

Pembroke Academy

Alpine Ski Racing 2017

Athlete Check List

- ☐ Copy of Binding Release Form (From a ski shop)
- ☐ IMPACT testing (See Nate)
- ☐ NFHS Student Concussion Course (<http://nfhslearn.com/courses/61059/concussion-for-students>)
- ☐ Register in FamilyID (<https://www.familyid.com/organizations/pembroke-academy>)
- ☐ Register in Pembroke Athletics (<http://pembrokeathletics.org>)

Once on the Pembroke Athletics site, go into the “CoEd Varsity Alpine Skiing” Team Files section and complete the following forms:

- ☐ Pats Peak Alpine Race Program. Complete and sign the first page. Read the second page, and keep for your records.
- ☐ Pats Peak Emergency Form . Complete and sign.
- ☐ (Optional) As a Pembroke Academy racer, Pats Peak offers an unlimited season pass for \$309. You would complete this form, and return with payment to Pats Peak. Contact Pats Peak if you have any questions about this. A season pass is not required for participation in Pembroke Alpine Race program.