.76	2

Event 16 Girls 500 Yard Freestyle

Name	Age	School	Finals Time	
1 Wells, Sara T	15	AHS-VA	5:14.89	20
2 Rebich, Lizzie M	17	RVHS-VA	5:20.70	17
3 Alms, Melissa N	17	AHS-VA	5:20.89	16
4 Verbel, Georgia C	14	MASS-VA	5:23.81	15
5 Bober, Ella		WHST-VA	5:25.40	14
6 Weeks, Emily A	15	BPHS-VA	5:31.44	13
7 Smith, Lauren	17	RBD-VA	5:36.37	12

8 Menz, Maddie	15	IHS-VA	5:36.85	11
9 Kish, Sydney M	14	PFHS	5:38.71	9
10 Minkara, Lina H	14	PFHS	5:40.28	7
11 Duggan, Charlotte A	14	RVHS-VA	5:43.29	6
12 Elias, Isabel L	18	RVHS-VA	5:47.78	5
13 Ward, Lily		PHRO-VA	5:56.34	4
14 Hoang, Angelina J	15	AHS-VA	6:02.38	3
15 Kaya, Lina A	14	NSHS-VA	6:06.01	2
16 Krushinski, Elise		STFD-VA	6:16.98	1
17 Clark, Emma		BPHS-VA	6:18.91	

Event 17 Boys 200 Yard Freestyle Relay

Team	Relay	Finals Time	
1 STFD-VA	A	1:27.12	40
1) Cook, Cameron T 16	2) Unruh, Jonah S 17		
3) McOsker, Ryan P 17	4) Jones, Ian C 18		
2 AHS-VA	A	1:29.00	34
1) Sawyer, Bradley O 15	2) Kidd, Tanner C 16		
3) Marshall, Connor A 16	4) King, David W 17		
3 NSHS-VA	A	1:32.51	32
1) Rice, Karl P	2) Fard, Sean D 17		
3) Fortiz, Alex R 16	4) Hubbard, Zack T 17		
4 BWHS-PV	A	1:32.66	30
1) Heiskanen, Adam R 16	2) Randall, Drew R 18		
3) Saravanan, Surya 15	4) Cather, Owen M 16		
5 RVHS-VA	A	1:33.13	28
1) Iglesias, Matthew 17	2) Kresin, Nikita A 15		
3) Sexton, A J 14	4) Lu, Max 18		
6 PFHS	A	1:33.67	26
1) Kalka, Thomas R 15	2) Lehman, Harrison M 18		
3) Hendershot, Carter L 17	4) Anderson, Jake F 16		
--- IHS-VA	A	DQ 1:28.80	
1) Kim, Ethan 16	2) Kocak, Ethan 16		
3) Jastrzembski, Ryan 16	4) Menz, Mason 15		
--- PHRO-VA	A	NS	
1) Rooney, Liam M 15	2) Houtz, Riley A 16		
3) Jackson, Jacob	4) Callis, Jefferson A 15		

Event 18 Girls 200 Yard Freestyle Relay

Team	Relay	Finals Time	
1 AHS-VA	A	1:41.23	40
1) Smith, Cameron L 17	2) Zhu, Emily Y 17		
3) Czirjak, Sara E 15	4) Davis, Grey T 16		
2 STFD-VA	A	1:43.39	34
1) Eichberg, Lily J 16	2) Grabowski, Arielle M 15		
3) Bean, Madison E 15	4) Jones, London E 15		
3 PFHS	A	1:43.96	32
1) Perezous, Micaela S 16	2) Kish, Sydney M 14		
3) Speilman, Mackenzie L 16	4) Antognoli, Soleil L 15		
4 STBR	A	1:45.28	30
1) Klotz, Anna C 15	2) Batjargal, Naska 18		
3) Jackman, Riley C 17	4) Clodfelter, Charlotte R 17		
5 MVHS-VA	A	1:46.10	28
1) David, Nora A 14	2) Whatley, Janie		
3) Jones, Lily K 16	4) Moore, Morgan M 17		
6 PHRO-VA	A	1:46.20	26
1) Seidel, Emma E 17	2) Seidel, Brinna		
3) Livingston, Frances	4) Caruso, Madeline		

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(Event 18 Girls 200 Yard Freestyle Relay)

