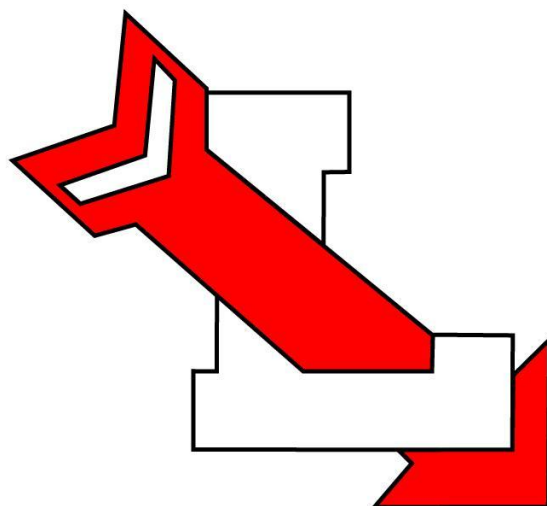


LOWELL AREA SCHOOLS ATHLETIC DEPARTMENT

2022-23



ANNUAL REPORT

Submitted by: Deanne K. Crowley, CAA

District Athletic Director

Lowell Area Schools

TO: Superintendent Nate Fowler & Lowell Board of Education
FROM: Dee Crowley, CAA
DATE: June 16, 2023
RE: 2022-23 End of Year Report

Our student-athletes of 2022-23 had a great year of success and participation in educational athletics and have continued to build on the tradition of Red Arrow Excellence. As with previous years, student-athletes have continued to reap the benefits of participation in interscholastic athletics, including ARROWS (Attitude, Responsibility, Respect, Overcoming, Work Ethic and Service). The coaches at Lowell Area Schools continue to expect our student athletes to work hard, have fun and be good teammates.

The Athletic Department has many people to thank for its continued success this year -- all coaches at all levels who work tirelessly with our student-athletes, game/event managers and workers, the athletic boosters, Matt Dood, Kendall Jackson, Sean Mandle, David Parsons, Kyle DeDonado, Jason Birman, Tim Bergy, Bob Nichols, Steve Turnbull, Justin Scott, Kara Mrozinski, Rhonda Fosburg, Renay Bouwhuis, Kimberly Perry, Ashley Velzen, Craig Veldman, Abby Wiseman, Ron Acheson, Gail Hutchinson, Steve Gough, Patrick Russell, Sonia Hodge, Dustin Cichocki, Nate Fowler, and the many other volunteers, parents and staff members who continue to offer support and guidance.

As you will see in the attached pages, Lowell High School had another very successful year in athletics. The following 2022-23 Annual Report provides data and information from the Athletic Department, including academic and athletic accomplishments, GPA comparisons, and Title IX information. This report does not include the normal budget analysis since my retirement came before the end of the fiscal year.

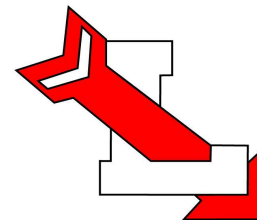
Overall, I am extremely proud of our student-athletes, coaches and community. Thank you for the opportunity to serve as Athletic Director for 10 years at Lowell. Your support has been greatly appreciated. Go Red Arrows!

Respectfully Submitted,

Deanne K. Crowley

Deanne K. Crowley, CAA
District Athletic Director

Learners Today. Leaders Tomorrow. Red Arrows for Life.



