



VOLLEYBALL

Milford Volleyball Summer Outline 2023

*Please refer to the MMVB google calendar for changes and updates.
Email Coach Malburg at milfordvb@gmail.com.*

Open Gym Schedule @ Milford Fieldhouse

Tuesday, June 20 6-8pm

Thursday June 22 4-6pm

Tuesday June 27 6-8pm

Thursday June 29 6-8pm

Tuesday July 11 TBD

Thursday July 13 TBD

Tuesday July 25 7-9pm

Thursday July 27 7-9pm

Milford hosts a youth camp July 18-20 for athletes in 2nd-8th grade.

STS Strength and Conditioning

Tuesday's and Thursday's @ STS 9-10:30am.

Friday's @ 10:30am

Tryouts August 7th, 8th, 9th from 9am-11am @ Milford fieldhouse