

Riverside@PFHS - 12/2/2023**Results****Event 1 Boys 200 Yard Medley Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Potomac Falls High School 1) Kalka, Thomas R SO	A 2) McCarney, Jaden SO	3) Hendershot, Carter L SR	1:42.64 4) Anderson, Jake F JR	10
2 Riverside High School-VA 1) Bryant, Thomas JR	A 2) Song, Josh FR	3) Tragle, Harrison FR	1:45.57 4) Pham, Lucas A JR	5
3 Potomac Falls High School 1) Jackson, Gavin SO	B 2) Ruiz, Adriano A SR	3) Hendershot, Ethan SO	1:49.83 4) McCarney, Ethan SR	3
4 Riverside High School-VA 1) Ahmed, Bassem SO	B 2) Carrier, Jackson SO	3) Zhang, Adam JR	1:50.63 4) Ledyashov, Sergie JR	
5 Riverside High School-VA 1) Ahmed, Karim SR	C 2) Lynn, Ethan FR	3) Byer, Brody JR	x1:59.45 4) Blair, Wyatt SO	

Event 2 Girls 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time	Points
1 Potomac Falls High School 1) Speilman, Mackenzie L JR	A 2) Antognoli, Marley FR	3) Perezous, Micaela S JR	1:53.39 4) Antognoli, Soleil L JR	10
2 Riverside High School-VA 1) Rebich, Lizzie M SR	A 2) Balwinski, Kate SR	3) Santucci, Elle M JR	1:58.50 4) Coelho, Melissa FR	5
3 Potomac Falls High School 1) Donaldson, Ciara FR	B 2) McMahan, Claire M JR	3) Kish, Sydney M SO	2:02.28 4) Speilman, Madison L SR	3
4 Riverside High School-VA 1) Rao, Sahana J JR	B 2) Duggan, Charlotte A SO	3) Fassacesia, Giada L JR	2:06.94 4) Cisneros, Gigi JR	
5 Riverside High School-VA 1) Vyzarsu, Ashwika JR	C 2) Ruschaupt, Olivia JR	3) Mattos, Jennifer FR	x2:13.01 4) Farman, Lauren D SR	
6 Riverside High School-VA 1) Nader, Ariana SO	D 2) Sawyer, Sarah SR	3) Prajapati, Sasha SO	x2:23.78 4) Hassan, Mariam FR	

Event 3 Boys 200 Yard Freestyle

Name	Yr School	Seed Time	Finals Time	Points
1 Tragle, H T I	SR Riverside High School-VA	NT	1:46.62	8
2 McCarney, Ethan	SR Potomac Falls High School	NT	2:09.20	6
3 Byer, Brody	JR Riverside High School-VA	NT	2:14.27	5
4 Sharma, Rishi R	JR Riverside High School-VA	NT	2:20.03	4
5 Strein, Michael	SO Potomac Falls High School		2:36.78	3

Event 4 Girls 200 Yard Freestyle

Name	Yr School	Seed Time	Finals Time	Points
1 Coelho, Melissa	FR Riverside High School-VA	NT	2:08.81	8
2 Duggan, Charlotte A	SO Riverside High School-VA	NT	2:10.81	6
3 Kish, Sydney M	SO Potomac Falls High School		2:11.20	5
4 Lyons, McKenna	JR Potomac Falls High School		2:20.19	4
5 Kritsky, Josephina	FR Potomac Falls High School	NT	2:21.69	3
6 Edmundson, Bailey	JR Riverside High School-VA	NT	2:27.64	2
7 Jarvie, Ava	FR Riverside High School-VA	NT	2:28.83	1
8 Peterson, Reghan	FR Potomac Falls High School	NT	3:15.69	

Event 5 Boys 200 Yard IM

Name	Yr School	Seed Time	Finals Time	Points
1 Kalka, Thomas R	SO Potomac Falls High School	NT	2:03.14	8
2 Song, Josh	FR Riverside High School-VA	NT	2:11.81	6
3 Hendershot, Carter L	SR Potomac Falls High School	NT	2:11.94	5
4 Bryant, Thomas	JR Riverside High School-VA	NT	2:16.81	4
5 Ruiz, Adriano A	SR Potomac Falls High School	NT	2:18.00	3
6 Seweryniak, Jack S	JR Riverside High School-VA	NT	2:23.96	2