Lowell High School Athletics

Academic Accomplishments

- Girls Cross Country earned MITCA Division 1 Academic All State with avg. GPA of 3.877
- Football earned MHSFCA Team Division 3 Academic All State with avg. GPA of 3.91; one of Top 4 teams in Division 3 for Team Academic All State
- Girls Golf earned MIGCA Division 2 Team Academic All State with avg. GPA of 3.832
- Boys Tennis earned MHSTeCA Team Academic All State with avg GPA of 3.39 ranking 15th out of 64 teams in Division 2
- Volleyball earned MIVCA Team Academic All State
- Wrestling earned MWA Team Academic All State with 3.90 avg GPA - #1 ranked team in Division 2
- Boys Ski earned MHSSCA Academic Team All State with 3.38 avg GPA
- Gymnastics earned Academic Team All State
- Girls Basketball earned BCAM Team Academic All State with avg GPA of 3.57
- Boys Basketball earned BCAM Team Academic All State with avg. GPA of 3.77 - ranked #7 in Division 1
- Competitive Cheer earned CCCAM Team Academic All State Honorable Mention with avg. GPA of 3.299
- Girls Tennis earned MHSTeCA Team Academic All State with avg GPA of 3.52
- Girls Soccer earned MIHSSCA Team Academic All State with avg GPA of 3.68
- Softball earned MHSSCA Team Academic All State with avg GPA of 3.71
- Boys Golf earned MIGCA Academic Team All State with avg GPA of 3.73
- The following 57 students earned individual Academic All State recognition:
 - Annika Sandman - Cross Country & Track
 - Katrina Sandman - Cross Country
 - Anna Forney - Cross Country
 - Alex Binns - Football
 - Carson Crace - Football & Wrestling
 - Ian George - Football
 - Dawson Huhn - Football
 - Nolan Jannenga - Football
 - Ethan Krieger - Football
 - Connor Lixie - Football & Boys Lacrosse
 - Gus McDonald - Football
 - Easton Rich - Football
 - Maddox Simcoe - Football & Wrestling
 - Stephanie Spinella - Girls Golf

- Sophia Flickinger - Girls Golf
- Emma McCormick - Girls Golf
- Ryan Baker - Boys Soccer
- Andrew Snell - Boys Soccer
- David Foster - Boys Soccer
- Jacob Davidson - Boys Soccer
- Jason Korzen - Boys Soccer
- Noah VanLaan - Boys Soccer
- Kadence Tiede - Volleyball
- Aubriegh Oswald - Volleyball
- Landon Miller - Wrestling
- Carter Cichocki - Wrestling
- Ramsey Ponchaud - Boys Ski
- Colton Byrne - Boys Ski
- Ella Curtis - Gymnastics
- Julia Meier - Gymnastics
- Leah Krieger - Gymnastics
- Hannah Flickinger - Gymnastics
- Alexis Clark - Gymnastics
- Krista Jungblut - Gymnastics
- Ivy McDonald - Gymnastics
- Rylee Foster - Competitive Cheer
- Brianna Fullerton - Competitive Cheer
- Kaitlin Hettinga - Competitive Cheer
- Skylar Redumski - Competitive Cheer
- Ilana Rhodes - Competitive Cheer
- Maya Schilling - Competitive Cheer
- Anna Seddon - Competitive Cheer
- Alanna Wester - Competitive Cheer
- Olivia Berg - Girls Tennis
- Rebecca Gray - Girls Tennis
- Leah Davidson - Girls Soccer
- Emily Ake - Girls Soccer
- Olivia Staley - Girls Soccer
- Abby Hewitt - Girls Soccer
- Haylie Beers - Softball
- Taylor Clark - Softball
- Karina Peplinski - Softball
- Hope Rummelt - Softball
- Courtney Witten - Softball

- Tiege Bredin - Boys Lacrosse
- Graham Boonstra - Boys Lacrosse
- Weston Godbold - Boys Lacrosse

- Six students received MHSAA scholar-athlete recognition
 - Emily Ake
 - Alexis Howell
 - Grace Larson
 - Ivy McDonald
 - Kadence Tiede
 - Courtney Witten

- 67 students received OK Conference Scholar Athlete recognition
 - Ryan Baker
 - Haylie Beers
 - Olivia Berg
 - Alexander Binns
 - Jace Blakely
 - Benjamin Bromley
 - Colton Byrne
 - Eleanora Clark
 - Taylor Clark
 - Carson Crace
 - Jacob Davidson
 - Patrick de Voest
 - Maeve Dougherty
 - Dawson Douma
 - Sophia Flickinger
 - David Foster
 - Ian George
 - Rebecca Gray
 - Landon Hart
 - Abigail Hewitt
 - Grace Hough
 - Alexis Howell
 - Dawson Huhn
 - Nolan Jannenga
 - Rylee Jannenga
 - Krista Jungblut
 - Jason Korzen

