

McCluer Comet Activities

Athletic Pre-Participation Requirements

There are requirements set forth by the Missouri State High School Activities Association in order for students to participate in extracurricular activities. These requirements are necessary for all students interested in participating in any of the following activities that McCluer offers.

Football Boys and Girls Soccer Softball Boys and Girls Swimming Boys and Girls Wrestling Boys and Girls Tennis Volleyball Boys and Girls Track and Field Boys and Girls Cross Country Baseball Boys and Girls Basketball Sideline Cheerleading Dance/Pommies Marching Band

Students will not be allowed to tryout or practice without a valid Preparticipation Sports Physical on file in the Athletic office; this includes all necessary signatures from both the athlete and the parent or guardian.

Beginning the 2019-20 school year Sports Physicals will be valid for <u>two calendar</u> years to the date of the physical. This means that if a physical was done during the school year there is a chance it may become invalid in the middle of a sports season which would make that student-athlete ineligible until a new physical is submitted.

Any current physical on file dated on or after January 1st, 2018 is still valid and will be good for athletes looking to participate in a fall sport but will be <u>invalid</u> for winter and spring seasons.

<u>BEST PRACTICE</u>: Get your physicals completed in the summer.(preferably the summer before 9th grade and the summer before 11th grade)

REQUIRED DOCUMENTS TO PARTICIPATE

1st Packet- Pre-Participation Physical Evaluation (3 Pages)- Valid for two years from the date of physical examination

- Page 1: Physical Examination Form-To be completed by a qualified healthcare professional
- Pages 2-3: Medical History Form- To be completed by the student and parent or guardian prior to seeing the doctor. Signatures of parent and student are required on this form.

2nd Packet-Ferguson-Florissant Code of Honor/MSHSAA Pre Participation Documentation (8 Pages)- Valid for

<u>1 school year</u>. Must be completed after June 1st for the next school year

- Pages 1-2: Ferguson-Florissant Code of Honor- Signatures of student and parent/guardian are required for participation
- Page 3: Interim Medical History-Must be completed and signed by the student and parent/guardian in order to be valid.
- Page 4: Parent Permission-Must be completed and signed by the parent/guardian in order to be valid. Insurance Policy Number is a requirement in order to participate. If insurance is an issue contact the Athletic Office for additional information and options.
- Page 5: Student Agreement/Concussion Materials/Emergency Contact Information-Must be completed and signed by student and parent/guardian. All fields must be completed in order for the form to be valid.
- Pages 6-8: COVID Release Form

All documents required to participate in extracurricular activities can be found on the McCluer High Athletic website by clicking on "More" and then "Files and Links" or by clicking <u>HERE</u>.