Riverside@PFHS - 12/2/2023**Results****(Event 5 Boys 200 Yard IM)**

Name	Yr	School	Seed Time	Finals Time	Points
7 Ahmed, Bassem	SO	Riverside High School-VA	NT	2:30.39	1

Event 6 Girls 200 Yard IM

Name	Yr	School	Seed Time	Finals Time	Points
1 Santucci, Elle M	JR	Riverside High School-VA	NT	2:13.31	8
2 Antognoli, Marley	FR	Potomac Falls High School	NT	2:23.70	6
3 Rao, Sahana J	JR	Riverside High School-VA	NT	2:34.64	5
4 Mattos, Jennifer	FR	Riverside High School-VA	NT	2:34.77	4
5 Prajapati, Sasha	SO	Riverside High School-VA	NT	2:42.64	3
6 Donaldson, Ciara	FR	Potomac Falls High School	NT	2:43.21	2
7 Speilman, Madison L	SR	Potomac Falls High School	NT	2:47.60	1

Event 7 Boys 50 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time	Points
1 Freeman, Harper P	JR	Riverside High School-VA	NT	22.75	8
2 Anderson, Jake F	JR	Potomac Falls High School		22.76	6
3 Tragle, Harrison	FR	Riverside High School-VA	NT	23.46	5
4 Pham, Lucas A	JR	Riverside High School-VA	NT	23.63	4
5 Jackson, Gavin	SO	Potomac Falls High School	NT	24.38	3
6 Carrier, Jackson	SO	Riverside High School-VA	NT	26.64	2
7 Weld, Fernando	SO	Potomac Falls High School	NT	31.37	1
8 Gonzales, Gonzalo	FR	Potomac Falls High School	NT	36.18	

Event 8 Girls 50 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time	Points
1 Antognoli, Soleil L	JR	Potomac Falls High School	NT	25.57	8
2 Speilman, Mackenzie L	JR	Potomac Falls High School	NT	26.90	6
3 Cisneros, Gigi	JR	Riverside High School-VA	NT	27.66	5
4 Kritsky, Josephina	FR	Potomac Falls High School	NT	28.70	4
5 Farman, Lauren D	SR	Riverside High School-VA	NT	29.45	3
6 Balwinski, Kate	SR	Riverside High School-VA	NT	29.46	2
7 McCurry, Eva	JR	Potomac Falls High School	NT	29.52	1
8 Ruschaupt, Olivia	JR	Riverside High School-VA	NT	29.82	

Event 11 Boys 100 Yard Butterfly

Name	Yr	School	Seed Time	Finals Time	Points
1 Tragle, H T I	SR	Riverside High School-VA	NT	51.02	8
2 Kresin, Nikita A	JR	Riverside High School-VA	NT	58.41	6
3 Zhang, Adam	JR	Riverside High School-VA	NT	1:01.63	5
4 Hendershot, Ethan	SO	Potomac Falls High School		1:02.44	4
5 Byer, Brody	JR	Riverside High School-VA	NT	1:04.01	3
6 McCarney, Ethan	SR	Potomac Falls High School	NT	1:07.08	2

Event 12 Girls 100 Yard Butterfly

Name	Yr	School	Seed Time	Finals Time	Points
1 Rebich, Lizzie M	SR	Riverside High School-VA	NT	1:00.78	8
2 Kish, Sydney M	SO	Potomac Falls High School	NT	1:05.31	6
3 Fassacesia, Giada L	JR	Riverside High School-VA	NT	1:07.59	5
4 McMahan, Claire M	JR	Potomac Falls High School	NT	1:12.76	4
5 Prajapati, Sasha	SO	Riverside High School-VA	NT	1:14.76	3
6 Nader, Ariana	SO	Riverside High School-VA	NT	1:25.59	2
7 Bogoslov, Emma	FR	Potomac Falls High School	NT	1:30.59	1