- Ethan Krieger
- Alexis Lamoreaux
- Autumn Lamoreaux
- Grace Larson
- Connor Lixie
- Elly Looman
- Gavin Mazarka
- Emma McCormick
- Augustus McDonald
- Ivy McDonald
- Jack Meier
- Avery Miles
- Landon Miller
- McKenzie Munson
- Gunnar Nelson
- Aubriegh Oswald
- Karina Peplinski
- Ramsey Ponchaud
- Ilana Rhodes
- Easton Rich
- Dustin Richardson
- Hope Rummelt
- Emma Sage
- Annika Sandman
- Katrina Sandman
- Keira Sandman
- Rhys Sandman
- Anna Seddon
- Steven Skinner
- Cameron Sluss
- Connor Smith
- Andrew Snell
- Stephanie Spinella
- Olivia Staley
- Hunter Stepanovich
- Kadence Tiede
- Kevin Topolinski
- Noah VanLaan
- Andrew Veldman
- Courtney Witten

- 46/62 students who graduated Summa Cum Laude were participants in athletics as a senior

Varsity Team Athletes with 3.0 GPA or Higher

<u>Fall Sports</u>	<u>% of Team Athletes with GPA of 3.0 or greater</u>	<u>Team Average GPA</u>
Boys' Cross Country	17/22 - 77%	3.39
Boys' Soccer	14/19 - 74%	3.51
Boys' Tennis	12/13 - 92%	3.50
Football	29/37 - 78%	3.39
Fall Cheer	16/25 - 64%	3.13
Girls' Cross Country	12/12 - 100%	3.81
Girls' Golf	8/9 - 89%	3.76
Volleyball	9/10 - 90%	3.68
<u>Winter Sports</u>	<u>% of Team Athletes with GPA of 3.0 or greater</u>	<u>Team Average GPA</u>
Boys' Basketball	11/11 - 100%	3.83
Boys' Bowling	6/12 - 50%	3.09
Boys' Ski	5/7 - 71%	3.54
Boys' Swim	2/2 - 100%	3.52
Hockey	1/1 - 100%	3.8
Wrestling	35/52 - 67%	3.29
Girls' Basketball	9/10 - 90%	3.61
Girls' Bowling	5/7 - 71%	3.61
Competitive Cheer	16/22 - 72%	3.36
Gymnastics	13/15 - 87%	3.64
Girls' Ski	1/1 - 100%	3.81
<u>Spring Sports</u>	<u>% of Team Athletes with GPA of 3.0 or greater</u>	<u>Team Average GPA</u>
Baseball	12/14 - 86%	3.60
Boys' Golf	9/10 - 90%	3.56

Boys' Lacrosse	17/21 - 81%	3.39
Boys' Track	38/57 - 67%	3.27
Crew	15/18 - 83%	3.51
Girls' Lacrosse	20/25 - 80%	3.47
Girls' Soccer	17/20 - 85%	3.68
Girls' Tennis	12/12 - 100%	3.65
Girls' Track	26/28 - 93%	3.76
Shooting	6/11 - 54%	3.01
Softball	14/14 - 100%	3.71

Grade Point Averages

	Female Athletes (by Grade)	Female Student Body (by Grade)	Female non-athletes (by Grade)		Male Athletes (by Grade)	Male Student Body (by Grade)	Male non-athletes (by Grade)
9th	3.43	3.17	2.91	9th	3.02	2.83	2.60
10th	3.50	3.16	2.85	10th	3.24	2.76	2.31
11th	3.45	3.19	3.07	11th	3.38	3.00	2.66
12th	3.71	3.40	3.19	12th	3.50	3.29	3.14
Overall Avg	3.52	3.23	3.01	Overall Avg	3.27	2.97	2.69

Athletic Celebrations, Significant Accomplishments and Highlights

- Girls Team is MHSAA Division 1 Regional Champions and qualified for MHSAA Team State Final
- Girls Cross Country Team finishes 20th at MHSAA Division 1 State Final
- Annika Sandman sets new school record for Cross Country at 17:47
- Annika Sandman and Katrina Sandman qualify for MHSAA Individual State Finals; Annika places 8th and is All State; place 3rd at MHSAA Regional
- Equestrian won MIHA Division B District and Regional Championships and Runner-up finish at MIHA Division B State Finals
- Football team qualified for MHSAA Division 3 Tournament
- Girls Golf is MHSAA Division 2 Regional Champion and qualified for MHSAA Team State Final
- Avery Miller, David Foster and Jace Dixon named MiHSSCA All District

