

# Richmond-Burton August Football Practice Schedule 2016

Aug. 8	Sophs – Varsity	Morning Practice	7AM – 9:30AM
		<b>Helmets</b>	
	Freshmen	Afternoon Practice	9AM – 11:30AM
		<b>Helmets</b>	
Aug. 9	Sophs – Varsity	Morning Practice	7AM – 9:30AM
		<b>Helmets</b>	
	Freshmen	Afternoon Practice	9AM – 11:30AM
		<b>Helmets</b>	
Aug. 10	Sophs – Varsity	Morning Practice	7AM – 9:30AM
		<b>Helmets and Shoulder Pads</b>	
	Freshmen	Afternoon Practice	9AM – 11:30AM
		<b>Helmets and Shoulder Pads</b>	
Aug. 11	Sophs – Varsity	Morning Practice	7AM – 9:30AM
		<b>Helmets and Shoulder Pads</b>	
	Freshmen	Afternoon Practice	9AM – 11:30AM
		<b>Helmets and Shoulder Pads</b>	
Aug. 12	Sophs – Varsity	Afternoon Practice	3PM – 5:30PM
		<b>Helmets and Shoulder Pads</b>	
	Freshmen	Evening Practice	5:00PM – 7:30PM
		<b>Helmets and Shoulder Pads</b>	
Aug. 13	Sophs – Varsity	Morning Practice	7AM – 9:30AM
		<b>Full Gear</b>	
	Freshmen	Morning Practice	9AM – 11:30AM
		<b>Full Gear</b>	
Aug. 15, 16, 17, 18	All Levels		3PM – 5:30 PM
		<b>Full Gear</b>	
Aug. 19	All Levels		3PM – 5:30 PM
		<b>Full Gear</b>	
Aug. 20	Scrimmage	Freshmen	7 AM
		Sophomores	8 AM
		Varsity	9 AM

Practices are mandatory starting August 8<sup>th</sup>. Players are required to inform their head coach in advance of an absence. Coaches will make the decision as to whether the absence is excused or not.