Team	Relay	Finals Time	
7 IHS-VA	A	1:46.29	24
1) Kerr, Olivia V	2) Wysocki, Nina 14		
3) Wall, Quinn A 17	4) Miller, Olivia L 17		
8 BWHS-PV	A	1:52.00	22
1) Davenhall, Kiersten E 16	2) Moore, Melodie C 16		
3) Chatradi, Siri 16	4) Rosales, Paige E 18		
9 MASS-VA	A	1:52.44	18
1) Tiberio, Kyleigh N 17	2) Wallach, Lily 18		
3) Hensen, Reese 15	4) Verbel, Georgia C 14		
--- RVHS-VA	A	DQ 1:45.52	
1) Martin, Abigail V 18	2) Sun, Callia 15		
3) Duggan, Charlotte A 14	4) Cisneros, Gigi 15		

Event 19 Boys 100 Yard Backstroke

Name	AgeSchool	Finals Time	
1 King, David W	17 AHS-VA	49.05	20
2 Hoban, Owen M	17 BPHS-VA	51.18	17
3 Cather, Owen M	16 BWHS-PV	51.29	16
4 McOsker, Ryan P	17 STFD-VA	54.17	15
5 Cook, Cameron T	16 STFD-VA	54.50	14
6 Koester, Griffin	15 WHST-VA	56.01	13
7 Kidd, Tanner C	16 AHS-VA	56.58	12
8 Harrison, Gavin C	16 STBR	56.80	11
9 Rounds, Ryan M	17 BWHS-PV	57.03	9
10 Saravanan, Surya	15 BWHS-PV	57.22	7
11 Bryant, Thomas	15 RVHS-VA	57.28	6
12 Martin, Luke A	16 STFD-VA	57.59	5
13 Clarkson, Nick J	15 RBD-VA	57.85	4
14 Seo, Aiden	16 IHS-VA	57.96	3
15 Rooney, Liam M	15 PHRO-VA	58.10	2
16 Moriarty, Jack P	17 AHS-VA	58.38	1
17 Freeman, Harper P	16 RVHS-VA	58.59	
*18 Kalka, Thomas R	15 PFHS	59.45	
*18 Jones, Mac C	18 MVHS-VA	59.45	
--- Callis, Jefferson A	15 PHRO-VA	NS	

Event 20 Girls 100 Yard Backstroke

Name	AgeSchool	Finals Time	
1 Davis, Grey T	16 AHS-VA	55.66	20
2 Zerkle, Alden	18 IHS-VA	58.09	17
3 Grishaeva, Maria A	16 BWHS-PV	58.13	16
4 Boyle, Kylie	17 IHS-VA	58.16	15
5 Klotz, Anna C	15 STBR	58.41	14
6 Eichberg, Lily J	16 STFD-VA	59.23	13
7 Czirjak, Sara E	15 AHS-VA	59.86	12
8 Kilty, Caroline R	14 BWHS-PV	1:00.14	11
9 Gupton, Mackenzie L	18 BWHS-PV	1:00.48	9
10 Hayward, Audrey I	14 BWHS-PV	1:01.25	7
11 Jones, London E	15 STFD-VA	1:02.27	6
12 Gorby, Tessa	15 HHS-VA	1:02.37	5
13 Speilman, Mackenzie L	16 PFHS	1:03.66	4
14 Gorby, Amelia	17 HHS-VA	1:05.41	3
15 Jones, Lily K	16 MVHS-VA	1:05.64	2
16 Bean, Madison E	15 STFD-VA	1:05.87	1
17 Gardiner, Abbey G	15 RBD-VA	1:06.36	
18 Rao, Sahana J	15 RVHS-VA	1:06.58	
19 Wallach, Lily	18 MASS-VA	1:07.18	

20 Whaley, Ciara L 15 BPHS-VA 1:08.58

Event 21 Boys 100 Yard Breaststroke

Name	AgeSchool	Finals Time	
1 Jastrzembski, Ryan	16 IHS-VA	58.52	20
2 Hodges, Josh R	15 AHS-VA	1:00.18	17
3 Pearcy, Mark M	17 RBD-VA	1:00.24	16
4 Iglesias, Matthew	17 RVHS-VA	1:00.30	15
5 Kresin, Nikita A	15 RVHS-VA	1:02.09	14
6 Sawyer, Bradley O	15 AHS-VA	1:02.45	13
7 Collier, Andrew	18 IHS-VA	1:02.48	12
8 Fiore, Andrew T	17 MVHS-VA	1:02.60	11
9 Fulayter, Brandon S	15 MASS-VA	1:02.97	9
10 Hutchison, Mejd R	15 STBR	1:03.03	7
11 Rowley, Jake	15 IHS-VA	1:03.97	6
12 Kessler, Jared A	16 STFD-VA	1:04.35	5
13 Houtz, Riley A	16 PHRO-VA	1:04.73	4
--- Hubbard, Zack T	17 NSHS-VA	DFS	