- Aubriegh Oswald named MIVCA All Region and 3rd Team All State
- Piper Risdon named MIVCA All Region and Honorable Mention All State
- 10th Consecutive MHSAA Division 2 Team Wrestling STATE Champions – a new MHSAA record
- Wrestling is OK White, District and Regional Team Champions
- Jackson Blum and CJ Poole are MHSAA Individual Wrestling State Champions and earn All State honors.
- 13 wrestlers qualified and 9 wrestlers total placed at MHSAA Individual Wrestling Finals – Carter Cichocki – 2nd; Owen Segorski – 2nd; Carson Crace – 2nd; Maddox Simcoe – 3rd; Jarrett Smith – 3rd; Logan Dawson – 8th; Veronica Tapia – 8th; All earn All State honors.
- Jarrett Smith, Carter Cichocki, Jackson Blum, Owen Segorski, CJ Poole, Maddox Simcoe, and Carson Crace are MHSAA Wrestling Regional Champions
- Carson Crace and Landon Miller earn their 100th career win
- Colton Byrne places 21st in Slalom and 22nd in Giant Slalom at MHSAA Individual State Finals
- Cooper Byrne places 28th in Slalom and 39th in Giant Slalom at MHSAA Individual State Finals
- At MHSAA Div 2 Regional, Colton Byrne placed 2nd in GS & 5th in Slalom and Cooper Byne placed 6th in Giant Slalom and 4th in Slalom and both qualified to Ski in the MHSAA Individual State Finals
- Gymnastics team placed 3rd at MHSAA Regional and qualified for MHSAA Team State Final
- Ivy McDonald is MHSAA Regional Champion on Balance Beam
- Ivy McDonald places 5th on Bars and 10th place All Around (34.90) at MHSAA Individual Gymnastics State Final and earns All State honors
- Two gymnasts qualified for MHSAA Individual State Finals - Alexis Clark (Div 2 Floor and Vault) and Ivy McDonald (Div 2 Bars, Beam and All Around)
- Courtney Witten has highest OK White Conference scoring average in Bowling (184.41)
- Courtney Witten (2nd) qualifies at MHSAA Regional to bowl in MHSAA Individual Bowling State Final and finishes 24th (out of 60 bowlers)
- Girls Basketball is BCAM #1 ranked team in state for Free Throws (301/400 – 75%)-5th highest in State history; and #6 Team in 3-Point Field Goals for season (143/425 – 33.647%)
- Lexi Howell named BCAM Team First Award winner; McKenzie Munson (3.845) and Hope Rummelt (3.854) named BCAM Outstanding Senior Student-Athlete for Girls Basketball
- Piper Risdon #4 ranked player in 3-point field goals (36.75 – 48%) and Braxcynn Baker #6 ranked player in Free Throws (119/143 – 83%) from BCAM in Girls Basketball
- Braxcynn Baker scores 1,000 career point during season and breaks Career Scoring Record for Girls Basketball; Braxcynn is named 1st Team MLive Grand Rapids Dream Team; 1st Team All State Div 1 AP; 2nd Team Detroit News; 1st Team Detroit Free Press
- Piper Risdon makes 10 3-pointers and scores 38 points in game @ Greenville; named 2nd Team MLive Grand Rapids Dream Team; 4th Team Detroit News All State for Girls Basketball
- Drew Veldman named to MLive Grand rapids Press Honorable Mention Dream Team for Boys Basketball
- Competitive Cheer Team scores over 700 for first time in school history and first time for back

