

PROCEDURE FOR SUBMITTING ATHLETIC PHYSICAL FORMS FOR FALL SPORTS 2022

The *Athletic Pre-Participation Physical Evaluation Forms* are lengthy, complicated and require a thorough review by the school nurse and the school doctor, therefore **THESE FORMS MUST BE SUBMITTED PRIOR TO AUGUST 1ST, 2022.** The physical examination forms are valid for 365 days from the date it was done. If we have a valid Athletic physical on file in the health office you may only need to submit a *Health History Update Questionnaire*. **Please check with the health office if you are unsure of what forms you need. If the student has just had a recent physical you may drop it off to the RHS School Nurses office before the end of the current school year, Please call if you have any questions. The required forms are attached to this email.**

Please complete the Google Form and submit your Pre-Participation Physical Examination Form in the drop box on the form. The link to the form is below.

[Athletic Physical Fall 2022](#)

Athletic Forms submitted after June 22nd, 2022 MUST be submitted via the Google Form Drop Box

The Google Portal and Drop Box will close on August 10th- You will not be able to submit any forms after that date!!!!!!

DO NOT EMAIL FORMS TO THE SCHOOL NURSES

All physical forms MUST be complete including all physician signatures and dates! Eye exam MUST be filled in or the student will NOT be cleared!!!!

Incomplete forms will not be accepted and will be returned for completion.

START DATES FOR FALL SPORTS

FOOTBALL- MONDAY AUGUST 8TH

FRESHMAN FOOTBALL- MONDAY AUGUST 15TH

WOMEN'S TENNIS- WEDNESDAY AUGUST 17TH

CROSS COUNTRY, GYMNASTICS, CHEERLEADING, MARCHING BAND SOCCER, VOLLEYBALL. MARCHING BAND, CHEERLEADING- MONDAY AUGUST 22TH

Your cooperation is necessary in order to make this process as smooth as possible so our student athletes are medically cleared and ready for the first day of practice!