Riverside@PFHS - 12/2/2023**Results****Event 13 Boys 100 Yard Freestyle**

	Name	Yr	School	Seed Time	Finals Time	Points
1	Tragle, Harrison	FR	Riverside High School-VA	NT	50.70	8
2	Hendershot, Carter L	SR	Potomac Falls High School	NT	52.81	6
3	Pham, Lucas A	JR	Riverside High School-VA	NT	54.52	5
4	McCarney, Jaden	SO	Potomac Falls High School	NT	56.09	4
5	Seweryniak, Jack S	JR	Riverside High School-VA	NT	57.13	3
6	Blair, Wyatt	SO	Riverside High School-VA	NT	1:06.52	2
7	Strein, Michael	SO	Potomac Falls High School	NT	1:07.34	1
8	Oliver, Joshua	JR	Potomac Falls High School	NT	1:13.08	

Event 14 Girls 100 Yard Freestyle

	Name	Yr	School	Seed Time	Finals Time	Points
1	Santucci, Elle M	JR	Riverside High School-VA	NT	55.31	8
2	Perezous, Micaela S	JR	Potomac Falls High School	NT	55.58	6
3	Antognoli, Soleil L	JR	Potomac Falls High School		56.64	5
4	Cisneros, Gigi	JR	Riverside High School-VA	NT	1:03.37	4
5	Kim, Sophia	SO	Riverside High School-VA	NT	1:05.40	3
6	McMahan, Angelina	JR	Potomac Falls High School	NT	1:06.64	2
7	Speilman, Madison L	SR	Potomac Falls High School	NT	1:07.38	1
8	Hassan, Mariam	FR	Riverside High School-VA	NT	1:19.27	

Event 15 Boys 500 Yard Freestyle

	Name	Yr	School	Seed Time	Finals Time	Points
1	Freeman, Harper P	JR	Riverside High School-VA	NT	4:58.09	8
2	Ledyashov, Sergie	JR	Riverside High School-VA	NT	5:49.01	6
3	Jackson, Gavin	SO	Potomac Falls High School		5:51.45	5
4	Zhang, Adam	JR	Riverside High School-VA	NT	6:02.31	4
5	Johnson, Caleb C	JR	Riverside High School-VA	NT	6:04.84	3
6	Mao, Zidane	FR	Potomac Falls High School	NT	7:08.71	2

Event 16 Girls 500 Yard Freestyle

	Name	Yr	School	Seed Time	Finals Time	Points
1	Coelho, Melissa	FR	Riverside High School-VA	NT	5:46.06	8
2	Duggan, Charlotte A	SO	Riverside High School-VA	NT	6:07.32	6
3	Mattos, Jennifer	FR	Riverside High School-VA	NT	6:11.34	5
4	Lyons, McKenna	JR	Potomac Falls High School	NT	6:13.44	4
5	McCurry, Eva	JR	Potomac Falls High School		6:48.71	3
6	Jarvie, Ava	FR	Riverside High School-VA	NT	6:49.50	2
7	Armstrong, Grace	FR	Potomac Falls High School	NT	7:59.06	1

Event 17 Boys 200 Yard Freestyle Relay

	Team	Relay	Seed Time	Finals Time	Points
1	Riverside High School-VA	A	NT	1:31.53	10
	1) Tragle, H T I SR	2) Kresin, Nikita A JR	3) Pham, Lucas A JR	4) Freeman, Harper P JR	
2	Potomac Falls High School	A		1:34.56	5
	1) Hendershot, Carter L SR	2) McCarney, Jaden SO	3) Anderson, Jake F JR	4) Kalka, Thomas R SO	
3	Riverside High School-VA	B	NT	1:40.40	3
	1) Song, Josh FR	2) Byer, Brody JR	3) Seweryniak, Jack S JR	4) Sharma, Rishi R JR	
4	Riverside High School-VA	C	NT	x1:57.38	
	1) Lynn, Ethan FR	2) Zuloaga, Mateo FR	3) Brown, Xavier FR	4) Blair, Wyatt SO	
5	Potomac Falls High School	B	NT	1:57.51	
	1) Oliver, Joshua JR	2) Strein, Michael SO	3) Abujoudeh, Abdullah SO	4) Mao, Zidane FR	