tucks in Round 2 in school history

- Ilana Rhodes was 2nd Team All District and Kendra Hoffert was All District Honorable Mention for Competitive Cheer
- Competitive Cheer team places 7th at MHSAA District
- Annika Sandman set a new school record in the 3200m Run with time of 10:27.21 and 1600m Run with time of 4:55.09
- Katrina Sandman set a new school record in 800m Run with time of 2:16.65
- 3200M Relay team of Annika Sandman, Audrey Latchaw, Jadyn Young and Katrina Sandman set a new school record with time of 10:01.04
- Leah Krieger, Isabel German, Annika Sandman, Katrina Sandman, Aubriegh Oswald earn OK White All Conference; Ramsey Ponchaud, Ben Bromley, Levi Mills and Isaac Graham earn OK White All Conference
- Isabel German finishes 4th in Pole Vault and 2nd in 400m Run at MHSAA Regional; Annika Sandman is 3200m Run Regional Champion and finishes 4th in 1600m Run; Katrina Sandman finishes 6th in 1600m Run and qualifies in 3200m Run; Ramsey Ponchaud finishes 2nd in Pole Vault with 12'9"; All qualify for MHSAA Div 1 State Final
- Wyatt Baker, Ben Bromley, Levi Mills, Dylan Polczak, Ramsey Ponchaud, Chris Wigger and Xavier Young earn All Region honors.
- Isabel German, Leah Krieger, Ivy McDonald, Aubriegh Oswald, Annika Sandman and Katrina Sandman earn All Region honors
- Annika Sandman finishes 6th at MHSAA State Final in 3200m Run and earns All State and Academic All State honors
- Aubree Lee, RJ Wagamon, Emily Ake and Ally Seevers named to MiHSSCA All District Team
- Taylor Clark, Courtney Witten, and Katie Hofman earn MHSSCA All District honors
- Taylor Clark earned MHSSCA All Region honors
- Boys Lacrosse is MHSAA Division 2 Regional Champion
- Boys Lacrosse makes historic tournament run to MHSAA Division 2 Final Four defeating three teams ranked & seeded higher
- Andrew Rogers earned MHSAA Division 2 Attack 3rd Team All State; Connor Lixie earned Midfield Honorable Mention All State
- Connor Lixie, Andrew Rogers and Weston Godbold earned MHSAA Division 2 All Region honors
- Boys Golf finished 3rd in OK White and 4th in MHSAA Division 2 Regional
- Patrick De Voest qualifies for MHSAA Individual Boys Golf State Final with 5th place finish at MHSAA Regional with score of 78
- Boys Golf Team won TK Invite and Reeths Puffer Invite
- Drew Veldman was Tournament Medalist three times and Top 10 medal winter five times; Cam Sluss was Top 10 medal winner five times; Patrick De Voest was Top 10 medal winner four times; Nicholas Lothian was Top 10 medal winner two times; Daniel Mitchell was Top 10 medal winner one time

- Boys Golf Team set new school record with 311 in 18-hole tournament
- Peyton Teachworth named to the Baseball All Region Team
- Ty Wasilenski, Aidan Dennings and Peyton Teachworth named to the Baseball All District Team.
- Novice men's 4+ boat took first in heat and 2nd overall at the MSU scrimmage
- Men's varsity 4X boat qualified for finals and ended up 6th overall at State regatta
- Women's varsity 1X boat (Maya Kemp) qualified for finals and was 8th overall at State regatta
- 8 of 11 Crew athletes that rowed at the Meijer State Games of Michigan Grand Regatta received medals

- 27 students will continue their education and participate in collegiate athletics:
 - Emily Ake - Cornerstone University - Women's Soccer
 - Carson Crace - Cornell University - Wrestling
 - Taylor Clark - Spring Arbor University - Softball
 - Jacob Davidson - Aquinas College - Men's Volleyball
 - Patrick DeVost - Grand Rapids Community College - Men's Golf
 - Kelton DeVito - Davenport University - Powerlifting
 - David Foster - Northwood University - Men's Soccer
 - Ian George - Alma College - Football
 - Amelia Hancock - Grand Rapids Community College - Women's Soccer
 - Alexis Howell - Alma College - Women's Basketball
 - Nolan Jannenga - Kalamazoo College - Football
 - Will Johnston - Olivet College - Baseball
 - Grace Larson - Earlham College - Women's Lacrosse
 - Conor McDowell - Northwood University - Men's Lacrosse
 - Avery Miller - Northwood University - Men's Soccer
 - McKenzie Munson - Aquinas College - Women's Basketball
 - Aubriegh Oswald - Eastern Michigan University - Volleyball
 - Easton Rich - Alma College - Football
 - Hope Rummelt - Aquinas College - Softball
 - Emma Sage - Alma College - Women's Lacrosse
 - Annika Sandman - Grand Valley State University - Women's XC/Track
 - Katrina Sandman - Grand Valley State University - Women's XC/Track
 - Allyson SeEVERS - Grand Rapids Community College - Women's Soccer
 - Cameron Sluss - Spring Arbor University - Men's Golf
 - Peyton Teachworth - Davenport University - Baseball
 - Andrew Veldman - Spring Arbor University - Men's golf
 - Courtney Witten - Cleary University - Women's Bowling & Softball
 -

