

VHSL Championship + 1 Calendar 2020-21

(Adopted September 17, 2020)

MPR (minimum practice requirements)

SEASON 1 DEAD PERIOD	Dec. 7-19		
SEASON 1 WINTER SPORTS	WEEK	DAY	2020-21
BASKETBALL	8-day MPR; Contests Limits = 14		
First Practice	Week 23	Mon.	Dec. 7
First Contest	Week 25	Mon.	Dec. 21
Region Start Date	Week 32	Mon.	Feb. 8
Region Deadline	Week 32	Sat.	Feb. 13
State Semifinals	Week 33	Tues.	Feb. 16
VHSL Championships (Finals)	Week 33	Sat.	Feb. 20
GYMNASTICS	8 - day MPR; Contests Limits = 6		
First Practice	Week 24	Mon.	Dec. 14
First Contest	Week 26	Mon.	Dec. 28
Region Start Date	Week 31	Mon.	Feb. 1
Region Deadline	Week 31	Sat.	Feb. 6
VHSL Championships	Week 32	Fri.-Sat.	Feb. 12-13
INDOOR TRACK	8 - day MPR; Contests Limits = 6		
First Practice	Week 24	Mon.	Dec. 14
First Contest	Week 26	Mon.	Dec. 28
Region Start Date	Week 31	Sat.	Feb. 6
Region Deadline	Week 33	Sat.	Feb. 20
VHSL Championships	Week 36	Mon./Tues./Wed.	Mar. 1-3
SIDELINE CHEER	20-day MPR for each individual		
First Practice	Week 23	Mon.	Dec. 7
Stunting at games	Week 27	20-day Ind.PR	Jan. 6
Season Ends	End of school year		
SWIM & DIVE	8 - day MPR; Contests Limits - 6 meets		
First Practice	Week 24	Mon.	Dec. 14
First Contest	Week 26	Mon.	Dec. 28
Region Start Date	Week 31	Mon.	Feb. 1
Region Deadline	Week 31	Sat.	Feb. 6
VHSL Championships	Week 32	Sat.	Feb. 13
WRESTLING	8-day MPR; Contest Limits = 8 (Individuals limited to 2 sanctioned events that count toward their 8 (must follow WCP) Girls allowed 3 additional all girl sanctioned invitational events. WCP window begins Monday, Dec. 7.		
First Practice	Week 24	Mon.	Dec. 14
First Contest	Week 26	Mon.	Dec. 28
Region Start Date	Week 31	Mon.	Feb. 1
Region Deadline	Week 32	Sat.	Feb. 13
VHSL Championships	Week 33	Thurs./Fri./Sat.	Feb. 18-20

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SEASON 2 DEAD PERIOD	Feb. 4-20		
SEASON 2 FALL SPORTS	WEEK	DAY	2020-21
COMPETITION CHEER	20-day MPR per individual; Contest Limits = 3		
First Practice	Week 31	Thurs.	Feb. 4
First Contest	Week 35	Mon.	Mar. 1
Region Start Date	Week 40	Mon.	Apr. 5
Region Deadline	Week 40	Sat.	Apr. 10
VHSL Championships	Week 41	Sat.	Apr. 17
CROSS COUNTRY	8-day MPR; Contest Limits = 6 (Individuals allowed 2 sanctioned events to count towards their 6.)		
First Practice	Week 33	Mon.	Feb. 15
First Contest	Week 35	Mon.	Mar. 1
Region Start Date	Week 41	Mon.	Apr. 12
Region Deadline	Week 41	Sat.	Apr. 17
VHSL Championships	Week 42	Thurs/Fri./Sat.	Apr. 22-24
FIELD HOCKEY	8-day MPR; Contest Limits = 10		
First Practice	Week 33	Mon.	Feb. 15
First Contest	Week 35	Mon.	Mar. 1
Region Start Date	Week 41	Mon.	Apr. 12
Region Deadline	Week 41	Sat.	Apr. 17
State Semifinals	Week 42	Tues.	Apr. 20
VHSL Championships	Week 42	Sat.	Apr. 24
FOOTBALL	15-day MPR; Contests = 6 (20-day MAX prior to 1st contest; 18 practices required for 2nd scrimmage)		
First Practice	Week 31	Thurs.	Feb. 4
First Contest	Week 34	Mon.	Feb. 22
Region Start Date	Week 40	Wed.	Apr. 7
Region Deadline	Week 41	Sat.	Apr. 17
State Semifinals	Week 42	Sat.	Apr. 24
VHSL Championships	Week 43	Sat.	May 1
GOLF (Boys)	No MPR; Contests Limits = 8		
First Practice	Week 33	Mon.	Feb. 15
First Contest	Week 35	Mon.	Mar. 1
Region Start Date	Week 41	Mon.	Apr. 12
Region Deadline	Week 41	Thurs.	Apr. 15
VHSL Championships	Week 42	Mon.	Apr. 19
GOLF (Girls)	No MPR; Contests Limits = 8 (If on boys team, 3 additional girls only events permitted)		
First Practice	Week 33	Mon.	Feb. 15
First Contest	Week 35	Mon.	Mar. 1
Zone Qualifiers	Week 42	Wed.-Thurs.	Apr. 21-22
VHSL Championships	Week 43	Mon.	Apr. 26
VOLLEYBALL	8-day MPR; Contest Limits = 12 (or 10+ Tournament or 8+2 Tournaments; 15 set max per tournament)		
First Practice	Week 33	Mon.	Feb. 15
First Contest	Week 35	Mon.	Mar. 1
Region Start Date	Week 41	Mon.	Apr. 12
Region Deadline	Week 41	Sat.	Apr. 17
State Semifinals	Week 42	Tues.	Apr. 20
VHSL Championships	Week 42	Fri.-Sat.	Apr. 23-24