Riverside@PFHS - 12/2/2023**Results****(Event 17 Boys 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
6 Potomac Falls High School	C	NT	x2:32.63	
1) Echevarria, Nicholas FR	2) Gonzales, Gonzalo FR	3) Grant, Landon FR	4) Weld, Fernando SO	

Event 18 Girls 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Potomac Falls High School	A		1:46.70	10
1) Perezous, Micaela S JR	2) Speilman, Mackenzie L JR	3) Kish, Sydney M SO	4) Antognoli, Soleil L JR	
2 Riverside High School-VA	A	NT	1:54.27	5
1) Edmundson, Bailey JR	2) Kim, Sophia SO	3) Fassacesia, Giada L JR	4) Cisneros, Gigi JR	
3 Riverside High School-VA	B	NT	1:58.63	3
1) Vyzarsu, Ashwika JR	2) Farman, Lauren D SR	3) Balwinski, Kate SR	4) Jarvie, Ava FR	
4 Potomac Falls High School	B	NT	1:59.03	
1) McMahan, Angelina JR	2) Kritsky, Josephina FR	3) Donaldson, Ciara FR	4) Lyons, McKenna JR	
5 Riverside High School-VA	C	NT	x2:04.75	
1) Sawyer, Sarah SR	2) Ruschaupt, Olivia JR	3) Prajapati, Sasha SO	4) Nader, Ariana SO	

Event 19 Boys 100 Yard Backstroke

Name	Yr	School	Seed Time	Finals Time	Points
1 Kalka, Thomas R	SO	Potomac Falls High School		55.90	8
2 Bryant, Thomas	JR	Riverside High School-VA	NT	57.09	6
3 Anderson, Jake F	JR	Potomac Falls High School	NT	1:01.44	5
4 Ahmed, Bassem	SO	Riverside High School-VA	NT	1:02.09	4
5 Ahmed, Karim	SR	Riverside High School-VA	NT	1:05.69	3
6 Johnson, Caleb C	JR	Riverside High School-VA	NT	1:06.22	2
7 Hendershot, Ethan	SO	Potomac Falls High School	NT	1:06.44	1
8 Abujoudeh, Abdullah	SO	Potomac Falls High School		1:25.26	

Event 20 Girls 100 Yard Backstroke

Name	Yr	School	Seed Time	Finals Time	Points
1 Rebich, Lizzie M	SR	Riverside High School-VA	NT	1:02.89	8
2 Perezous, Micaela S	JR	Potomac Falls High School		1:05.95	6
3 Speilman, Mackenzie L	JR	Potomac Falls High School		1:07.82	5
4 Rao, Sahana J	JR	Riverside High School-VA	NT	1:10.45	4
5 Jackson, Gwyneth	JR	Potomac Falls High School	NT	1:12.69	3
6 Edmundson, Bailey	JR	Riverside High School-VA	NT	1:18.06	2
7 Vyzarsu, Ashwika	JR	Riverside High School-VA	NT	1:18.58	1
8 Bogoslov, Emma	FR	Potomac Falls High School	NT	1:21.02	

Event 21 Boys 100 Yard Breaststroke

Name	Yr	School	Seed Time	Finals Time	Points
1 Kresin, Nikita A	JR	Riverside High School-VA	NT	1:02.38	8
2 Ruiz, Adriano A	SR	Potomac Falls High School		1:08.38	6
3 Song, Josh	FR	Riverside High School-VA	NT	1:09.20	5
4 McCarney, Jaden	SO	Potomac Falls High School	NT	1:12.08	4
5 Lynn, Ethan	FR	Riverside High School-VA	NT	1:12.78	3
6 Carrier, Jackson	SO	Riverside High School-VA	NT	1:14.09	2

Event 22 Girls 100 Yard Breaststroke

Name	Yr	School	Seed Time	Finals Time	Points
1 McMahan, Claire M	JR	Potomac Falls High School		1:15.40	8
2 McMahan, Angelina	JR	Potomac Falls High School	NT	1:18.09	6
3 Balwinski, Kate	SR	Riverside High School-VA	NT	1:19.14	5
4 Donaldson, Ciara	FR	Potomac Falls High School	NT	1:21.39	4

