



WEIGHTROOM SCHEDULE

Schedule starts Feb 26th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FOOTBALL 2:50-4:20	FOOTBALL 2:50-4:20	SOFTBALL 3:00-4:00	FOOTBALL 2:50-4:20	SOFTBALL 3:00-4:00
TRACK 4:30-5:00	TRACK 4:30-5:00	FOOTBALL 4:00-5:00	TRACK 4:30-5:00	TRACK 4:30-5:00
MIDDLE SCHOOL/OPEN 5:00-5:45	BASEBALL 5:15-6:15	MIDDLE SCHOOL/OPEN 5:00-5:45	BASEBALL 5:15-6:15	MIDDLE SCHOOL/OPEN 5:00-5:45
GIRLS LAX 5:45-6:30	BOYS TENNIS 6:30-7:30	GIRLS LAX 5:45-6:30	BOYS TENNIS 6:30-7:30	OPEN 5:45-6:30
BOYS LAX 7:00-7:45		BOYS LAX 7:00-7:45		