Event 22 Girls 100 Yard Breaststroke

Name	AgeSchool	Finals Time	
1 Sessions, Kylee N	17 RVHS-VA	1:03.73	20
2 Wysocki, Nina	14 IHS-VA	1:04.83	17
3 Czirjak, Eve M	18 AHS-VA	1:06.55	16
4 Smith, Cameron L	17 AHS-VA	1:06.84	15
5 Smith, Lauren	17 RBD-VA	1:07.60	14
6 Whatley, Janie	MVHS-VA	1:10.84	13
7 Moore, Melodie C	16 BWHS-PV	1:11.23	12
8 Chen, Sara	15 IHS-VA	1:11.45	11
9 Seidel, Brinna	PHRO-VA	1:12.21	9
10 Collier, Magdealena	18 IHS-VA	1:12.56	7
11 McMahan, Claire M	16 PFHS	1:13.57	6
12 Zhu, Emily Y	17 AHS-VA	1:15.13	5
13 Weeks, Emily A	15 BPHS-VA	1:16.06	4
14 Stoklund, Maria H	NSHS-VA	1:16.71	3
15 Hall, Catherine E	17 NSHS-VA	1:18.93	2
16 Martin, Madison	STFD-VA	1:22.83	1

Event 23 Boys 400 Yard Freestyle Relay

Team	Relay	Finals Time	
1 AHS-VA	A	3:12.33	40
1) Hodges, Josh R 15	2) Easton, Chase J 14		
3) Elmore, Lance M 16	4) King, David W 17		
2 RVHS-VA	A	3:12.82	34
1) Quan, Jacob M 18	2) Freeman, Harper P 16		
3) Lu, Max 18	4) Tragle, H T I 16		
3 BWHS-PV	A	3:17.30	32
1) Randall, Drew R 18	2) Cather, Owen M 16		
3) Jordan, Patrick J 16	4) Char, Andrew T 16		
4 IHS-VA	A	3:20.71	30
1) Devost, John 18	2) Kim, Ethan 16		
3) Weston, Wade 18	4) Menz, Mason 15		
5 STBR	A	3:24.65	28
1) Bruley, Nathan A 16	2) Hutchison, Mejd R 15		
3) Horrigan, Musashi M 16	4) Harrison, Gavin C 16		
6 MVHS-VA	A	3:25.29	26
1) Jones, Mac C 18	2) Meyer, Peyton D 17		
3) Walker, Cole	4) Fiore, Andrew T 17		

VHSL Region 5D Swimming and Diving Meet - 2/7/2023**Results - 2023 VHSL Region 5D Swimming and Diving Meet****(Event 23 Boys 400 Yard Freestyle Relay)**

Team	Relay	Finals Time	
7 PHRO-VA	A	3:27.66	24
1) Smith, Josh	2) Rooney, Liam M 15		
3) Sykes, William T 17	4) Jackson, Jacob		
8 BPHS-VA	A	3:28.19	22
1) Luxeder, Caleb	2) Megna, Ryan		
3) Casale, Niko	4) Hoban, Owen M 17		
9 STFD-VA	A	3:28.27	18
1) Martin, Luke A 16	2) Spinnanger, Andrew J 17		
3) McOsker, Patrick L 15	4) Kessler, Jared A 16		
10 RBD-VA	A	3:34.82	14
1) Hudson, Trevor E 18	2) Barnes, Jack p 15		
3) Clarkson, Nick J 15	4) Buttram, Noah W 14		