Riverside@PFHS - 12/2/2023**Results****(Event 22 Girls 100 Yard Breaststroke)**

Name	Yr	School	Seed Time	Finals Time	Points
5 Fassacesia, Giada L	JR	Riverside High School-VA	NT	1:24.15	3
6 Sawyer, Sarah	SR	Riverside High School-VA	NT	1:30.00	2
7 Kim, Sophia	SO	Riverside High School-VA	NT	1:31.25	1

Event 23 Boys 400 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Riverside High School-VA	A	NT	3:30.14	10
1) Tragle, H T I SR	2) Bryant, Thomas JR	3) Tragle, Harrison FR	4) Freeman, Harper P JR	
2 Riverside High School-VA	B	NT	3:53.01	5
1) Ledyashov, Sergie JR	2) Ahmed, Bassem SO	3) Zhang, Adam JR	4) Johnson, Caleb C JR	
3 Potomac Falls High School	A		4:00.58	3
1) McCarney, Ethan SR	2) Hendershot, Ethan SO	3) Ruiz, Adriano A SR	4) Jackson, Gavin SO	
4 Riverside High School-VA	C	NT	x4:09.70	
1) Seweryniak, Jack S JR	2) Sharma, Rishi R JR	3) Blair, Wyatt SO	4) Carrier, Jackson SO	
5 Riverside High School-VA	D	NT	x4:46.01	
1) Brown, Xavier FR	2) Zuloaga, Mateo FR	3) Ahmed, Karim SR	4) Lynn, Ethan FR	
6 Potomac Falls High School	B	NT	5:04.38	
1) Oliver, Joshua JR	2) Weld, Fernando SO	3) Abujoudeh, Abdullah SO	4) Strein, Michael SO	

Event 24 Girls 400 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Riverside High School-VA	A	NT	3:59.82	10
1) Rebich, Lizzie M SR	2) Coelho, Melissa FR	3) Duggan, Charlotte A SO	4) Santucci, Elle M JR	
2 Potomac Falls High School	A		4:25.07	5
1) Lyons, McKenna JR	2) McMahan, Claire M JR	3) Speilman, Madison L SR	4) Jackson, Gwyneth JR	
3 Riverside High School-VA	B	NT	4:26.27	3
1) Rao, Sahana J JR	2) Mattos, Jennifer FR	3) Edmundson, Bailey JR	4) Jarvie, Ava FR	
4 Riverside High School-VA	C	NT	x4:40.50	
1) Farman, Lauren D SR	2) Nader, Ariana SO	3) Vyzarsu, Ashwika JR	4) Kim, Sophia SO	
5 Potomac Falls High School	B	NT	4:48.12	
1) Kritsky, Josephina FR	2) Bogoslov, Emma FR	3) Armstrong, Grace FR	4) McCurry, Eva JR	
6 Riverside High School-VA	D	NT	x5:13.78	
1) Ruschaupt, Olivia JR	2) Thakkar, Advaita FR	3) Martin, Samantha FR	4) Hassan, Mariam FR	

Event 217 Boys 50 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time
1 Tragle, H T I	SR	Riverside High School-VA	NT	21.44
2 Hendershot, Carter L	SR	Potomac Falls High School	NT	24.19

Event 218 Girls 50 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time
1 Perezous, Micaela S	JR	Potomac Falls High School	NT	25.51

Event 223 Boys 100 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time
1 Tragle, H T I	SR	Riverside High School-VA	NT	49.59

Event 224 Girls 100 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time
1 Rebich, Lizzie M	SR	Riverside High School-VA	NT	59.85
2 Lyons, McKenna	JR	Potomac Falls High School	NT	1:05.27

Riverside@PFHS - 12/2/2023

Results

Combined Team Scores

Combined Team Scores - Through Event 224

1. Riverside High School	329	2. Potomac Falls High School	237
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Scores - Women

Women - Team Rankings - Through Event 224

1. Riverside High School	153	2. Potomac Falls High School	133
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Scores - Men

Men - Team Rankings - Through Event 224

1. Riverside High School	176	2. Potomac Falls High School	104
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