

Lakeland High School Athletics

2019-2020 Winter Sports

Information



Basketball (Boys)- Ronnie Thompson (lakelandeaglesbball@gmail.com)

Start Date: Nov. 18, 19, 20

Location: Fieldhouse/Aux Gym- See below

Time/Level: 2:30-4:30 pm (Aux Gym) - Freshmen

4:30-6:30 pm (Field House)- Sophomores/Juniors/Seniors

November 20- 6:30-8:30 pm- Sophomores only

Additional Information:

There will be a parent meeting held on November 21, 2019 at 7:00 pm for parents of players that are selected to the basketball program. The meeting will be for all levels. For information on off-season optional open gyms, strength and conditioning and skill work opportunities email Coach Thompson at lakelandeaglesbball@gmail.com

Basketball (Girls) - Mike Leitheim (michael.leitheim@hvs.org)

Start Date: Nov. 11, 12, 13

Location: Fieldhouse

Time/Levels: 2:45-4:45 (Seniors, Juniors, ALL returning Varsity players)

5:15-7:15 (Sophomores/Freshmen)

Additional Information:

There will be a player meeting with more info prior to tryout dates, dates TBD.

Bowling- Ron Pelc (lakelandbowlingcoach@gmail.com)

Start Date: Nov. 19, 20

Location: Century Bowl in Waterford

Time/Level: 4:00-6:00 pm/ All levels

Competitive Cheer - Tracie Hovarter (lakelandeaglescheer@gmail.com)

Start/Tryout Dates: Nov. 11, 12, 13

Location: Auxiliary Gym

Time/Level: 4:30-7:00 pm- All levels

Additional Information:

If selected for a team, regular practice will continue November 14 and 15. Please arrive early with comfortable clothes, athletic shoes, hair secured, no jewelry and bring your own water bottle. New competitive cheerleaders (not currently involved in Lakeland Cheer) may visit team website for more information and register for competitive season at lakelandeaglescheerteam.Teamapp.com.

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Figure Skating - Amanda Goetz (amandajgoetz@gmail.com)

Start Date: Nov. 1

Location: Hartland Ice Arena

Time/Level: 3:00/ All levels

Additional Information:

All grades are welcome at the first practice, levels will be determined based on tests passed and elements they can perform.

Gymnastics - Shannon Gohrmann (shannon.gohrmann@hvs.org)

Start Date: Oct. 28

Location: Bounce in Hartland

Time/Level: 2:45-5:15pm/ All levels

Additional Information:

Preseason conditioning at Bounce Gymnastics in Hartland on October 21 and Oct. 24 from 2:45-5:15pm. Pre season practices have started, contact Shannon Gohrmann for days and times.

Hockey - Tim Ronayne (tronayne419@comcast.net)

Start Date: Nov. 3-4

Location: Lakeland Ice Arena

Time/Level: 3:00-5:00pm

Pom Pon- Lisa Zielaskowski (pomcoachlisaz@gmail.com)

Start Date: Nov. 19-21

Location: Auxiliary Gym

Time/Level: 4:30-6:30pm/All levels

Additional Information:

Practice will begin December 3.

Skiing (Boys/Girls) - Sue Wiberg (swiberg065@comcast.net)

Start Date: Nov. 18

Location: Outside the Fitness Center until hill opens

Time/Level: 3:15-5:00 pm/All levels

Additional Information:

Preseason conditioning on Mondays and Thursdays 3:15-4:45 beginning Oct 28, meet at the fitness center door. Information Meeting will be held Oct. 29 in the Lakeland HS LGI Room at 7:00 pm.

Snowboarding (Boys/Girls) - Greg Koenig (gregk0608@gmail.com)

Start Date: Weather Pending

Location: Lakeland Room A504

Time/Level: TBD

Additional Information:

There will be a meeting November 4 at 6:00pm at Lakeland HS in room A504.

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Swim and Dive (Boys) - Chris Smith (mccsmith@icloud.com)

Start Date: Nov. 25

Location: Milford Competitive Pool

Swim: 3:00-5:30pm/All levels

Dive: 3:00-5:30pm/All levels

Additional Information:

This season Lakeland and Milford will continue as a unified team. Meeting dates and times will be sent as soon as they are determined.

Wrestling- James Tippin (lakelandwrestling@gmail.com)

Start Date: Nov. 18

Location: Lakeland Auxiliary Gym Balcony

Time/Level: 3:00-5:00 pm/All levels

Additional Information:

There will be a student-athlete meeting after school on Nov. 7 in the Auxiliary Gym balcony.

*****Reminder all student-athletes must have a physical on file in the Athletic Office dated after 4/15/2019 to participate the first day*****