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SEASON 3 DEAD PERIOD	Apr. 12-24		
SEASON 3 SPRING SPORTS	WEEK	DAY	2020-21
BASEBALL	8-day MPR; Contest = 12		
First Practice	Week 41	Mon.	Apr. 12
First Contest	Week 43	Mon.	Apr. 26
Region Start Date	Week 50	Mon.	June 14
Region Deadline	Week 50	Sat.	June 19
State Semifinals	Week 51	Tues.	June 22
VHSL Championships	Week 51	Sat.	June 26
LACROSSE	8 - day MPR; Contests Limits = 9		
First Practice	Week 41	Mon.	Apr. 12
First Contest	Week 43	Mon.	Apr. 26
Region Start Date	Week 50	Mon.	June 14
Region Deadline	Week 50	Sat.	June 19
State Semifinals	Week 51	Tues.	June 22
VHSL Championships	Week 51	Sat.	June 26
SOCCER	8 - day MPR; Contests Limits = 10		
First Practice	Week 41	Mon.	Apr. 12
First Contest	Week 43	Mon.	Apr. 26
Region Start Date	Week 50	Mon.	June 14
Region Deadline	Week 50	Sat.	June 19
State Semifinals	Week 51	Tues.	June 22
VHSL Championships	Week 51	Sat.	June 26
SOFTBALL	8 - day MPR; Contests Limits = 12		
First Practice	Week 41	Mon.	Apr. 12
First Contest	Week 43	Mon.	Apr. 26
Region Start Date	Week 50	Mon.	June 14
Region Deadline	Week 50	Sat.	June 19
State Semifinals	Week 51	Tues.	June 22
VHSL Championships	Week 51	Sat.	June 26
TENNIS	8 - day MPR; Contests Limits = 10		
First Practice	Week 41	Mon.	Apr. 12
First Contest	Week 42	Wed.	Apr. 21
Region Start Date	Week 46	Thurs.	May 20
Region Deadline	Week 48	Sat.	June 5
State <u>TEAM</u> Semifinals	Week 49	Mon.	June 7
State Singles - Semi-Final/Final	Week 49	Fri./Sat	June 11-12
State Doubles - Semi-Final/Final	Week 49	Thu/Fri.	June 10-11
VHSL TEAM Championships	Week 49	Thu.	June 10
TRACK & FIELD	8 - day MPR; Contests Limits = 6		
First Practice	Week 41	Mon.	Apr. 12
First Contest	Week 43	Mon.	Apr. 26
Region Start Date	Week 49	Mon.	June 7
Region Deadline	Week 49	Sat.	June 12
VHSL Championships	Week 50	Fri.-Sat.	June 18-19

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ACTIVITIES	WEEK	DAY	2020-21
THEATRE - <u>Classes 1 & 2</u>			
First Level Deadline	Week 40	Sat.	Apr. 10
Next Level Deadline	Week 42	Sat.	Apr. 24
VHSL Championships	Week 44	Sat.	May 8
THEATRE - <u>Classes 3 & 4</u>			
First Level Deadline	Week 31	Sat.	Feb. 6
Next Level Deadline	Week 33	Sat.	Feb. 20
VHSL Championships	Weeks 35-36	Thur./Fri./Sat./Mon.	Mar. 4-8
THEATRE - <u>Classes 5 & 6</u>			
First Level Deadline	Week 31	Sat.	Feb. 6
Next Level Deadline	Week 33	Sat.	Feb. 20
VHSL Championships	Weeks 35-36	Thur./Fri./Sat./Mon.	Mar. 4-8
SCHOLASTIC BOWL			
First Level Deadline	Week 30	Sat.	Jan. 30
Next Level Deadline	Week 32	Sat.	Feb. 13
VHSL Championships	Week 34	Sat.	Feb. 27
FORENSICS			
First Level Deadline	Week 33	Sat.	Feb. 20
Next Level Deadline	Week 35	Sat.	Mar. 6
VHSL Championships	Week 38	Sat.	Mar. 27
DEBATE			
First Level Deadline	Week 38	Sat.	Mar. 27
Next Level Deadline	Week 40	Sat.	Apr. 10
VHSL Championships	Week 42	Fri.-Sat.	Apr. 23-24
ROBOTICS	Submission Deadline: April 30		
VHSL Championships	Week 47	Sat.	May 29
FILM FESTIVAL	Submission Deadline: April 1		
VHSL Championships	Week 48	Sat.	June 5