Event 24 Girls 400 Yard Freestyle Relay

Team	Relay	Finals Time	
1 BWHS-PV	A	3:39.43	40
1) Kilty, Caroline R 14	2) Grishaeva, Maria A 16		
3) Gupton, Mackenzie L 18	4) Hayward, Audrey I 14		
2 RVHS-VA	A	3:40.07	34
1) Santucci, Elle M 15	2) Rebich, Lizzie M 17		
3) Rao, Sahana J 15	4) Sessions, Kylee N 17		
3 IHS-VA	A	3:40.27	32
1) Davies, Megan 18	2) Boyle, Kylie 17		
3) Miller, Olivia L 17	4) Wysocki, Nina 14		
4 AHS-VA	A	3:42.62	30
1) Wells, Sara T 15	2) Czirjak, Eve M 18		
3) Alms, Melissa N 17	4) Smith, Cameron L 17		
5 MVHS-VA	A	3:46.80	28
1) Moore, Morgan M 17	2) Hoover, Davia L 16		
3) Jones, Lily K 16	4) Hatzis, Kristina A 15		
6 STBR	A	3:56.31	26
1) Clodfelter, Charlotte R 17	2) Coppola, Natalie K 17		
3) Jackman, Riley C 17	4) Klotz, Anna C 15		
7 HHS-VA	A	3:58.02	24
1) Gorby, Amelia 17	2) Dmytriyeva, Lada		
3) Keller, Madison 15	4) Gorby, Tessa 15		
8 PFHS	A	3:59.78	22
1) Kish, Sydney M 14	2) Speilman, Madison L 17		
3) Minkara, Lina H 14	4) Speilman, Mackenzie L 16		
9 MASS-VA	A	4:01.53	18
1) Verbel, Georgia C 14	2) Wallach, Lily 18		
3) Hensen, Reese 15	4) Tiberio, Kyleigh N 17		
10 RBD-VA	A	4:06.04	14
1) Hansen, Lina 16	2) Labrusciano, Anna 17		
3) Gardiner, Abbey G 15	4) Smith, Lauren 17		
11 PHRO-VA	A	4:06.38	12
1) Ward, Lily	2) Seidel, Brinna		
3) Coleman, Tess	4) Watte-Shear, Jordan		

Event 217 Boys 50 Yard Freestyle Relay 1st Leg Relay Split

Team	Relay	Finals Time
1 IHS-VA	A	22.71
1) Kim, Ethan 16		

Event 223 Boys 100 Yard Freestyle Relay 1st Leg Relay Split

Team	Relay	Finals Time
1 RBD-VA	A	47.99
1) Hudson, Trevor E 18		

Event 224 Girls 100 Yard Freestyle Relay 1st Leg Relay Split

Team	Relay	Finals Time
1 RBD-VA	A	1:00.50
1) Hansen, Lina 16		

Combined Team Scores**Combined Team Scores - Through Event 224**

1. Albemarle High School	618
2. Independence High School	470
3. Riverside High School	457
4. Briar Woods High School	431
5. Stafford Indians Swim Team	388
6. Mountain View High School	322
7. Potomac Falls High School	237
8. Patrick Henry High School	213
9. Stone Bridge High School	184
10. Riverbend	163
11. Brooke Point High School Swim	114
12. Massaponax High School	107
13. Nshs	102
14. Harrisonburg High School	86
15. Woodgrove Swim Team	78
16. William Fleming High School	9

Scores - Women**Women - Team Rankings - Through Event 224**

1. Albemarle High School	312
2. Independence High School	218
2. Briar Woods High School	218
4. Riverside High School	208
5. Mountain View High School	203
6. Potomac Falls High School	171
7. Stafford Indians Swim Team	143
8. Patrick Henry High School	121
9. Stone Bridge High School	93
9. Massaponax High School	93
11. Harrisonburg High School	53
12. Nshs	51
13. Woodgrove Swim Team	48
13. Riverbend	48
15. Brooke Point High School Swim	23
16. William Fleming High School	9

Scores - Men**Men - Team Rankings - Through Event 224**

1. Albemarle High School	306
2. Independence High School	252
3. Riverside High School	249
4. Stafford Indians Swim Team	245
5. Briar Woods High School	213
6. Mountain View High School	119
7. Riverbend	115
8. Patrick Henry High School	92
9. Brooke Point High School Swim	91
9. Stone Bridge High School	91

VHSL Region 5D Swimming and Diving Meet - 2/7/2023

Results - 2023 VHSL Region 5D Swimming and Diving Meet

(Scores - Men)

11. Potomac Falls High School	66
12. Nshs	51
13. Harrisonburg High School	33
14. Woodgrove Swim Team	30
15. Massaponax High School	14