- 46 student-athletes earned OK White All Conference honors:

Benjamin Bromley	Cross Country & Track
Carson Crace	Football & Wrestling
Patrick deVoest	Boys Tennis
Aidan Fitzpatrick	Football
David Foster	Boys Soccer
Ethan Krieger	Football
Connor Lixie	Football & Boys Lacrosse
Aubriegh Oswald	Volleyball & Girls Track
Jackson Reisbig	Football
Piper Risdon	Volleyball & Girls Basketball
Annika Sandman	Cross Country & Track
Katrina Sandman	Cross Country & Track
Elle Sluss	Girls Golf
Braxcynn Baker	Girls Basketball
Haylie Beers	Girls Bowling
Jackson Blum	Wrestling
Colton Byrne	Boys Ski
Cooper Byrne	Boys Ski
Alexis Clark	Gymnastics
Logan Dawson	Wrestling
Tacho Gonzales	Wrestling
Taryn Jackson	Girls Basketball
Ivy McDonald	Gymnastics
Landon Miller	Wrestling
Landon Musgrave	Wrestling
Ilana Rhodes	Competitive Cheer
Anna Seddon	Competitive Cheer
Owen Segorski	Wrestling
Drew Veldman	Boys Basketball

Courtney Witten	Girls Bowling & Softball
Andrew Rogers	Boys Lacrosse
Maeve Dougherty	Girls Lacrosse
Aubree Lee	Girls Soccer
RJ Wagamon	Girls Soccer
Isabel German	Girls Track
Leah Krieger	Girls Track
Ramsey Ponchaud	Boys Track
Isaac Graham	Boys Track
Levi Mills	Boys Track
Kaylee Royer	Girls Tennis
Katie Hofman	Softball
Taylor Clark	Softball
Hope Rummelt	Softball
Peyton Teachworth	Baseball

- Aubriehg Oswald and Carson Crace were named Athletes of the Year.

Tournaments Hosted at LHS in Addition to Regular Season Events

- Freshman and JV and Varsity Volleyball Tournaments
- Gary Rivers Memorial Wrestling Invitational
- MHSAA Individual Wrestling Regional
- Kathy Talus Memorial Track Invitational
- Mandy Tichelaar Memorial Softball Tournament
- JV Baseball Invite
- Varsity Girls Tennis Quad
- JV Girls Tennis Quad
- West Michigan MS Megastar Track Meet

Participation

- LHS sponsored 20 varsity funded interscholastic athletic programs
- LHS offered 9 non-funded interscholastic athletic programs (Girls and Boys Bowling, Hockey, Girls and Boys Swim & Dive, Girls and Boys Lacrosse, Crew, Shooting Club - Boys Volleyball to be added in 2023-24)
- LHS athletes participated in 1200+ scheduled contests
- LHS coordinated over 350 officials for home contests
- LHS staffed 58 funded salaried coaching positions; 8 non-funded varsity coaching positions;

Participants by Season, Gender and Grade

- 254 Fall participants
- 185 Winter participants
- 320 Spring participants
- 282 Male participants
- 235 Female participants
- 517 LHS students participated in at least one sport, representing 48% of students

	9th Grade Males	9th Grade Females	10th Grade Males	10th Grade Females	11th Grade Males	11th Grade Females	12th Grade Males	12th Grade Females
1 Sport	32	39	44	42	43	33	35	36
2 Sports	29	26	28	22	23	7	27	18
3 Sports	14	5	5	5	1	1	0	1
Total	75	70	77	69	67	41	62	55

Title IX Information

	Boys	Girls	Total Boys & Girls	% Boys	% Girls
Total Enrollment 9-12	555	524	1079	51%	49%
Total Athletic Participants*	412	284	696	59%	41%
Variance				8%	-8%

*Participants are counted for each team on which they participate. For example, one individual participating during the fall, winter and spring sport season is counted as three participants. (KISD Title IX Report)

Title IX Compliance Report

Activity (<u>in dates</u>)	Male	Female
Prime Time Contests (no school the following day)	58	56
Number of Home Events	110	104
Sideline Cheer at event	19	0
Concession Stand	43	41
Pep Band	3	3
Programs	43	41
Pep Assemblies	2	2
Announcers	56	53

