

SPRING SPORTS WEEK 1 SCHEDULE
Monday, March 20th – Friday, March 24th

*Please note any changes to this schedule due to inclement weather will be communicated through the head coach of each program and posted on Twitter @Nausetsports

BASEBALL: NRHS Baseball Fields

Contact: Doug Mason (Head Coach) - ccbag14@gmail.com

Monday: 330-5:30pm (tryout)

Tuesday: 3:30-5:30pm (tryout)

Wednesday: 3:30-5:30pm (tryout)

Thursday: 3:30-5:30pm

Friday: OFF

Saturday: Varsity & JV 8:00-10:00am

*Always be prepared to go outside

SOFTBALL: NRHS Softball Fields

Contact: Harold Pini (Head Coach) - Haroldpini1@gmail.com

Monday: 3:15-5:00pm (tryout)

Tuesday: 3:15-5:00pm (tryout)

Wednesday: 3:15-5:00pm (tryout)

Thursday: 3:15-5:00pm

Friday: 3:15-5:00pm

*Always be prepared to go outside

TRACK & FIELD: NRHS Track

Contact: Moira Nobili (Head Coach) - mbnobili@comcast.net

Monday: 3:15-5:15pm

Tuesday: 3:15-5:15pm

Wednesday: 3:15-5:15pm

Thursday: 3:15-5:15pm

Friday: 3:15-5:15pm

BOYS TENNIS: NRHS Tennis Courts

Contact: Andy Lisle (Head Coach) - hightosstennis@gmail.com

Monday: OFF – START TUESDAY

Tuesday: 3:00-4:30pm (tryout)

Wednesday: 3:00-4:30pm (tryout)

Thursday: 3:00-4:30pm

Friday: 3:00-4:30pm

GIRLS TENNIS: NRHS Tennis Courts

Contact: Kathleen Tringale (Head Coach) – tringalek@nausetschools.org

Monday: 4:30-6:00pm (tryout)

Tuesday: 4:30-6:00pm (tryout)

Wednesday: 4:30-6:00pm

Thursday: 4:30-6:00pm

Friday: 4:30-6:00pm

BOYS LACROSSE: NRHS Turf/Grass Field

Contact: Jesse Peno (Head Coach) – penoj@nausetschools.org

Monday: 4:00-6:00pm (tryout)

Tuesday: 4:00-6:00pm (tryout)

Wednesday: 4:00-6:00pm (tryout)

Thursday: 4:00-6:00pm

Friday: 4:00-6:00pm

Saturday: Varsity & JV scrimmages at Scituate @ 10AM

GIRLS LACROSSE: NRHS Turf/Grass Field

Contact: Heather Stevens (Head Coach) – stevensh@nausetschools.org

Monday: 3:15-5:15pm (tryout)

Tuesday: 3:15-5:15pm (tryout)

Wednesday: 3:15-5:15pm (tryout)

Thursday: 3:15-5:15pm

Friday: 3:15-5:15pm

GIRLS GOLF: Captains Golf Course, 1000 Freemans Way, Brewster, MA

Contact: TBD (Head Coach) – WILL BE IN TOUCH ASAP

Monday: 3:30-5:00pm

Tuesday: 3:30-5:00pm

Wednesday: 3:30-5:00pm

Thursday: 3:30-5:00pm

Friday: 3:30-5:00pm

SAILING: Orleans Yacht Club, 39 Cove Road Orleans, MA

Contact: Alexis Mathison (Head Coach) – mathisona@nausetschools.org

Monday: 3:30-6:00pm (tryout)

Tuesday: 3:30-6:00pm (tryout)

Wednesday: 3:30-5:30pm

Thursday: 3:30-6:00pm

Friday: 3:30-5:00pm

*****Sailors can take the Town Cove bus to Orleans if needed**

UNIFIED TRACK & FIELD: NRHS Track

Contact: Alanna Murphy (Head Coach) – murphya@nausetschools.org

*****First Day will be Monday, March 27th (Monday, Tuesday & Thursday 3:00-3:50PM)**

ATHLETIC TRAINER:

Contact: Michele Pavlu – pavlum@nausetschools.org

***For questions regarding registration, physicals or impact testing, please contact Michele Pavlu**